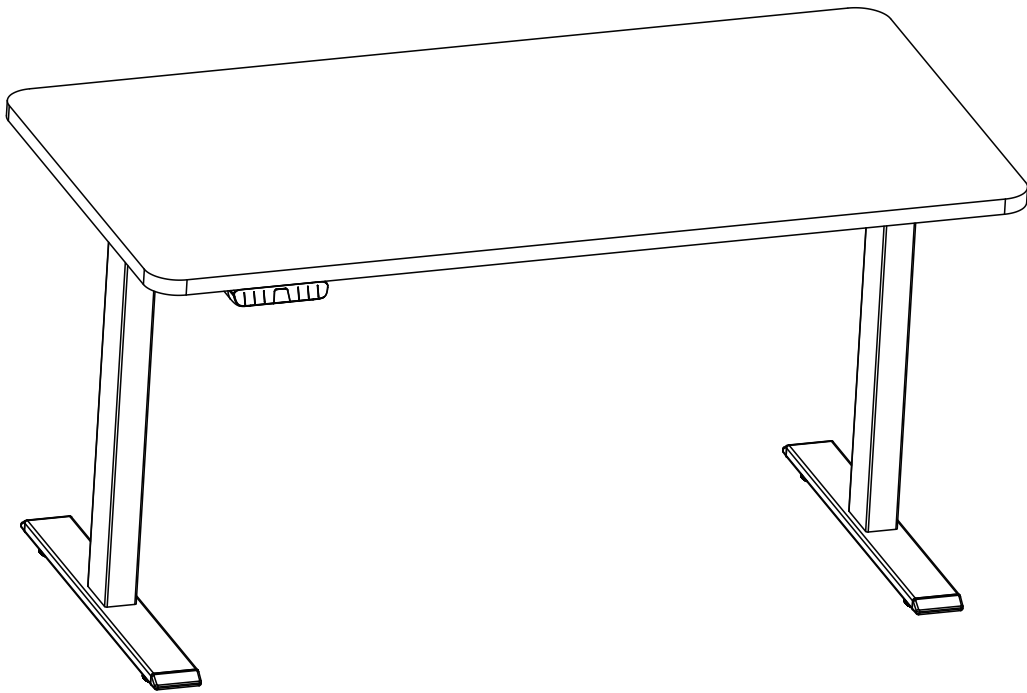# RISE UP

Electric Adjustable Height Standing Desk

Safety Tips

Make sure pets, children, and unwanted objects are away from the desk before use. Unplug during thunderstorms and when not in use for long periods.

Before use, ensure the desktop is not touching any walls.

Remove obstacles taller than 19" from underneath the desk.

Do not operate in temperatures below 0˚ F or above 98˚F. Keep away from gas, liquids, and dust.

Never disassemble the sealed components or parts. This product conducts electricity which may cause serious injury or death.

To avoid injury, do not place hands, feet, other body parts, or other objects under the desk when adjusting.

Read and thoroughly understand this manual plus how to adjust and use this product before use.
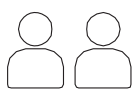
Reset the desk after first assembly and after power outages.

