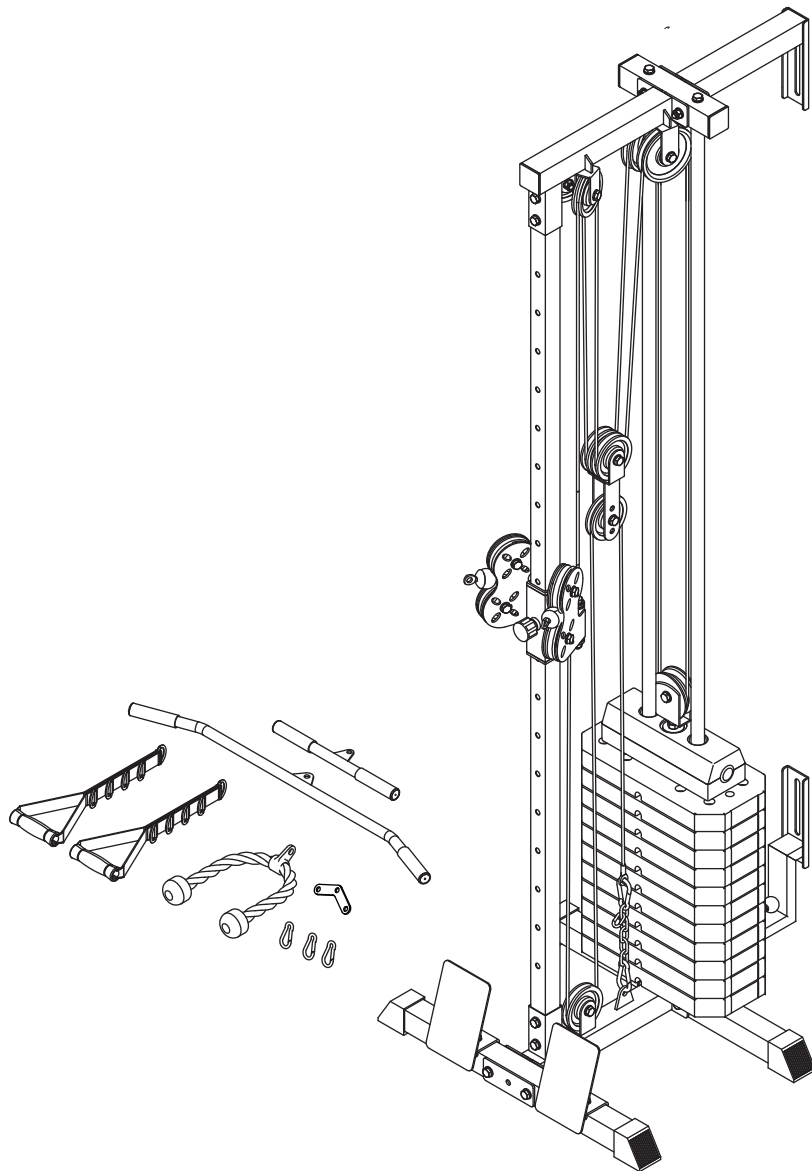


MIKOLO

ASSEMBLY INSTRUCTIONS



Read all precautions and instructions in this manual before using this equipment

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ASSEMBLY CAUTION

Please carefully read the following information before installation

Assembling requires at least two people

Do not tighten all screws before assembly is complete

Ensure that all accessories are complete. If not, please contact us via email



If you are missing any parts, or otherwise have any warranty issues, please contact us first.
support@gym-mikolo.com

Shortcut: A Lot of People Doing That Way

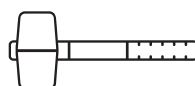
To enhance your installation process for both speed and convenience, consider removing all accessories from the box, carefully opening the packaging, and arranging everything neatly on the floor. This preparation can streamline your setup experience.

The following tools might help you improve your installation experience

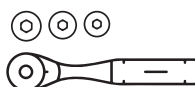
- Adjustable wrenches



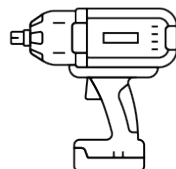
- Rubber hammers



- Socket set



- Electric Wrench



WARNING



Choking hazard. Small parts-Please exercise caution if small children or pets are present.

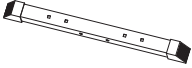
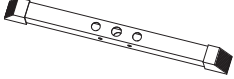
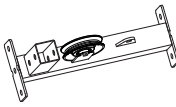
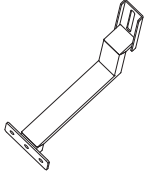
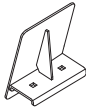
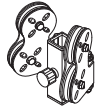
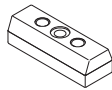
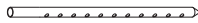
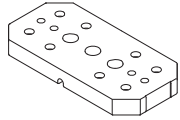
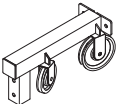
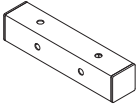
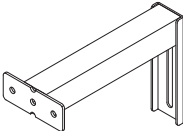
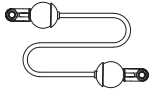


Sharp objects may be involved. Use precaution and protection.

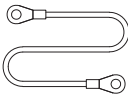
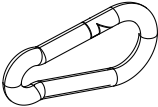
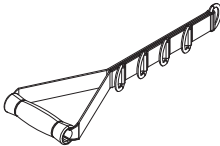
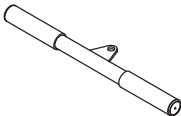
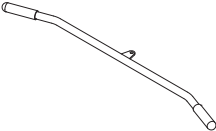
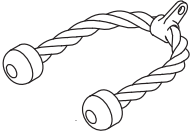
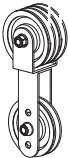


Heavy object. Use lifting aids and proper lifting techniques when moving

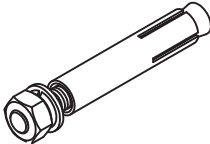
PART LIST

A1. Front Base Tube 1 PC 	A2. Rear Base Tube 1 PC 	A3. Base Connecting Frame 1 PC 	A4. Base Bracket 1 PC 
A5. Reinforcement Plate 1 PC 	A6. Feet Pedal 2 PCS 	A7. Guide Rod 2 PCS 	A8. Sliding Pulley Set 1 PC 
A9 .Main Upright Tube 1 PC 	A10 .Shock Pad 2 PCS 	B1. Top Pulley Assembly 1 PC 	B2. Top Weight Plate 1 PC 
B3. Cylinder Pin 1 PC 	B4. Flange Sleeve 1 PC 	B5. Selector Rod 1 PC 	B6. Weight Plate 11 PCS 
B7. Upper Frame 1 PC 	B8. Upper Horizontal Pipe 1 PC 	B9. Top Bracket 1 PC 	C1 .Cable A 1 PC 

