

Instructions for the elevated position use

Note: This is the trampoline with 10-legs, could be used in either flat or elevated position, you could choose the one accordingly. When you want to use it in the elevated position, you need to change the legs.

The stabilizing bar could not use for the elevated position.

1. To change to the elevated position, you need to pull down 2 long angle-tipped legs in the back, and put the front 2 flat middle legs up.
2. Screw in the 2 short legs manually, and adjust the angle-tipped rubber feet into the right direction.



SPECIFICATIONS

Size: Dia.101cm x H80-130cm (from ground)

Weight: 13.2kg

User: adult

Max Weight: 100kg

Made in China

INSTRUCTION MANUAL

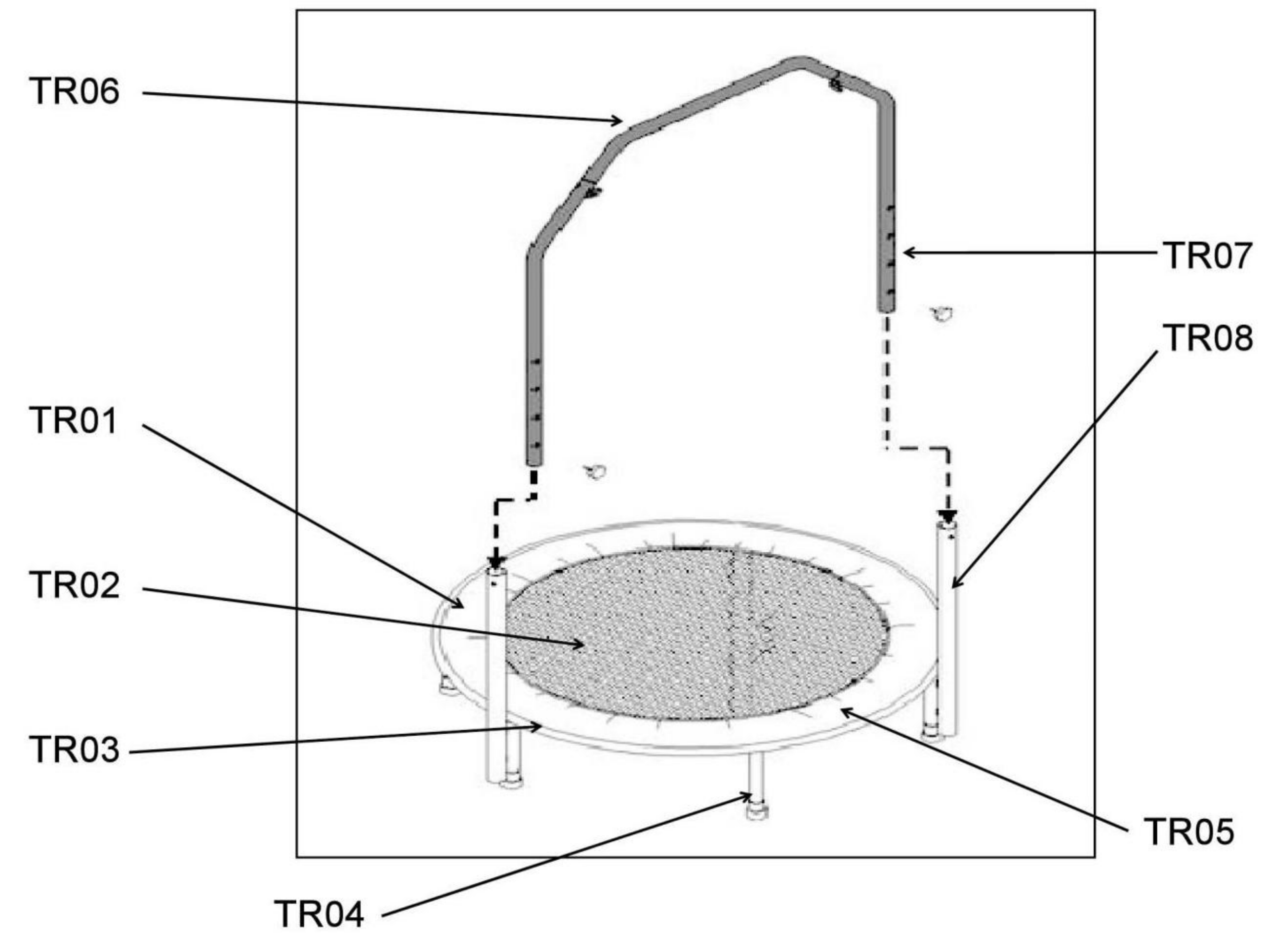
Trampoline

MADE IN CHINA

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Parts list



No.	Part Number	Description	Unit
1	TR01	Trampoline frame	1
2	TR02	Jump mat	1
3	TR03	Cover pad	1
4	TR04	Legs (long size)	2
		Legs (middle size)	6
		Legs (short size)	2
5	TR05	springs	32
6	TR06	Top handle pole	1
7	TR07	connect handle pole (right + left)	2
8	TR08	stabilizer bar	2
9		Screws +tool	1 pack

