



INSTRUCTION MANUAL

ASSEMBLY GUIDE

Congratulations, you are now the owner of a brand new ergonomic chair!

To best enjoy the comfort of the chair, you have to put it together first! This assembly guide will take you through the assembly process. To make sure the assembly goes well, please follow the instructions, and **especially the important safety information.**

It is possible to assemble the chair on your own, but it is recommended to have **a second person to make it easier and safer.**

Please check if there are any missing parts from the package before starting. If there is any issue, please don't hesitate to drop us an email and we'll help you out ASAP.

If you run into any difficulty when assembling the chair, remember to check out the assembly video to see if you've missed anything. If you're unable to resolve the problem, just send us an email and our support team will assist you.




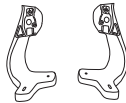














WARNING

To ensure proper assembly, please follow all steps and use all parts. Failure to follow this warning can result in serious injury to yourself or others.

Package List

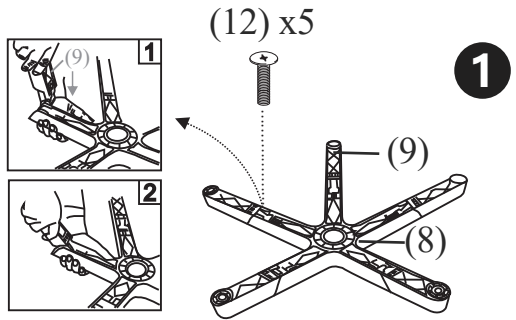
- Without further ado, we kindly suggest you to list all parts needed for the chair first.

<p>(1)*1 Back Cushion</p> 	<p>(2)*1 Seat Cushion</p> 	<p>(3)*1(L)*1(R) Front Armrests</p> 
<p>(4)*1(L)*1(R) Back Armrests</p> 	<p>(5)*1 Gas Lift</p> 	<p>(6)*1 Mechanism</p> 
<p>(7)*5 Casters</p> 	<p>(8)*1 Base</p> 	<p>(9)*5 Legs</p> 
<p>(10)*8 Bolts</p>  <p>M6X20mm</p>	<p>(11)*4 Bolts</p>  <p>M6X35mm</p>	<p>(12)*5 Bolts</p>  <p>M5X40mm</p>
<p>(13)*2 Bolts</p>  <p>M6X40mm</p>	<p>(14)*2 Spring Washer</p> 	<p>(15)*2 Washer</p> 
<p>(16)*1 Wrench</p> 		

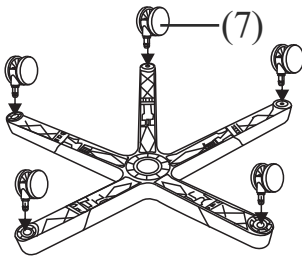
Assembly Instruction

• Step 1:

Turn the Base (8) upside down, Align the leg (9) into with the Base and press the Leg (9) down. Use the Wrench (16) to screw Ten Bolts (12) into the pre-drilled screw holes to fix the Base and the Base Legs.



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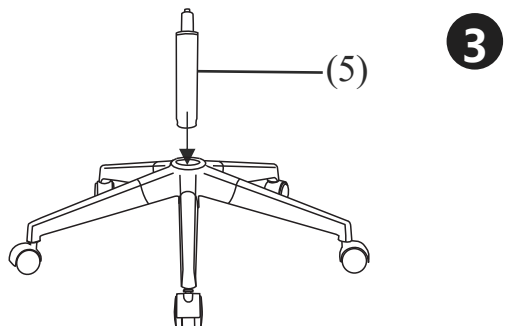


• Step 2:

Both hands are forced at the same time to press the Casters (7) into the holes at the end of each Base Leg.

