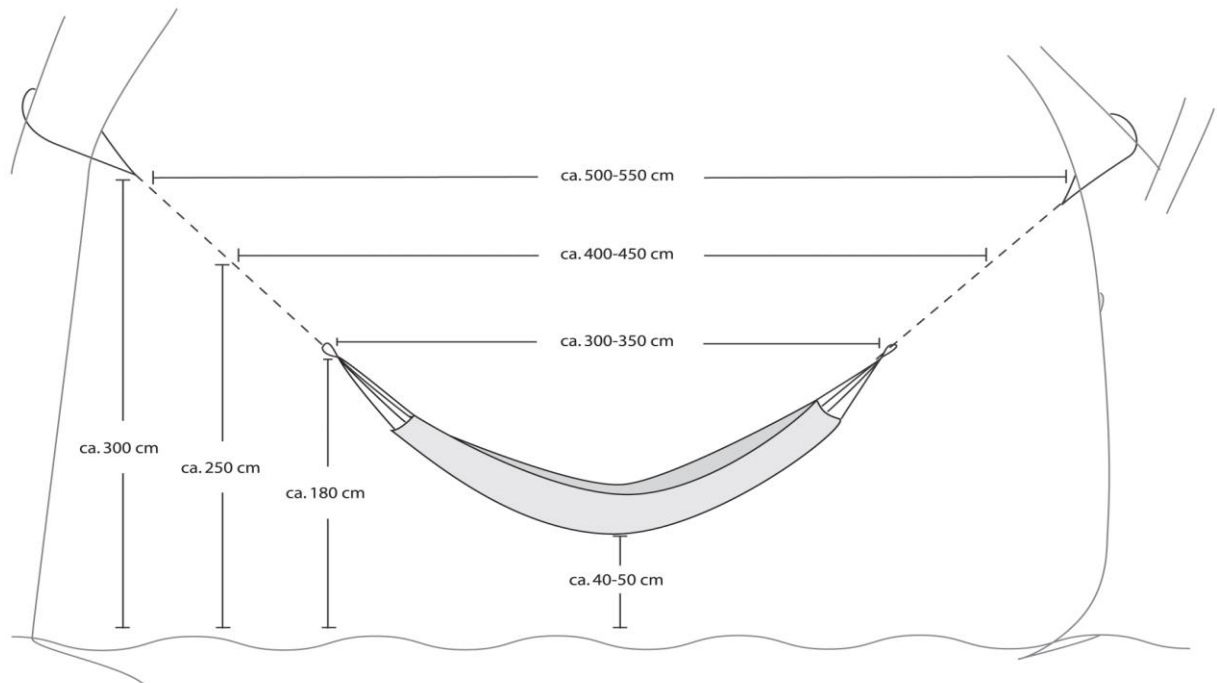


1. Suspending:

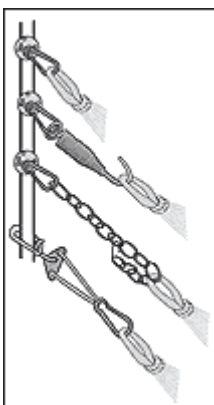
Hammocks without spreader bars are hung so that they sag way down. The hanging loops of the hammocks are fastened at approx. head height and about 3 m apart.



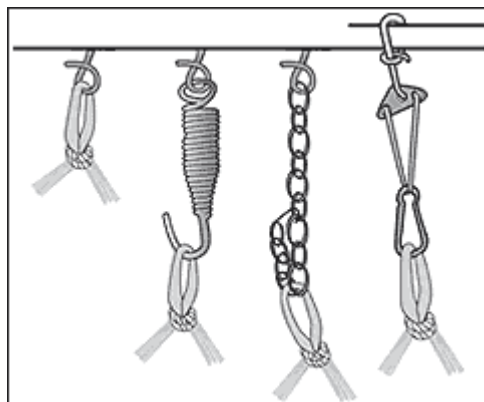
Without load!

2. Fastening

Hammocks are fastened using **ropes** (tree / beam) or **hooks** (wall or ceiling for hanging chairs). If trees or walls are further apart, the hammocks can be extended by ropes or chains. The suspension point then needs to be selected somewhat higher.



Fastening hammock



Fastening hanging chair