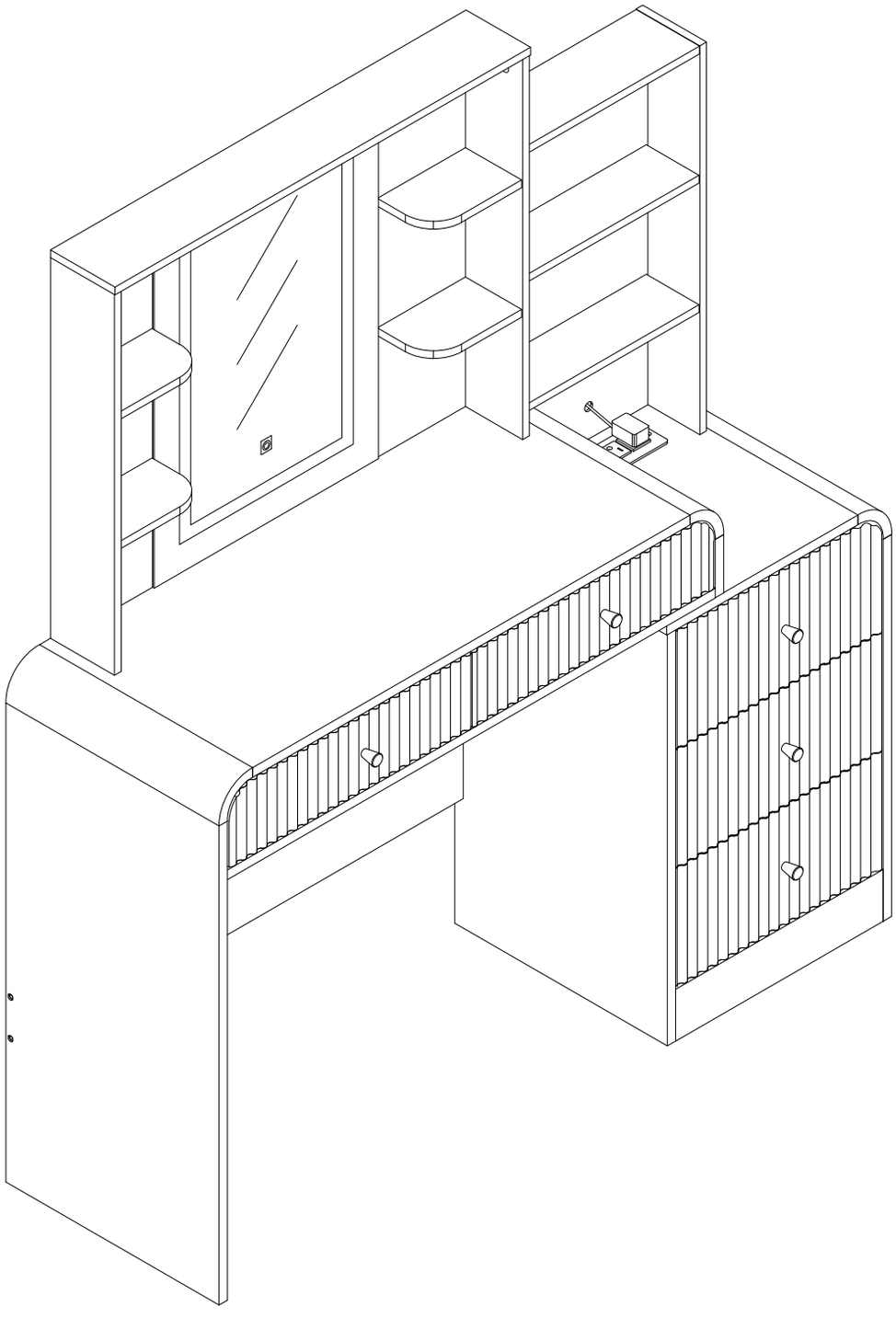
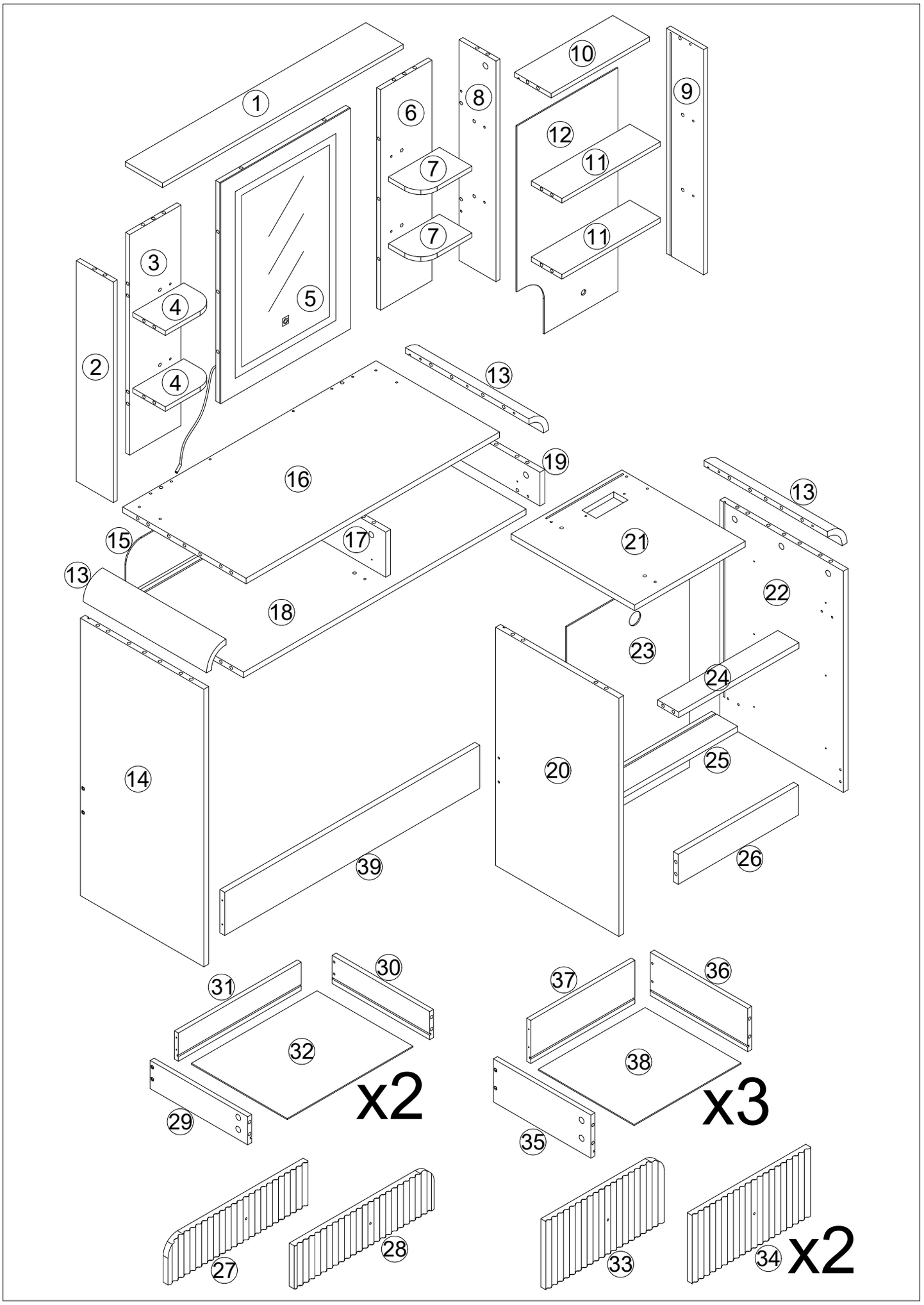
ASSEMBLY INSTRUCTION

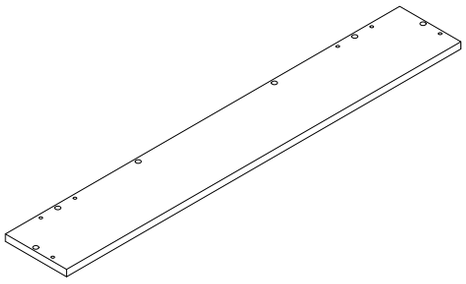
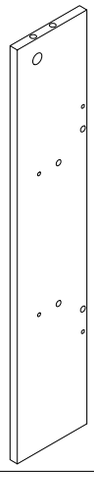
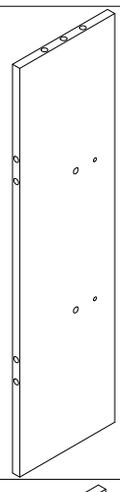
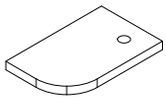
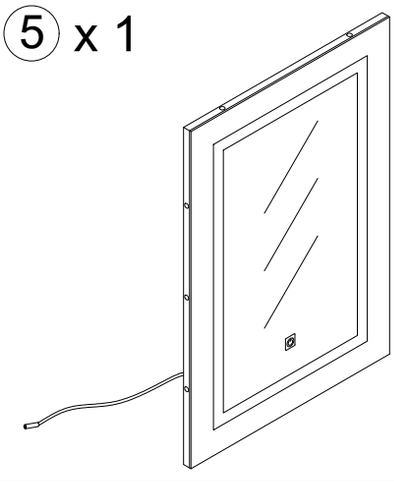
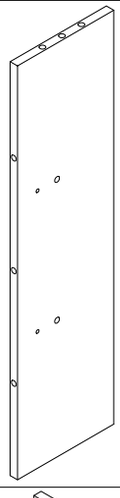
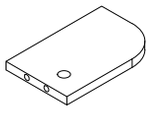
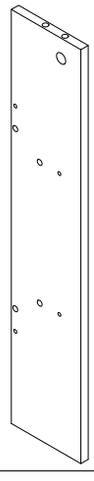
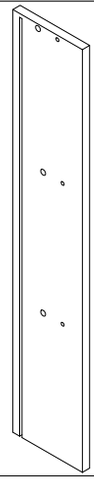
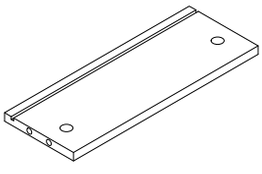
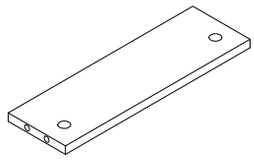
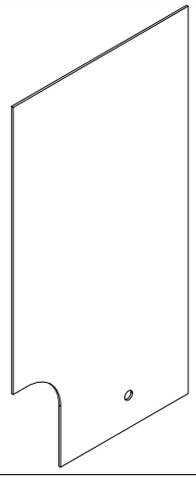


IMPORTANT NOTE:

1.Place all parts on a clean and smooth surface such as a rug or carpet to avoid the parts from being scratched.
2.Before you begin, kindly follow the assembly instruction step by step.
3.Do not tighten all screws and bolts until the bench is fully set-up.
4.Please do not return to store, contact the seller if you have any troubles with this product.

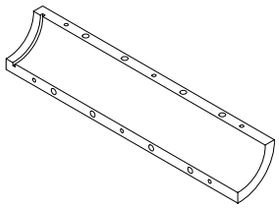

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x2
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x3
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Part List

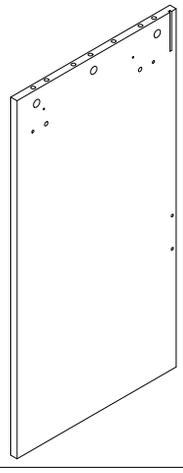
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7 x 2 	8 x 1 	9 x 1 
10 x 1 	11 x 2 	12 x 1 

Part List

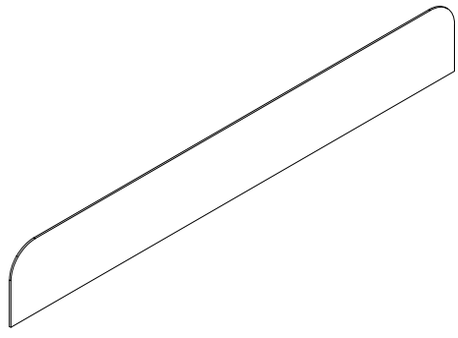
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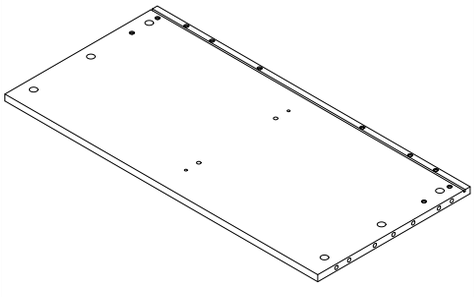
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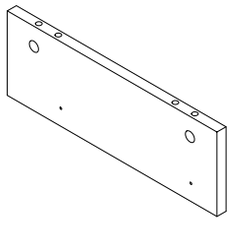
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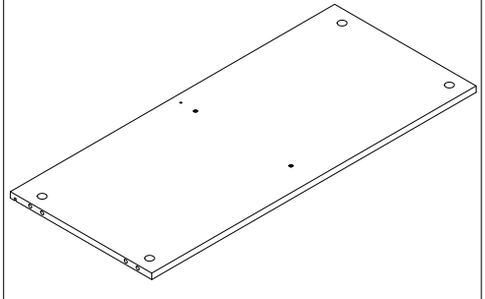
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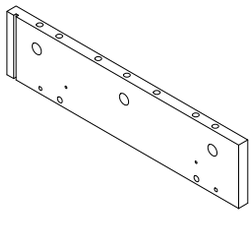
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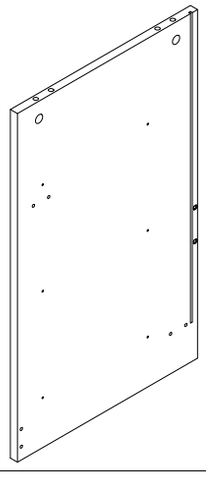
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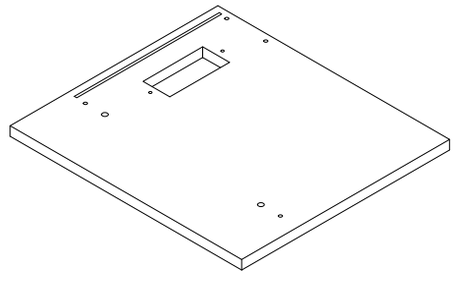
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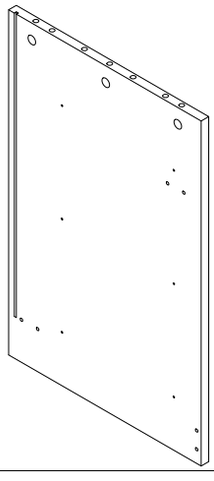
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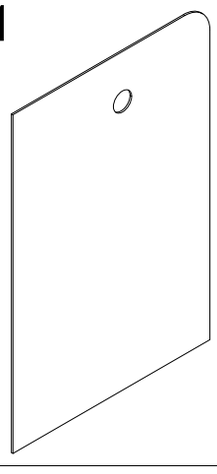
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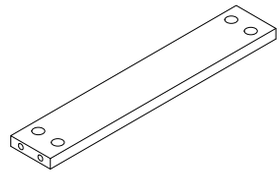
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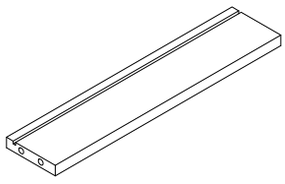
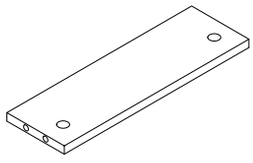
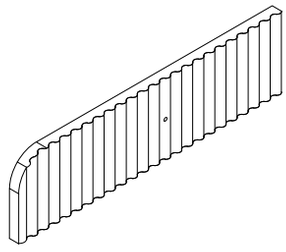
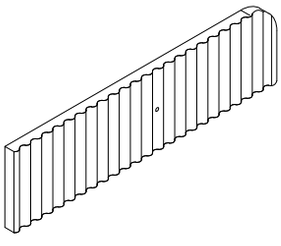
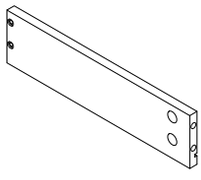
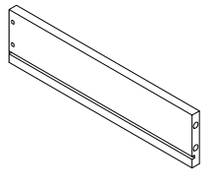
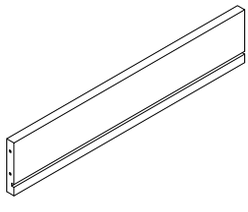
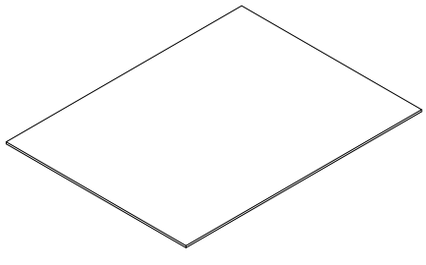
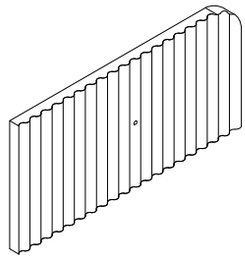
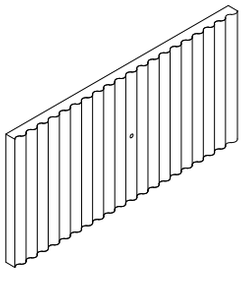
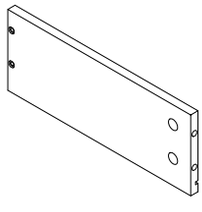
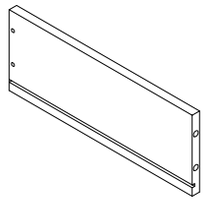
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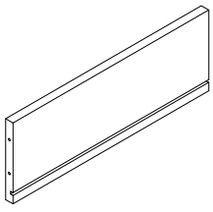
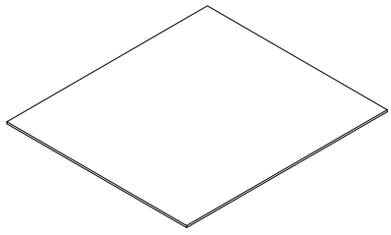
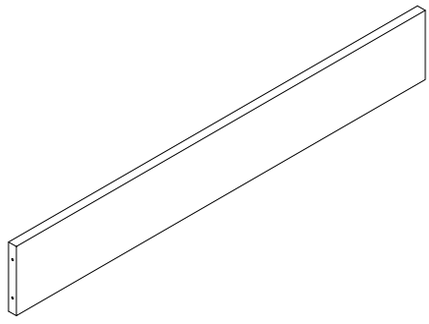
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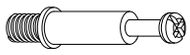
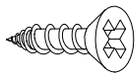
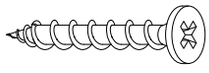
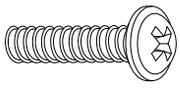
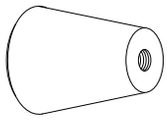
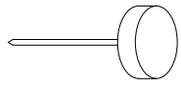
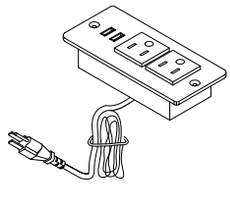
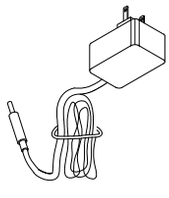
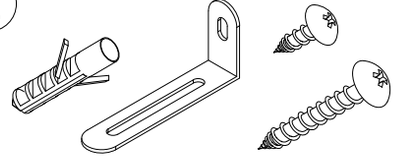
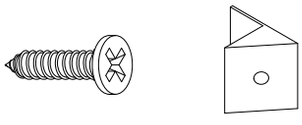
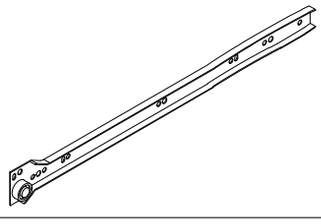
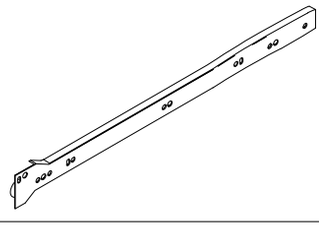
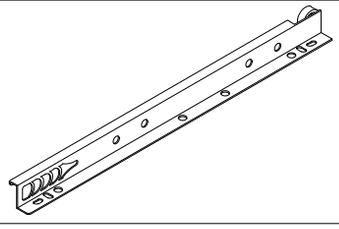
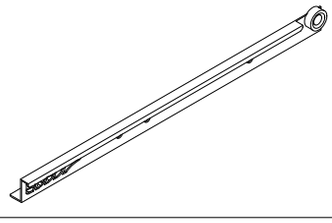
Part List

