

# SAUNAS USER MANUAL

**SAUNA ROOM**

**FOR INDOOR USE ONLY**

**120VAC 15 AMP DEDICATED CIRCUIT**

SAUNA: CAREFULLY AND THOROUGHLY READ THIS MANUAL BEFORE USING THE SAUNA.  
WE RECOMMEND KEEPING THIS MANUAL FOR REGULAR REVIEW AND FUTURE REFERENCE

## CONTENTS

- A. Preview
- B. General Safety Rules
- C. Installation
- D. Operation
- E. Tips for Use
- F. F. A. Q.
- G. Maintenance
- H. Transportation
- I. Limited Warranty

## WARNING

Visually inspect all heaters before assembly to make sure they are not damaged . Any excessive vibrations during transport could cause damage to the heating elements . DO NOT START the sauna if damage is detected ! Contact your dealer or manufacturer for troubleshooting and replacement parts.

## NOTE

The pictures and diagrams shown within this owner's manual are representations of this model. Actual model may vary.

## A. PREVIEW

### A.1 Operating Conditions:

Temperature: 5°C-40°C(Fahrenheit Degree: 41-104°F)

- Humidity: W85%
- Pressure: 700-1060 hpa
- Power supply: AC115-120V, 60Hz
- The sauna cabin must be 1.38 inches away from the wall at the least.

### A.2 Features:

- Wooden construction.
- Digital microprocessor controlled.
- Temperature adjustable from 18°C-65°C.(Fahrenheit Degree:65-149°F)
- Adjustable dwell time from 0 to 90 minutes.
- Temperature sensor.
- Touch-tone keypad.
- Long-life carbon fiber heater.
- Has one ventilator on the roof.

**Before using the sauna, familiarise yourself with all safety notes and warnings included in this manual and also on the safety notices on the sauna itself.**

## B. GENERAL SAFETY RULES

### **B.1 IT IS UNLAWFUL TO INSTALL THIS UNIT WITHOUT FIRST OBTAINING A PERMIT FROM THE LOCAL ELECTRICAL INSPECTION AUTHORITY.**

• There must be a reliable grounding device in the power supply and circuit used when the equipment is working, and a reliable grounding wire in the socket to avoid a large amount of water vapor produced by the equipment due to overuse, which may cause static induction, voltage increase, circuit short circuit, smoke, tripping and other phenomena;

• equipment used in the work of the power cord and circuit connection line hidden inside the device, do not pull the wire in the process of use or to change their own lines, feet, please do not rub back and forth around the foot mesh or heating plate to avoid grinding equipment wires and circuit connections outside the protective layer, resulting in power leakage, wire short circuit, smoke, tripping and other phenomena;

• Do not use the national standard voltage other than the power supply, so as not to cause fire and electric shock hazards.

- Do not attach moisture or any debris to the power plug or the gap between the power supply, so as to avoid electric shock or other equipment failure;
- When plugging in or unplugging from the power supply, please grasp the plug and make sure there is no moisture on your hands to avoid the risk of electric shock;
- Families with pets need to pay attention to the pet's behavior to avoid it biting the power cord or the power plug above the urine and feces, easy to cause fire or other accidents; out of the house, be sure to unplug the power plug, and place the equipment in the pet can not touch the place.

## B.2 Health Precaution

HIGH HEAT HAZARD: Normal body temperature should not exceed 39°C (103°F).

- Do not sleep while using the equipment to avoid accidents; do not use the equipment continuously for a long time;
- When used by people without self-consciousness or independent operation ability, they must be accompanied by people with independent behavior ability to avoid accidents;
- If you feel uncomfortable or your skin feels abnormal during use, please stop using the device immediately and consult a doctor;
- Don't wear clothes with metal and remove metal jewelry when using the device to avoid low temperature burns.

