

*Share the warmth with family*



# **FAR INFRARED SAUNA**

***OPERATION MANUAL***



# T-50C

## FAR INFRARED SAUNA

Sample mini model

## Device Structure

### 1. Composition

1.1 The product consists of the base, fore-body, rear-body, left-body, right-body and top plate. The left side of the product is equipped with a seat. A lower seat cover is provided under the front of the seat.

1.2 The room plates and seat are equipped with inner fasteners. The lower seat cover is embedded in the seat support.

1.3 A main power switch and LCD digital control panel are installed in the upper part of the room to control the operational status of the product. Also, a light is installed in the Room.

### 2. Description of Control Panel

The control switch and status display of the product are on the LCD digital control panel on the front room plate and can be controlled in the Room.

2.1 Power on: After connecting the power, press the red main power switch and then the "Power" - ON button on the control panel to start up the product. The LCD panel will display the operational status.

2.2 Power off: During normal operation, press the "Power" - OFF button and then the red main power button to power off the product and cease operation.

2.3 Temperature setting: After starting up, press the "TEMP" button, the setting light and the current temperature will come on the display. You can press the "TEMP ADJUST +/-" button to adjust to the temperature you require at this point.

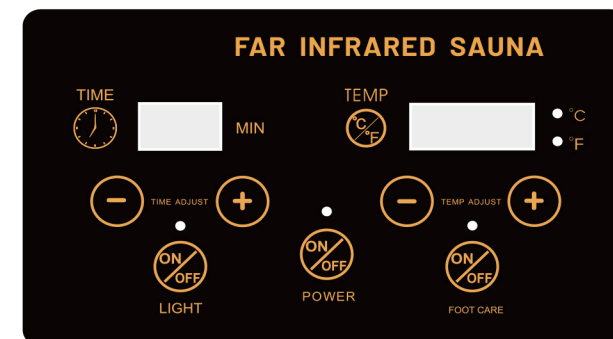
- Hold down the "+/-" buttons of "TEMP ADJUST" at the same time to switch between Celsius and Fahrenheit.

- The Celsius temperature range is 25-60°C and the Fahrenheit temperature range is 77-140°F. After the setting temperature number stops flashing, it will display the actual temperature inside the Room.

2.4 Time setting: During start up, press the "TIME ADJUST +/-" button to adjust to the required time.

2.5 Light setting: After connecting the power, press the "LIGHT" button, and the light will come on; press the button again, and the light will turn off.

2.6 Foot Care setting: After connecting the power, press the "FOOT CARE" button, to start/stop operation of the foot heating plate.



## Installation

### 1. Installation Instructions

- The product is supplied in a complete package.
- The plate is quite heavy. Please be careful to avoid accidental injuries in the process of installation.
- The product should be assembled by two adults.

### 2. Installation Steps

- There is a "+" fastener and a "-" fastener on the side of each plate. A "+" fastener is connected to a "-" fastener during installation. The installation method is as follows: Lift the plate with "+" fastener 10 cm above the plate with "-" fasteners (Figure 1); move the plate with "+" fasteners close to the plate with "-" fasteners (Figure 2); and then move it down until the plate with "+" fasteners is aligned with the plate with "-" fasteners (Figure 3). If the height is not equal or there is an obvious gap between the two plates, it indicates that the assembly is wrong and it should be re-assembled.



Figure 1

Figure 2

Figure 3





Figure 1



Figure 2



Figure 3



Figure 4

1. Place the base horizontally on the ground (note: the ground must be flat), and make sure that the heating plate of the base is in front. (Figure 1)
2. Place the back piece in the groove of the base. (Figure 2)
3. Place the left side piece in the groove of the base. (Figure 3)
4. Place the right side piece in the groove of the base. (Figure 4)



Figure 5



Figure 6



Figure 7



Figure 8

5. Align the grooves on both sides of the seat baffle with the supporting wooden bar tenons on both sides and slide down evenly onto the base to ensure that the grooves on both sides of the seat baffle are all embedded in the supporting wooden bar tenons inside. (Figure 5)
6. Connect the left and right side pieces, the back piece and the heating plate interface of the sole, and rotate and lock it. (Figure 6)
7. Place the seat on the seat baffle, and push back to the rear panel along the seat fixing strips on both sides. (Figure 7)
8. Place the front piece in the groove of the base. (Figure 8)



