

# ***Macrame Knot Reference Guide***

Here you'll learn a handful of knots for your various macrame projects. You can choose to practice them now, or just simply refer back when referenced later!

Each knot will have a reference number in the design instruction heading for the knots that will be used. such as **1A, 1B, 2A, 2B, etc.** These reference numbers correspond to the knots on this page.

- **For example:** If a design calls for a lark's head knot (1A), just search for (1A) on this reference guide!

## **Important Macrame Vocabulary**

**Working Cord:** The cord or set of cords that you use to make the knots.

**Filler Cord:** The cord or set of cords that your knots wrap around.

**Sennit:** A knot or set of knots that are worked in repeat.

## **(1A) - Lark's Head Knot / Cow Hitch Knot**

This knot is used to attach your cords to an object such as a dowel, branch, ring, or anchor cord.

Fold your cord in half and place the loop over the dowel rod.





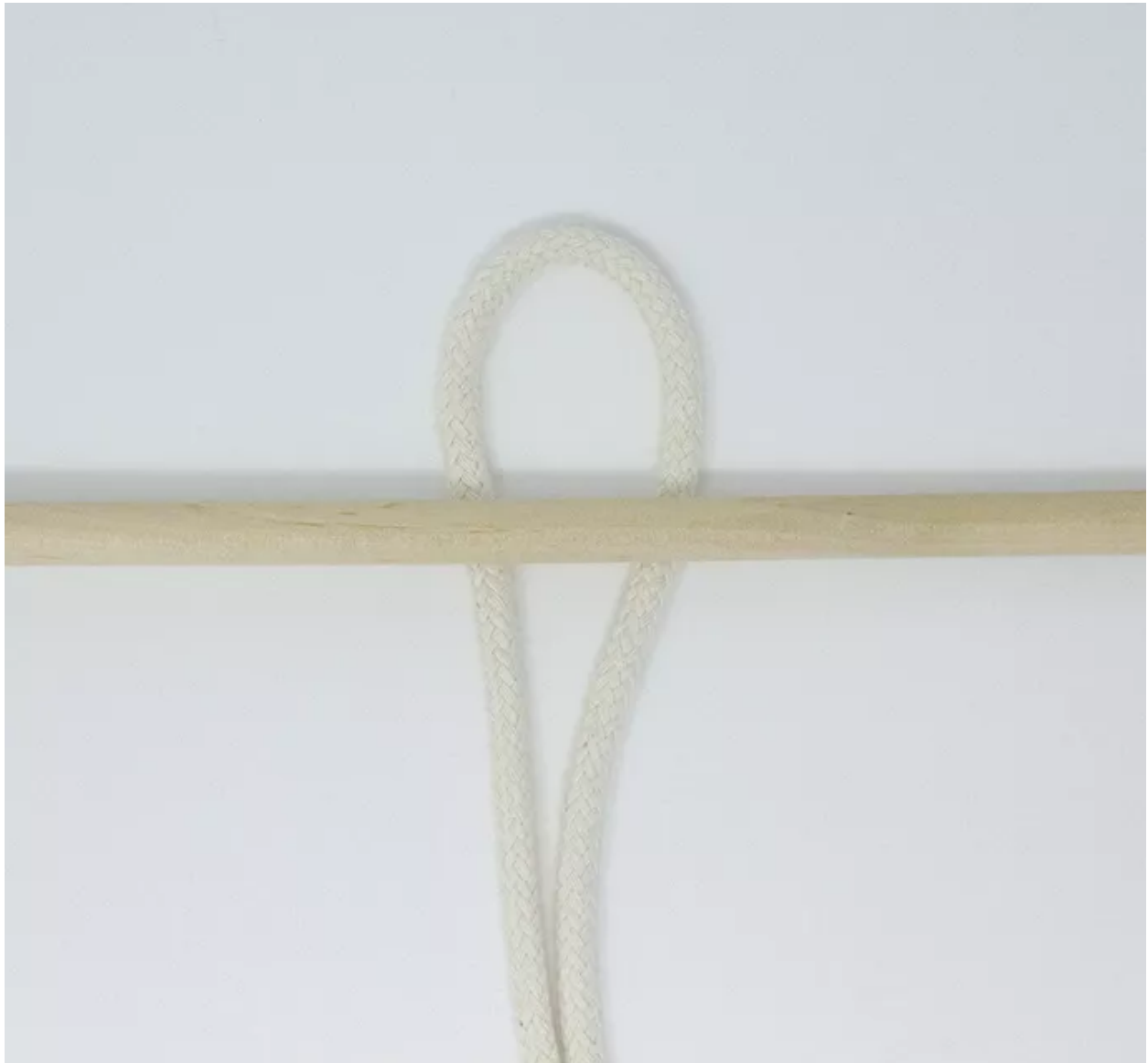
Bring the loop around the back and pull your two cord ends through the loop to tighten.



## **(1B) - Reverse Lark's Head Knot**

Same as 1A, but done in reverse to get the bump hidden in the back of the knot.

Fold the cord in half and place the loop under the dowel rod.



Bring the loop round to the front and pull your two cords through the loop to tighten.



