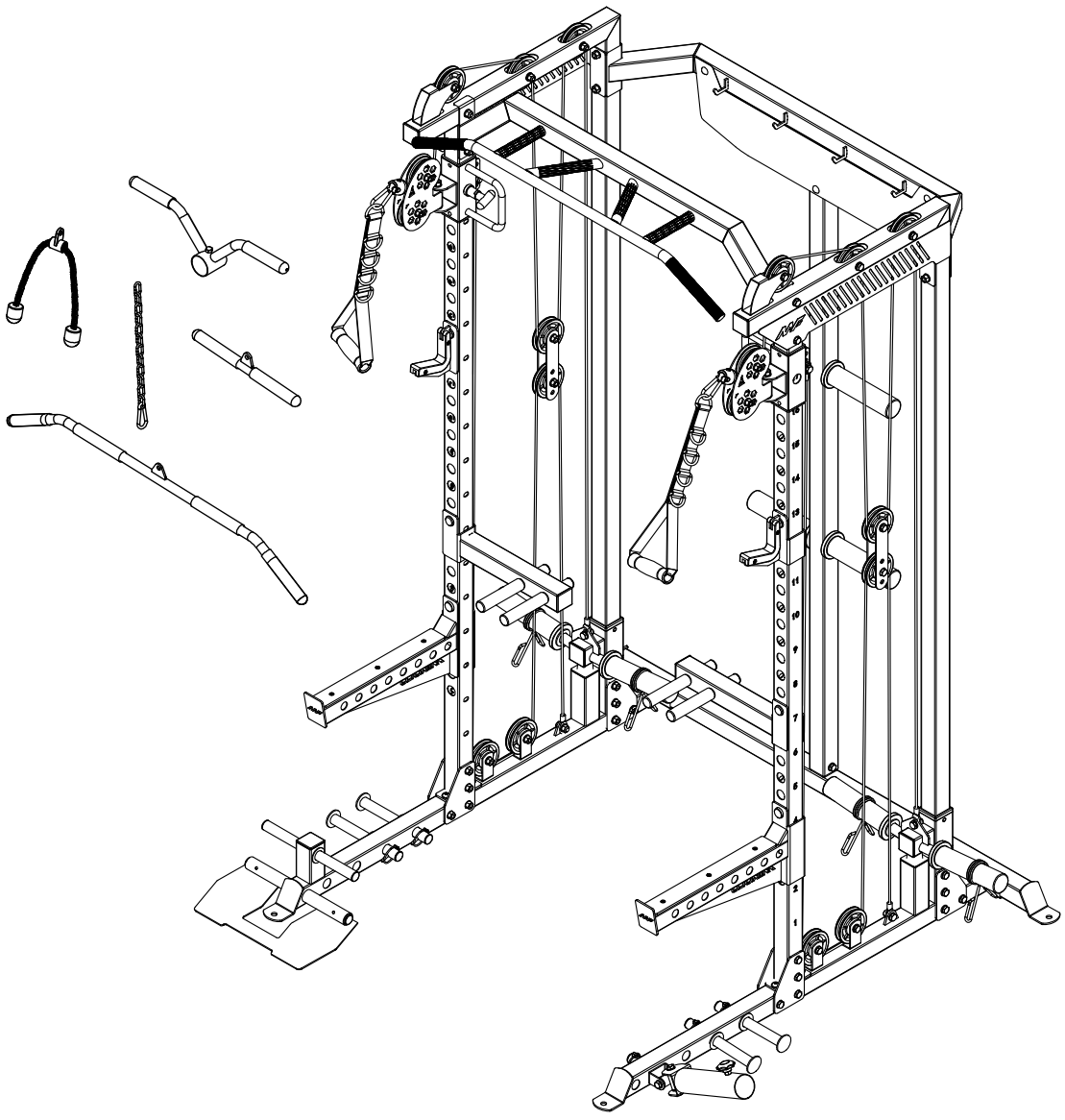
MIKOLO

ASSEMBLY INSTRUCTIONS



Read all precautions and instructions in this manual before using this equipment

Assembly Caution ---------- 4

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After-Sale Information ---------- 22-23

ASSEMBLY CAUTION

Please carefully read the following information before installation

Assembling requires at least two people
Do not tighten all screws before assembly is complete
Ensure that all accessories are complete. If not, please contact us via email

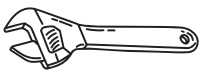
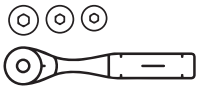
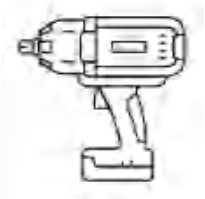


If you are missing any parts, or otherwise
have any warranty issues, please contact us first.
after-sale@gym-mikolo.com

Shortcut: A Lot of People Doing That Way

To enhance your installation process for both speed and convenience, consider removing all accessories from the box, carefully opening the packaging, and arranging everything neatly on the floor. This preparation can streamline your setup experience.

The following tools might help you improve your installation experience

- Adjustable wrenches  
- Rubber hammers 
- Socket set  
- Electric Wrench  

WARNING



Choking hazard. Small parts-Please exercise caution if smallchildren or pets are present.

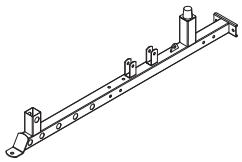
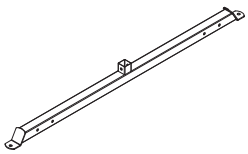
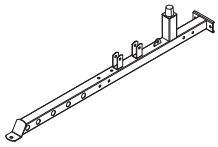
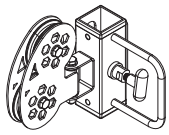
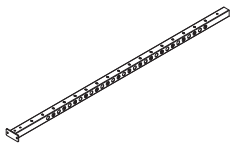
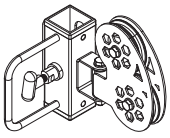
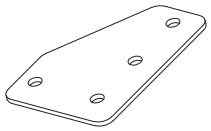
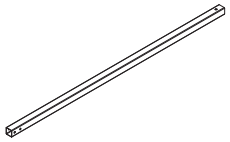
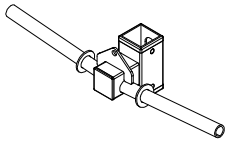
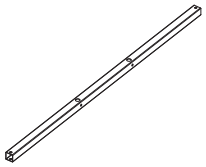
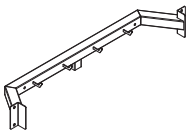
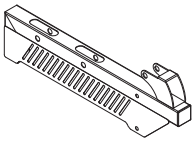
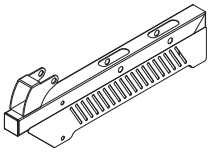
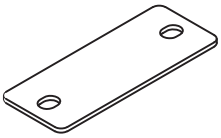
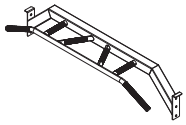
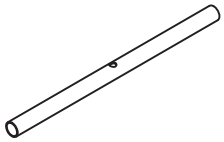
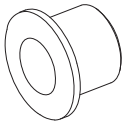
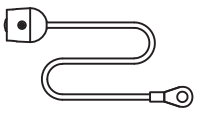
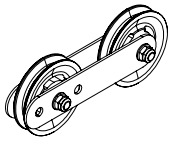
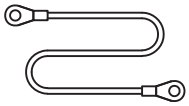
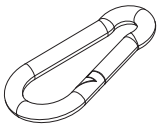
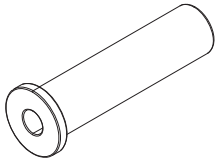
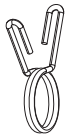
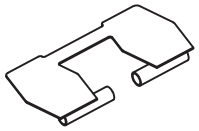
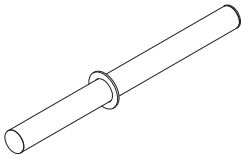
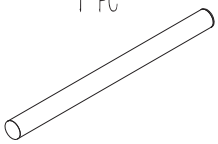
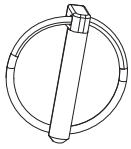
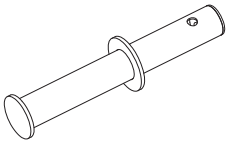
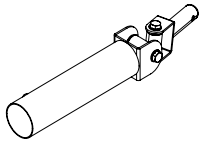
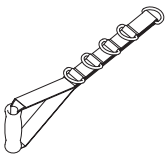
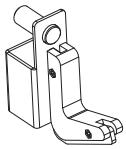
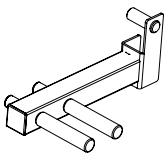
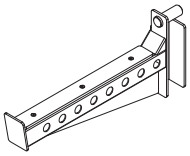
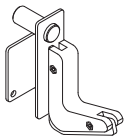
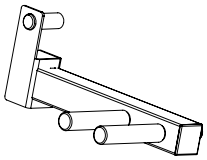
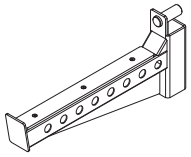
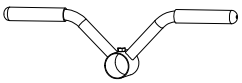
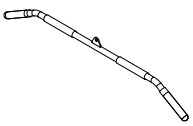


Sharp objects may be involved. Use precaution and protection.

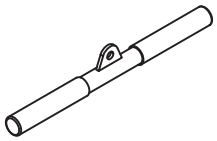
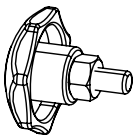
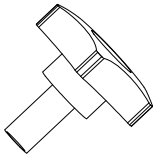
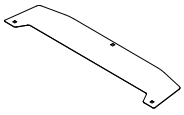


Heavy object. Use lifting aids and proper lifting techniques when moving

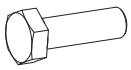
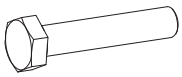
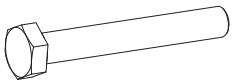
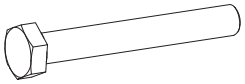
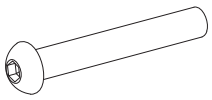
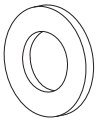
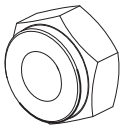
PARTS LIST