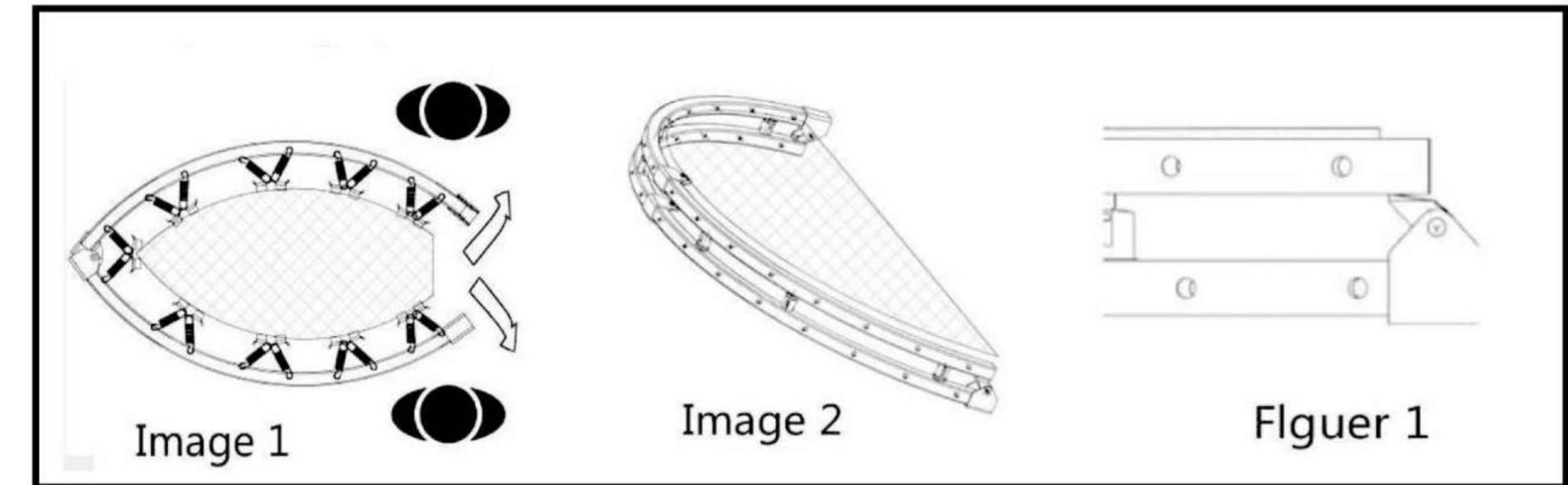
Notes & Warnings

1. This product should not be used by persons weighting more than 100kgs.
2. The legs of the trampoline are installed tightly during production, please make sure not to pinch your fingers or hand during assembly.
3. The folding mechanism can be stiff in the early stages of usage of the trampoline and will loosen with time. Please be careful while opening and folding the trampoline and do not hurt your body.
4. The trampoline does not have to be folded when stored and can be stored in the open position.
5. The handle bar when attached to the trampoline will have some movement, and is designed for aiding your balance only. It is not designed to support your entire weight.
6. Must use elevated trampoline on wall to wall carpet or a floor than is not slippery so unit does not slide when used.
7. Children under the age of 12 should be instructions before using the trampoline, as with any fitness exercise program consult with your doctor before use.

