

WARNING: To avoid the risk of electric shock, always ensure the product is unplugged from the electrical outlet before assembling, disassembling, relocating, servicing, or cleaning it.

WARNING: Handle the Cup with care as the blades inside are extremely sharp. Use caution when cleaning the Cup/Blades.

- Always clean the product immediately after each use.
- Wash Cup and Lid in warm, soapy water or place them in the top rack of a dishwasher; rinse and dry thoroughly.
- Clean the Base by wiping it with a damp cloth. To avoid damage to the product, do not immerse the Base into water or other liquids.
- To avoid damage to the product, do not use abrasive cleaners or scouring pads to clean the product parts.
- Reassemble the product before placing it into storage, including winding the Power Cord back into its storage compartment around the Base.
- Store the product in a cool, dry place.



ELECTRICAL REQUIREMENTS

Voltage	Frequency	Wattage
120 VAC	60 Hz	180 W



13.5oz Multi-Function Personal Blender BLH1001 Series



Before using please read the instruction manual and keep it for future use.



IMPORTANT SAFEGUARDS

When using blender, basic safety precautions should always be followed, including the following:

Signal Word Definitions

DANGER – Indicates an imminently hazardous situation, which, if not avoided, <u>will</u> result in death or serious injury. Usage of this signal word is limited to the most extreme situations.

WARNING – Indicates a potentially hazardous situation, which, if not avoided, <u>could</u> result in death or serious injury.

CAUTION – Indicates a potentially hazardous situation, which, if not avoided, may result in minor/moderate injury or product/property damage. It also alerts against unsafe practices.



READ ALL INSTRUCTIONS BEFORE USE.

WARNING—To avoid the risk of electrical shock, always make sure the product is unplugged from the electrical outlet before assembling, disassembling, relocating, servicing, or cleaning it.



WARNING-To reduce the risk of fire, electric shock, or serious personal injury

- To protect against risk of electrical shock do not put cord, plug, or base in water or other liquid.
- Close supervision is necessary when any appliance is used by or near children. Unplug from outlet when not in use, before putting on or taking off parts, and before cleaning.
- Avoid contacting moving parts.
- Do not operate any appliance with a damaged cord/plug or after the appliance is dropped or damaged in any manner.
- Do not plug/unplug the product into/from the electrical outlet with a wet hand.
- The use of any attachments, including canning jars, not recommended by the manufacturer may cause a risk of injury to persons.



Fruit Smoothie



If you do not have frozen fruit on hand, fresh fruit is an easy substitution.

Makes about 1 cup

1/2 cup orange juice (any juice alternative may be used)

- 1 cup frozen strawberries
- 1 small to medium banana, cut into 1-inch pieces
- Put all of the ingredients into the jar in the order listed. Select HIGH until smooth, about 45 seconds.
- Serve immediately.

Nutritional information per serving (1 cup): Calories 275 (4% from fat) • carb. 70g • sugar 51g • pro. 3g • fat 1g • sat. fat 0g • chol. 0mg • sod. 6mg • calc. 42mg • fiber 5g

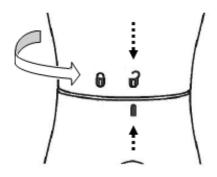


WARNING: Ensure the product is unplugged from the electrical outlet before assembling it.

NOTICE: Do not fill the Cup beyond its indicated capacity (13.5fl oz).

NOTE: Before using the product for the first time, thoroughly wash and dry the Cup and Lid.

- 1. Ensure the product is unplugged from the electrical outlet.
- 2. Place the Base on a flat, level, stable surface.
- 3. Unwrap the Power Cord from its storage compartment in the Base and plug it into a standard 120-volt AC electrical outlet.
- 4. Fill the Cup with the contents that you wish to chop/blend. Attach Lid.
- 5.Align the Unlock Icon on the blending cup over the alignment mark on the Base (see diagram at right) and place the cup onto the Base. Turn the cup counterclockwise until the lock icon is aligned over the alignment mark on the base and the cup clicks into place. The product will not operate unless the cup is properly locked into place.



- 6.Press and hold the Pulse Button to process contents. To prevent product overheating, limit continuous operation to one minute at a time, followed by a three-minute cooling period.
- 7.To stop processing, release the Pulse Button. Wait until the blades stop completely before removing the cup assembly from the base. Remove by turning the cup clockwise (in the direction of the Unlock icon).
- 8.To drink contents directly from the cup, just slide the spout cover back. To pour contents out, remove Lid.
- 9. Unplug the product from the electrical outlet when it is not in use or is left unattended.

- When blending hot liquids, remove center piece of two-piece cover.
- Do not use outdoor or in a damp area.
- Do not let cord hang over edge of table or counter or touch hot surface including stove, oven, etc
- Keep hands and utensils away from moving blades while processing food to reduce the
 risk of severe injury to persons or damage to the food chopper. A scraper may be used
 but must be used only when the food chopper is not running (scraper not included).
- Blades are sharp. Handle carefully.
- Do not leave your blender unattended.
- Be certain cover is securely locked in place before operating appliance.
- Do not put any stress on the power cord where it connects to the product, as the power cord could fray and break.
- If using an extension cord with this product, the marked electrical rating of the cord set must be at least as great as the electrical rating of the product.
- This appliance is intended for processing small quantities of food for immediate consumption. It is not intended to prepare large quantities of food at one time.
- Reduce the risk of injury, never place cutting blade on base without first putting bowl properly in place.
- Do not plug/unplug the product into/from the electrical outlet with a wet hand.
- Always unplug the product from the electrical outlet before relocating or cleaning it the blender.
- Do not attempt to defeat the cover interlock mechanism.

- This appliance should not be used by persons (including children) with reduced physical, sensory or mental capabilities, or lack of experience and knowledge, unless they are supervised by the person who is responsible for their safety.
- This product is intended solely for indoor, non-commercial, non-industrial use in processing liquids and foods for human consumption; do not use the product outdoors or for any other purpose.
- Always operate the product with the blade assembled in place.
- Do not attempt to place or remove the jar on the while the motor is running.
- Disconnect the product from an electrical outlet, pull directly on the plug; do not pull on the power cord.
- Always operate the product on a flat, level, stable surface.
- Do not allow the power cord to hang, such as over the edge of a table or counter, where it may be tripped over or pulled.
- Do not run motor while Blending Cup is empty.
- After operating continuously for three minutes, wait at least one minute before operating the product again to help prevent the motor from overheating.

POLARIZED PLUG INFORMATION

WARNING:

This product is equipped with a polarized plug (one blade is wider than the other blade) to reduce the risk of electrical shock. This is a safety feature. The plug will fit into a polarized outlet only one way. If you are unable to insert the plug into the electrical outlet, try reversing the plug. If the plug still does not fit, contact a qualified electrician. Never use the plug with an extension cord unless you can fully insert the plug into the extension cord. Do not alter the plug. Do not attempt to defeat the safety purpose of the polarized plug.



A short power supply cord is provided to reduce the risk of becoming entangled in or tripping over a longer cord. Extension cords are available and may be used if care is exercised in their use:

- The marked electrical rating must be at least as great as that of the product;
- If the product is of the grounding type, the extension cord must be a grounding-type 3-wire cord; arrange the longer cord so that it will not drape over a countertop or tabletop where it can be tripped over, snagged, or pulled on unintentionally (especially by children).

BLENDER PARTS