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34 x 2 	35 x 3 	36 x 3 

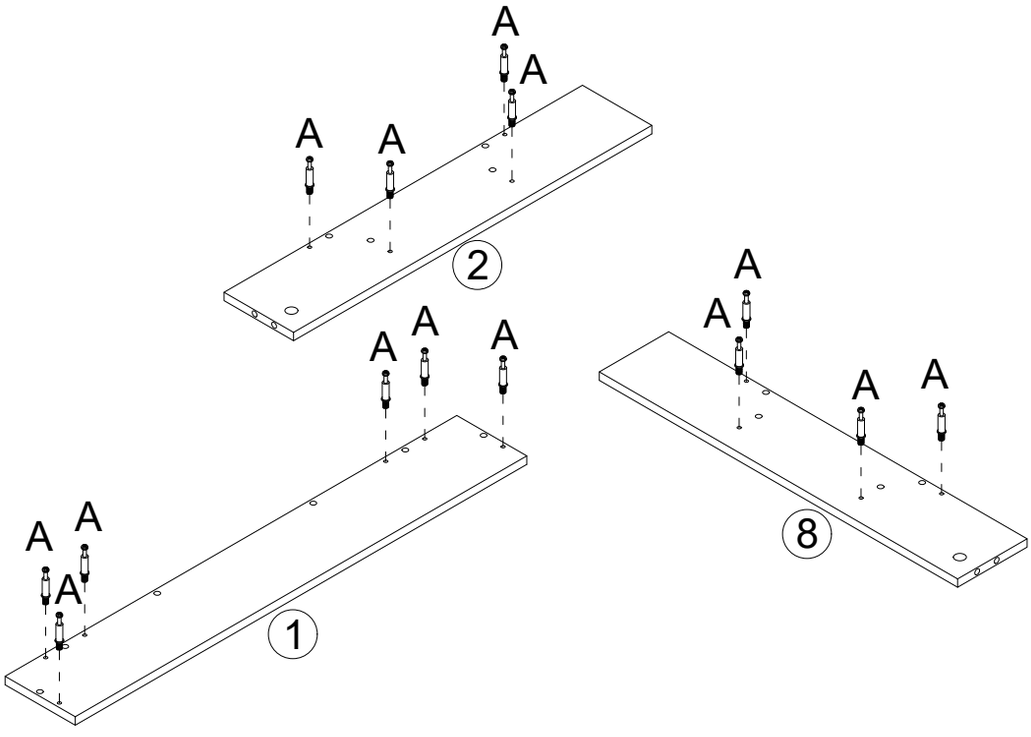
Part List

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Hardware List

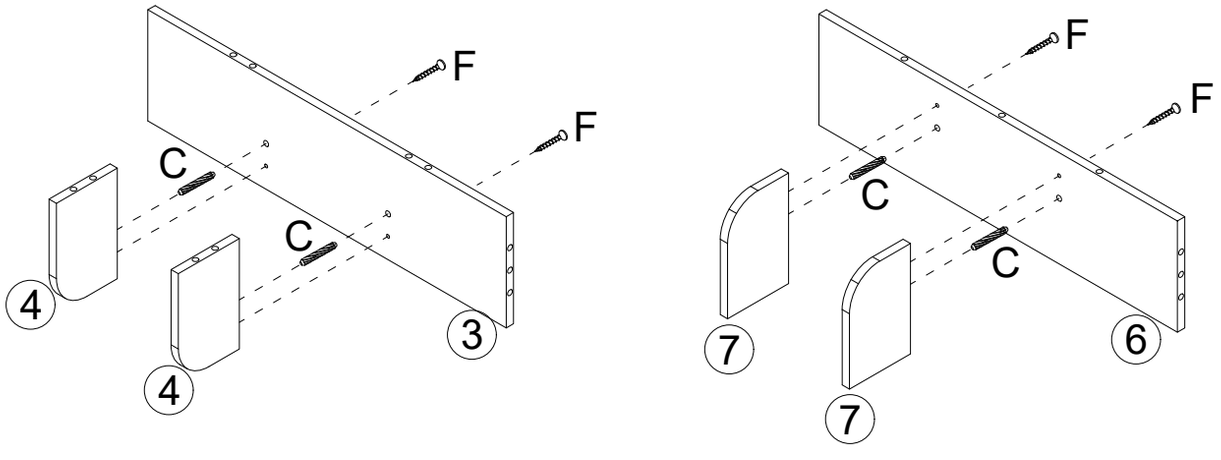
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78+2 PCS	78+2 PCS	62+2 PCS
D  Ø6x50mm	E  M3.5x12mm	F  M4x35mm
6 PCS	42+2 PCS	44+2 PCS
G  M4x20mm	H 	I 
5 PCS	5 PCS	6 PCS
J 	K 	L 
1 PC	1 PC	1 PC
M  M3x14mm	CL 	CR 
10+1 PCS	5 PCS	5 PCS
DL 	DR 	
5 PCS	5 PCS	