**CAUTION: If you feel dizzy, drowsy or have any symptoms of discomfort, exit the sauna immediately. If you are experiencing symptoms of discomfort or illness, you must consult your physician before using the sauna. Please note that this product is a physical therapy device and not a treatment device.**

## B.3 Safety Precautions

- Do not dry clothes or leave towels in the sauna.
- Do not touch the heater with your fingers or metal tools when the light is on.
- Do not splash water or other liquids on the heater.
- Do not use the sauna if you have any of the following conditions:
  1. Have unhealed wounds, eye problems or severe burns;
  2. the elderly, the infirm, and especially the sick. Pregnant women and infants are prohibited;
  3. Patients suffering from hyperthermia, obesity, heart disease, high blood pressure, circulatory diseases or diabetes must consult a doctor before using this product.
- Do not put pets in the sauna.
- Do not use after excessive alcohol consumption.
- Do not install sauna near water, bathtubs, showers, wet basements or swimming pools.

- Do not use liquid cleaners or aerosol cleaners in the sauna. Before cleaning, it is necessary to disconnect the power and unplug the outlet. Scrubbing with water and a soft cloth is recommended.

- If it is necessary to use a wall outlet adapter or extension cord between the sauna power cord and the wall outlet, use a product that complies with the standard regulations.

- Children 8 years of age and older, and persons with diminished physical, sensory or mental abilities or lack of experience and knowledge must be supervised or instructed in the safe use of electrical appliances before using this product.

- The sauna should be inspected before restarting the timer.

- When replacement parts are required, make sure they meet the manufacturer's specified requirements.

- Unauthorized substitutions may result in fire, electric shock or other hazardous conditions. After performing any repairs, have a service technician perform a safety check.

#### **B.4: Maintenance Guidelines**

- To ensure the safety and optimum performance of your sauna, please observe the following guidelines:

- **DO NOT MODIFY THE POWER CORD:** The power cord supplied with your product is designed for safe operation. Modifying, cutting or altering the power cord in any way may result in a safety hazard.

- If the power cord is damaged, it must be replaced by a similarly qualified person in order to avoid a hazard.

- **WARNING:** Connections to the power cord must be made by a qualified electrician! Installation of all electrical component box












- **Avoid the use of extension cords:** We strongly recommend that you do not use extension cords with this product. Extension cords may cause a drop in the power supply, leading to reduced performance and potential safety risks. If you need a longer extension, please contact our customer service for a recommended solution.





- When replacement parts are required, make sure they meet the manufacturer's specified requirements.

- Unauthorized substitutions may result in fire, electric shock or other hazardous conditions. After any repair, have a service technician perform a safety check to make sure your sauna is working properly.

- Failure to follow these instructions may result in damage to the product or pose a safety risk. Thank you for prioritizing safety and following these guidelines.