DISCLAIMER: Buyer accepts full liability for any injury or loss to themselves, their property, and anyone else at any time and from any cause while using this product. Buyer expressly releases Uncaged Ergonomics and its agents from any liability for such loss or injury. In no event shall Uncaged Ergonomics or its agents be liable for any direct, indirect, punitive, incidental, damages or injury whatsoever arising out of or connected with the use or misuse of its products.
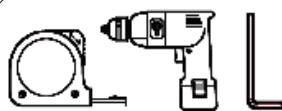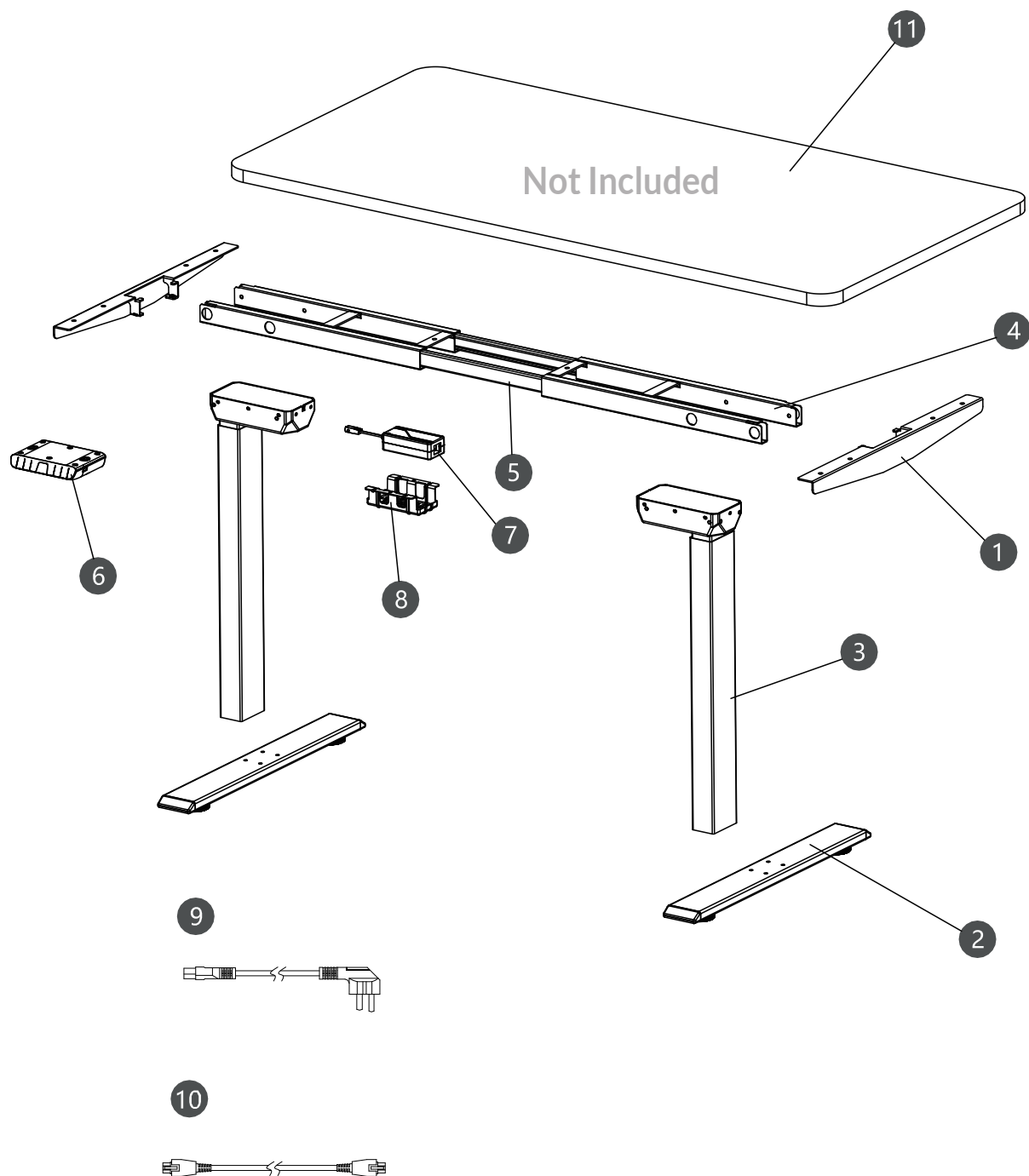
Parts

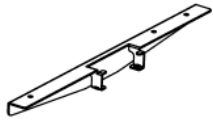**15** min
Installation time

Installation personnel
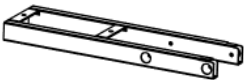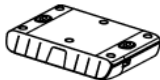
Installation tools
(self-provided)

11

Not Included

4

5

7

6

8

1

3

2

9

10

INSTALLATION GUIDE

COMPONENTS

①	②	③	④
Side Bracket 2PCS	Feet 2PCS	Column 2PCS	Frame A 1PCS

⑤	⑥	⑦	⑧
Frame 1PCS	Center Rail 2PCS	Handset 1PCS	Adapter 1PCS

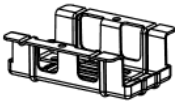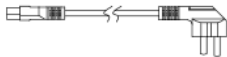| ⑨	⑩	⑪	⑫
Adapter Connecter 1PCS	Desktop 1PCS	Power Cord 1PCS	Connecting Cable 1PCS

SCREWS AND TOOLS

Ⓐ	Ⓑ	Ⓒ	Ⓓ	Ⓔ	Ⓕ	Ⓖ
M6X10 Machine Screw 16PCS	M6X14 Machine Screw 4PCS	M6X35 Machine Screw 8PCS	ST5X20 Wood Screw 16PCS	ST5X16 Wood Screw 6PCS	M4 Wrench 1PCS	Cable Clip 10 PCS

INSTALLATION GUIDE

STEP 1

Frame A + Frame B + 2 Center Rails ship assembled.
Adjust to your desired width and **use the M4 Wrench to tighten the M6x10mm screws.**

ⓘ The frame width is adjustable to fit your desktop.