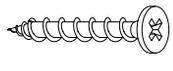
Step 1



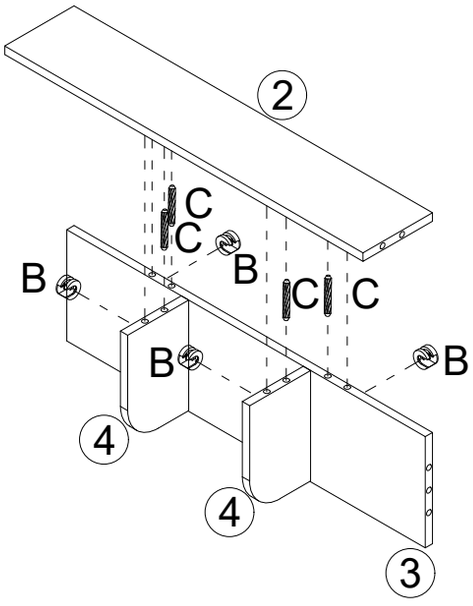
A x 14PCS	

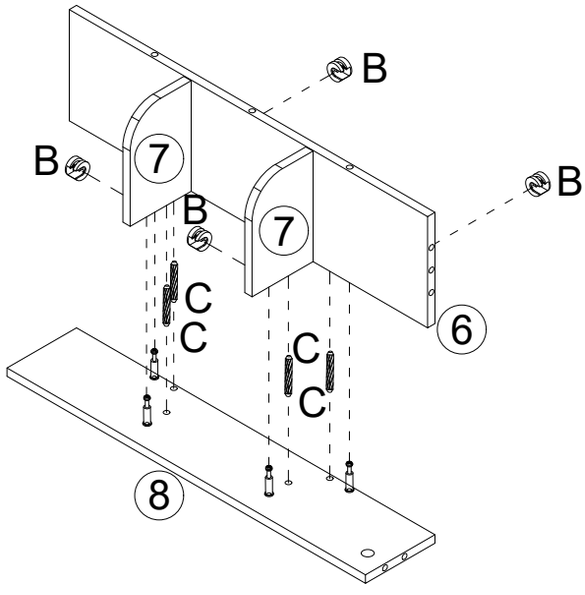
Step 2



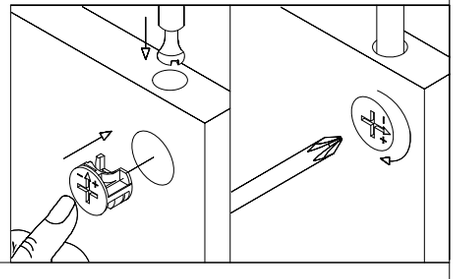
C x 4PCS		F x 4PCS	

Step 3

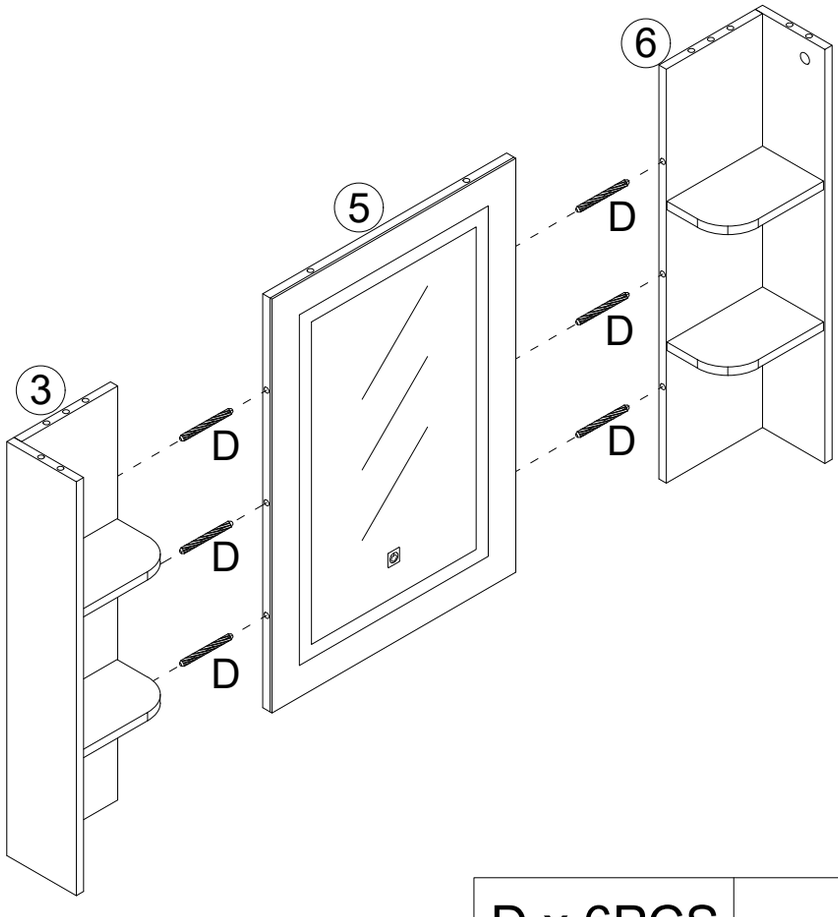




B x 8PCS	
C x 8PCS	

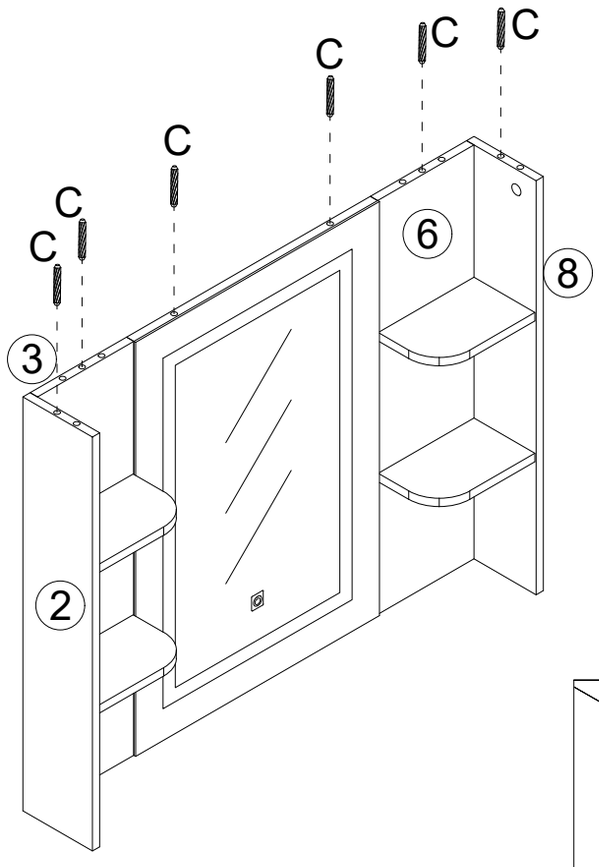


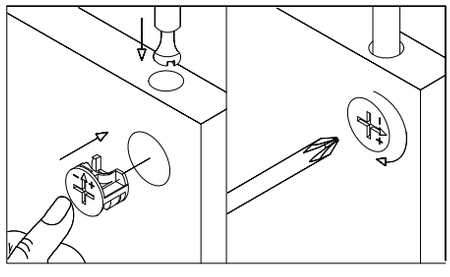
Step 4



D x 6PCS	

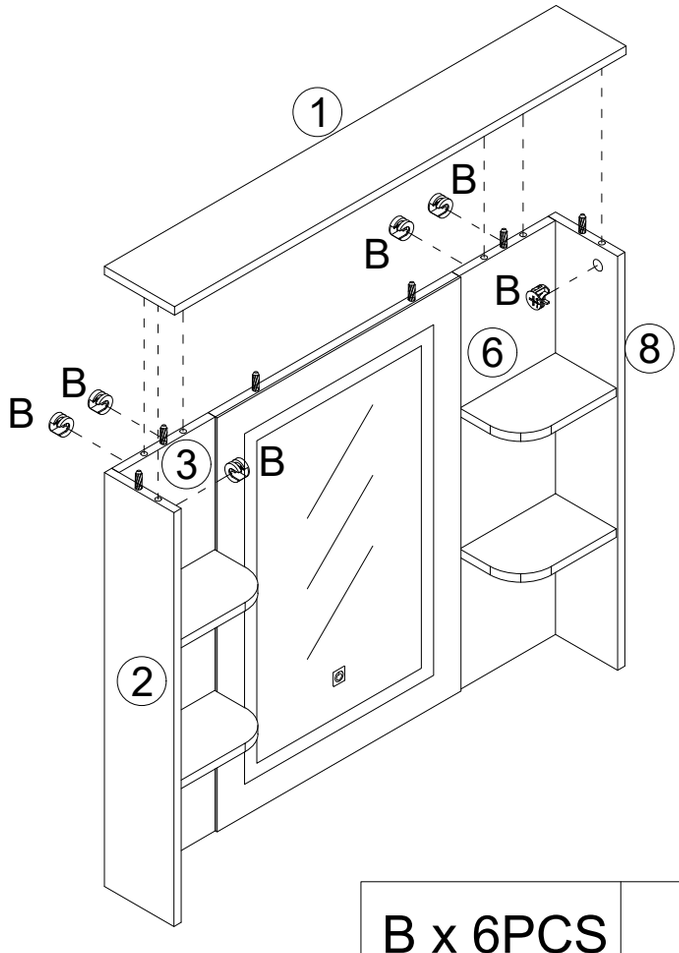
Step 5





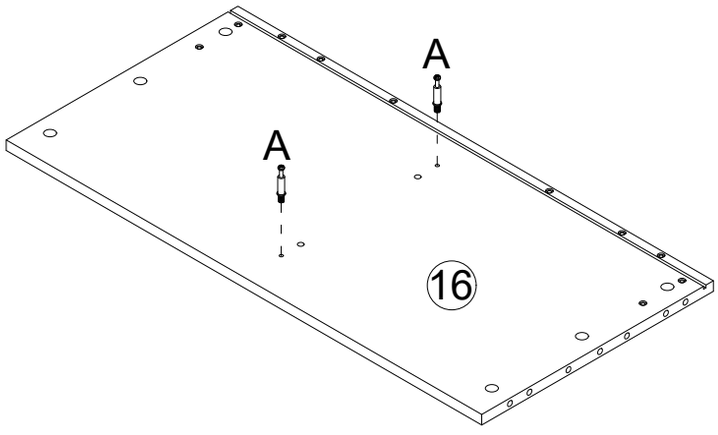
C x 6PCS	

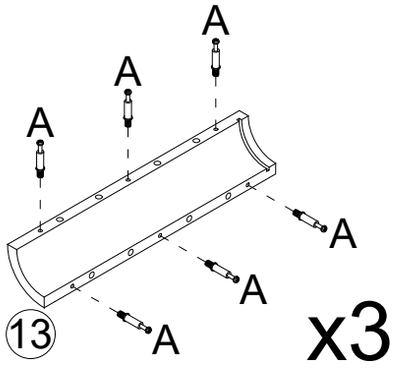
Step 6



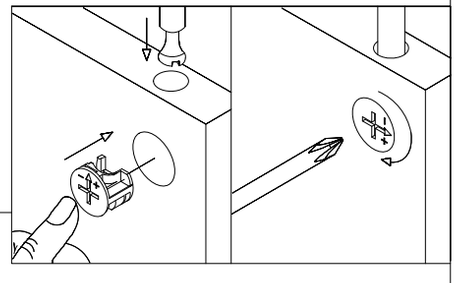
B x 6PCS	

Step 7

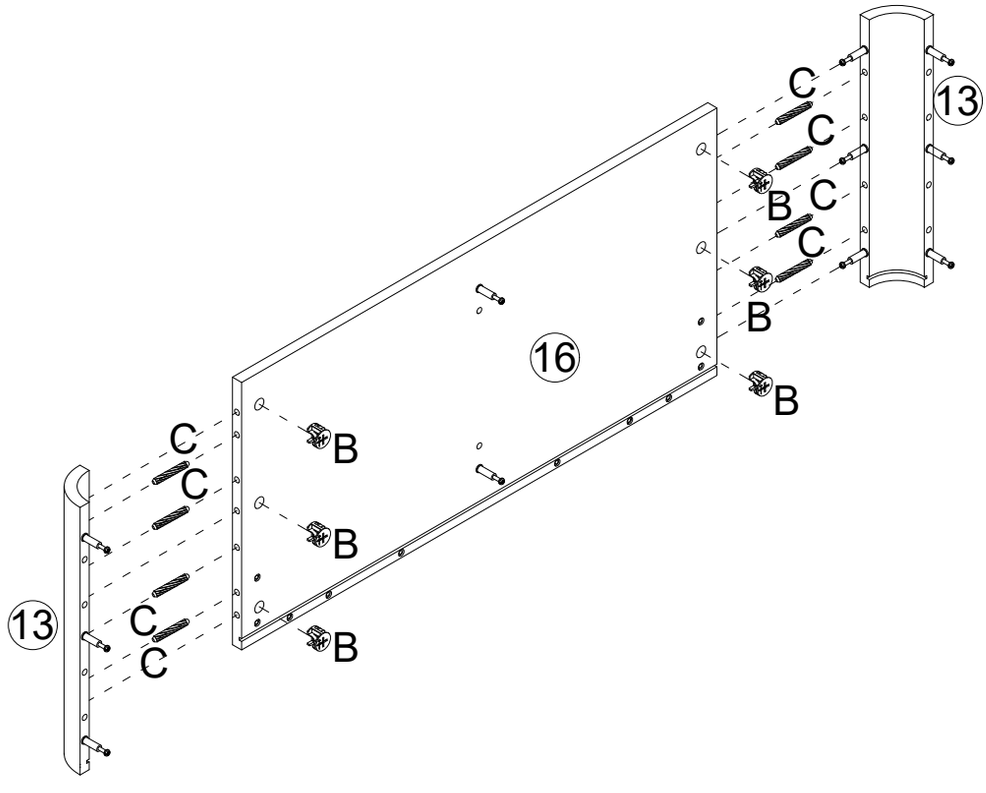




A x 20PCS	

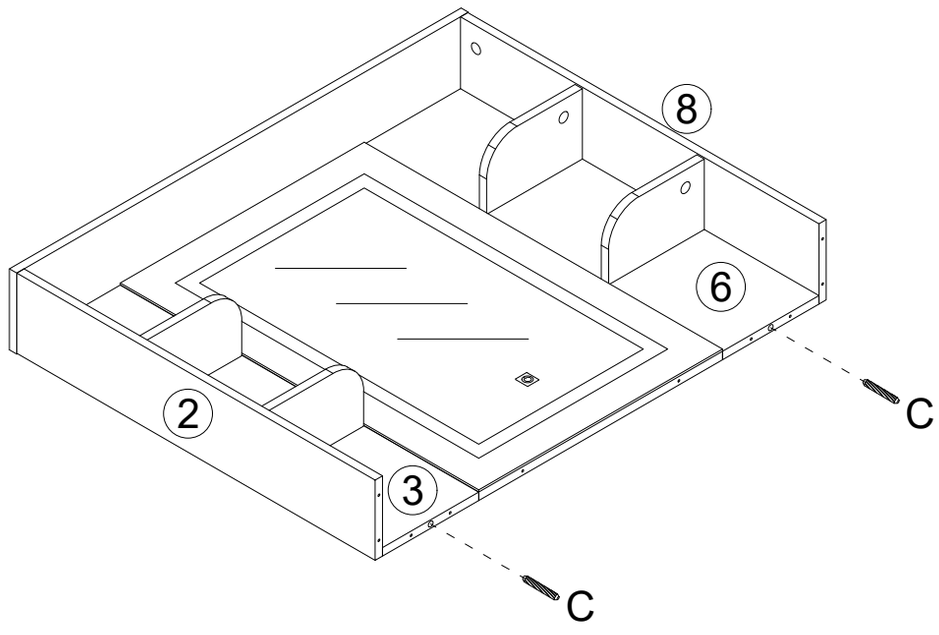


Step 8



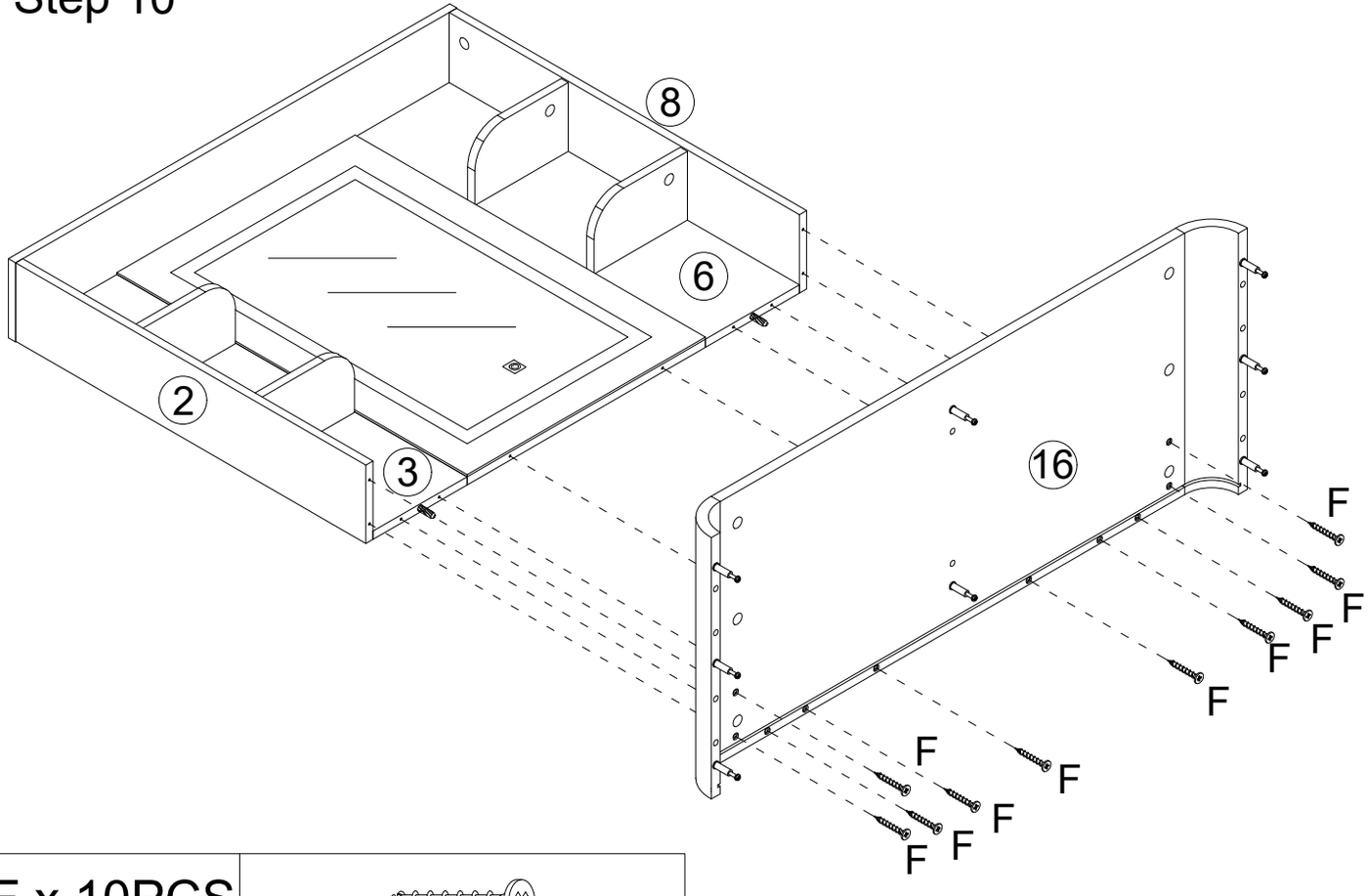
