MomSelected

Trampolines with Enclosure Net

USER MANUAL



Installtion video

Read this manual carefully before assembly and use.
This manual includes important guidance for safety assembly and use.

WARNING

Read the warnings on this page and those contained in the User Guide before you assemble and use the trampoline and enclosure.



Do not attach anything to the barrier that is not a manufacturer-approved accessory or part of the enclosure system.



No more than one person at a time. Multiple jumpers increase the chances of loss of control and collision and can result in serious head, neck, back, leg, arm or other injuries.



No somersaults or flips. Landing on the head or neck can cause serious injury, paralysis, or death, even when landing in the middle of the bed.



Do not use a trampoline while under the influence of alcohol or drugs.



Bounce only when the surface of the bed is dry. Wind or air movement should be calm to gentle. The trampoline must not be used in gusty or severe winds.



If you anticipate severe weather, consider lowering the enclosure, moving the trampoline to a sheltered location or disassembling the trampoline completely.



Entrapment and choking hazard possible for children under 3 years of age. Always supervise kids while using the trampoline.



The Maximum User Weight for this trampoline is 220LBS 100KG. Jumpers at or near the Maximum User Weight should take extra precautions in their manoeuvres to ensure they do not initiate contact with the ground while jumping as this can cause serious injury.

WARNING

Please read the following precautions carefully before beginning the assembly process. Retain for future reference.

A. Do not attempt to use the trampoline until it is completely assembled.

B. Only use approved Trampoline accessories, and install in accordance to installation instructions.

C. Do not make modifications to the trampoline or accessories.

D. Keep small children at least 25 ft(7.5 m) away while assembling the trampoline, they could be injured by improperly assembled.

E. Maintain a minimum clearance of 16.5 ft (5m above the mat in USA, 24 ft（7.3m） above the trampoline from ground level) in order to prevent users from inadvertently contacting overhead hazards such as electricwires, tree limbs, clotheslines or ceilings.

F. This area should not include concrete bitumen, brick or other hard surfacesor be in the proximity of other conflicting installations (e.g. pools, swings, slides, climb -ing frames) as these can cause serious injuries if users fall off the trampoline.

G. Do not locate the trampoline on top of other objects or store anything underneath the trampoline bed.

H. The owner and supervisors of the trampolineare responsible to make all users aware of practices specified in the User Guide.

I. Do not use during pregnancy!

J. 220LBS 100KG weight user Maximum.

K. One user at a time - collision hazard.

L. Only use outdoor and Domestic use.

M. Adult supervision required at all times.

N. Please do not directly stand on a coil tube to install the trampoline, which will cause uneven force, which may cause the trampoline to bend or be damaged.

For any enquiries please feel free to email us.
Email: **support@momselected.com**

Before Assembly

Part			
A	Spring Tubes		6
B	U-shaped Legs		3
C	Upright Poles		6
D	Curved Tubes		6
E	Double-mouth Tubes		2
F	Horizontal Bar L Tubes		2
G	Middle Horizontal Bar Crossbar		1
H	Springs		36
I	Anti-collision Foam		6
J	Jumping Mat+Safety Net Net Felt Elastic Bands		1
K	Suction Cups		6
L	Screws		6
M	Black Head Screws		2
N	Installation Tool		1
O	Hex Tool		1
P	Ocean Balls		1
Q	Sandbag		1
R	Swing		1
S	Gloves		1
T	Hanging Rings		1

ASSEMBLY 1A

- Assembly should only be performed by adults.
- A minimum of two people are recommended for the assembly.
- Please refer to the table below for parts description and numbering.
- Before you start assembling check to make sure you have all the parts listed.
- If you are missing any parts, DO NOT assemble, first contact us.
- Please use gloves to protect your hands from pinch points during assembly.
- When you are ready to start, make sure that you have plenty of space and a clean dry area for assembly.
- It's dangerous to play on trampolines when the ground is uneven.