# Square Knots and Half Knots

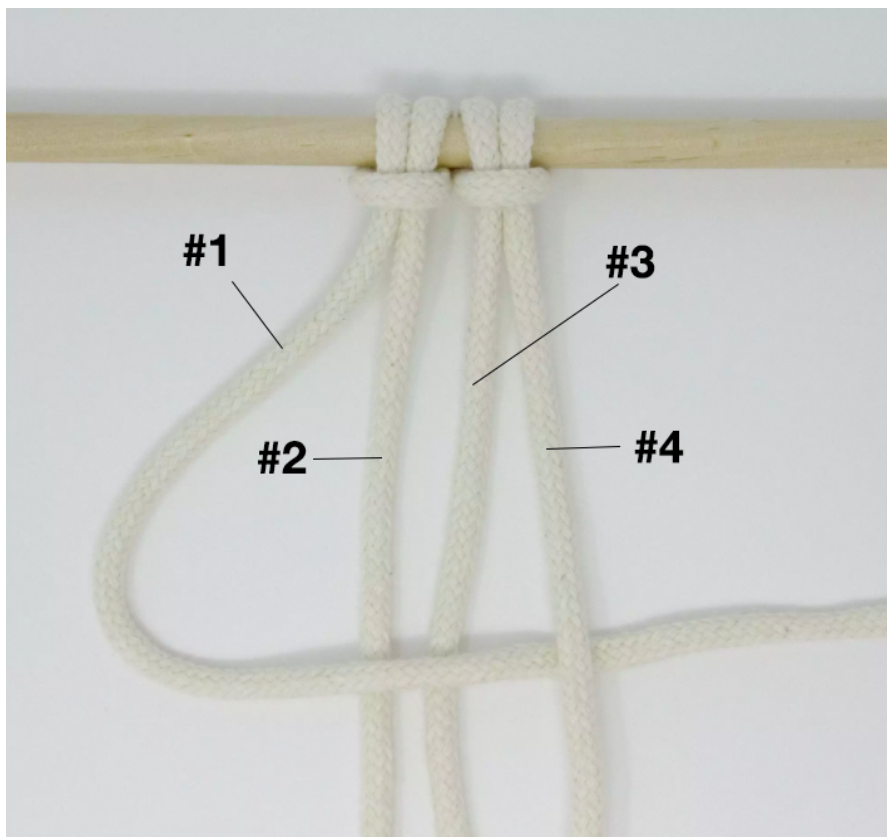
## Square Knot

- Can be created as left facing or right facing.
- Needs at least 4 cords (2 working cords and 2 filler cords) but can have more.

The first and last cords are the working cords (labeled below #1 and #4).

The middle cords are filler cords (labeled below #3 and #4)

**NOTE:** Cords will switch places but will still keep their original numbering.



## Half Knot

- Half of a square knot.
- Can be left facing or right facing depending on what side you started on.

### **(2A) - Left Facing Half Knot and Square Knot**

A left facing square knot has a vertical bump on the left side of the finished knot.

Take the first cord (working cord 1) and move it to the right over the middle filler cords (filler cords 2 and 3) and under the last cord (working cord 4).



Take working cord 4 and move it to the left under the two filler cords and over working cord 1.

