

- PRECAUTIONARY INSTRUCTIONS**
- Maintain the table periodically. Make sure all screws are secure and the cable has not deteriorated or frayed. Make sure there are no cracks in the wood structure
  - Do not overload the table beyond the recommended weight limit.  
The combined weight of the client and the maximum amount of downward pressure being applied by the therapist. Doing so may result in serious injury and lur death of your client and personal and property damage.  
This could result in serious injury to the user.
  - Do not use alcohol-based cleaners when cleaning the vinyl. This could cause damage to vinyl materials. Use warm soapy water and wipe dry.
  - Make sure when using the table that all four legs are on a solid surface and at the same level.

**TABLE SET UP**

Place the table on its side, release the buckles, partially open the table, and remove the accessories. (Figure 1).




Figure 1




Figure 2

Standing behind the table, grasp both table handles and gently swing in an outward motion to fully open the table. The legs should open automatically. (Figure 2).

Turn the table upright by lifting the middle of the table. Press down in the middle of the table to make sure the table lies flat. If the table peaks in the middle, check and straighten out the cable.

**TABLE AND ACCESSORY USE**

We provide optional accessories for you. Please read the instructions carefully before use.

**Headrest:**

The Headrest consists of a crescent Headrest Base and crescent Face Pad. It will give your client comfortable head and face support. You may have a different option for the headrest base. The adjustable headrest is easy to change. Change the angle and height of the base by adjusting the base handle. (Figure 3).

**Adjustable Armrest Shelf:**

This adjustable Armrest Shelf is a good device for supporting your client's arms at the front of the table. Hang the Armrest Shelf on the two bars of the headrest and slide the belt up or down for the optimum position. (Figure 4).




Figure 3




Figure 4

**Arm Sling:**

This is an alternative Armrest accessory with the same function of the Armrest Shelf, please refer to the usage notes of the Armrest Shelf. (Figure 5).



Figure 5

**Side Arm Extension:**

This is the Side Arm Extensions for our table. These removable padded side armrests add table width. They fit into the required accessory holes in each side of the table. That will give comfortable arm support, especially for larger clients.

**Height Adjustment:**

Proper table height is determined by the therapist height, modality, and technique. You can adjust the height by removing the grip knob from each leg. Replace the knobs after adjusting each leg to the desired position.

**Table Weight Limits:**

Positioning the client in the center of the table will help distribute the weight evenly and insure stability. Gently sit near (not on) the center of the table at first, then sit as close to the center (from the edge) as possible. The working weight is the combined weight of the client and the maximum amount of downward pressure being applied by the therapist. If the maximum working weight is 450 LBS, and the client's weight is 300LBS, the maximum weight you can apply on can not be more than 150 LBS. As pressure applied at a sideward angle puts considerably more stress on a table, the maximum sideward pressure should not exceed 50% of the maximum downward Pressure.

**DO NOT EXCEED REFERRED MAXIMUM WORKING WEIGHT. (Never exceed the load limits of the table; Doing so may result in serious injury and/or damage.)**

**Storage:**

Attach Headrest Base and Face Pad onto the elastic under the table as shown. Place each accessory in its original position. (Figure 6).



Figure 6

The carry case should be used when transporting or storing the table to help protect the table from damage. When not in use, store the table in a cool, dry place and away from direct sunlight. Do not expose the table to extreme (hot or cold) temperatures, or Moisture.

**TABLE CARE**

**Upholstery Care**

the warranty in its entirety.  
The customer is responsible for all warranty shipment costs.  
Replacement parts will be sent as remedy whenever possible.

