

INSTALLATION INSTRUCTIONS/ USER GUIDE



	185	250	300	360	430
BD-MO-2T Trampoline					
	6FT-3	8FT-3	10FT-3	12FT-4	14FT-4

Read this manual before using your trampoline

ATTENTION ! WARNING !

Outdoor use only.
Not suitable for children under 3 years due to small parts that can be ingested or inhaled. Choking hazard.



To ensure optimum operation of this product, please follow these instructions :

- Before using the product, read this instruction manual carefully.
- The product is equipped with protection systems to guarantee user safety. Nevertheless, please read the safety instructions and use the product as described in this manual to avoid risk of injury related to use of the product.
- This manual is part of the product, please keep it for reference. If you give this product to another person, the manual must also be given.

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1) SAFETY INSTRUCTIONS

Role of supervisor to prevent accidents

The supervisor is responsible for providing advice and the information required for everyone using the trampoline. The rules and warnings provided in this manual must be applied, and understood by the trampoline users to reduce the risk of accidents and injury. When surveillance is impossible or insufficient, the trampoline must be dismantled and stored in a place preventing any unauthorised use.

- **CAUTION! Reserved exclusively for family use.** This product is designed for domestic use only and is not intended for commercial or medical use. Leisure trampolines are not professional trampolines.
- **CAUTION! Respect the maximum user weight of your trampoline model :**

	ø 183 CM	ø 244 CM	ø 305 CM	ø 366 CM	ø 426 CM
Maximum weight	50 kg	100 kg	100 kg	100 kg	100 kg

- **CAUTION! Only one user at a time. Risk of collision.**
- **CAUTION! Do not use the jumping mat when it is wet.**
- CAUTION! Always jump in the centre of the mat.
- CAUTION! Do not jump off the mat onto the ground.
- CAUTION! Do not wear shoes.
- CAUTION! Empty pockets and hands before use.
- CAUTION! Limit the period of continuous use (have regular breaks)
- CAUTION! Always close the opening in the net before use.
- CAUTION! Fix the trampoline in the ground and do not jump when high wind.

No matter where the trampoline is installed, a protective cage around the trampoline is essential. The net of the protective cage is there to prevent movement to the side, it must never be used as a «climbing wall».

- When the trampoline is not in use, make sure that young children cannot get in alone (remove the ladder for example).
- The trampoline allows the user to jump at unusual heights as well as in numerous body movements. Some jumps on the trampoline, a fall onto the support or an incorrect bounce could cause injury. Do not make dangerous jumps.
- Do not use the trampoline under the influence of alcohol or drugs.
- Do not use the trampoline when pregnant.
- Do not use the trampoline in case of high blood pressure or heart disease.
- Do not smoke while using the trampoline.
- Remove all pointed or sharp articles from the trampoline and user during use.
- Do not eat or drink when using the trampoline.
- Only leave the trampoline through the door in the net.
- Do not wear clothes with hooks or other objects likely to catch on the trampoline.



ACCIDENT CATEGORIES

Dangerous jumps are prohibited !

A bad landing after a dangerous jump, even if in the centre of the trampoline, increases the risk of injury to the neck and back, which could lead to paralysis or even death. Never attempt dangerous jumps !

Only one user at a time !

Several users could collide or fall on each other. It is therefore prohibited to have several people on the trampoline at the same time.

Take care when getting on and off the trampoline !

Do not walk on the protective pad or the springs. Jumping from the trampoline to the ground or another surface could cause injury. Jumping onto the trampoline from a rooftop, terrace or another object could cause injury. Do not use the trampoline as a springboard onto another object. Children must be helped to get on and off the trampoline.

Always jump in the centre of the jumping mat !

When jumping on the trampoline, stay in the centre of the mat at the position of the logo. This will reduce the risk of injury by falling onto the frame or the springs. The protective pad must always remain in place according to the assembly instructions.

Do not lose control during a jump !

Before attempting difficult figures, the basic jumps must be fully mastered. If the jump attempted exceeds the user's ability there is a danger of losing control and injury. To resume control of the jump and land correctly, the knees must be bent completely when landing.

Do not use the trampoline under the influence of alcohol or drugs !

The risk of injury increases if you are under the influence of alcohol or drugs. These substances reduce reaction time, distort good judgement, decrease awareness of space, coordination and the movements.

Clear the area underneath and above the trampoline !

