● Intelligent Health Care
● Healthy Life

Infrared Sauna



LT-909MRH Infrared Sauna

Installation & Owner's Manual

Please read this entire manual thoroughly before proceeding with the assembly.

CATALOGS

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PRECAUTIONS AND INSTRUCTION

ATTENTION

Please read all instructions thoroughly before using.

Serious injury may result if ignore the following warning and instruction.

Basic precautions should always be followed when using this electrical equipment.

DANGER

To avoid the risk of causing burns, fire, electric shock, or other injuries:

- Connect the power cord to a properly grounded outlet.
- Using only for its intended use as described in this manual.
- Don't use accessories not recommended by the manufacturer.
- Please disconnect the power after using.
- Please keep the electrical cord away from heated surfaces.

  If the sauna is faulty, the supply cord or plug is damaged, please stop using it immediately.

WARNINGS

- Don’t stay longer than one hour.
- Don’t put the sauna on a humid environment.
- Don’t touch the heater directly with hands or body for a long time.
- Don’t use any sharp tools on or near the heaters (severe damage may result).
- Placing the sauna on a flat surface.
- Unauthorized disassembly of the sauna is prohibited.
- People with health problems should consult a physician for prior to using the sauna. (Including acute diseases, malignant tumors, high blood pressure, heart disease, allergic dermatitis, pregnancy, etc.)
- This product is not intended for use by person (including children) with reduced physical, sensory or mental capabilities, or lack of adequate experience knowledge, unless they have been given supervision or instruction concerning use of the appliance by a person responsible for their safety.

- Using a sauna after taking alcohol, drugs, or medication can lead to hyperthermia and increase the risk of death.
- If you are feeling uncomfortable, exit the sauna immediately and consult a doctor.
- Children should be supervised to ensure that they do not play with the appliance.

HYPERTHERMIA

Prolonged exposure in the sauna may cause hyperthermia. Hyperthermia occurs when body's core temperature rises above 98.6F. Symptoms of hyperthermia include a rise in body temperature, dizziness, lethargy, drowsiness, and fainting. The effects of hyperthermia may include:

a) Failure to perceive heat / Unawareness of impending heat
b) Failure to recognize the need to exit the sauna
c) Fetal damage in pregnant women
d) Physical inability to exit the sauna
e) Unconsciousness

INSTALLATION GUIDE

Each panel is heavy, especially the top panel. Be careful to avoid injury when installing. This sauna requires at least 2 adults to complete assembly. The panels should be install in the following order:

Floor Panel → Right Panel → Rear Panel → Front Panel → Bench Support Panel → Bench Surface Panel → Left Panel → Ceiling Panel

Step 1: Position the Floor Panel



(image1)

Place the floor panel on a flat support. Before assembly, make sure the floor is flat so that you can maintain a comfortable subsequent installation.(image1)

Step 2: Position the Rear Panel



(image2)

Lift the rear panel into position wedging the bottom of the panel into the channel in the floor panel, you can gently rest the rear panel against the wall of your home. (image 2)

Step 3: Position the Left Side Panel



(image3)

Place the left panel into the slot of the floor panel and push it towards the rear panel. Check whether the hooks of the fasteners are up or down, and the fasteners are connected together as shown. (image 3)

Step 4: Position the Right Side Panel



(image4)

Place the right panel into the slot of the floor panel and push it towards the rear panel. Please check if there is almost no visible gap between the outside and the inside of the sauna, then it is already fixed. (image 4)

Step 5: Place the Bench Surface Panel

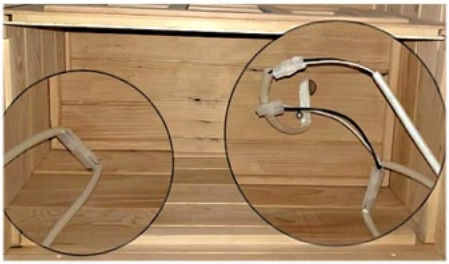
Place the Bench Support panel (image5&6) and connect the wires behind (image7). Each two wires have corresponding unique interface shape, hear a click to indicate that the connection is completed.



(image5)



(image6)



(image7)

Step 6: Place the Bench Surface Panel



(image8)

Place the bench surface panel (image8), and please make sure to always install the Bench Surface panel before installing the Front Panel, otherwise it will not fit inside due to space limitations.

Step 7: Place the Front Panel

Place the left panel into the slot of the floor panel and push it towards the side panels (image 9). Then lay the Ceiling Panel on top pf the sauna. Make sure all panels are in the slot of the ceiling panel (image 10).