B x 6PCS		C x 8PCS	

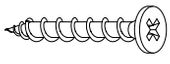
Step 9



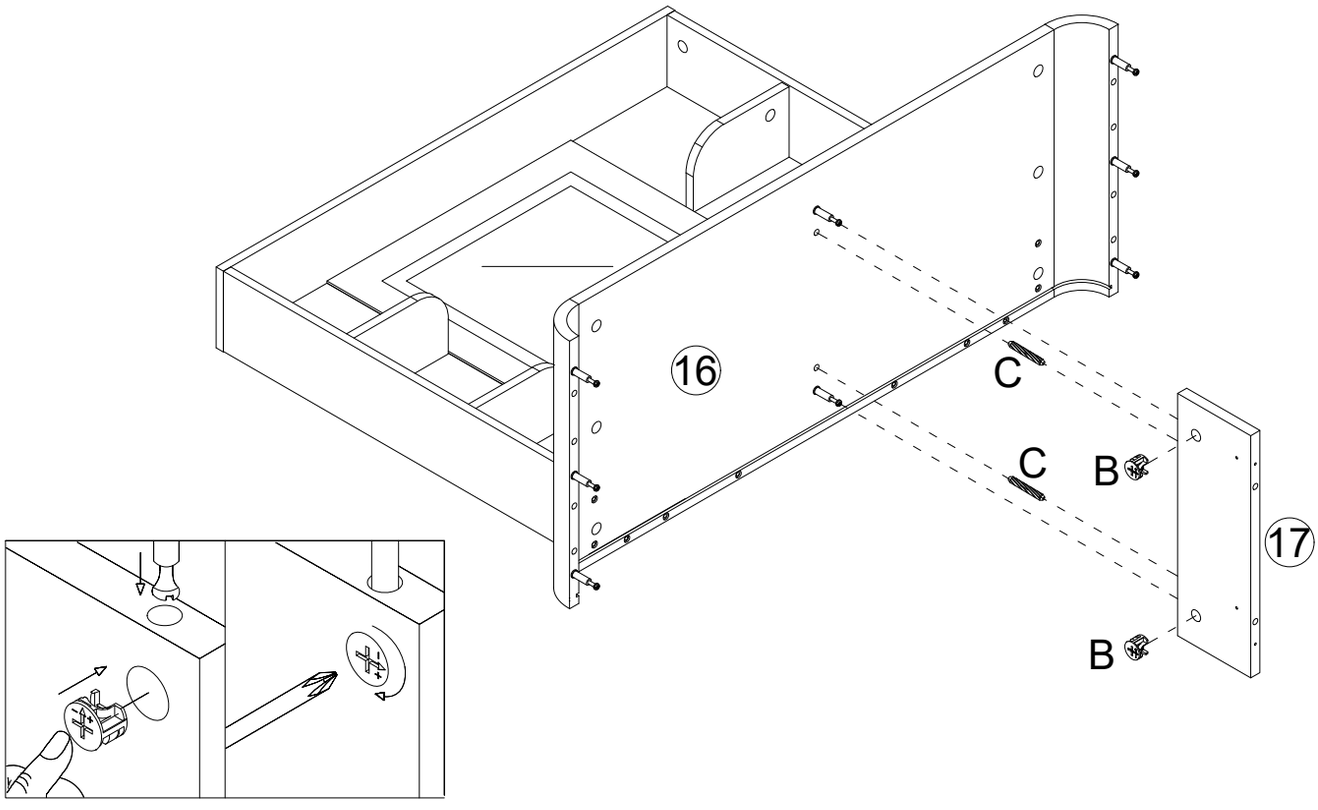
C x 2PCS	

Step 10



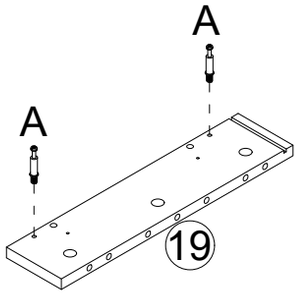
F x 10PCS	

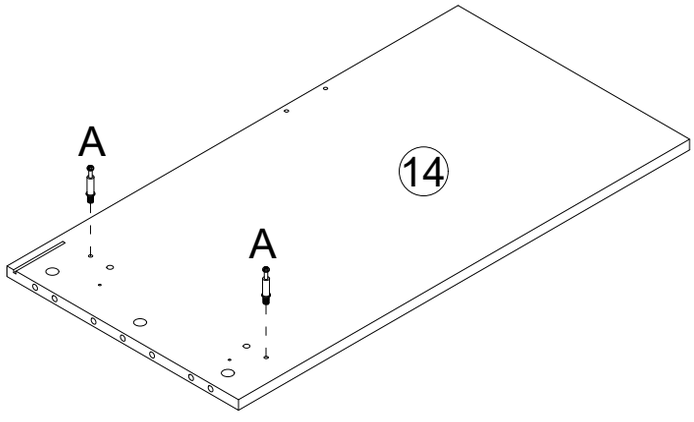
Step 11



B x 2PCS		C x 2PCS	

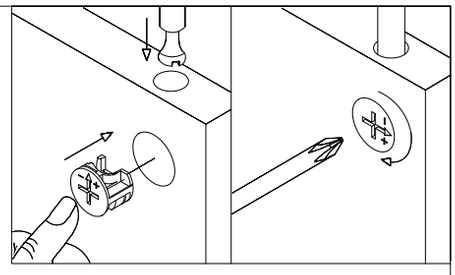
Step 12

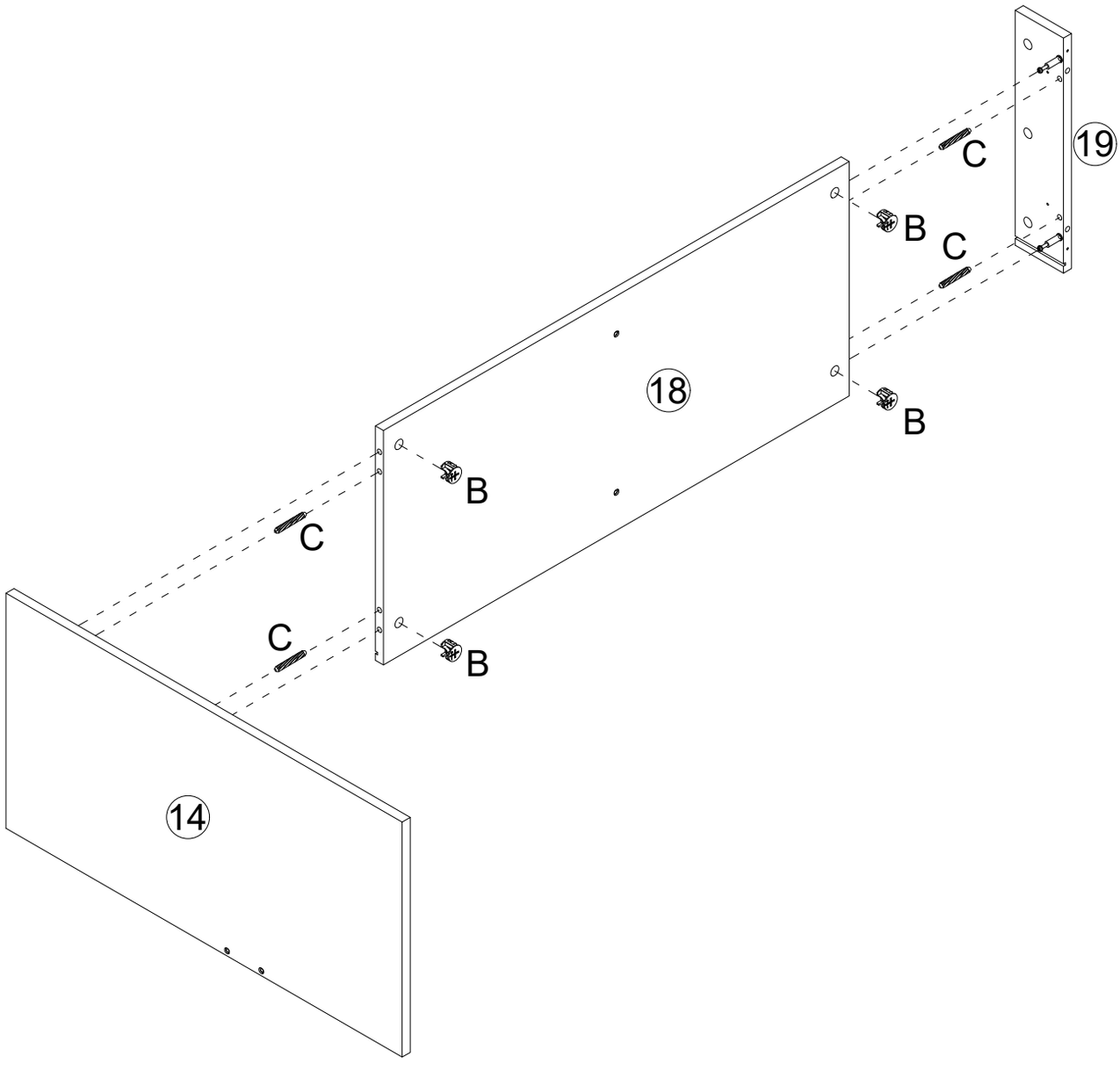




A x 4PCS	

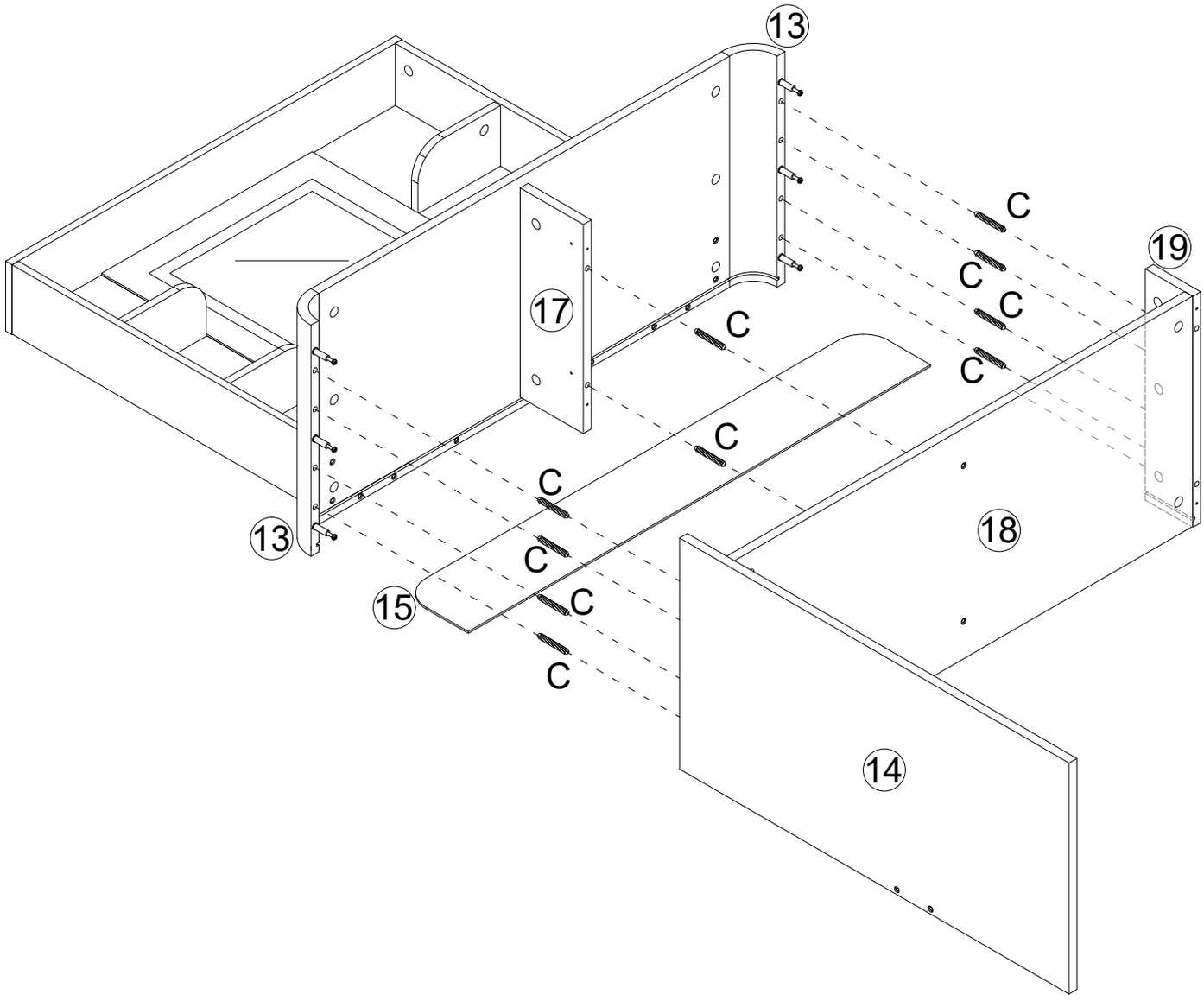
Step 13





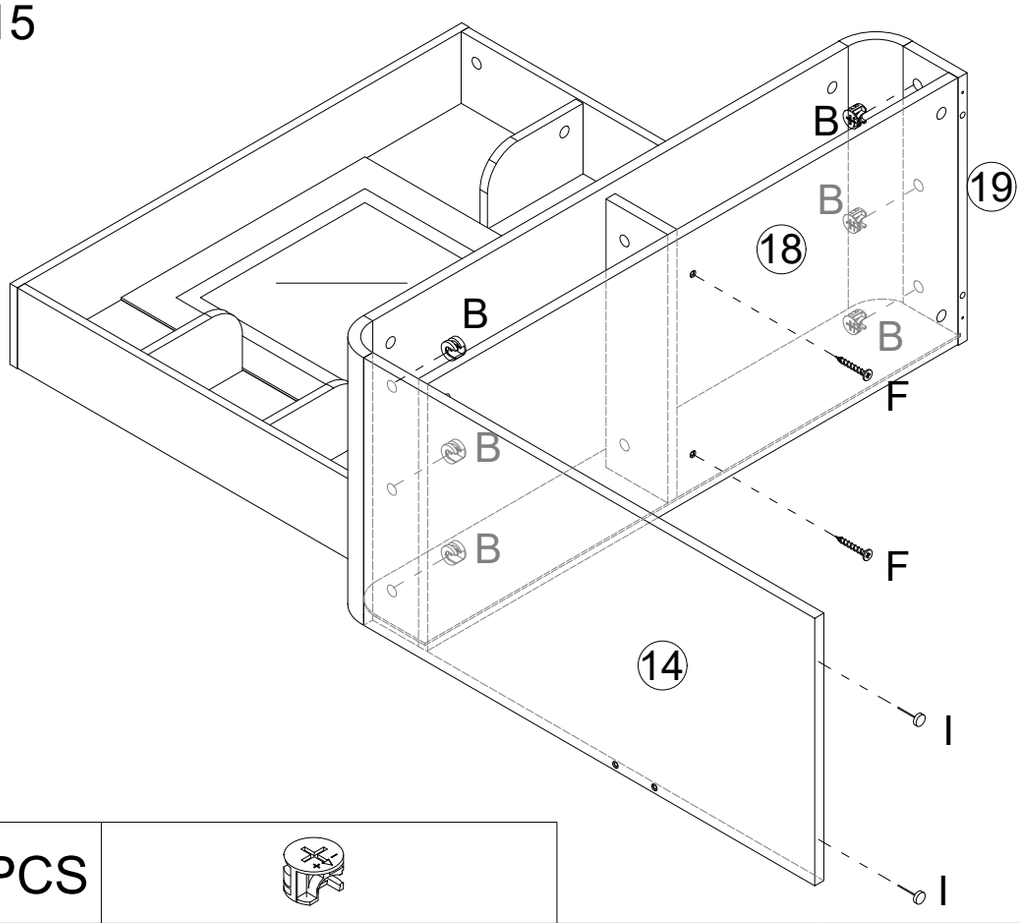
B x 4PCS		C x 4PCS	

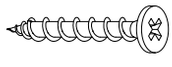
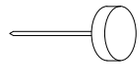
Step 14



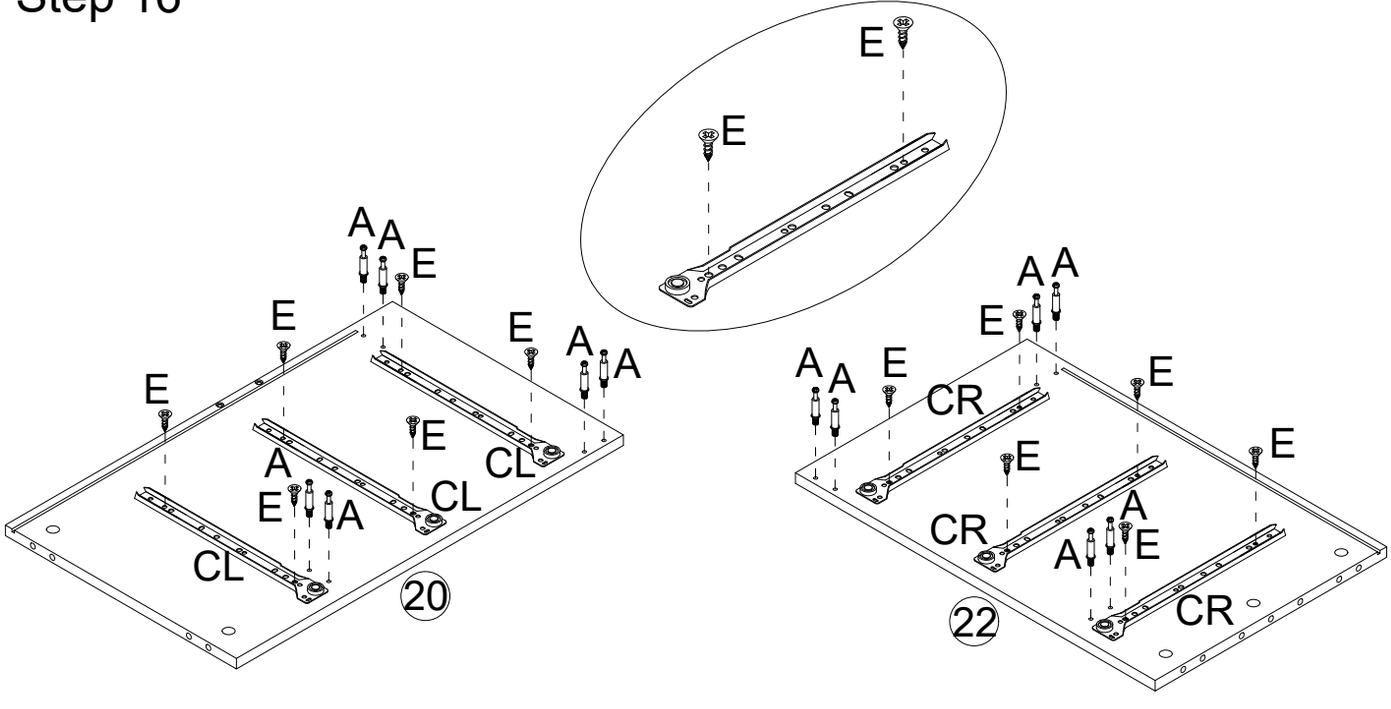
C x 10PCS	

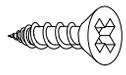
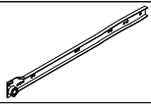
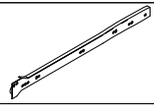
Step 15