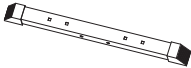
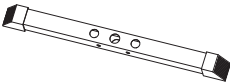
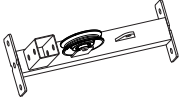
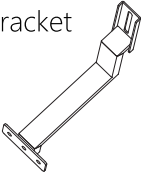
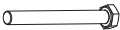
PART LIST

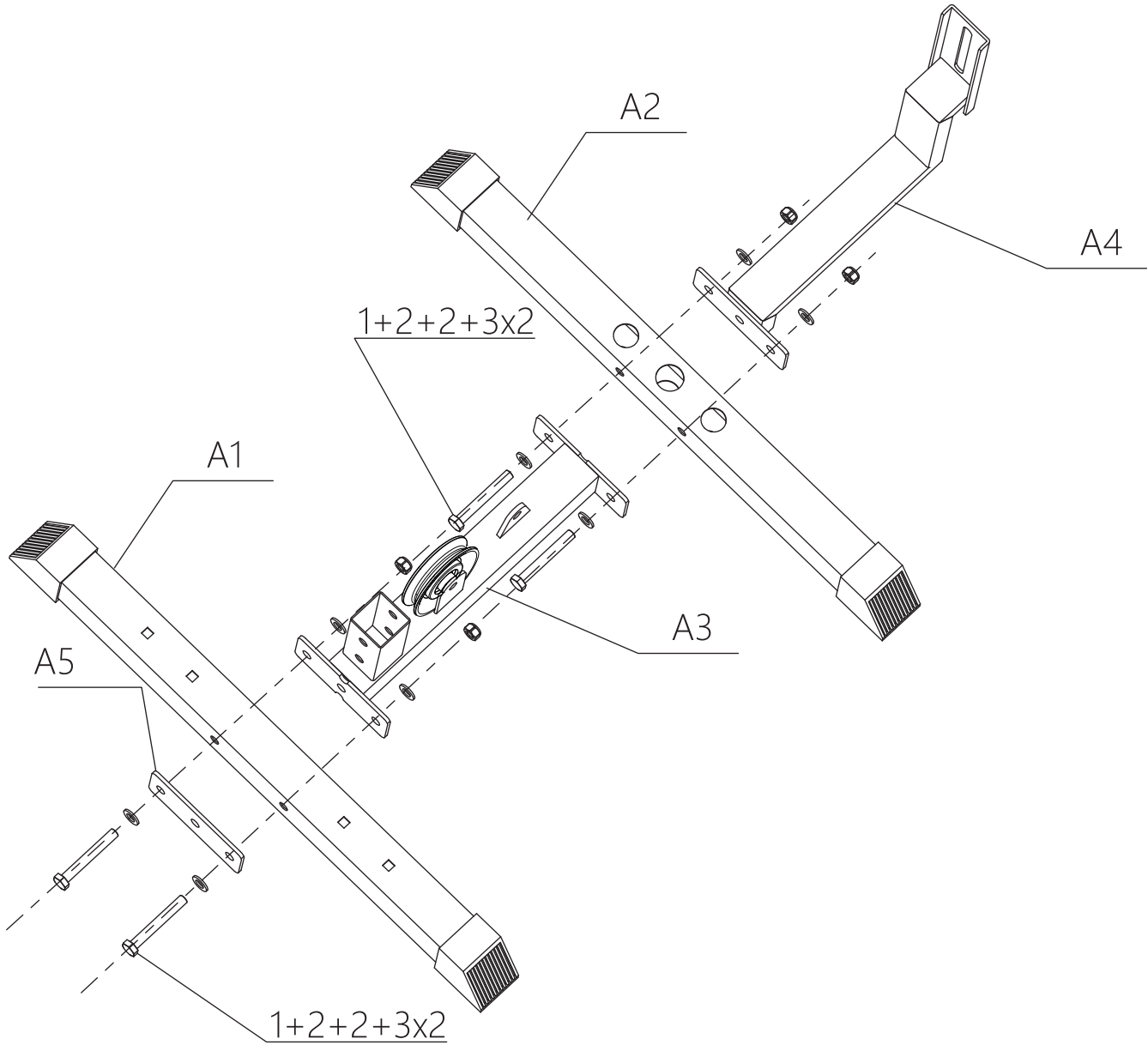
C2 .Cable B 1 PC 	C3.Clips 5 PCS 	C4.Iron Chain 1 PC 	C5. Pin 1 PC 
C6. Cable Handles 2 PCS 	C7. Cable Bar 1 PC 	C8. Lat Pull-down Bar 1 PC 	C9. Tricep Rope 1 PC 
C10. Bracket 1 PC 	C11. Moving pulley 1 PC 		

PART LIST

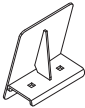
1. Bolt (M10*75mm) 6 PCS 	2. Washer (M10) 25 PCS 	3. Locknut(M10) 10 PCS 	4. Bolt(M8*65mm) 4 PCS 
5. Bolt(M10*25mm) 4 PCS 	6. Bolt (M10*60mm) 4 PCS 	7. Nut(M12) 2 PCS 	8. Washer(50*12) 1 PC 
9. Wooden Screw 2 PCS 	10. Bolt(M10*80) 2 PCS 	11. Washer(M8) 4 PCS 	12. Locknut(M8) 4 PCS 
13. Bolt(M10*20mm) 1 PC 			

