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Assembly & User Guide: Zealfeel 4 x 4.5 ft Baseball Rebounder Net (5-Angle Pro)

Model: ZF11-A-V2

Step up your defensive game with our most versatile pitchback. While standard models offer limited returns, the **ZF11-A-V2** features **5 adjustable angles**, allowing you to simulate everything from "daisy-cutter" grounders to high-arching fly balls. Combined with the **detachable 9-grid strike zone**, it's the ultimate tool for both fielding and pitching precision.

Package Contents

Before you begin, verify that your carry bag contains:

- **1 x** Anti-tear PE Rebounding Net (UV-Resistant)
- **1 x** Thickened Powder-Coated Steel Frame (Numbered Parts)
- **1 x** Detachable 9-Grid Strike Zone Target
- **1 x** Built-in Square Target
- **1 x** Set of Heavy-Duty Bungee Cords
- **4 x** U-Shaped Ground Stakes
- **1 x** Portable Storage Bag

Assembly Instructions

Step 1: Frame Skeleton

Lay the steel tubes on a flat surface. Follow the **numbered labels** on the frame to connect the sections. The push-button locking system ensures a tool-free, frustration-free setup. This thickened frame is specifically engineered for extra stability during high-intensity sessions.

Step 2: String the Rebound Net

Unfold the anti-tear PE net. Using the **bungee cords**, secure the net to the frame.

Pro Tip: For the most responsive "snap-back" return, attach bungees to the four corners first, then work inward along the sides. This ensures the tension is perfectly centered.

Step 3: Target Placement

1. **Built-in Square Target:** This is pre-integrated for general throwing drills.
2. **9-Grid Strike Zone:** Attach the detachable grid over the net using the straps. This is your primary tool for "painting the corners" and tracking pitching accuracy.

Step 4: Dial in the Return Angle

Locate the adjustment notches on the rear support bar. Choose from **5 distinct settings**:

1. **Ground Balls:** Sharp downward return.
2. **Low Line Drives:** "Frozen rope" returns for quick-reflex catching.
3. **Standard Line Drives:** Chest-high returns for infield drills.
4. **High Line Drives:** Practice backpedaling and overhead catches.
5. **Fly Balls:** High-arc returns for outfield tracking.

Step 5: Final Anchoring

On grass or dirt, place the **4 U-shaped ground stakes** over the base tubes and hammer them in. This keeps the rebounder from shifting, even when hit by 80+ MPH fastballs.

Advanced Training Drills

- **The Pitcher's Precision Challenge:** Using the 9-grid target, try to throw 3 strikes in each corner pocket. If you miss a pocket, you must start the "Around the Clock" drill over!
- **Double Play Reps:** Set the angle to "Ground Balls." Position yourself at "Shortstop," field the ball, and quickly turn to fire a throw into the center square target (simulating the throw to second base).
- **The Reaction Dig:** Set the net to "Low Line Drives" and stand 10 feet away. Work on lateral movement and keeping your head down through the catch.

Maintenance & Care

- **Net Integrity:** The PE material is UV-resistant and all-weather capable. To maximize lifespan, store the unit in the carry bag if it will not be used for several weeks.
- **Rust Prevention:** While the frame is powder-coated, wipe down the metal tubes after use in heavy rain before storing.