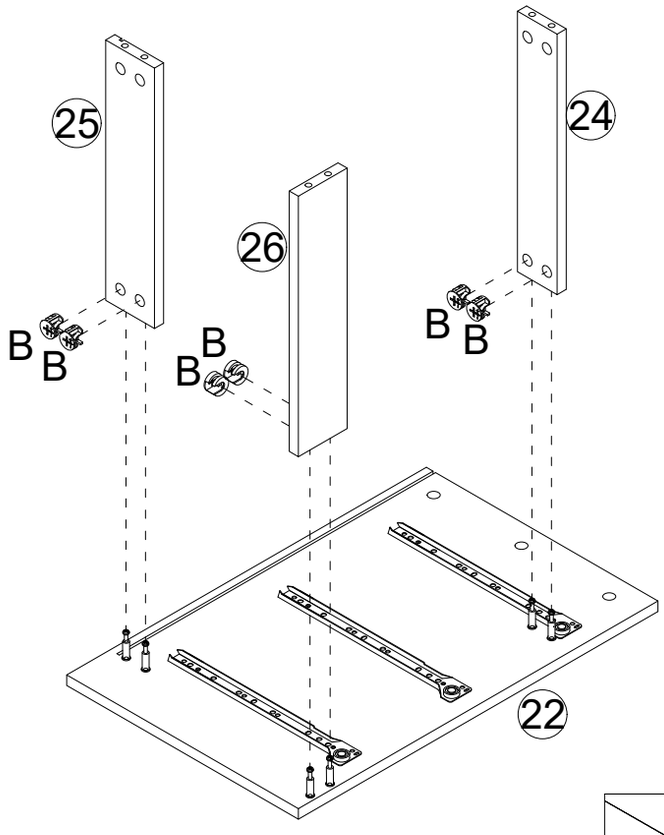
B x 6PCS			
F x 2PCS		I x 2PCS	

Step 16

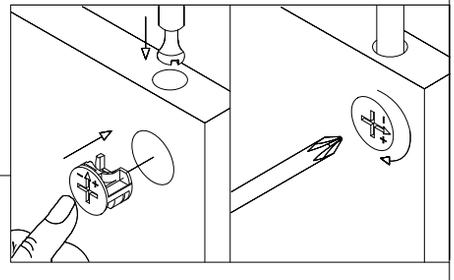


A x 12PCS		E x 12PCS	
CL x 3PCS		CR x 3PCS	

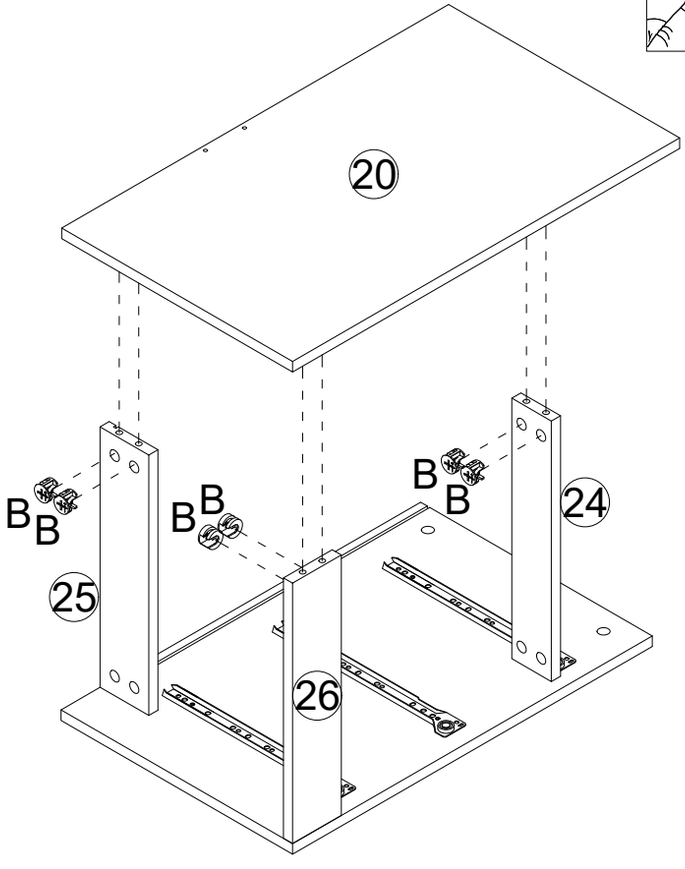
Step 17



B x 6PCS	

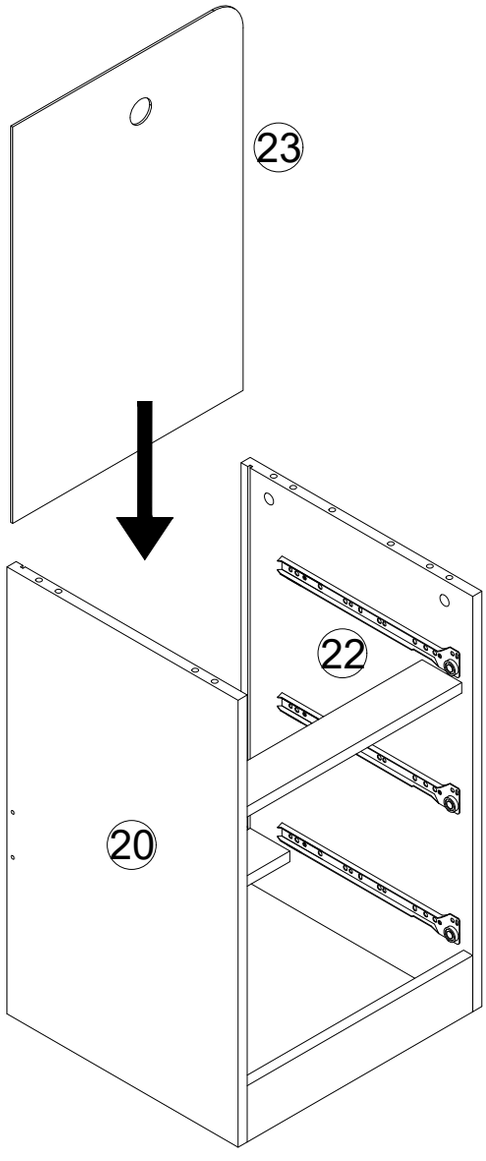


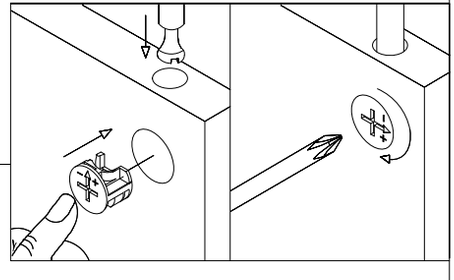
Step 18



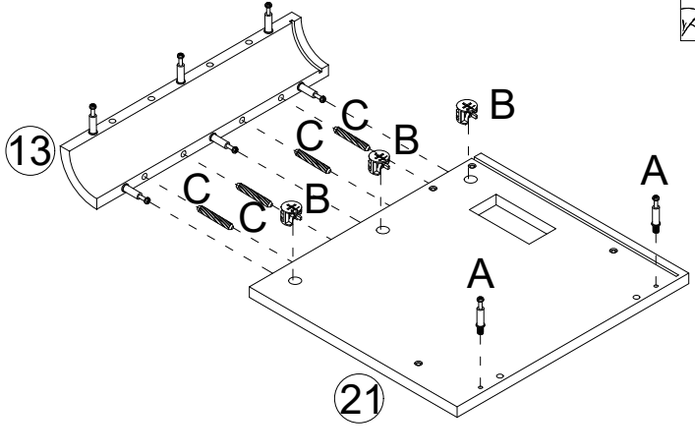
B x 6PCS	

Step 19



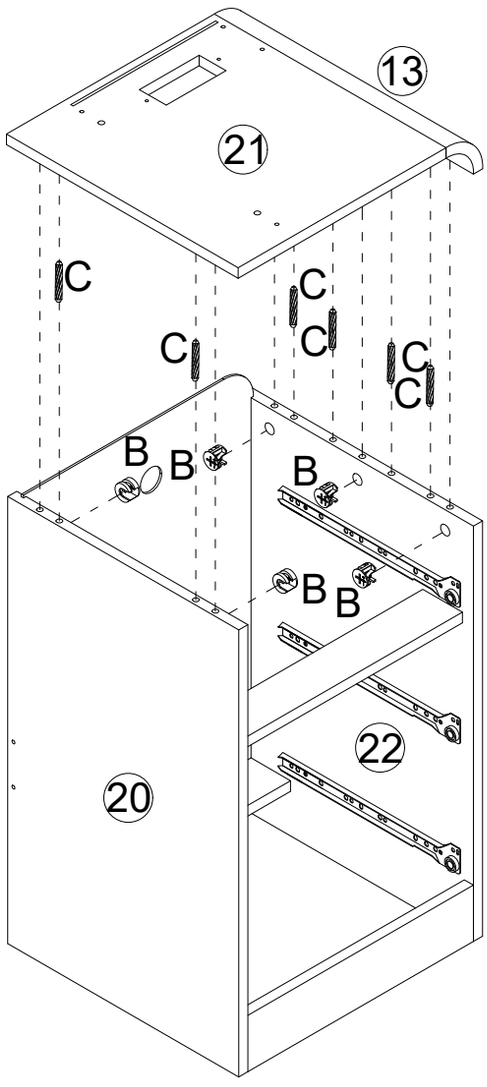


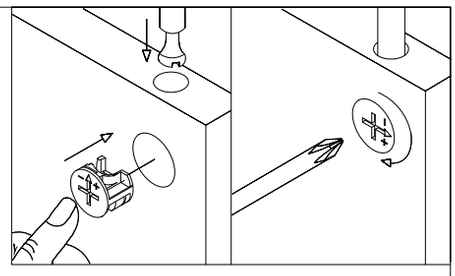
Step 20



A x 2PCS			
B x 3PCS		C x 4PCS	

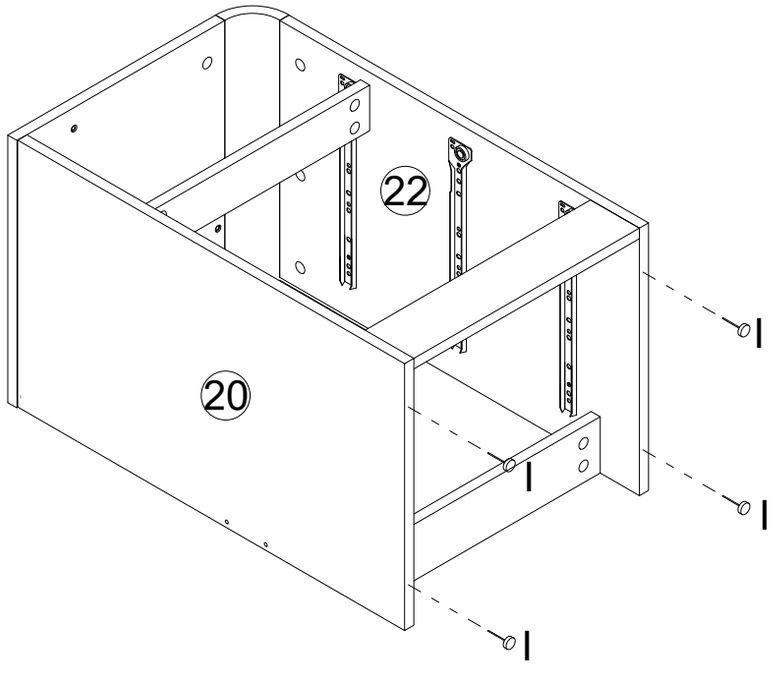
Step 21

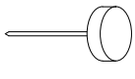




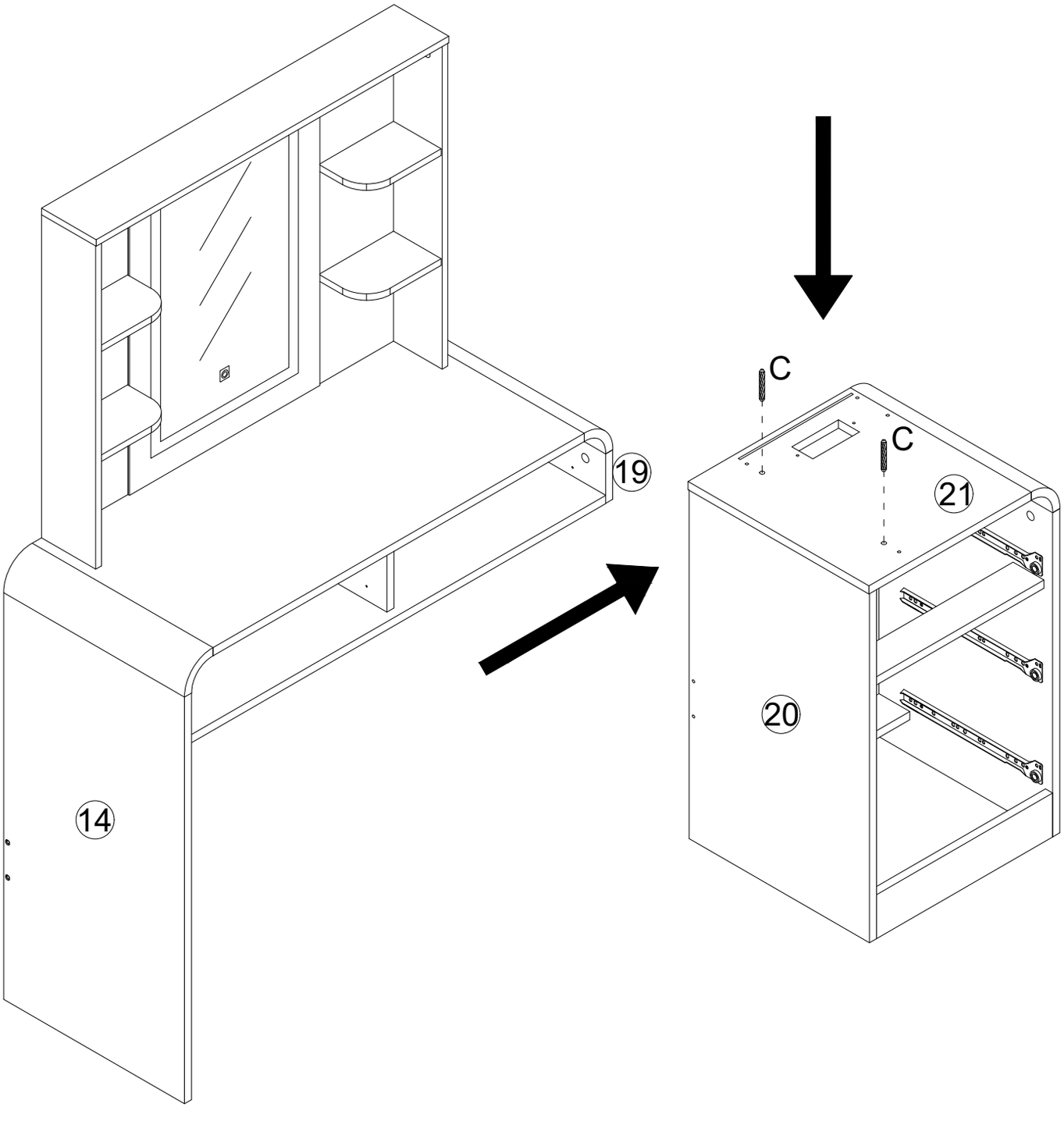
B x 5PCS		C x 6PCS	

Step 22



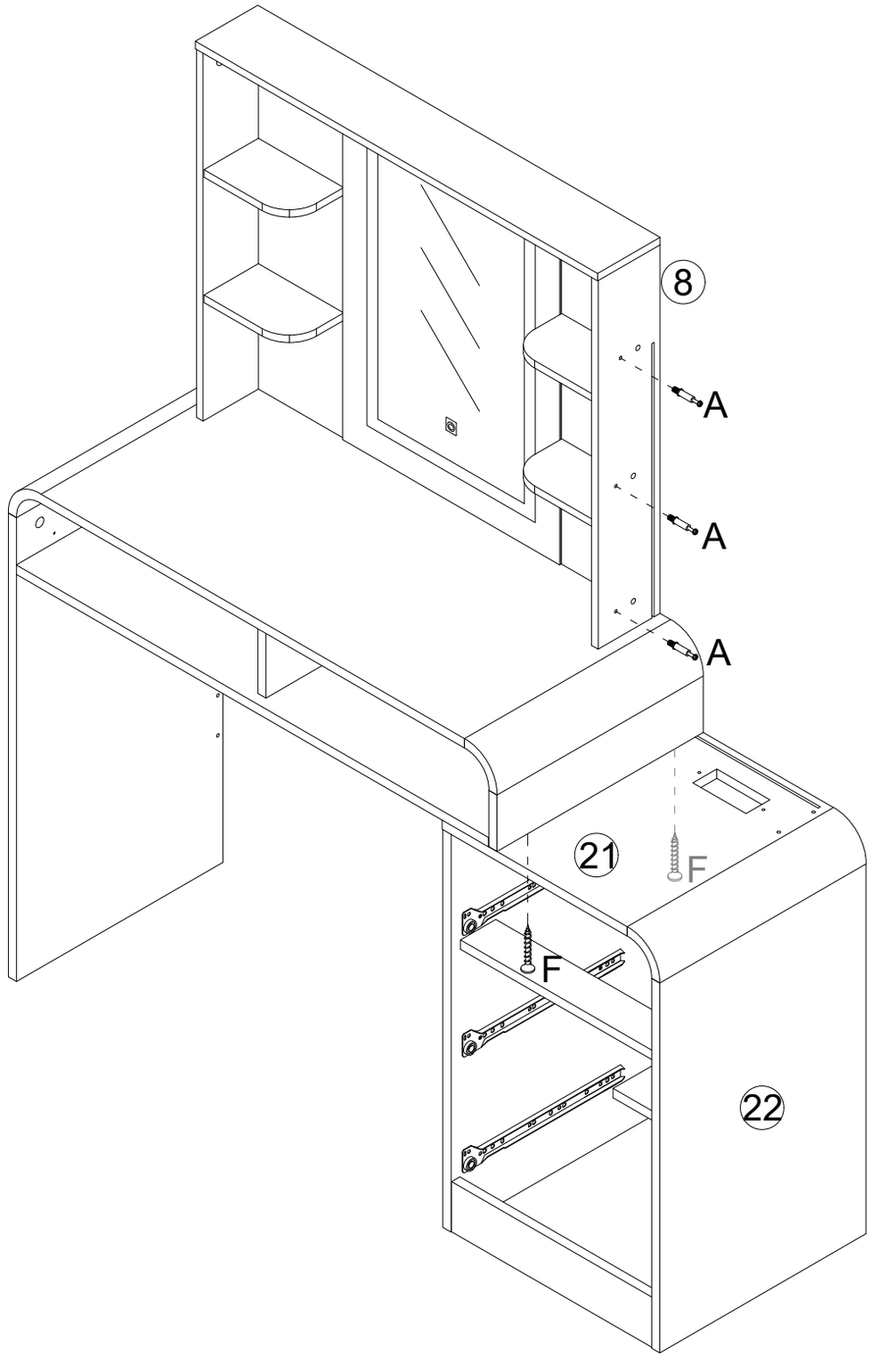
I x 4PCS	

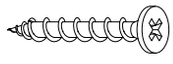
Step 23



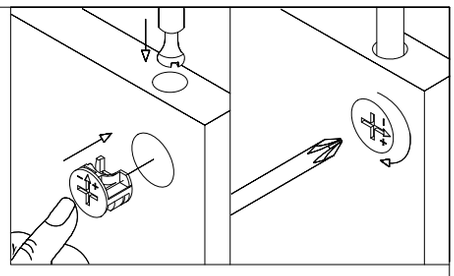
C x 2PCS	