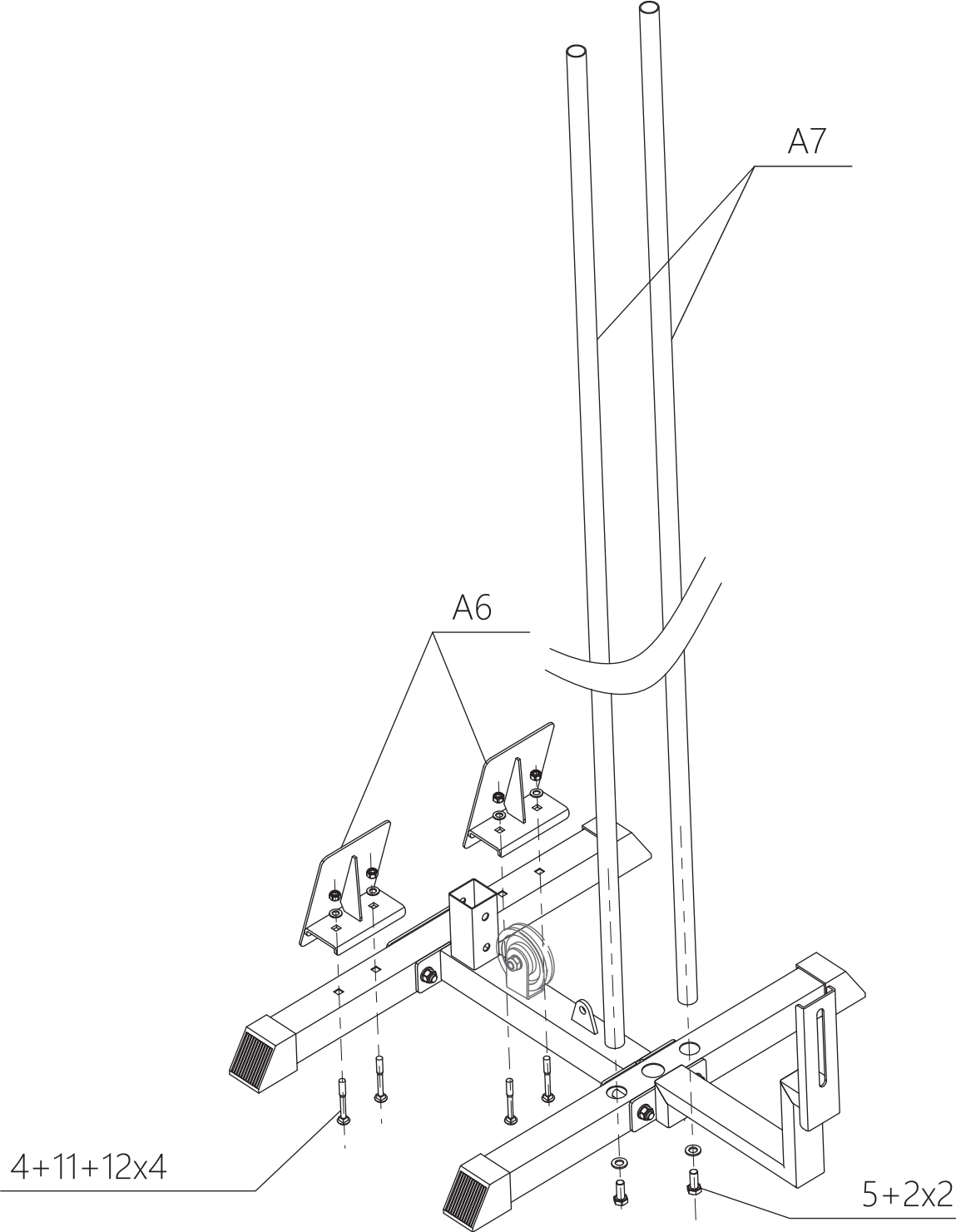
STEP: 1

A1. Front Base Tube 1 PC 	A2. Rear Base Tube 1 PC 	A3. Base Connecting Frame 1 PC 	A4. Base Bracket 1 PC 
1. Bolt (M10*75mm) 4 PCS 	2. Washer (M10) 8 PCS 	3. Locknut(M10) 4 PCS 	A5. Reinforcement Plate 1 PC 

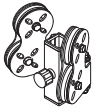
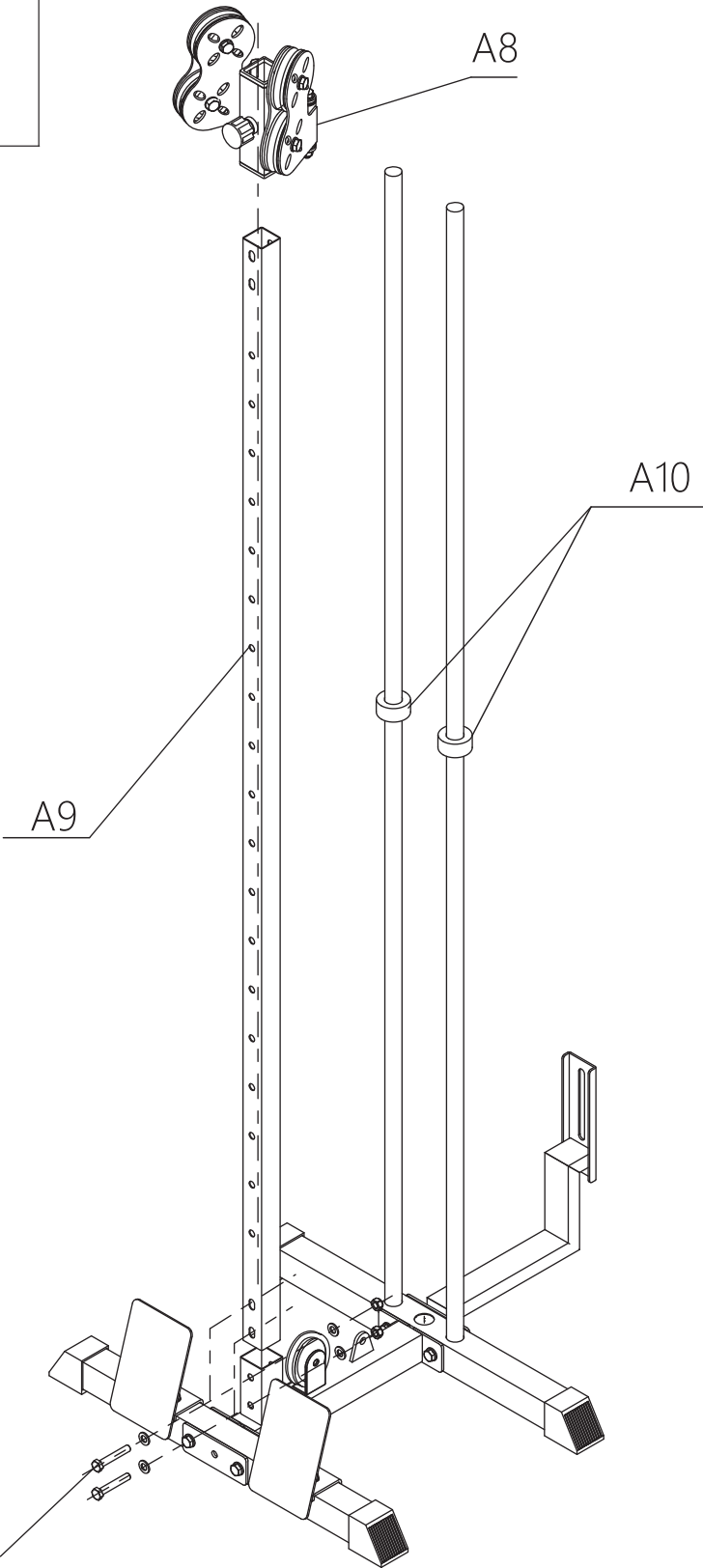


