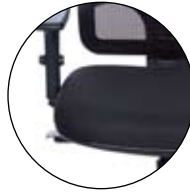




# Sync Chair

## Operating Instructions



### Seat Height Adjustment

Provides greater comfort and support for individual height and working conditions.

To Adjust:

Pick up the paddle on the right side of the seat and pull up on the rear of the paddle with thumb pushing down on front portion of paddle.



### Adjustable Seat Depth

The adjustable back controls the seat depth enabling both smaller and larger people to sit comfortably.

To Adjust:

To increase the seat depth, loosen the hand wheel under the seat that is attached to the back and then slide the back away from the seat to the desired position. Tighten the hand wheel. To reduce the seat depth, do the opposite.



### Tension Adjustment

The tension to the synchron mechanism enables the chair to comfortably support people of differing weights.

To Adjust:

Tighten: Turn clockwise

Loosen: Turn counter-clockwise



### Fully Adjustable Arms

Armrests with soft arm pads can be adjusted into a number of positions from width to height.

To Adjust:

To adjust the height, push side button inward and slide the arms up or down to desired position. Adjust the width of each arm by use of handwheel under either side of the seat.