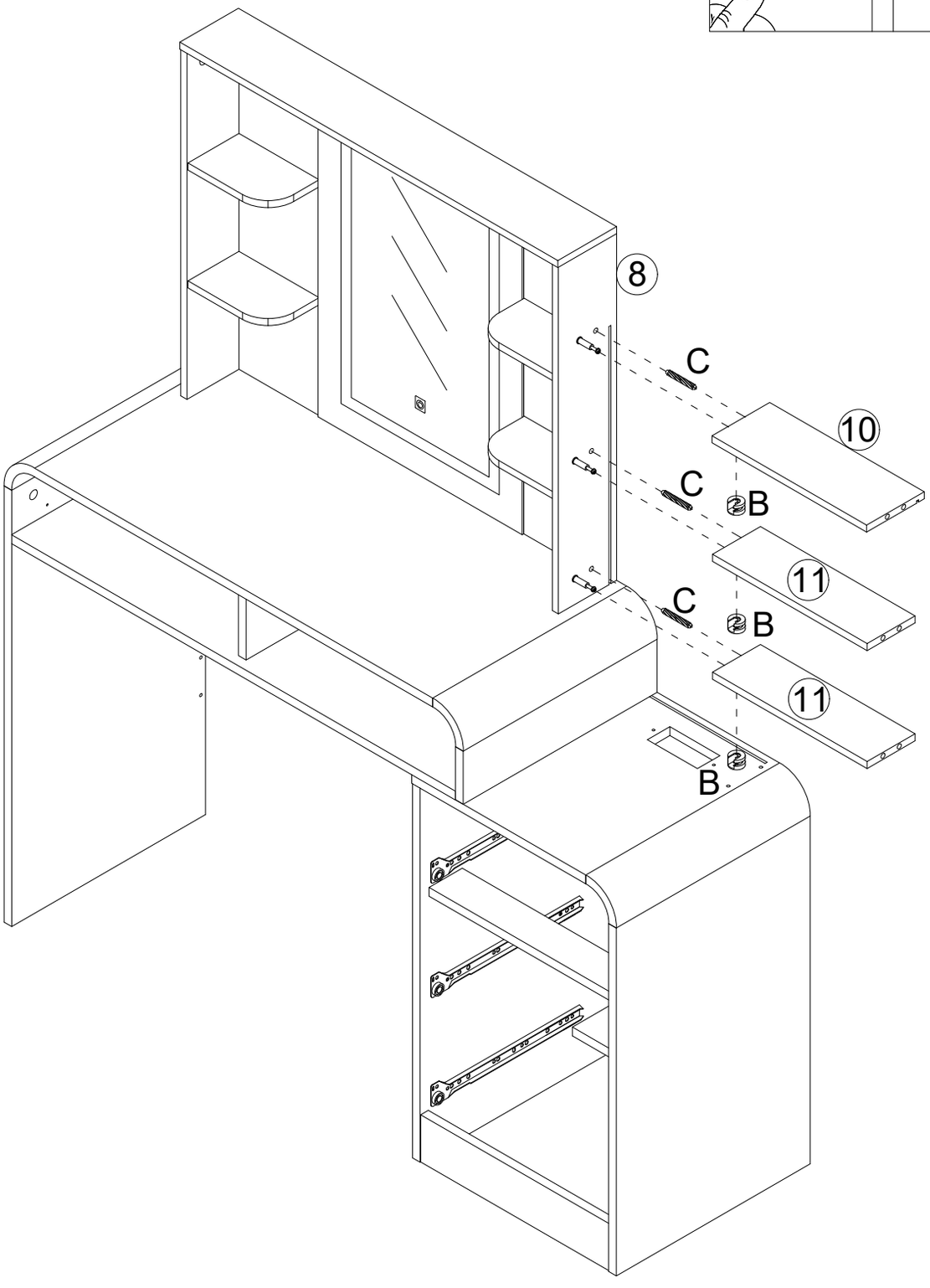
Step 24



A x 3PCS		F x 2PCS	

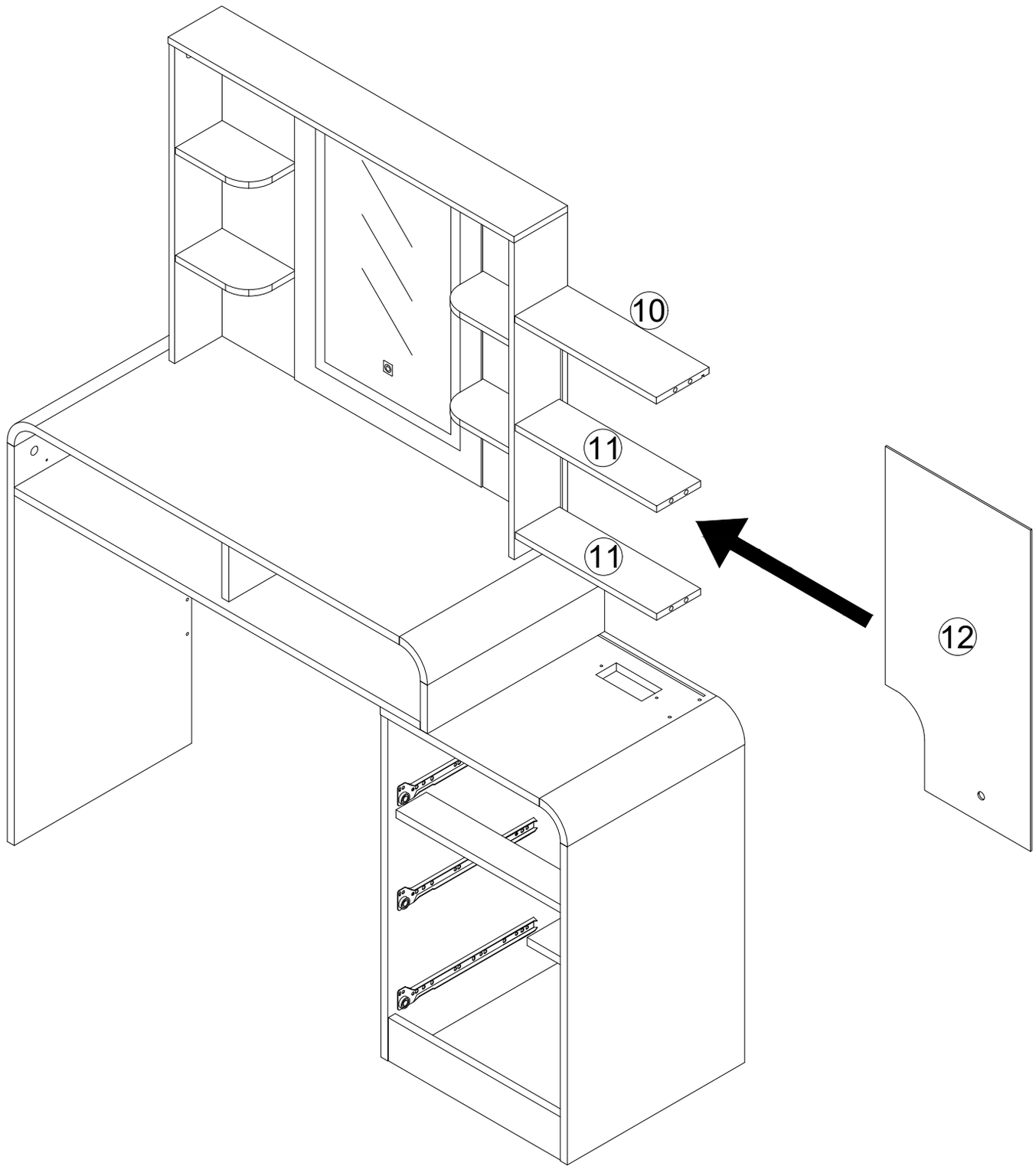
Step 25



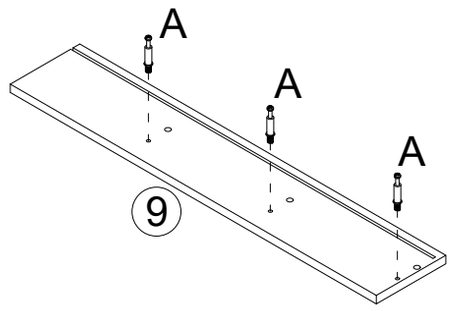


B x 3PCS		C x 3PCS	

Step 26

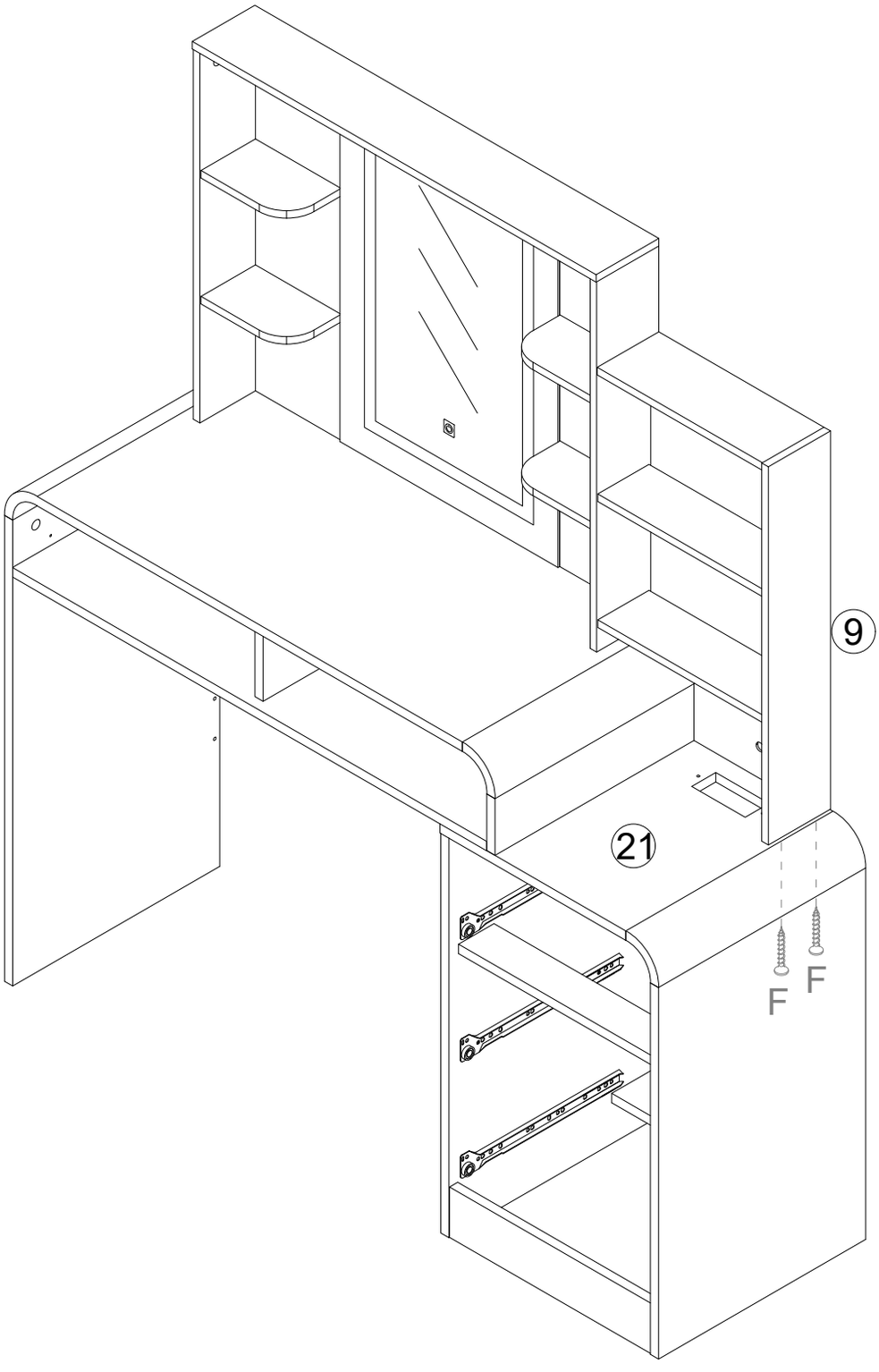


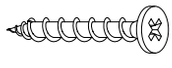
Step 27



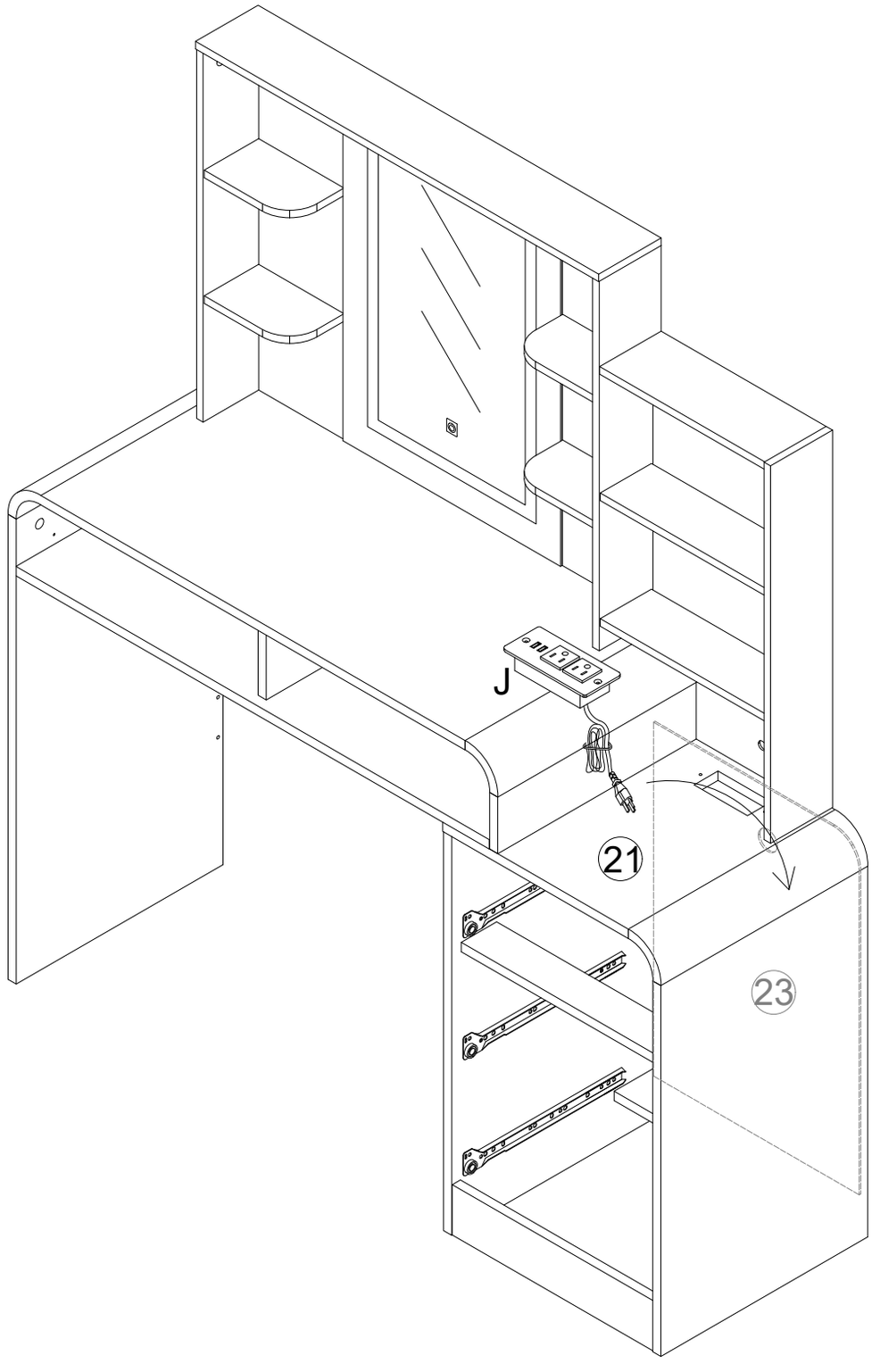
A x 3PCS			
B x 3PCS		C x 3PCS	

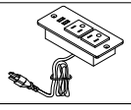
Step 28



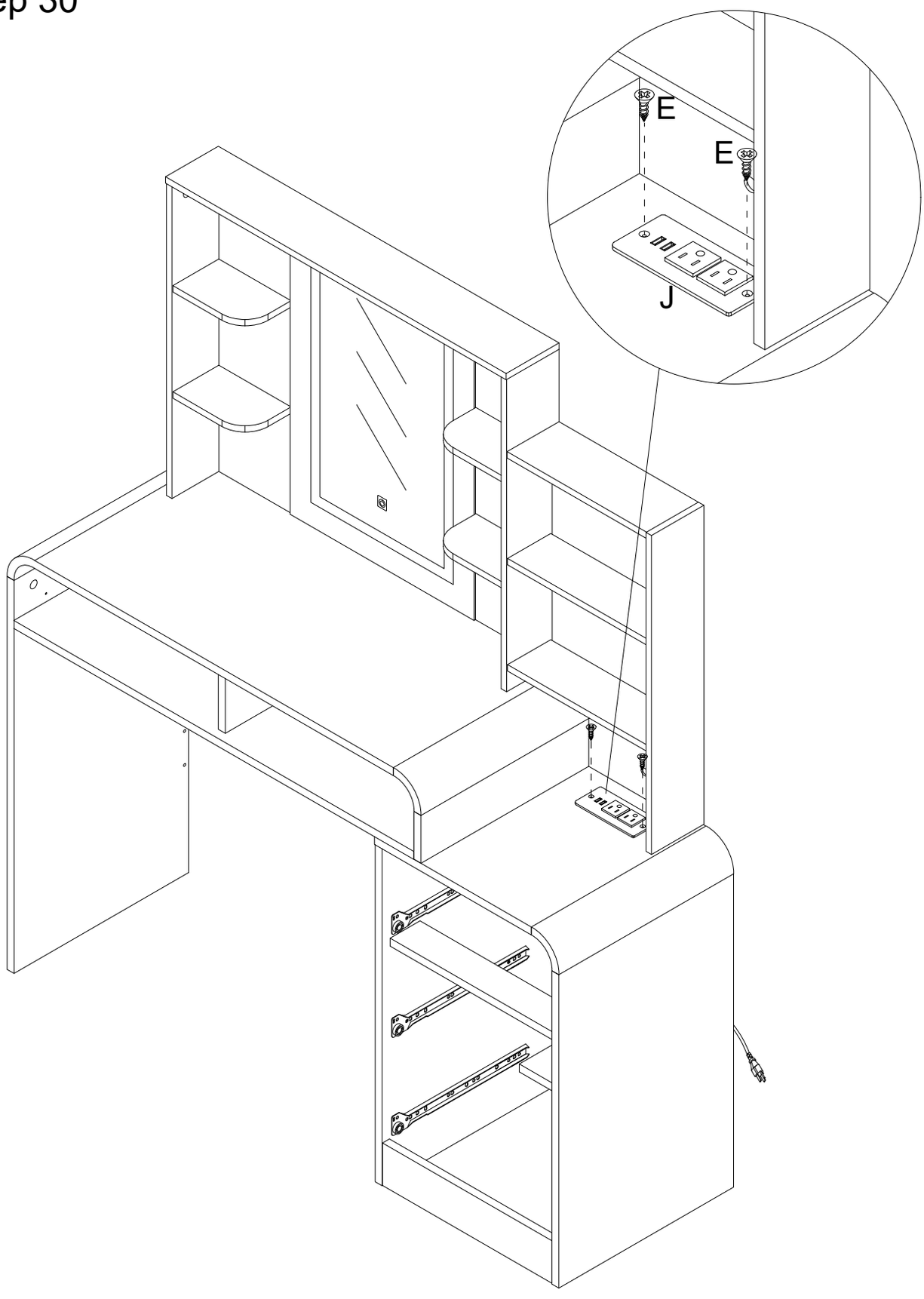
F x 2PCS	

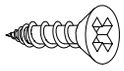
Step 29



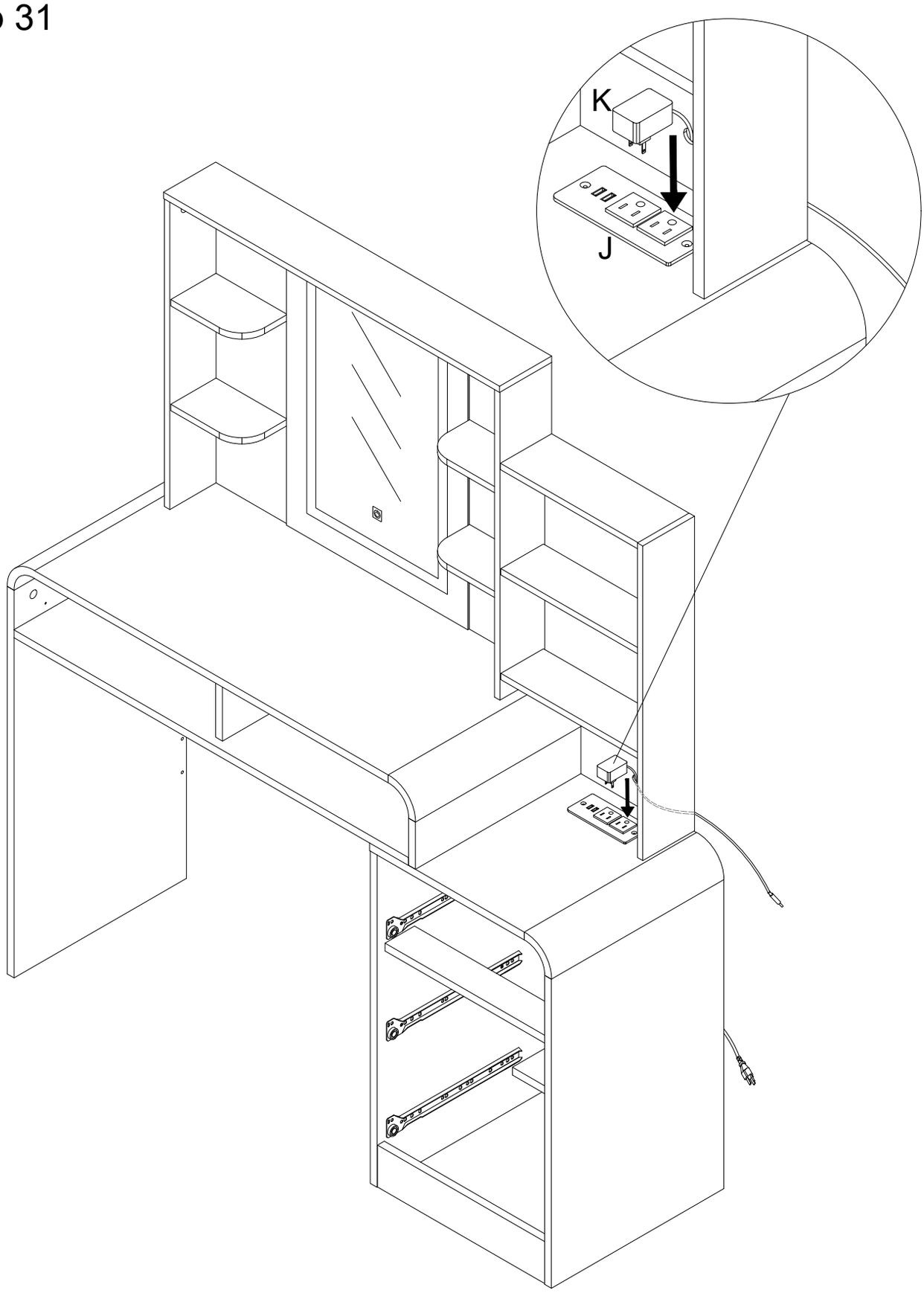
J x 1PC	

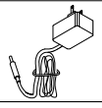
Step 30



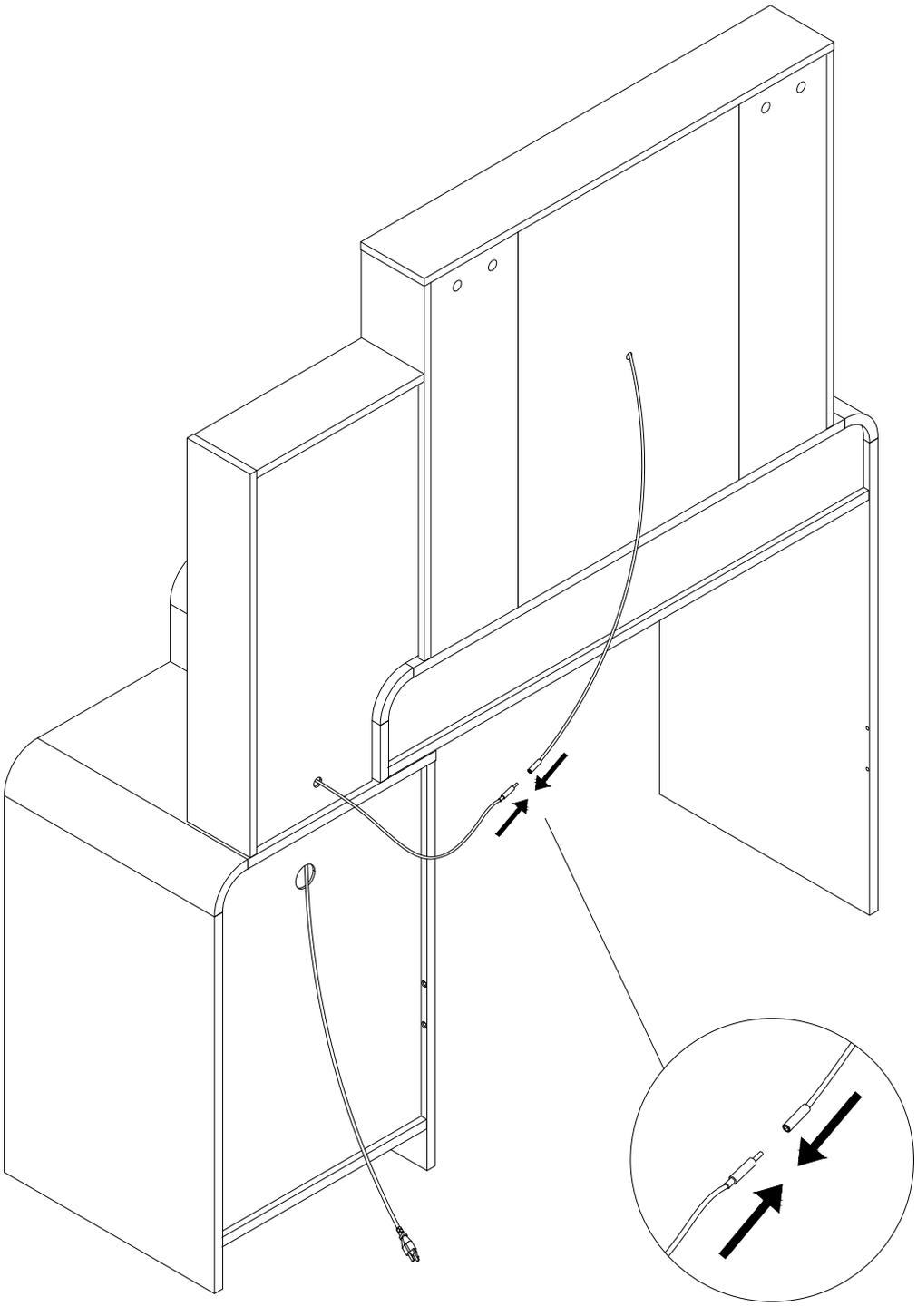
E x 2PCS	

Step 31

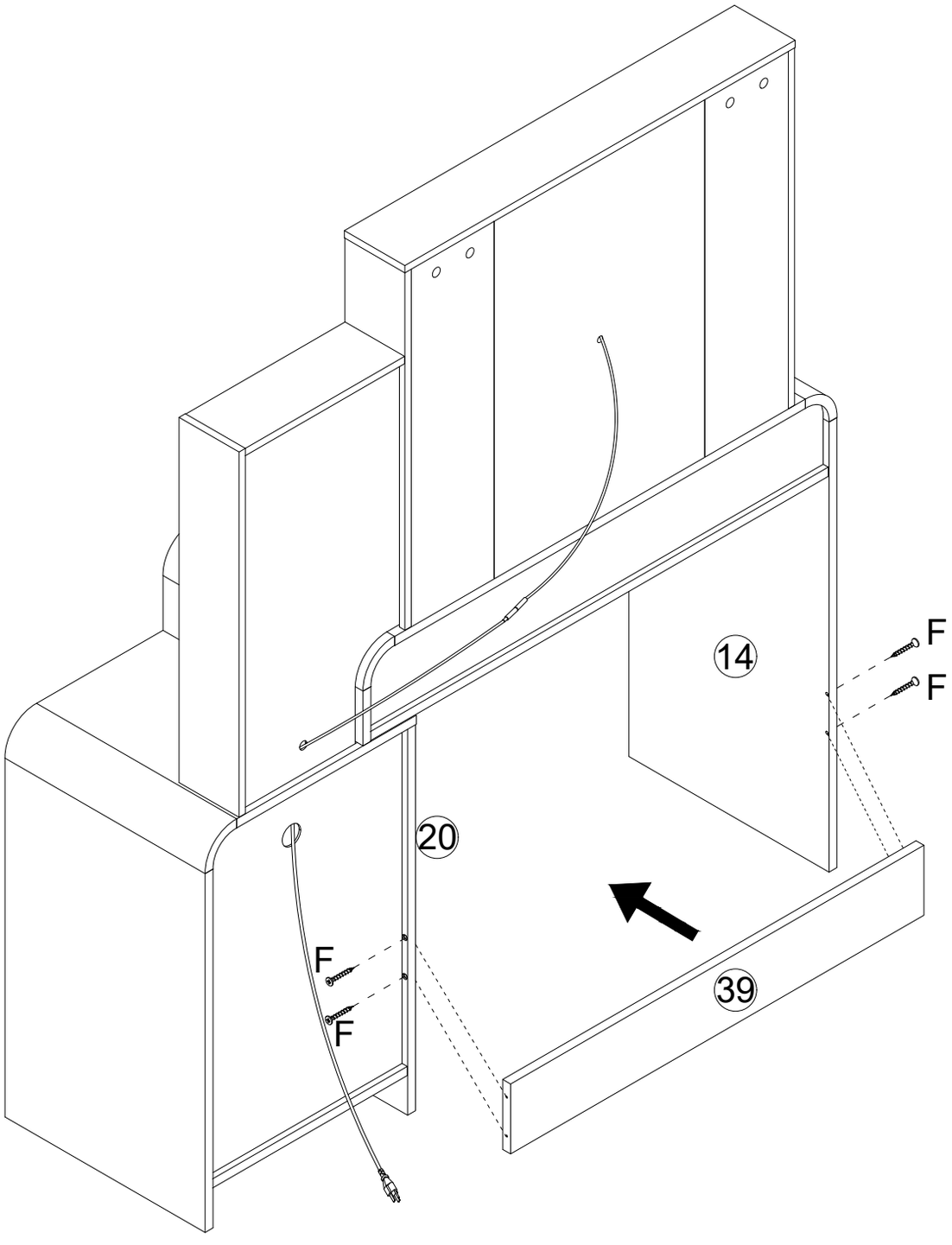


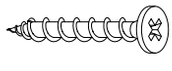
K x 1PC	

Step 32

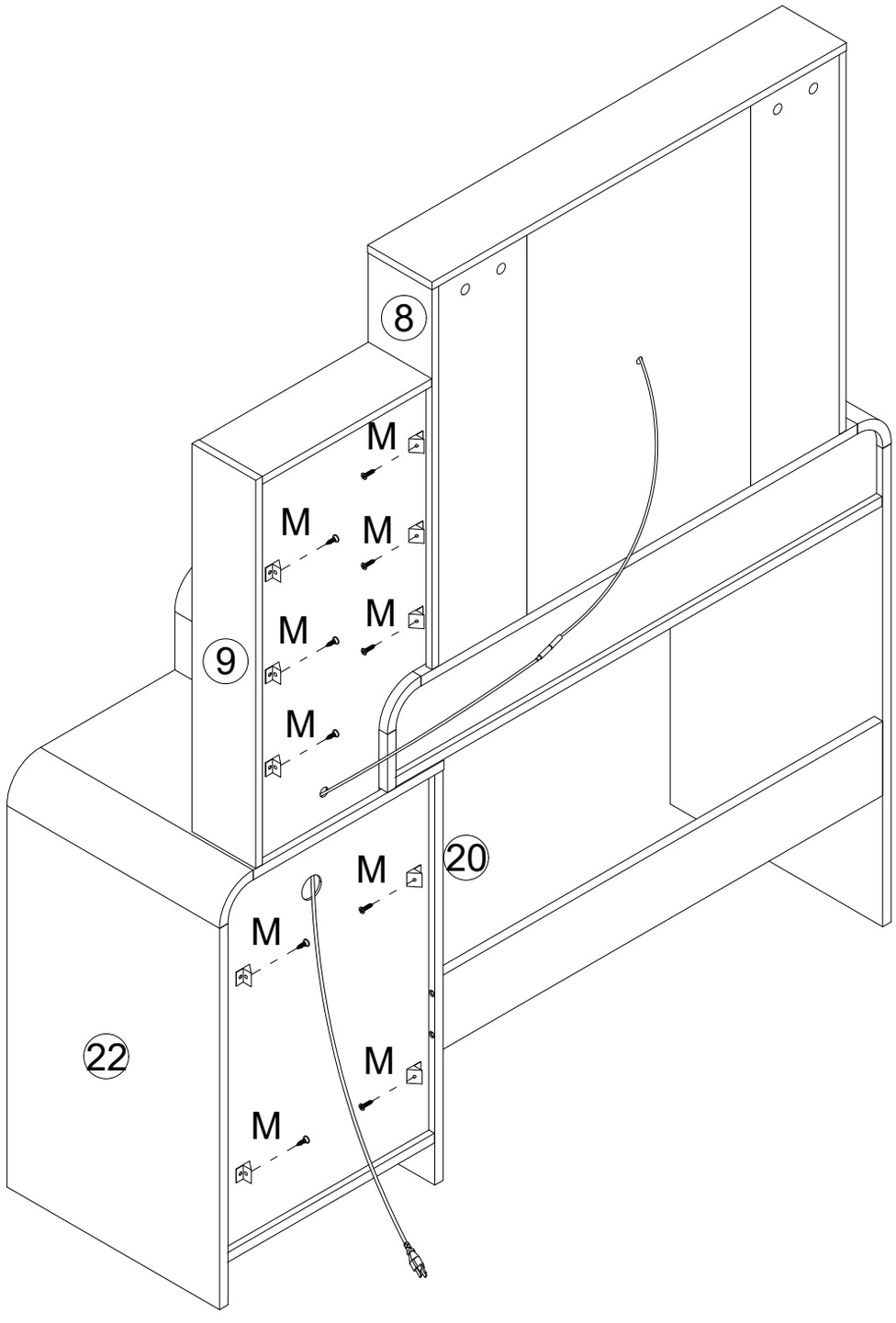


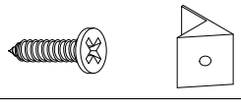
