2025V9

ASSEMBLY INSTRUCTION

Ergonomic Office Chair

Model: 005-1



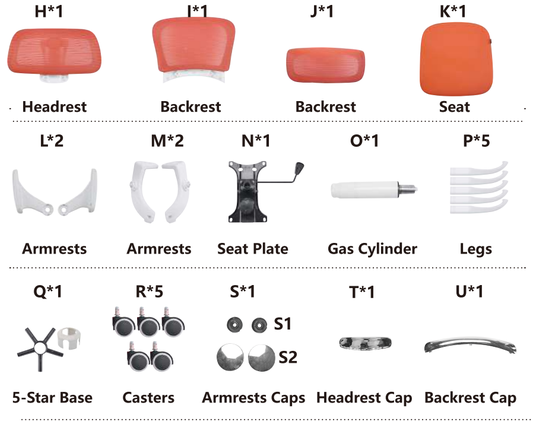
Please send us the difficulties you encountered during the installation process via email, providing the order number.

After-sales Email: BSR-HOME-CHAIR@outlook.com

Parts

Note: Please check all parts are included.

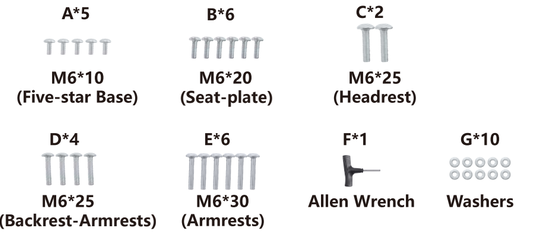
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Note: Before installation, check if there are any vulnerabilities in the mesh. If there are any problems, please contact us.

Screws

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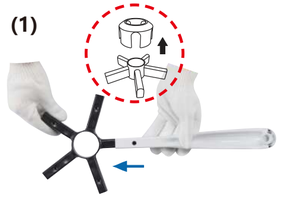
Note: Missing accessories or screws, please contact us to resend them for you.

Installation steps

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Step 1.

(1)



(2)



STEP 1: Assemble the Five-star Base

Connect the five legs (P) to the five-star base (Q), insert screws (A) and fix them with Allen Wrench (F)

Step 2.

(3)



(4)



(5)



STEP 2: Assemble the Casters

Insert the 5 casters (R) into the five legs one by one, place the five-star base upright and insert the gas lift cylinder (O).

Installation steps

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Step 3.

(6)



STEP 3: Connect the two parts of the backrest:

Place part (I) and part (J) of the backrest on top of the product carton, align with the screw holes, insert screw (D), and tighten them

Step 4.

(7)



(8)



(9)



STEP 4: Connect Armrest with the backrest:

Tighten the backrest and armrest (M) with screw (D), then tighten armrest (L) and (M) with accessory (S1) and screw (B), and finally cover (S2).

Step 5.

(10)

Screws (E) + Washers (G)



STEP 5: Connect Armrests with the Seat:
Align the holes on the armrests (M) with the holes on the seat (K) , put washers (G) , insert the screws (E) , then tighten them.

Note: Please insert all screws into the bolt holes first, and then tighten them in turn.

Step 6.

(11)

Screws (B) + Washers (G)



Step 6: Connect the Tilt Control Mechanism with the Seat
Align the four holes of the seat plate (N) with the four holes on the seat (K), put washers (G), insert the screws (B) , and then tighten them gradually.

Step 7.

(12)



Step 7: Gas lift cylinder Seat with the Five-star Base
Connect the other end of the gas lift with the tilt control mechanism.

Step 8.

(13)



(14)



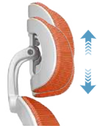
Step 8: Connect the Headrest to the Backrest
Align the holes on the Headrest (H) with the holes on the Backrest, insert screws (C), then tighten them.Finally, put on the cap (T)(U).

Note: The headrest can be adjusted by sliding up and down.

1.Adjusting the Headrest



1.Adjust the angle of headrest
Rotate the headrest up or down with your hands.



2.Raise/lower the headrest
Hold the headrest and adjust its height directly up or down.

2.Adjusting the Seat Height

Twist the handle, add or subtract weight to adjust the seat height up and down.

*Reach out to the manufacturer if you have any questions about height adjustment.



Seat Height
Press the handle forward



3.Adjusting the Tilt Back Function



Tilt Function
Pull out/push in the handle

Unlock: Pull out the handle and press gently on the backrest to unlock. The backrest enters reclining mode.

Lock: Push in the handle while the back-rest is at the natural 90-degree position to lock. The backrest can be locked at a 90-degree angle.

4.Adjusting the Tilt Tension



Tilt Tension
Rotate the knob

Weight Adjustment Guide: For users weighing under 130 lbs, turn the knob three full turns toward the " - " direction.
" - "Turn the knob counter-clockwise to decrease the resistance and the chair will recline more easily
" + "Turn the knob clockwise to increase the resistance and strengthen the tilt resistance.

5.Adjusting the Arm



Flip Directly Upwards

Thank you for choosing our product. For any after-sales support, please contact us via the channels below.

- To activate your **5-year warranty**.
- If the **chair is uncomfortable** or does not feel right.
- If **any parts are missing or arrived damaged**, affecting assembly or use.

- **After-sales Email:** BSR-HOME-CHAIR@outlook.com

Installation video:
Youtube@bestofficechair123
or scan QR code.