

# Product Instruction Manual

## Intelligent Body Fat Scale

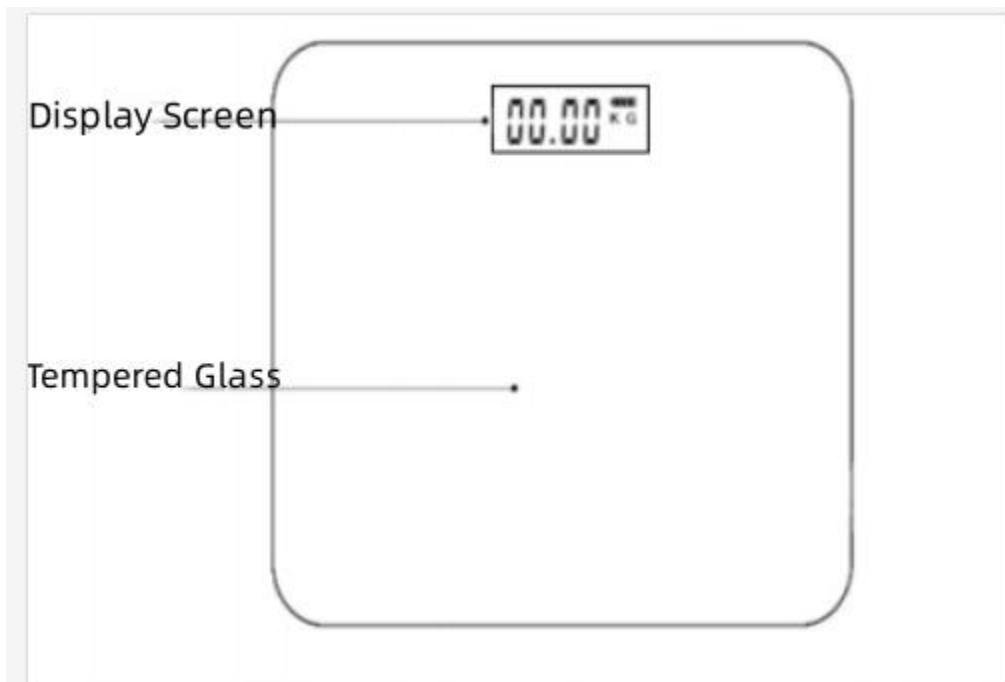
### I. Product Specification

Item	Parameter
Product Name	Intelligent Body Fat Scale
Dimension	260x260x23mm
Connection	Bluetooth Connection to Cell Phone APP
Power Supply	2* AAA Batteries(Battery Model)/1* Built-in Lithium Battery(USB Model)
Display	LCD/LED
Unit	KG/Catty
Weighing Range	0.2KG-180KG
Graduated Value	50g
Other Functions	Indoor Temperature Measurement, Power Display
Scale Surface Material	Tempered Glass

### II. Product Feature

1. Measure 16 items of body data: obesity, weight, BMI, body fat percentage, fat weight, skeletal muscle rate, muscle rate, muscle weight, visceral fat, water, water content, basal metabolism, bone mass, protein, defatted weight, and body age.
2. Supporting APP voice prompts.
3. Auto on/off technology.
4. Fault prompt function.

### III.Product Structure Diagram



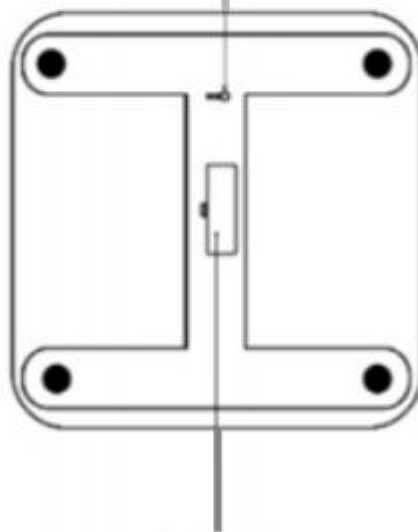
USB charging port



USB model

Note: The charging model uses a cable to connect to the charging head of the Android phone.

Catty/KG conversion key



Battery compartment

## **IV.Procedure**

### **Precautions for use:**

1. Please place the scale on flat and solid ground, do not put it on wooden floor, grass, tatami mats, or other soft objects for weighing, when testing on floor tiles, please place the scale in the middle of the floor tiles.
2. Please step on the scale surface with your foot to check if the scale is supplied with normal power.
3. When the scale displays 0.00, it means the weight is zeroed, wait for the screen to go black and then shut down automatically to indicate that the zeroing is complete.

