



USER'S MANUAL

Portable Steam Sauna Spa

THIS INSTRUCTION BOOKLET CONTAINS **IMPORTANT** SAFETY INFORMATION. PLEASE READ AND KEEP FOR FUTURE REFERENCE.

Please give us a chance to make it right and do better!

Contact our friendly customer service department for help first.

Replacements for missing or damaged parts will be shipped ASAP!



Contact Us!

Do NOT return this item.

Contact our friendly customer service department for help first.



Before You Start

- ⚠ Please read all instructions carefully.
- ⚠ Retain instructions for future reference.
- ⚠ Separate and count all parts and hardware.
- ⚠ Read through each step carefully and follow the proper order.
- ⚠ We recommend that, where possible, all items are assembled near to the area in which they will be placed in use, to avoid moving the product unnecessarily once assembled.
- ⚠ Always place the product on a flat, steady and stable surface.
- ⚠ Keep all small parts and packaging materials for this product away from babies and children as they potentially pose a serious choking hazard.

STEAMER OPERATION MANUAL

1.Zip up the cover and add water to the steamer until the water reaches to the M water line.This amount of water could last about 1 hour.If you like,you can add some herb or flowers in the medicine box.Remember to use a gauze bag to wrap them in advance.

2.Connect the steamer to the sauna room with shorter steamer hose (Please keep the air in good condition).

3.Make sure the lid is locked on the steamer and connect to the power.Connect the power plug (please attention the Voltage show on the nameplate,match it),then turn on the power button"ON/OFF".

4.Press the buttons on the steamer or use the remote to turn it on and adjust the time to 90 minutes and temperature to P9.Let it preheat for about 10-15 minutes first.When the steam is ready in the tent, we will start the sauna.

5.Before you get into the cover,adjust the temperature back to P6 first since P6 is suitable for most people.You can turn it up if you think it is not hot enough.

6. To set the time, press the 'TIMER' button.There are 9 grades of time from 15 minutes to 90 minutes.The recommended time is 20-30 minutes (press the up button for 15-80 minutes. For 90 minutes, the user has to press the button down).

7.For the temperature set, press the 'TEMP' button. There are 9 adjustable temperature grades. The recommended temperature is 6-8 grades depending on their comfort level (press the top button for grades 1-8.for grade 9, users need to push the button down).

8.There is a 'FOGGING' button. When pressed, the water vapor becomes smoother and more pleasing to the skin.

Note:

- 1 . sauna room is not medical equipment , can not be used for medical use
- 2 . If you feel uncomfortable , dizzy or tired please stop using it
- 3 . Herbal medicine is only for sauna bath , can not be taken orally

Part List



Front Pole Frame x 1



Back Pole Frame x 1



Side Pole x 2



Front Pole x 1



Steam Tube x 2



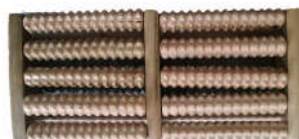
Medicine Box x 1



Cover x 1



Mat x 1



Wooden Foot Massager x 1



Steamer x 1



Folding Chair x 1



Safety Instructions



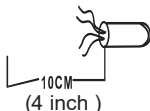
Please keep the product in balance when using it. To prevent fire hazard, avoid placing the steamer near flammable materials



pregnant women and people having high blood pressure and heart disease should not use this product. Please wait at least 30 minutes after eating before using this product. Do not use this product in time of great hunger for your safety.



Don't put animals or plants into the sauna room.



When using the product, stay at least 10cm (4 inch) away from the steam pores. Don't touch the steam pores with bare hand.



Do not use the product in humid environment or immerse it into water.



The water filled in the steamer should not reach over the max water line in case of malfunction.



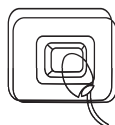
User should drink 200-300 ml water or tea before using the product. Please prepare a towel for wiping sweat. Take a break after a certain period of using. Don't use the product consecutively over 20 minutes in one time.



Old people should be accompanied by their families when using the product.



