

FAR INFRARED SAUNA INSTRUCTION MANUAL

Read all instructions carefully before using the wooden sauna room

LT-906



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ATTENTION

- ※Read all instructions before using this appliance.
- ※Serious injury may result if warnings and instructions below are not observed.
- ※When using an electrical appliance, basic precautions should always be followed, including the following:

DANGER

- To reduce the risk of burns, fire, electric shock, or injury to persons.
- ※Connect the power cord to a properly grounded outlet only.
- ※Use this appliance only for its intended use as described in this manual. Do not use attachments not recommended by the manufacturer.
- ※Always unplug this appliance from the electrical outlet immediately after using.
- ※Keep the electrical cord away from heated surfaces.
- ※Heaters shall not be subjected to water spray; shower heads shall not be installed within the sauna
- ※If the temperature limiting control reset switch trips frequently, a qualified service person should be
- ※Never operate this appliance if it has a damaged cord or plug, if it is not working properly or if it has been dropped or damaged.

WARNING

- ※If you have any health problem or condition, consult your physician for permission to use the sauna room. (“health problem” includes but is not limited to: acute diseases, malignant tumors, high blood pressure, heart disease, allergic dermatitis, pregnancy, etc.)
- ※The sauna room should not be used by children.
- ※Should you have any abnormal feeling with your body while using the sauna, immediately exit the sauna
- ※If you feel uncomfortable while using the sauna, stop immediately and consult with your doctor.
- ※The use of alcohol, drugs, or medication is capable of greatly increasing the risk of fatal hyperthermia.
- ※Discontinue use if nervousness, tremor, headache, feeling of sickness or nausea occurs.

HYPERTHERMIA

Prolonged exposure of the user in the sauna room is capable of inducing hyperthermia. Hyperthermia occurs when the internal temperature of the body reaches a level several degrees above the normal body temperature of 98.6F. The symptoms of hyperthermia include an increase in the internal temperature of the body, dizziness, lethargy, drowsiness, and fainting. The effects of hyperthermia include:

- a) Failure to perceive heat
- b) Failure to recognize the need to exit the room
- c) Unawareness of impending heat
- d) Fetal damage in pregnant women
- e) Physical inability to exit the room
- f) Unconsciousness

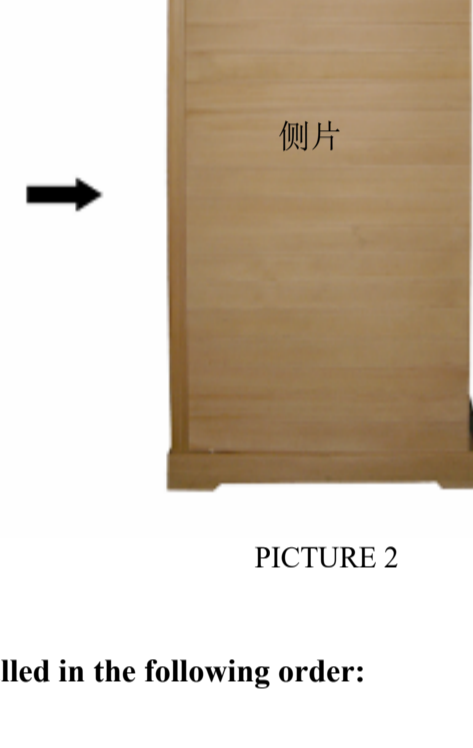
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READ BEFORE INSTALLATION:

- ※ Each panel is heavy. Be careful to avoid injury when installing, especially the top panel.
- ※ Two adults are required for the installation of sauna room.
- ※ There is a “+” button or a “-” button at the sides of each panel, which will be installed correspondently with one “+” to one “-” in following way when installing: The panel with “+” button should be lifted up about 4 inches (10cm) higher than the panel with the “-” button (Refer to Picture 1); place the “+” panel against the panel with “-” button (Refer to Picture 2), and then slide down the panel with “+” button until the two panels are equal in height (Refer to Picture 3). If they are not equal in height or there is an obvious gap between the two panels, that means they are not properly attached, and you should try again.



PICTURE 1



PICTURE 2



PICTURE 3

The panels should be installed in the following order:

- ※ Floor Panel→Back Panel→Left Side Panel→Right Side Panel→Bench Support Panel→Bench Surface Panel→Front Panel→Top Panel

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INSTALLATION OF SAUNA ROOM BODY

1. Place the floor panel in the desired location on a level surface (Note: The floor panel must be level before installing wall and ceiling panels. If the surface is not level you may need to shim the bottom panel to get
2. Place back panel in the slot of floor panel.(see picture2)
3. Place the left side panel in the slot of floor panel.(see picture3)
4. Place the right side panel in the slot of floor panel.(see picture4)



PICTURE 1



PICTURE 2



PICTURE 3



PICTURE 4

5. Place the Bench Support panel and connect the wires behind(see picture5)
6. Place the front surface panel (see picture6)
7. Place the front panel in the slot of floor panel .(see picture7)