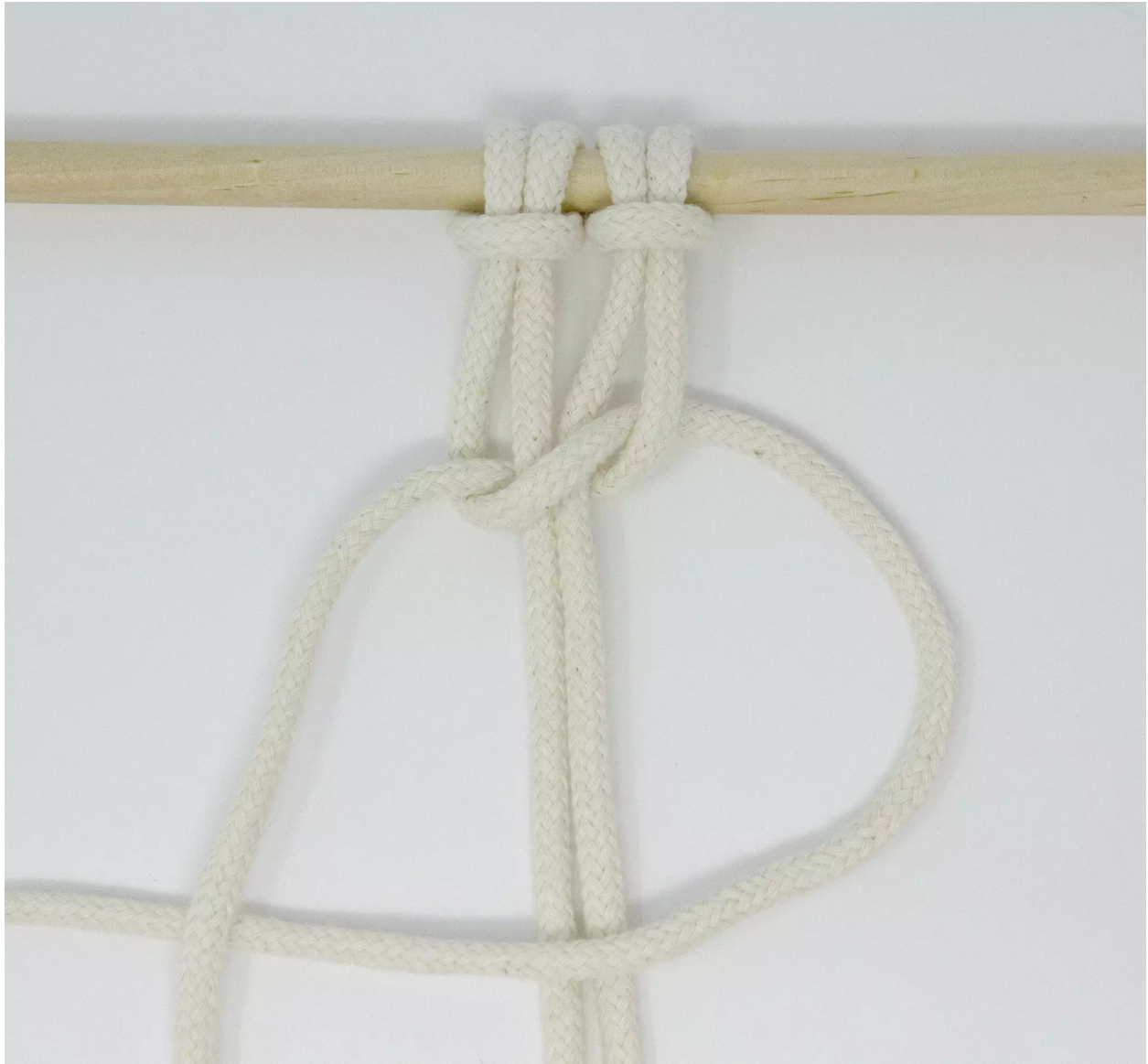




Pull both working cords to tighten, keeping the filler cords straight. This is a left facing half square knot.

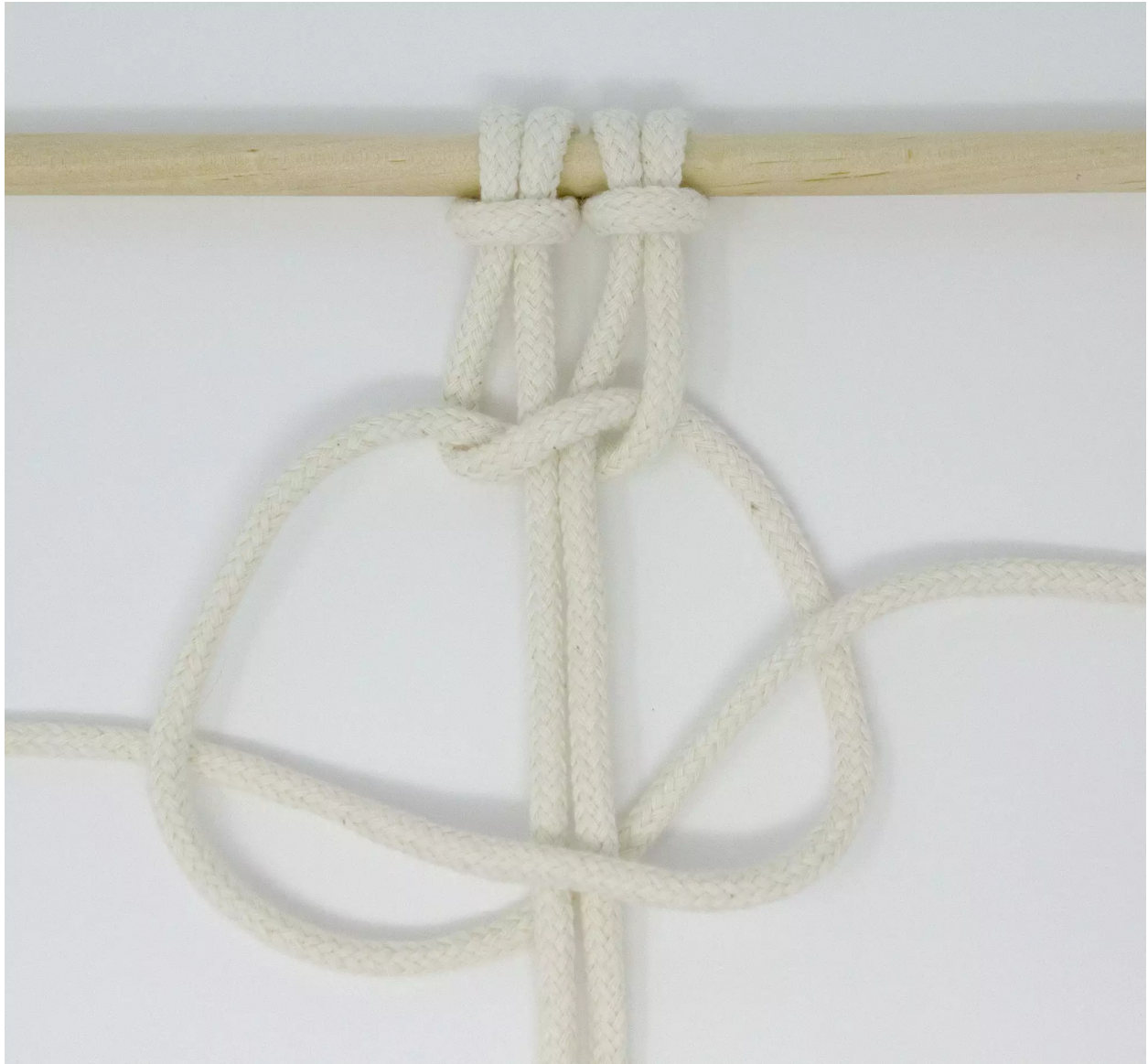


The working cords have now switched places with working cord 1 on the right and working cord 4 on the left. Take working cord 1 and move it to the left over the two filler cords and under working cord 4.





