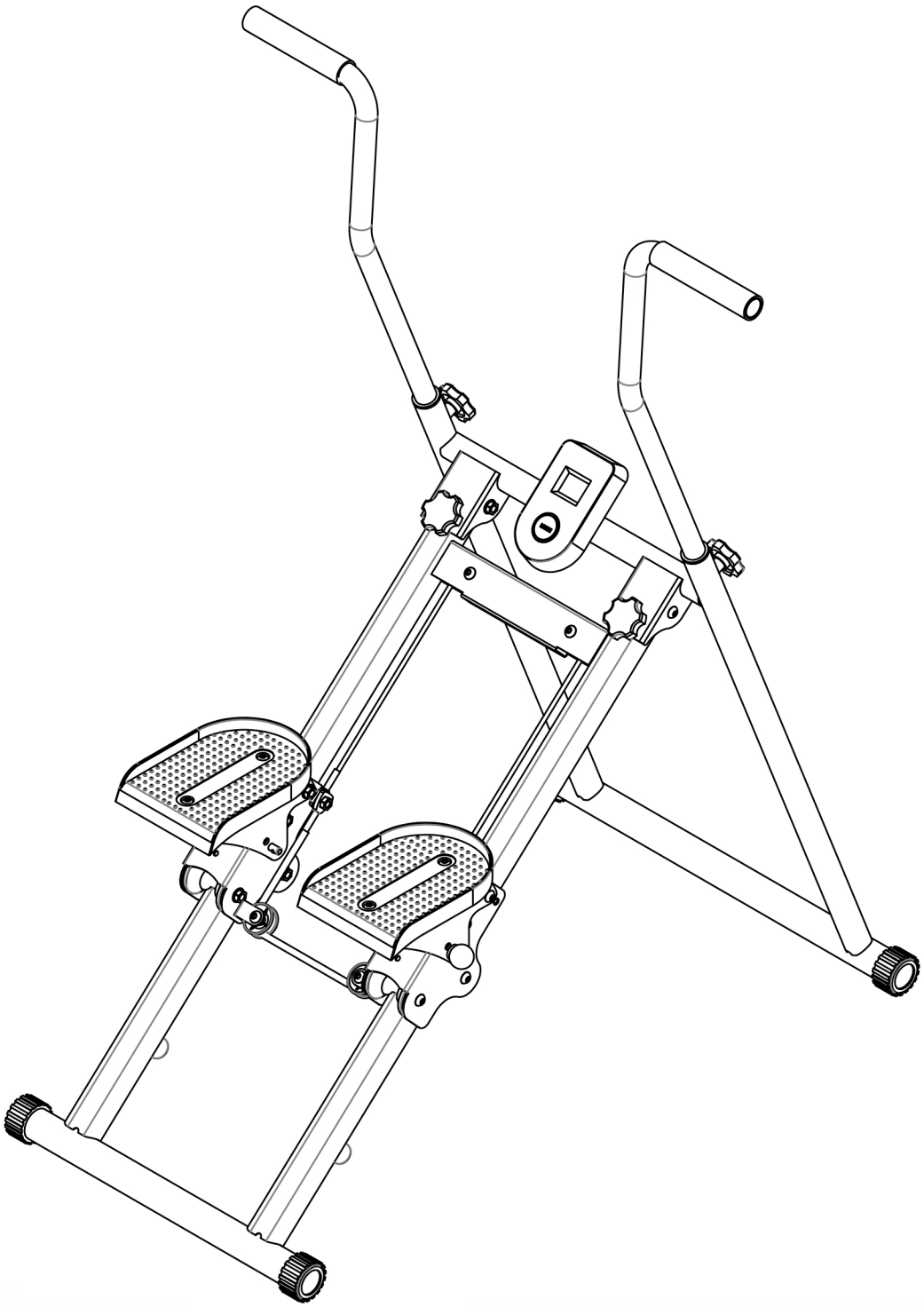
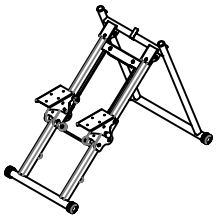
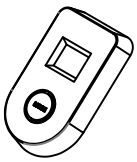