### **o Download the APP and Installation**

Method 1: Scan the QR code below to install.

Method 2: Use a mobile browser, WeChat, or mobile application store to search for OKOK software to download.

Scan the QR code to install the APP

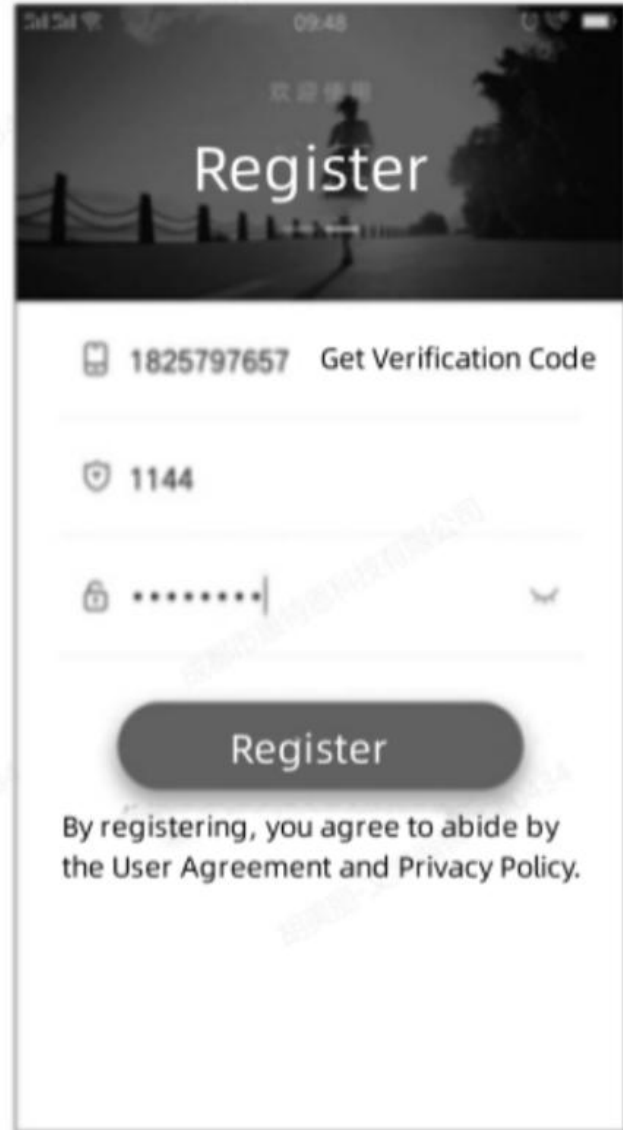
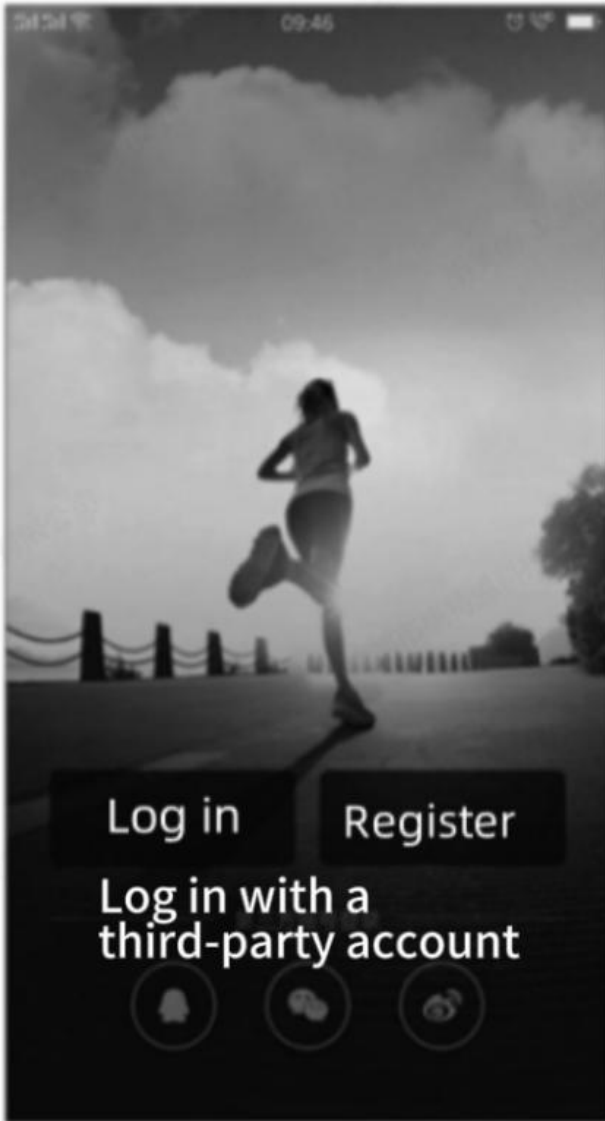


Note: Domestic users please select the Chinese version according to the cell phone system to download the appropriate client. Allow your phone to use system privileges during the installation process.



