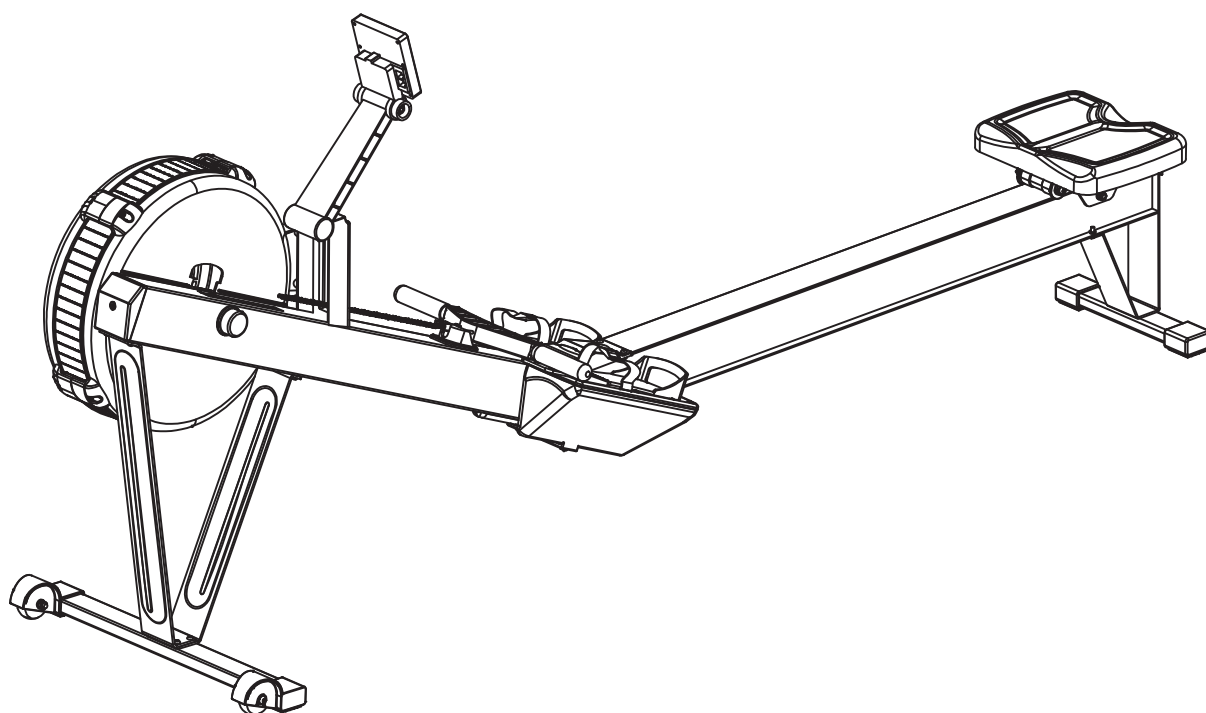


GMWD

ASSEMBLY INSTRUCTIONS



Read all precautions and instructions in this manual before using this equipment

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ASSEMBLY CAUTION

Please carefully read the following information before installation

Assembling requires at least two people

Do not tighten all screws before assembly is complete

Ensure that all accessories are complete. If not, please contact us via email



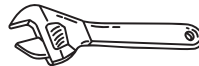
If you are missing any parts, or otherwise have any warranty issues, please contact us first.

Shortcut: A Lot of People Doing That Way

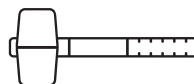
To enhance your installation process for both speed and convenience, consider removing all accessories from the box, carefully opening the packaging, and arranging everything neatly on the floor. This preparation can streamline your setup experience.

The following tools might help you improve your installation experience

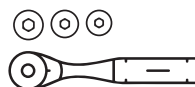
- Adjustable wrenches



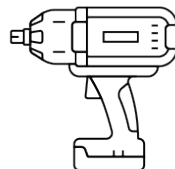
- Rubber hammers



- Socket set



- Electric Wrench



WARNING



Choking hazard. Small parts-Please exercise caution if small children or pets are present.



Sharp objects may be involved. Use precaution and protection.