STEP: 2

A6. Feet Pedal 2 PCS 	A7. Guide Rod 2 PCS 	2. Washer(M10) 2 PCS 	4. Bolt(M8*65mm) 4 PCS 
5. Bolt(M10*25mm) 2 PCS 	11. Washer(M8) 4 PCS 	12. Locknut(M8) 4 PCS 	

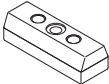


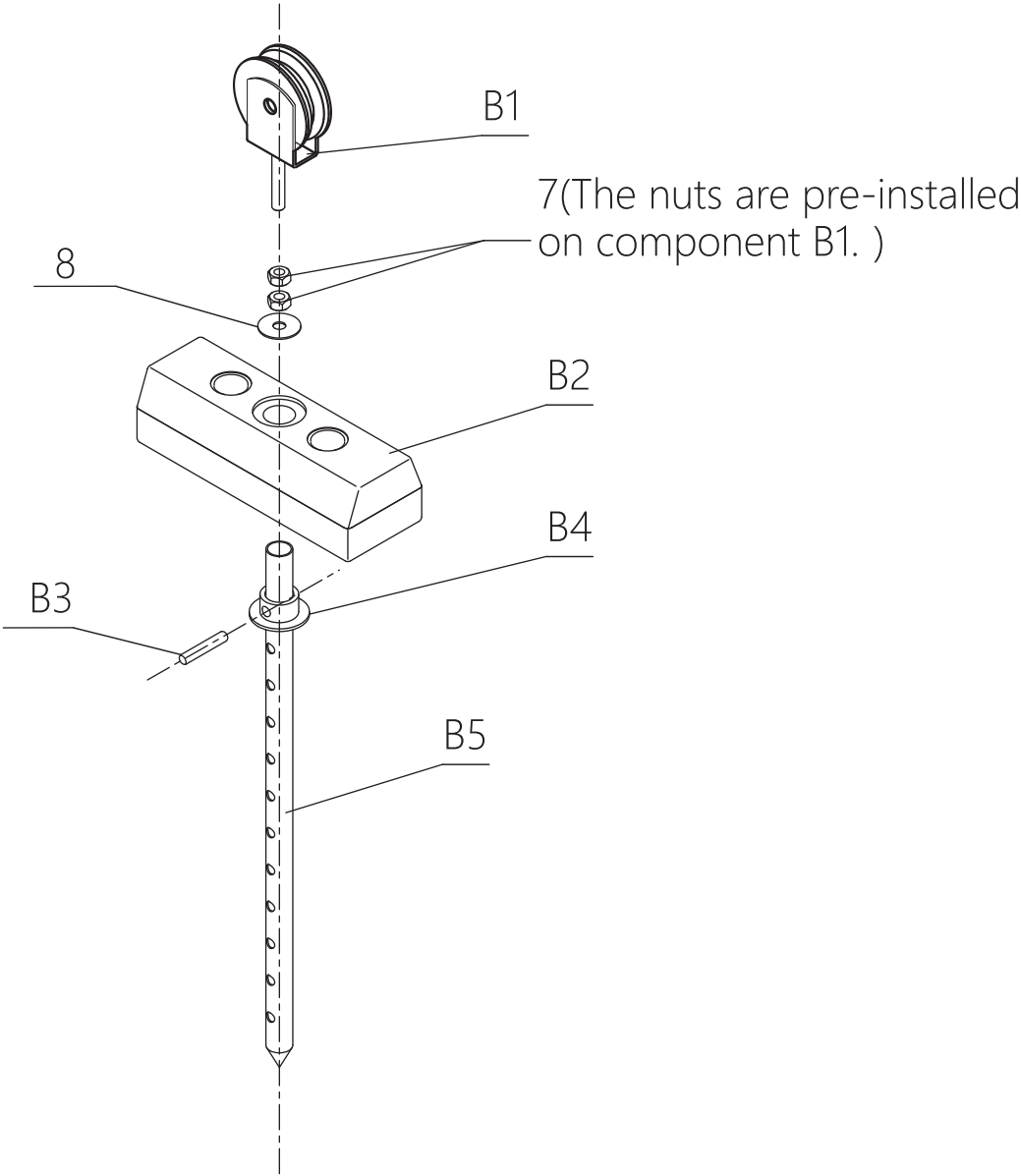
STEP: 3

A8. Sliding Pulley Set 1 PC 	A9 .Main Upright Tube 1 PC 	A10 .Shock Pad 2 PCS 	2. Washer(M10) 4 PCS 
3. Locknut(M10) 2 PCS 	6. Bolt (M10*60mm) 2 PCS 		

6+2+2+3x2

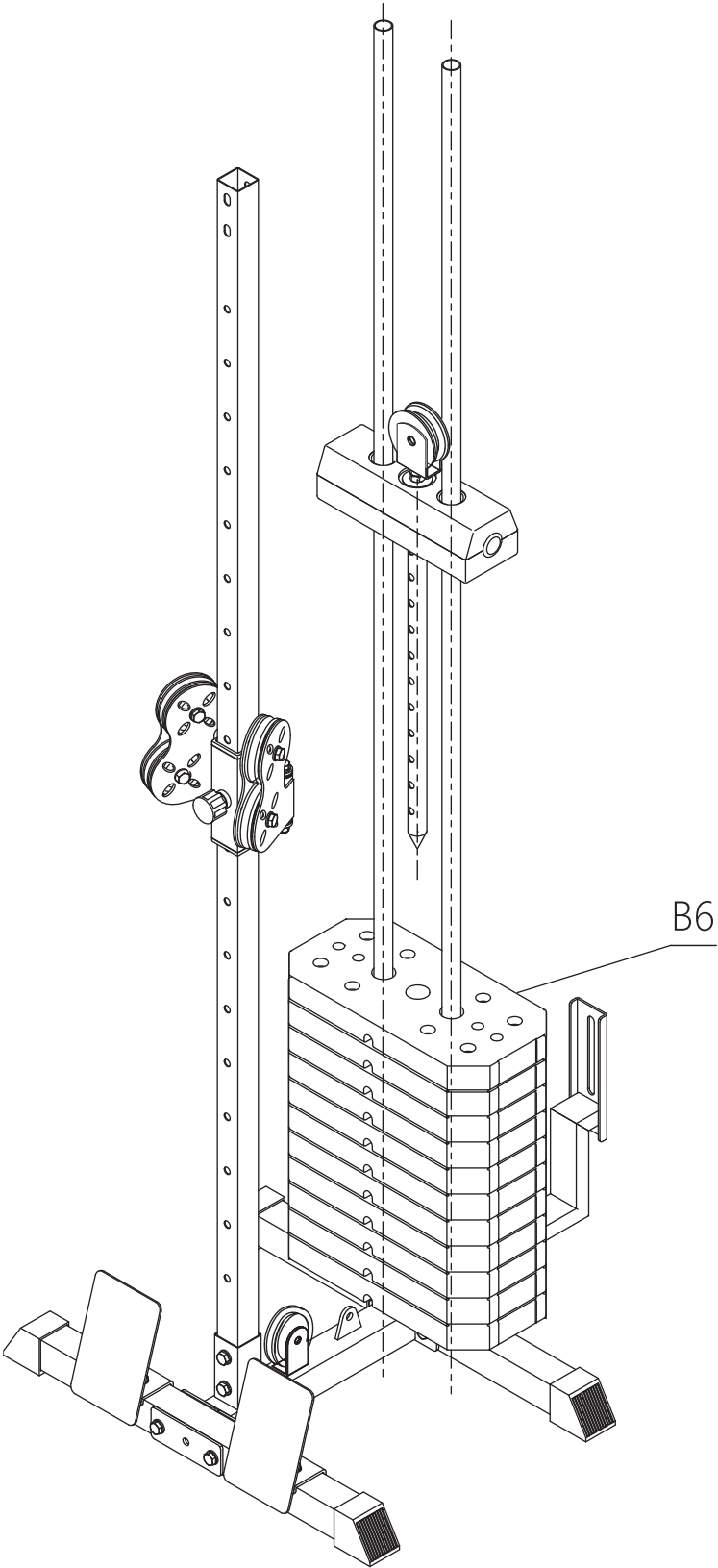
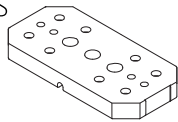
STEP: 4