Step 33



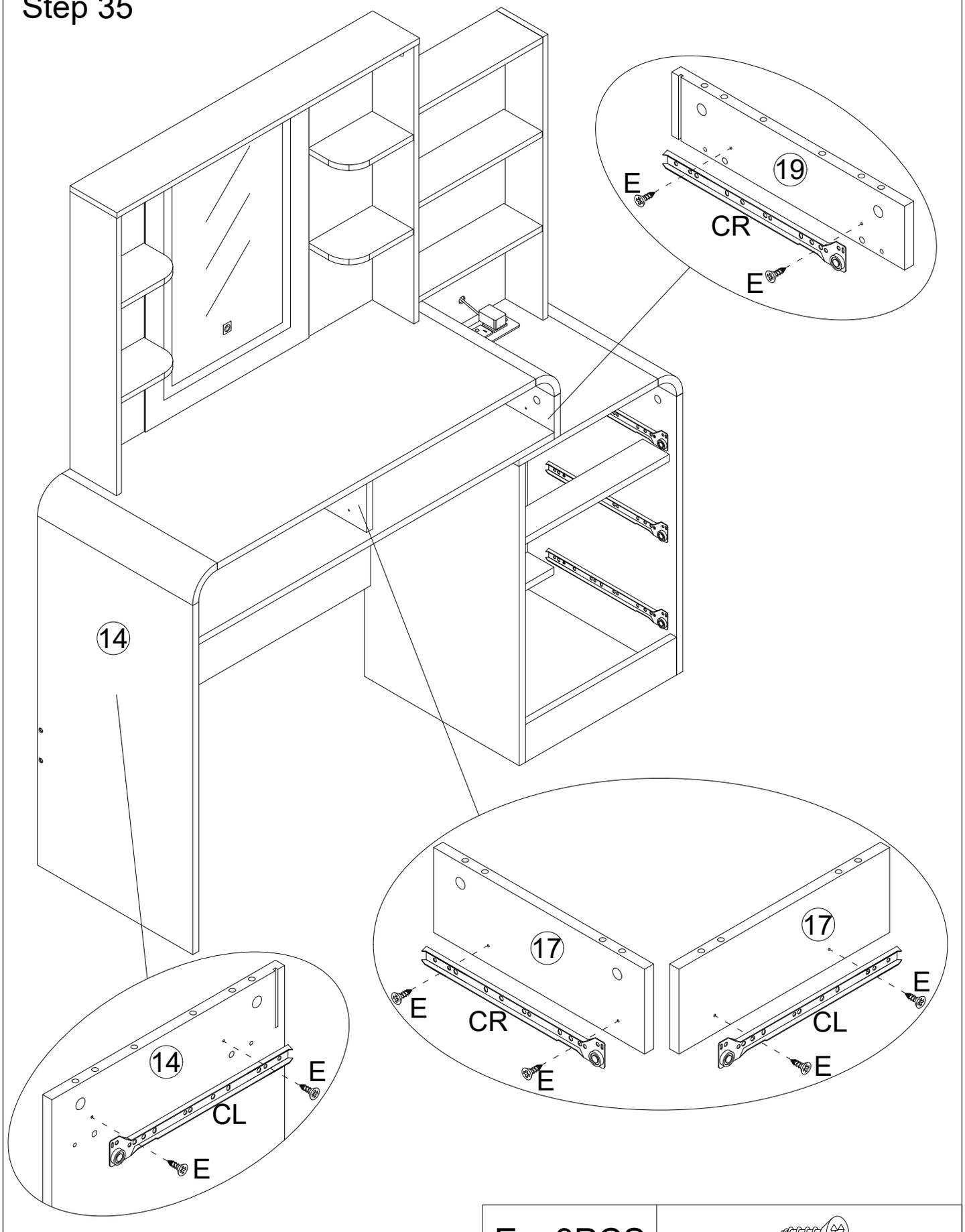
F x 4PCS	

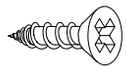
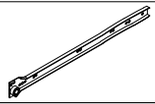
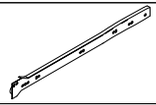
Step 34



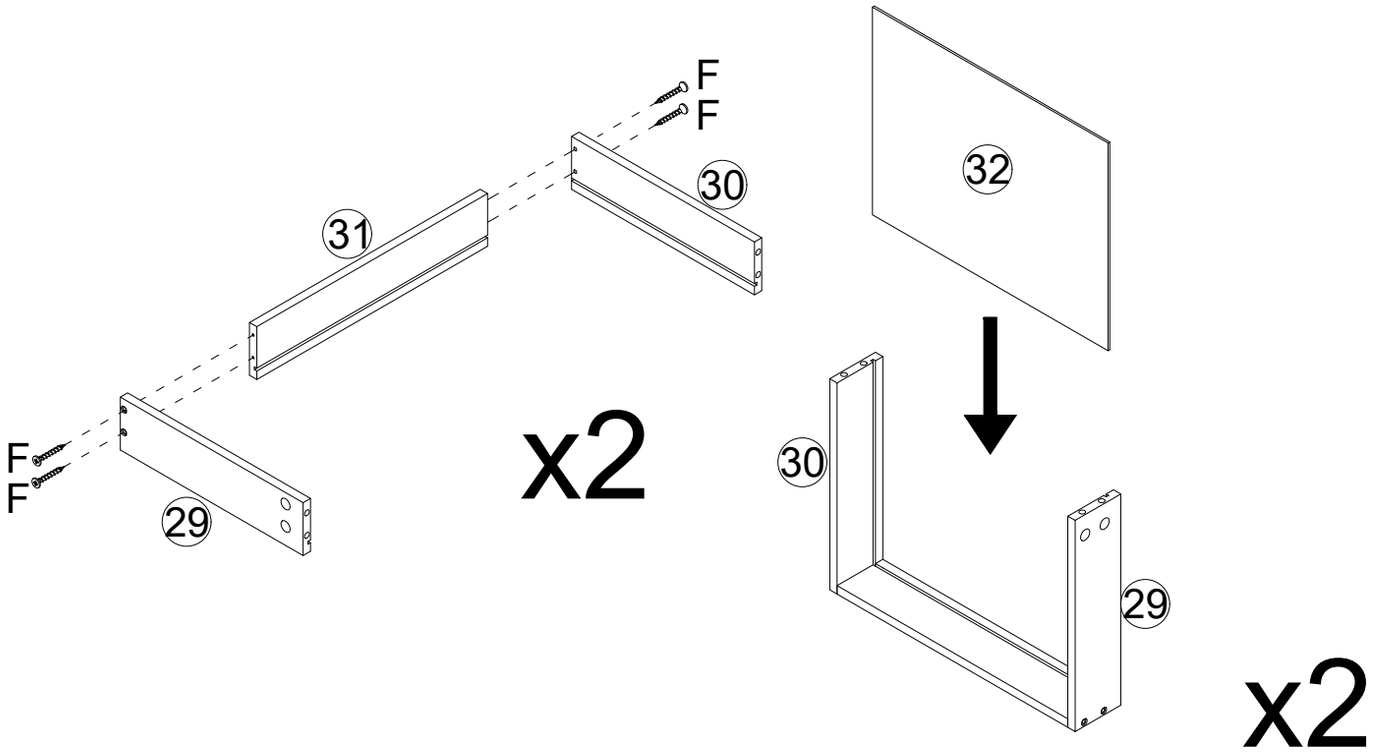
M x 10PCS	

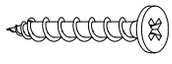
Step 35



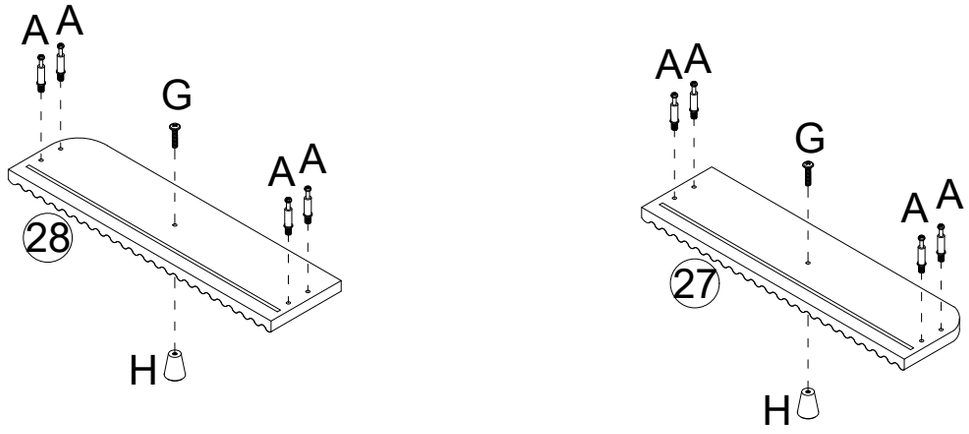
		E x 8PCS	
CL x 2PCS		CR x 2PCS	

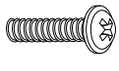
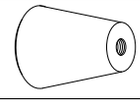
Step 36



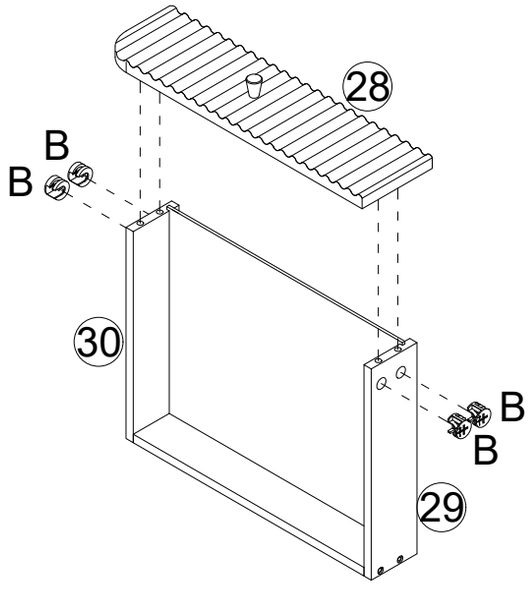
F x 8PCS	

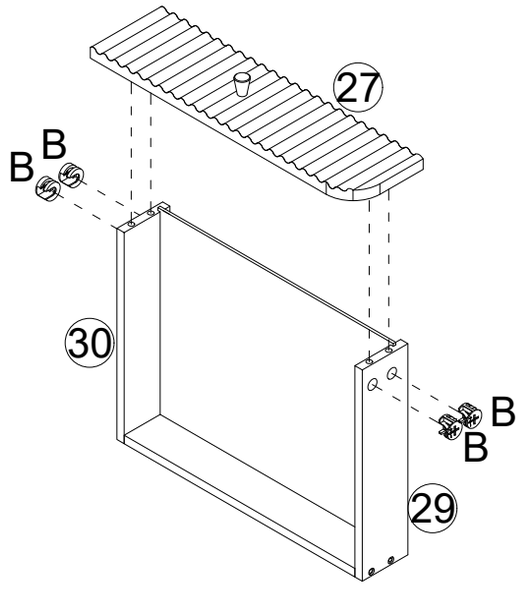
Step 37



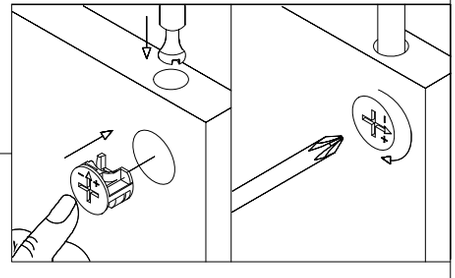
A x 8PCS			
G x 2PCS		H x 2PCS	

Step 38

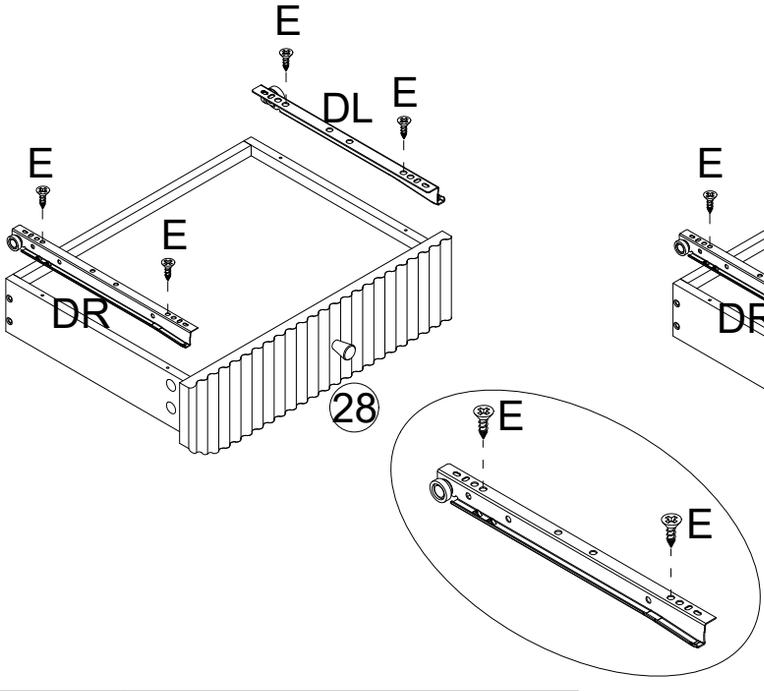


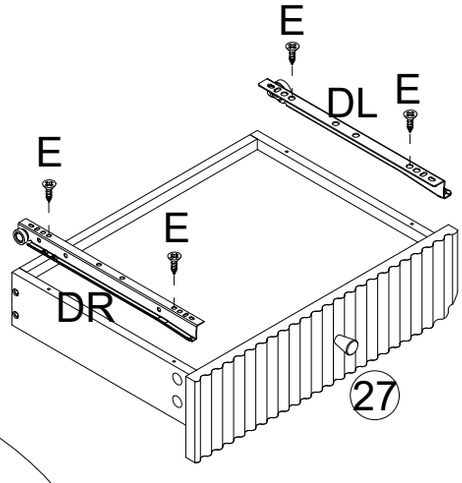


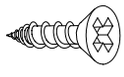
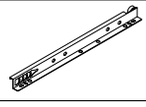
B x 8PCS	