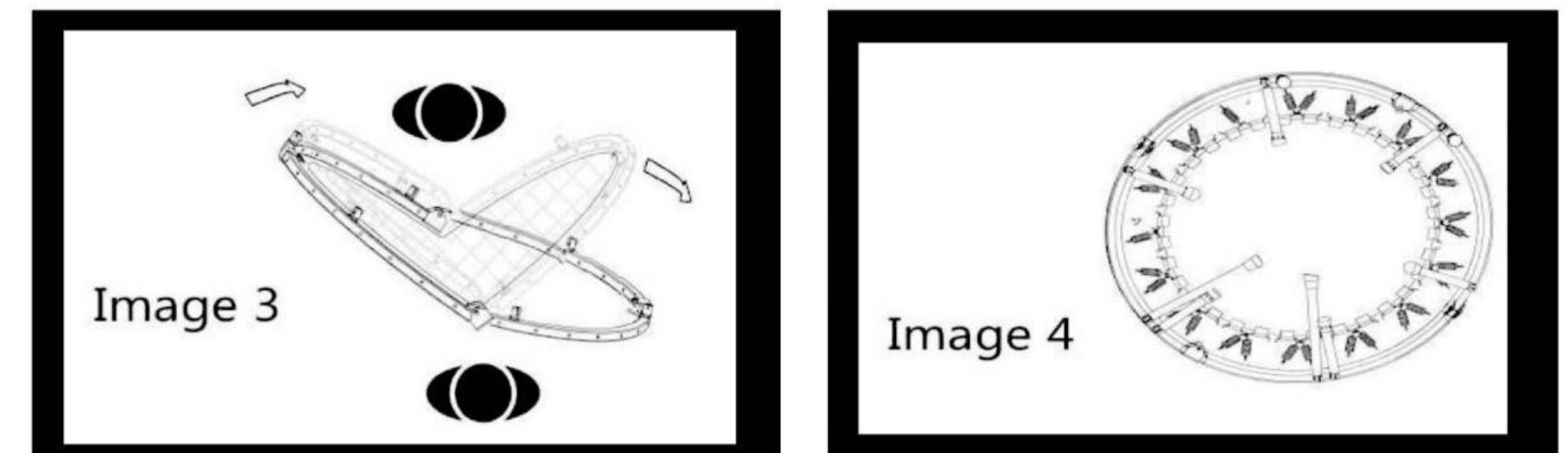
WARNING: Always fold and unfold Trampoline with at least two strong people. Keep head and face away from frame of Trampoline.

OPEN INSTRUCTIONS

1. Lay the trampoline on the floor, in its still folded position (image 1). Push out the ends according to the arrows on the picture, so the trampoline expands and looks like a half moon (image 2).
Make sure the larger outside hinges are touching the floor (see Figure 1).



2. Firmly grasp both halves of the frame at the midpoint of each half circle according to the arrows and pull out (Image 3).