B1. Top Pulley Assembly 1 PC 	B2. Top Weight Plate 1 PC 	B3. Cylinder Pin 1 PC 	B4. Flange Sleeve 1 PC 
B5. Selector Rod 1 PC 	7. Nut(M12) 2 PCS 	8. Washer(50*12) 1 PC 	

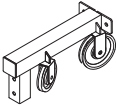
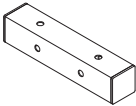
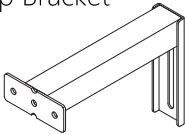
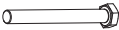


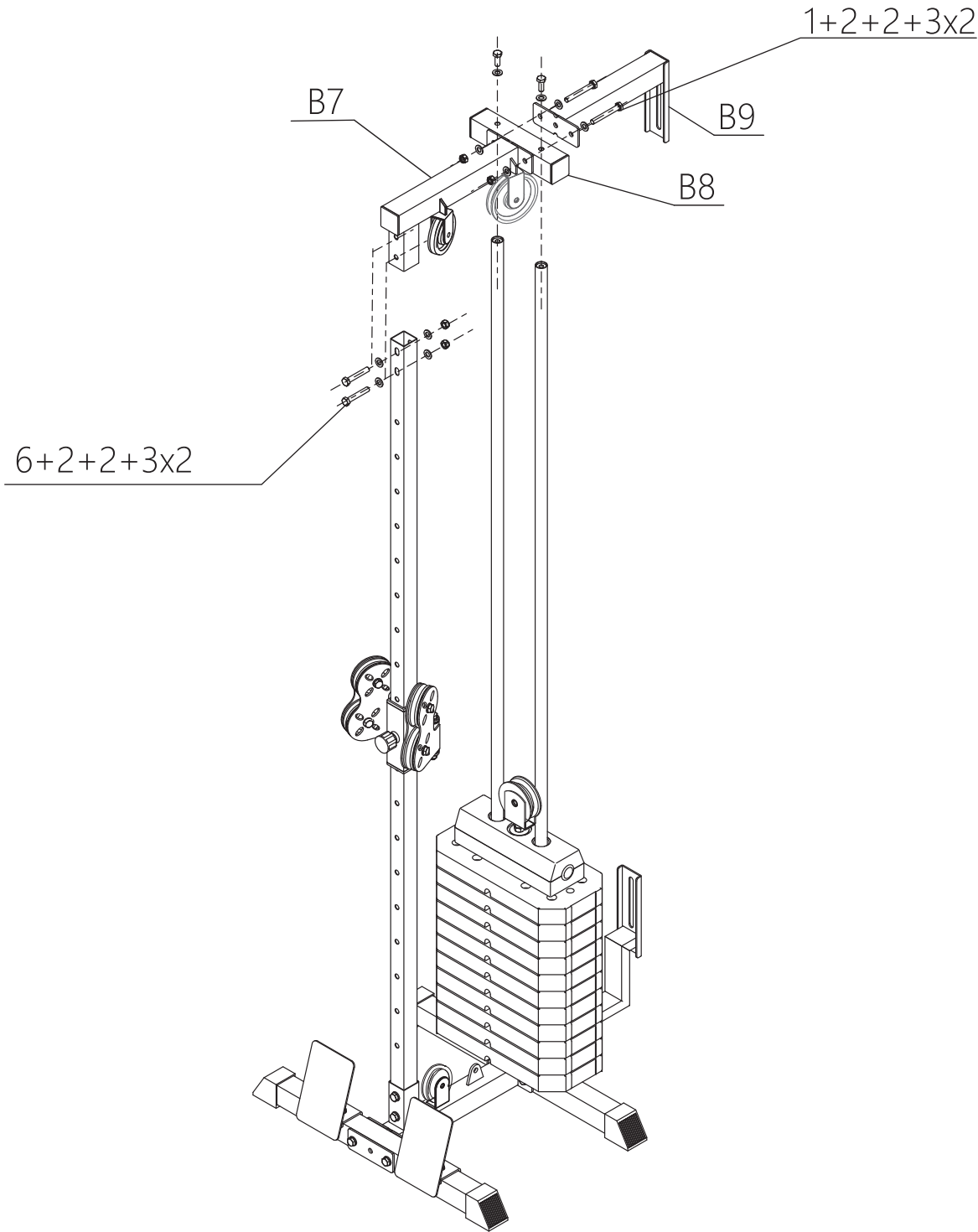
STEP: 5

B6. Weight Plate
11 PCS

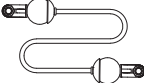
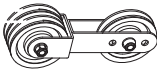


