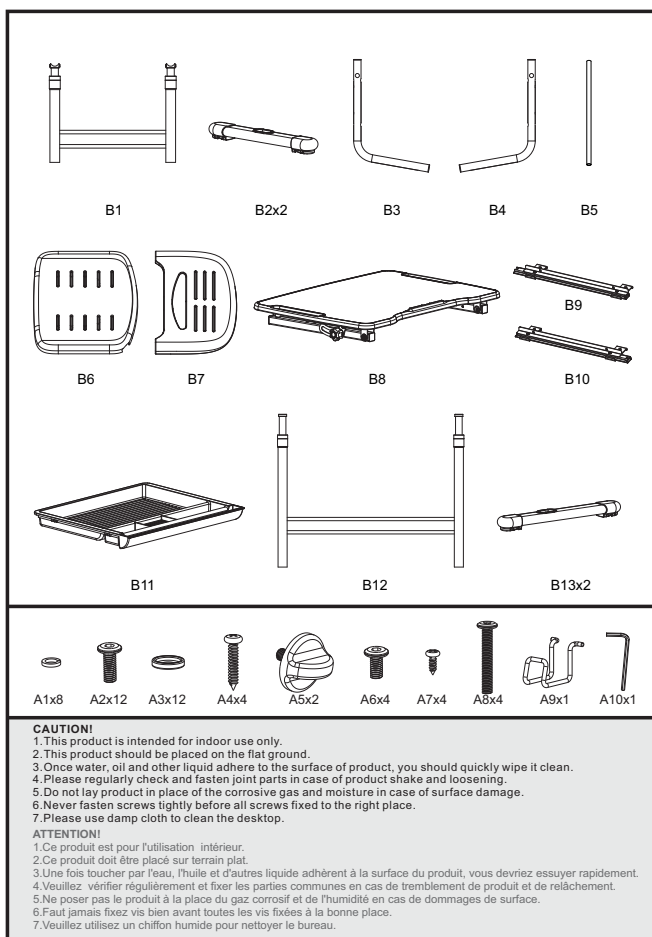




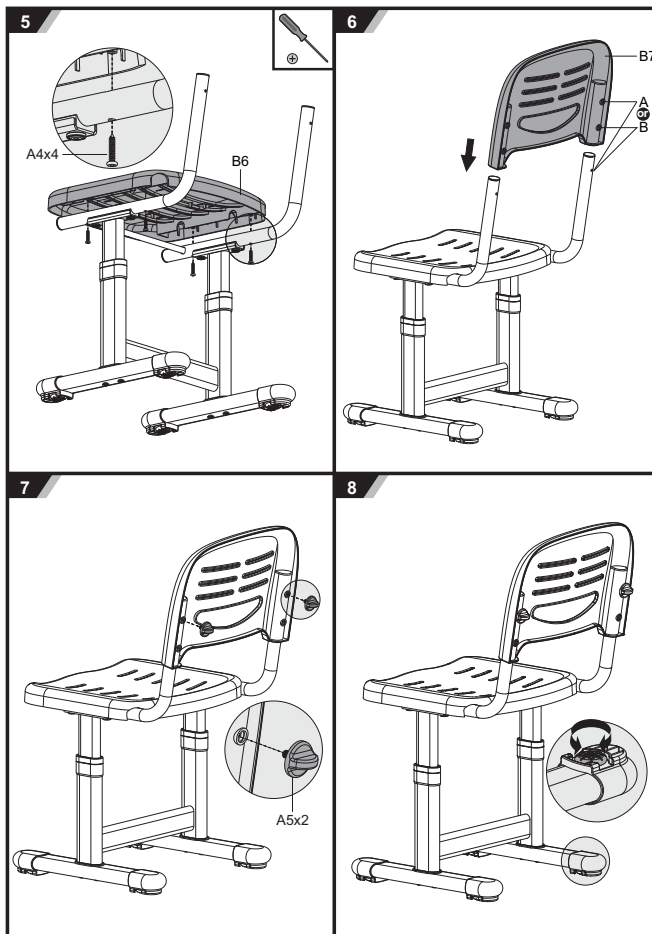
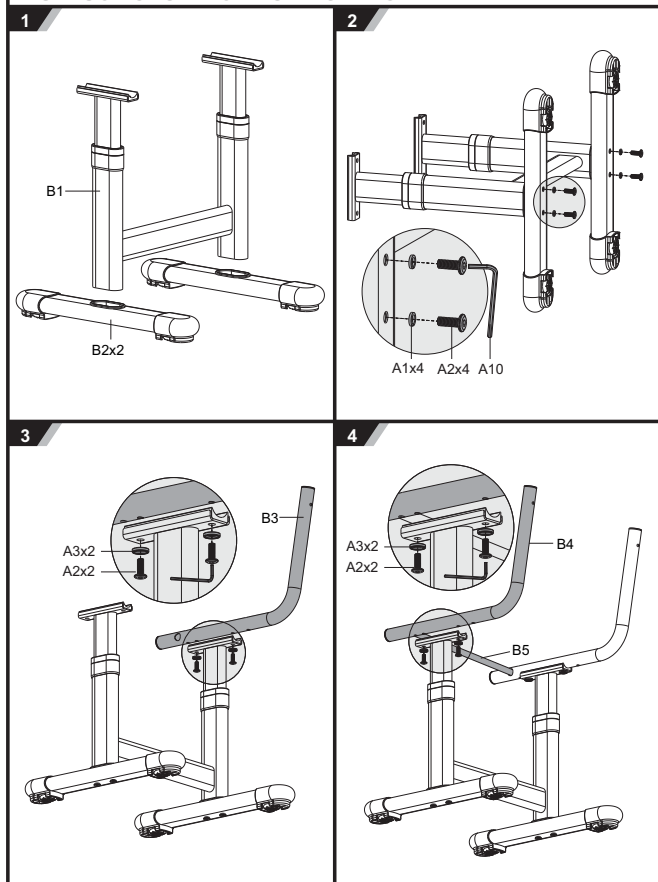
Children's Healthy Desk & Chair

