



What can I put in my Vego Composter?

Please refer to below list when refilling your composter, or visit <https://vego.com/pages/what-goes-in-vego> to download the Vego App for details.

✓ Always

Fruit/Vegetable Scraps:

Banana peels, apple peels, tomato tops, onion bottoms, potato peels, avocado skins, carrot tops, vegetable & fruit ends, broccoli & cauliflower stems, apple cores, etc.

Tea & Coffee:

Loose tea and coffee grounds.

Meal Leftovers:

Small quantities of prepared foods like grains, egg shells, fish scraps, meat scraps, sauces, & dairy products (cheese, yogurt, etc.)

Herbaceous Houseplants:

Herbaceous plants (as opposed to woody varieties) have soft stems, leaves & flowers (under 2 in.)

Starches:

Bread, pasta, rice, potatoes, cereals, oats and other grains.

? Limited

Fibrous Waste:

Chopped up corn husks & nut shells.

Sticky Foods:

Honey, maple syrup, jams, nut butters, etc. (in very small amounts.)

Biodegradable Materials:

Unbleached: Food-soiled paper napkins, tea bags, coffee filters.

✗ Never

Meats & Dairy:

Large amounts of chicken, beef, pork, & lamb, excessive cheeses & yogurts.

Fats & Oils:

Solid fats (butter, margarine, lard), cooking oils.

Hard Waste:

Woody plant matter (sticks & branches), salt, hard bones (chicken, beef, pork, lamb, etc), fruit pits, pineapple heads, walnut shells (toxic to plants.)

Synthetic Waste:

Soaps, shampoo & conditioner, packaging, diapers, baby wipes, feminine hygiene products, pet feces, cigarettes, styrofoam, synthetic chemicals (including cleaners, disinfectants, etc.)

Recyclable Waste:

Paper, envelopes, paper boxes, metal, plastics, glass.



Tips:

- For optimal composting, please break down food waste into small pieces before putting it in. If the waste contains too much liquid, please filter out the water first
- For the sake of plant nutrition, please follow the list to fill your composter, and keep sugary and oily scraps to a minimum for Vego, Fertilize, and Grass modes