# MAIN COMPONENTS (HK1)

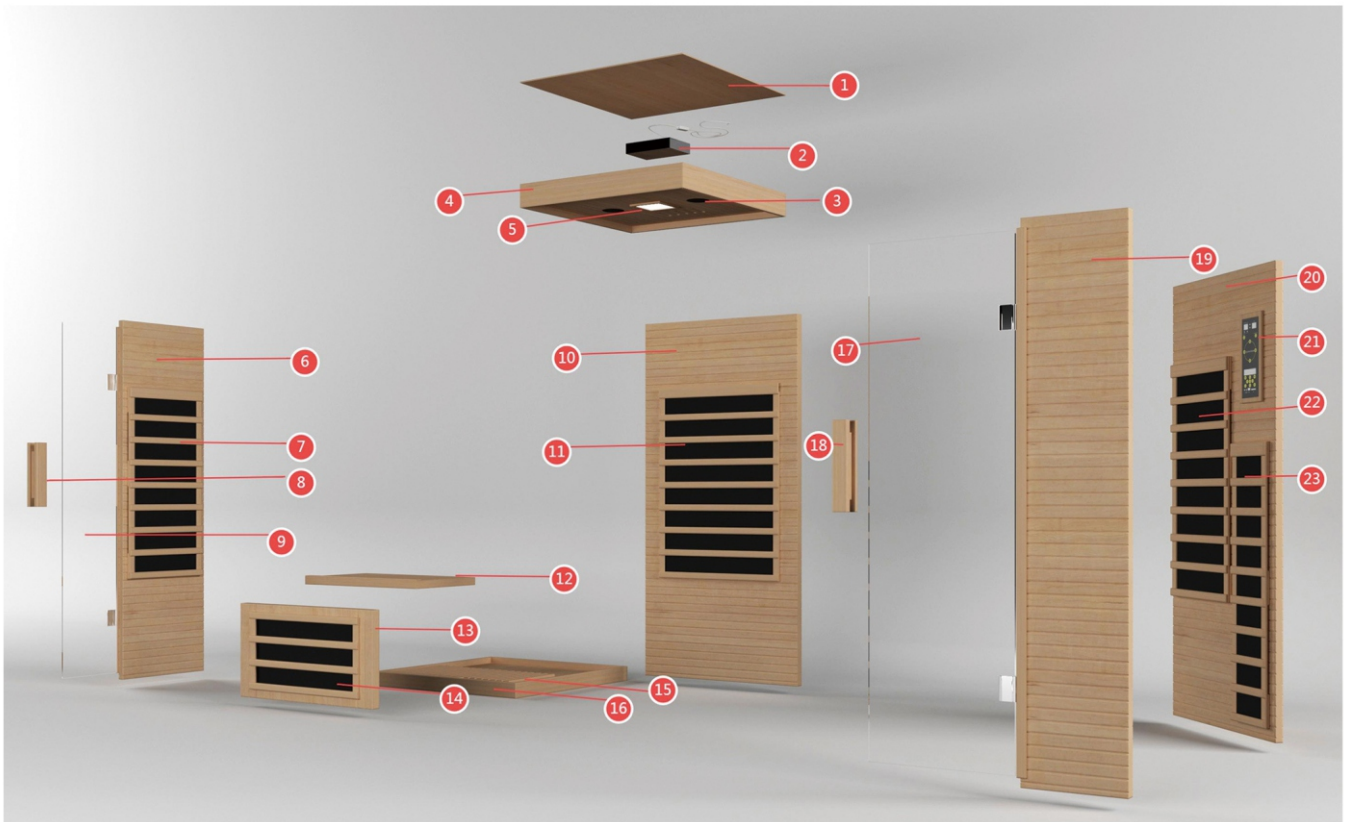
<b>1</b> 	<b>2</b> 	<b>3</b> 	<b>4</b> 	<b>5</b> 	<b>6</b> 
FLOOR QTY1	BACK PANEL QTY1	RIGHT PANEL QTY1	SEAT SUPPORT QTY1	SEAT PLATE QTY1	LEFT PANEL QTY1
<b>7</b> 	<b>8</b> 	<b>9</b> 	<b>10</b> 	<b>11</b> 	<b>12</b> 
FRONT PLATE QTY1	TOP PANEL QTY1	DUST COVER PLATE	DOOR HANDLE QTY2	OXYGEN BAR QTY1	CUP HOLDER QTY1

<b>FIXINGS, FITTINGS AND TOOLS (HK1)</b>	 ST*0.98"*6PCS	 ST*0.59"*16PCS	 M6*1.97"*4PCS	 ST*1.97"*10PCS
	TEA CUP HOLDER: USE 2PCS TOWEL RACK: USE 2PCS SPARES:2PCS	OXYGEN BAR: USE 2PCS DUST COVER PLATES: USE 12PCS SPARES:2PCS	WOODEN HANDLE: USE 4PCS	SEAT SUPPORT: USE 4PCS SEAT PANEL: USE 4PCS

# C.INSTALLATION

## C.1 Product detail diagram

### Sauna Room(for HK1)



1	Capping plate	2	Power box
3	Speaker * 2pcs	4	Top panel
5	Square colour lamp	6	Left panel
7	Heating body above left seat	8	Left door handle
9	Left tempered glass	10	Back panel
11	Back heating plate	12	Seat panel
13	Seat bracket	14	Seat support heater
15	Floor	16	Bottom heating element
17	Front door glass	18	Front door handle
19	Front panel	20	Right side panel
21	Control panel	22	Heating body above the right seat
23	Right front seat heater		

## C.2 Attention before installation

- Do not share the same plug with other appliances.
- Position it on a flat level surface.
- Do not splash the exterior with water. If the floor is damp, install a floor separator to keep the sauna dry & high.
- Do not store the flammable objects or chemical substances near the sauna.

