

IX.Cautions

- 1.Consult your doctor prior to use if you are:
 - Pregnant.
 - Are taking medicine known to cause sensitivity of skin to light.
 - Have any suspicious or cancerous lesions case.
 - Recently had a steroid injection or used topical steroids.
 - Do not use this device on infants.
- 2.If you experience discomfort or have a concern about the device, stop using it immediately and contact your doctor.
- 3.Use indoors only.
- 4.Use supplied power supply only.
- 5.Unplug from outlet when not in use to avoid tripping hazards.
- 6.Do not unplug by pulling the cord directly.Grasp the plug itself,not the cord,while unplugging from the outlet.
- 7.Do not exceed 30 minutes of use in every target session.If you have any difficulty setting up your device,using,cleaning or maintaining your device,please contact our customer support.

X.Electrical Safety

- 1.Do not place your device where it can fall or be pulled into water or other liquid.
- 2.Do not expose your device to running water.If your device comes into contact or becomes submerged in water or other liquid,unplug it immediately from the electrical power outlet.
- 3.If you have any difficulty setting up your device,using,cleaning or maintaining your device,please contact our customer support.
- 4.Do not use your device if it is damaged.Continuous use of a damaged device may result in electric shock or injury.
- 5.When not in use,store the device in a dry room,making sure it is protected from excessive moisture,heat and dust.
- 6.Do not use extension cords unless they are designed to carry the total rated wattage of the devices being powered.

XI.Disclaimer

This product is not intended to diagnose,cure or prevent disease.We make no claims,representations or warranties regarding the ability of this product to cure any physical,skin,or mental conditions.A qualifed health professional should be consulted with regard to any condition requiring medical attention.

XII.Specifications

TDP Plate Diameter	160 mm/6.5 inch
Temperature Range of Skin Surface Applied	40℃-45℃/104F-113F
Use Distance	10-15 inch/25-38 cm
Dimension	22*13*6.5 inch /560*330*165MM
Power Input Rating	110V, 60Hz;250W
Spectrum Range	2~25 micro-metre range
Warming Up Time	5-10 minutes
Total Working Hours	2000 hours
Weight	7.8 kg/17.2Ib

TDP FAR INFRARED MINERAL HEAT LAMP
INSTRUCTION MANUAL



The information provided in this booklet is for educational purposes only.The information is not medical advice and is not a substitute for medical care or professional legal advice.A medical practitioner or other expert should be consulted prior to any signifcant change in diet,sun exposure,exercise or any other lifestyle change.There shall be neither liability nor responsibility should the information provided in this booklet be used in any manner other than for the purposes of education.

Please read the following instructions before using this device.

I.Function

This TDP Far Infrared Mineral Heat Lamp is to effectively convert the heat energy ofthe heating body (heater)into infrared radiation energy by using the specifo electromagnetic wave radiation effect.The radiation dominat-ed by infrared spectrum is mainly distributed in2 μm~25 μm wavelength range. This TDP lamp increases blood circulation,which aids in muscle relaxation by emitting 33 essential minerals into your body.It is used to increase microcirculation,to loosen fascia and muscles,and to accelerate the natural healing processes of the body.

1.Getting Started



1.Install the bracket open the base,put on the base protec tive cover



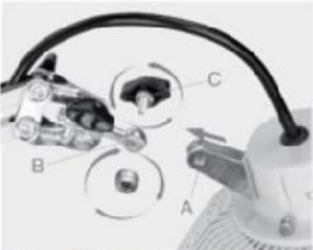
2.Insert the aluminum tube into the interfacein the middle of the base



3.Insert the body into the aluminum tube



4.Fix the bracket,screw inthe screws on the back of the fuselage,tighten the screw.



5.Install the joint A on the TDP lamp head into the B hole on the arm,and then gently tighten the screw C to fx it.(do not use excessive force to avoid damaging the screw)

I.Turning Unit On

- 1.Insert the 3-prong grounded pluginto the grounded 110V AC output socket, the green light will turn on.Turn the timer clockwise or switch the timer to the”ON”position,the yellow light is on.
- 2.The yellow indicator light indicates that the unit is working.After preheating for 5 to 10 minutes,the device can be used.Do not leave the device on when unattended.
- 3.After using,turn the timer to the "off"position and unplug the power plug

IV.Important

- 1.Do not turn the timer counter clockwise to turn unit off-this will damage the timer.
- 2.Unplug the power cord when not in use.And store in a ventilated and dry place.

V.Operation

As a general guideline,adjust the distance between the treatment surface and the heating head from 10 “to 15”(25 to 38 cm)to create a warm and comfortable feeling.The recommended usage time for each target session is 30 minutes.When used as a health product,the frequency of use can be increased,or it can be used continuously for a long time. Actual placement must be dictated by user comfort.Note that a distance of 15”willprovide therapeutic heating of 40℃.For reference,40℃ to 45℃ (104F to 113°F)is the temperature range for therapeutic heating.Skin may turn pink during use This is normal.Do not position the heating head closer than 8"to the body,otherwise a possible burn may result.

V.Contraindications

- 1.Patients with following diseases or symptoms are prohibited to use this productMetastatic tumors,high fever,arteriosclerosis,vasculitis obliter ans,ophthalmopathy,malignant tumors,vascular compensatory insufficien cy,active tuberculosis,acute soft tissue infections,pregnancy period, bleeding tendency,skin sensory disturbances and skin allergies;
- 2.Acute injurywithin 72 hours sufferer are not allowed to use;
- 3.Patients with pacemakers,defibrillators or other electronic implants are prohibited to use.

VII.Warnings

- 1.Do not drip water or liquid on the working bulb to prevent the bulb from exploding or causing injury. It is forbidden to touch the heating plate and other machine parts in the lamp cap and net cover during use to avoid scalding injury.
- 2.Do not to be too close or touch the bulb during use or off a while.
- 3.Do not let children use the devices unsupervised.
- 4.Do not use any objects to cover the device during use.
- 5.Do not tilt the light more than 10 degrees.
- 6.Do not place the power cord on the lamp cap and support arm that are in use.
- 7.This device is an electrical device.To avoid electric shock,adhere to the following:

- Do not drop your device in water or liquids because you may get an electric shock.
- Do not wash electrical parts with water or liquids.
- Do not directly touch the device or touch the plugs or switches with wet hands.
- Do not apply or touch the device to wet or damp skin.
- Do not pull,carry,or lift the device by its cord.If the cord is damaged,do not use the device because you could get an electric shock.

- Do not use the device if it has been dropped,left outdoor,or get water or liquids.
- Donot use on or near heated surfaces.
- Do not operate this device in areas where it could be exposed to fammable or combustible products,or where vapours may be present. Fire and explosion may occur.
- This device can't be used by sleeping,or unconscious people,or intoxicated people.
- This device can't be used for skin numbness caused by drugs or other reasons.
- Do not use the device on open wounds,as heat may increase circula-tion and cause bleeding.
- Do not use this device together with liniments,salves,ointments,and balms that contain heat-producing ingredients as a skin burn could result.
- Use ofthis device in any way other than described in this manual voids the warranty and could result in serious injury.
- Do not modify,or attempt to modify or repair,this equipment.There are no user-serviceable parts.
- Ifthis equipment is modified in anyway,appropriate inspection must betaken to ensure continued safe use.

VIII.Light Sensitivity

Test your skin for light sensitivity prior to initial treatment:

- aPower on device.
- b.Place device on range of 1/4 of your forearm skin for 3 minutes.. CAfter 3 minutes,check the area If area has turned red and redness and last more than 2 hours,your skin is light sensitive.
- d.Please stop use and contact your health physician.