A1 Right Base Rod 1 PC 	A2 Rear Base Rod 1 PC 	A3 Left Base Rod 1 PC 	B1 Pulley Sliding Sleeve Right 1 PC 	B2 Front Upright Rod 2 PCS 
B3 Pulley Sliding Sleeve Left 1 PC 	B4 Reinforcement Plate 8 PCS 	C1 Rear Upright Rod 2 PCS 	C2 Weight Holder 2 PCS 	D1 Back Support 1 PC 
E1 Back Beam 1 PC 	F1 Right Beam 1 PC 	F2 Left Beam 1 PC 	F3 Connecting Piece 2 PCS 	G1 Pull–Up Frame 1 PC 
H1 Weight Storage Pin 2 PCS 	I 1 Bushing 8 PCS 	I 2 Pulley 10 PCS 	I 3 Cable A 2 PCS 	I 4 Double Pulley Set 2 PCS 
I 5 Cable B 2 PCS 	I 6 CLip 3 PCS 	J1 Plastic Sleeve 8 PCS 	J2 Weight Holder Clip 4 PCS 	K1 Footboard 1 PC 
K2 Footplate Limit Pole 1 PC 	K3 Footboard Support Tube 1 PC 	K4 Latch 5 PCS 	K5 Band Peg 4 PCS 	K6 Landmine 1 PC 
L1 Cable Handle 2 PCS 	L2 J Hook Right 1 PC 	L3 Dip Bar Right 1 PC 	L4 Safety Catch Right 1 PC 	L5 J Hook Left 1 PC 
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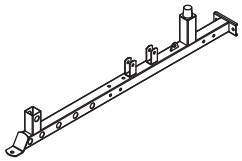
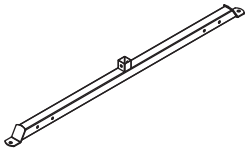
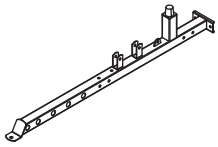
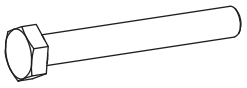
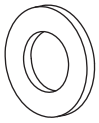
PARTS LIST

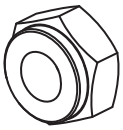
L11 Cable Bar 1 PC 	L12 Knob 1 PC 	L13 Handle Chain 1 PC 	L14 Plum blossom knob 1PC 	L15 logo plate 1 PC 

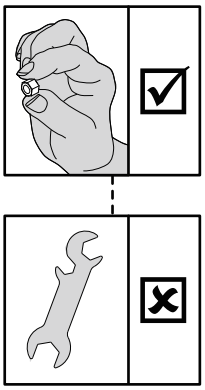
HARDWARE LIST

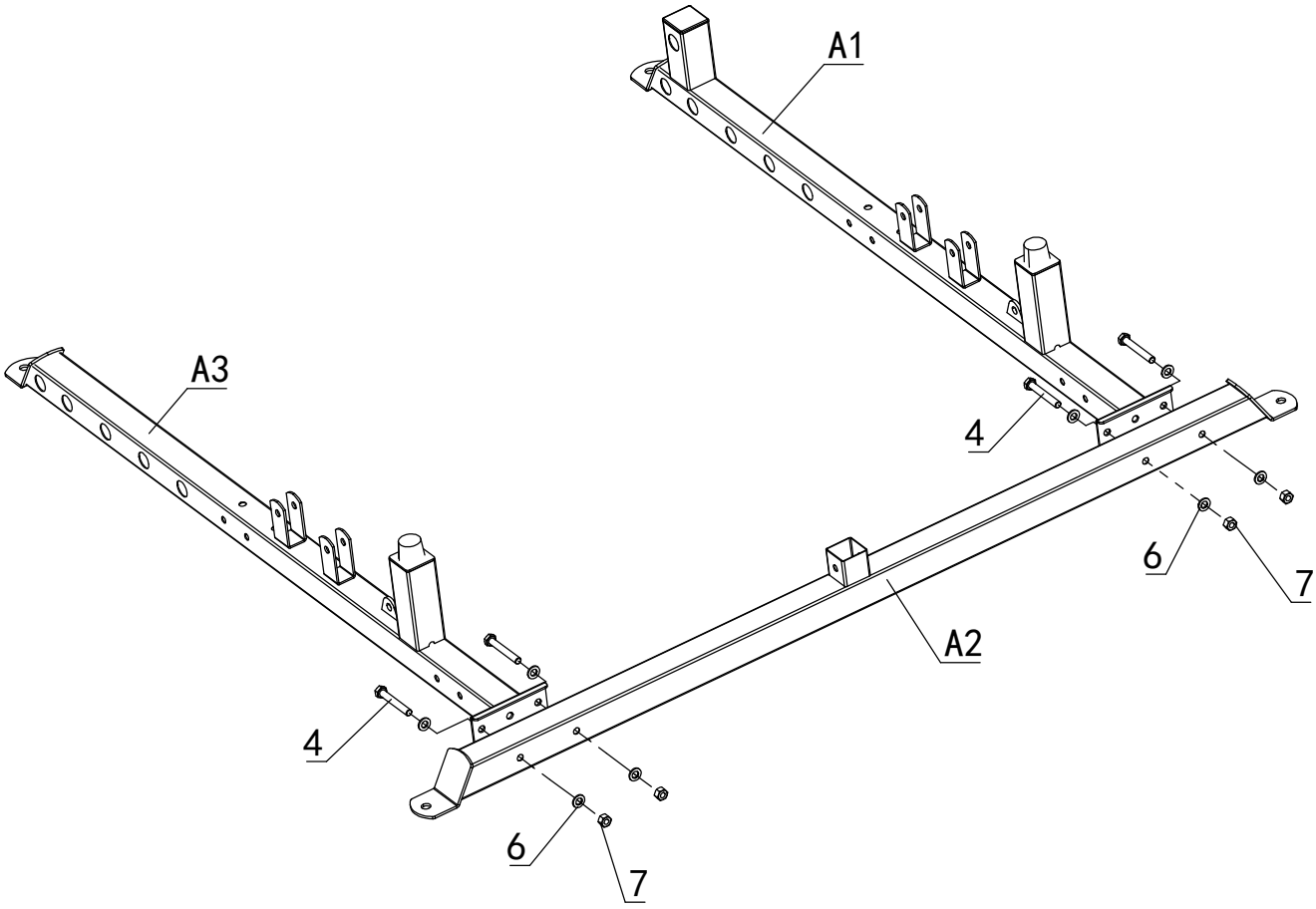
1 Bolt(M10 x 25) 6 PCS 	2 BOLT(M10X45) 6 PCS 	3 BOLT(M10X65) 4 PCS 	4 BOLT(M10X70) 32 PCS 	5 BOLT(M10X60) 4 PCS 
6 Washer(M10X ϕ 20) 103PCS 	7 Locknut(M10) 51 PCS 	8 Square Neck Screw(M10X65) 3 PCS 		

STEP1:

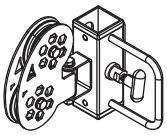
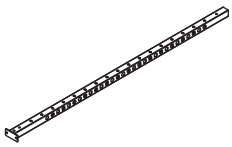
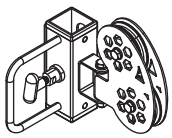
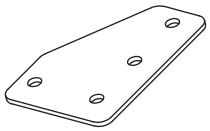
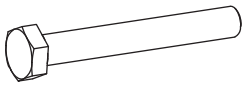
A1.Right Base Rod 1 PC	A2.Rear Base Rod 1 PC	A3.Left Base Rod 1 PC	4、 BOLT(M10X70) 4 PCS	6、Washer(M10X ϕ20) 8 PCS
				

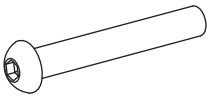
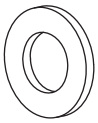
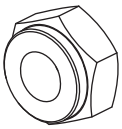
7、Locknut(M10) 4 PCS


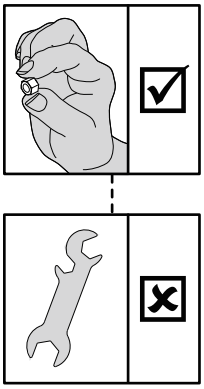


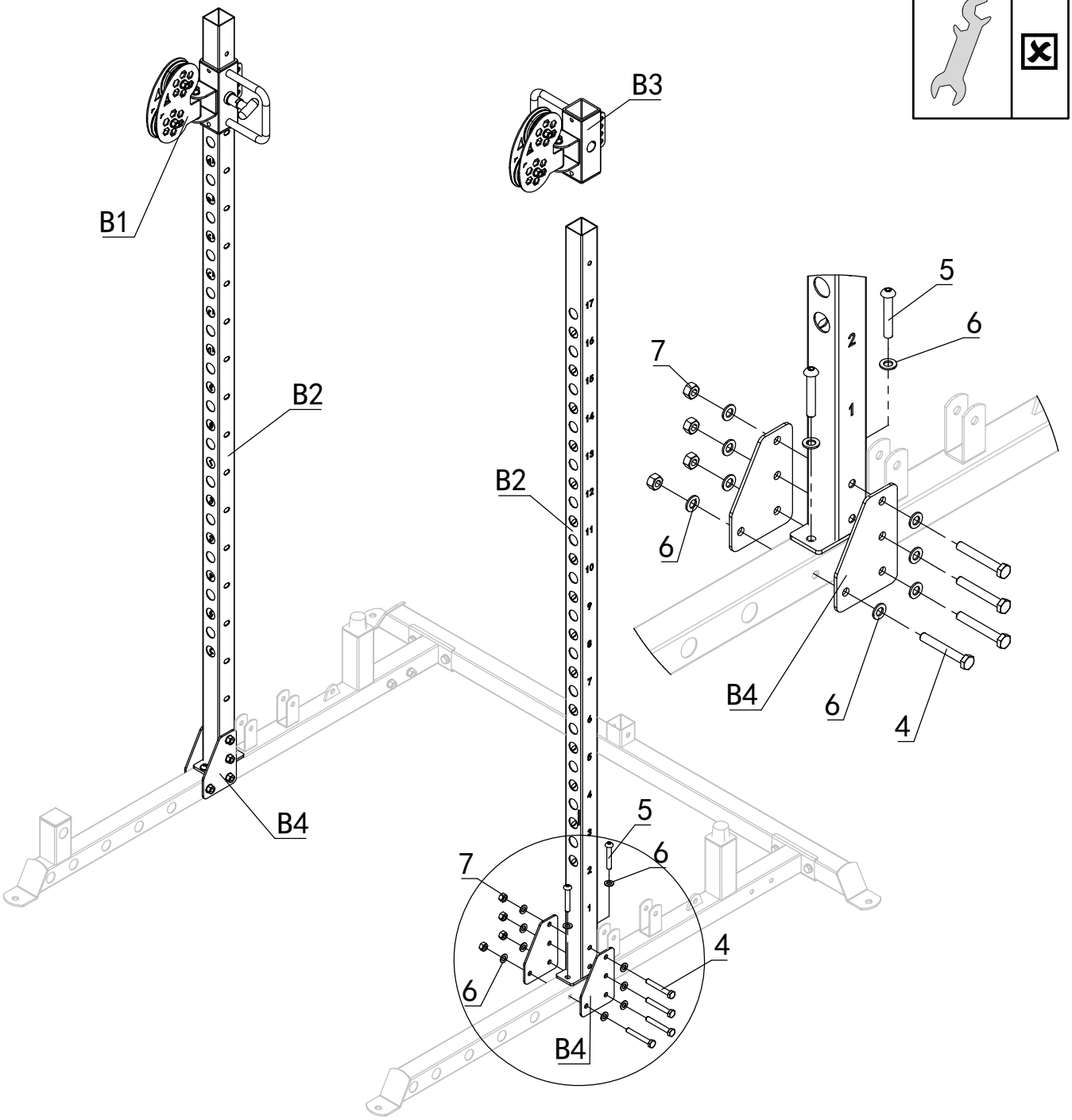


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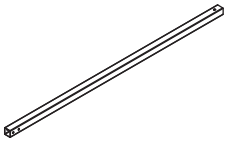
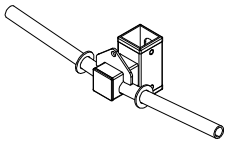
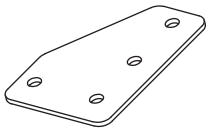
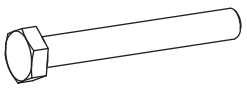
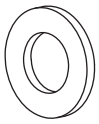
B1.Pulley Sliding Sleeve Right 1 PC	B2.Front Upright Rod 2 PCS	B3.Pulley Sliding Sleeve Left 1 PC	B4.Reinforcement Plate 4 PCS	4、 BOLT(M10X70) 8 PCS
				