## C.3 Installation steps

- The installation direction of the sauna room is based on the person facing the sauna room.
  - Place the bottom panel on a level ground and keep it facing upwards.
  - The installation position of the tea cup holder and towel rack is up to you.
- 

**Special reminder: The accessories should be placed in packaging box A**

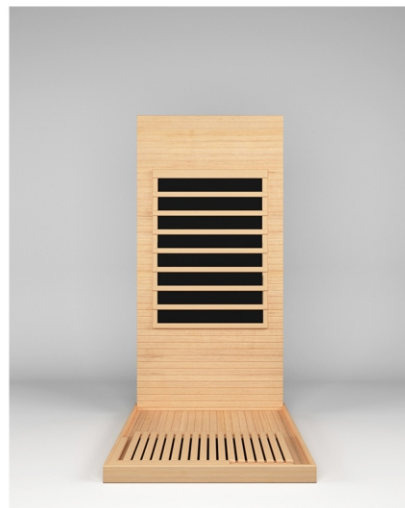
### Step1: Install floor

Floor\*1



### Step2: Install the back Panel

Back Panel\*1



### Step3: Install the Left panel

Left panel\*1



Fasten the sauna plate with hasp.

### Step4: Install the Right panel

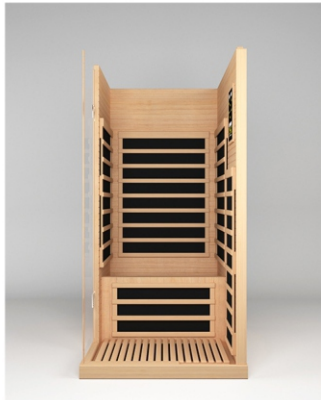
Right panel\*1



Fasten the sauna plate with hasp.

**Step 5: Install seat support with screws, See red coil (4 pcs)**

Seat Support\*1



Screw size: ST 1.97\*\*4PCS

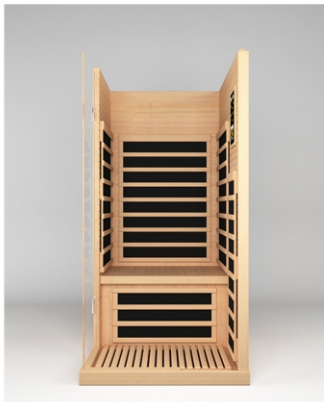


**Step 6: Insert plug under the seat (Leg+Foot Heater)**



**Step 7: Install the seat panel, insert the LED strip, and fasten the seat panel with screws**

Seat plate\*1



Screw size: ST 1.97\*\*4PCS



**Step 8: Install the sauna panel on the right side of the door  
Fasten the sauna plate with hasp.**

Front plate\*1



**Step 9: Install Top Panel before Dust Cover  
Remove Dust Cover**

Top Panel\*1



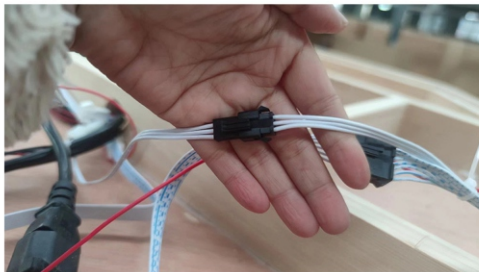
## Step 10: Install the top panel

A. Thread the wires from the sauna box through the top panel.

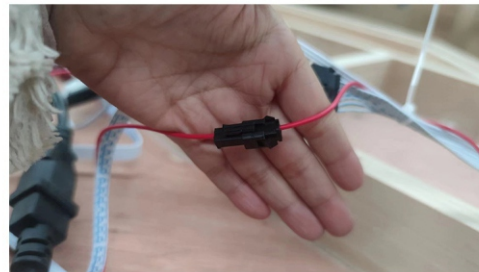
B. Join the top panel with the sauna box.



