Classic Cuisine

Pre-Measured – Prepare meals without measuring. Based on the amount of fruits, vegetables, healthy fats, proteins and carbs you need each day.

Color Coded – Green = Veggies 1 cup, Red = Proteins ¾ cup, Yellow = Starches 1/2 cup, Purple = Fruits 1 cup, Blue = Nuts 1/4 cup, Orange = Oils and seeds 2 oz.

High Quality – These containers are made of high quality polypropylene. Top rack dishwasher safe, stackable, freezer and microwave safe. BPA-free plastic and DEHP- free.