Adjustable Width

ⓘ To prevent damage, **do not over-tighten the screws**.

ⓘ Note the direction of the rails and the location of the center rail notch.
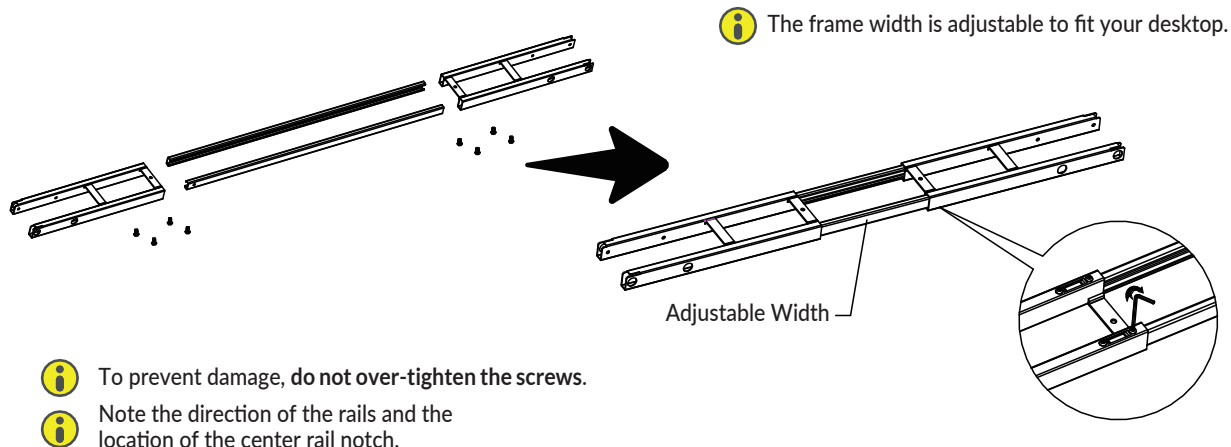
STEP 2

CONNECT THE LEG COLUMNS: Place one column into the frame, align the screw hole on the column with the frame. Use the M4 **Wrench to tighten M6x10mm screws.** Repeat for the other leg.

A

ⓘ To prevent damage, **do not over-tighten the screws**.
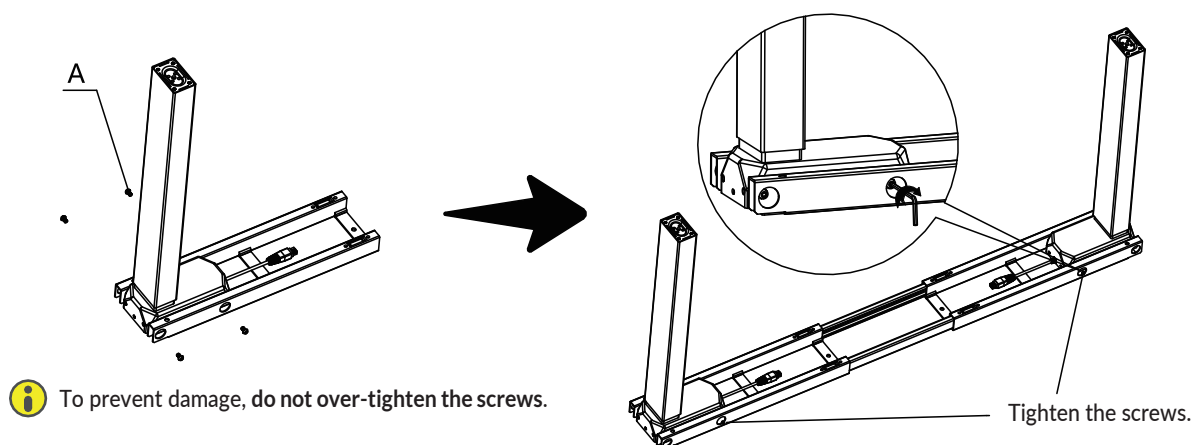
Tighten the screws.

