

# User's Manual



Thank You For Choosing Our Sauna!

# Index

Installation requirements-----	1
Installation procedure-----	2-16
Operation-----	17
Trouble Shooting-----	18
Maintenance-----	19
Packing list-----	20

# 1.Introduction

We welcomes you to the most affordable sauna in the nation! We also congratulate you on your new path to better health! Thousands of users enjoy the benefits of saunas every day.Saunas help you burn calories, reduce toxins,relieve pain and even clear complexion.Now you can enjoy the great benefits of heat within the priacy of your own home.

We strives to deliver superior home health products at an affordable price. Our list of clients grows daily and we believe that your success is our success.Our staff has over 15 years of combined professional experience and is ready to provide you with excellent customer service.

## 2.Highlights

- a. High quality craftsmanship
- b.Automatic thermostat for constant temperatrue
- c.Timer and buzzer:buzzer sounds 5 minutes before the end of session
- d.Digital sensor and thermometer
- e.Sauna stove

## 3.Installation

### 1.Installation requirements

- a. Do not plug any other appliances into the outlet with your our sauna.
- b.Install the sauna on a completely level floor.
- c.Do not spray the exterior with water.If the floor is damp,install a floor separator to keep the sauna high & dry.
- d. Do not store flammable objects or chemical substances near the sauna.

## 4. Installation Procedure

### Corner Style

1. Place the bottom panel in the desired location of your sauna. **SEE FIG-1**



**FIG-1** Placing bottom floor



**FIG-2** Assembling back panel (left)

2. Align the back panel (left and right) with bottom panel corresponding battens; make sure they are in line. **SEE FIG-2&FIG-3.**



**FIG-3** Assembling back panel (right)



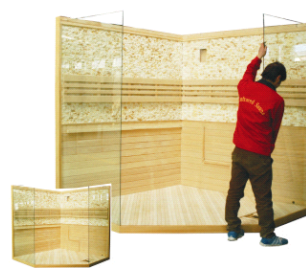
**FIG-4**

3. Tighten the panels together using the installation bolts from outside--bottom and the corner, every hole for installing the bolts. **SEE FIG-4**

4. Align the glass window (left and right) with bottom panel corresponding battens. **SEE FIG-5 & FIG-6**



**FIG-5** Assembling the glass window(Left)



**FIG-6** Assembling the glass window(Right)



5. Assembling the ceiling (top panel), tighten the ceiling and back panels (left & right) together using the installation bolts from the back. **SEE FIG-7 & FIG-8**



**FIG-7**



**FIG-8**

6. Align the glass window (front) with bottom panel corresponding battens. **SEE FIG-9**



**FIG-9**



**FIG-10**

7. Align the glass door with bottom panel corresponding battens. Note: Take caution of the glass door to avoid damage. **SEE FIG-10**



**FIG-11**



**FIG-12**

8. Place the shelves against the glass window (left) inside; **SEE FIG-11 & FIG-12**

9. Assembling sitting board's support and slide it down vertically into the slot within the inside wall. Put the sitting board horizontally on corresponding battens of the back panel. And tighten them with the screws. **SEE FIG-13 & FIG-14**



**FIG-13** Assembling sitting board's support



**FIG-14** Assembling sitting board

10. Assembling sitting board's support for second floor. Put the sitting board horizontally on corresponding battens of the back panel. And tighten them with the screws. **SEE FIG-15 & FIG-16**



**FIG-15** Assembling sitting board's support



**FIG-16** Assembling sitting board

11. Place the shelves against the glass window (right) inside and assembling the bench horizontally on corresponding battens of the back panel; **SEE FIG-17 & FIG-18**



