

teamson

Assembly & User Guide: Zealfeel 9-Hole Baseball Pitching Net Pro

Model: ZF10-A-V2

Master your control with the **9-Pocket Pitching Net Pro**. Featuring a realistic 20" x 30" strike zone, this trainer functions as your personal catcher, securely holding balls so you can focus on your fastballs, curveballs, and sliders.

Package Contents

Ensure your pro-level kit is complete:

- **1 x 9-Pocket Strike Zone Net** (7-ply knotless netting)
- **1 x Reinforced Steel T-Frame**
- **1 x Home Plate**
- **1 x Pitching Rubber**
- **Training Balls**
- **Ground Stakes & Sandbags** (for dual-surface stability)
- **1 x Heavy-Duty Carry Bag**

Assembly Instructions

Step 1: Frame Setup

Unfold the reinforced steel T-frame on a level surface. The frame is designed for a **one-minute, tool-free setup**. Connect the base legs to the vertical supports, ensuring the locking pins snap into place.

Step 2: Adjust the Height

This trainer features **5-level height adjustment** to grow with the player. Locate the adjustment notches on the vertical poles and set the strike zone to the appropriate level for the pitcher's age and height.

Step 3: Secure the Net

Attach the 7-ply tear-resistant netting to the frame. The 9-pocket grid should be taut. Ensure the **PVC foam-coated mesh** is positioned correctly—this coating is engineered to be 80% more durable and protects the frame from high-velocity impact.

Step 4: Establish the Pitching Lane

To create a realistic practice environment:

1. Place the **Home Plate** directly in front of the net.
2. Measure the regulation distance for your league and place the **Pitching Rubber** at the opposite end.

Step 5: Anchor for Stability

- **Outdoor (Grass/Dirt):** Use the included **Ground Stakes** to pin the T-frame.
- **Indoor (Gym/Garage):** Use the included **Sandbags** to weight the base, preventing the net from shifting during high-speed throws.

Training Drills: The 9-Pocket System

The 9-pocket grid is designed to help you "paint the corners."

- **The "Around the Clock" Drill:** Aim for pocket #1 (top left), then #3 (top right), #9 (bottom right), and #7 (bottom left).
- **Breaking Ball Practice:** Aim for the bottom pockets (#7, #8, #9) to practice keeping curveballs low in the zone.
- **Control Challenge:** Have a partner call out a number 1–9 just before your wind-up to test your reaction and placement accuracy.

Care & Maintenance

- **Impact Protection:** The reinforced steel and PVC foam are built for high-impact use, but periodically check the 1.75" knotless netting for any signs of wear to ensure balls remain securely in the pockets.
- **Portability:** After practice, the unit folds flat in seconds. Store it in the carry bag to protect the nylon components from unnecessary UV exposure when not in use.