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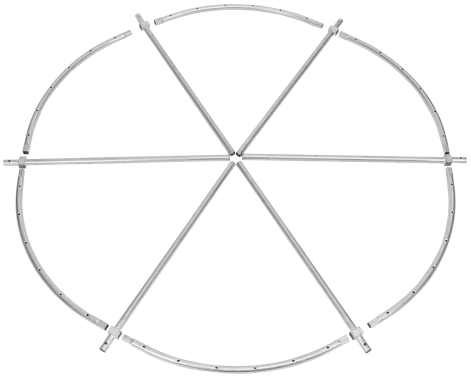
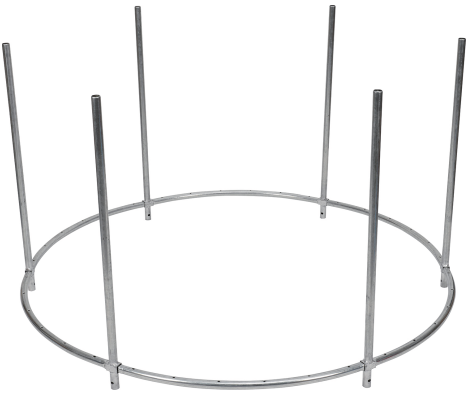
Assembly method

Step 1: Base Frame Assembly

1. Remove 6 Spring Tubes and 6 Upright Poles for installation



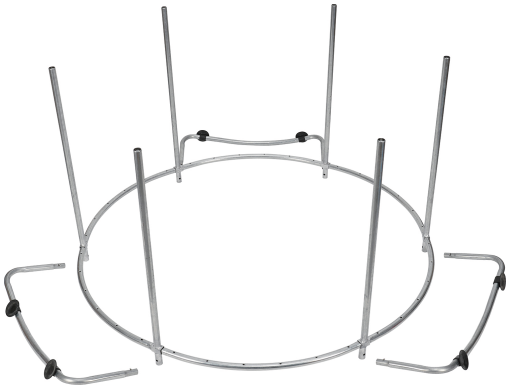


Step 2: Install Legs

1. Attach Suction Cups to U-shaped Legs, 2per leg (crucial step ★★★)

2. Flip or lift the assembled circular frame

3. Install the U-shaped Legs





Assembly method

Step 3: Installing the Jump Cloth and Springs (Critical Step)

1. Lay the jump cloth over the frame through the holes.





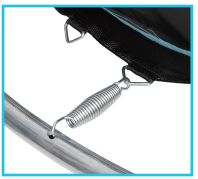


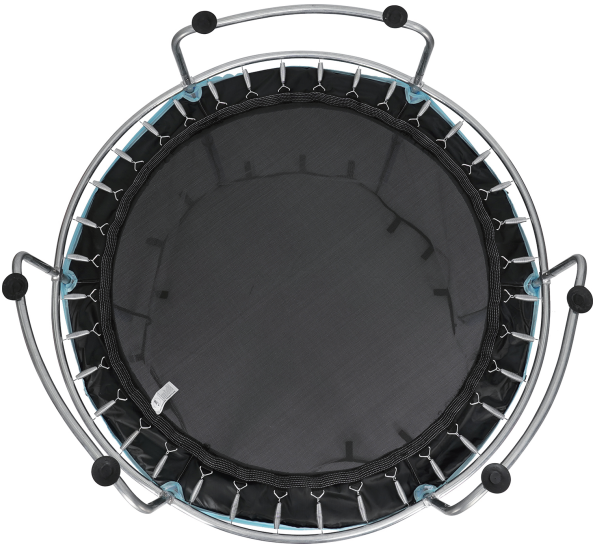


2. Tool Usage: The included spring hook tool (Spring Tool) must be used.
3. Installation Sequence: Hook one end of the spring onto the V-shaped ring of the bounce pad. Use the tool to stretch the spring and hook it onto the holes in the frame. Installation should follow a diagonal crisscross pattern (e.g., install at 12 o'clock first, then 6 o'clock, followed by 3 o'clock and 9 o'clock) to maintain balanced tension.









Assembly method

Step 4: Install Upright Poles and Safety Netting Flip the trampoline to its normal operating position.