## Step 11: Connect all top electrical wires



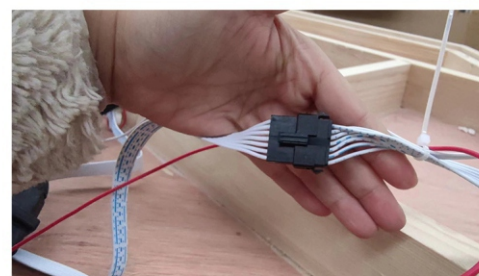
1.Connect Heater Wires(4 pcs)



2.Connect the controller wires



3.Connect music, speakers, and Bluetooth control wires



4.Connect radio antenna

## Step 12: Install door handles (the left side and front side are installed in the same order)

Door Handle\*2



Screw size: M6\* 1.97"\*4pcs

### Step 13: Install Tea Cup Holder

Tea Cup Holder\*1



Screw size: Size ST 0.98"\*2pcs

### Step 14: Installing Oxygen Bar

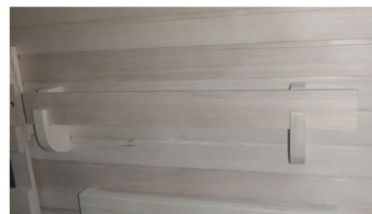
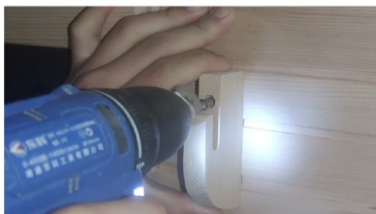
Oxygen Bar\*1



Screw size: ST 0.59"\*2PCS

### Step 15: Install towel rack

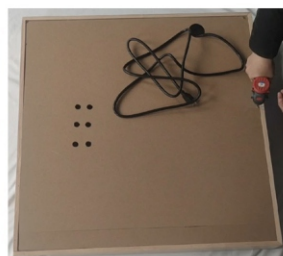
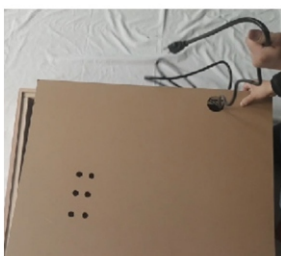
Towel rack\*1



Screw size: Size ST 0.98"\*2pcs

### Step 16: Install Top Cover

**Note: Before installing the top dust cover, be sure to thread the power cord through the dust cover**



Screw size: ST 0.59"\*12PCS



### C.4 How to replace the heater

Warning: only qualified person can replace the heater.

· How to replace the carbon fiber heater:

- 1** Use a screwdriver to remove the heating element wooden fence to be replaced



- 2** Carefully remove the heater and find out the connection line between the heater and the sauna wall:



- 3** Disconnect the connection line between the heater and the sauna wall;



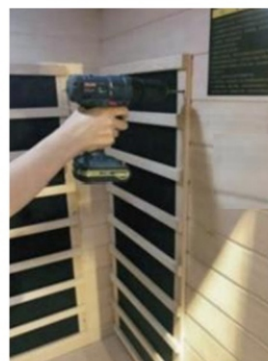
- 4** Remove the heater to be replaced from the wooden fence and replace it with a new heater;



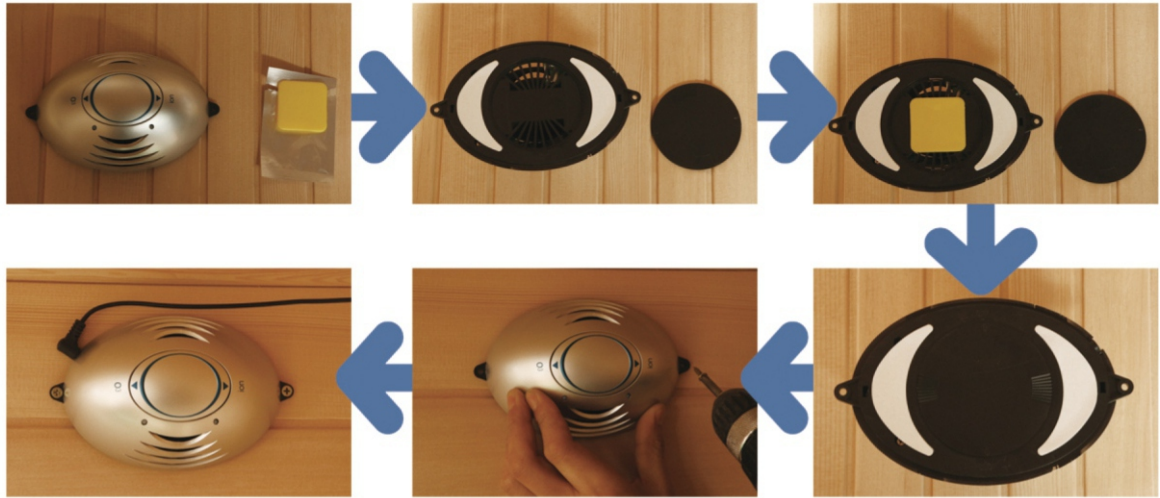
- 5** Connect the replacement heater to the wire in the sauna wall;



