

**The following information is provided for your information only and may not be construed as medical advice or instruction. No action or inaction should be taken based solely on the contents of this information. Individuals should consult appropriate health professionals on any matter relating to their health and well-being. Individual results and reactions to different colors may vary. Golden Designs Inc does not recommend any particular treatment and in all cases recommends that you consult your physician.**

### **Red LED Light**

Red light has the ability to reach down into all the layers of the skin where it rejuvenates, stimulates collagen production, prompts cellular repair, and increases circulation promoting a more vibrant and youthful complexion. Red and infrared LED lights work synergistically to deliver optimal skin rejuvenation. This combination of LED lights is ideal for deeper lines and wrinkles, scarring, and promoting a more even skin tone.

### **Orange LED Light**

Orange light helps to revitalize the skin. It has been shown to bring vitality to full and lifeless complexions. Orange light is good for bringing a glow to the skin for special occasions. In addition, the orange light promotes cheerfulness and mental clarity.

### **Yellow LED Light**

Yellow light reduces the appearance of redness, swelling, and inflammation. This color of light is beneficial for rosacea and treating burns such as sunburns. The yellow light also promotes positivity and spirituality.

### **Green LED Light**

Green light is absorbed into the skin where it has a calming effect. It helps to lighten hyper-pigmentation spots revealing a brighter complexion. The calming effect also has anti-inflammatory properties that soothe the surface of the skin. The green light fights the “winter blues” and Seasonal Affective Disorder.

### **Blue LED Light**

Blue light has been proven to have powerful anti-bacterial properties that have the ability to kill the acne causing bacteria. It prevents and treats mild to moderate acne. Blue light also helps to purify the skin, stabilize oil glands, soothe inflammation, and helps to relieve migraines.

### **Pink LED Light**

Pink light can help relieve grief and sadness. It is also known to help restore youthfulness.

### **Turquoise LED Light**

Turquoise light works as a disinfectant and antiseptic. It can help to tone the general system, helps rebuild skin, and relaxes sensations of stress.

### **Violet/Purple LED Light**

Violet and Purple help to slow down and overactive heart, and can help cure insomnia. It's also known to help detoxification by stimulating the spleen and the white blood cells. In addition, it helps to soothe mental and emotional stress and helps to reduce anxiety. Lastly, it promotes tranquility.