Safety Instructions



The steamer will power off automatically when the water inside dries up. It will restart 20 minutes later. If it doesn't restart, please contact supplier. Never turn on the steamer without water added.



Don't forget to disconnect the power after use and wipe it clean with a damp cloth after 15 minutes of cooling down. Don't clean the product with water directly.



The sauna room and steamer must be placed at a flat surface. Do not open the lid immediately if the steamer is not working. Disconnect the power and let it thoroughly cool down first.



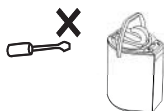
Always Keep the product clean and in good condition as it would make its service life longer.



Please keep this product out of reach of children.



Flammable, toxic, corrosive or other harmful liquids must not be put into the steamer as it might cause bodily injuries or property damage.



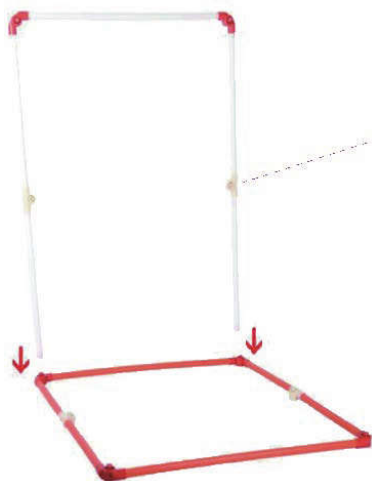
The steamer should be only used with the sauna room. It should not be used for other heating purposes. Don't repair or modify the product by yourself as it will invalidate the warranty.



Milk should not be put into the steamer. If you want to use herb or flowers, remember to use a gauze bag to wrap them in advance.

Installation Instructions

1



Unfold the white joint to 180° (straight angle)



Unfold the red joint to 90° (right angle)

Unfold the front pole frame and back pole frame by pressing the buttons on the joints. Connect these two frames together as shown above. Make sure the poles are well connected with each other.

2



Front Pole

Side Pole

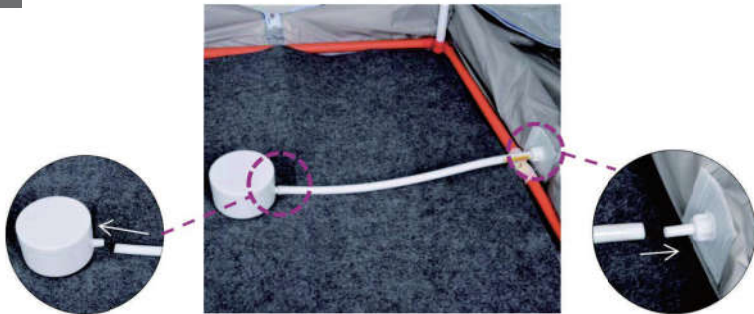
Install the side poles and front poles as shown above. Make sure the poles are well connected with each other. (Tips: side poles "C" on top, "D" on bottom)

3



Unfold the cover and place it rightly under frame . After that , put the mat , steam box , foot rest , and the chair in the frame as shown above . Ensure that the steam box is at least 40 cm (15.5 inch) away from your feet when you sit on the chair .

4



Use a long steam tubes to connect the Medicine box and the outlet hole on the inner side of the cover , Make sure the steam tube is well connected with the two parts

HOW TO GET STARTED



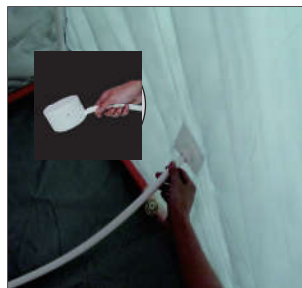
1 . Open the package , read carefully the instruction about assembling sauna



2 . Open steamer lid ,pour clean water into steamer



3 . Bring out shorter steam hose and connect steamer outlet into sauna



4 . Bring out longer steam hose and connect sauna outlet with medicine box



5 . Put chair into inside of sauna room as shown



6 . After finished assembling ,you need to wait for 10 to 15 minutes when the steam fills

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We would like to extend our heartfelt thanks to all of our customers for taking time to assemble this product and giving us valuable feedbacks.