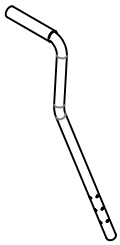
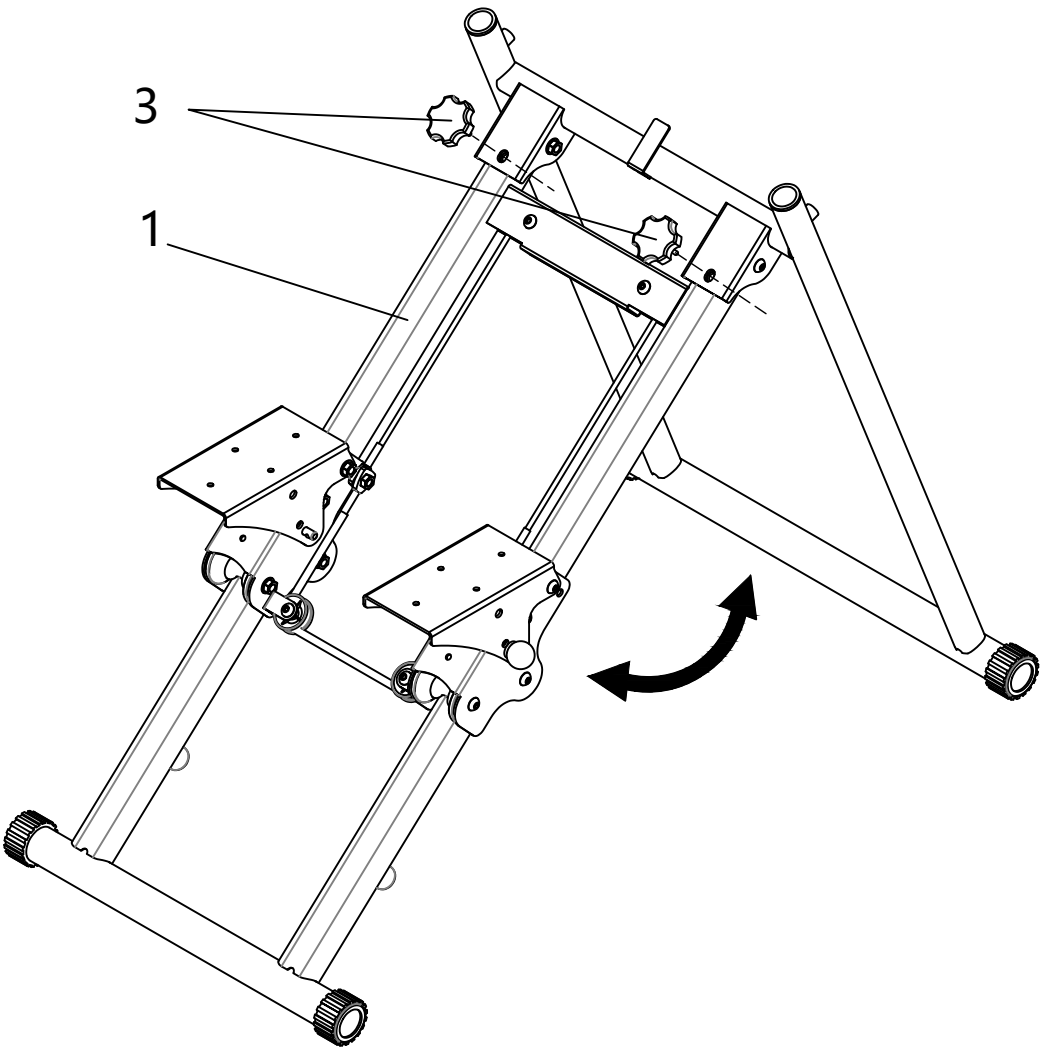
Stair Stepper