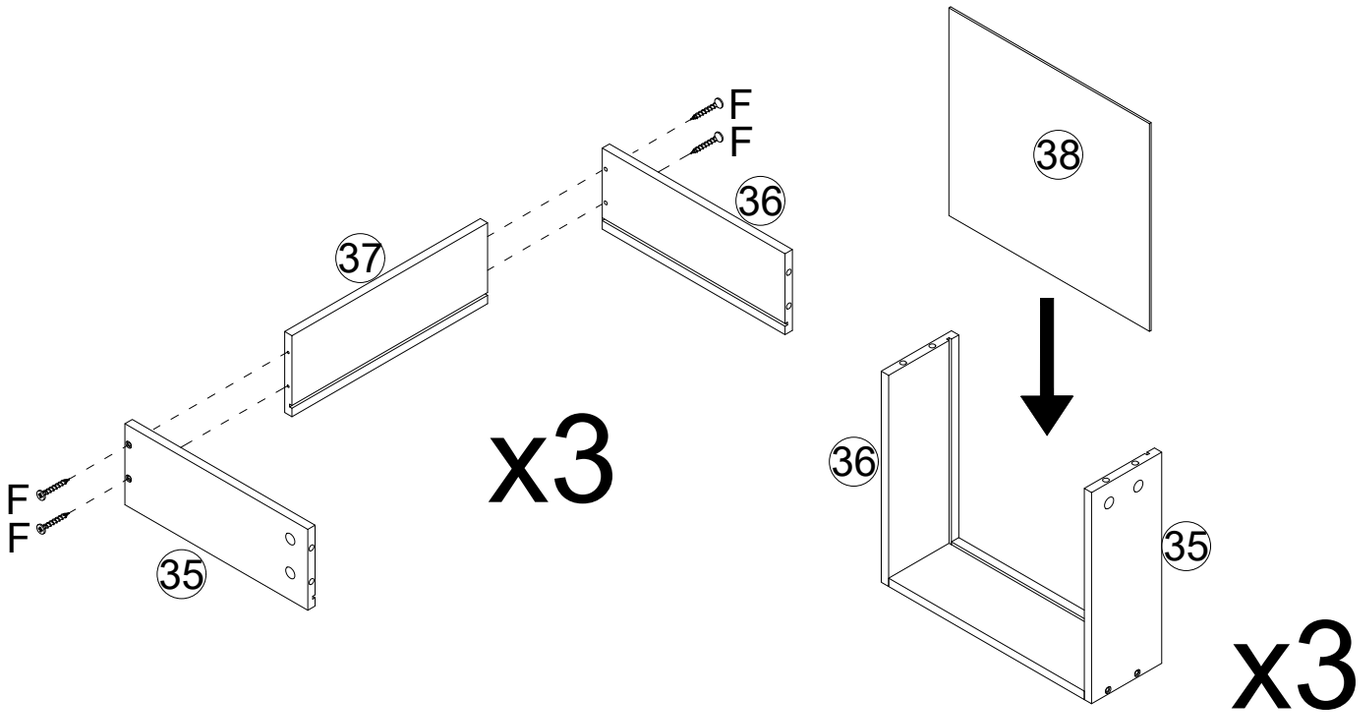
Step 39

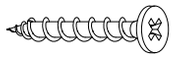




E x 8PCS			
DL x 2PCS		DR x 2PCS	

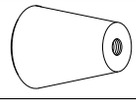
Step 40



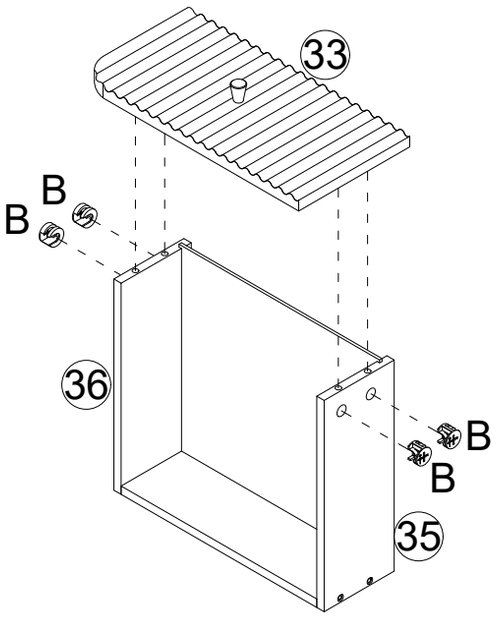
F x 12PCS	

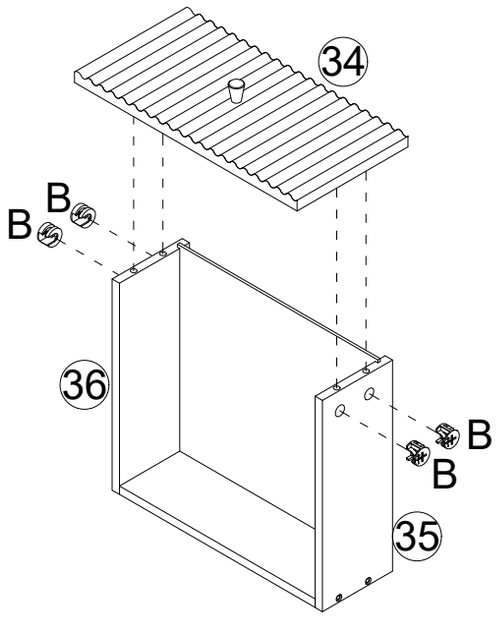
Step 41



A x 12PCS			
G x 3PCS		H x 3PCS	

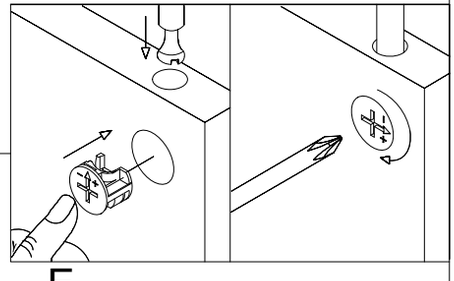
Step 42



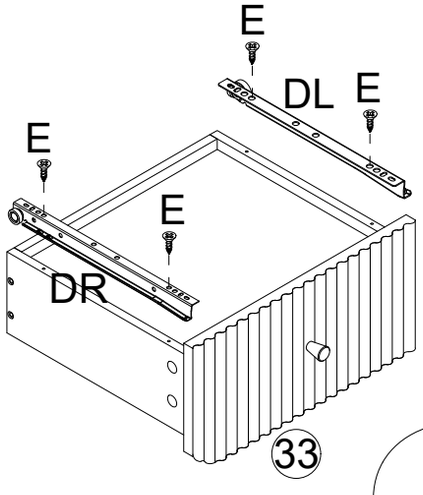


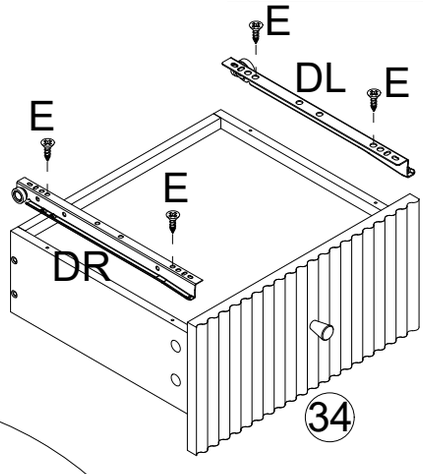
x2

B x 12PCS	

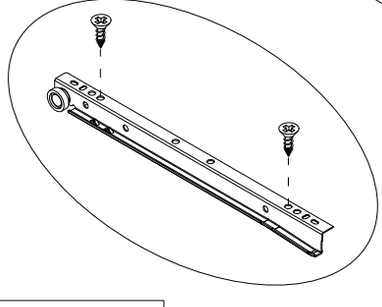


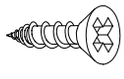
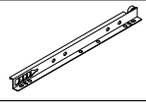
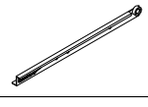
Step 43



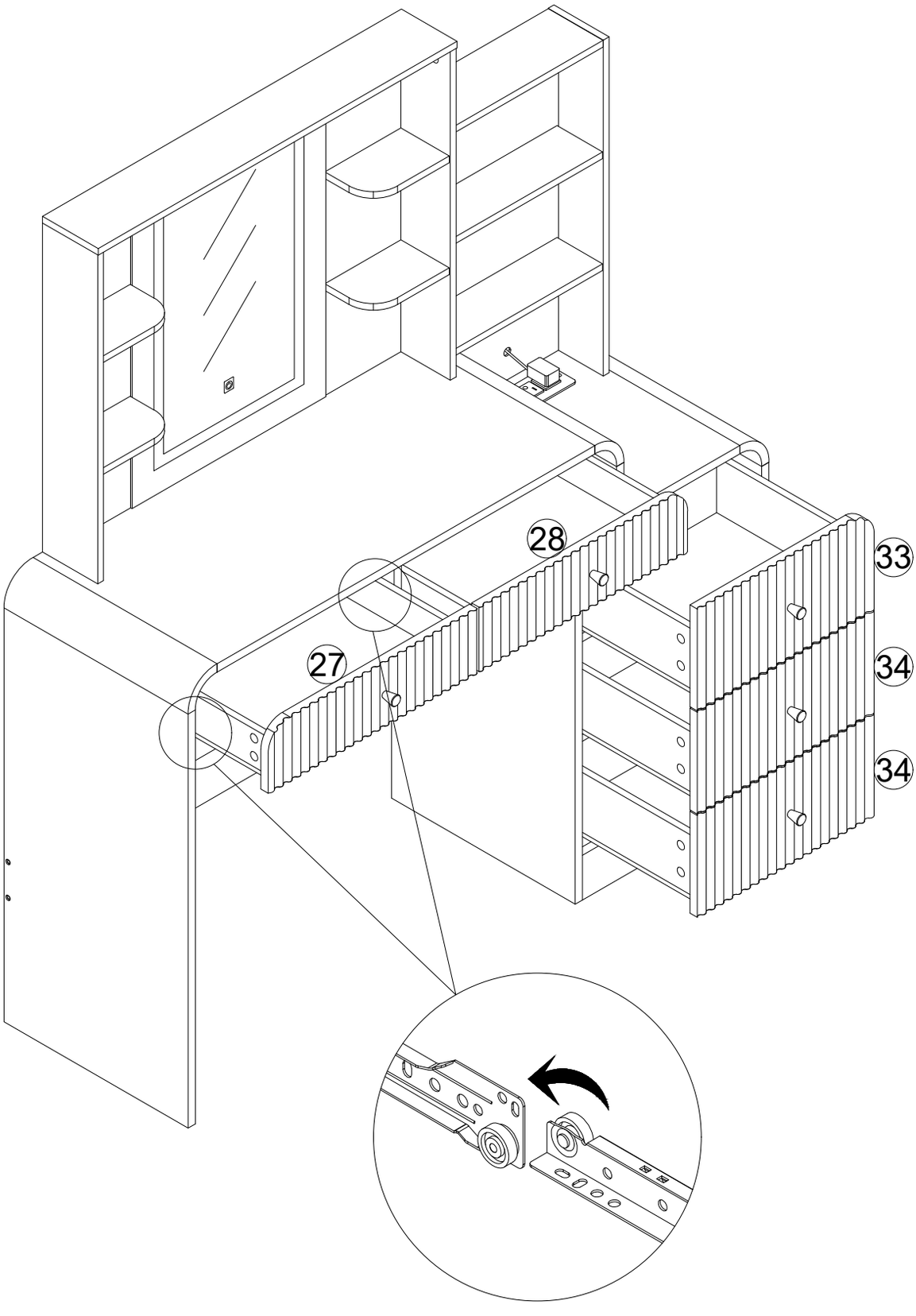


x2

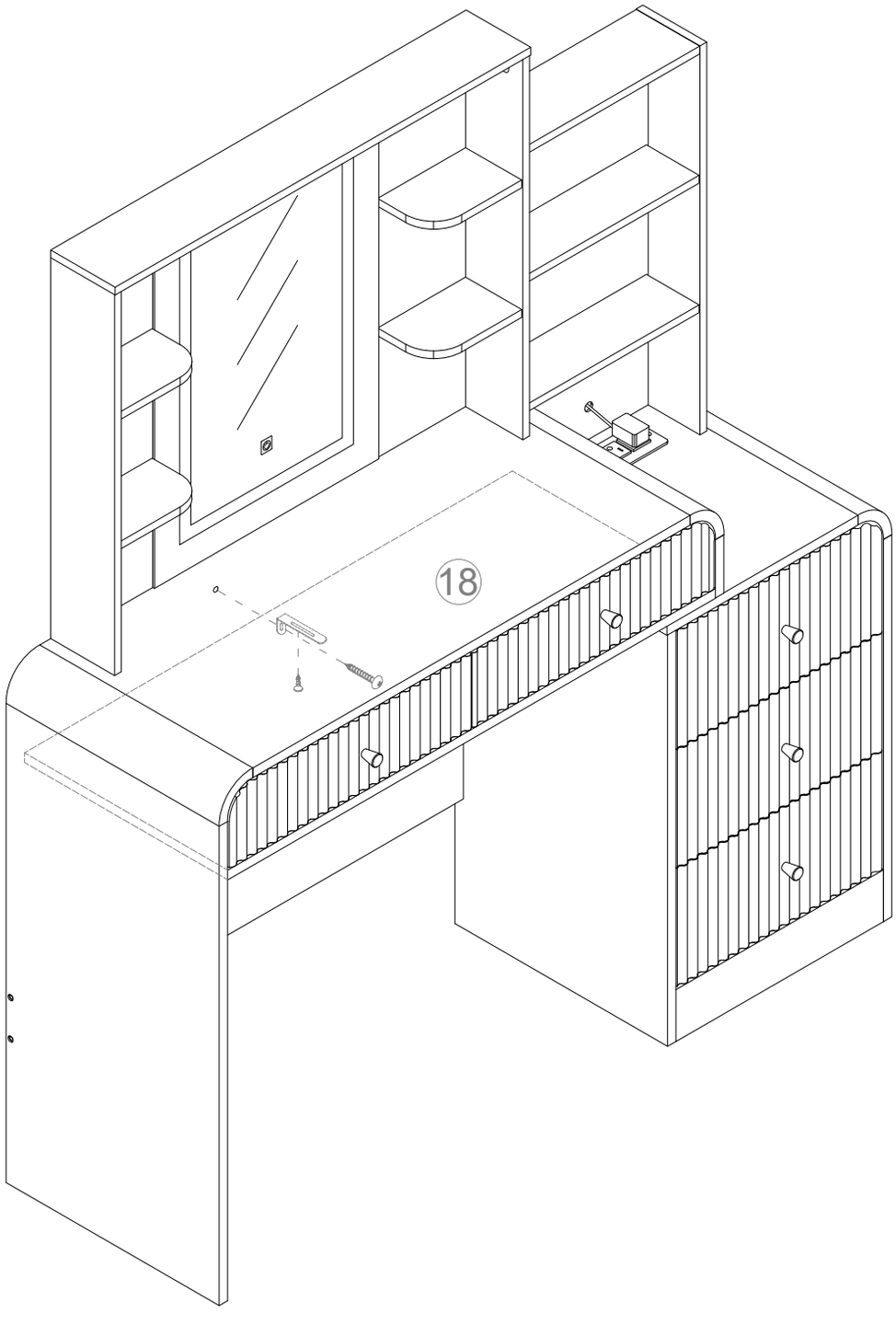


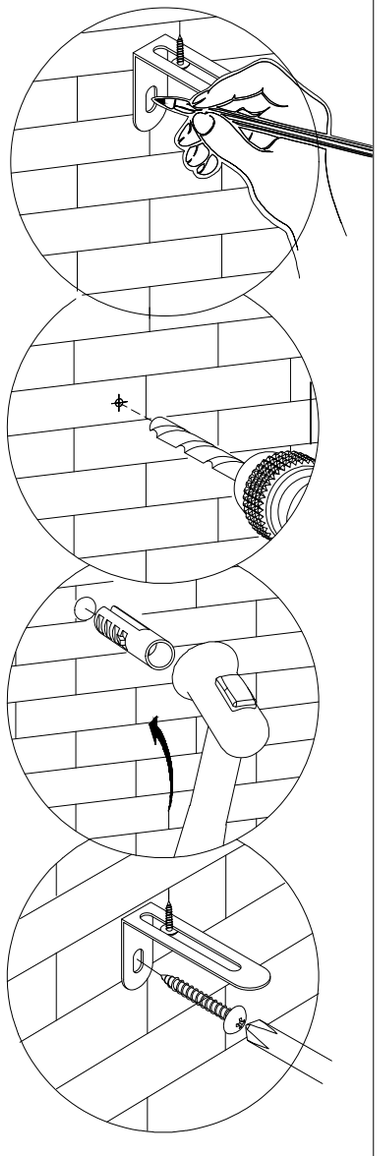
E x 12PCS			
DL x 3PCS		DR x 3PCS	

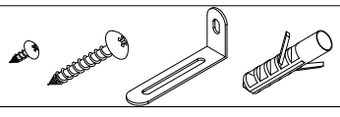
Step 44



Step 45





L x 1PC	

Step 46