- 6** Fix the replaced heater and grate on the sauna wall.



### C.5 Oxygen Ionizer Installation



- Press the ion button: it extremely purifies the air and removes toxic substances including the dust and odors mold.
- Press the ozone button: ozone may kill virus, and will be deoxidized into oxygen in the end without secondary pollution, which the chemical agents can not achieve.



### SPECIFICATION

MODEL: -----DY13A  
OZONE OUTPUT: ----->5MG/H  
RATED VOLTAGE: -----DC-12V  
POWER CONSUMPTION: -----5W  
DIMENSION: -----4.72"\*3.54"\*6.93"  
ANION DENSITY: ----->1\*106PCS/CM3

- Operating instruction: anion and ozone can only work separately; when the ozone starts to work the anion will stop; after about 15 minutes working the ozone will stop; and turn the anion function automatically.

## D.OPERATION

**NOTE:** Before the sauna is turned on, remove plastic protective covering from the CONTROL PANELS. Please check and confirm that the connections to the POWER SUPPLY, HEAT EMITTERS, and TEMPERATURE SENSOR are connected properly. The power supply voltage and frequency must match the requested voltage and frequency of the sauna (120VAC 15AMP Dedicated Circuit).

### D.1 In use of sauna room



Please pull the temperature sensor vertical downward, as shown in the figure below to ensure the accuracy of the temperature display on control panel.

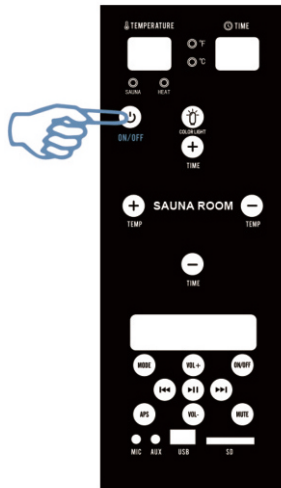




### D.2 Plug the power cord into the wall outlet.

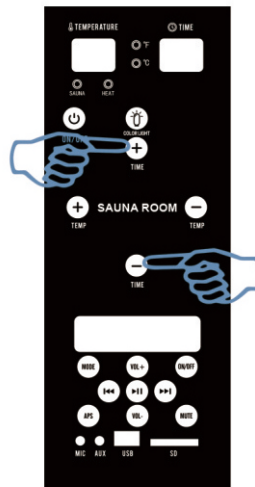




### D.3 Operation of control panel

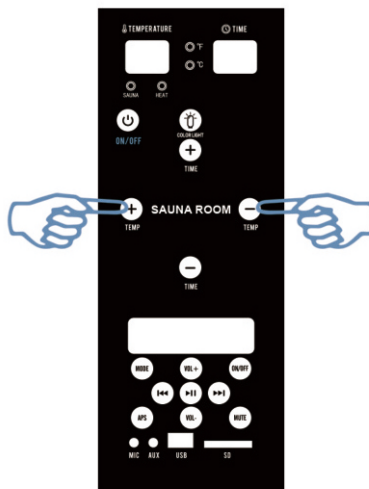
a. Press the key . The power indicator turns on. Temperature display indicates the temperature in the room. Press the key again . The power indicator turns off.




b. Press the key  or  to adjust the time. If the time indicates 00, the room stops heating.