5、 BOLT(M10X60) 4 PCS	6、Washer(M10Xϕ20) 20 PCS	7、Locknut(M10) 8 PCS
		

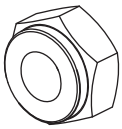


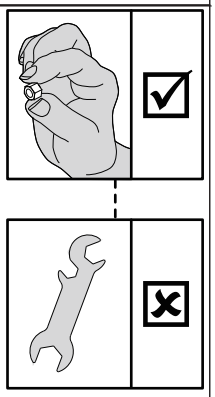


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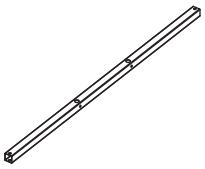
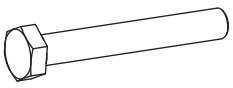
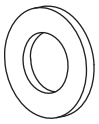
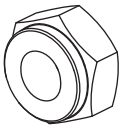
C1.Rear Upright Rod 2 PCS	C2.Weight Holder 2 PCS	B4.Reinforcement Plate 4 PCS	4、BOLT(M10X70) 8 PCS	6、Washer(M10X ϕ20) 16 PCS
				

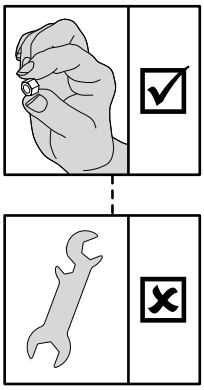
7、Locknut(M10) 8 PCS

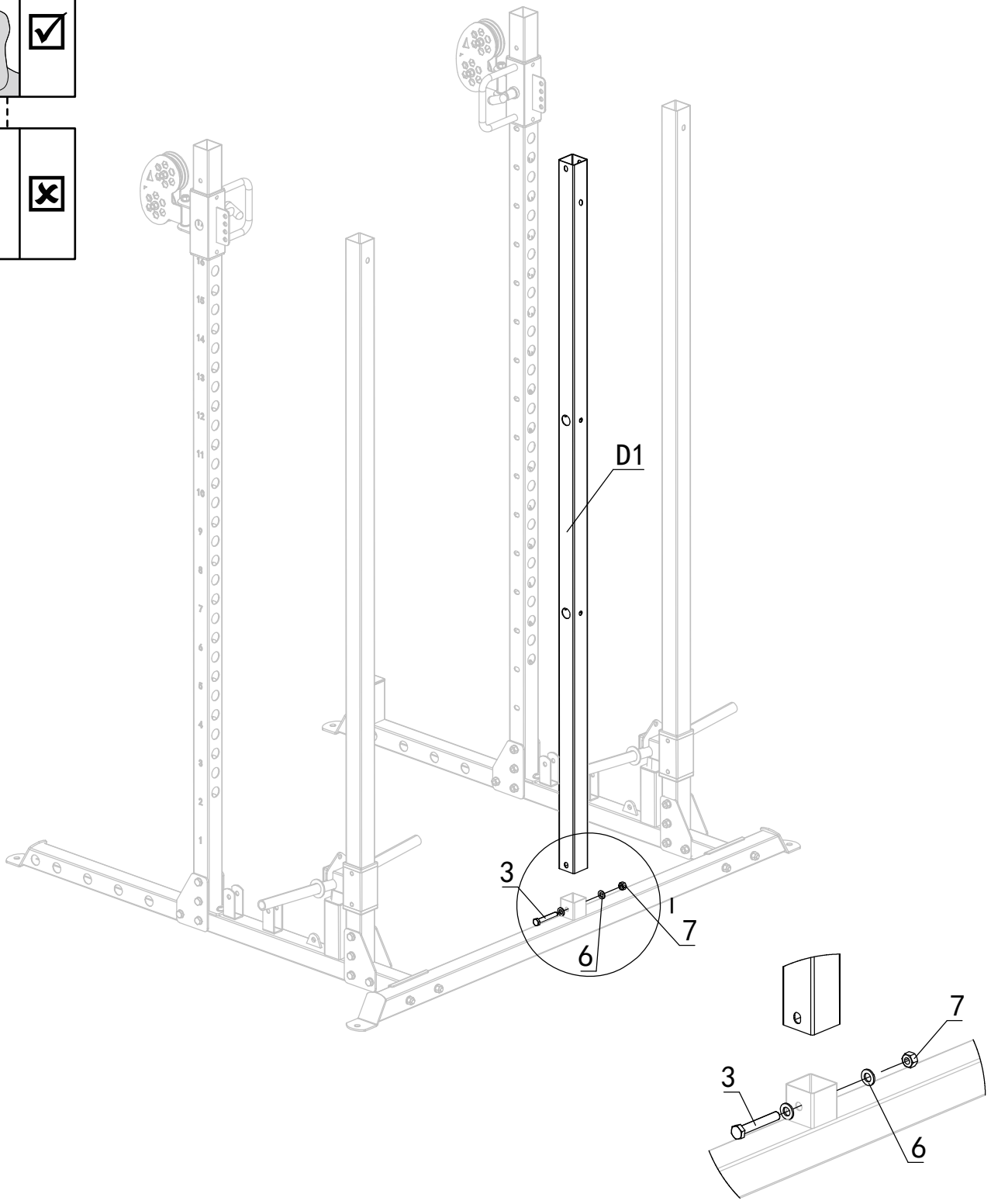




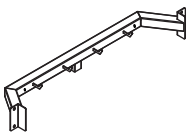
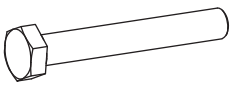
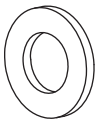
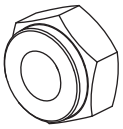
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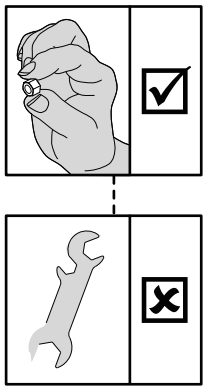
D1. Back Support 1 PC	3、 BOLT(M10X65) 1 PC	6、Washer(M10X ϕ 20) 2 PCS	7、Locknut(M10) 1 PC
			

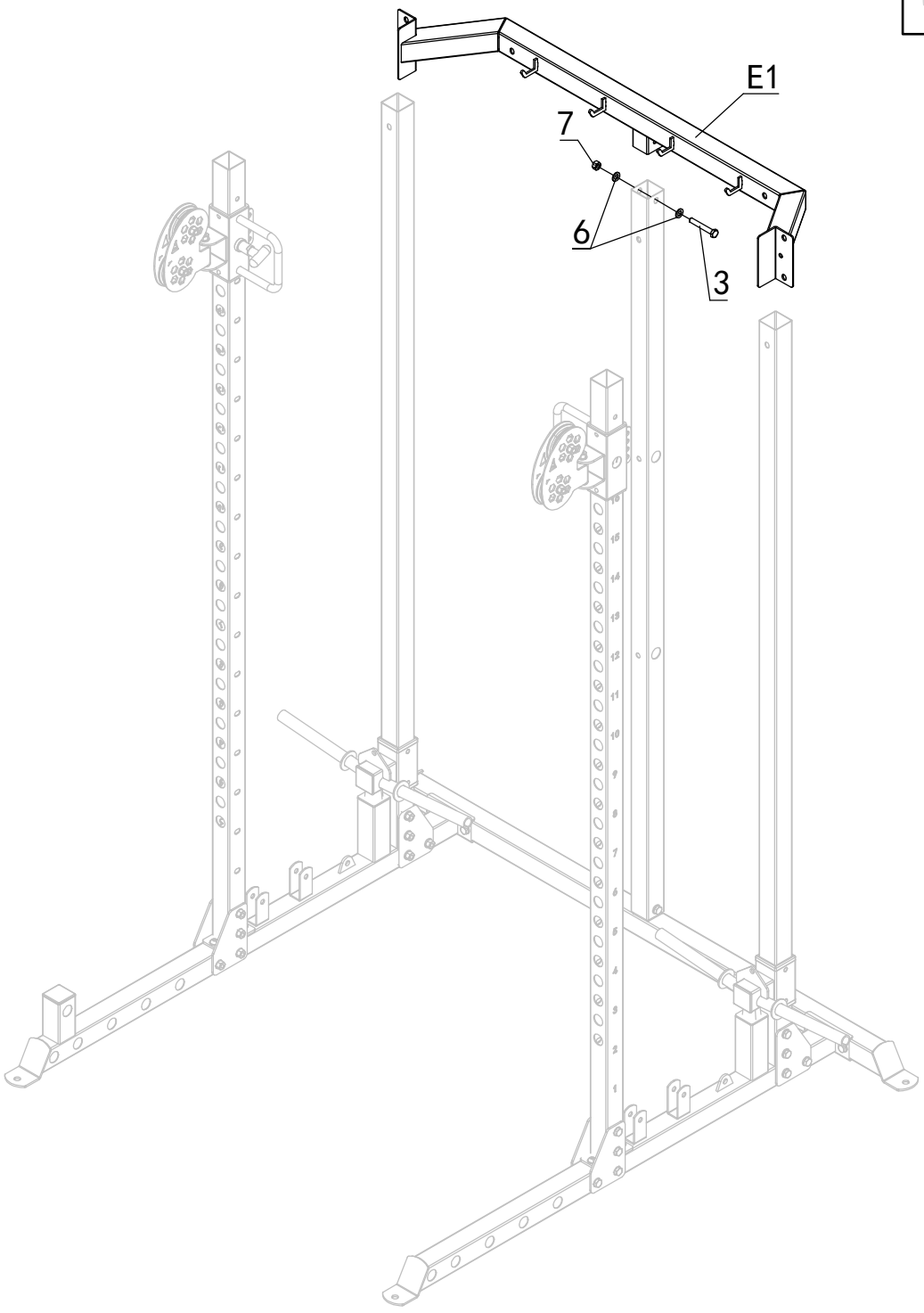




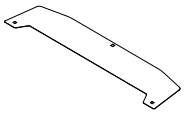
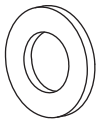
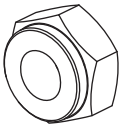
STEP5:

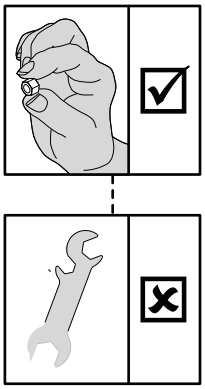
E1.Back Beam 1 PC	3、 BOLT(M10X65) 1 PC	6、Washer(M10X ϕ 20) 2 PCS	7、Locknut(M10) 1 PC
			

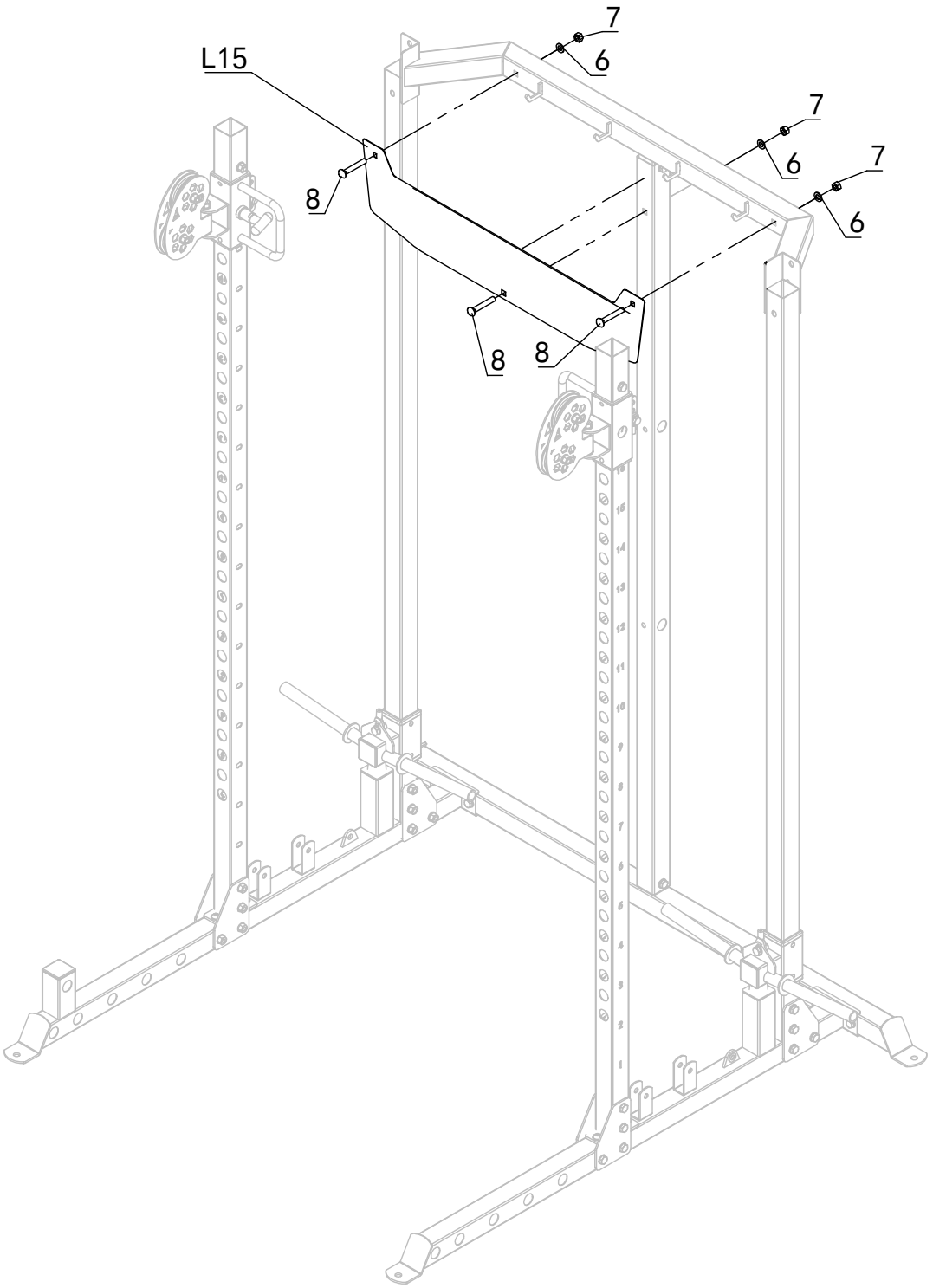




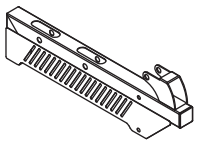
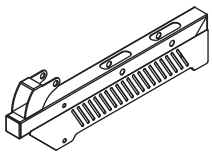
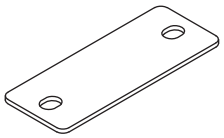
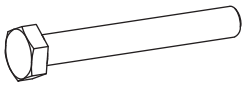
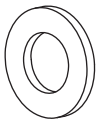
STEP6:

L15、logo plate 1 PC	8、Square Neck Screw(M10X65) 3 PCS	6、Washer(M10X ϕ 20) 3 PCS	7、Locknut(M10) 3 PC
			

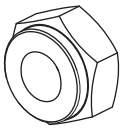


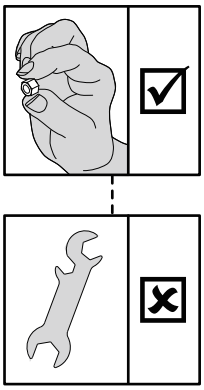


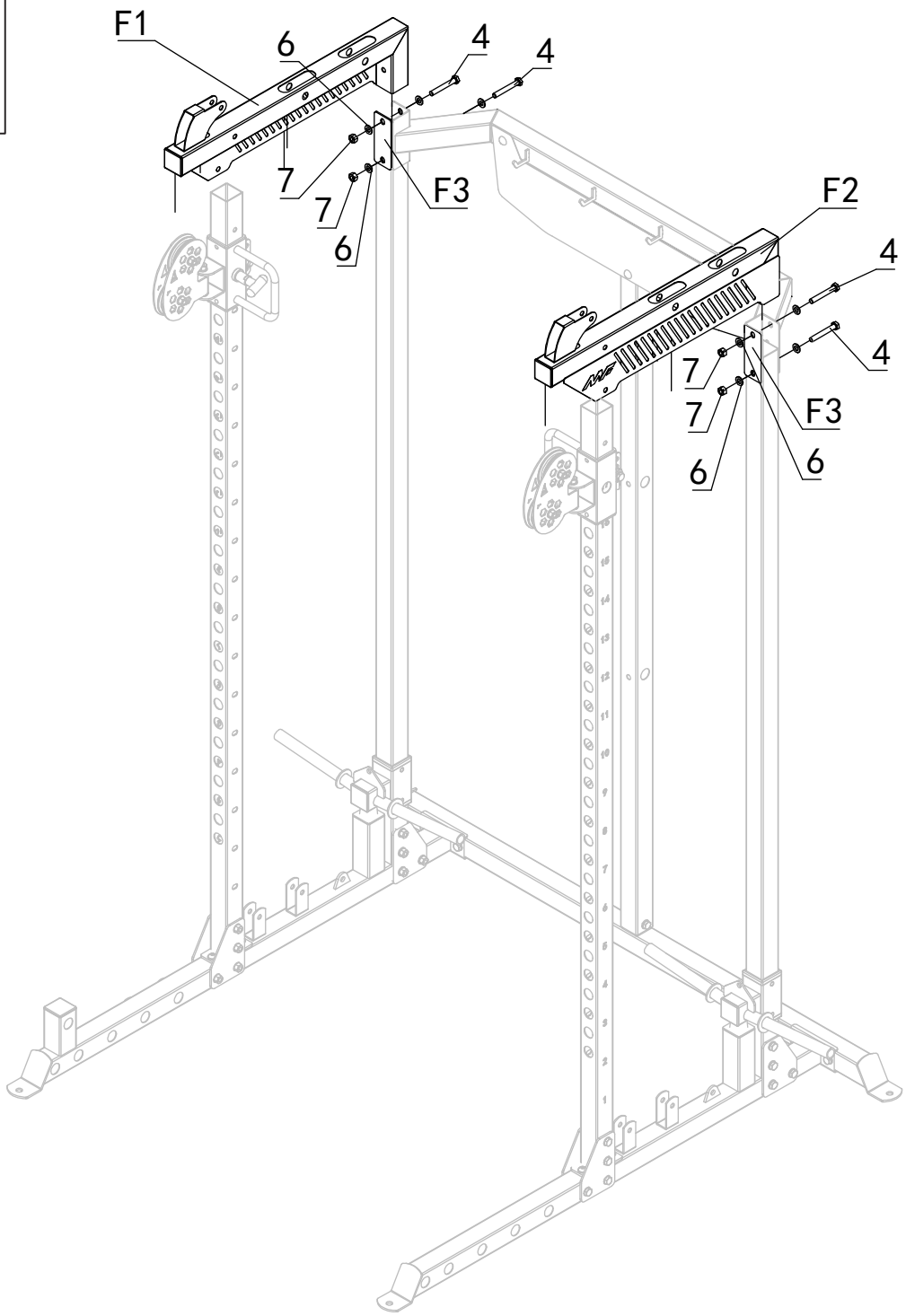
STEP7:

F1.Right Beam 1 PC	F2.Left Beam 1 PC	F3.Connecting Piece 2 PCS	4、 BOLT(M10X70) 4 PCS	6、Washer(M10X ϕ20) 8 PCS
				

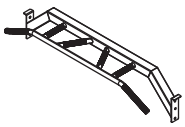
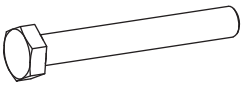
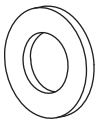
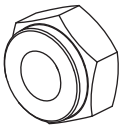
7、Locknut(M10) 4 PCS