Do not use the trampoline with pets, other persons or objects underneath the trampoline. This could lead to a risk of injury. Do not jump while holding an object (toy, cake, etc.), especially if it is sharp or fragile. Do not position the trampoline too near electric wires, tree branches or any other obstacle above the jump surface. At least 3 m free space is required around the trampoline and 8 m above.

Look after your trampoline !

Users could injure themselves if the trampoline is in bad condition. Refer to the chapter on servicing the trampoline.

Pay attention to the weather conditions !

A wet jump mat could cause the user to fall. Strong winds or gusts could cause the user to lose control. The trampoline must be used under good weather conditions.

2) INSTALLATION INSTRUCTIONS

The product must be assembled carefully by 2 adults. Before starting the assembly procedure, read the manual carefully then follow these steps :

- Wear suitable clothing, shoes and gloves to avoid falls, pinching and cuts.
- Remove all the packaging materials and spread out the parts over an empty space. This will give you an overview and simplify assembly. Check on the parts list that nothing is missing.
- Create a safe environment by making sure, for example, that no tools are left spread around the working area. Store the packaging materials so that they do not cause any danger. Plastic bags are a hazard for children (risk of suffocating).
- At least 8 m free space is required above the trampoline. At least 3 m free space is required between the trampoline and any nearby structure.
- This trampoline is not intended to be buried into the ground and not install near electric wires, tree branches or other potential hazards.
- Do not install the trampoline when it is raining, when there are strong winds or a storm. You are recommended to move the trampoline under shelter when the weather conditions are bad.
- The trampoline must always be installed in a well lit area.
- Make sure that the trampoline is correctly positioned on a horizontal surface. To check this: place a spring on the logo in the centre of the mat and adjust the trampoline until the spring does not move and stays in the centre of the mat.
- The trampoline must not be installed on concrete, asphalt or any hard coating; soft ground is best.
- If you need to move the assembled trampoline, 4 persons around the frame are required to lift it. When repositioning, check that the trampoline legs and struts are correctly in place.
- Use of the protective pads is mandatory. Check that they are correctly fastened to the frame and that all the springs are correctly positioned with the hook of the loop pointing downwards.
- Pay attention to overexposure of your trampoline to UV radiation: do not install it near a swimming pool, a bright façade, etc. The protective pad and the net would age prematurely.
- We recommends to insure that the trampoline is embedded in the ground with an anchor kit or weighted with sand bags. In case of high winds or storm, it's critical to remove net, pad and eventually jumping mat or any items catching wind and keep the trampoline protected from wind. CAUTION! Fix the trampoline in the ground and do not jump when high wind.
- If a ladder is used, make sure it is designed for this particular use.

3) SERVICING / MAINTENANCE

This trampoline has been designed and manufactured with high quality materials and professional labour. Given good care and servicing it will provide users with years of exercise, pleasure and leisure while reducing the risks of injury. Follow the user instructions provided in this manual.

Always inspect the trampoline **before each use** to check that there are no worn, damaged or missing parts. Pay special attention to the following points:

- > Replace the mat in case of perforations, tears or fraying, or if it shows signs of wear such as stretching or sagging. Remove any snow which builds up on the mat so that it is not damaged by the weight of the snow.
- > Some parts of the metal structure must be replaced if a component is bent, deformed or broken. Check that there are no sharp points.
- > Check that the springs are correctly fastened to the metal frame, replace those that are slack or broken.
- > Check that the trampoline screws and nuts are tight.
- > Check that the protective pad is correctly positioned and attached. The foam pieces must cover the metal frame and the springs completely. Replace the pad if damaged. In case of snow, rain or strong wind, store the pad indoors to prevent premature ageing.
- > The protective net must be installed according to the assembly instructions. Replace the net if damaged. In case of snow, rain or strong wind, store the net indoors to prevent premature ageing.
- > Only original spare parts must be used to repair the product.
- > Do not use abrasive products to clean the trampoline. Use a soft damp cloth (fresh water) to clean off any dirt and dust.

The protective pad and the net are vital safety components.
They are wearing parts and may need to be changed every year.



The net must be replaced every 18 months

IF ANY OF THE CONDITIONS DESCRIBED ABOVE OR ANY OTHER COMPONENT LIKELY TO CAUSE INJURY IS DETECTED, THE TRAMPOLINE MUST BE DISMANTLED OR ITS USE PROHIBITED UNTIL THE DAMAGE IS REPAIRED.