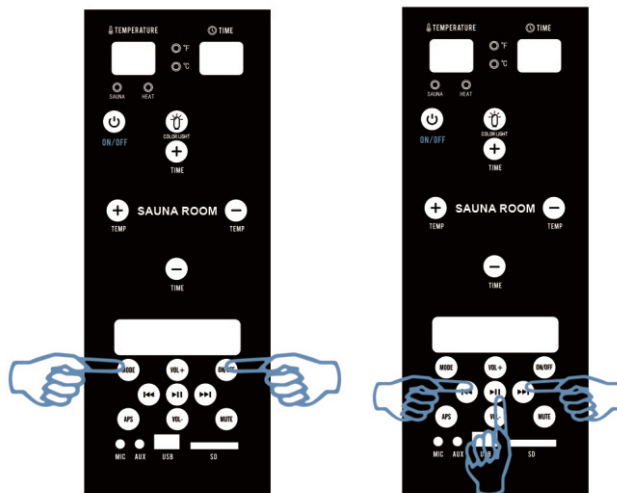
c. Press the key   together is F/C, the heat indicator turns on. The sauna will automatically start by pressing the keon the left to adjust the temperature.







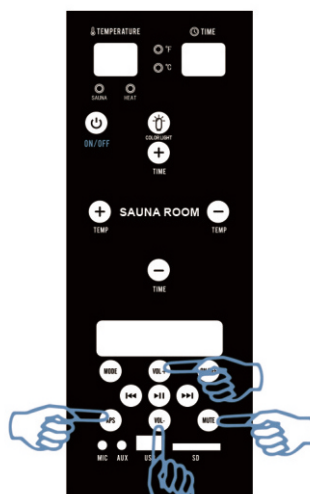
d. Press the key  to turn on LED color therapy light in the room. This light has 9 different kinds of effect. Pressing one time means one kind of color. Pressing L9, it turns into automatic quickly color changing mode and L8 it turns in to slowly color changing mode. And L1-L7 are for 7 different colors.



e. Press the key  to turn on/off the music. Press the key  to choose AM/FM and bluetooth(Bluetooth Name:G 811). Press the key  to choose the last song. Press the key  to choose next song. Press the key  to stop the song.



f. Press the key  to increase the volume. Press the key  to decrease the volume.- Press the key  and  to answer the telephone.



#### D.4 Open the ceiling vent to allow a flow of fresh if required.



### E.TIPS FOR USE

- Please note that this product is a dry steam sauna room with no water. Place the sauna room in a dry area, and ensure there is at least a 1-inch gap between the bottom of the sauna room and the floor to allow for ventilation. Do not place the sauna room on blankets or any material that may block the bottom of the sauna room.

- To ensure the safety and optimal performance of the sauna room, please adhere to the following guidelines:

Do not modify the power cord: The provided power cord is specifically designed for safe operation. Any modification, cutting, or alteration of the power cord may pose safety risks and could void the warranty.

Avoid using extension cords: We strongly advise against using extension cords with this product. Extension cords may lead to a drop in power voltage, resulting in decreased performance and potential safety risks. If you need extended coverage, please contact our customer service for recommended solutions.

Failure to comply with these rules will result in self-assumed responsibility for any issues, and the warranty will be automatically voided.

- Set the temperature to a comfortable level, normally 40 to 50°C.(104 to 122°F)
- Allow approximately 8-15 minutes for the sauna to warm up.
- Perspiration will begin within 6 to 15 minutes after stepping into the unit. We recommend a sauna session does not exceed 30 minutes.
- When the temperature reaches the level set on the thermostat, the heaters will turn off and on periodically to maintain the desired temperature level inside the sauna.

- The front door/window/ceiling vent can be opened at any time to allow fresh air into the room.
- Drink plenty of water before, during and after a session to replenish lost fluids from the body.
- Taking a hot shower or bath before the sauna session will further accelerate perspiration. However, do dry off thoroughly before entering, for excessive water will stain or warp the wood. A shower latter is refreshing.
- To absorb perspiration and keep the sauna tidy, place a towel on the bench and floor of the sauna. Keep one towel handy to wipe out sweat from the body.
- Do not eat at least an hour before your sauna session. It is better to go in a sauna with an empty stomach.
- Do not use the sauna immediately after the strenuous exercise.
- Any area you want to achieve a deep heating should be moved close to the heaters. But never allow any part of the body to come into direct contact with the heater.
- After the session is over, do not immediately getting out. Let the body sweat a little more. Then, take a warm shower and finish it off with a cold shower to cool off completely.