STEP 3

INSTALL THE BRACKETS: Insert a Side Bracket into Frame A. Use the **M4 Wrench to tighten M6x14mm screws.** Repeat for Frame B.

B

ⓘ To prevent damage, **do not over-tighten the screws**.
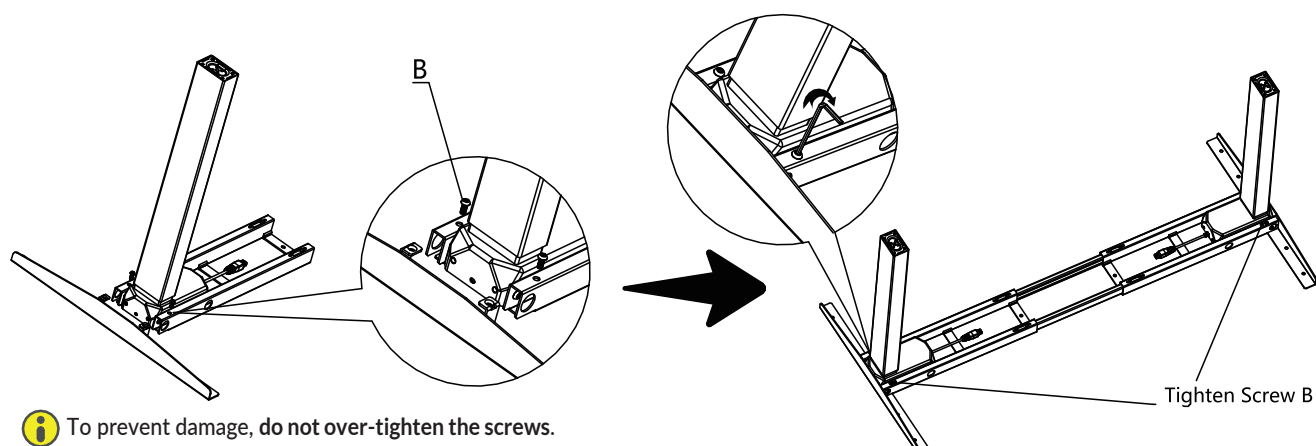
Tighten Screw B

INSTALLATION GUIDE

STEP 4

CONNECT THE FEET: Lay the frame upside down. Place one foot on each column. Align the holes and use the **M4 Wrench to tighten M6x35mm screws.**

C
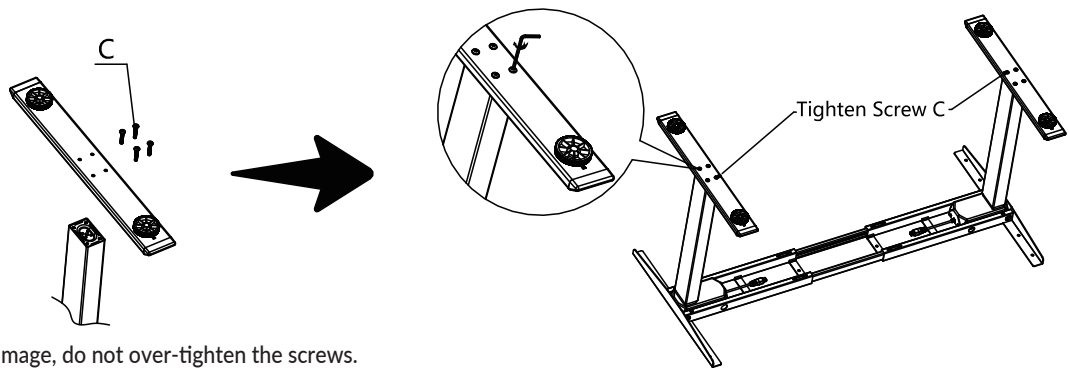
Tighten Screw C

🛈 To prevent damage, do not over-tighten the screws.

STEP 5

CONNECT YOUR DESKTOP (desktop not included): Place the desktop under the frame. Extend the frame to your desired width (it's recommend to leave at least a 2" gap between the edge of the frame and the edge of your desktop). Use a Phillips head screwdriver to connect the ST5x20mm screws

Install the keypad at your desired position (screen should face out) with the ST5x16mm screws.