4) INSTRUCTIONS FOR USE

The supervisor must :

- Ensure that all trampoline users are sufficiently aware of the safety instructions (refer to : SAFETY INSTRUCTIONS CHAPTER) and guarantee correct installation conditions (refer to : INSTALLATION CONDITIONS CHAPTER)
- Before use, check that the trampoline has been assembled correctly and ensure that it is checked before each use (refer to : SERVICING / MAINTENANCE CHAPTER).

We cannot be held liable for any direct, indirect or special damage as a result of use of the trampoline. This also applies also to financial losses due to theft, loss of goods, loss of revenue/services and profits, loss of satisfaction with the product, installation costs, scrapping, damage caused by the weather and the environment or any other type of damage.

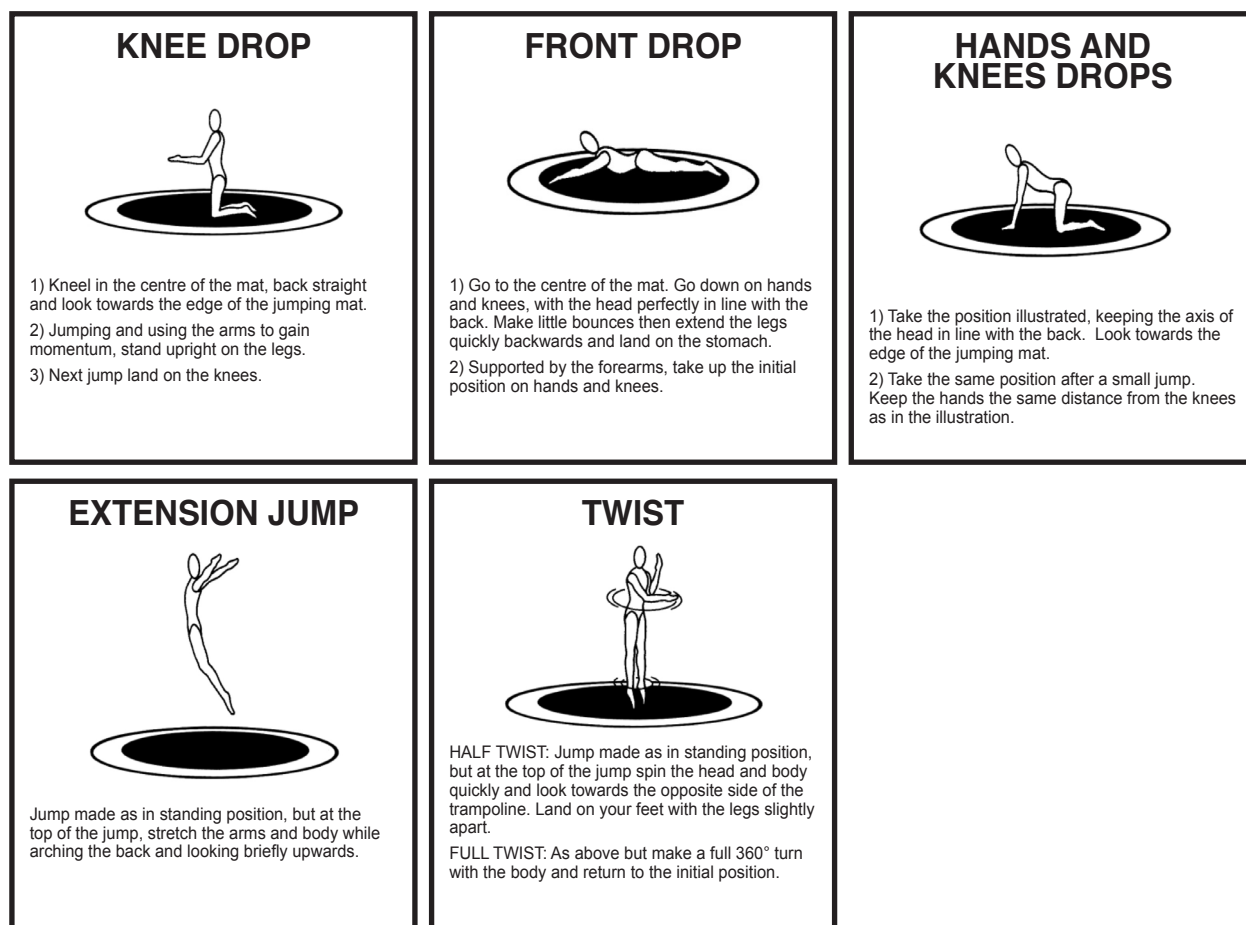
5) LEARNING JUMPS

Users must always respect the following instructions :