## 2. Register and log in to the APP

Use QQ, cell phone number, Sina Weibo, and WeChat to log in or register APP.



**Please check the following 3 points when you can't log in.**

1. Whether the cell phone turns on the cellular data network.
  2. Please get in touch with the supplier to verify whether the APP system is processing the upgrade status.
  3. Whether others have registered the user name.
- (In the case of the above 2 points are excluded) It is recommended to add the number after the registered name before logging in).

1. Click the Add Device icon ▼

✕




You need to add a device to measure your body data.

**Add Device**


If you don't have a Smart Scale,  
try entering it manually>.

2. Select Smart Scale ▼

✕



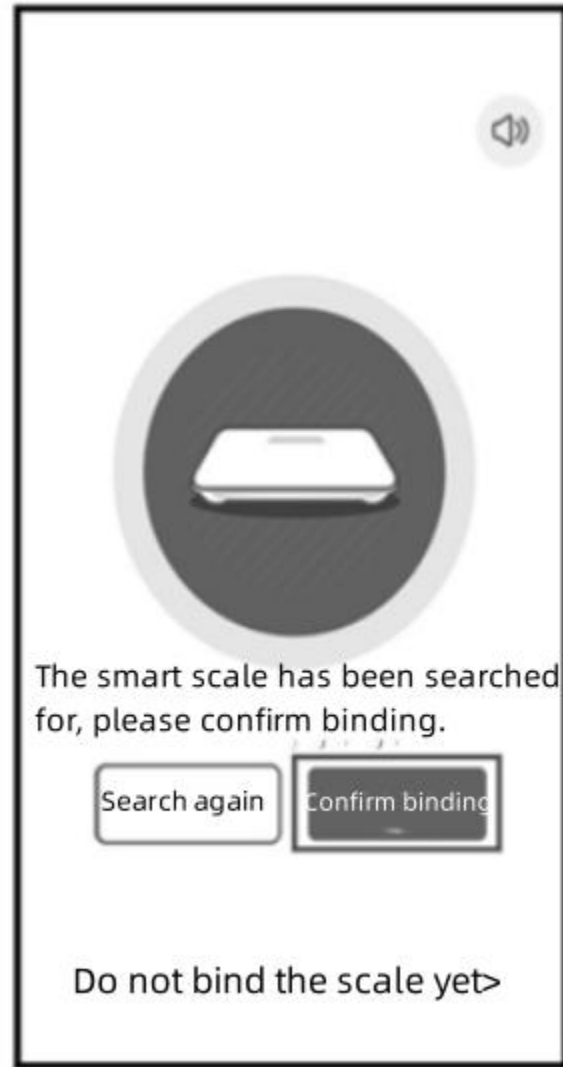
Wi-Fi Smart Scale



3. Tread lightly on the scale with your foot ▼

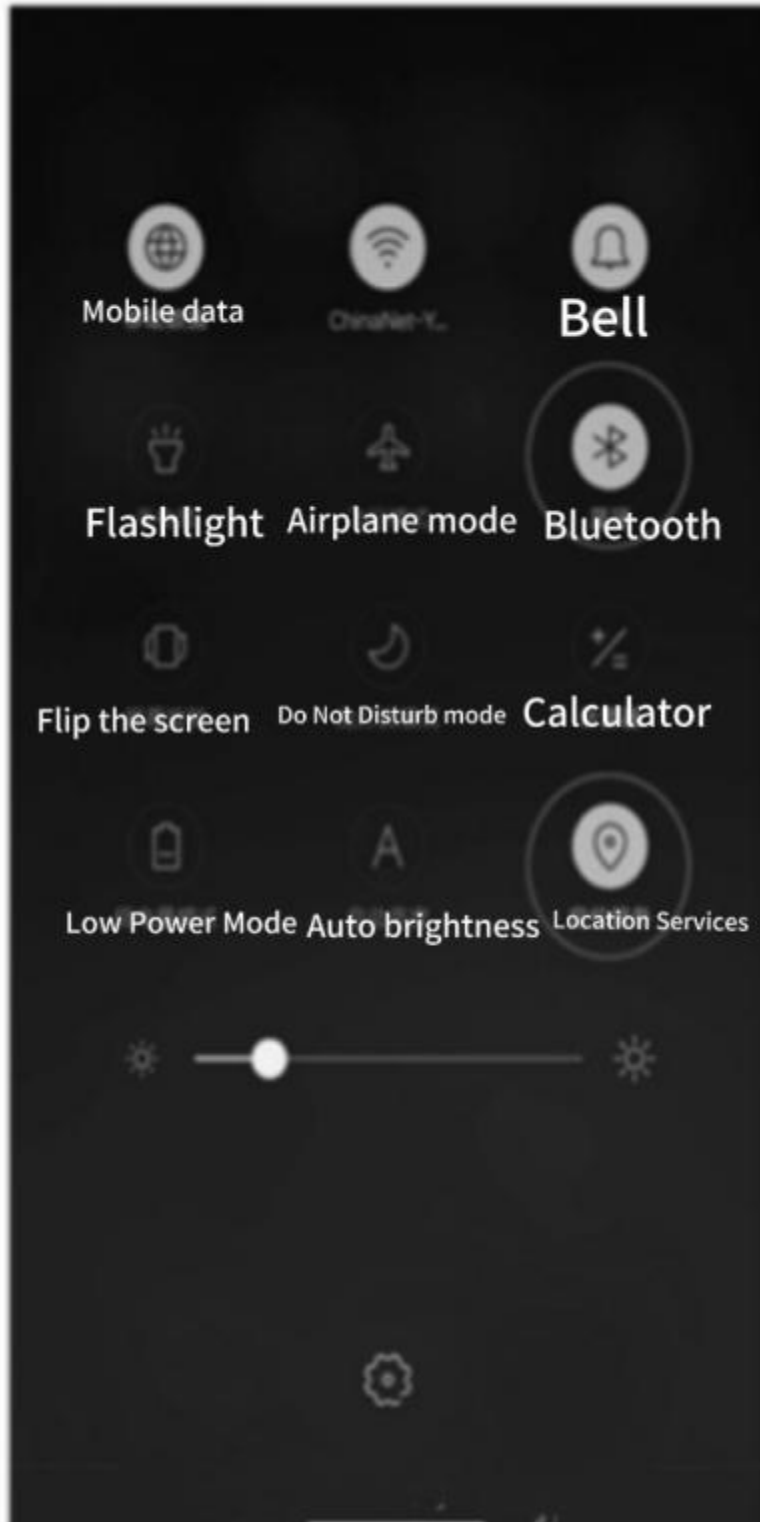


4. Select the device to confirm the binding ▼



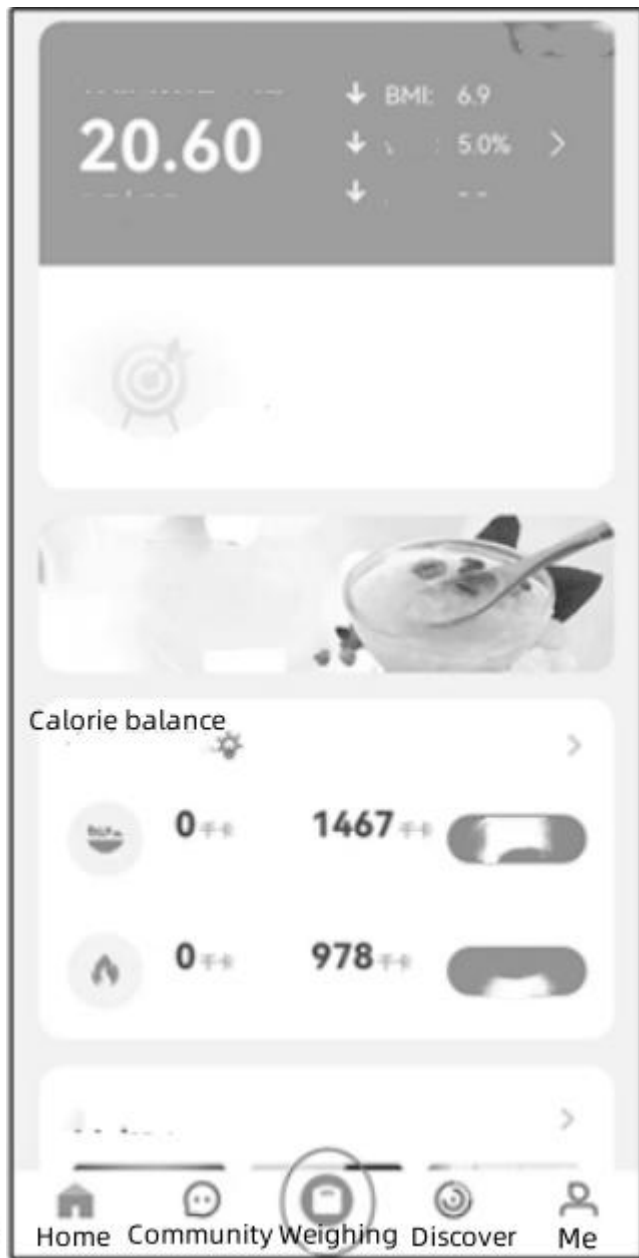