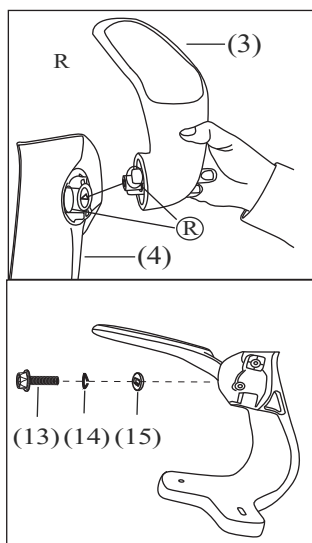
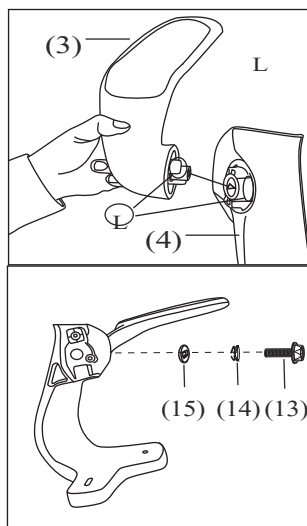
• Step 3:

Insert the Gas Lift (5) into the center hole of the Base.



• Step 4:

Fix the Front Armrest(3) *(L) to the Back Armrest(4)*(L), pay attention to the armrest slot. The Spring Washer(14) and Washer(15) should be inserted into their Bolts(13) in sequence, and then use Wrench(16) to fix their Bolts(13) on the armrest.



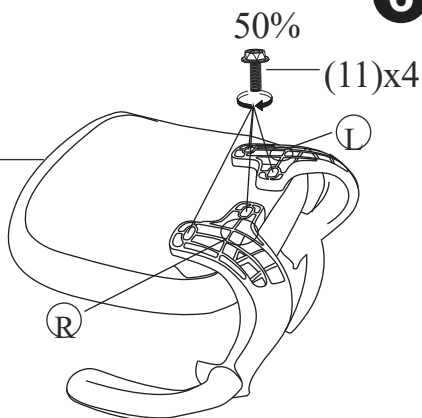
• Step 5:

Fix the Front Armrest(3) *(R) to the Back Armrest(4)*(R), pay attention to the armrest slot. The Spring Washer(14) and Washer(15) should be inserted into their Bolts(13) in sequence, and then use Wrench(16) to fix their Bolts(13) on the armrest.

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• Step 6:

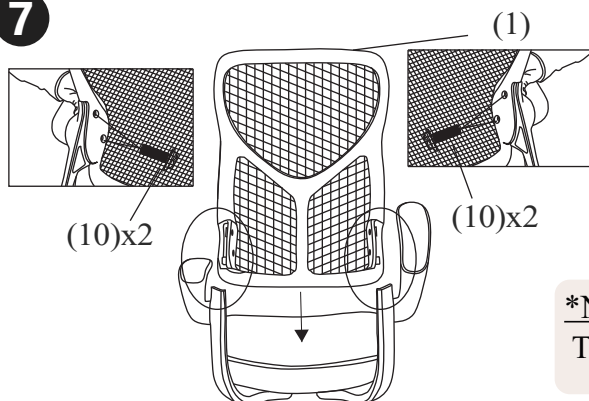
Attach the Armrest (4)*1(L)*1(R) (2) to the Chair Seat (2) using Bolts (11)*4 by Allen Wrench (16) as shown.



Note 1: Arm rests are labeled with an "L" (left) or "R" (right) to show which sides they should be placed on.

Note 2: Do not tighten all the bolts to 100%, make sure it have space to adjust in the next steps.

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• Step 7:

Attach the Chair Back (1) to the Armrest (4) using Bolt (10)*4 by Allen Wrench (16) as shown.

*NOTE:

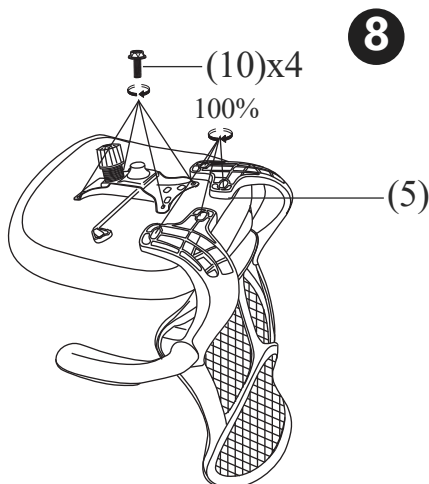
Tighten the bolts completely.