- When using the trampoline for the first time, users must concentrate on learning how to control jumps rather than on their height.
- When the jump is well controlled, users will land at the point from which they took off. This point must be the centre of the trampoline.
- When learning, users must practice and improve the basic techniques and never attempt a more difficult exercise until they have mastered all the exercises learned previously.
- As a safety measure, they must first learn how to decelerate and stop the bounce. Users must learn how to stop the jump as soon as they start to lose control, by bending the knees when landing.
- Trampoline users must be in good physical condition. They must jump for a relatively short time and remember to take a break. Jumping for too long increases the risk of injury.
- Beginners must wear suitable protective clothing such as T-shirts and long trousers to protect the elbow and knees, until they have learned how to correctly control their jumps. Never wear shoes, which would result in rapid wear of the trampoline.
- For more information or to obtain a suitable exercise program, contact a trampoline instructor.

BASIC JUMPS

STRAIGHT JUMP  1) Stand in the centre of the jumping mat, arms by the sides, feet slightly apart. Look towards the edge of the jumping mat. 2) Start to jump, using the arms in a circular movement to gain momentum. The arms must never be above the shoulders or behind the back. 3) At mid-height, point the toes downwards. On landing on the jumping mat, the feet are flat and slightly apart.	SEAT DROP  1) Sit in the centre of the jumping mat, legs slightly apart, hands placed on the mat each side of the body. Lean slightly forward. 2) Push with the hands to make little jumps while seated. 3) Using the momentum built up, lean forward and press with the hands to return to standing position.	BACK DROP  1) Lie on the back on the jumping mat. Spread the legs slightly and raise them to about 45 degrees as shown on the illustration. Raise the arms at the same angle and lift the head, eyes looking towards the edge of the trampoline. 2) Carefully make small jumps, always looking towards the edge of the trampoline. There should be more weight on the shoulders than on the hips.
PIKE JUMP  Jump made as in standing position, but at the top of the jump bring the legs up keeping the knees together and toes pointing forward. Coming down, lower the legs to land upright on the feet.	STRADDLE JUMP  Jump made as for the pike, but this time with the legs as far apart as possible. Try to reach your ears!	TUCK JUMP  Jump made as in standing position, but at the top of the jump bring the knees up to the chest and catch them with the arms. Then release the legs and land upright on the feet.



6) PACKING AWAY, STORAGE AND TRANSPORT

- **CAUTION!** When dismantling and packing away the trampoline, take care not to injure yourself with the tools or the springs, which are under tension and may slacken suddenly upon release. Hold them firmly and wear gloves to avoid pinching.
- Before repacking your trampoline, take the time to dry it thoroughly.
- Store your trampoline in its original packaging, taking care to protect the jumping mat. The protective pads should not press against the metal structure, since this could damage the foam or puncture the PVC coating.
- **REMARK:** You are recommended to store your trampoline in a dry place protected against rodents.
- If you need to move your trampoline, you are recommended to put it back in its original packaging. Take care not to lose any of the screws and nuts fastening the trampoline.
- At least two adults are required to carry the box from underneath to avoid any risk of injury.

7) WARRANTY

Provided that the conditions of use are respected, and excluding any warranty imposed under currently legislation, the trampolines are guaranteed against any defect in materials or construction . This warranty applies according to the following table from the date of purchase, invoice or sales receipt acting as proof of purchase. It is limited to repair and/or replacement of defective parts only.

Family use warranties ⁽¹⁾				
Frame	Jumping mat	Springs	Pad	Net
1 year	1 year	6 months	6 months	6 months

⁽¹⁾Warranties excluded in case of commercial or public use of the trampoline

The weather conditions in some regions are harsh for all types of fabric. If you live in coastal regions (25 km from the sea) or above an altitude of 1000 m, the jumping mat warranty period is limited to 6 months.

For any after-sales requests concerning your trampoline or its components, please contact the After-Sales service (address below).

After examining your request, the After-Sales service will decide, at its sole discretion, whether or not the trampoline is defective.

This warranty does not cover damage or loss due to :

- Damage resulting from weather conditions (wind, snow, frost, etc.) such as rust or fading.
- Unsuitable assembly or dismantling when erecting or storing the trampoline
- Incorrect use, negligence or unsuitable use of the trampoline or its components and failure to respect the assembly instructions.

