H. SCOTT

When describing the qualities that make a great artist, discipline is hardly the first word to come to mind, if it comes at all. But when the artist in question is H. Scott, discipline is the very heart and soul of the creative process. Scott's discipline – from daily 5 a.m. workouts to strict adherence to a healthy lifestyle – gives him a uniquely clear channel for his creativity. "Exercise clears the mind and allows me to focus my thoughts on the creative process," Scott says. "By taking care of myself and staying healthy, I stay receptive and focused on my work." This clarity also helps Scott to visualize a completed painting before ever putting a brush to canvas. "I get a picture of what I want and work at it until what's in front of me matches what's in my head."

Although important, discipline is not the only key to Scott's success. Music has always played a major role in Scott's life – both as a listener and a musician. Growing up in New York, a love of everything musical was nurtured and cultivated. Scott credits musical training as a skilled percussionist for providing "tremendous versatility" in his work. Scott's dynamic pieces vibrate with a rhythm and depth of feeling reminiscent of a classic jazz tune while an extensive production design background also give texture and substance to Scott's pieces. "The experience I've had in production design gives me a perspective that I wouldn't have gotten anywhere else," Scott says. "The real world has always been the best art school for me."

Scott's love of film is also evident in his role as director of the many collaborative works that are shown under the H. Scott name. His keen eye and incredible vision, developed while studying cinematography, enable him to provide structure and personality to these pieces, much in the same way that Andy Warhol lent his special touch to the group works that bear his name.