**FIG-17**



**FIG-18**

12. Take out the sauna stove and check its spare parts, then tighten the stove on the floor. **SEE FIG-19**

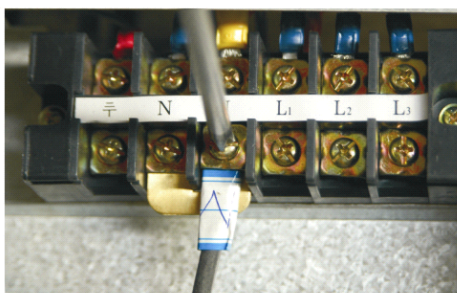


**FIG-19**

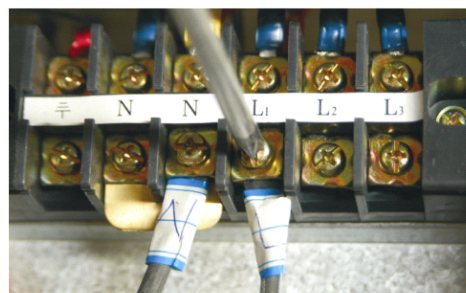


**FIG-20**

13. Connect all the wires of the stove. **SEE FIG-20 to FIG 23**

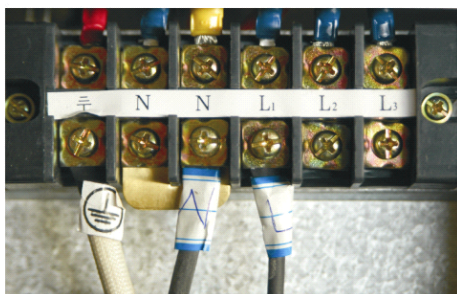


**FIG-21**



**FIG-22**

14. Assembling the stove fence by screws, **see FIG-24 to FIG-26.**



**FIG-23**



**FIG-24**



15. Place the stove fence in its position, **see FIG-27**



**FIG-25**



**FIG-26**

16. Install the Sandglass and Thermo hygrometer in any location that you desire.  
**SEE FIG-28 & FIG-29.**



**FIG-27**



**FIG-28**

17. Install the Oxygen Ionizer in its position and plug the wire in it. **SEE FIG-30**



**FIG-29**



**FIG-30**

18. Assembling the sealing rubber strip on the glass door. **SEE FIG-31**



**FIG-31**



**FIG-32**

19. Install the Door Handle. **SEE FIG-32 FIG 34**



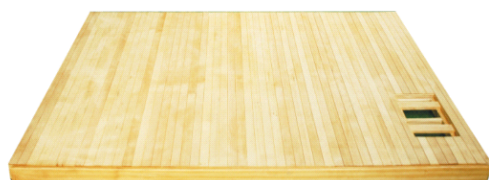
**FIG-33**



**FIG-34**

## Straight Style A

1. Place the bottom panel in the desired location of your sauna. **SEE FIG-1**



**FIG-1 Placing bottom floor**



**FIG-2 Assembling back panel**

2. Align the back panel with bottom panel corresponding battens; make sure they are in line. **SEE FIG-2**

3. Align the left and right panels with bottom panel corresponding battens.

**SEE FIG-3 to FIG-6**



**FIG-3**



**FIG-4**



**FIG-5**



**FIG-6**

4. Tighten the panels together using the installation bolts from the outside--bottom and the corner, every hole for installing the bolts. **SEE FIG-7**



**FIG-7**



**FIG-8**

5. Assembling the ceiling (top panel), **SEE FIG-8**



6. Align the glass window (front) with bottom panel corresponding battens.

**SEE FIG-9**



**FIG-9**



**FIG-10**

7. Tighten the ceiling, back panel, left and right panels together using the installation bolts from outside. **SEE FIG-10**



**FIG-11**



**FIG-12** Assembling sitting board's support

9. Assembling sitting board's support and slide it down vertically into the slot within the inside wall. Put the sitting board horizontally on corresponding battens of the back panel. And tighten them with the screws. **SEE FIG-12 & FIG-13**



**FIG-13** Assembling sitting board



**FIG-14** Assembling sitting board's support

10. Assembling sitting board's support for second floor. Put the sitting board horizontally on corresponding battens of the back panel. And tighten them with the screws. **SEE FIG-14 & FIG-15**



