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Assembly & User Guide: Zealfeel 4 x 4.5 ft Baseball Rebounder Net

Model: BN-HP-R4x5A-S-V2

Take your fielding and pitching to the next level with this high-performance pitchback. Featuring a **UV-resistant PE net** and **dual strike zones**, this rebounder is designed to return the ball exactly how you need it—whether you're practicing diving stops or painting the corners of the plate.

Package Contents

Please check your kit for the following items:

- **1 x** 4 x 4.5 ft UV-Resistant PE Net
- **1 x** Numbered Metal Frame (Powder-Coated Steel)
- **1 x** Set of Heavy-Duty Bungee Cords
- **1 x** 9-Grid Precision Target
- **1 x** Built-in Square Target
- **4 x** U-Shaped Ground Stakes
- **1 x** Durable Carry Bag

Assembly Instructions

Step 1: Assemble the Numbered Frame

Lay out the steel tubes. Follow the **numbered labels** on the metal frame to connect the sections. Use the push-button locking system to secure the main rectangle and the rear support legs. The thickened steel is designed for maximum stability during high-velocity play.

Step 2: Attach the Rebound Net

Unfold the PE net and center it over the frame. Use the provided **bungee cords** to secure the net to the steel tubing.

Tip: Start by securing the four corners first, then fill in the sides. This ensures even tension, which is crucial for a consistent "pop-back" return.

Step 3: Install the Dual Targets

1. **The 9-Grid Zone:** Attach this target to the center of the net to practice precision ball placement.
2. **The Square Target:** Use this as a primary focal point for power-pitching drills.

Step 4: Select Your Return Angle

Locate the adjustment pins on the support legs. Choose from **3 Ball-Return Angles**:

- **Lower Notch:** Returns **Ground Balls** to practice infield glove work.
- **Middle Notch:** Returns **Line Drives** to improve reaction time and "sticky" hands.
- **Higher Notch:** Returns **Fly Balls** to practice tracking and outfield positioning.

Step 5: Anchor for Intense Practice

For use on grass or dirt, hammer the **4 U-Shaped Ground Stakes** over the base frame. This prevents the unit from "walking" or tipping when hit by powerful fastballs.

Training Drills

- **The Accuracy Gauntlet:** Use the 9-grid target. Call out a "cell" number (1–9) and attempt to hit it three times in a row before moving to the next.
- **Field-to-Throw:** Set the angle for ground balls. Position yourself 10–15 feet away, field the rebound, and quickly transition into a throwing motion back at the square target.
- **Reaction Digs:** Set the angle for line drives. Stand closer (8–10 feet) and work on your lateral movement and short-hop catches.

Care & Maintenance

- **Weather Protection:** Your PE netting is UV-resistant, but the frame will last longest if stored in a dry place. The **detachable legs** allow for quick breakdown and storage in the carry bag.
- **Bungee Tension:** If the rebound begins to feel "soft" over time, check the bungee cords and rotate their positions to redistribute the tension.