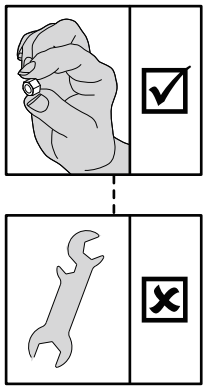


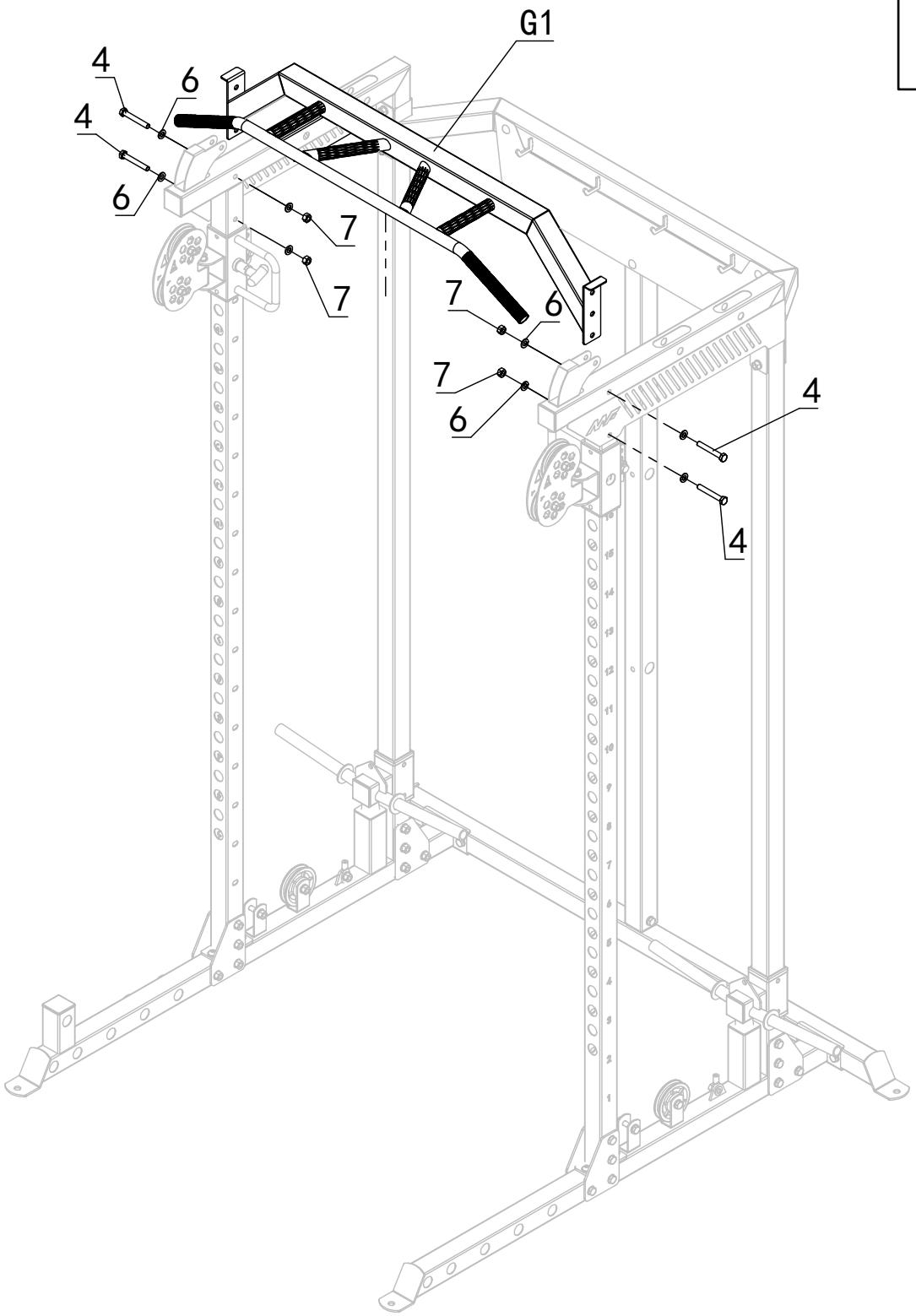




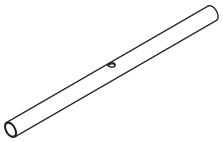
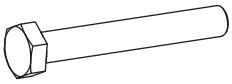
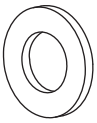
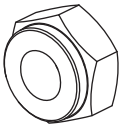
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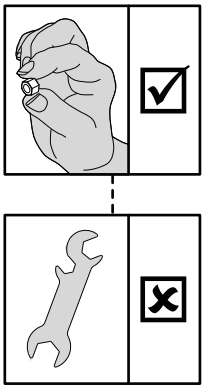
G1.Pull-Up Frame 1 PC	4、 BOLT(M10X70) 4 PCS	6、Washer(M10X ϕ 20) 8 PCS	7、Locknut(M10) 4 PCS
			

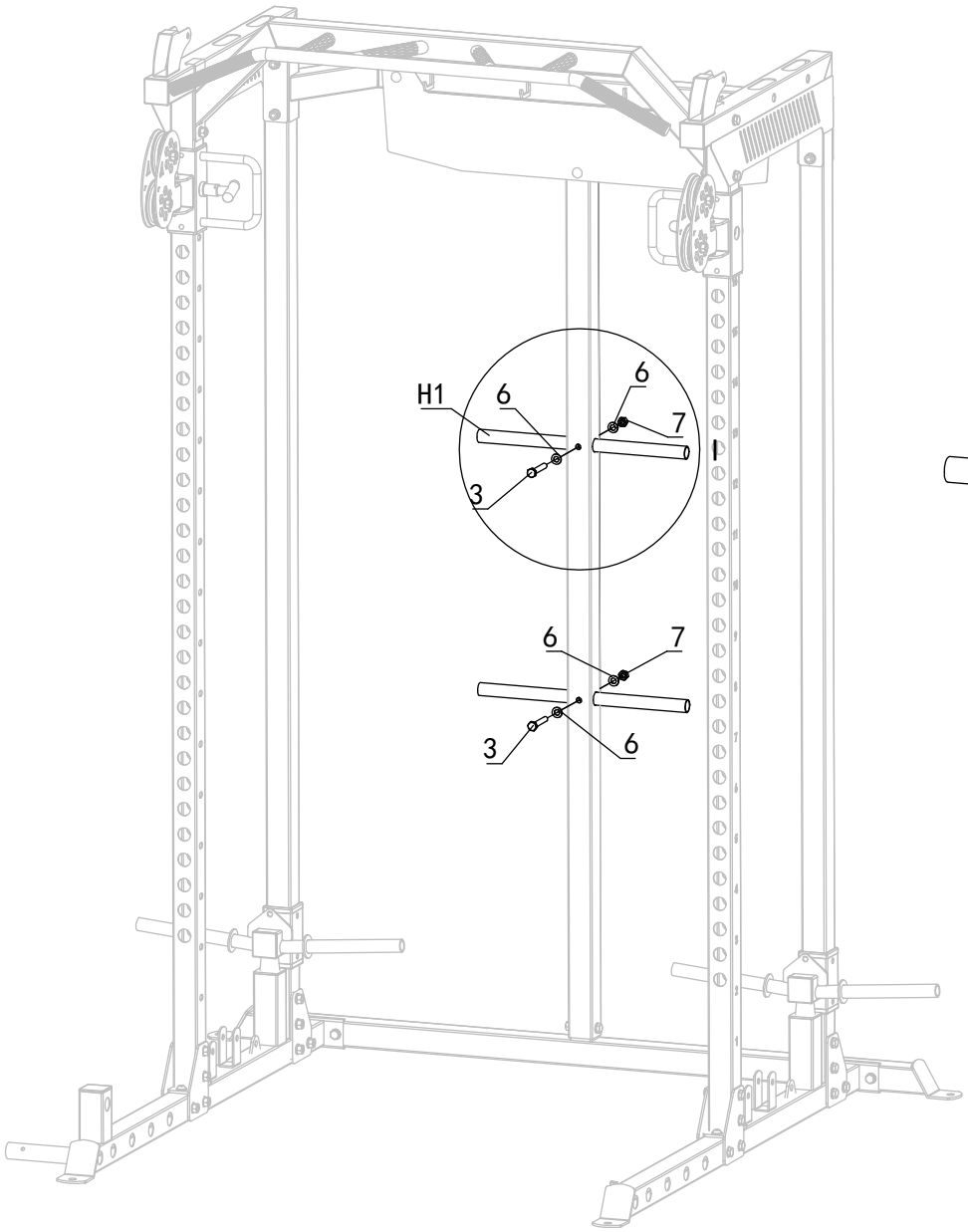


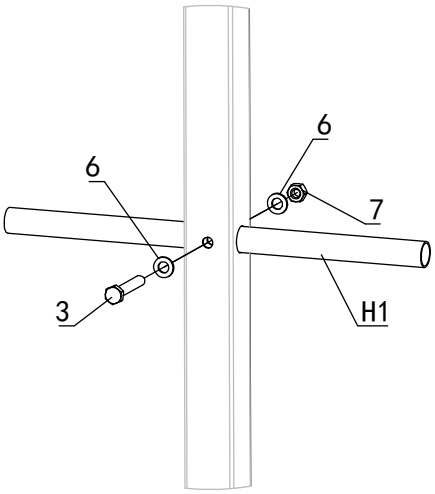


STEP9:

H1.Weight Storage Pin 2 PCS	3、 BOLT(M10X65) 2 PCS	6、Washer(M10X ϕ20) 4 PCS	7、Lock Nut (M10) 2 PCS
			

