

<http://www.zkheat.com>



Electric Heating Far Infrared Mat

Product instruction manual

Acada products-Select for your body

Thank you for choosing **Acada** products.

We wish you and your family with
the company of **Acada** products,
always healthy and beautiful.

CATALOG



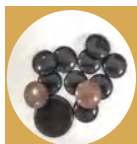
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INSTRUCTIONS FOR USE



1. Turn on the controller switch and the digital display will light.
2. Please adjust the temperature button of the controller and adjust it to the required temperature as needed. At this time, the electric heating pad starts to work . (the higher number, the higher temperature)
3. When the temperature reaches the preset temperature, the controller enters the automatic adjustment state to maintain the constant temperature.
4. If you need to use it all night, attention please, adjust the controller to the lower temperature before going to sleep.
5. When the person leaves, turn off the power and remove the power plug to prevent fire.

THE EFFECT OF DIFFERENT TYPES OF STONES



Tourmaline: Promotes metabolism, regulates endocrine, and promotes blood circulation. Increase blood oxygen content, reduce blood pressure and release natural negative ions.



Amethyst: Emits a strong and steady flow of far infrared and negative ions. Promotes better wellness and overall quality of life. Comes in a crushed form that conforms well to the shape of your body.



Jade: Activate cell tissue and improve the body's immune function. Eliminate fatigue, nourish heart and lungs, raise five internal organs, and clear eyes and ears.



Turquoise: Rich in trace elements, it is good for promoting cell regeneration, strengthening immunity and strengthening body. Good for eyes, respiratory system, etc. Conducive to preventing harmful radiation.

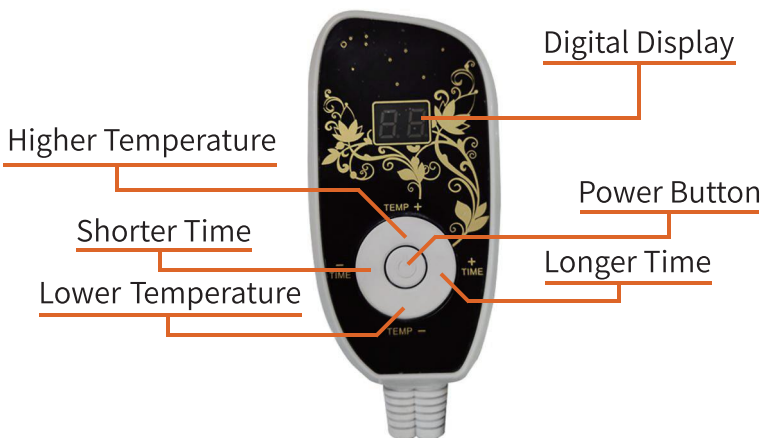
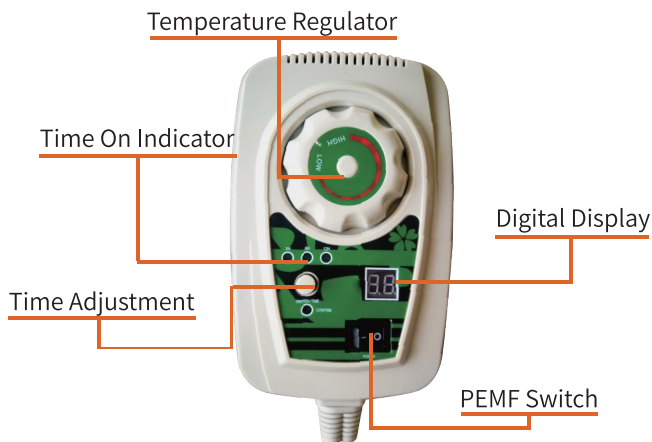


Red Agate Stone: Helps to improve cold hands and feet, promote blood circulation and metabolism.



Obsidian : Type of volcanic rock similar to Basalt, which is often used in hot stone massage sessions. Helps the body better cleanse itself.

CONTROLLER INSTRUCTION



USAGE

1. Please plug your controller deep into the mat's jack and then into a power outlet.



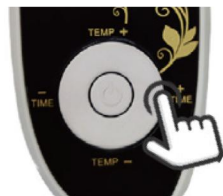
2. Flip the power switch On. The display will start to show a red light. You can use this switch to turn the power Off.