1  1pcs	2  1pcs	3  4pcs	4  2pcs
5  M6*20 4pcs	A  M4 1pcs	7  1pcs	8  1pcs

STEP:1

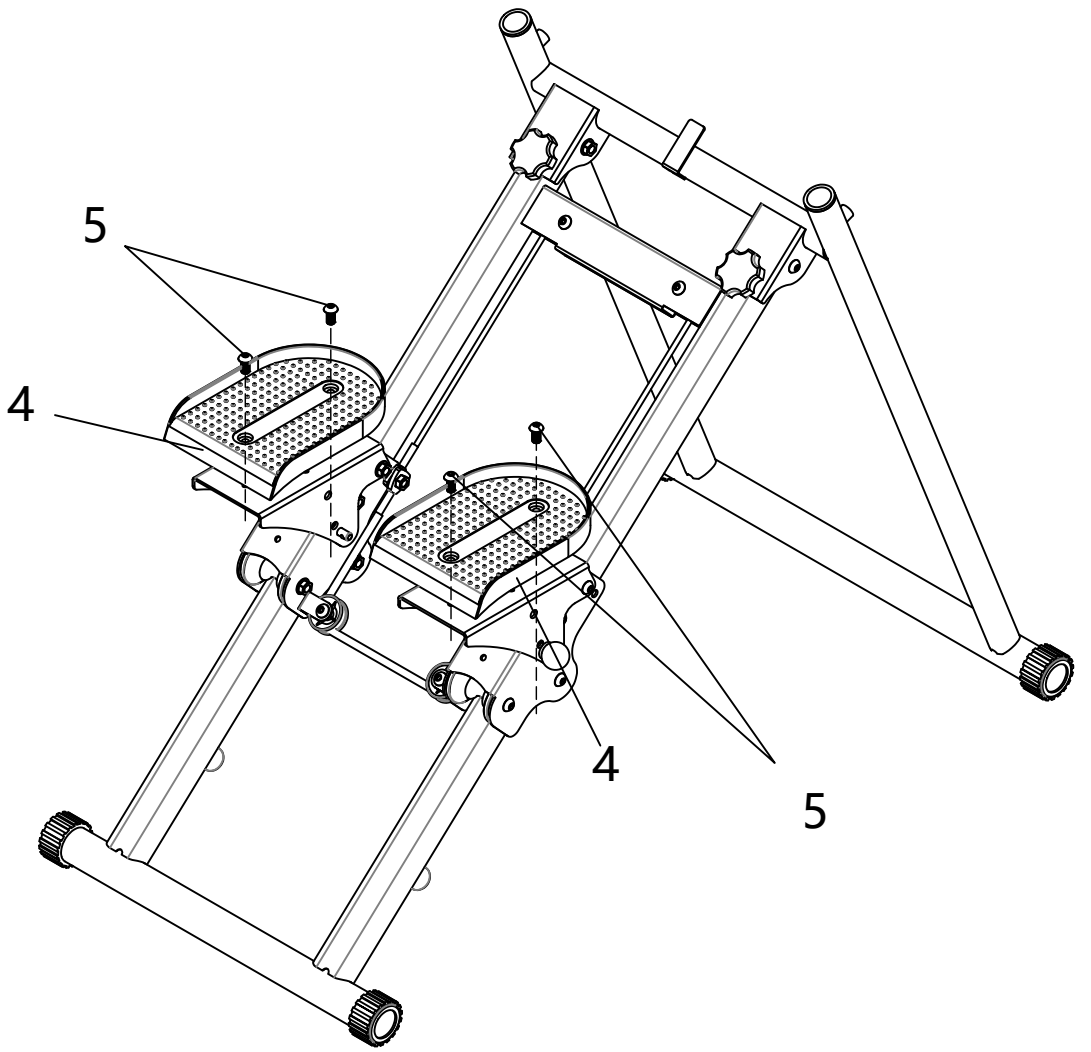
Take out machine main frame 1 # as shown in the picture.
Open and balance the front and rear horizontal pipes.
Take out 3 # 2 plum blossom knobs,
Lock the seat holes in sequence as shown in the picture.



STEP:2

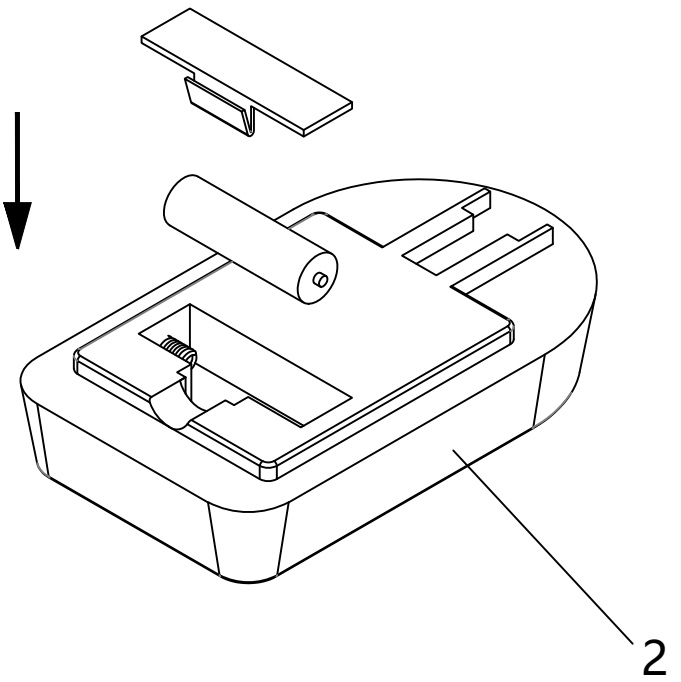
5#(M6x20) x4pcs

As shown in the picture, align foot pedal 4 # with the foot pedal hole, use wrench A # 4 to align foot pedal 4 # and screw 5 # with the foot pedal and lock them.