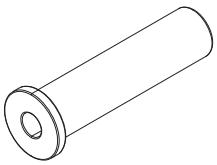


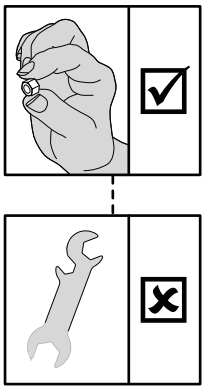


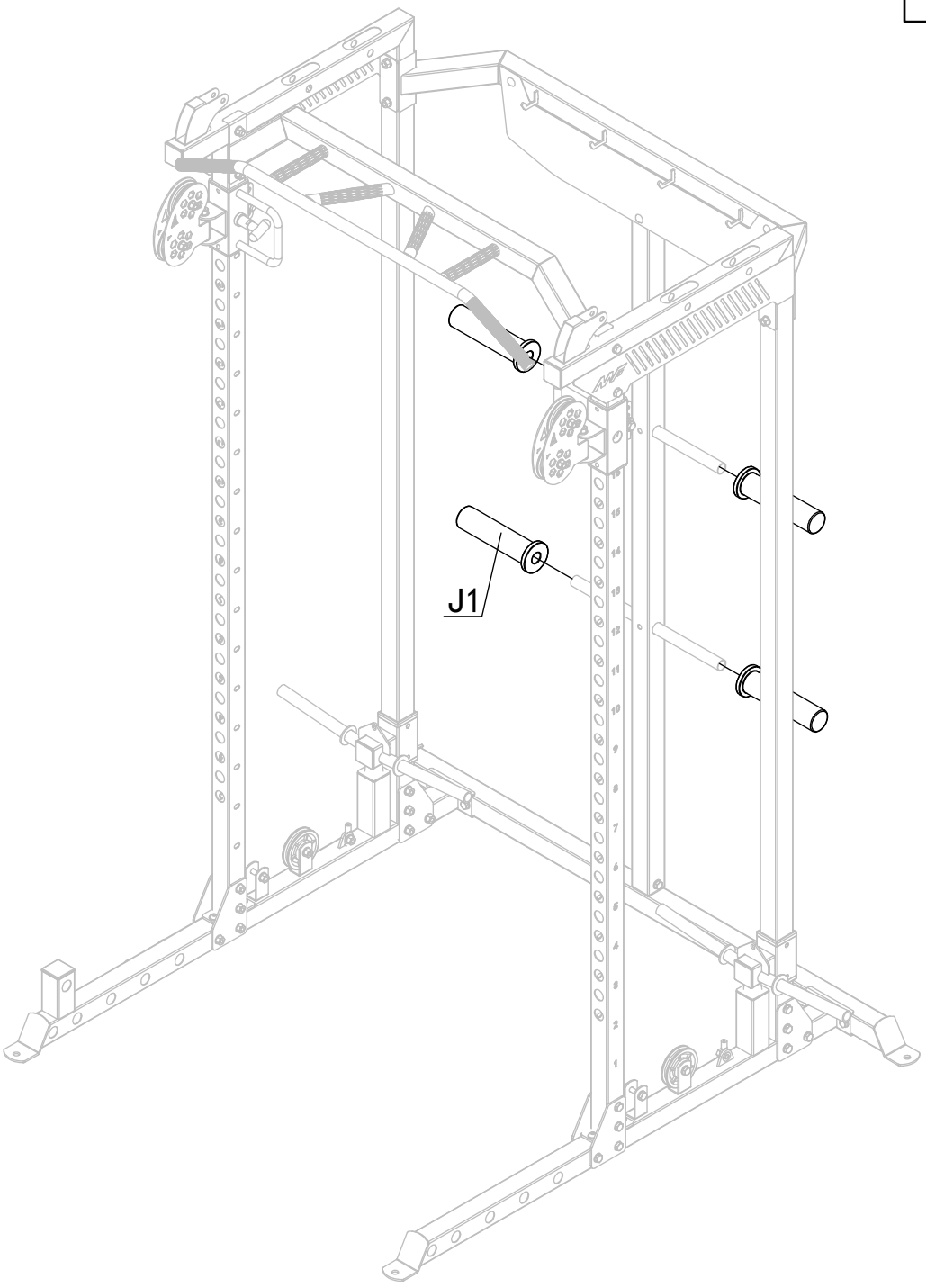


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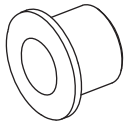
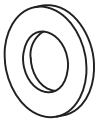
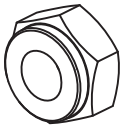
J1 Plastic Sleeve 4 PCS

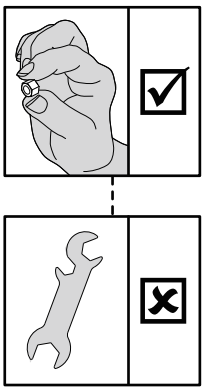


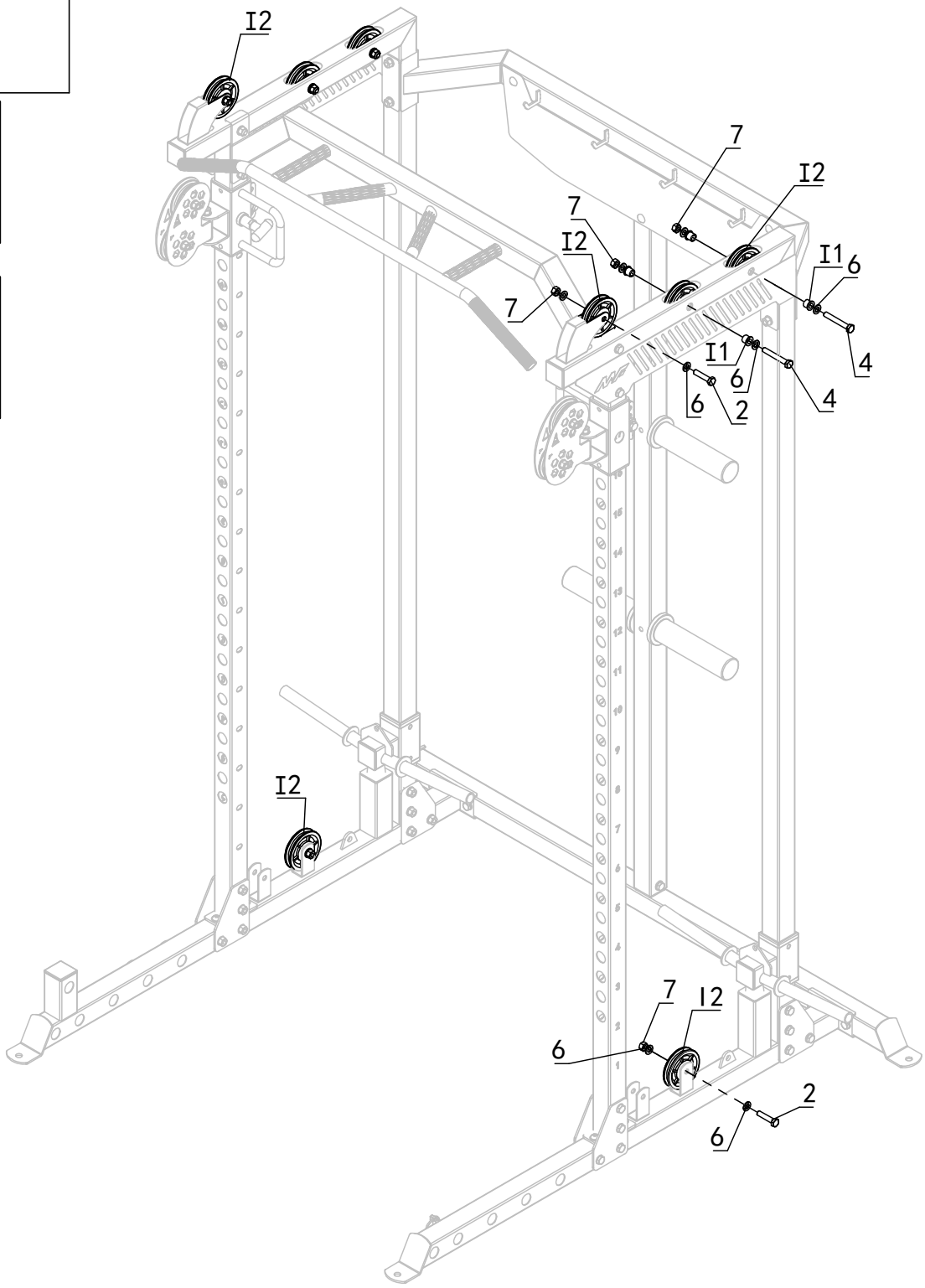




STEP11:

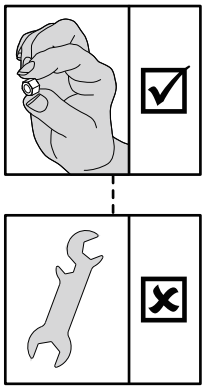
I1. Bushing 8 PCS 	I2. Pulley 8 PCS 	2、 BOLT(M10X45) 4 PCS 	4、 BOLT(M10X70) 4 PCS 	6、Washer(M10X ϕ 20) 16 PCS 
7、Locknut(M10) 8 PCS 				

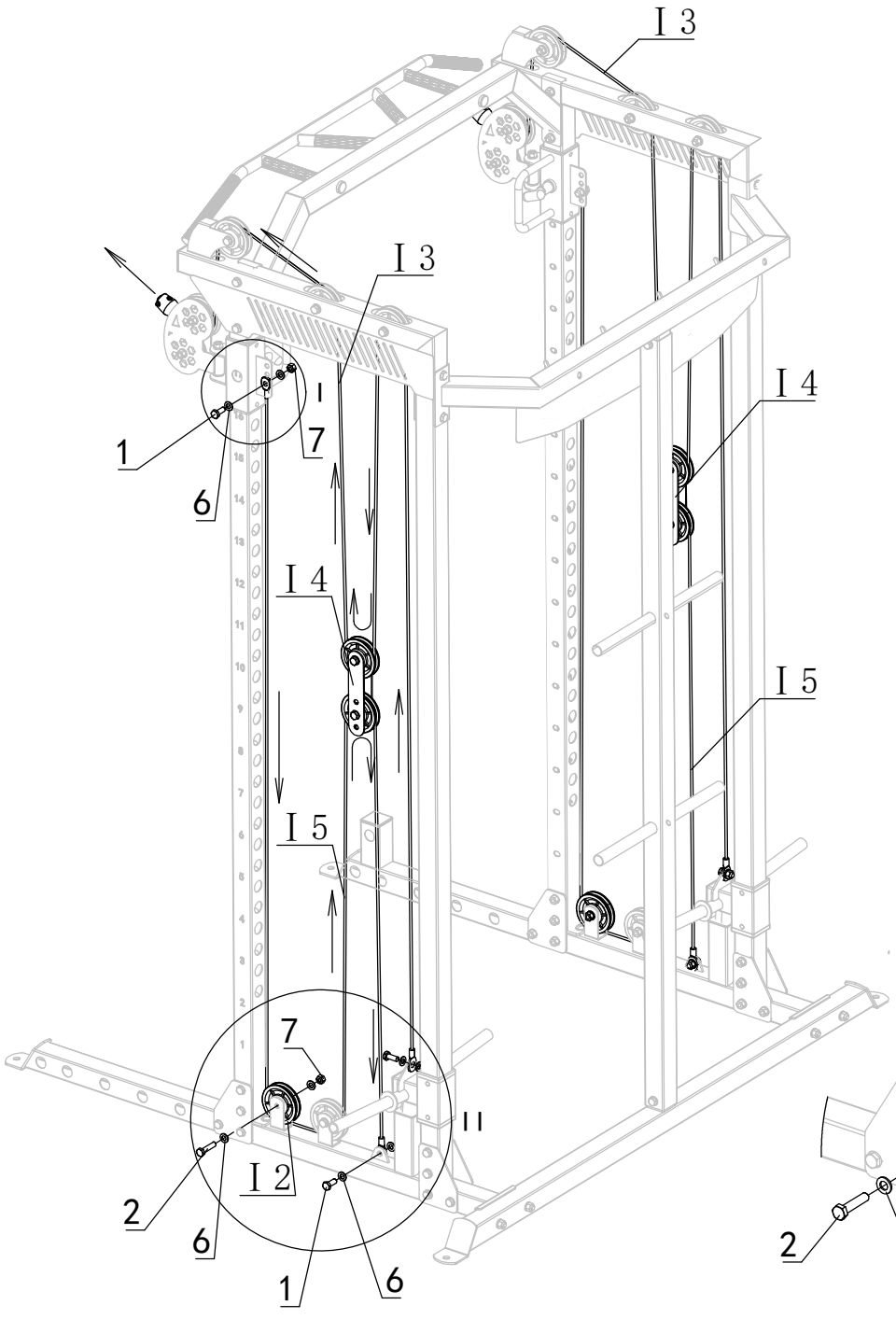


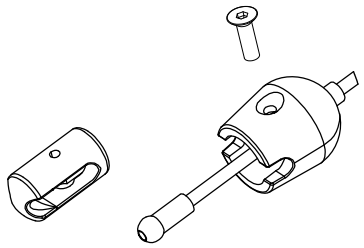


STEP12:

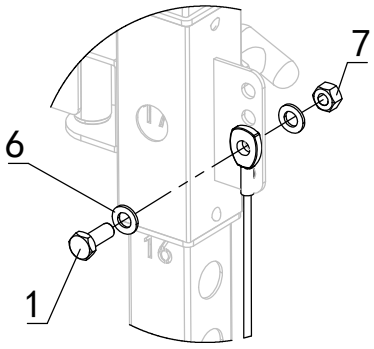
I2.Pulley 2PCS	I3.Cable A 2 PCS	I4.Double Pulley Set 2 PCS	I5.Cable B 2 PCS	6、Washer(M10X ϕ 20) 16 PCS
7、Locknut(M10) 8 PCS	1.Bolt(M10×25) 6 PCS	2、 BOLT(M10X45) 2 PCS		



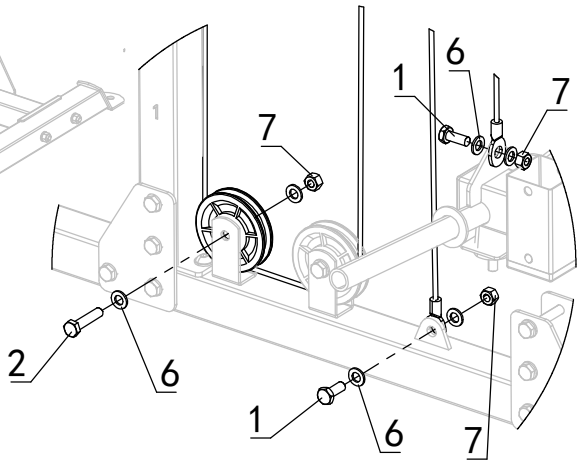




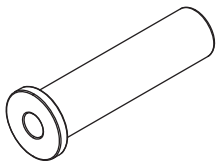
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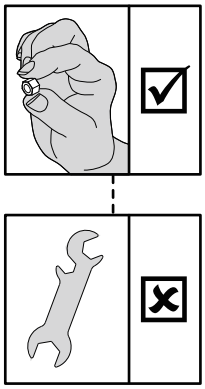


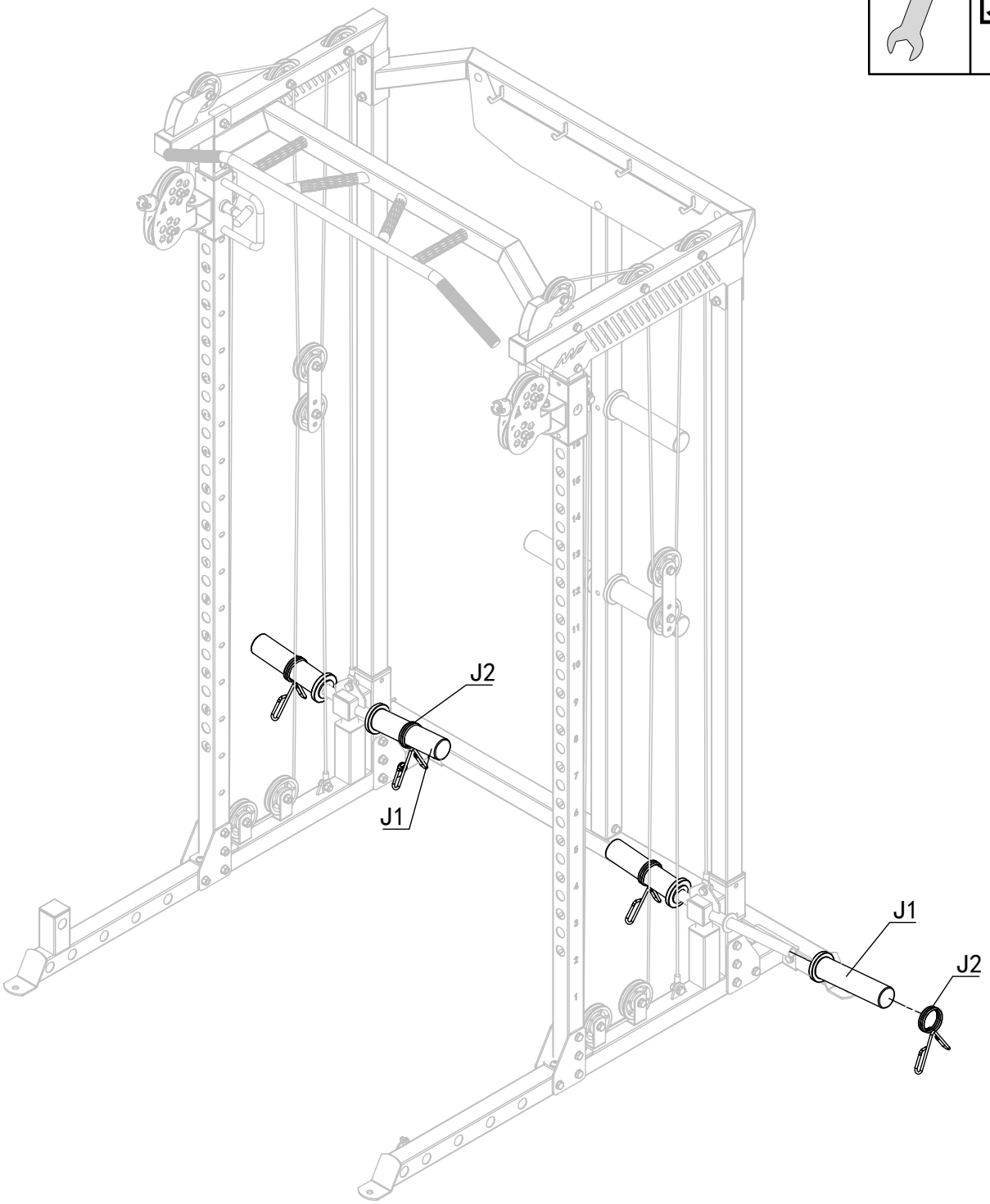
II 1 : 8



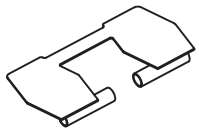
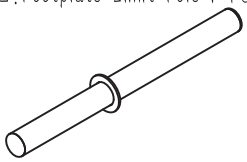
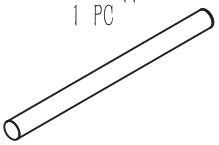
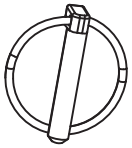
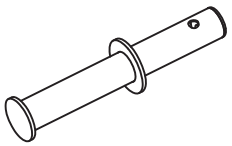
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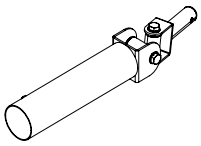
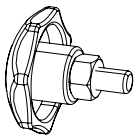
J1.Plastic Sleeve 4 PCS	J2.Weight Holder Clip 4 PCS
	