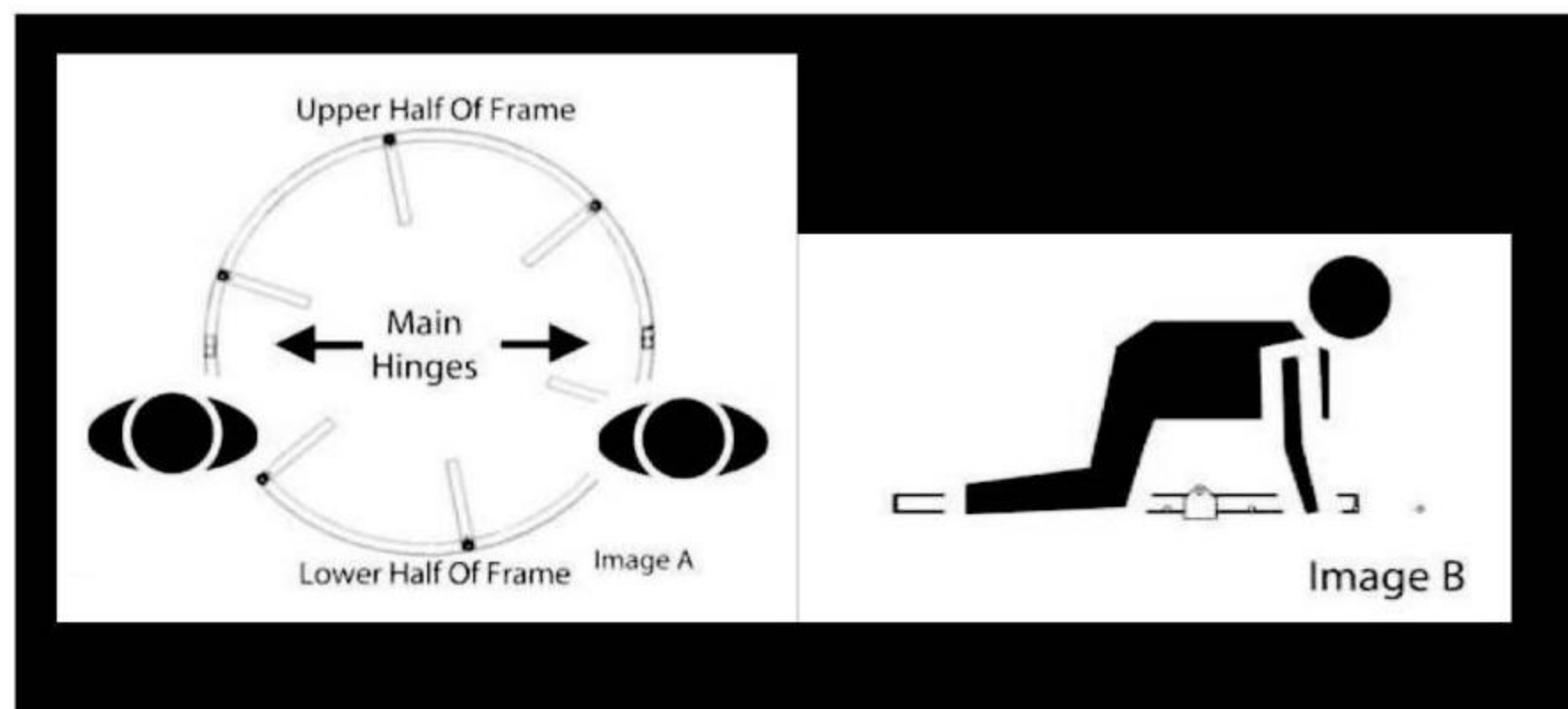


Note: Frame will snap open so please read step No.3 carefully. Please keep all fingers away from hinge when are opening and closing.

3. Using steady pressure with hands open and finger extended, push top side of frame up, over and down to open position.
4. With the trampoline now open and still upside down (image 4), lift the legs to a perpendicular position.
5. Turn the trampoline right side up, and adjust the fabric cover evenly around the jumping mat so that it covers all the springs in an even manner.
6. Proceed to **page 7** for stabilizing bar assembly instructions.