Heavy object. Use lifting aids and proper lifting techniques when moving

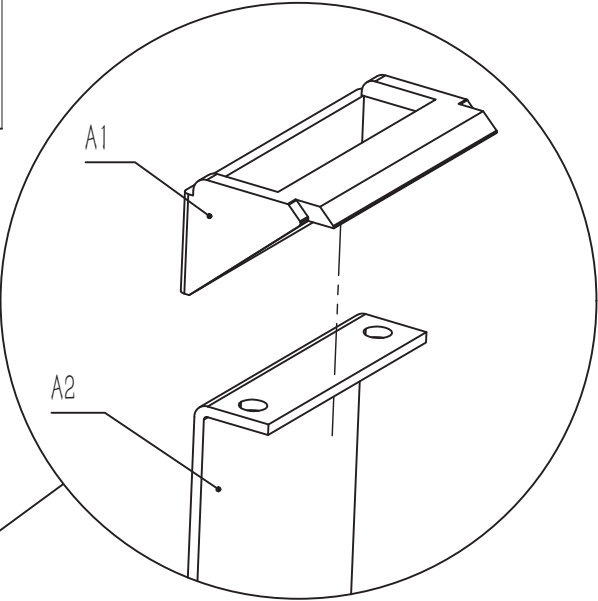
PARTS LIST

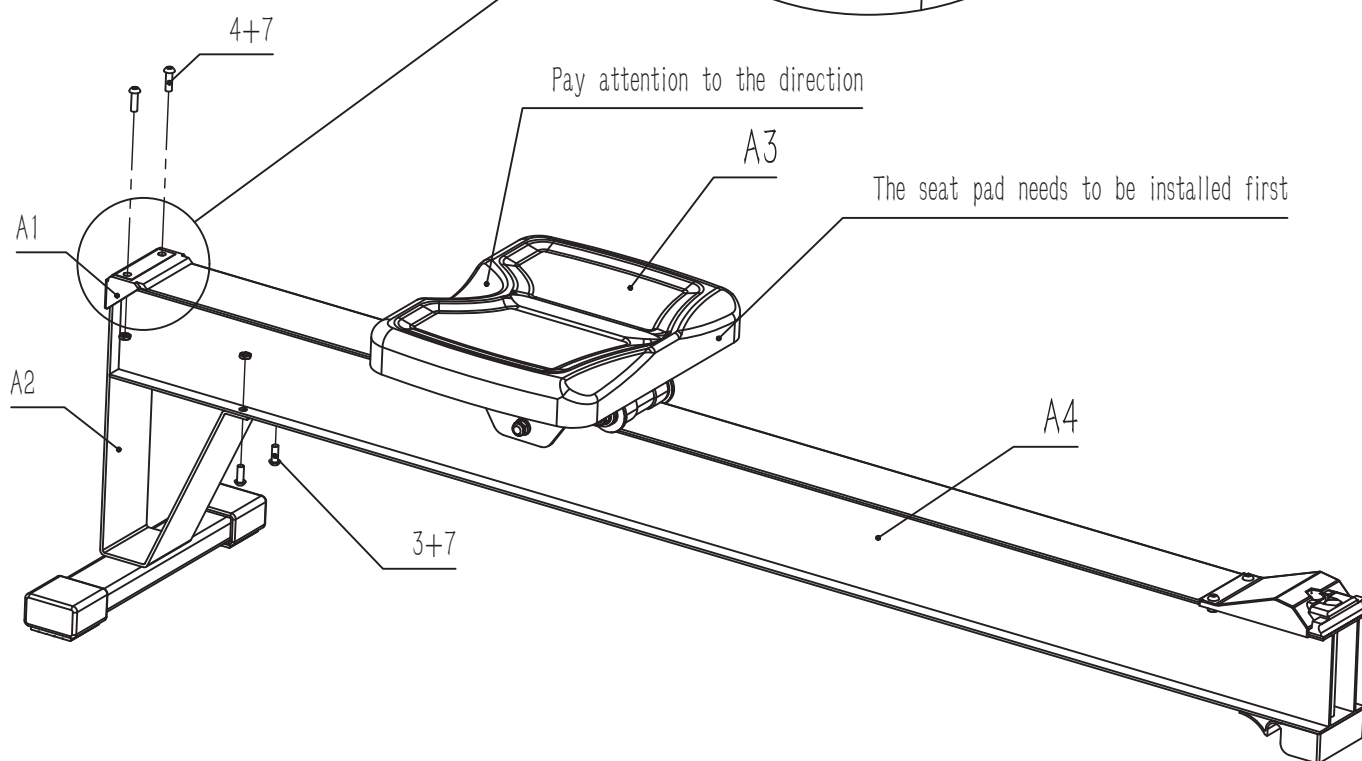
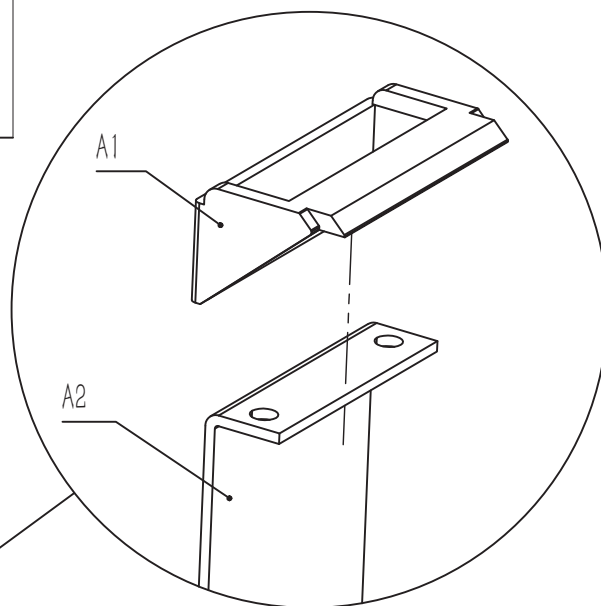
A1 Lock Cap 1PC	A2 Rear Supporting Frame 1PC	A3 Seat Pad 1PC	A4 Guide Tube 1PC	B1 Front Supporting Plate(Long) 1PC
B2 Front Supporting Plate(Short) 1PC	B3 Front Base 1PC	C1 Main Frame 1PC	D1 Reinforcement Plate 1PC	D2 Pedal Base 1PC
D3 Triangle Reinforcement Plate 1PC	E1 Pedal 1PC	F1 Pedal Connecting Plate 1PC	G1 Screen	