1. Slip on 6 protective foam tubes.

2. Attach the safety netting, ensuring the side with felt (Velcro) faces upward.



Step 5: Pre-install Horizontal Bar Fixing Components

1. Retrieve 2 Double-Mouth Tubes for securing the Horizontal Bar L Tubes.

2. Install them on two opposing vertical posts (as shown in the diagram, positioned 180 degrees diagonally).



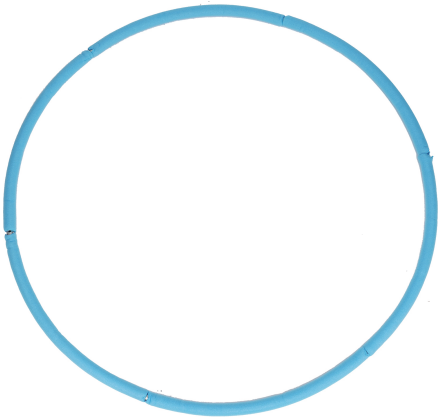


Assembly method

Step 6: Assembling the Top Ring

1. Take out the 6 top curved tubes and connect them to form a circle.

2. Align the holes at each tube joint and thread screws through to pre-secure them.





Step 7: Secure the Top Ring

1. Lift the assembled ring and position it atop the column.

2. Ensure screw holes align precisely with the column's top.

3. Install all screws. After verification, use a hex wrench to tighten all screws securely.





Assembly method

Step 8: Organize the Protective Net:

1. Neatly attach the felt (Velcro) at the top of the protective net to the top ring one by one.

2. Adjust the position of the zipper door for easy entry and exit.

3. Secure the elastic band at the bottom of the protective net to the spring hooks at the bottom, then pull the net taut.







Step 9: Install Adjustable Horizontal Bars

1. Insert two Horizontal Bar L Tubes onto the pre-installed Double-mouth Tubes.

2. Align the holes and tighten the black adjustment screws to secure.

3. Finally, install the center horizontal bar to ensure a firm connection.







Assembly method

Step 10:

1. Install the sandbag, rings, and swing onto the horizontal bar.
2. Before each use, check that the sandbag, rings, and swing are securely attached. If any damage is found, contact customer service promptly for replacement and after-sales support.



Step 11:

Installation Completion and Inspection
Final Check: Ensure all screws are tightened, springs are secure, and legs are level.

Video Tutorial: If you encounter installation difficulties, scan the QR code below to watch the detailed installation video.

7 EXERCISE DIAGRAMS

FUNDAMENTAL BOUNCES

STANDING BOUNCE



KNEE BOUNCE



FRONT DROP



HANDS & KNEE DROP



BACK DROP



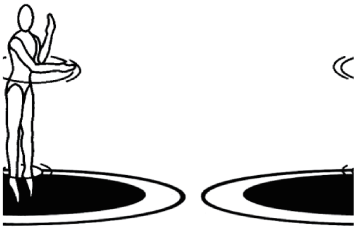
SEAT DROP



TUCK POSITION



PIROUETTE



WARRANTY

About our Warranty

Mom selected trampoline warranty policy covers any fault, defect or failure occurring as a result of the manufacturing process. The warranty covers manufacturing defects only. It does not cover any faults caused by lack of maintenance, weather damage, misuse, incorrect assembly or normal wear and tear.

Warranty Break down

- 3 Year Frame Warranty
- 1 Year Jump Mat and Spring Warranty
- 1 Year Spring Pad and Safety Net Warranty
- 1 Year Accessories Warranty

- Frame warranty covers only the metal frame of the trampoline against any abnormalities, not included weather damage, external damage, damage due to overloading and all other mentions of non-warranty cover. Small surface rust larger than 2cm are not covered.
- Jump Mat warranty does not cover any wear and tear. Holes larger than 2cm in the Jump Mat are not covered. All other mentions of non-warranty cover also apply.
- Spring Cover warranty does not cover any faults caused by lack of maintenance, weather damage, misuse, incorrect assembly or normal wear and tear.
- Safety Net warranty does not cover any faults caused by lack of maintenance, weather damage, misuse, incorrect assembly or normal wear and tear.

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