3. Choose heating time. Press the timer button to choose between 4-hour, 8-hour or 12-hour settings. The green light indicates which time setting is selected



time setting 4h 8h 12h



time setting 1h-12h

4. Choose heating temperature. Turn the dial to set your selected temperature from 30°C (85°F) to 70° C (160F). For extended periods (overnight), 35-40°C is suggested. For shorter sessions, 45-55°C is good to get full therapy or energy. For maximum sauna effect, for about 30 minutes, 60-70°C is ideal. The red LED display shows the actual temperature. Once you start turning the dial it shows your selected temperature for a few seconds, and then goes back to showing the actual temperature.



✱IN ADDITION

If the style you buy has photon function

Press the Photon button to turn the photon lights On/Off. The lights operate independently of the heat.



ATTENTION:

The mat is made of many functional layers. It takes time for the stones to heat up completely. Keep the mat covered with a blanket and/or lie on the mat can make it heat up faster.

SAFETY PRECAUTIONS



Do not disassemble or modify it by yourself.
(If there is a problem, please contact the after-sales service center: 011@zkheat.com)



Do not force the cable or pull out the plug.



Do not use damaged power cords, sockets or plugs.



Do not use the power supply outside the specified range.



Do not allow infants, children who are not self-care or those who are not sensitive to heat.



Unplug the power when you are not using or going out.



Do not place heavy objects or flammable objects on the mat .



Do not fold the mat when using.



Do not insert needles.



Mats and thermostats must not be filled with **water**.
Do not use abrasives, petroleum, benzene, hydrochloric acid, hot water, hard brush, etc. when cleaning.

DISPLAY TEMPERATURE :

Depending on the product's safe power setting, use environment and use mode, the heat loss is different. Therefore, the products are qualified in the following situations:

1. Without the cover, the temperature of the display reaches 45-55°C, indicating that the product is qualified;
2. In the case of using the outer cover, the display temperature reaches 55-70°C, indicating that the product is qualified.

Adjustable Temp:

- Warm: 30-40 °C (86-104 °F) for overnight use
- Middle: 41-50 °C (113-131 °F) for 2 hours or more
- High: 51-60 °C (131-149 °F) for 30-90 minute sessions
- Very High: 61-70 °C (149-158 °F) for 30-60 minute sessions

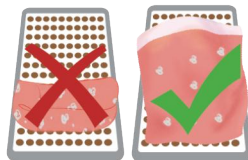
Please Note: When you set the temperature range (50°C-70°C). You need to cover the surface of the mat with our mat cover or a blanket.

If you change the state of the mat's thermal insulation, for example, if you stand up from the mat or remove the blanket and protector and let it sit uncovered for 5 minutes, the temperature may drop 20°C because the hot crystals' heat will dissipate quickly.



Safety Tips

If you need to lay the blankets, please spread it evenly to maintain uniform heat dissipation, and it is forbidden to cover it locally. Otherwise it will cause local overheating, damage the controller or even cause fire!



Attention:

Heart patients are forbidden to use.
Pregnant women are forbidden to use.

COMMON PROBLEMS AND SOLUTIONS

Phenomenon	Confirm	Solutions
No power indicator	Whether power is cut off	Please wait until there is electricity to use
	Whether the power plug is off	Please plug in the power plug well
Suddenly stopped during use	Confirm the condition of the socket	Change to another out let and confirm again
	Confirm the connection between the mat and the controller	Reconnect the mat and controller
Temperature is too low	Whether the set temperature is very low	Reset temperature
	Whether the bedding covers the controller	Please expose the controller to the outside
Temperature is too high	Whether the set temperature is very high	Reset temperature
	Whether the water is in the controller	Remove from the socket and make it completely dry before use
Temperature indicator is not lit	Has the set temperature been reached?	Please set the high temperature and confirm again

FAQ

1. When I plug in my mat controller into the wall socket it shows OFF or — and does not work, is it faulty?

Please always connect the controller to the mat first (There is a connection display in the manual), And confirm that the switch of the controller is in the OFF state, and only after this to the socket; otherwise, it may go into safety mode until you reconnect it properly.

