

User Manual

T5549

Welcome

Thanks for purchasing these **Lower Back Massager Heating Pad**, Please read this user manual carefully before use.n

Package List

Upon opening the package, please check for the following items:

- * 1 × Lower Back Massager Heating Pad
- * 1 × Extension Pad
- * 1 × Host
- * 1 × Type-C USB Cable
- * 1 × Remote Control
- * 1 × User Manual

Specification

- * Inbuilt Rechargeable Battery: 1200mAh(Host); 150mAh(Remote)
- * Input: DC5V/1A
- * Technology: EMS Pulse Technology
- * Host/Remote Digital Display: Support
- * Massage Area: 4 Areas, Per Area with 1 Conductive Silica Gel
- * **8 Modes:**
 - M1: Massage, M2: Knead, M3: Scraping, M4: Pressure, M5: Acupoint, M6: Cupping, M7: Activate, M8: Shape
- * Intensity: 19 Levels Per Mode
- * 3 Heat Levels: H1: 40°C/104°F; H2: 45°C/113°F; H3: 50°C/122°F
- * Default Timer: 30Mins
- * **Indicator Light:**
 - Host: Red(During Charging); Light OFF(Fully Charged)
 - Remote: Red(During Charging); Green(Fully Charged)
- * Charging Time: Around 2-3Hrs(Host); 1Hr(Remote)
- * Runtime: Around 3-5Hrs(Host)
- * Suitable For Waist: 65-120cm/25.59-47.24in

Important Safety Instructions

The product warranty will be void if damages occur due to non-compliance with the aforementioned safety instructions. We shall not be held responsible for any personal or property damage resulting from improper handling of the product or failure to comply with the below safety instructions.



Warning of People

This product is NOT intended for:

- * An infant or young child.
- * An incapacitated or immobile person.
- * A person with diabetes, cancer, high blood pressure or heart disease.
- * A person with osteoporosis or skeletal diseases.
- * A person with skin allergies (e.g. burns or scalds).
- * Epilepsy patients, pregnant/postpartum women or elder citizens.
- * The body has implanted devices (such as pacemakers).
- * A person who is paralyzed, or who has skin that is sensitive to temperature changes.
- * Anyone with heat-sensitivity medical issues (e.g. poor blood circulation).
- * Anyone who cannot clearly comprehend the instruction manual and/or operate controls.
- * Anyone who cannot withstand EMS massage.



Warning During/After Use

1. Medical Consultation Required

Individuals with serious heart conditions, those relying on a pacemaker, and pregnant women must consult their doctor before using this heating pad.

2. Skin and Usage Guidelines

- * Do not use the heating pad on broken, irritated, or sensitive skin.
- * Always wear clothes when using the heating pad. Direct contact with bare skin is strictly prohibited due to the high heat it generates.

3. Environmental and Handling Precautions

- * Keep the heating pad away from water and avoid using it in wet conditions, as exposure to moisture can lead to electrical hazards.
- * Do not fold, bend, twist, or knot the pad excessively, as this may damage the internal heating elements and cause overheating.
- * Use the heating pad in a flat position and never sit or lie on it, and do not heap or cover anything on it during use.

4. Operation Warnings

- * Always start with the lowest settings and adjust gradually according to your comfort level.
- * Do not use the heating pad while sleeping, driving, exercising, or when unconscious.
- * If the heating pad overheats or emits a charred smell during use, turn it off immediately.

