

Twin- 48" - Full Bolt On Headboard and Footboard

1. Remove the two sides of the frame and lay them on their side. They are not side specific or end specific.



2. Swing the cross arms open as shown. Lay the frame open as shown. The arm with the hole will be over top the arm with the slot.



3. In whichever hole the slot lines up, insert the 5/16 carriage bolt from the inside out, meaning the square neck of the bolt will be in the slot. Then, thread on the nut and tighten with the wrench provided.

Measure the width of your box spring to see which hole and slot to use. The slot and holes at the end of the rail are used for full. The holes and slot in toward the leg are for twin. The middle holes are for 3/4 - 48" beds.



4. Find the 4 threaded glides/feet with the adjustment nut and black insert already on them. Insert the glides into the bed legs as shown. If you want your frame to be a specific height you can adjust that now, otherwise wait until you line up the head and footboard.

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5. Next, find your headboard brackets. Attach the brackets to the head end of the frame loosely. Stand the headboard up to the brackets and see which holes you should use in the brackets to line up the mounting holes in the leg of the headboard. Pick the closest you can, then adjust the frame legs up or down to get it exact. Tighten the brackets and then use the same holes in the foot end of the bed. Ideally, you want the headboard and footboard to be resting on the floor with just the slightest amount of weight from the bed pushing down on the headboard and footboard. If it is on carpeting, it will settle overnight, so you should check the 4 corners in the morning to make sure they are all touching the floor and all the weight is not on the head and footboard legs or that the legs of the head and foot also have some weight on them. You can tell by turning the glide. If it goes lower, too much weight is on the headboard.



6. Should you have any issues or questions about this installation or other bedding related questions, email us.