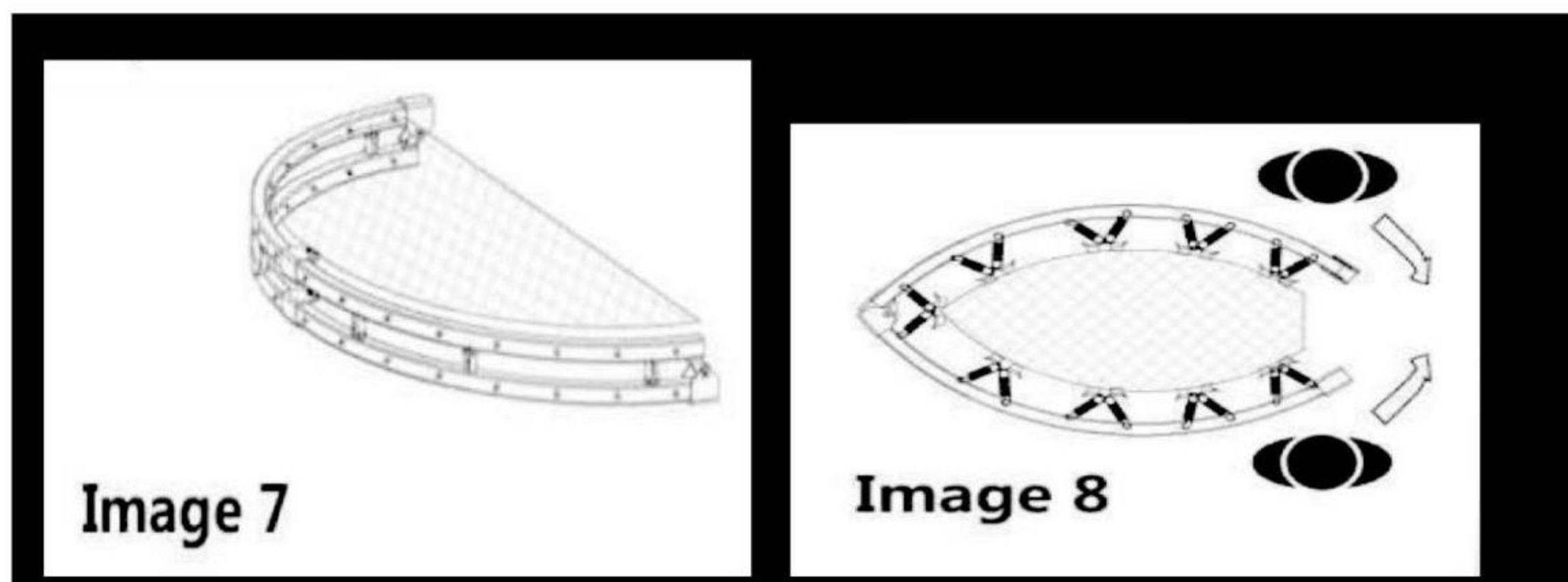
CLOSING INSTRUCTIONS

1. Remove the handle bar.
2. Pull and release the fabric hinge cover from above the hinges to allow easier folding. Turn the unit upside down and lay it flat on the floor.
3. Pull each leg up and lay it down towards the center of the mat.
4. Locate the larger hinges on each side of the trampoline. Stand near the hinges (Image A). Both persons kneel and place their knee on Frame (Image B). Both persons pull the other end of the Frame upward.



CAUTION: The Frame is under tension and may unexpectedly fold.

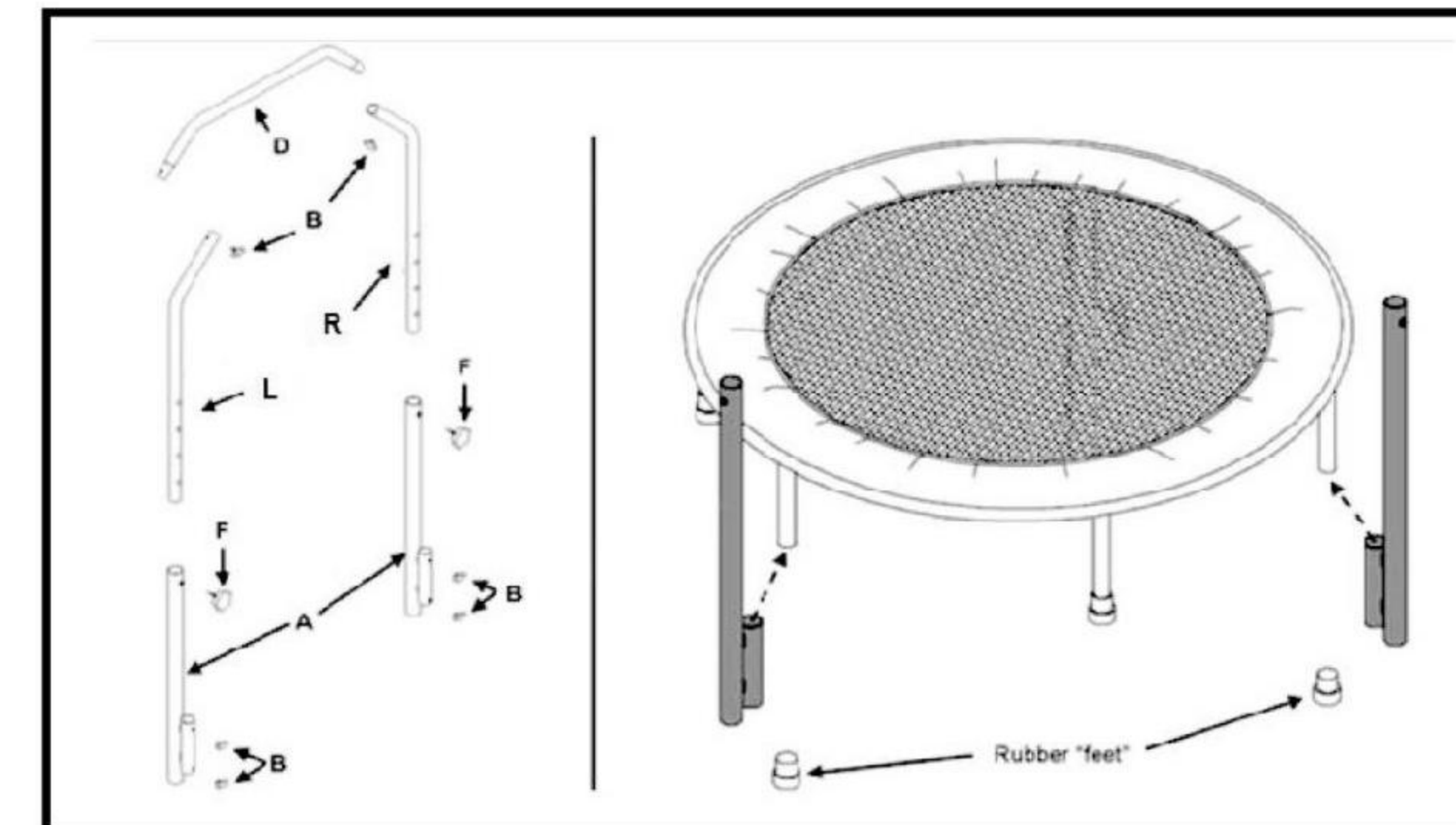
5. Together pull on the spring and the top half of the frame will rise toward the middle (image 7). Fold the Frame a second time with the opposite hinges (image 8).