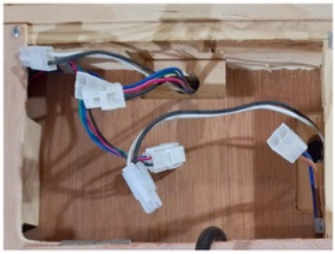
(image 9)

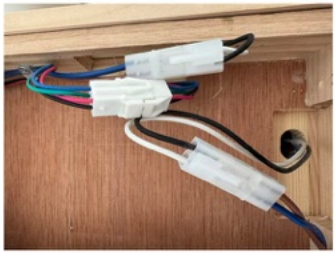


(image 10)

Step 8: Connect the wires

Make sure that all wires on the side panel pass through the holes. Finally, conect all the wires in the ceiling panel.





Step 9: Enjoy your Sauna

Congratulations!
Installation completed! Plug in and power on to enjoy your sauna!







OTHER FUNCTIONS





Reading lamp



Red lamp



Vent



Bluetooth

: SAUNA BT

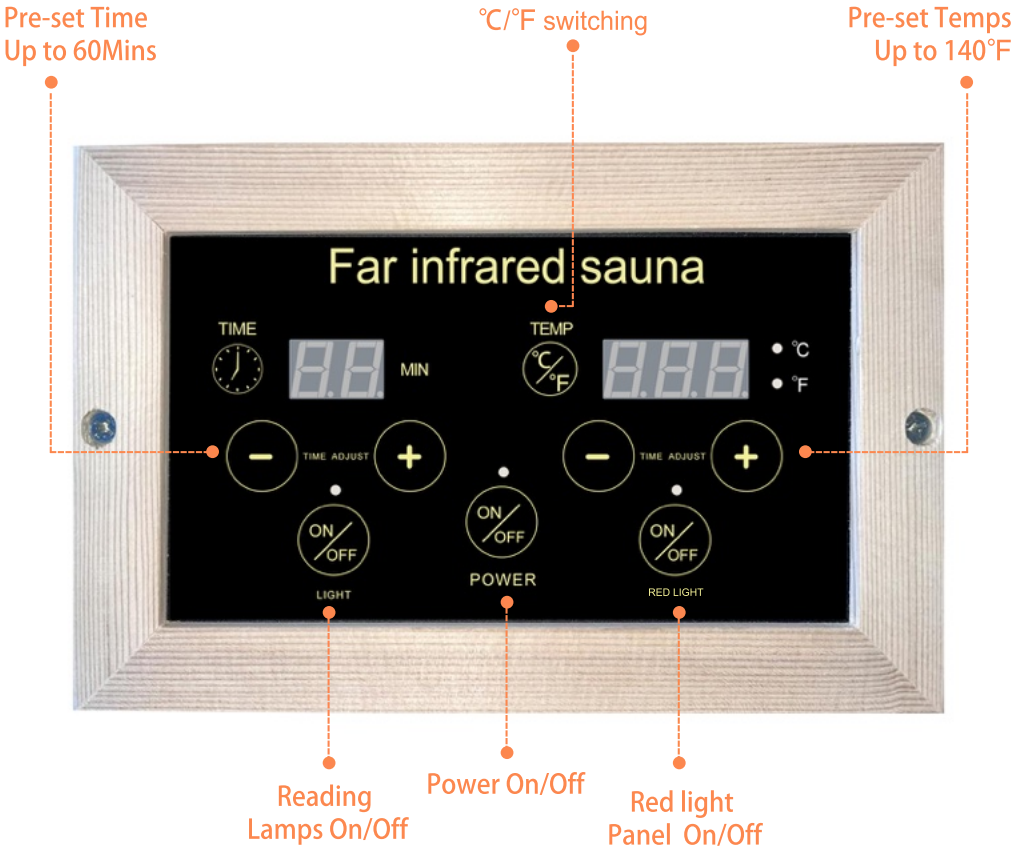
COMMON PROBLEMS

Note: The rising temperature of the sauna room is affected by the surrounding environment. The most suitable temperature for use is 48 ℃/118 ℉.

Note: If the following problems occur, please check the looseness between the corresponding connecting line and the connecting port of the host box

1. The reading light or color light flashes
2. Any heating plate is not heated
3. The control panel does not work
4. Bluetooth audio does not work

CONTROL PANEL INSTRUCTION



SPECIFICATIONS

Product Name	Far Infrared Sauna
Model	LT-909MRH
Dimensions	37.05*29.32*62.82in
Voltage	120-110 V
Plug Type	15 Amps
Wattage	1050-850 W
Number of Heaters	6 pcs
Raw Material	Hemlock
Location	Indoor

CONCENTRATE ON PROFESSIONAL SAUNA