Any modifications, of any type whatsoever, to the original trampoline cancel this warranty.

For any repairs, contact the approved vendor or your sales outlet at the following address :

MONTAGE ASSEMBLY



TRAMPOLINE

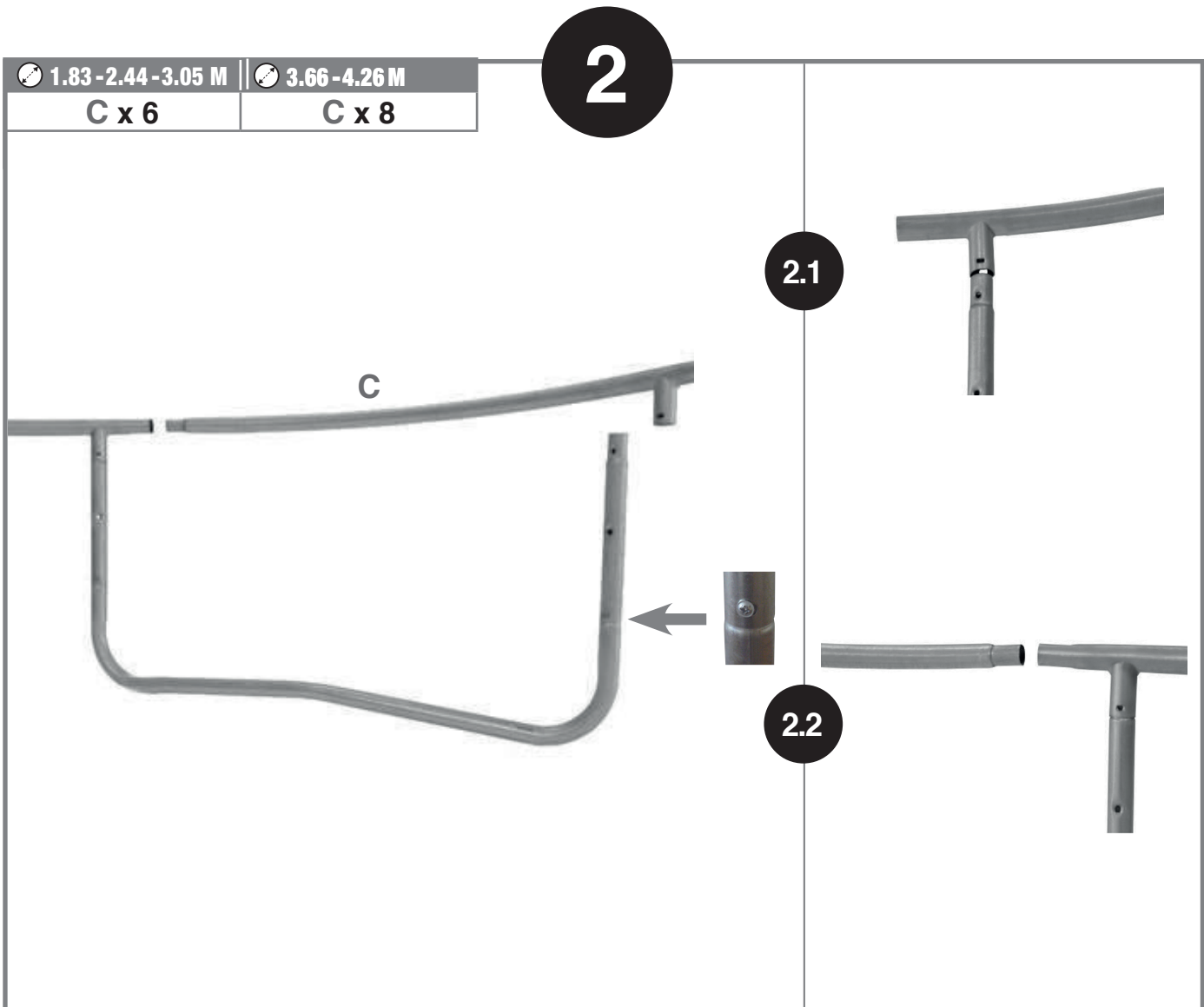
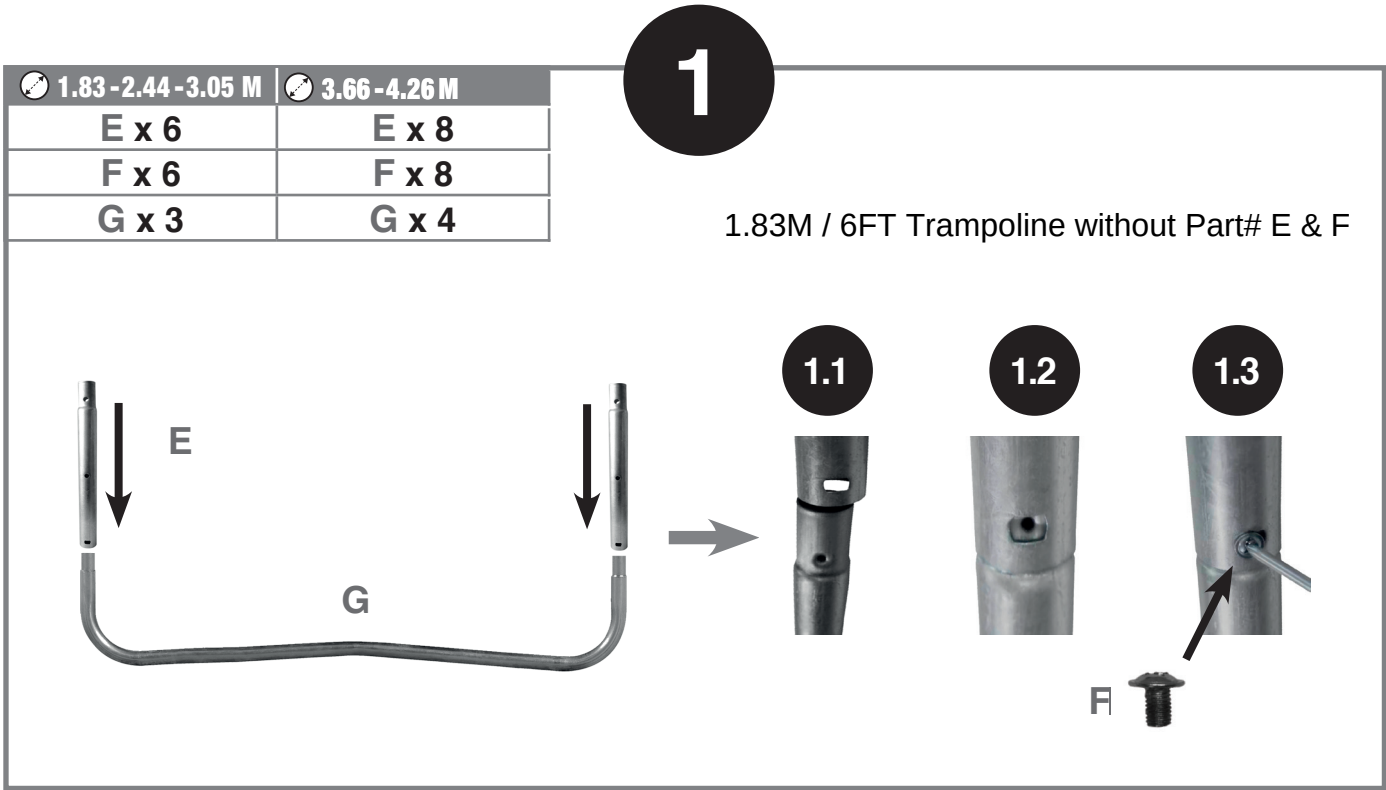
Réf. Parts	Désignation Description	 1.83 - 2.44-3.05 M	 3.66-4.26M
A		1	1
B		1	1
C		6	8
D		36/48/54	72 / 88
E		0/6/6	8
F		0/6/6	8
G		3	4