If reconnection does not help, please contact us, and we will replace the controller fast and free. We provide a free replacement service for the controller within 1 year from the date of purchase.

If your warranty expired, you could buy a replacement controller.

We used different types of connectors, upgrading the quality during the last couple of years. If you need to replace the controller within the warranty period, please send us a photo of your mat controller. So that we can replace the correct controller for you.

2. The heating indicator seems to come on and off. Why isn't this consistently on? ACADA heating pad is equipped with a smart constant temperature controller. The mat's electrical heating system does not work all the time; it shuts off when the desired temperature is reached. When the mat cools down or crystals lose heat (if you suddenly stand up from the mat), the heating system will auto resume.

3. Does the controller display the current temperature or the selected temperature? When you turn ON the controller and rotate the temperature dial, or adjust heat with the temperature button, the controller display will display the selected temperature for several seconds, then reverts back to displaying the current temperature of the mat.

The temperature numbers will go up if the mat is heating. The temperature numbers will go down if the mat is cooling down (if you stand up from the mat or remove the blanket and protector and let it sit uncovered for 5 minutes, the temperature may drop 20°C because the hot crystals' heat will dissipate quickly).

When you turn OFF the controller, please remember to rotate the temperature dial to the lowest position first. Otherwise when you try to turn ON the controller the next

time if will not go ON until you set the dial to the lowest position (with some of controller models).

Please remember that the timer needs to be activated for the mat to heat up, and when the time setting elapses it will automatically stop heating.

4. How to cover the mat for accelerate pre-heating

To accelerate pre-heating of the mat, please use only the covers included in the mat set or towels or blankets of not too thick (max 1-inch layer) cover the mat completely .

Please Note: it is vital that you cover the mat completely while preheating it.

If you cover the mat only partially or put any solid objects on top of the heating mat, the temperature sensors positioned in the different layers of the mat around all the surface will report different and controversial measurements to the central controller.

Finally, the controller may lose calibration and start to work incorrectly or malfunction.

If you cover the mat with non-permeable materials like a rubber, camp, or foam mat, the heating elements will gradually overheat. Finally, the overheat protection will work malfunction, and the mat might overheat and get broken or even catch fire.

WARNING

- NEVER use rubber mats, yoga mats, camp mats, solid objects, or a too thick layer (more than one inch) of towels or blankets to cover the HEATING mat. NEVER leave your mat unattended while heating up.

- If the whole mat is covered with non-permeable material and continuously overheats, the mat will not be protected from overheating or burn.

- The most important thing to note is that when you cover the surface of the mat, you must always cover the mat in its entirety. Never cover it partially or you could cause the heat sensors to malfunction. This error can create burns on the mat and could potentially damage it.

FAR-INFRARED HEATING PAD

There are more varieties far infrared heating pad in the official website.

Find more products on www.zkheat.com

We can also customize a variety of models of far infrared heating pads according to your needs



WE HAVE THE ADVANTAGE:

- 1.EXPERIENCED STAFF**
- 2.HIGH QUALITY MATERIAL**
- 3.PROMPT DELIVERY**
- 4.QUALITY APPROVAL**
- 5.GUARANTEEE AND WARRANTY**

OUR COMPANY HAS PASSED ISO9001:2015 QUALITY SYSTEM CERTIFICATION,WE HAVE BEEN APPROVED BY CE,FCC, AND ROHS CERTIFICATION.



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But because of some unpredictable factors, or some unavoidable negligence, we may still not be able to make you 100% satisfied. If you have any problems in the process of using the product, please contact us before leaving a comment. We will not shirk, do not slack, handle properly, and strive to make you satisfied! Of course, if you recognize our products and efforts, we also hope that you can enthusiastically share your experience with other online buyers and friends around you, and promote the concept of healthy living with us!

Thank you again for your attention and trust in us, and we hope to continue to get your support! I wish you good health and a happy life!

Sincerely,

Mark Yuan

The Founder and CEO of ZKHEAT

LOVE WITHOUT WORDS

E-mail: 013@zkheat.com

Website: <http://www.zkheat.com>