Take working cord 4 and move it to the right under the two filler cords and over working cord 1.



Pull both working cords to tighten. keeping the filler cords straight. This completes your left facing square knot.

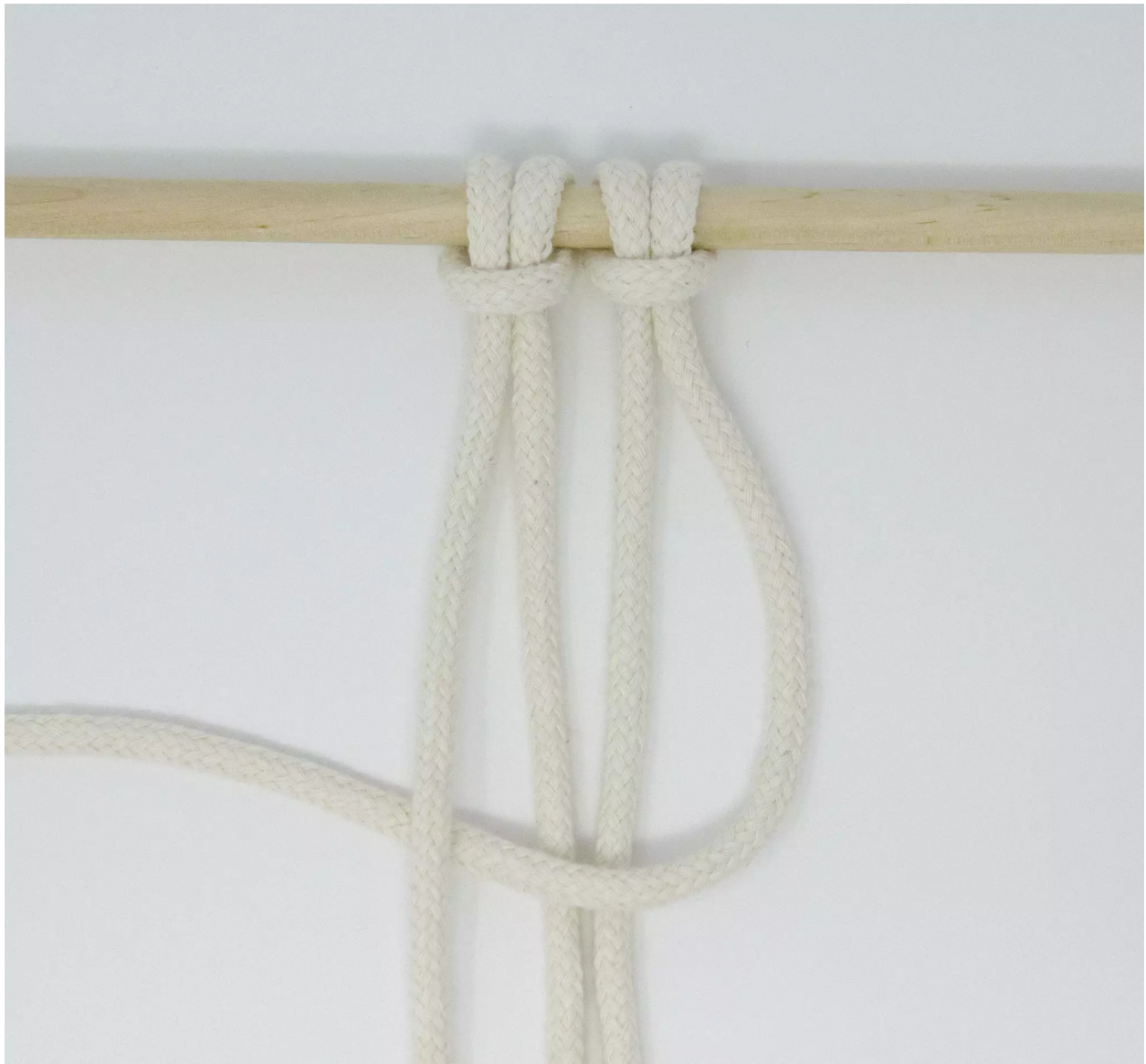




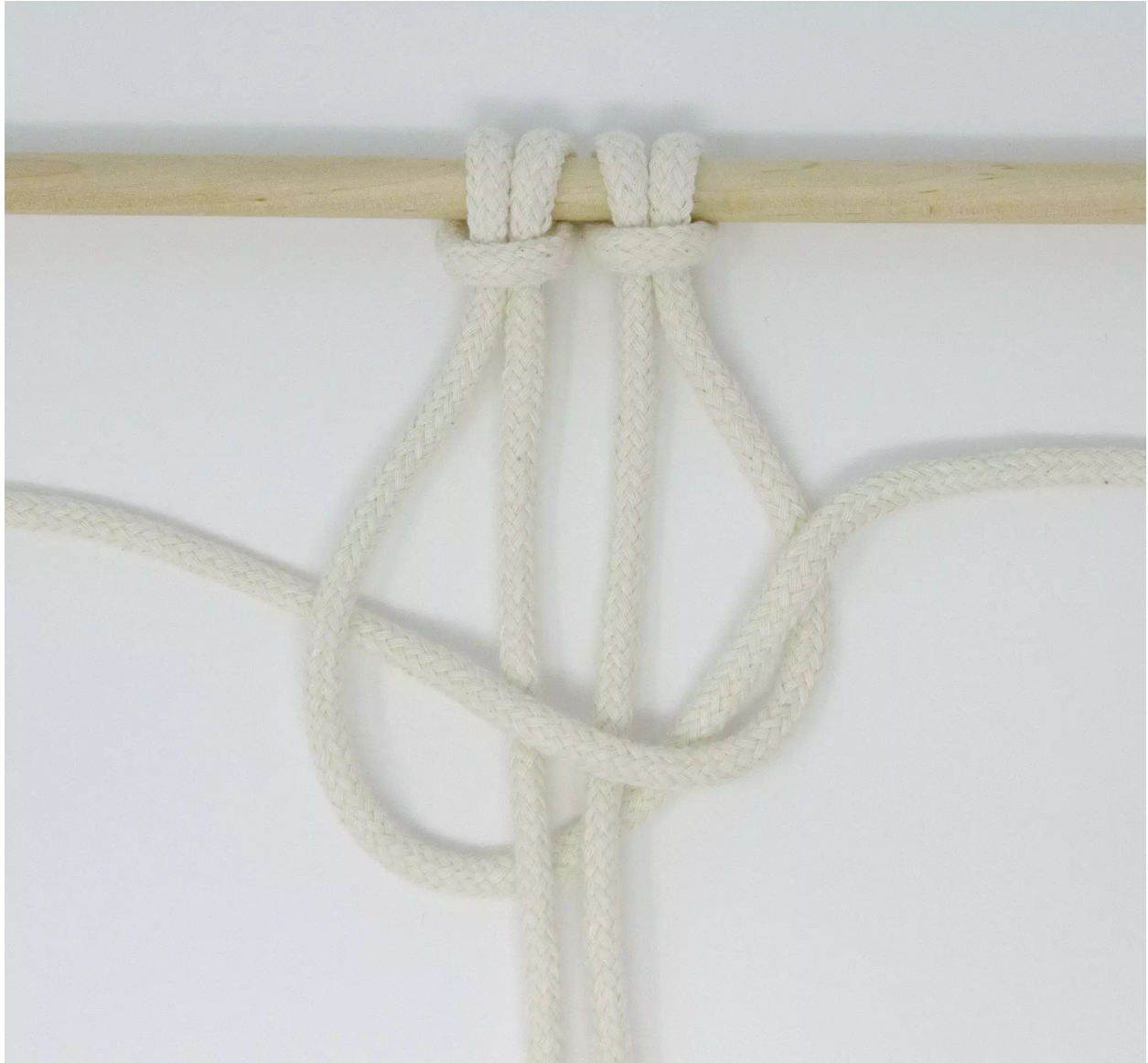
## **(2B) - Right Facing Half Knot and Square Knot**

A right facing half knot and square knot has a vertical bump on the right side of the finished knot.

Take the last cord (working cord 4) and move it to the left, over the filler cords (cords 2 and 3) and under the first cord (working cord 1).



Take working cord 1 and take it to the right, under the filler cords and over working cord 4.