Outils / Tools

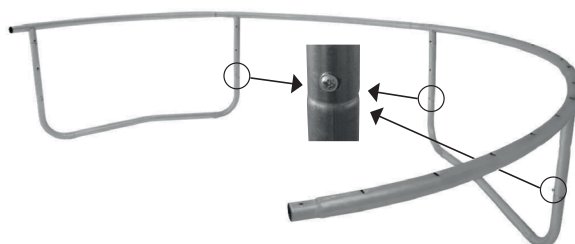


CAGE DE PROTECTION safety enclosure

H		6	8
J		6	8
M		12	16
P		12	16
Q		12	16
R		12	16
T		1	1

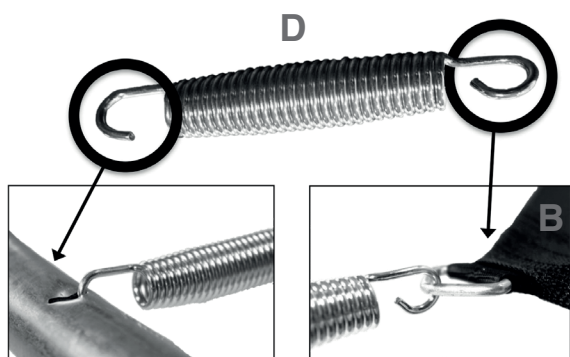


2

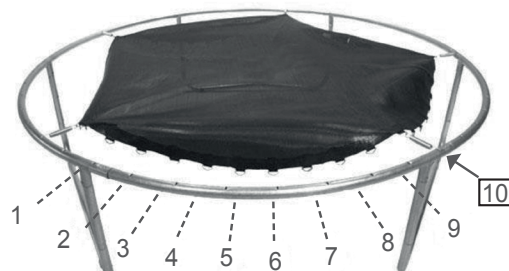


3

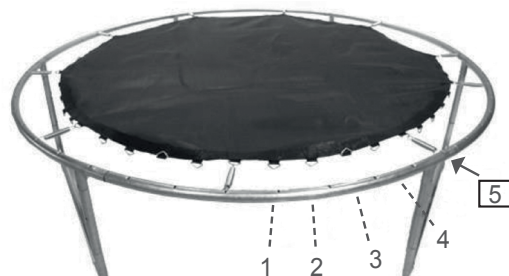
1.83-2.44-3.05 M	3.66-4.26M
B x 1	B x 1
D x 36/48/54	D x 72/ 88



3.1



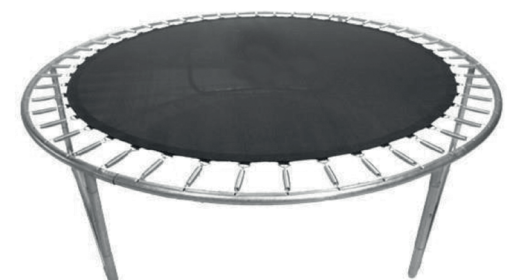
3.2



3.3

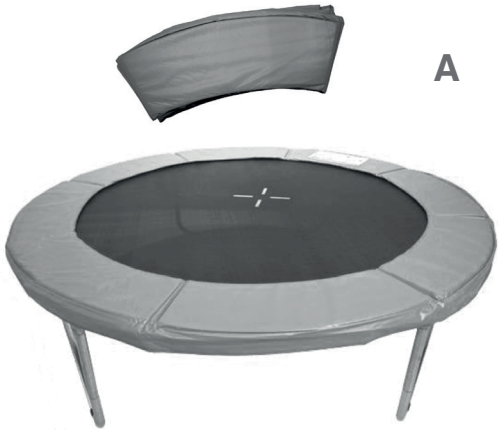


3.4



1.83 - 2.44 - 3.05 M	3.66 - 4.26 M
A x 1	A x 1

4



4.1



4.2



1.83 - 2.44 - 3.05 M	3.66 - 4.26 M
H / J x 6	H / J x 8

5



5.1



5.2



6

1.98-2.44-3.05 M

3.66-4.26M

M-P-Q-R x 12

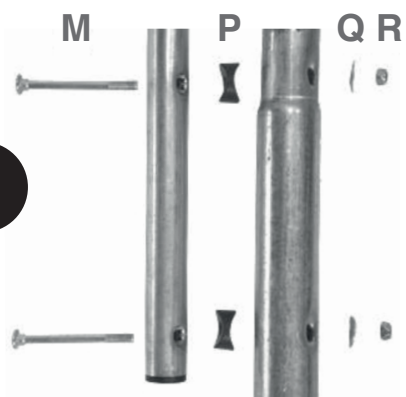
M-P-Q-R x 16

H

J



6.1



6.2



1.83 - 2.44 - 3.05 M	3.66 - 4.26 M
T x 1	T x 1

7

7.1

T



Note:

- 1, Assemble the 1/3 sleeves on Each Pole;
 - 2, Assemble the 2/3 Sleeves on Each Pole;
 - 3, Assemble all the Sleeves on Each Pole;
- *Open the Entrance will be a little easy for the above steps*

8

8.1