**FIG-15** Assembling sitting board



**FIG-16**

11. Place the shelves against the glass window (left) inside and assembling the bench horizontally on corresponding battens of the left panel;  
**SEE FIG-16 & FIG-17**



**FIG-17**



**FIG-18**

12. Install the Sandglass and Thermo hygrometer in any location that you desire.  
**SEE FIG-18 & FIG-19.**



**FIG-19**



**FIG-20**

13. Install the Oxygen Ionizer in its position and plug the wire in it. **SEE FIG-20**

14. Take out the sauna stove and check its spare parts, then tighten the stove on the floor. **SEE FIG-21**

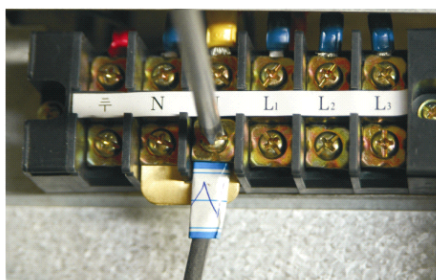


**FIG-21**

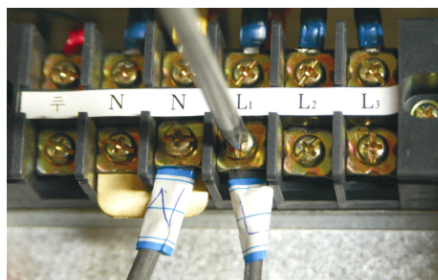


**FIG-22**

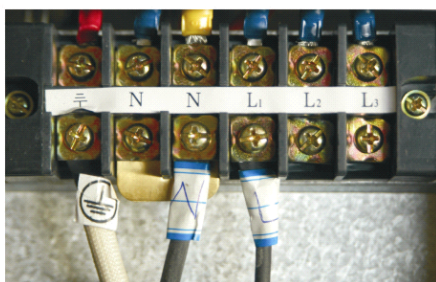
15. Connect all the wires of the stove. **SEE FIG-22 to FIG 25**



**FIG-23**



**FIG-24**



**FIG-25**



**FIG-26**

16. Assembling the stove fence by screws, **SEE FIG-26 to FIG-28.**





**FIG-27**



**FIG-28**

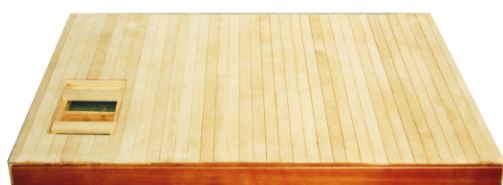
17. Place the stove fence in its position, **SEE FIG-29**



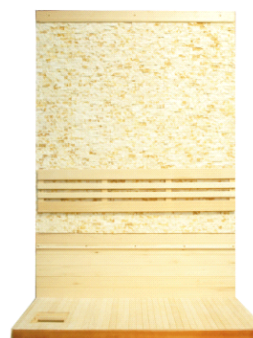
**FIG-29**

## Straight Style B

1. Place the bottom panel in the desired location of your sauna. **SEE FIG-1**



**FIG-1 Placing bottom floor**



**FIG-2 Assembling back panel**

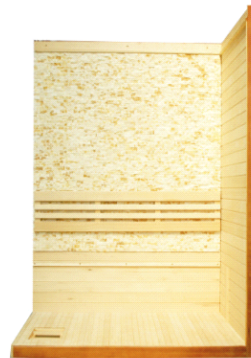
2. Align the back panel with bottom panel corresponding battens; make sure they are in line. **SEE FIG-2**

3. Align the left and right panels with bottom panel corresponding battens.

**SEE FIG-3 to FIG-6**



**FIG-3**



**FIG-4**



**FIG-5**



**FIG-6**

4. Tighten the panels together using the installation bolts from the outside--bottom and the corner, every hole for installing the bolts. **SEE FIG-7**



