
caution : Read all of this leaflet carefully before using your telescopic Ladder use

Before use:

1. Ensure that you are fit enough to use the ladder. Certain medical conditions or medication, **alcohol** or drug abuse could make ladder use unsafe.
2. When **transporting** ladders on roof bars or in a truck, **ensure** they are suitably placed to **prevent** damage.
3. Inspect the ladder after delivery and before first use to **confirm** condition and operation of all parts.
4. **Visually** check the ladder is not damaged and is safe to **use** at the start of each working day when the ladder is to be used.
5. For professional users, regular periodic inspection is **required**.
6. Ensure the ladder is suitable for the task.
7. Do not use a damaged ladder.
8. Remove any **contamination** from the ladder such as wet **paint**, mud, oil or snow.
9. Before using a ladder at work a risk assessment should be carried out respecting the legislation in the country of use.

Positioning and erecting the ladder

1. Inclination angle should not exceed 75 degree.
2. Ladder **shall** be on an even ,level and unmovable base.
3. Leaning ladder should lean against a flat non-fragile surface and should be secured before use. e.g tied or use of suitable stability device.
4. When positioning the ladder take into account risk of collision with the ladder e.g. from **pedestrians** ,vehicles or doors(**no** fire exists)and **windows** where possible in the work area.
5. Identify any electrical risks in the work area,such as overhead lines or other exposed **electrical equipment**.
6. Ladder shall be stood on its feet,not the rungs or steps.
7. Ladders shall not be positioned on slippery surface (such as **ice**,shiny surface or significantly contaminated solid surface) unless additional effective measures are **taken** to prevent the ladder slipping or ensuring **contaminated** surfaces are sufficiently clean.

Attention

1. Do not exceed the maximum total load
2. Do not overreach,users should keep their buckle(navel)inside the stiles and both feet on the same step/rung throughout the task.
3. Do not step off a leaning ladder at a higher level without additional security,such as tying off or use of a suitable **stability** device.
4. Do not use standing ladder of access to another level.
5. Do not stand on the top three steps/rungs of a leaning ladder.