D

E

E

Use a phillips head screwdriver/drill (not included) to connect the desktop to the frame and the keypad to the desktop.
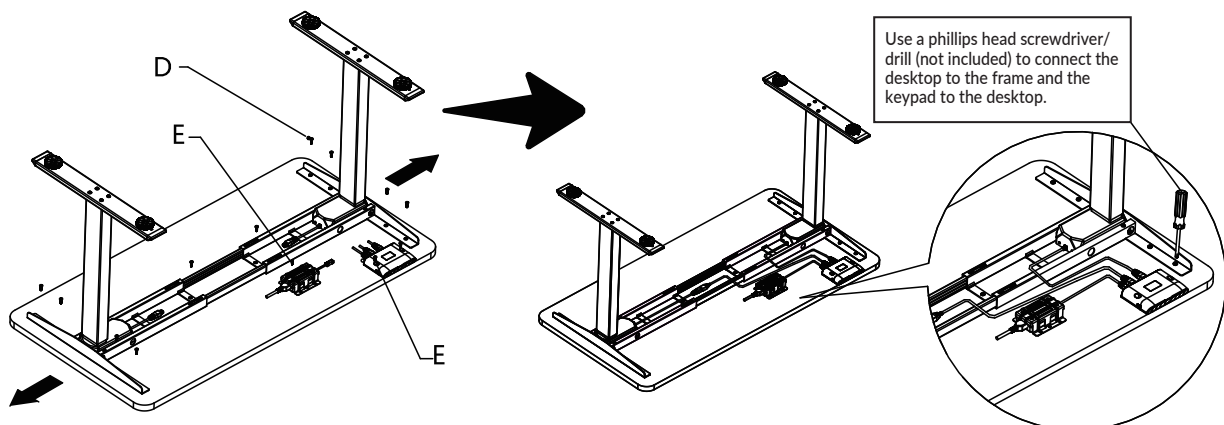
▲ Adjust the frame width to fit your desktop. It's recommended to leave 2" between the edge of your frame and desktop.

STEP 6

CONNECT THE CABLES: Connect the cables from each leg to the keypad. Connect the power cord. Organize cables with the included Cable Clips.

Cable to Leg#1   Power Cable
      Cable to Leg#2
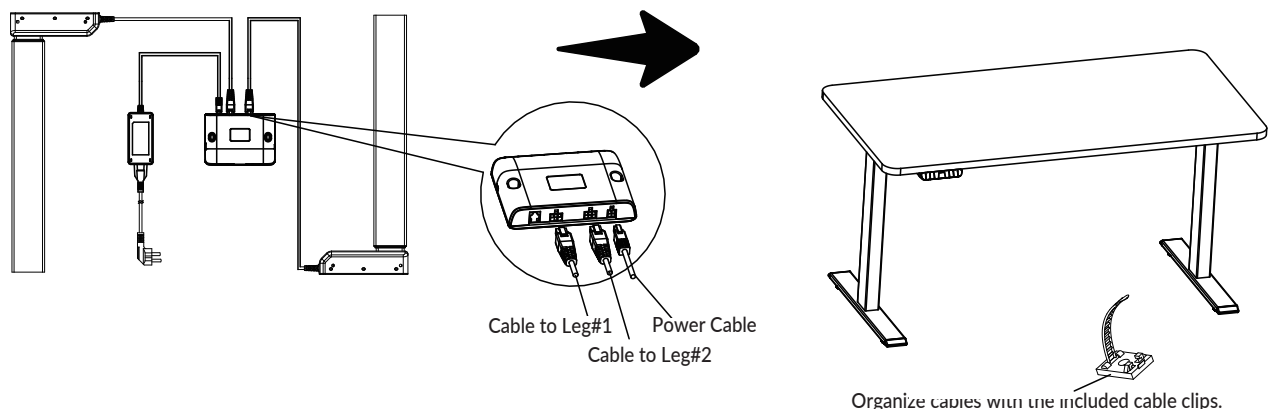
Organize cables with the included cable clips.

Usage and Setting

M | 1 | 2 | ∧ | E08 | ∨ | 3 | 4 | ⌂

Press 5 Sec

Reset Instructions

Problem

The display shows an error code such as: **E07, E08, E09.**

Solution

Press and hold the "**down**" button for about 5 seconds.
The display will show **RST**. Release the down button, and press the down button again to reset.