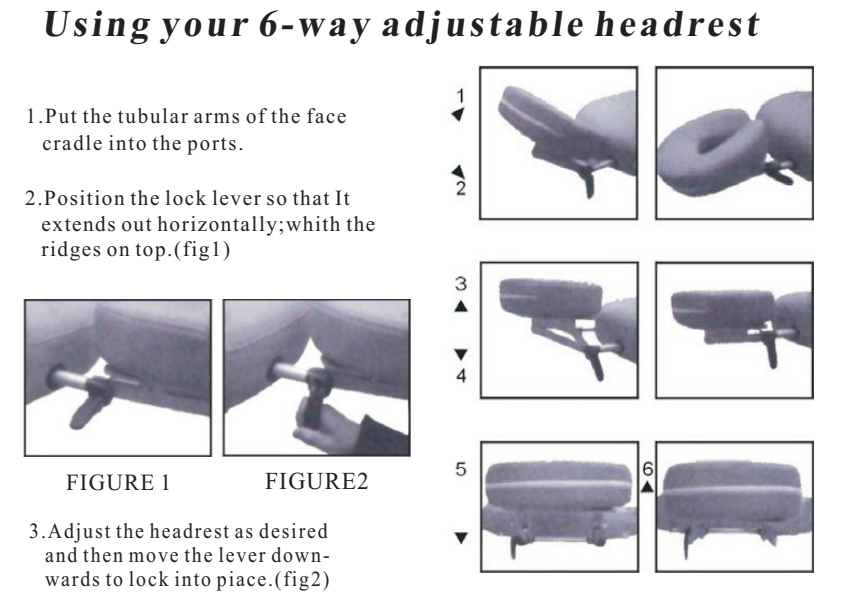
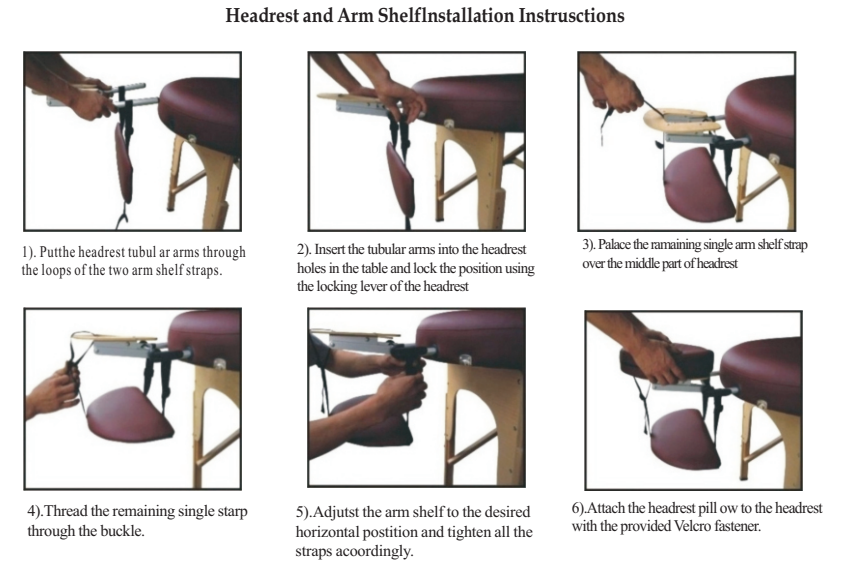
Your warranty certificate is automatically activated upon completion of payment therefore no registration is necessary should you have any questions please do not hesitate to contact us.

**Disclaimer**

This product is intended for experienced adults over 21 years of age only.  
The seller will not be held liable under any circumstances for incidental or consequential loss or damage or injury, due directly or indirectly to the use of this product, including any malfunction from negligence or defect.  
The seller makes no claims as to the suitability of this product for any specific purpose or Us.  
The buyer holds seller and its agents and affiliates harmless from any liability arising out of or relating to the use or ownership of this product.  
Buyer fully accepts responsibility and releases the seller for all and any personal injuries, fatal injuries, death of the user and others, any losses, costs, and damages incurred as a result of buyer's or anyone else's operation of this item.  
By purchasing this item, you acknowledge that you have read and understood, and you agree, to the terms and conditions of this Agreement, and you represent that you are of legal age (age 21 or older) to enter this Agreement and become bound by its terms.

1, Failure to follow these instructions may result in serious injury or death of yourself and people around you.

2, Some of the part are heavy and/or has shape edge, please install it carefully to avoid hurt you and people around you



Daily Cleaning: Remove daily dirt and grime from the table with a mild soap and warm water solution. Dry with a soft, lint-free cloth.  
**Disinfecting:** Disinfect the table as required with an isopropanol based hospital grade disinfectant cleaner (approved for use on polyurethane vinyl).  
**Stain Removal:** Some minor stains can be removed with a mild, non-abrasive cleaner. Spray a damp cloth with cleaner and gently wipe to remove stain, rinse thoroughly with warm water, and dry with a soft lint-free cloth. More stubborn stains may require a professional cleaning.  
**Wood Care:**  
Your massage table is made of select hardwoods and is finished with lacquer that requires no special care. If desired, you may polish occasionally with a quality wood care product.

Keep the table dry, and avoid exposure to wet or humid environments. Should the table get wet, quickly and thoroughly dry with a soft cloth.

**3-section massage table**  
**Back Plank Height Adjustment:**

After removing the one buckle at the end, you can raise the back plank. Adjust to a desired position. (Figure 7).



Figure 7

**Please check the hinges latch the board before you use the table.**

**Never put any of you or your clients hands or any body parts under the raised part of the table**

After you have adjusted the back plank to a maximum height, place the buckles back on. (Figure 8)



Figure 8

All the other uses and care is the same as for the 2-section portable massage table. please refer to the usage notes of 2-section portable massage table.

**Warranty**

We warrant the product to be new and free of manufacturer defects.  
The warranty covers the table legs, arm extenders, arm sling, head cradle assembly and Hardware.  
This limited warranty is valid for 90 days from the purchase date and applies to the original purchase only.  
The warranty does not include vinyl coverings, foam pads or any costs incurred for installation of replacement parts or losses resulting from any inability to use the table.  
Warranty covers standard use of massage table. Any modification of product will void

**Instructions for Portable Massage Tables**