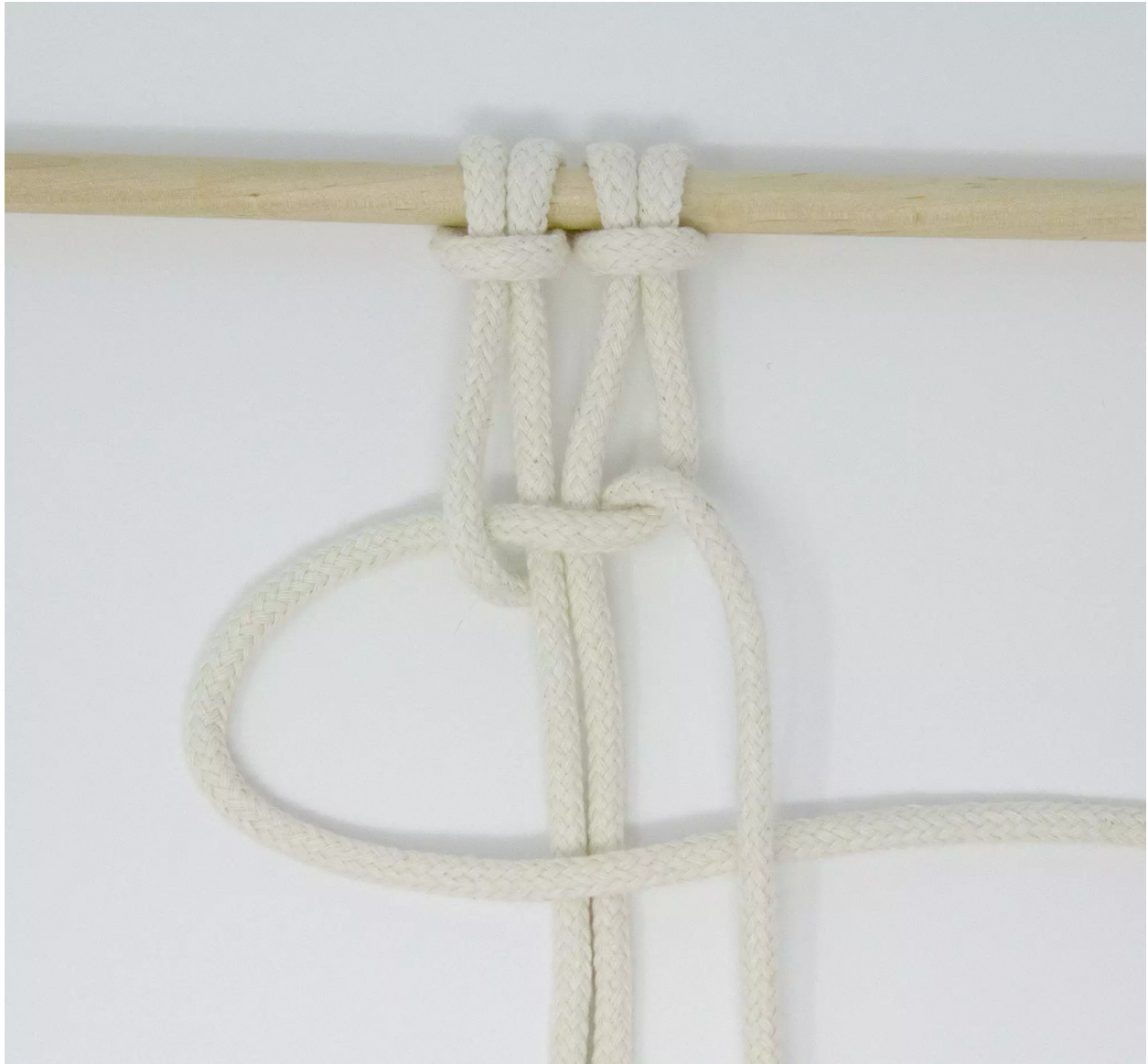




Pull both cords to tighten, keeping everything straight. This is a right facing half square knot.

