

MEDITATION CHAIR



ASSEMBLY INSTRUCTIONS

WARNING

- To avoid the risk of suffocation and foreign-body ingestion, keep children under three years old and pets away from plastic bags and small parts during assembly. Please dispose of the packaging materials correctly before use.
- Before sit on the seat, ensure it has been well settled and securely positioned.
- DO NOT leave children unattended on or beside the chair.
- DO NOT use the chair as a step stool.
- DO NOT sit on the edge of the seat, armrests or the backrest as this could make the chair tip over.
- Requires 2 people for ease of assembly!
- Weight capacity 150KG!

WARRANTY

- We offer every customer every chair 1-year warranty.

CARE & MAINTENANCE

- Do not wash, bleach, tumble dry, iron, dry clean.
- Vacuum clean.
- Wipe clean with a damp cloth.
- To prevent fading, keep fabric out of direct sunlight.

PREPARATION

Check the accessory list below, make sure you have received all parts; if you are missing any parts or they are not in good condition, please email us by your ID.



A Backrest



B Seat



C Cross-legged cushion



D Base



E Iron legs
X2



F Tilt Mechanism



G Rotating shaft



H Gas Lift



I Backrest support bar



J Protective cover



K Wheel
X7



L Flat washer
X1



M M6x25mm
X4



N M6x20mm
X12



O M8x20mm
X3

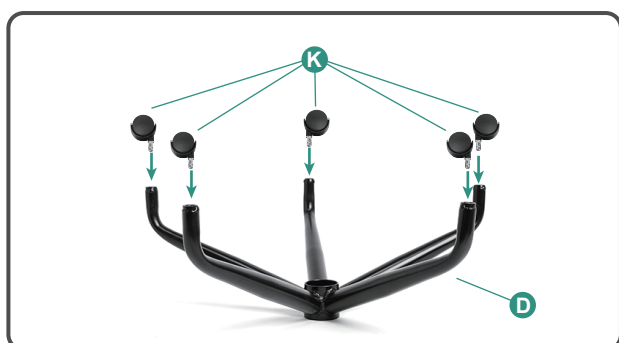


P Flat washer
X3



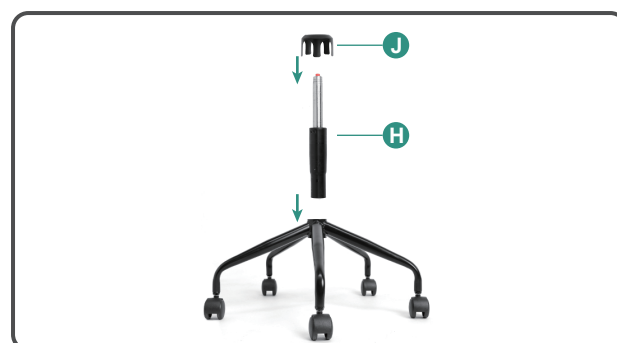
Q Spring washer
X3

INSTALLATION



01

Insert wheel K into the iron leg of D.



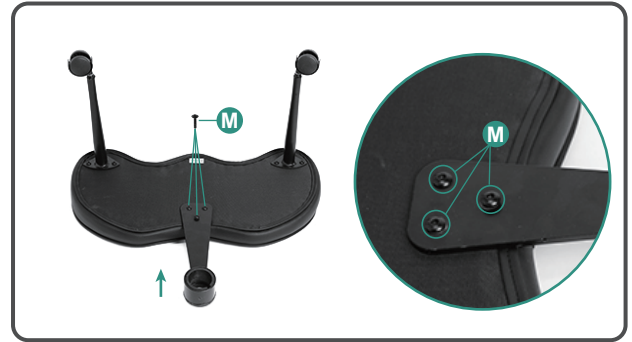
02

Sequentially insert the gas rod H and protective cover J onto D.



03

Insert wheel K into the iron leg of E, and fix the other end to the base cushion C with an N screw.



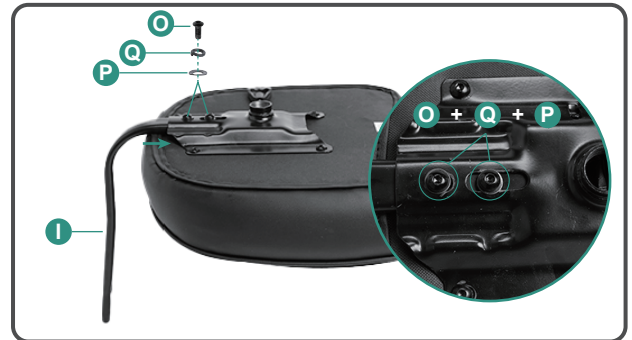
04

Fix G in the concave part of the base cushion C with screw M (note that the protruding part of the rotating head of G should face up as shown in the picture).



05

Fix F to B with screw N (note: the forward position marked on the base F must align with the forward position marked on the cushion B).



06

Insert one end of the backrest support rod I with double holes into the rear position of the base F. Use screw O to place washer Q and washer P, and then fix it to the base F.



07

Sequentially fit the assembled parts according to the image and ensure that all parts are assembled securely and stably. Use knob L to fix the headrest A at the single hole end of the backrest support rod I.

8 SITTING POSTURES



Posture 1:

Sitting cross-legged, with one leg on the seat and the other foot on the opposite knee. A relaxed position for short-term use.

Posture 2:

Both legs crossed with feet on seat, hands resting on knees. A comfortable, meditative position for relaxation.

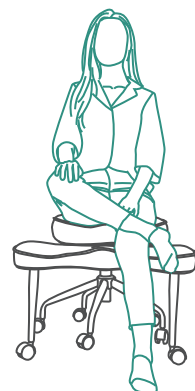


Posture 3:

One foot on the seat, the other on the floor, arms resting on knees. A more formal but still relaxed posture.

Posture 4:

One leg is tucked under the body, the other on the floor, offering a blend of relaxation and alertness, ideal for flexible sitting.



**Posture 5:**

Both are positioned on the seat, with hands on legs and body leaning slightly forward. An active posture for tasks requiring concentration.

Posture 6:

Similar to posture 1, but with the body leaning against the back of the chair, offering a more relaxed position.

**Posture 7:**

Sitting sideways on the chair, with both legs bent and resting on the seat. A relaxed posture that allows you to vary your sitting position.

Posture 8:

Sitting with both legs crossed on the chair, body slightly bent forward as if using a laptop. A dynamic posture favoring concentrated work while sitting comfortably.





Please contact us by email, we would like to provide
ONE-YEAR EXTENDED Warranty.