Figure 9



Figure 10



Figure 11

9. Install the top base, make sure that each wire can pass through the corresponding hole, and make sure that the top base is fully embedded in the four side pieces. Picture 9
10. Butt the interface of the heating plate inside the top seat, and rotate and lock it, paying attention to the direction of the connection. Warning: Remember to not plug the power cord into the power socket when connecting the cord to avoid the risk of electric shock. Picture 10
11. The power cord is located at the left rear of the top base. When using, take out the power cord and insert the plug into a suitable household socket. Picture 11

### 3. Installation Notes

- 3.1 Tightly fasten all room plate fasteners during installation and be sure the plug under the seat plate is installed correctly.
- 3.2 The product must be placed away from heat sources and moisture, and at least 20 cm away from walls or other objects.
- 3.3 A three-hole socket with a reliable grounding terminal must be used to plug in the device.
- 3.4 The power supply voltage used must be consistent with the voltage value indicated on the product nameplate.
- 3.5 Don't let the power cord be crushed under the room base or other heavy objects, and do not forcibly pull or squeeze the power cord.

## Application Method of Product

### 1. Instructions

- 1.1 Preheating
  - 1.1.1 Close the air hole on the top of the product.
  - 1.1.2 Start operation by pushing the power button on the control panel.
  - 1.1.3 Press TEMP adjustment button to set temperature, temperature can be set up to 40-50 ℃.
  - 1.1.4 Press the time adjustment button to set the required time (about 20-30 min) and enter the preheating state. After about 20 min, the room reaches the set temperature and keeps constant automatically.
  - 1.1.5 Please don't open the product door frequently.
  - 1.1.6 After the temperature is constant, change the set temperature and open the product door temporarily to accelerate cooling while reducing the internal temperature of product.
- 1.2 Timing
 

After preheating to the set temperature, adjust the timing switch to adjust to the preset time; Close the product door after entering.
- 1.3 Finish using. Press the power switch to turn off the power supply.

### 2. Precautions During Use

- 2.1 When using the product, please check whether the power supply meets the requirement (whether there is a grounding device).
- 2.2 Please don't take clothes, shoes, metal jewelry, watches and other items into the product.
- 2.3 Don't put combustibles such as a lighter, liquified gas, gasoline and alcohol and corrosive products such as strong acid and alkaline in the product.
- 2.4 Please don't stretch fingers into the heating plate's protective cover in the hot product.
- 2.5 Don't smoke in the product or bring any fire.
- 2.6 The product may not be made so hot during use in wintertime or cold weather or low indoor temperature (lower than 10 ℃). To ensure the internal temperature of the product, please keep the indoor temperature at about 20 ℃.
- 2.7 In principle, don't use the product immediately after a meal, but actually one hour after the meal.
- 2.8 In principle, don't take a shower immediately after using the product, but two hours after using.
- 2.9 When using the product, please drink more warm water to supplement the water lost during perspiration.
- 2.10 Stop using if it is uncomfortable when using the product.
- 2.11 Please wipe sweat after using, keep warm to avoid catching a cold.
- 2.12 Don't remove the parts such as a control panel and heating plate arbitrarily.
- 2.13 It is suggested that the product shall not be used continuously for more than 2 hours.

### 3. Power Safety

- 3.1 The power supply and power circuit must be provided with reliable grounding during use; the power cord is equipped with a reliable grounding wire to avoid excessive use of product producing a large amount of water vapor and causing electrostatic induction, voltage increase, short circuit, smoking, tripping and other phenomena.
- 3.2 Please don't use the power supply beyond the national standard voltage (e.g. 220V for China, 240V for Malaysia and 120V for America) to avoid fire and electric shock.
- 3.3 Do not work on, curl, or damage the power cord to avoid sparking and electric shock.
- 3.4 Make sure that there is no water or debris in the plug or in the gap to avoid electric shock or other malfunctions.
- 3.5 When plugging in or unplugging the power cord, please hold the head of the plug and ensure



- your hands are dry to avoid the risk of electric shock.
- 3.6 Families with pets should pay attention to prevent the pets from biting the power cord or urinating on the plug, which may cause fire or other accidents. When going out, be sure to unplug the device and place the product in a place beyond reach of pets.
- 3.7 Replacement of the power cord other than by professionals is strictly prohibited. Please contact professional maintenance service or electricians for replacement or maintenance.