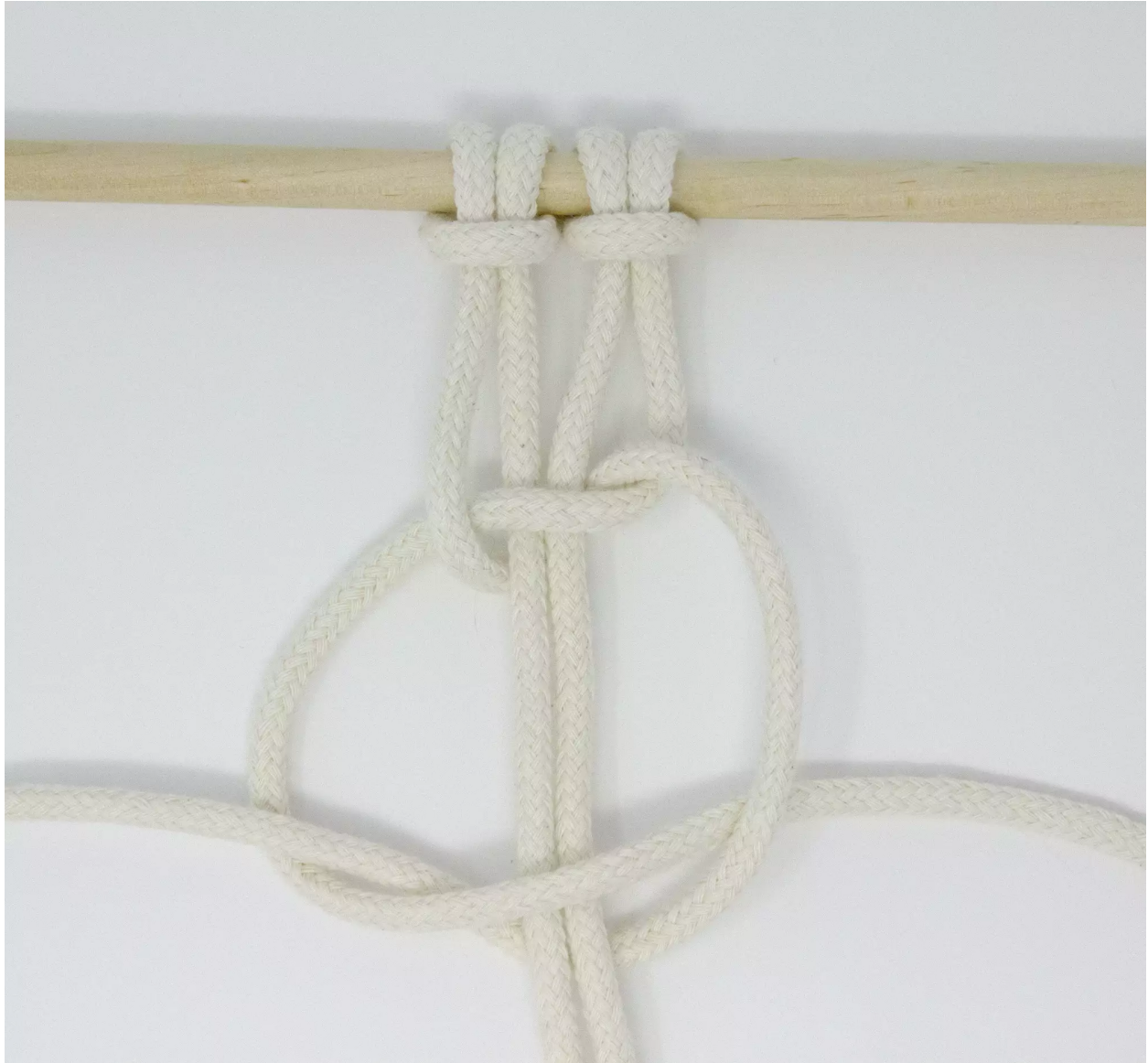


The working cords have now switched places and working cord 1 is on the right and working cord 4 is on the left. Take working cord 4 over to the right, over the filler cords and under working cord 1.





Take working cord 1 and move it to the left, going under the filler cords and over working cord 4.



Pull both working cords to tighten. This is a right facing square knot.





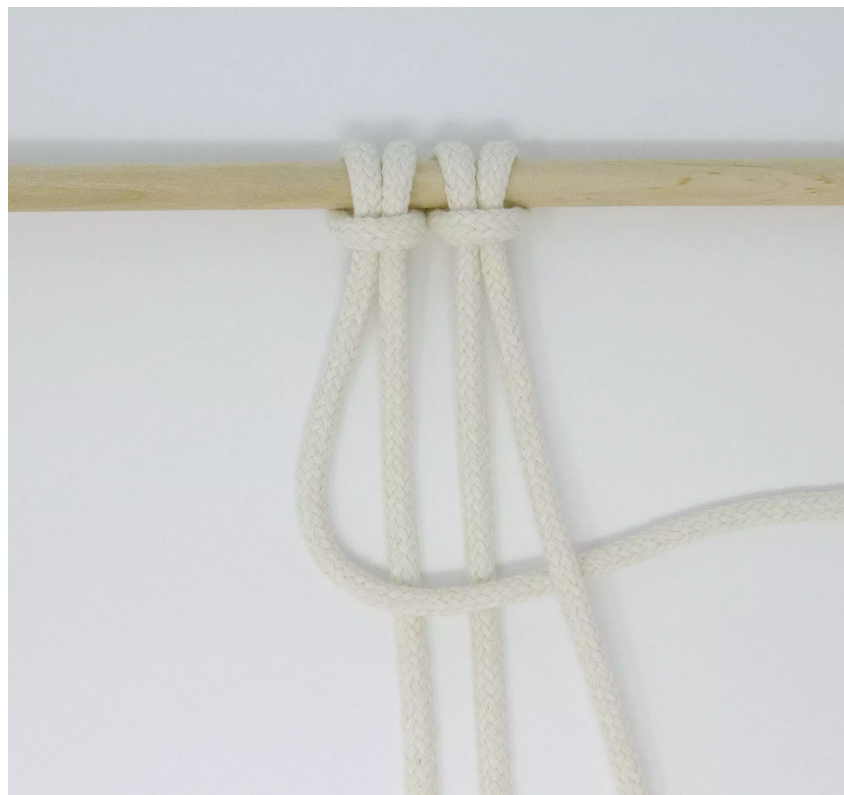
### **(3A) - Spiral Stitch/ Half Knot Sinnet / Half Knot Spiral**

A Spiral Stitch, also called a Half Knot Sinnet or Half Knot Spiral, is a series of half knots to create a spiral stitch.