PICTURE 5



PICTURE 6

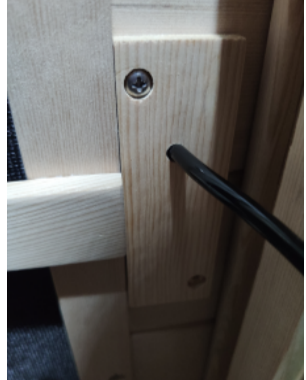
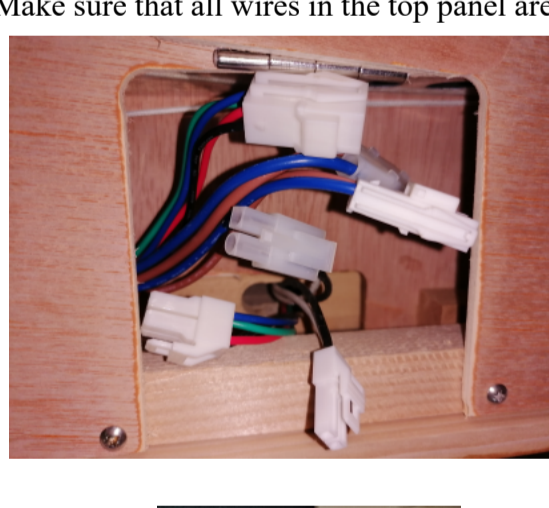


PICTURE 7

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INSTALLATION OF SAUNA ROOM BODY

- 8.Top panel fixed and wire connection
- ※ Make sure all side panels are in the slot of top panel, make sure all wires from side panels are not pressed in the slot.
- ※ Make sure that all wires in the top panel are connected.



- 9.Plug in and power on to operate the sauna room.

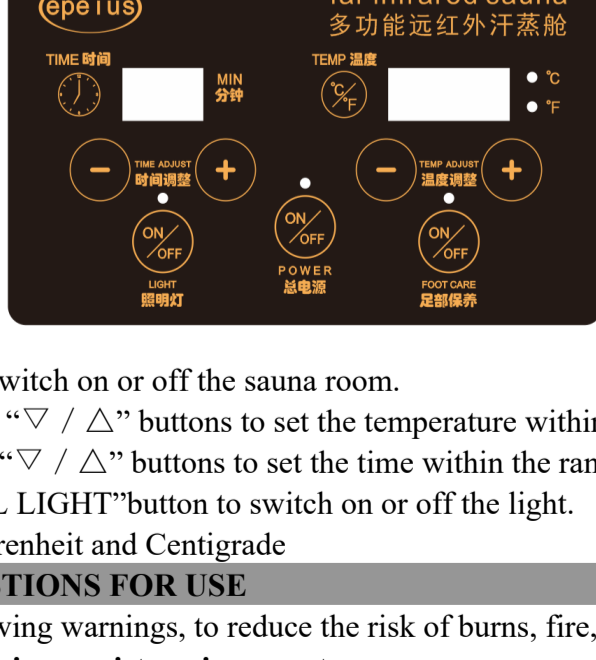


Retractable hanger

WARNING: Pay attention to the risk of electric shock.Do not plug in before all the wires are connected correctly.

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CONTROL PANEL INSTRUCTION



1. Press “POWER” button to switch on or off the sauna room.
2. TEMP ADJUST: Press the “▽ / △” buttons to set the temperature within the range 0-65 Centigrades
3. TIME ADJUST: Press the “▽ / △” buttons to set the time within the range 0-60 minutes
4. LIGHT: Press“INTERNAL LIGHT”button to switch on or off the light.
5. C/F: Switch between Fahrenheit and Centigrade

WARNINGS AND SUGGESTIONS FOR USE

- Please read carefully the following warnings, to reduce the risk of burns, fire, electric shock, or injury to
- ※Do not put the sauna room in a moist environment.
- ※Place room on level surface.
- ※Do not disassemble the product by yourself except as indicated in the manual.
- ※Do not spray the heater with water.
- ※Do not use any sharp tools on or near the heaters (severe damage may result)..
- ※Do not use the product for any other purpose than originally designed and intended.
- ※Do not directly touch the heater with hands or body for extended periods of time.
- ※Do not use continuously for more than one hour.

SUGGESTIONS FOR USE

- ※When enjoying a sauna room bath, it is suggested to turn power on at least 15 minutes beforehand. After 15 minutes of preheating, the temperature inside the sauna room should reach about 105 degrees F (40°C) ; at this stage most people find the sauna a comfortable temperature to begin the sauna bath. The temperature will continue to rise to the set temperature.
- ※If it feels too hot during use, adjust the temperature down, open the vent or open the door for fresh air.

CLEANING

Clean the outside and inside with a damp cloth, or clean with a small amount of hand-soap mixed with warm water if necessary. Do not use benzene, alcohol, or strong cleaning chemicals on sauna. Note: Some chemicals can damage wood material and the protection layer that is on the outside wood surface.

NOTICE: Chemicals may cause damage to the wood or its protective layer.

STORAGE

Do not store product in a moist environment or in direct sunlight.

SPECIFICATION

Product Name	Infrared Sauna Room
Model No.	LT-906
Power Supply	110VAC
Power	1200W
Wood	Hemlock

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