#### 4. Unsuitable Users

The following groups are strictly prohibited from using the product:

- 4.1 Patients with diabetic foot, severe cardiovascular and cerebrovascular disease.
- 4.2 Patients with cancer in the process of radiotherapy and chemotherapy.
- 4.3 Infants and young children, pregnant women, and menstruating women.
- 4.4 Patients with glaucoma, cataract and bleeding tendencies.
- 4.5 Patients with active tuberculosis, severe arteriosclerosis, malignant tumor, and blood coagulation disorders.
- 4.6 Patients wearing pacemakers, or with steel plates or other metal inside the body.
- 4.7 Patients with burns and fractures.
- 4.8 People with electromagnetic sensitivity.
- 4.9 People with a history of cerebral infarction or myocardial infarction.
- 4.10 People with the lower than normal blood platelets.
- 4.11 People requiring frequent infusions within 2-5 years owing to cardiovascular and cerebrovascular diseases or easily damaged blood vessels.
- 4.12 People drinking a lot of alcohol or taking sleeping pills within the last 24 hours.
- 4.13 Patients with mental disorders, patients who can not take care of themselves, have no self-awareness, and have no independent behavioral ability.

✖ **If you are not physically healthy, please use this device under the guidance of a professional!**

## Product Cleaning and Maintenance

### 1. Cleaning Method of Product

- 1.1 Open the product door and remove the dust, hair and small sundries in the room with a duster or soft hair brush; wipe the whole room, seat and frame feet with a dry towel that has strong water absorption, discharge the moisture in the room and disinfect and sterilize.
- 1.2 Enable the machine to run idle at least once a week (30 min each time), so as to keep the dryness of the inner room and reduce the electrostatic induction.
- 1.3 If the room is frequently used, dehumidify it as stated above after each use. A thorough cleaning is also required after each day of use.
- 1.4 If the room is not used or you plan to be away for long periods, ensure that the power is unplugged to avoid potential safety risks.
- Please clean after the product is powered off.
- Please maintain the product when the temperature of the inner room is reduced to the indoor temperature.

### 2. Precautions for Product Maintenance

- 2.1 Overall movement
  - 2.1.1 Pull out the power plug and arrange the power line.
  - 2.1.2 Close and fix the room door.
  - 2.1.3 When moving the product, please lift the base of the room body rather than push the vertical plate of the room forcibly.
  - 2.1.4 Handle with care during movement to avoid room damage.
- 2.2 Equipment cleaning
  - 2.2.1 When wiping the room wall and protective cover, please avoid touching the frequency spectrum plate.

- 2.2.2 Don't wipe the product with a chemical cleaner.
- 2.2.3 Don't wash and sprinkle the interior and exterior of the product or wipe the control panel and knob with alcohol or other solvent.
- 2.2.4 Don't dismount, repair and transform the product on its own; if it is necessary to change the controller, please operate when the product is powered off.
- 2.2.5 Don't use the product as storage space.

## Specifications

### Technical Data

This product is designed and manufactured according to the safety requirements of relevant standards.

Technical Data

Type: T-50C

Data:

Type	Rated power	Overall dimension
T-50C	800W	700*895*1565mm

### Working Conditions

Ambient temperature: -5°C ~ +40°C

Relative humidity: ≤75%

Rated power: 50-60Hz

☐ AC100V    ☐ AC110V    ☐ AC120V    ☐ AC220V    ☐ AC230V    ☐ AC240V

### Note

- Improvements and changes to the data may be made without further notice.
- Damaged parts or expired components should be disposed of according to the regulations for disposal of general electrical waste.
- In case of any problems, please contact the local dealer or manufacturer.

## After-sales Service Guide

### 1. Free warranty period of product:

12 months or accumulated use of 2000 hours

The free warranty period starts from the date of receipt. Users can enjoy 12 months of free warranty and life-long paid maintenance (during the free warranty period, if the accumulated use time reaches 2000 hours, then the accumulated use time shall prevail).

### 2. The following conditions are excluded from the scope of the warranty:

- 2.1 Failure caused by force majeure factors (such as war, earthquake, flooding, mudslide, typhoon, lightning, etc.), improper use/maintenance, abnormal operation and modification, or other accidents.
- 2.2 Failure to provide the warranty card and proof of purchase, and product damage caused by disassembly without consent of our technical service personnel.
- 2.3 After the warranty period expires, the Company will provide lifetime paid maintenance and will only charge the maintenance costs.

### 3. Maintenance Method

- 3.1 Warranty service: Within the free warranty period, in case of a malfunction caused by the product itself, customers should bring the product to the Company or have it couriered, attaching a detailed description of the malfunction along with the customer's telephone number and shipping address, so as to facilitate the Company to repair and returning the product to the customer as soon as possible.