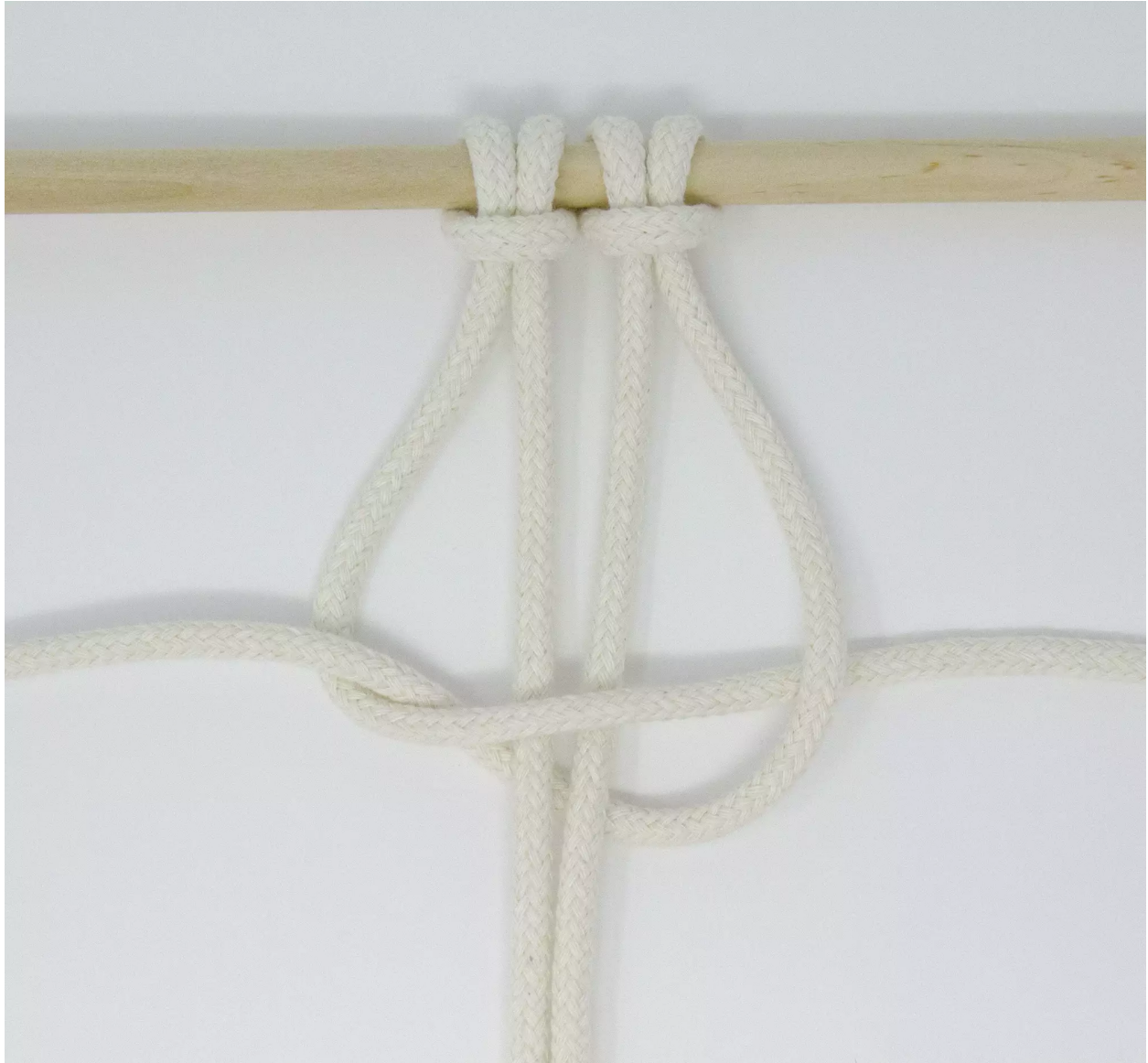
A spiral stitch needs at least 4 cords, 2 working and 2 filler cords, but more can be used. Mentally number these cords 1-4 moving left to right. Cords 1 and 4 are your working cords and cords 2 and 3 are your filler cords.

These directions are how to make a left facing spiral stitch, but you can also start on the right side and use all right facing half knots.

Take working cord 1 and move it to the right, over the filler cords but under working cord 4.



Move working cord 4 to the left, going under the filler cords but over working cord 1.



Pull both working cords to tighten around the filler cords.





Keep making more half knots the same way as above. As you work, your cords will start to spiral.



## **Clove Hitch**

A Clove Hitch, also called a Double Half Hitch, creates lines in your projects. They can be worked horizontally, diagonally, and on occasion, vertically.

### **(4A) - Horizontal Clove Hitch / Double Half Hitch**

A Horizontal Clove Hitch creates a series of knots that go across your macrame project. In this knot, the first cord is the filler cord and the rest of the cords are working cords.

Take your left cord, the filler cord, and hold it horizontally across the other cords.



Take the next cord (your first working cord) and bring it forward, up, and around the filler cord towards the left to form a counter-clockwise loop.



Take the same working cord and to the right of the first knot, take it up, over, and through the loop. There should now be two knots sitting next to each other. This is a horizontal clove hitch knot.



Repeat the clove hitch knots by using the next working cord around the same filler cord. Continue creating knots until you have the look you want.





## **(4B) - Diagonal Clove Hitch**

A Diagonal Clove Hitch creates a series of diagonal knots in your project.

Take the cord on the left, the filler cord, and hold it diagonally across the other cords.



Repeat steps 2 through 4 of the horizontal clove hitch, moving down diagonally instead of straight across. Repeat until you have the look you want.



## **(5A) - Overhand Knot**

The Overhand Knot is a basic knot that ties multiple cords together. It can be done with multiple cords or just one cord.

Fold the cord into a loop.



Pass the ends of the cords through the loop to tighten.



## **(6A) - Gathering Knot**

A Gathering Knot, also called a Wrapping Knot, is a finishing knot that gathers cords together. You'll often see these at the bottom of macrame plant hangers. There are two working cords in this knot; the rest of the cords are filler cords.

Take a separate length of cord (this will be your working cord) and form a long u-shaped loop on top of the group of filler cords, with the loop facing down.



Starting below the top end of your working cord—which is pointing up—wrap it around the filler cords and the loop. Make sure that you leave a little bit of the loop uncovered.



Pass the end of the wrapping cord through the loop at the bottom of your wraps.



Pull the end of the working cord—that's sticking up at the top—upwards, which will bring the loop under the wraps. Pull until the loop is enclosed in the wraps.



Your gathering knot is complete! If you'd like, trim both ends of the working cord for a clean finish.