STEP: 6

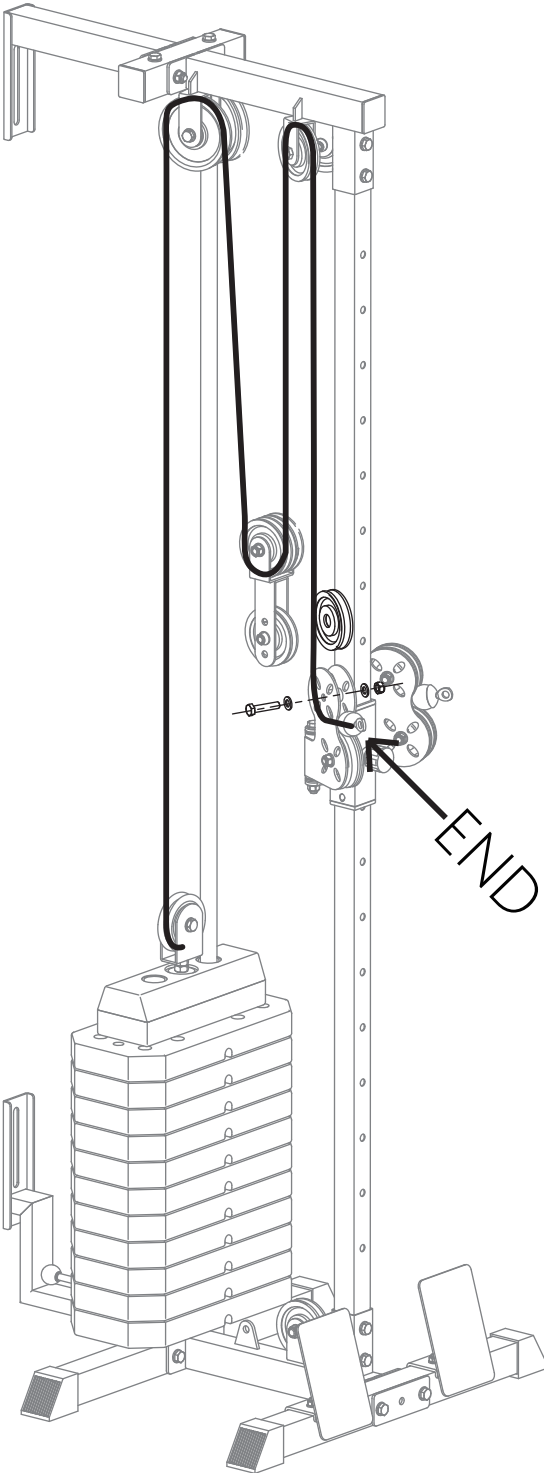
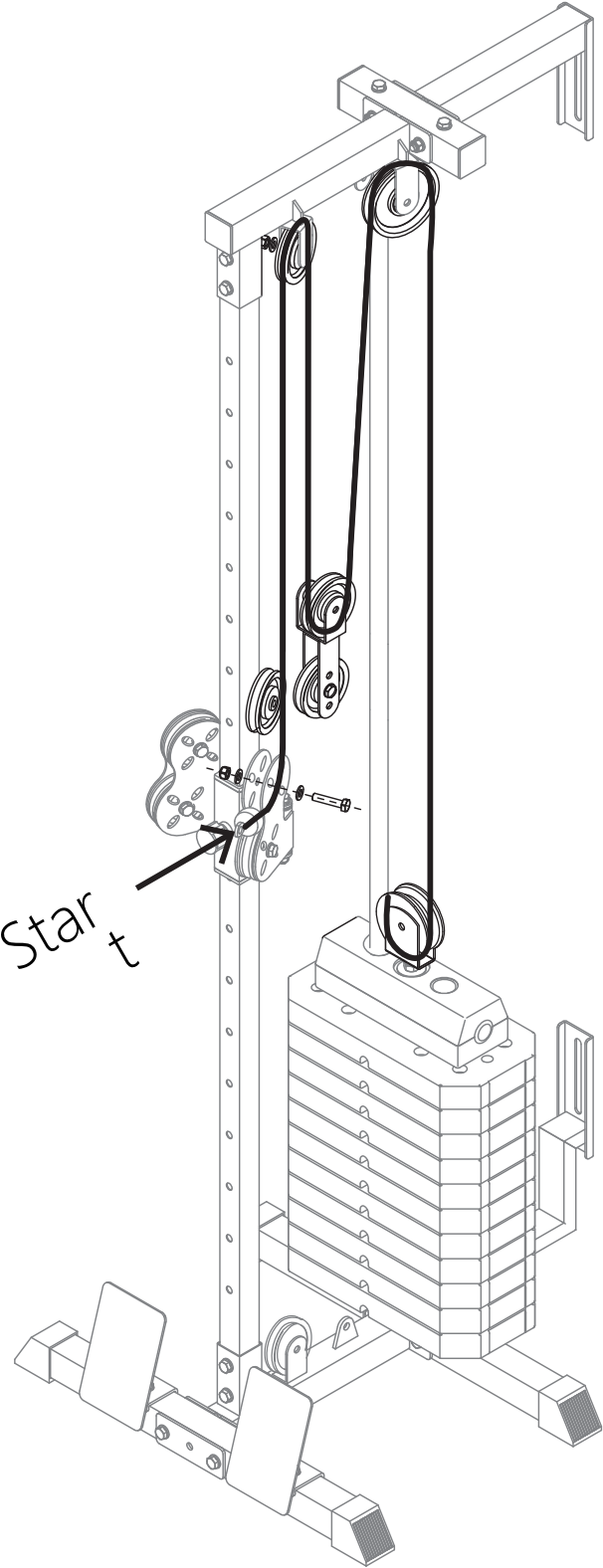
B7. Upper Frame 1 PC 	B8. Upper Horizontal Pipe 1 PC 	B9. Top Bracket 1 PC 	1. Bolt (M10*75mm) 2 PCS 
6. Bolt (M10*60mm) 2 PCS 	3. Locknut(M10) 4 PCS 	2. Washer(M10) 10 PCS 	5. Bolt(M10*25mm) 2 PCS 



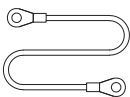
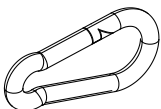
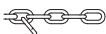
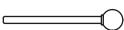
STEP: 7