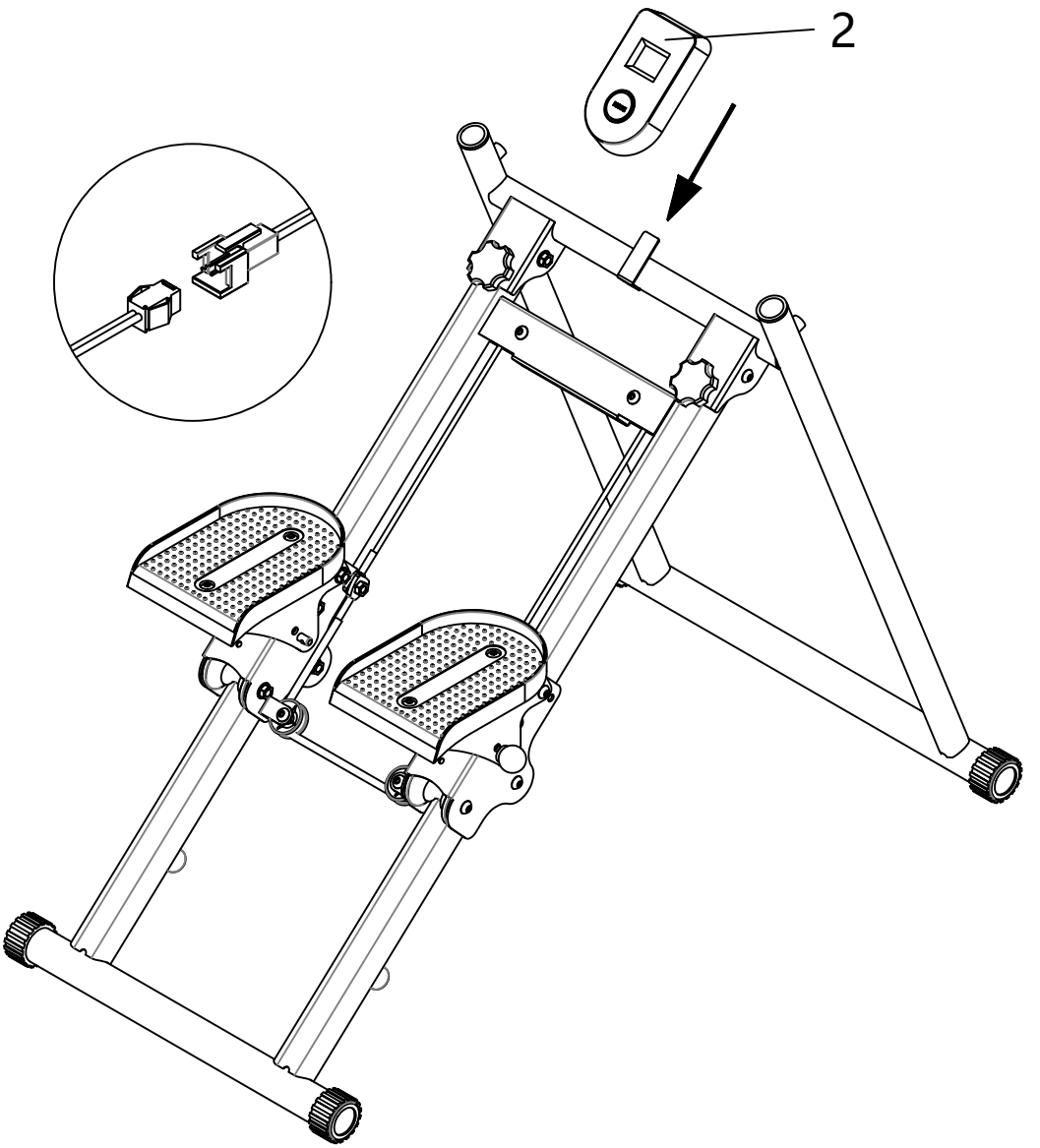
STEP:3

Take out code table 2 # as shown in the picture, open the battery compartment cover and install battery 5, then install the battery compartment cover.