**FIG-7**



**FIG-8**

5. Assembling the ceiling (top panel), **SEE FIG-8 & FIG-9**

6. Align the glass window (front) with bottom panel corresponding battens.

**SEE FIG-10**



**FIG-9**



**FIG-10**

7. Align the glass door with bottom panel corresponding battens. Note: Take caution of the glass door to avoid damage. **SEE FIG-11**



**FIG-11**

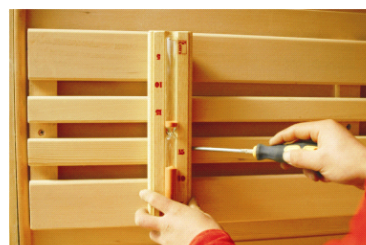


**FIG-12A assembling sitting board's support**

8. Assembling sitting board's support and slide it down vertically into the slot within the inside wall. Put the sitting board horizontally on corresponding battens of the back panel. And tighten them with the screws. **SEE FIG-12 & FIG-13**



**FIG-13 Assembling sitting board**



**FIG-14**



9. Install the Sandglass and Thermo hygrometer in any location that you desire.  
**SEE FIG-14 & FIG-15.**



**FIG-15**



**FIG-16**

10. Install the Oxygen Ionizer in its position and plug the wire in it. **SEE FIG-16**

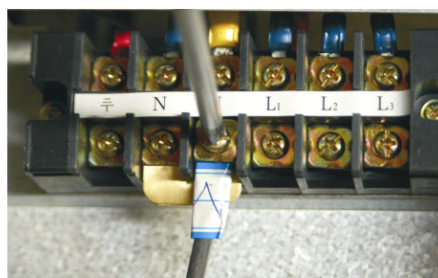


**FIG-17**

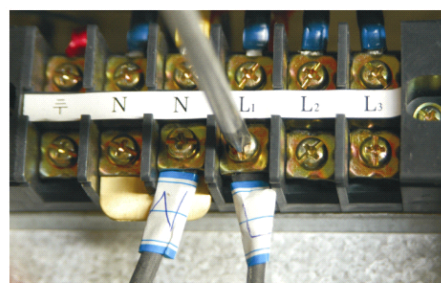


**FIG-18**

11. Take out the sauna stove and check its spare parts, then tighten the stove on the floor. **SEE FIG-17**



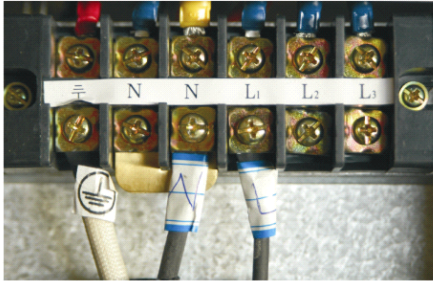
**FIG-19**



**FIG-20**

12. Connect all the wires of the stove. **SEE FIG-18 to FIG 21**

13. Assembling the stove fence by screws, **SEE FIG-22 to FIG-24.**



**FIG-21**



**FIG-22**



**FIG-23**



**FIG-24**

14. Place the stove fence in its position, **see FIG-25**



**FIG-25**

15. Making sure all steps are finished correctly, plug in the power and try using the sau-na at first to make sure it will work properly. Then put the external top boarded over the in-ternal top board, and take out the power plug through the corresponding hole in the exter-nal top board. Take the screws affixed on the external top board, then ste up the board using the cross screwdriver.

**Installation Completed.**

# Operation

## 1. Precautions

- a. Check all the circuitry and the plug meet all requirements.
- b. Set the temperature and time to a comfortable level, normally, 30 minutes at 120° F
- c. Drink a cup of water before the sauna session.
- d. After 2 hours of continuous use, shut the sauna down for one hour.
- e. To avoid burns, do not touch the heating element.