### 3. Open the required services

Turn on your cell phone's Bluetooth and location services.



#### **4. Bind the cell phone**

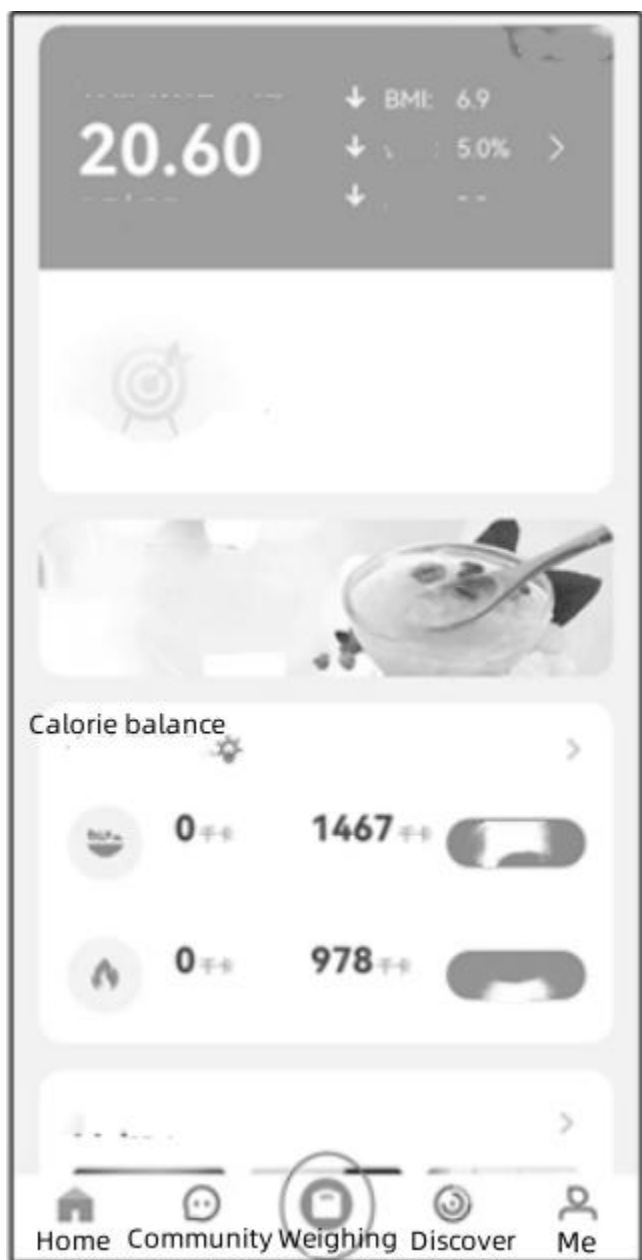
Please follow the steps to bind.



1. Click the weight icon in the main interface

## 5. Weighing measurement

1. Weighing needs to open the cell phone and positioning service.
2. If there is a protective film on the electrode pads, please tear off the white protective film on the 4 electrode pads first.