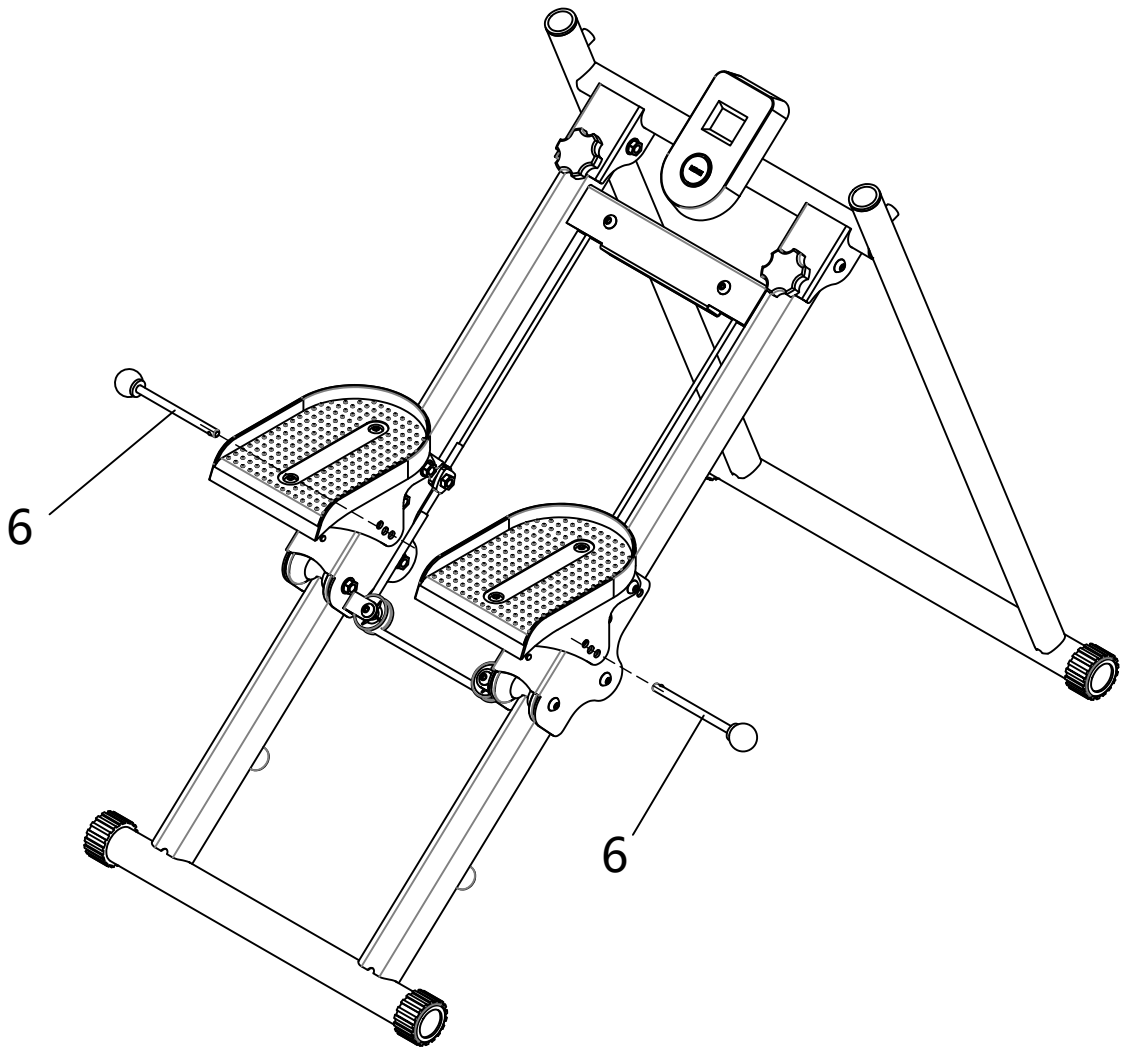
STEP:4

As shown in the picture, align the installed code table 2 # with the watch frame and insert it into the correct position. Then, connect the two wires to the corresponding holes and install them.



STEP:5

Take out the pin 6 # of the foot tube bracket as shown in the picture, rotate the foot pedal to adjust the appropriate position, and insert the pin 6 # into the hole.



STEP:6

Insert the armrest into the main frame as shown in the picture, adjust the armrest height, unscrew the plum blossom knob, and adjust the armrest height by pulling it up or down. After adjusting to the appropriate height, use the plum blossom knob to lock the hole.