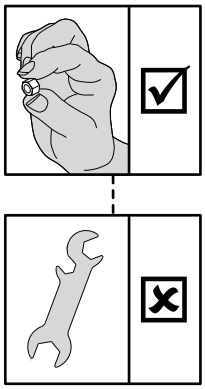


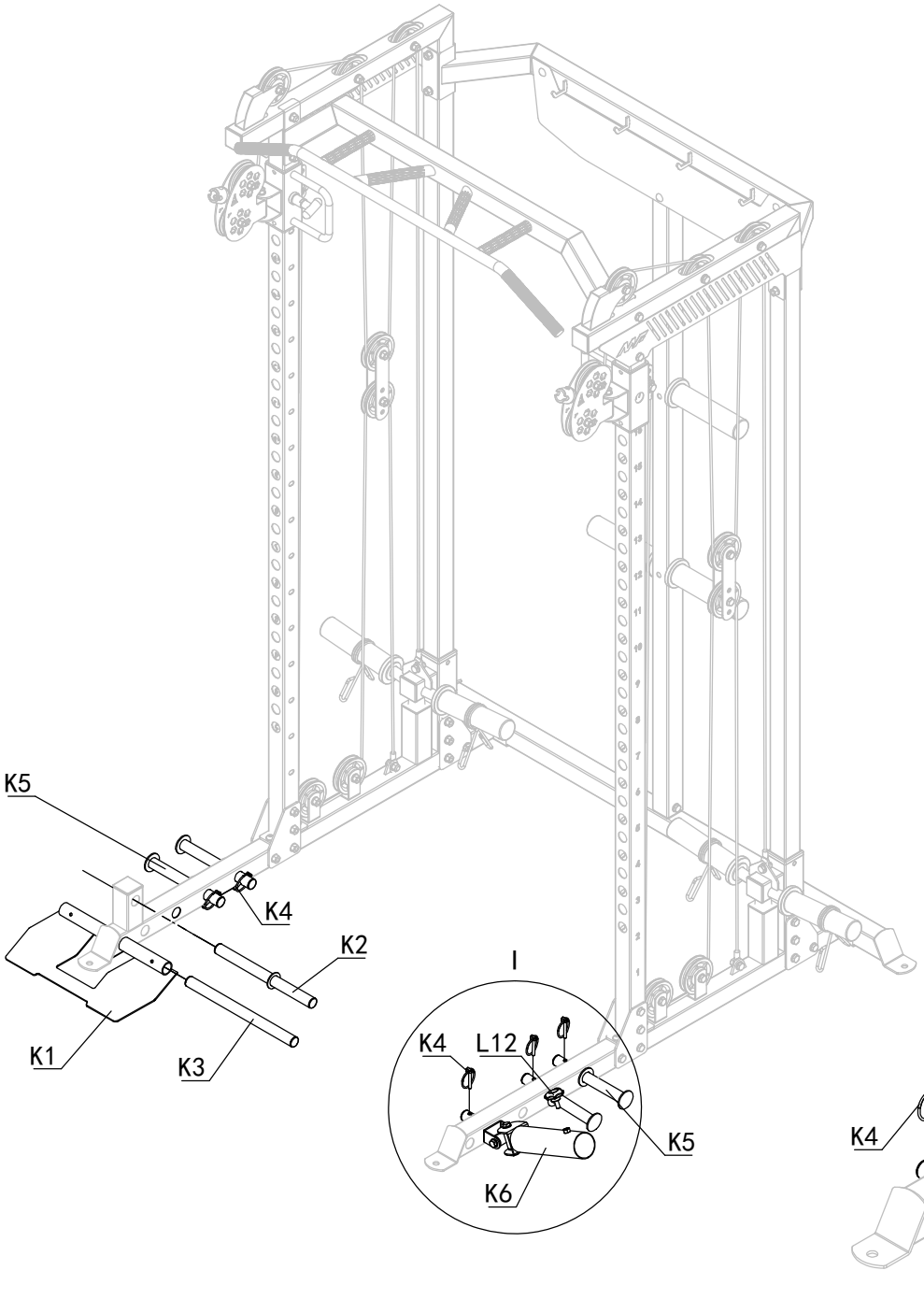


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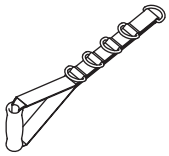
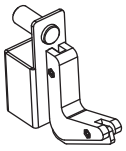
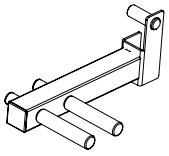
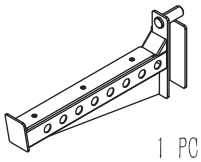
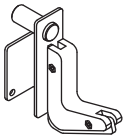
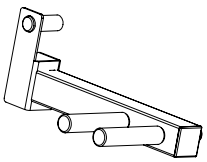
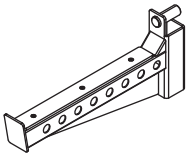
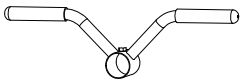
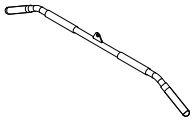
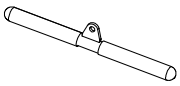
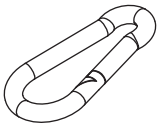
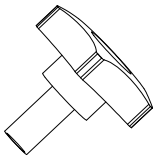
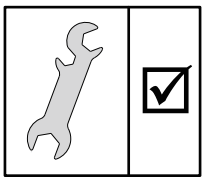
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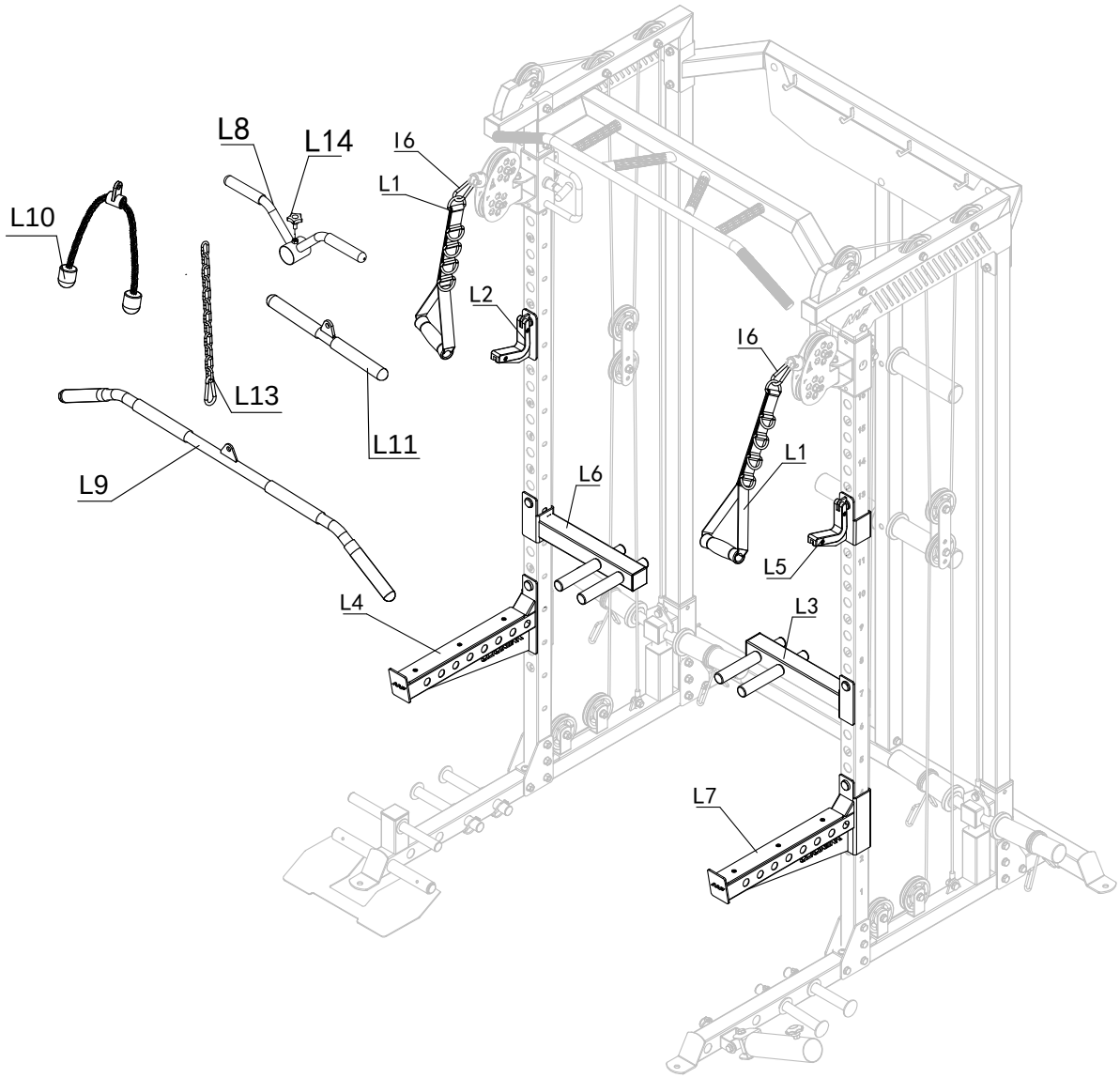
K6.Landmine 1 PC	L12、Knob 1 PC
	



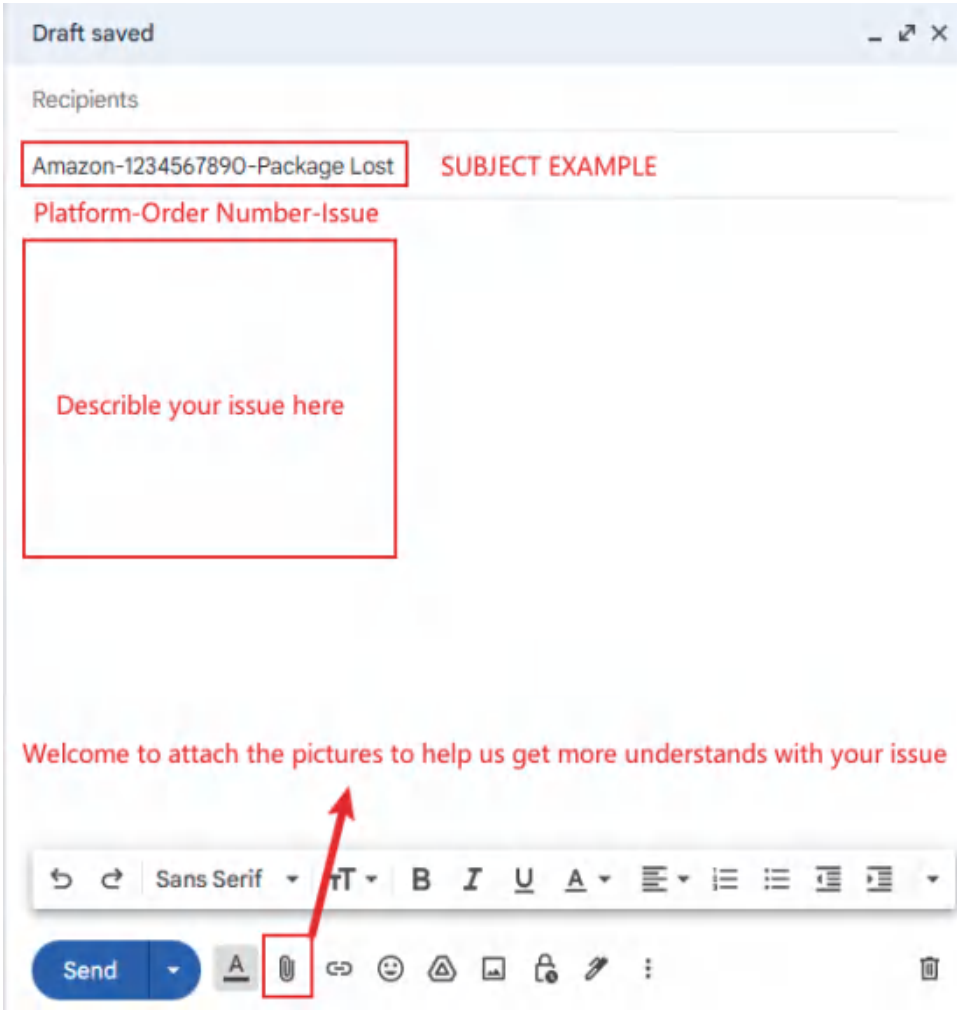


STEP15:

L1.Cable Handle 2 PCS 	L2.J Hook Right 1 PC 	L3.Dip Bar Right 1 PC 	L4.Safety Catch Right  1 PC	L5.J Hook Left 1 PC 
L6.Dip Bar Left 1 PC 	L7.Safety Catch Left 1 PC 	L8.T Bar 1 PC 	L9.Lat Pull—Down Bar 1 PC 	L10.Tricep Rope 1 PC 
L11.Cable Bar 1 PC 	I6.CLip 3 PCS 	L13 Handle Chain1 PC 	L14 Plum blossom knob 	



FORMAT OF AFTER-SALE EMAIL



Welcome to send us some pictures to describe your problem, which will help us better and faster understand your current situation, and thus provide you with the best solution.

The machine you ordered has been carefully inspected and is fully guaranteed to be in perfect working order. This lifetime warranty covers missing parts, damaged parts, package lost, all manufacturing and mechanical defects, excluding malfunctions or deterioration resulting from accidents or negligence. with this card, you are entitled to obtain service at any platform, such as Amazon, Walmart, and our own website.

Please provide your Platform and Order Number to us in the email subject.

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