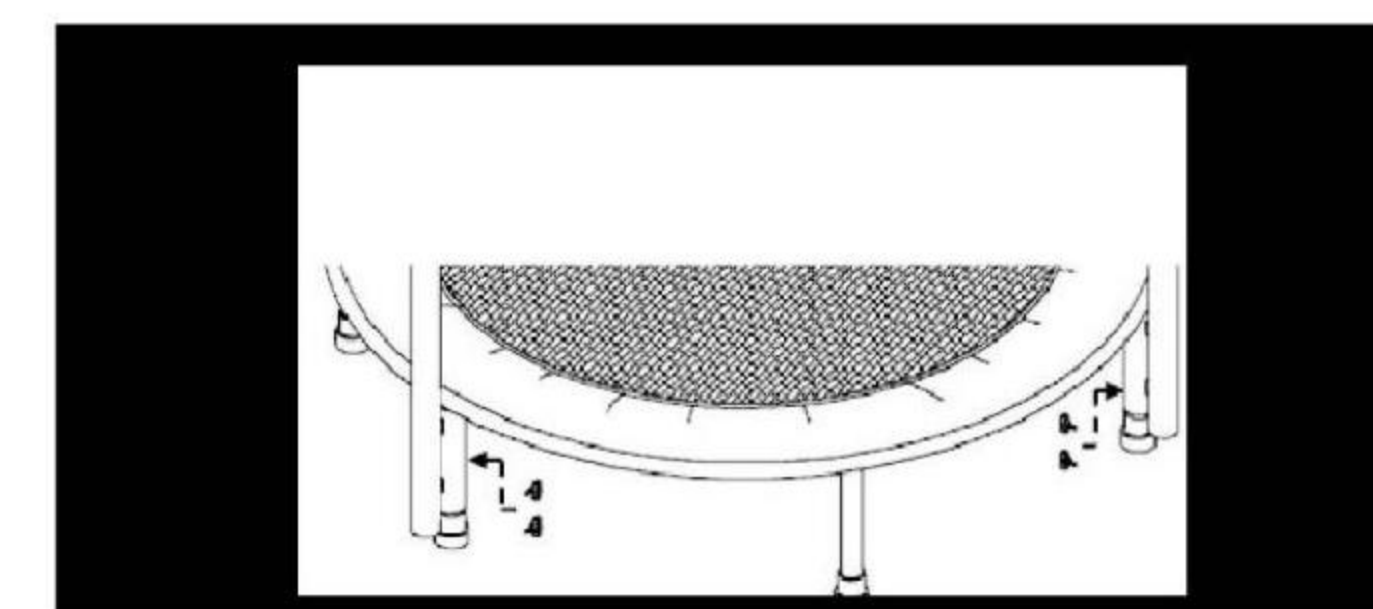
Note: Watch out for your hands, feet body part, etc. And always take 2 people to fold the trampoline.

Stabilizing Bar Assembly Instructions

1. To install stabilizer bar on your Trampoline, first remove rubber "feet" from these 2 middle legs as shown, next place piece A over each leg, then replace rubber feet.



2. Insert the Right handle bar upright (R), which is marked with an "R" sticker, into the right upright piece A. Then insert the Left handle bar (L). Make sure the uprights are at the same height.
3. Now insert piece D to top of both L and R pieces.
4. Tighten an Adjustment Knob F into the hole in both piece A. Use knob B to secure pieces L and R together with D.
5. Go back and tighten the four Knobs that were assembled in step 1.



6. To adjust the height of stabilizer bar, remove F pieces, move top assembly to desired height, then screw F pieces back in place. There are 4 different height adjustments for the stabilizer bar.