## F.FREQUENTLY ASKED QUESTIONS

MAKE SURE TO SHUT OFF THE ELECTRICITY BEFORE DOING IT.

If the supply cord is damaged, it must be replaced by the manufacturer, its service agent or similarly, qualified persons in order to avoid a hazard.

### F.1 Heater has problem.

Problem	Explanation	Solution
Heaters are still working When set time is up.	Power board and control panel broken.	Replace with a new power board and control panel.
All or parts of heaters working before you turn on the power, when you plug the power cord.	Power board broken.	Replace with a new power board.

### F.2 The control panel does not work.

Problem	Explanation	Solution
The power indicator isn't on.	The fuse is broken or the sauna is not plugged in.	Change the fuse or the plug in the sauna.
The soft keys do not work.	Unplug sauna, wait a minute or plug back into power source.	

### F.3 The interior reading light doesn't work.

Problem	Solution
The bulb filament is burned out.	Change the bulb ( $\cong$ 15 watt)

### F.4 The carbon heater not heat. (Warning: only qualified person can replace or repair the heater)

Problems	Explanation	Solution
Part of the heater does not warm up.	The heater is defective.	Replace with a new heater.
	Part of the heater is not connected well or burned out.	Connect them tightly.
The entire room does not heat.	The relay is damaged.	Replace the relay.
	The control panel is damaged.	Replace the control panel.
	The plug is not plugged in correctly.	Re-plug it.
Bench heater does not heat.	It is not connected tightly into the outlet on the back panel.	Connected tightly.

result of modifications made to the sauna or its components will void this warranty. Surface cracks are not considered defects in material or workmanship, as they are normal characteristics of all woods. This includes minor cracks due to wood expansion and contraction.

**Note: Since the wood used in construction has been kiln dried, a certain amount of expansion and contraction occurs in the wood in a sauna environment.**

For your record, please complete the following information. You need to refer to these information when calling the us for customer service.	
Date of purchase	
Date of delivery	
Model number	
Serial number	
Dealer information (name & phone)	

## G.MAINTENANCE

- Clean the sauna room with a soft wet cloth. NEVER use petrol, alcohol, benzene or any other such chemical to clean the unit.

## H.TRANSPORTATION AND STORAGE

- Avoid exposure to rain, snow or strong collisions during transport.
- Do not store in damp environments.

## I.LIMITED WARRANTY

- Vente Unique warrants the sauna to be free of defects in material and workmanship.
  - ※Heaters-----12 months
  - ※Workmanship-----12 months
  - ※Electrical Components-----12 months
- This warranty extends only to the original retail purchaser of the sauna and terminates upon transfer of ownership. Freight charges to and from the customer are the responsibility of the customer. This includes freight charges for parts shipped to enable the services of your sauna.
- This warranty is void if the sauna has been altered, misused, or abused. Such instances shall include operation or maintenance of the sauna in deviation to the published instructions. The warranty extends only to the manufacturing defects and does not cover any damages resulting from mishandling of the product by the owner.
- **Disclaimers**

B&R shall not be liable for loss of use of sauna or other B&R products or other secondary or incidental or consequential costs, expense or damages-which may include the removal of permanent deck or other custom fixtures or the necessity for crane removal-arising directly or indirectly out of the use or inability to use the product. Any implied warranty shall have duration equal of the applicable warranty stated above. Under no circumstances shall B&R or any of its representatives be held liable for injury to any person or damage to any property, however arising. Specifications are subject to change without notice or obligation.
- This sauna is for INDOOR use only. Placing your sauna outdoors will VOID this warranty. Any damage due to exposure to outdoor elements such as rain, snow, sun, wind or extreme temperatures will not be covered by this warranty. Any damages as a

## DISPOSAL



This marking indicates that this product should not be disposed with other household wastes. To prevent possible harm to the environment or human health from uncontrolled waste disposal, recycle it responsibly to promote the sustainable reuse of material resources. To return your used device, please use the return and collection on systems or contact the retailer where the product was purchased. They can take this product for environmental safe recycling.

## CERTIFICATION