C1 .Cable A 1 PC 	C11. Moving pulley 1 PC 		
--	---	--	--

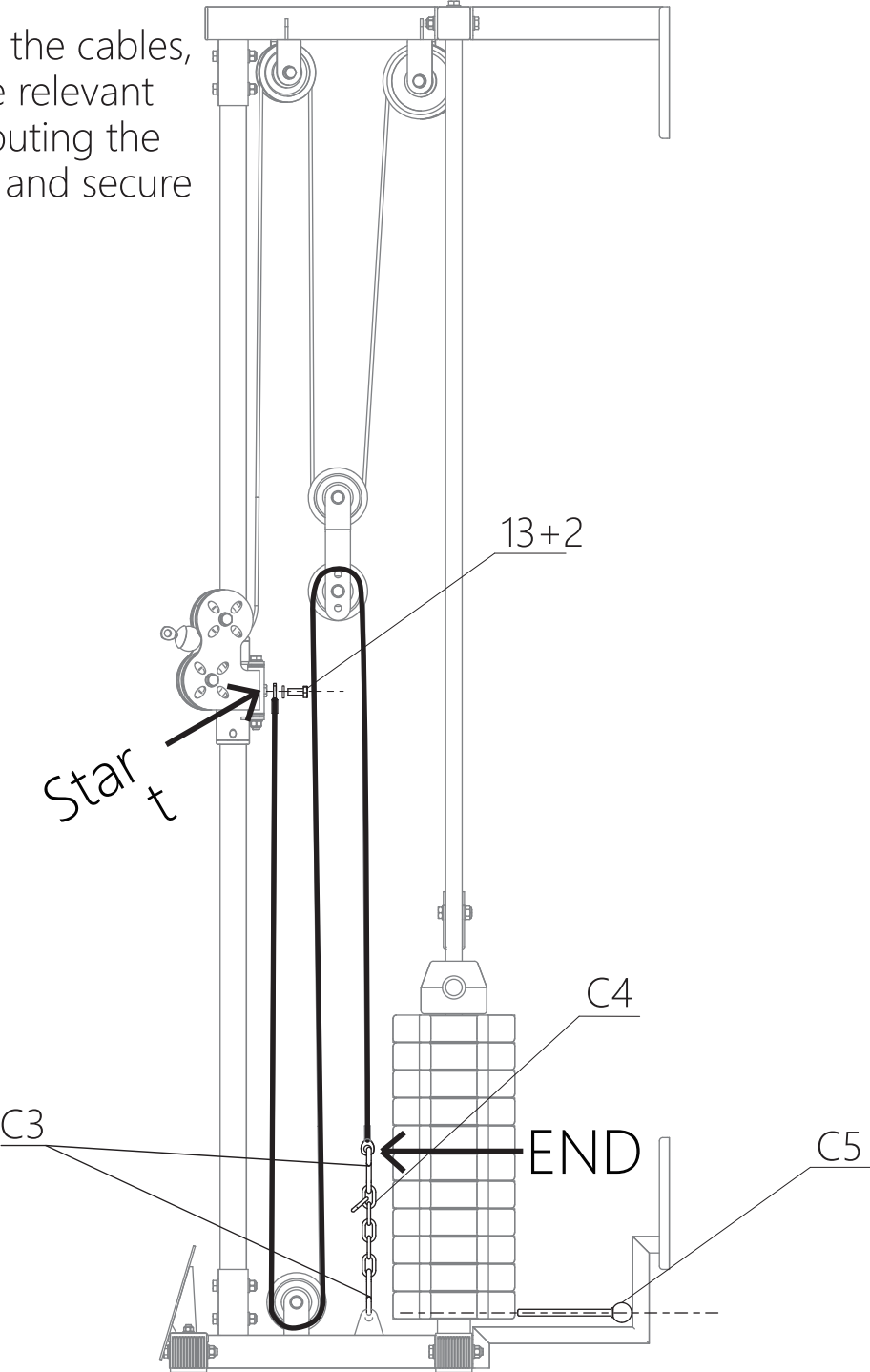
When installing the cables, first remove the relevant pulleys. After routing the cables, reinstall and secure the pulleys.



STEP: 8

C2 .Cable B 1 PC 	C3.Clips 2 PCS 	C4.Iron Chain 1 PC 	2. Washer(M10) 1 PC 
13. Bolt(M10*20mm) 1 PC 	C5. Pin 1 PC 		

When installing the cables, first remove the relevant pulleys. After routing the cables, reinstall and secure the pulleys.