Table et chaise pour la sante des enfants

ASSEMBLY INSTRUCTIONS
INSTRUCTIONS DE MONTAGE

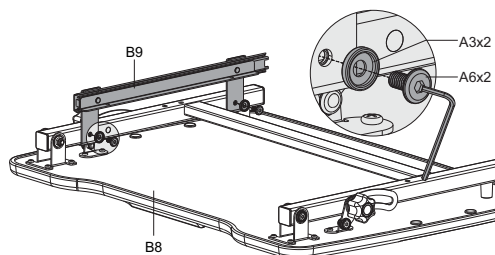


CHAIR ASSEMBLY INSTRUCTIONS INSTRUCTIONS DE CHAISE MONTAGE

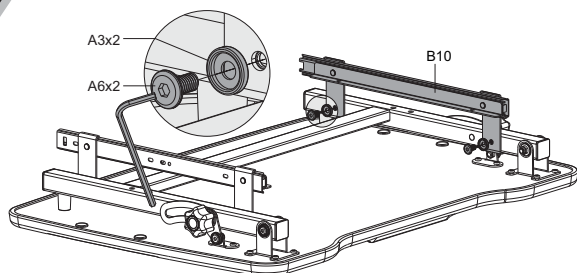


DESK ASSEMBLY INSTRUCTIONS INSTRUCTIONS DE TABLE MONTAGE

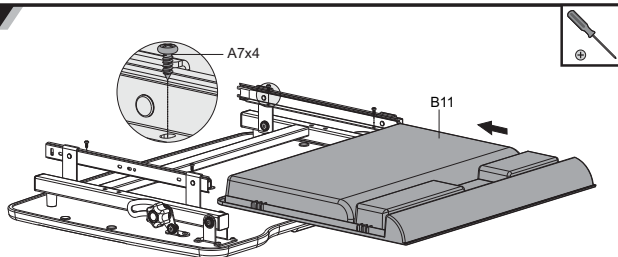
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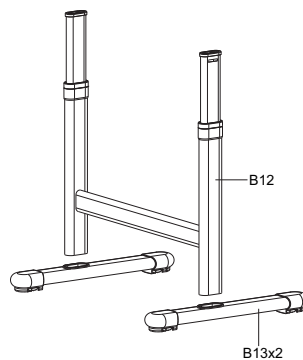
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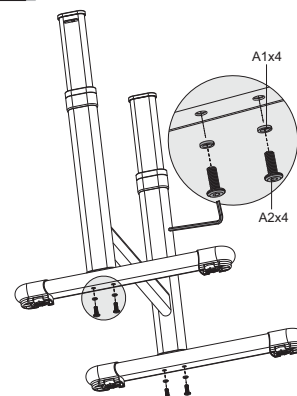
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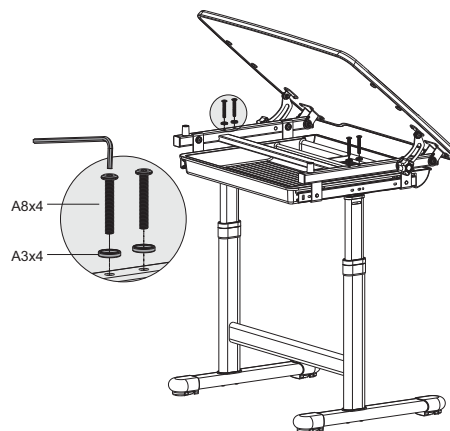
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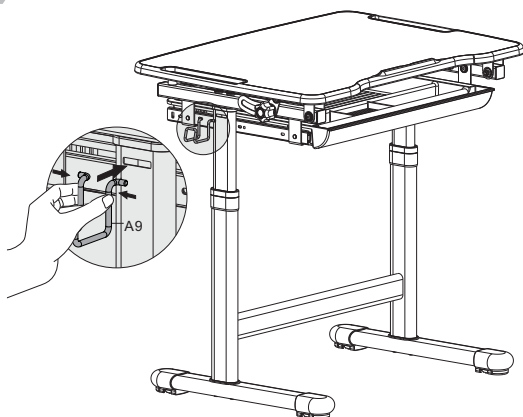
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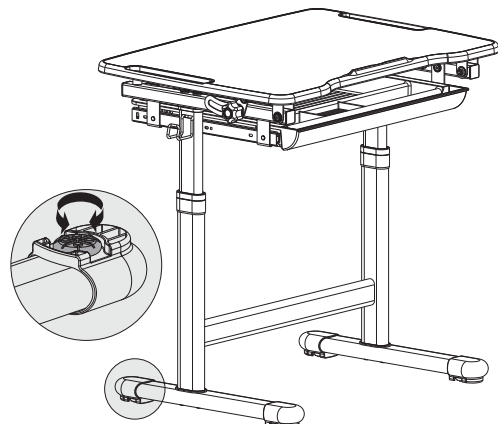
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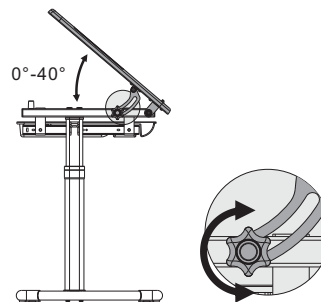
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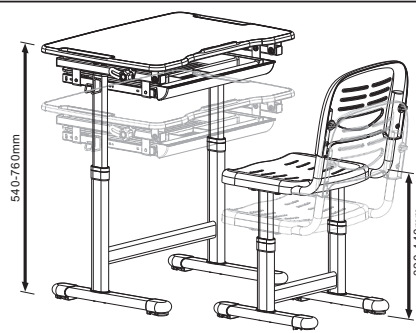
16



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HEIGHT ADJUSTMENT AJUSTEMENT DE HAUTEUR



How to lift up

Desk and chair can be adjusted higher by direct pulling up. Step on the support bar with one foot and pull up desk/chair to the height needed.

Comment se lever

Table et chaise peuvent être ajustés par plus directe tirant vers le haut. Montez sur la barre de support avec un pied et tirez bureau / chaise à la hauteur nécessaire.

How to lower down

Pull up to the max height and slowly lower down to the min height. Pull up again to the height needed.

Comment régler plus bas

Tirez vers le haut à la hauteur max et lentement plus bas à la hauteur min. Tirez de nouveau à la hauteur nécessaire.