

Installation instructions

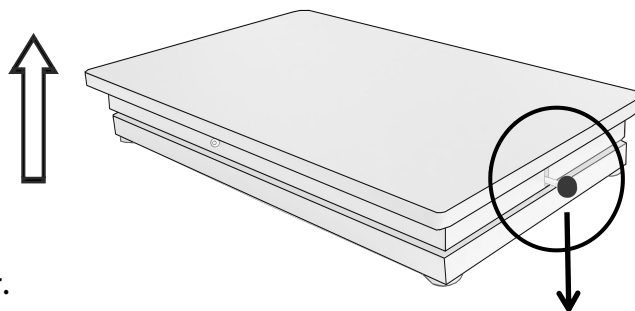


please note before use

- ① Please use both hands to operate the table up and down (press the switch handle down no matter when it is up or down). When descending, first lift the table up and then put it down gently!
- ② The height of the table is 6-40cm, and six gears can be adjusted; The table load is 8kg. Don't use it overweight to avoid damage!

Desktop Up

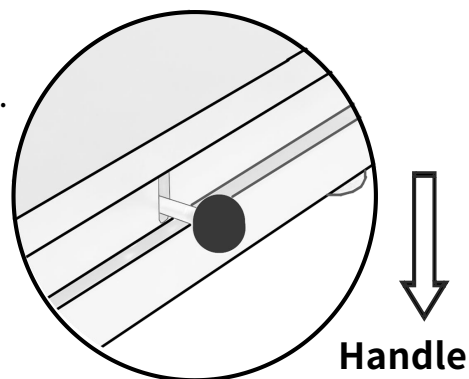
- ① Hold both ends of the table with both hands.
- ② Press and hold the switch handle down, and gently lift the desktop up with both hands, and the desktop will rise.
- ③ When reaching the right height, release the lifting handle.
The desktop will be fixed in the nearest height gear.



Press the handle down!

Attention

- ① Press the handle down no matter when ascending or descending.
- ② When placing down, while pressing the handle, you need to lift the desktop up to a certain height before lowering it.



Desktop down

- ① Hold both ends of the table with both hands.
- ② Press and hold the switch handle down, and gently lift the desktop up with both hands, then put it down.
- ③ When reaching the right height, release the lifting handle, and the desktop will be fixed at the nearest height gear.

Note: when descending, press and hold the handle, first raise it 5-10cm upward, then lower it (don't release the handle). If the handle is stuck when it is down and can't be lowered, continue to raise the height upward until it can be easily lowered!

