

正面

Kids' indoor trampoline

Instruction Manual

60IN

Ages: 3-8 years

Attention!

Please read this manual carefully before use.

Warning!

Children should not use this product without adult supervision to avoid injury.

背面

Import: ELCJS TRADING INC

Import address: 1500 N GRANT ST STE R, Denver, CO 80203, US

Precautions:

Warning! Children are prohibited from using this product without adult supervision.

Usage Recommendations:

- ◆ Do at least 5 minutes of stretching and bending warm-up exercises before use to prevent body stiffness and reduce the risk of sprains.
- ◆ It is recommended to gradually increase training intensity. Start with once every two days for the first few weeks, then progress to five times per week.
- ◆ Once fully adapted to the training, you may exercise to music or incorporate other training methods, bouncing along with the rhythm.
- ◆ This product is not suitable for pregnant women, individuals with high blood pressure, heart disease, or any physical injuries (e.g., ankle injuries).
- ◆ Before exercising, remove glasses, jewelry, watches, and other sharp metal objects. Do not leave anything in your pockets.
- ◆ Do not use after consuming alcohol. Do not smoke while exercising.
- ◆ Using this product for exercise will increase cardiovascular activity. Please consult your doctor before use.
- ◆ Please use this product correctly. Read this manual carefully before assembling or using the product.
- ◆ When using this product, be sure to wear athletic shoes. Children under 8 years of age must be supervised by a parent or guardian at all times while using the product.

- ◆ Avoid use by two people at the same time, as there is a risk of stepping on each other.
- ◆ When the product is not in use, do not allow children to play on it to ensure safety.
- ◆ Make sure the surrounding area is kept clear for at least 1 meter before use, as bouncing may pose a risk of kicking others.
- ◆ Regularly inspect all parts for signs of significant wear or damage.
- ◆ Before use, always ensure that the product is placed on a stable, flat surface.
- ◆ When using the product, wear appropriate clothing and footwear, such as sportswear and training shoes.
- ◆ Use the product in a clean and dry environment.
- ◆ Avoid storing the product in excessively cold or damp places to prevent corrosion and other related issues.
- ◆ For cleaning, use a damp cloth. Do not use solvent-based cleaners.
- ◆ If you feel dizzy or experience pain during exercise, stop using the product immediately and consult a doctor.

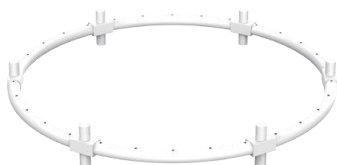
If the product is damaged, broken, or severely worn, do not continue using it until the parts have been replaced.

This product is not suitable for therapeutic or rehabilitation purposes.

User weight limit: within 120 kg.

Installation Instructions::

① Install the base bracket



You can install it with two people

for easier collaboration.

② Install the facing panel



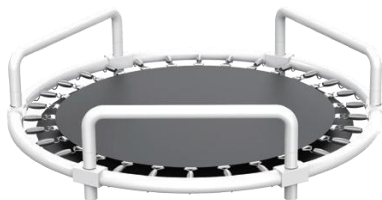
The assembly features one end of the spring hook suspended from the fabric ring and the other end attached to the bracket hole, operable with a pull hook wrench. During installation, follow a diagonal installation sequence: first install the diagonal springs ① and ②, then springs ③ and ④, followed by diagonal springs ⑤ and ⑥ (diagonal installation must be prioritized). During connection, ensure proper alignment.

③ Spring installation complete



After installing the diagonal springs ①–⑥, fully attach all remaining springs.

④ Install the bottom leg tubes



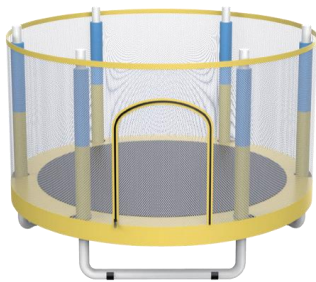
Insert the bottom bracket into the base foot tube (with plastic foot pads installed).

⑤ install a fence



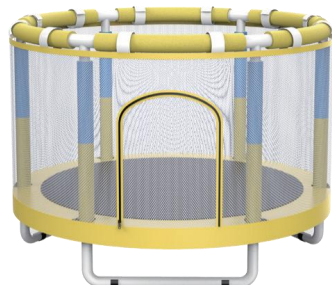
upper support fence posts, brace the fence round pipes

⑥ install the fence netting



Align the mesh with the posts and slide it down into place.

⑦ Install the round upper sleeve.



Fit the upper sleeves together to form a circle, then attach the mesh straps accordingly.

⑧ Install the upper handrail.



Install the single handrail pole opposite to each other as shown in the picture.

Thank you very much for purchasing our products. May our products bring joy and happiness to you and your family!