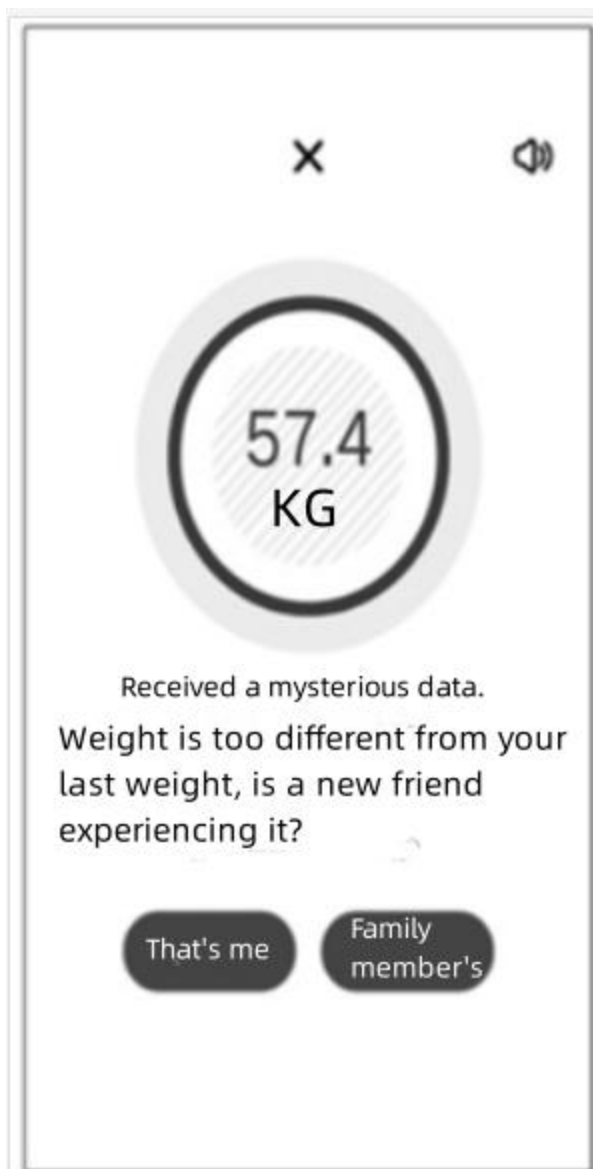


◀ 1. Select the weighing icon again

2. According to the voice prompts on the scale ▶, if there is no voice prompt, please check whether the phone media sound is turned on, whether the APP permission is closed, and whether you are wearing headphones, or other audio devices.



2. Weighing according to voice prompts ▼



This screen indicates that the test was successful. Click on the "That's me" icon to view your body data. Please do not select the "That's me" icon if the information is not yours.

If the test fails, please re-test if you are using it correctly. (Dry skin on the soles of your feet can also affect the measurement data, so you can wash your feet and wipe them half dry.)

## **V.Maintenance**

1. The scale surface can be cleaned with a slightly damp cloth. Please do not put the product into water, or use chemical or corrosive cleaners.
2. Please do not place the scale face down to avoid scratching.
3. Please store it in a place where infants and children can not touch it.
4. This product is a glass product, so please do not knock and drop the product.
5. After use, please place it in a dry, ventilated, and cool storage place.
6. This product is designed for home use and cannot be used for commercial weighing.

## **VI.FAQ**

- 1. Why is the initial weighing different from subsequent ones?**

After the first use or moving position, the first weighing data will include the weight of the product itself, the data will be on the heavy side, please wait for the automatic shutdown before testing.

### 2. Why is the difference between different floors so big?

Because of the high sensitivity of the electronic scale, please make sure to place it on a solid and flat floor when weighing. If the ground is uneven or soft objects such as carpet or foam are placed on it, the weighing data will be inaccurate.

### 3. Why are the weighing data different at different times of the day?

It is normal for weight to be different in the morning and the evening. Scientific monitoring, due to metabolism and other factors, normal people's weight change in a day is about 3.5KG, before and after diet, exercise, and before and after clothes increase or decrease will have a certain effect.



## Attention to Safety

This product is a tempered glass scale surface, for you and your family's health and property safety, please be sure to observe the following matters before use.

1. Please do not heat the used battery or put it into the fire to avoid an explosion.
2. Customers with limited mobility, please test with the help of others or use handrails and other aids for testing
3. Please do not test on dark and slippery ground.
4. Do not add other objects under the scale.
5. Please test on a flat and hard ground.
6. Please do not jump during the test to avoid anti-biological overturning.

## Special Groups

1. Pregnant women and patients undergoing artificial fluoroscopic treatment, patients with swelling symptoms, and elderly people over 70 years of age whose body fat percentage is different from that of the general population.
2. Underage testing their physical state is not stable enough to have a small amount of data can not be tested.

3. Patients with pacemakers or other transplanted medical devices should not use this product.