## 2. Operation

- a. Only plug the sauna into a 110-120 volt-wall outlet. Do not share the outlet with any other appliances. Plug the unit into the outlet and use the ON/OFF switch to activate the sauna. Sauna should be unplugged when not in use.
- b. Press the 'temperature' button to increase or decrease the temperature. If the 'heat' light is on, the temperature setting will increase one degree every time the '+' button is pushed. If pressed for three seconds, the setting will increase quickly. Decrease the temperature in the same manner by pressing the '-' button. After the sauna reaches the desired temperature, the 'heat' light turns off.
- c. Press the 'light' button to turn the interior light on and off.
- d. If the sauna is too stuffy, open the vent in the ceiling or open the front door.
- e. After your sauna session, turn off, and unplug the power cable.
- F. To set the time press the 'function' button until the 'time' button blinks. Press the '+' and '-' buttons to set the timer from 5 to 90 minutes. If pressed for three seconds, the timer will increase quickly. When the display reads '05', the timer will buzz then the machine will shut off automatically after 5 minutes. To extend the sauna session, reset the timer again.

# Warnings

## 1.Safety precautions

- a.To avoid fire, do not dry clothes or leave any towels in the sauna.
- b.To prevent burns or electric shocks, do not touch or use metal tools on the net cover of sauna stove
- c.While in the sauna, do not touch the light bulb. If the bulb needs to be changed, switch it off and wait until the sauna is shut off and the bulb is cool.
- d.Do not use the sauna if you have any of the following conditions;
  - 1.Open wounds
  - 2.Eye diseases
  - 3.Sever diseases
  - 4.Elderly & weak people, especially those suffering from a disease, pregnant women and infants are prohibited.Children over the age of 6 years may use the sauna under the supervision of adults.
  - 5.If suffering from a disease directly related to temperature,seek the advice of a doctor before using.
  - 6.Do not place pets in the sauna.
  - 7.Do not use the sauna if you are under the effects of alcohol.

## Trouble Shooting:

	Problem	Possible Causes	What To Do
1	Indicator light for power supply not working	The connector is not connected properly	Check the connector or replace a new one
		The fuse is burned	Change the fuse
2	Indicator light for function is not working	The corresponding indicator light is broken	Replace the relevant control panel
		The circuit board or components are broken	Replace the circuit board
3	Stove not heating up	Stove is broken	Replace with a new one Of the same specifications
		Its life will be shortened gradually for being used for many times	
		The fuse is burned out: L-Hand fuse holder:For back panel R-Hand fuse holder:For front panel	Replace with a new one Of the same specifications

3	Stove not heating up	The wire junction is loose or the heater's wire is loose	Check it, and reconnect Them tightly
		The circuit board relay is not functioning	Replace circuit board
4	Malfunctioning of Temperature setting	Some problems with heater	See the 3rd section of heater problem
		Senor wire is not functioning	Re-connect or replace the senor wire
		The circuit board for temperature controlling is not function	Replace the control panel circuit boare
5	Odor from the sauna	The circuit problems (fuse holder wire is loose, junction wire is loose,circuit board components is broken)	1)disconnect the power, check the power supply and voltage; 2)Find the objects with problems 3)Replace the damage
6	Light bulb is not working	Light bulb is burned out	Replace the light bulb
		Light bulb wiring is loose	Check connector or reconnect theLight bulb wiring
		The light bulb connector is broken	Replace it
		Problems with electrical control panel	Repair or replace it

## Maintenance

### Cleaning

Clean the faceplate with a wet towel,or clean with a small amount of hand-doap mixed with warm water if necessary.Clean the sauna room with a wet cotton towel, dry with a clean dry towel.**Do no use benzene, alcohol,or strong cleaning chemicals on sauna, NOTE:Any chemical that can damage wood material will damage the sauna and the protection layer that is on the wood.**

**Do not leave the sauna on for more than 2 hours at a time,Trans portation and storage**

- 1.Avoid exposure to rain,snow or strong collisions during transport.
- 2.Do not store in damp environments.

## **Packing List**

1X sauna room with floor

1X Backrest

1X Hand screwdriver

1X Instruction manual

1X Sauna spoon

1X Sauna barrel

1X Sand glass

1X Thermo hygrometer

1X Door handle