Memory Settings

Desk Height

Memory Settings   Up   Down   Sedentary Reminder

M | 1 | 2 | ∧ | 69.8 | ∨ | 3 | 4 | ⌂

Four Memory Settings
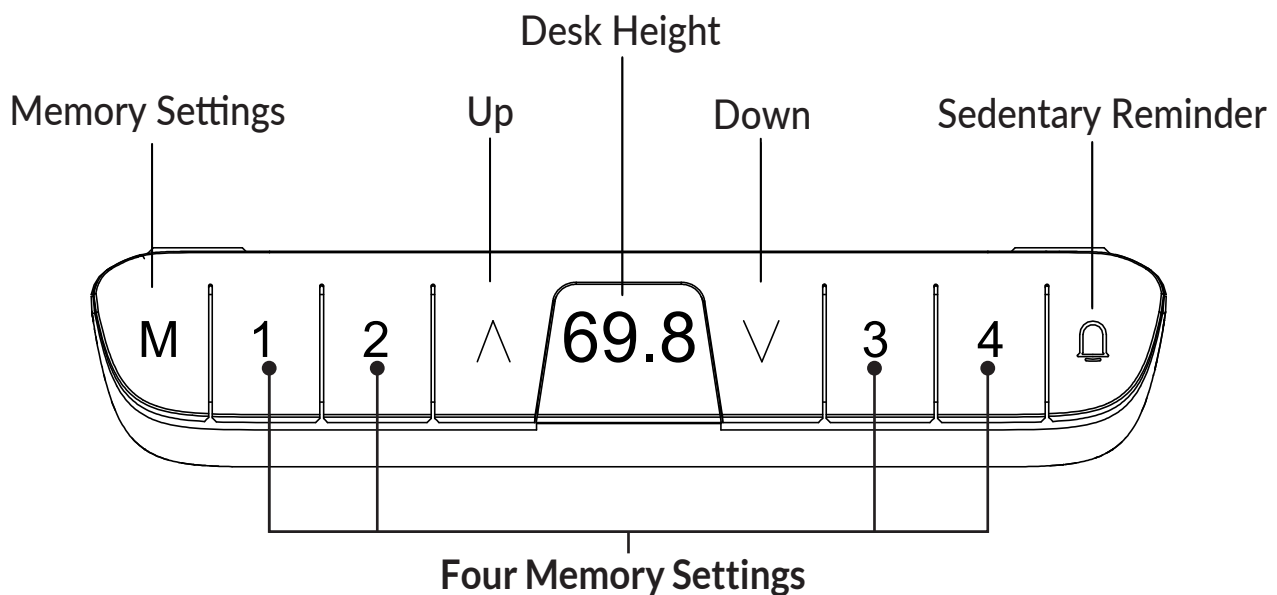
Note

1. Before adjusting, ensure no obstacle is under the desk.
2. Do not connect the desktop to a wall.

Suggestions

Set HEIGHT 1 = comfortable seated height
Set HEIGHT 2 = comfortable standing height

Usage and Setting

Switch Units From CM to IN

Press the down button for 5 seconds until the display flashes "**RST**". Press "**2**" for 5 seconds to change the display unit:

- "**10.3**" means height is in cm
- "**10.4**" means height is in in

Press the "**down**" button to finish the reset process.

Press 5 Sec

Switch Between "1-Touch" and "Constant Touch" Memory Adjustments
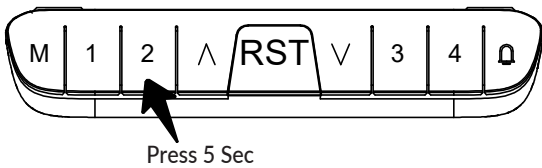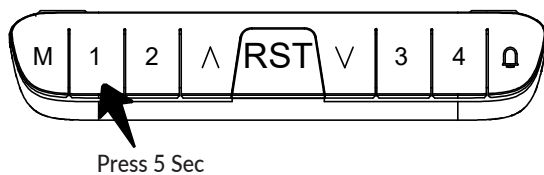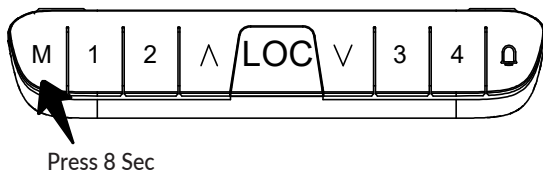
Hold the "**down**" button for 5 seconds until the display flashes "**RST**". Press button "**1**" for 5 seconds to switch memory settings:

- "**10.1**" means 1-Touch Memory Adjustment
- "**10.2**" means Constant-Touch Memory Adjustment

Press 5 Sec

Lock Your Desk

Press "**M**" until the display shows "**S-**". Keep pressing "**M**" for 5 seconds until the display returns the number. Continue to hold "**M**" for about 3 seconds until the display shows "**LOC**". The desk is locked.