HARDWARE LIST

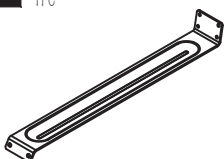
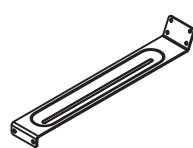
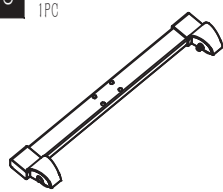
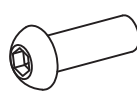
1 Bolt(M4 × 16) 9PCS	2 Bolt(M6 × 10) 4PCS	3 Bolt(M6 × 16) 2PCS	4 Bolt(M6 × 20) 6PCS	5 Bolt(M8 × 80) 1PC
6 Bolt(M8 × 16) 2PCS	7 Locknut(M6) 4PCS	8 Locknut(M8) 1PC		

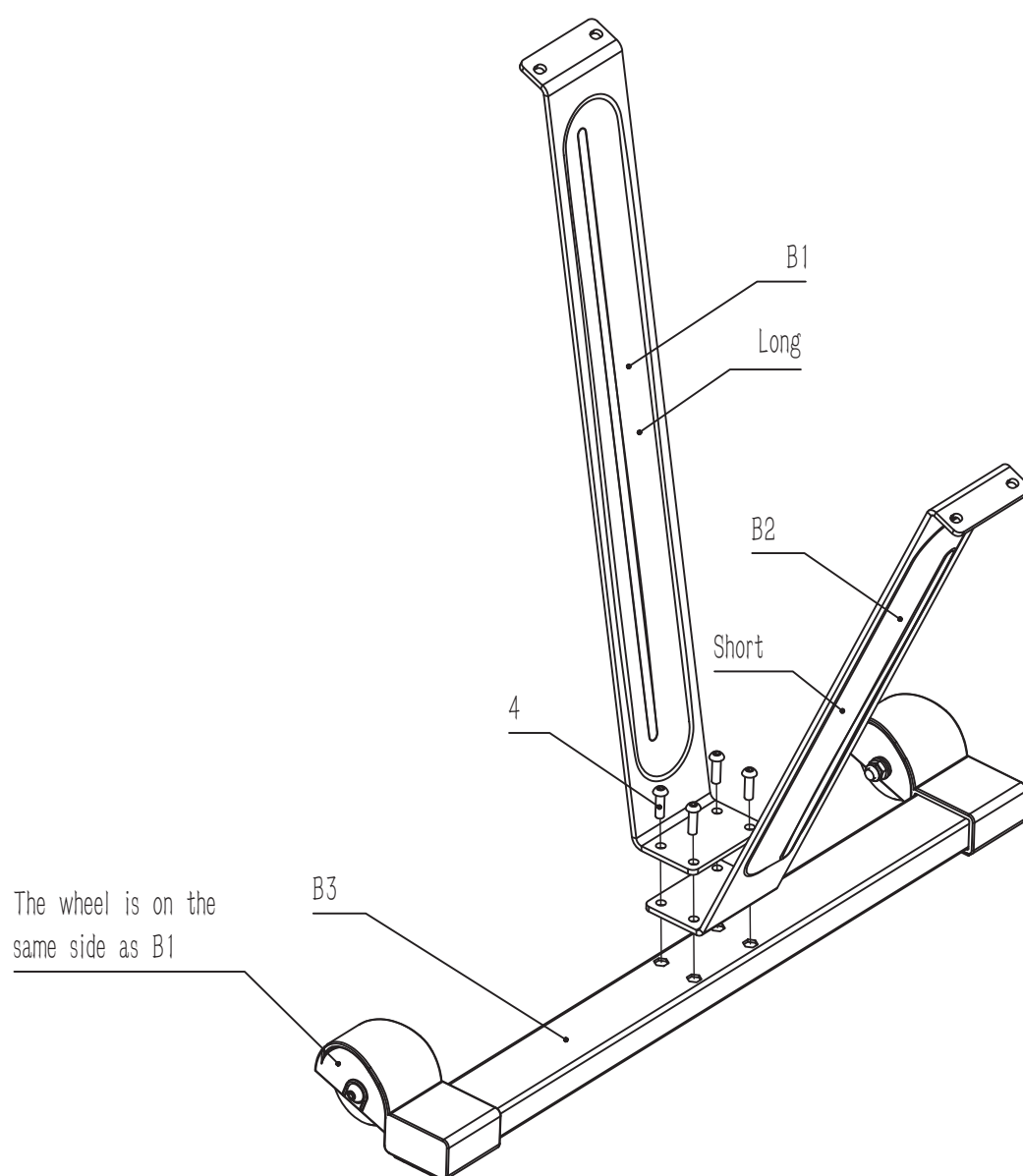
STEP1:

A1 Lock Cap 1PC	A2 Rear Supporting Frame 1PC	A3 Seat Pad 1PC	A4 Guide Tube 1PC	3 Bolt(M6 × 16) 2PCS
4 Bolt(M6 × 20) 2PCS	7 Locknut(M6) 4PCS			



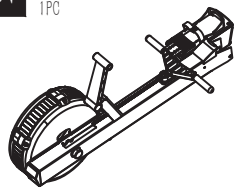
STEP2:

B1	Front Supporting Plate(Long) 1PC	B2	Front Supporting Plate(Short) 1PC	B3	Front Base 1PC	4	Bolt(M6 × 20) 4PCS
							

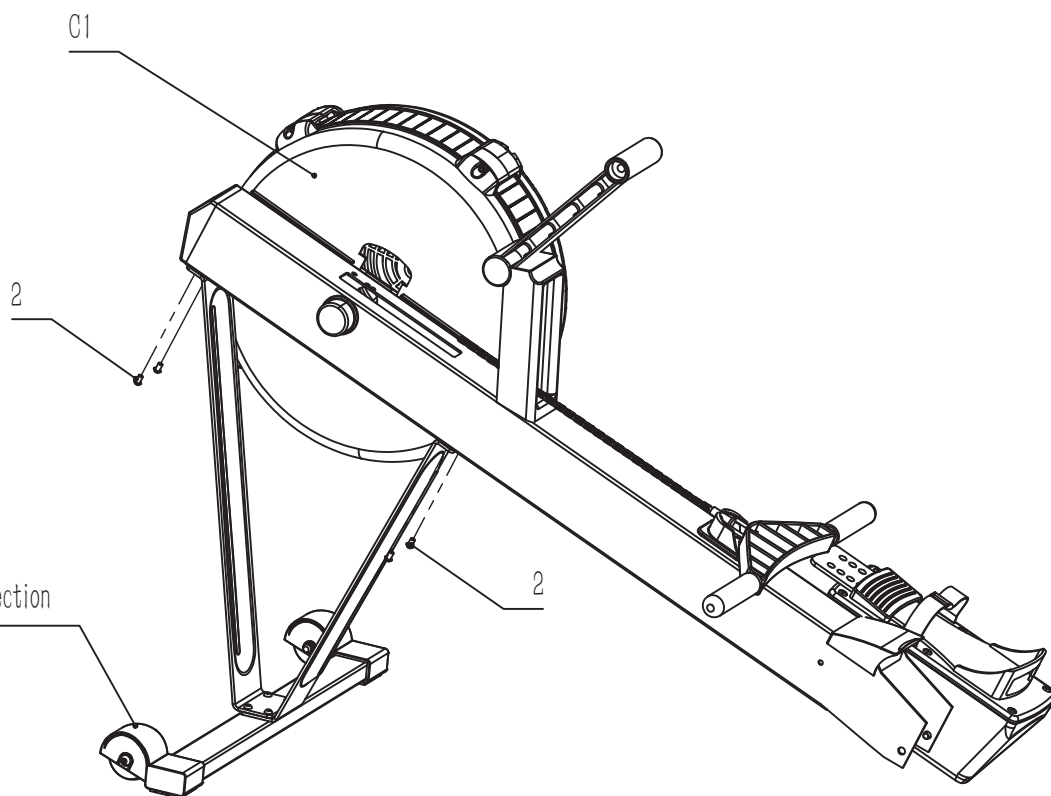
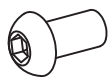


STEP3:

C1 Main Frame
1PC



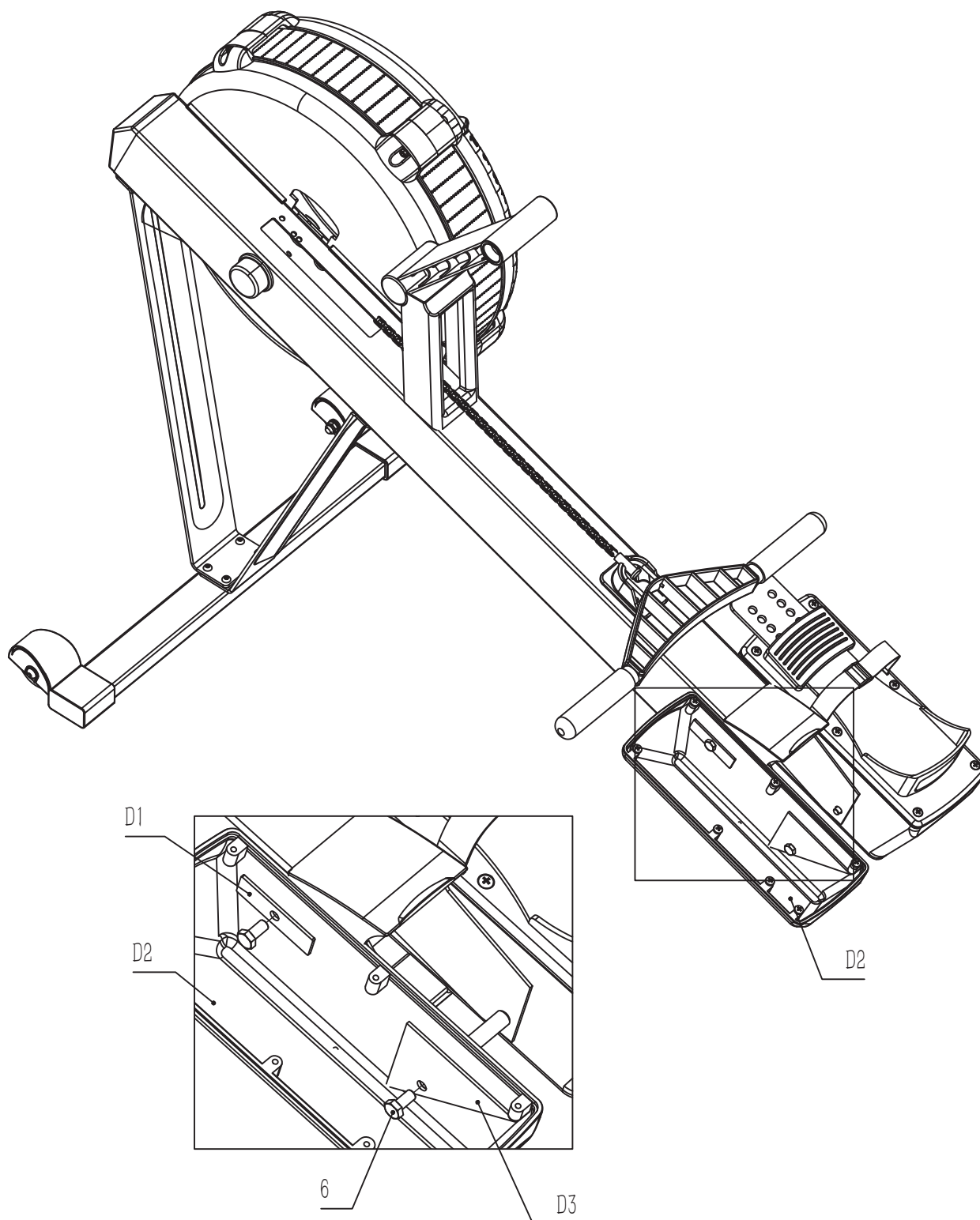
2 Bolt(M6 × 10)
4PCS



Pay attention to the direction

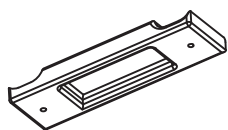
STEP4:

D1 Reinforcement Plate 1PC	D2 Pedal Base 1PC	D3 Triangle Reinforcement Plate 1PC	6 Bolt(M8 x 16) 2PCS
--------------------------------------	-----------------------------	---	--------------------------------