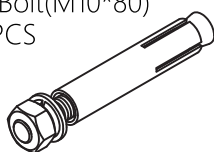


STEP: 9

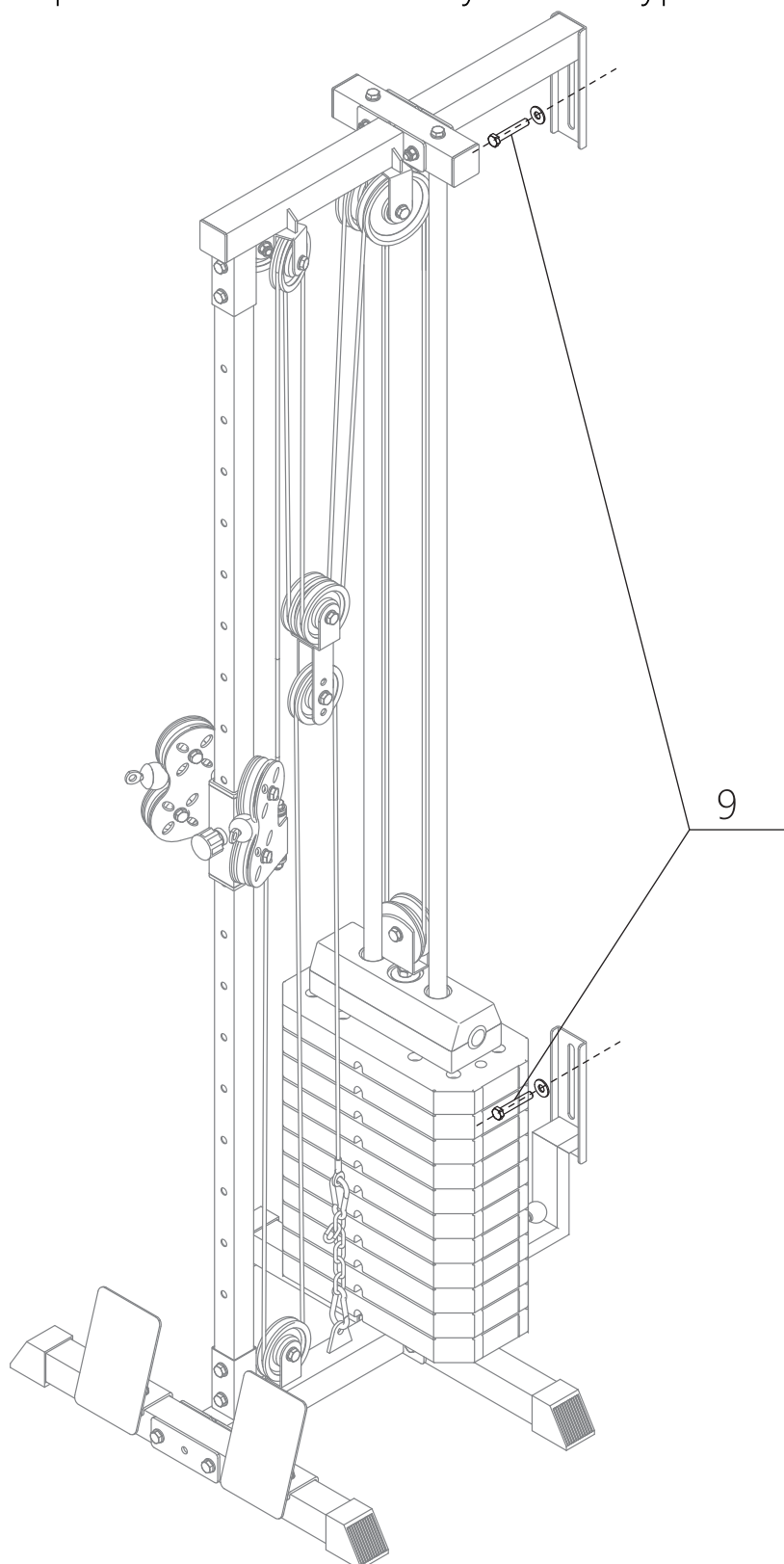
9. Wooden Screw
2 PCS



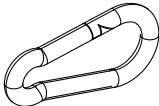
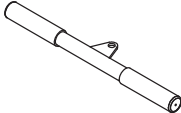
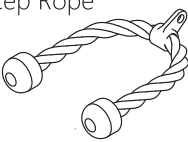
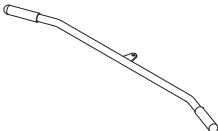
10. Bolt (M10*80)
2 PCS

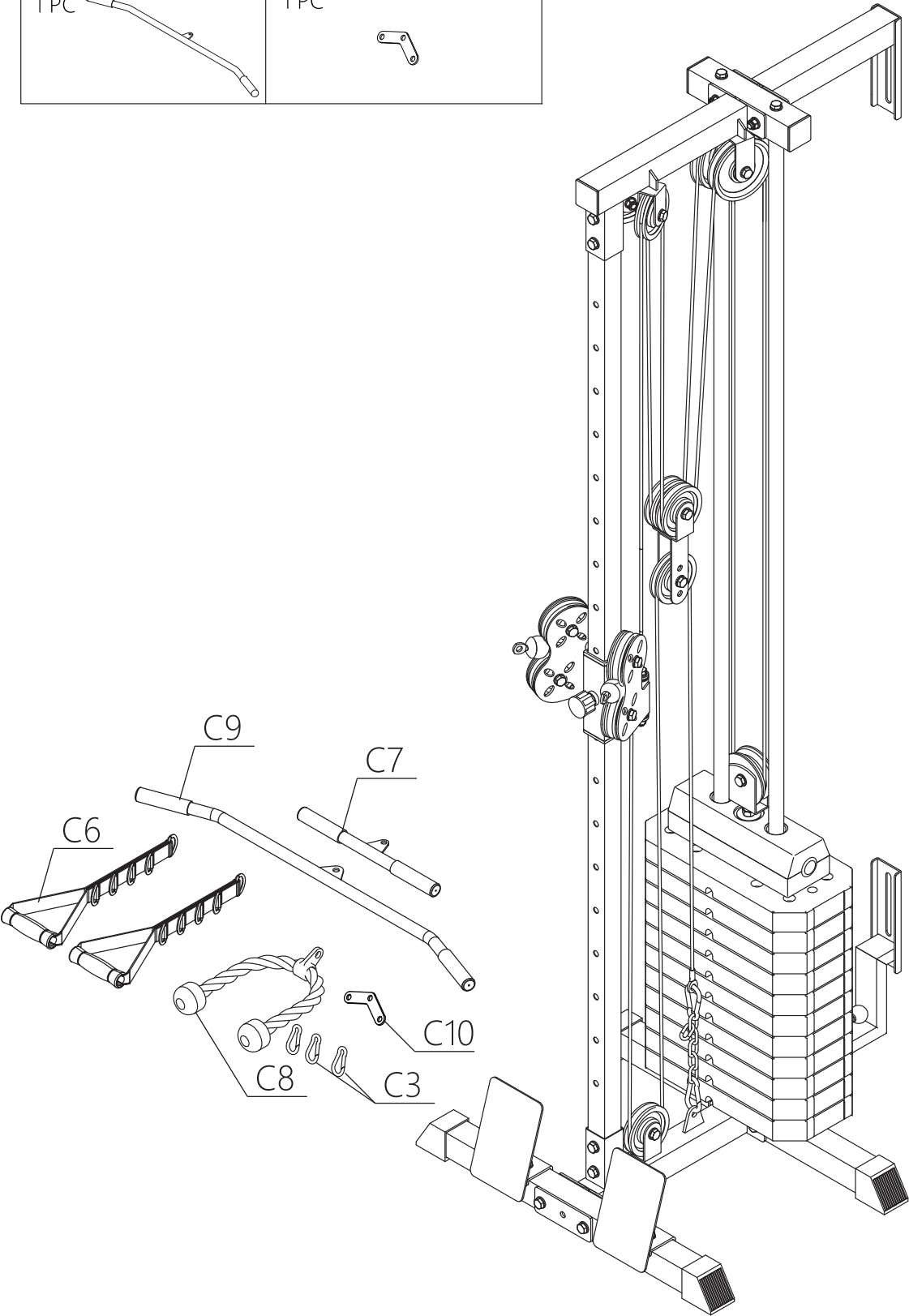


Select the appropriate screws based on your wall type.



STEP: 10

C3.Clips 2 PCS 	C6. Cable Handles 2 PCS 	C7. Cable Bar 1 PC 	C8. Tricep Rope 1 PC 
C9. Lat Pull-down Bar 1 PC 	C8. Bracket 1 PC 		



FORMAT OF AFTER-SALE EMAIL

The screenshot shows an email draft interface. At the top, it says "Draft saved" with a close button. Below is the "Recipients" field, which contains "Amazon-1234567890-Package Lost" and "SUBJECT EXAMPLE". The "Platform-Order Number-Issue" field is highlighted with a red box and contains the text "Describe your issue here". Below this is a red text prompt: "Welcome to attach the pictures to help us get more understands with your issue". At the bottom, there is a rich text editor toolbar with various icons. The "Attach" icon (a paperclip) is highlighted with a red box, and a red arrow points from it to the red text prompt above it. The toolbar also includes a "Send" button, a text color picker, and various text formatting options like bold, italic, underline, and link.

Welcome to send us some pictures to describe your problem, which will help us better and faster understand your current situation, and thus provide you with the best solution.

The machine you ordered has been carefully inspected and is fully guaranteed to be in perfect working order. This lifetime warranty covers missing parts, damaged parts, package lost, all manufacturing and mechanical defects, excluding malfunctions or deterioration resulting from accidents or negligence. with this card, you are entitled to obtain service at any platform, such as Amazon, Walmart, and our own website.

Please provide your Platform and Order Number to us in the email subject.

**NEED HELP?
CONTACT US FIRST.**

after-sale@gym-mikolo.com