Press 8 Sec

Unlock Your Desk

In the "**LOC**" status, press "**M**" for 8 seconds until the screen shows the height. The desk is unlocked.
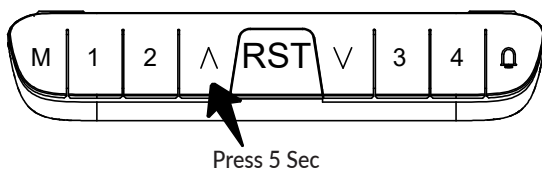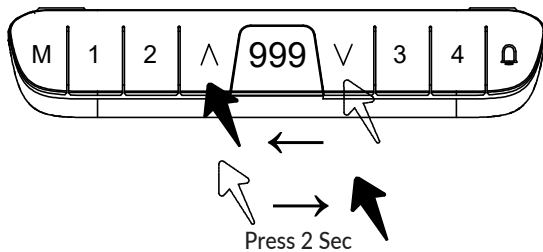
Anti-Collision Sensitivity Setting

Press and hold the down arrow for about 5 seconds until the display flashes "RST".
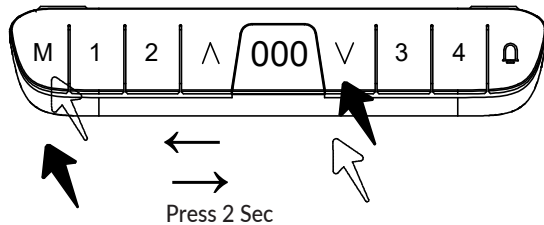
Press "up" arrow for 5 seconds to change the anti-collision sensitivity:

- "**10.5**" = not sensitive
- "**10.6**" = moderate sensitivity
- "**10.7**" = very sensitive

Press 5 Sec

Set The Highest Limit

Press and hold "**M**" until the display shows "**S-**". Release "**M**".
Press the "**up**" arrow. After the display flashes, release the "**up**" arrow.
Press "**M**" for 2 seconds. When the display shows "**999**",
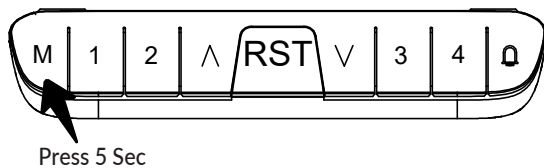the setting is complete.

Set The Lowest Limit

Press "**M**" until the display shows "**S-**", then release "**M**".
Press "**M**" again for 2 seconds. When the display shows "**000**",
the setting is complete.
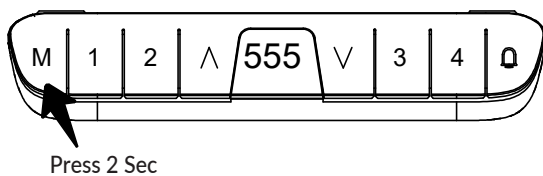
Cancel Limits

Press "**M**" until the display shows "**S-**", then release "**M**".
Press "**M**" again for 2 seconds until the display shows "**555**".
The high and low limits will be canceled.

Adjust The Minimum Height

With the display flashing "**RST**", press "**M**" for 5 seconds. The display
will show the height and keep flashing.

Press the "**up**" or "**down**" arrow to adjust the minimum height reading.
Once released, the display will show "**RST**" flashing. Press the down
button to complete the setting.

When to Reset Your Desk:

Resetting your desk is a common step to help the operation run smoothly and is not indicative of a defective product.
Reset your desk when:

1. It has abnormal function
2. The display shows RST (reset)
3. The display shows error codes (E01-E13)

It's common to reset the desk after initial assembly and when the desk is unplugged/plugged in.

If the display shows "HOT", turn off power to the desk and let it rest for 20 minutes before use.

UN CAGED
ERGONOMICS

📞 **240-583-0517**

✉ **hello@UncagedErgonomincs.com**