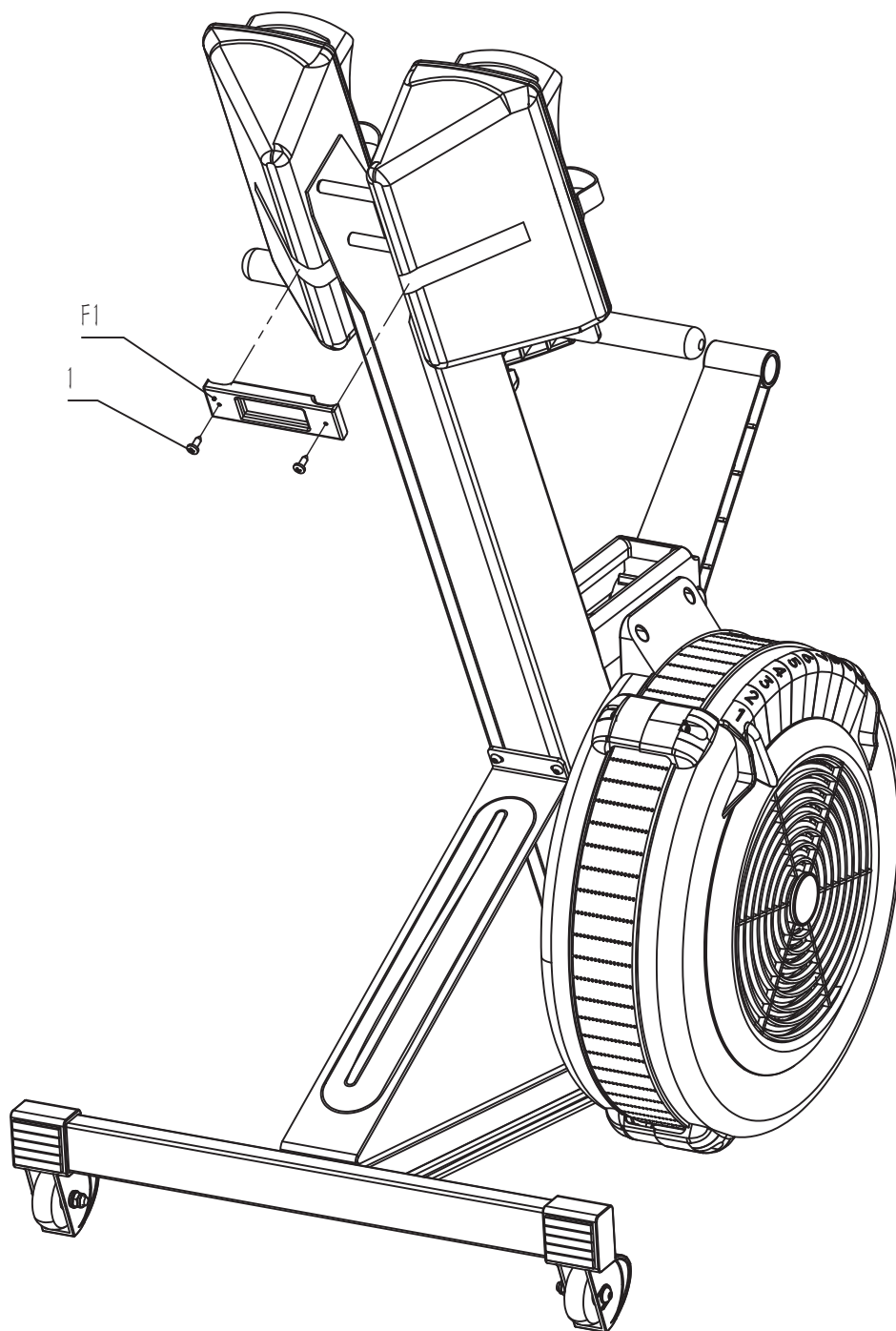
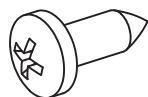


STEP6:

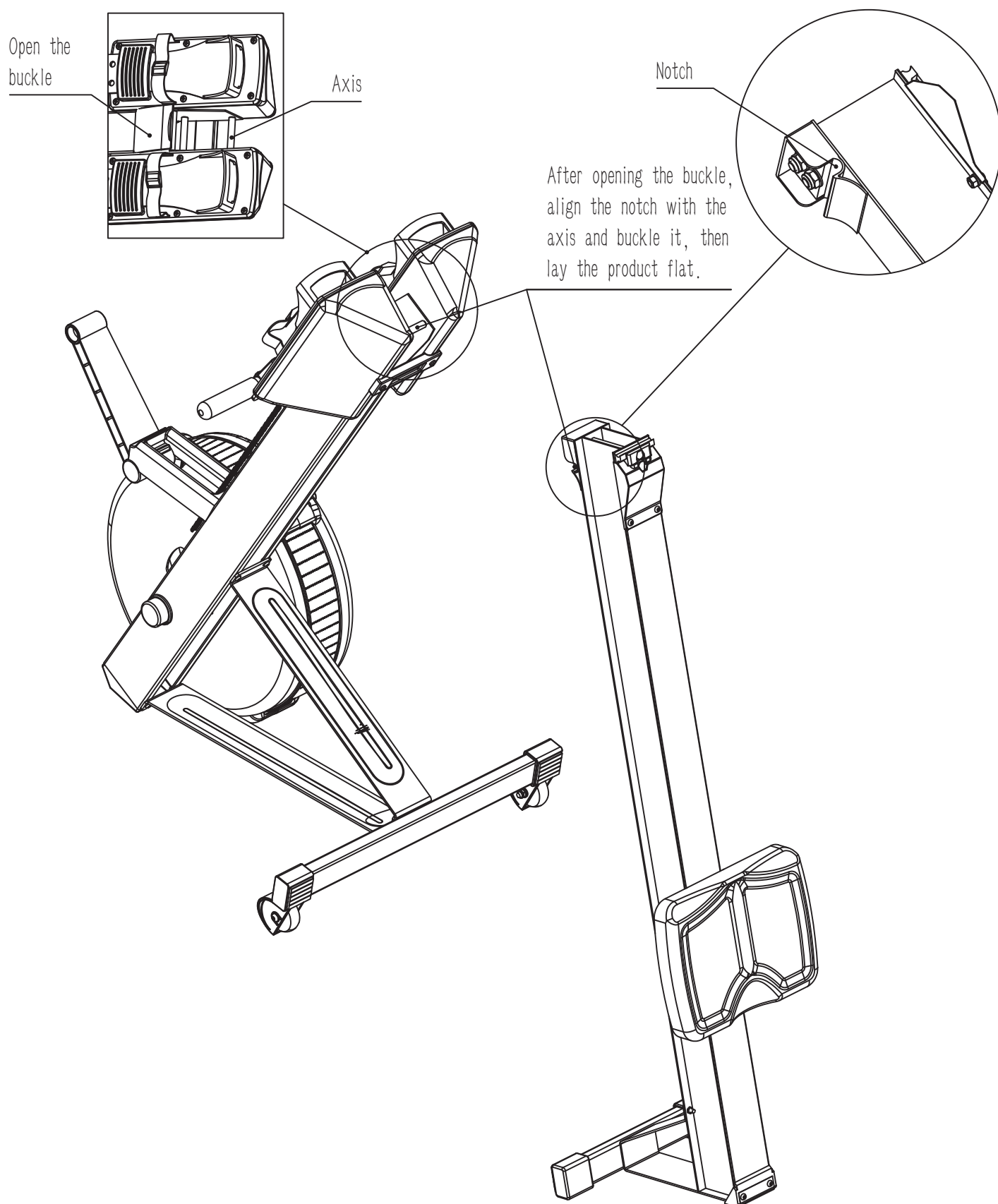
F1 Pedal Connecting Plate
1PC



1 Bolt(M4 x 16)
2PCS

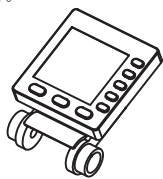


STEP7:

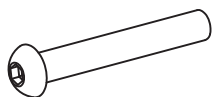


STEP8:

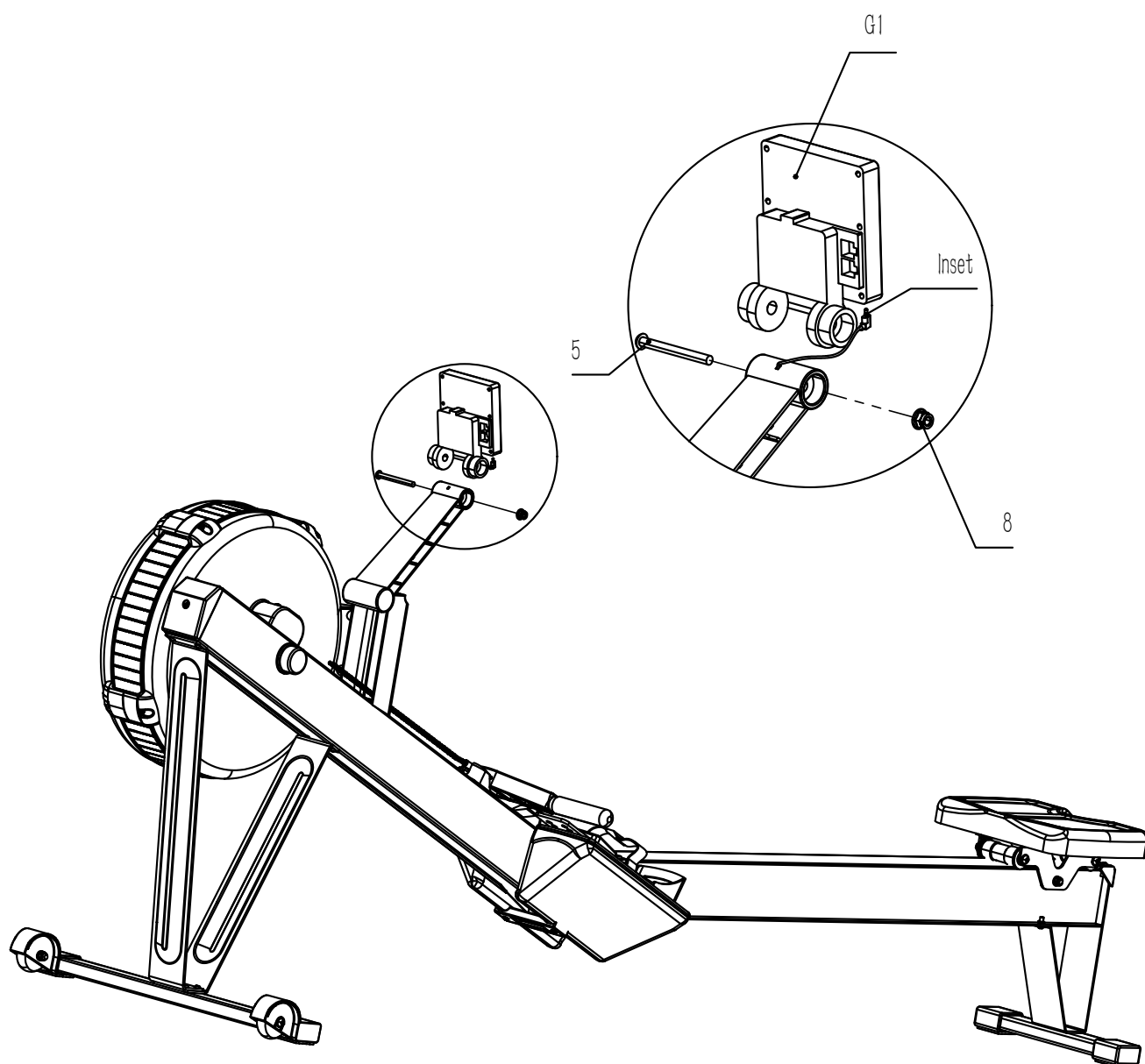
G1 Screen
1PC



5 Bolt(M8 x 80)
1PC

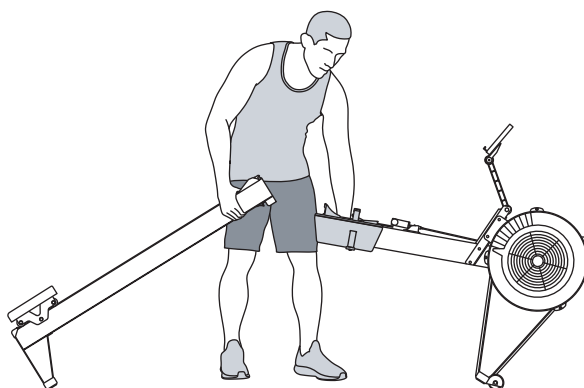


8 Locknut(M8)
1PC

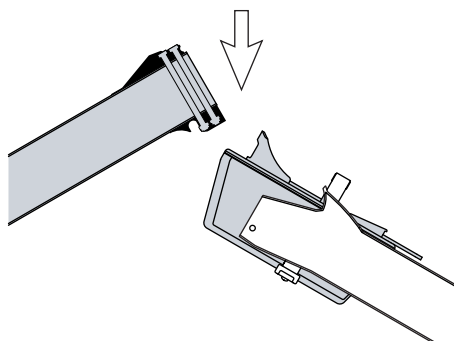


TIPS:

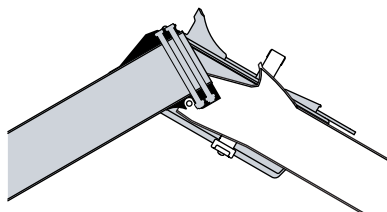
1



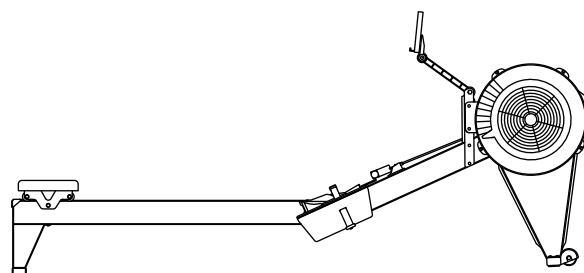
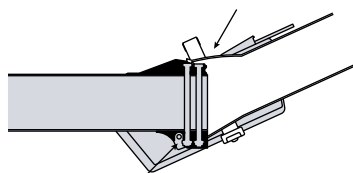
2



3



4



FORMAT OF AFTER-SALE EMAIL

The screenshot shows an email draft interface. At the top, a status bar says "Draft saved" with a close button. Below it is the "Recipients" field. The "Subject" field contains "Amazon-1234567890-Package Lost" and "SUBJECT EXAMPLE". The "Body" field contains "Platform-Order Number-Issue" and a large red box with the text "Describe your issue here". Below the body field, a red message says "Welcome to attach the pictures to help us get more understands with your issue". At the bottom, there is a rich text editor toolbar with various icons. A red arrow points from the "Attach" icon (a paperclip) to the red message above it. The "Send" button is on the left of the toolbar.

Draft saved

Recipients

Amazon-1234567890-Package Lost SUBJECT EXAMPLE

Platform-Order Number-Issue

Describe your issue here

Welcome to attach the pictures to help us get more understands with your issue

Send

Welcome to send us some pictures to describe your problem, which will help us better and faster understand your current situation, and thus provide you with the best solution.

The machine you ordered has been carefully inspected and is fully guaranteed to be in perfect working order. This lifetime warranty covers missing parts, damaged parts, package lost, all manufacturing and mechanical defects, excluding malfunctions or deterioration resulting from accidents or negligence. with this card, you are entitled to obtain service at any platform, such as Amazon, Walmart, and our own website.

Please provide your Platform and Order Number to us in the email subject.

NEED HELP?
CONTACT US FIRST.
support@gmwdfitness.com