• Step 8:

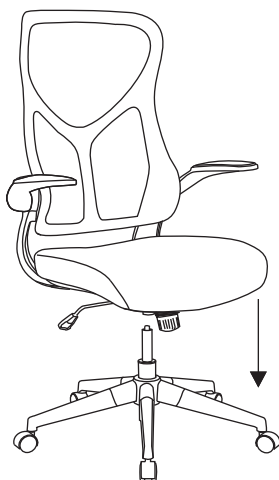
Attach the Seat Mechanism (6) to the bottom of the Chair Seat (2) using Bolts (10) by Allen Wrench (16) as shown.

*NOTE:

Tighten the bolts completely.



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• Step 9:

Position the assembled Chair Seat upright with the Seat Mechanism (6) facing down.

Insert the Gas Lift (5) into the center hole of the Seat Mechanism (6) and press down until fully engaged.

CAUTION:

Make sure all bolts and screws are fully tightened before using chair. Lubricate all moving parts and tighten all bolts/screws every 6 months or whenever needed.

Instructions For Use

1. Operating the tilt lockout



To let your chair tilt back, pull the control handle out.

To stop your chair from tilting, sit forward, then push the control handle in.

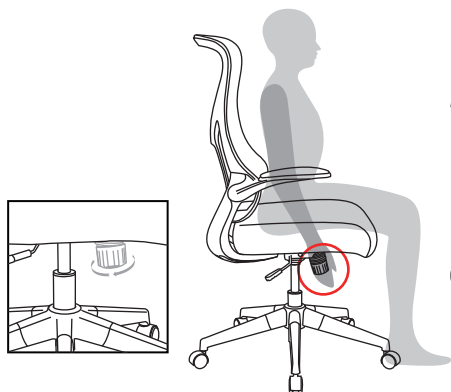
2. Armrests adjustment



The armrest can be adjusted.
Make it up and down if you need.

Instructions For Use

3. Tilt Tension: Long stem under the seat with knob



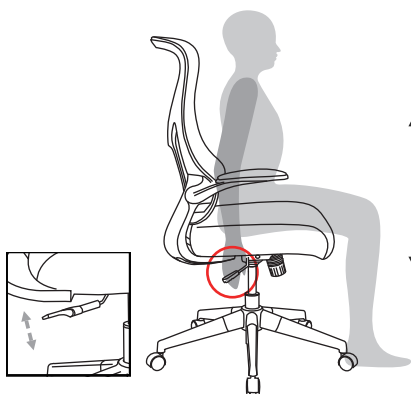
To increase tension:
While seated, turn knob
forward (Counter clockwise).



To decrease tension:
While seated, turn knob
backward (Clockwise).

* Set the tilt tension to control the resistance you feel when leaning back.

4. Seat Height: Paddle-shaped lever on the right side



To raise:
While taking your weight
off chair, lift lever up.



To lower:
While seated, lift lever up.

* At the proper height, your feet should rest flat on the floor.

Safety And Maintenance

- Do not stand on the chair, Do not use the chair as a stepladder.
- Use this product for seating one person at a time.
- Do not use the chair unless all bolts and screws are firmly secured.
- Avoid contact with sharp objects to prevent puncturing the fabric.
- Every 6 months, check all bolts and screws to ensure they are tight.
- To clean, spot clean only using a damp towel and mild cleaner, first test on a small, unseen area of fabric.
- Chair weight limit not to exceed 250 lbs.

Safety Information



Sit in the center of the chair, with your back to the backrest



Do not sit at the front edge of the chair



Do not stand on the chair



Do not use the chair with more than one person



Do not push the chair around when a person is sitting in it



Do not push down on the backrest when a person is reclined



Do not place all your weight on only the backrest