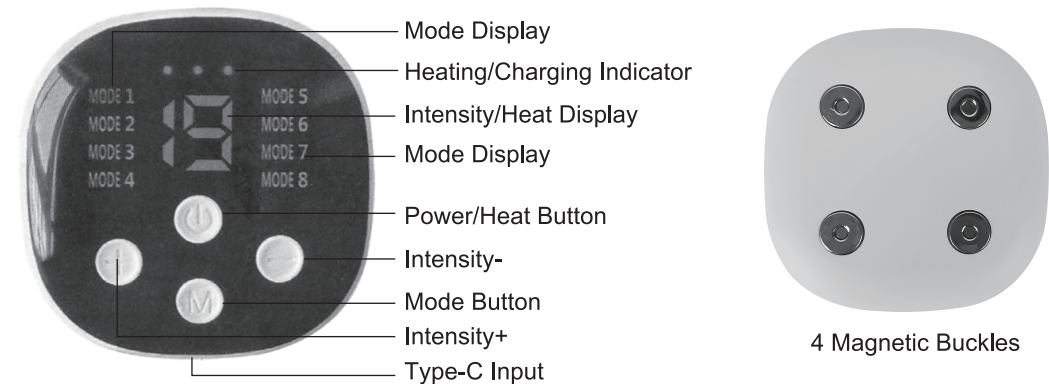
5. Prohibited Actions

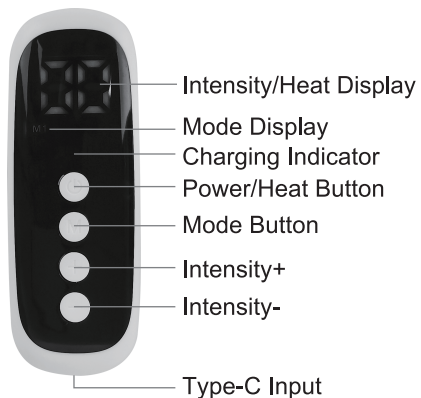
- * Do not make any modifications to the switch button, wires, or heating element.
- * Do not use another electronic heating device in conjunction with this heating pad, and avoid using it under a heated blanket or pillow, as excessive heating can cause fire, electric shock, or personal injury.
- * Do not use analgesic cream in combination with the heating pad, and do not puncture or use sharp objects on the heating pad.

6. Safety Checks

- * Inspect the heating pad for any visible damage, such as cracks, tears, or exposed wires and heating elements, before each use. Do not use it if any damage is found.
- * If you experience any discomfort or notice any abnormalities during use, stop using the product immediately.
- * Be aware that wireless RF communication equipment may affect the use of this product.

Product Structure





Charging

Plug the Type-C USB cable into the charging the host/remote and connect to the standard power source(DC5V/1A).

Note:

- * Please fully charge the heating pad before first use.
- * The charging cable MUST be tightly attached to the charging port of the heating pad.
- * The heating pad cannot work during charging.

Operation

- 1. Power ON/OFF:** Long press the Power Button to turn on/off the host/remote. During setup, The host will automatically turn off when there is no action in around 10S.
- 2. Heating Setup:** Short press the Power Button to adjust heating levels after powering on. Heating Level Display: H1-H2-H3(Remote); 1/2/3 Red Indicators(Host).
- 3. Mode Setup:** Short press the Mode Button to switch modes after powering on.
- 4. Intensity Adjustment:** Short press “+/-” to adjust intensity levels after powering on.
- 5. Remote:** Please turn on the host first before powering on the remote. The remote's runtime varies by the usage frequency.

Cleaning & Maintenance

Clean this product only in accordance with the instructions specified on the product's washing label, and in the Cleaning Instructions section of this manual.

Host Care

The display screen of the host shall be properly protected. Clean the host with a soft cloth.

Pad Care

The cloth area does not support washing.

When cleaning and maintenance is required, please sterilize with alcohol to remove sweat stains or wipe with a clean wet towel.



Alcohol



Detergent



Water



Diluent



Gasoline

Storage & Transporting

* Store the product in a cool, dry place when not in use.

* When transporting heated pad liners (e.g. in a bag, purse, backpack, or suitcase), make sure to disconnect the power connection.



Disposal



Disposing of packaging

Dispose of packaging according to type. Sort the paperboard and cardboard as waste paper and the film as recyclable material.



Dispose of old electrical device

This symbol indicates that this product may not be disposed of together with domestic waste in compliance with the (2012/19/EU) Regulation pertaining to waste electrical and electronic devices (WEEE). This product must be handed in at a collection point intended for the purpose. This can occur, for example, by handing it in at an authorised collecting point for the recycling of waste electrical and electronic equipment. Owing to potentially hazardous substances that are frequently contained in waste electronic equipment, incorrect handling of waste equipment may have a negative impact on the environment and on the health of human beings. By disposing of this product correctly, you are also contributing towards an efficient use of natural resources. Information on collecting points for waste equipment can be obtained from your local authority, an authorised institution for the disposal of waste electrical and electronic equipment or the waste collection services.



Batteries and rechargeable batteries must not be discarded with domestic waste!

As a consumer, you should dispose of all batteries etc., irrespective of whether they contain harmful substances* or not, at a collection point in your community/district or at a retail outlet, so that they can be disposed of in an environmentally friendly manner. Batteries and rechargeable batteries must be disposed of separately from the device.

* marked with: Cd = Cadmium, Hg = Mercury, Pb = Lead, Li = Lithium