

# FAR INFRARED SAUNA OPERATING INSTURCTIONS

Please read all instructions carefully before using the products

## LT-901PH



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# Precautions and Instructions

## ATTENTION

Please read all instructions thoroughly before using.

Serious injury may result if ignore the following warning and instruction.

Basic precautions should always be followed when using this electrical equipment.

## DANGER

**To avoid the risk of causing burns, fire, electric shock, or other injuries:**

- Connect the power cord to a properly grounded outlet.
- Using only for its intended use as described in this manual.
- Don't use accessories not recommended by the manufacturer.
- Please disconnect the power after using.
- Please keep the electrical cord away from heated surfaces.
- If the sauna is faulty, the supply cord or plug is damaged, please stop using it immediately.

## WARNINGS

- Don't stay longer than **one hour**.
- Don't put the sauna on a **humid** environment.
- Don't touch the heater directly with hands or body for a long time.
- Don't use any sharp tools on or near the heaters (severe damage may result).
- Placing the sauna on a **flat** surface.
- Unauthorized disassembly of the sauna is **prohibited**.
- People with health problems should consult a physician for prior to using the sauna. (Including acute diseases, malignant tumors, high blood pressure, heart disease, allergic dermatitis, pregnancy, etc.)
- This product is not intended for use by person (including children) with reduced physical, sensory or mental capabilities, or lack of adequate experience and knowledge, unless they have been given supervision or instruction concerning use of the appliance by a person responsible for their safety.
- To be on the safe side, children should not use the sauna.
- Using a sauna after taking alcohol, drugs, or medication can **lead to hyperthermia** and increase the risk of death.
- If you are feeling uncomfortable, exit the sauna immediately and consult a doctor.
- Children should be supervised to ensure that they do not play with the appliance.

## HYPERTHERMIA

Prolonged exposure in the sauna may cause hyperthermia. Hyperthermia occurs when body's core temperature rises above 98.6F. Symptoms of hyperthermia include a rise in body temperature, dizziness, lethargy, drowsiness, and fainting. The effects of hyperthermia may include:

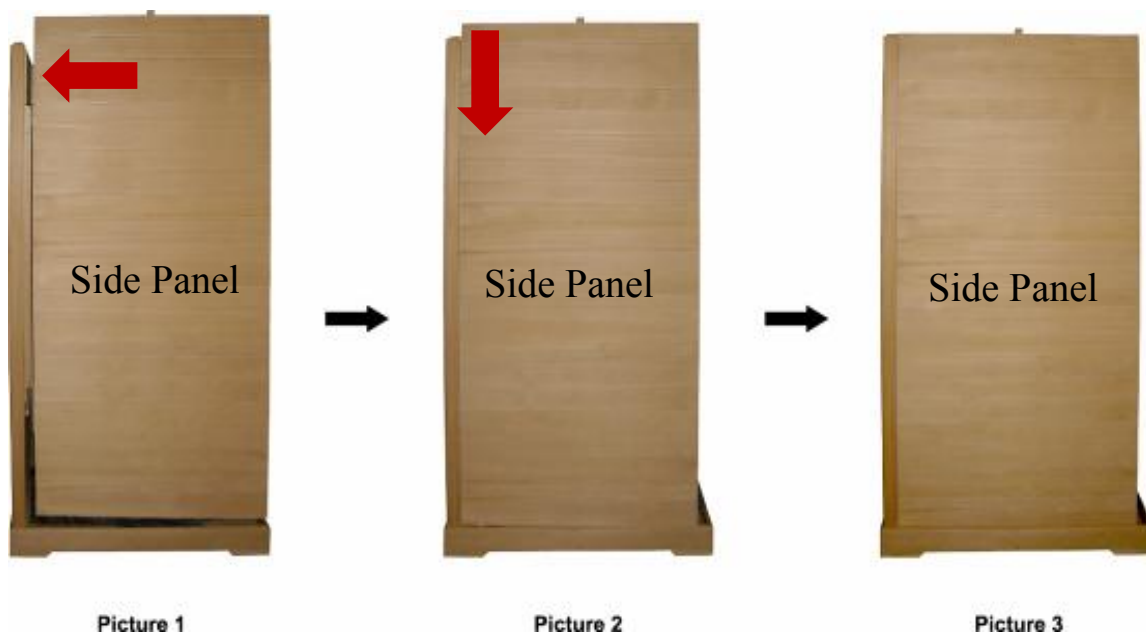
- a) Failure to perceive heat / Unawareness of impending heat
- b) Failure to recognize the need to exit the sauna
- c) Fetal damage in pregnant women
- d) Physical inability to exit the sauna
- e) Unconsciousness

## Installation Guide

Each panel is heavy, especially the top panel. Be careful to avoid injury when installing.

This sauna requires at least 2 adults to complete assembly.

There is a (+) button and a (-) button at the sides of each panel. Panels should be installed correspondently with one (+) to one (-) in the following way: The panel with the (+) button should be lifted up about 4 inches (10cm) higher than the panel with the (-) button (Picture 1); place the panel with (+) button against the panel with (-) button (Picture 2), and then slide down the panel with (+) button up against the two panels are flat and leveled (Picture 3). If they are not equal in height or there is an obvious gap between the two panels, which means they are not properly attached, and you should try again.



The panels should be install in the following order:

Floor Panel → Back Panel → Left Panel → Right Panel → Bench Support Panel → Bench Surface Panel → Front Panel → Top Panel

## Installation of the Sauna Room Body

1. Place the floor panel **on a flat surface** (Note: Before installing wall and ceiling panels, make sure the floor is flat. If the surface is not flat, you may need shims to achieve a flat surface.) (Picture1)
2. Place **back panel** in the slot of floor panel.(Picture2)
3. Place the **Right side panel** in the slot of floor panel.(Picture3)
4. Place the **Left side panel** in the slot of floor panel.(Picture4)



Picture 1

Picture 2

Picture 3

Picture 4

5. Place the **Bench Support panel** and connect the wires behind. (Picture5)
6. Place the **Bench surface panel**. (Picture6)
7. Place the **front panel** in the slot of floor panel.(Picture7)



Picture 5



Picture 6



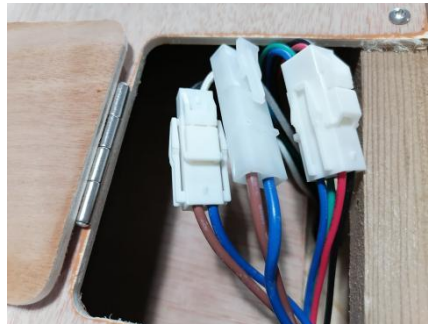
Picture 7

**8. Top panel fixed and wire connection.**

- Make sure all side panels are in the slot of top panel, make sure all wires from side panels are not pressed in the slot.
- Make sure that all wires in the top panel are connected.



**Picture 8**



**WARNING:** Pay attention to the risk of electric shock. Don't connect the power supply until all wires are properly connected.

## Control Panel Instruction



**Warning: Before using the controller must be connected to all the cables, and then power!**

### Function:

1. Power on and off. Press the power on button and then the power off button.
2. Temperature +/ Last song/manually search the station. In physiotherapy mode, the temperature setting button is added; in playback mode, the key is the last song; in radio mode, the key is the upward manual search.
3. Temperature -/ Next song/manually search the station. In physiotherapy mode, the temperature reduction key is set; in playback mode, this key is the next song; in radio mode, this key is the manual search down.
4. Time +/ Volume + key. Physiotherapy mode for time setting up key, playback and radio mode for volume up.
5. Time -/ Volume - key. In physiotherapy mode, the time is reduced, while in playback and radio mode, the volume is decreased.
6. Physiotherapy function switch on key, short press this key to open and then close

the physiotherapy heating wire, long press this key to convert Fahrenheit and Celsius.

7. External light control key, press to turn on the external light and then press to turn off. ( For this product is an indoor product and does not have this function.)

8. Internal light control button, press to turn on the internal light and then press to turn off.

9. Physiotherapy light on key, the sequence is RGB→R→G→B→RG→RB→GB→physiotherapy light off → automatic cycle, a total of nine modes.

10. Bluetooth /USB function key, short press to enter the Bluetooth mode for 5 seconds, then press this key to display the Bluetooth status, then press to turn off the Bluetooth function, after connecting the Bluetooth with the mobile phone, Bluetooth music on the mobile phone can be played, long press this key to enter the USB mode for 5 seconds, then the mobile phone will automatically jump to the physical therapy mode. Long press this key to display USB status and then press to disable USB function. Insert the USB disk with good copy of MP3 music to play MP3 music.

11. Radio /AUX key, short press to enter radio mode, press the temperature plus or minus key to search the station for 5 seconds, the machine will automatically jump to physiotherapy mode. Press again to display radio status and press again to disable the radio function. Long press this key for AUX mode

12.USB/MP3

13. The AUX interface

14. If the power button of the controller does not respond, it may be that the controller is under power-on protection. Power off and start up again.

## Mobile APP connection:

1. Android: Open the browser of your Android phone, scan the two-dimensional code of the local device, install the APP according to the prompt of the phone, open the APP and open the Bluetooth of the phone after the installation, and search for the connected APP in the APP Settings.
2. iPhone: Application can be installed by scanning the QR code in the iPhone marketplace.

Following are QR codes of different operating systems.



Chinese Android APP QR code



Apple APP QR code



Overseas Android APP



## Function of Application:

1. Power on and off. Press the power on button and then the power off button
2. Temperature +/ Last song/manually search the station. In physiotherapy mode, the temperature setting button is added; in playback mode, the key is the last song; in radio mode, the key is the upward manual search
3. Temperature -/ Next song/manually search the station. In physiotherapy mode, the temperature reduction key is set; in playback mode, this key is the next song; in radio mode, this key is the manual search down
4. Time +/ Volume + key. Physiotherapy mode for time setting up key, playback and radio mode for volume up.
5. Time -/ Volume - key. In physiotherapy mode, the time is reduced, while in playback and radio mode, the volume is decreased.
- 6 Physiotherapy light on key, the sequence is RGB→R→G→B→RG→RB→GB→ physiotherapy light off → automatic cycle, a total of nine modes.
7. Inner light control button, press to turn on the inner light and then press to turn off.
8. External light control key, press to turn on the external light and then press to turn off. ( For this product is an indoor product and does not have this function.)
9. Settings, enter the Settings to connect Bluetooth
10. Radio, enter radio mode, according to the temperature increase or decrease to search the station
11. Bluetooth: You can play music on the mobile phone after connecting the Bluetooth with the mobile phone
12. Physiotherapy function switch, press this key for heating wire switch
13. AUX
- 14.USB, insert USB to play music
15. This key can be used to convert Fahrenheit and Celsius degrees.

## Specification

<b>Product Name</b>	<b>Infrared Sauna Room</b>
<b>Model No.</b>	<b>LT-901PH</b>
<b>Voltage</b>	<b>120VAC</b>
<b>Power</b>	<b>1350w</b>
<b>Raw Material</b>	<b>Hemlock</b>