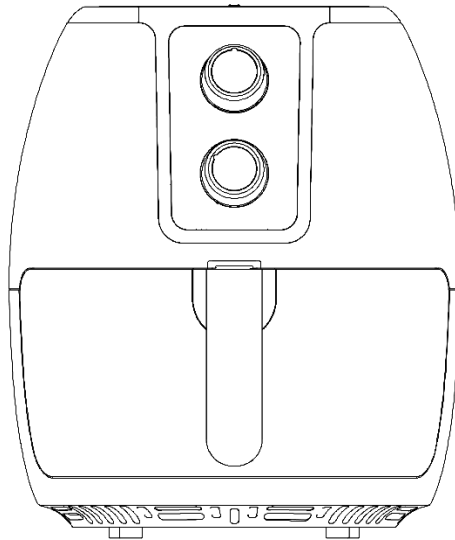


abode

Abode Manual Air Fryer User Guide



**Model Number:
AAF3700**

For Customer Services & Spare Parts please call **0345 209 7461**

**PLEASE RETAIN FOR FUTURE
REFERENCE**

CONTENTS

	Page(s)
Safety Instructions	3-5
About Your Air Fryer	6
Getting Started	7
Using Your Air Fryer	8-10
Maintaining Your Air Fryer	11-12
Cooking Guide	13
Product Information	14
Problem Solving	15
Guarantee and Customer Service	16
Connection to the Mains	17
Notes	18-19

SAFETY INSTRUCTIONS

READ CAREFULLY BEFORE USE AND KEEP FOR FUTURE REFERENCE

- Do not immerse the housing in water or rinse under the tap due to the electronic and heating components.
- Avoid any liquid entering the appliance to prevent electric shock or short-circuit.
- Keep all food in the basket to prevent any contact from the heating elements.
- Do not cover the air inlet or the air outlet when the appliance is operating.
- Do not fill the drawer with oil. Filling the drawer with oil may cause a fire hazard.
- Do not touch the inside of the appliance while it is operating.
- Check if the voltage indicated on the appliance fits the local mains voltage.
- Never let the power cord hang over the edge of a counter or table, or touch hot surfaces.
- Keep the appliance and its mains cord out of the reach of children.
- Keep the mains cord away from hot surfaces.
- Do not connect appliance to an external timer switch.
- Do not place the appliance on or near combustible materials such as a tablecloth or curtain.

SAFETY INSTRUCTIONS

READ CAREFULLY BEFORE USE AND KEEP FOR FUTURE REFERENCE

- Do not place the appliance against a wall or against another appliance. Leave at least 10cm free space on the back and sides and 10cm free space above the appliance.
- Do not place anything on top of the appliance.
- Do not use the appliance for any other purpose than described in this manual.
- Do not operate the appliance unattended.
- During air frying, hot steam is released through the air outlet openings. Keep your hands and face at a safe distance from the steam and from the air outlet openings.
- Be careful of hot steam and air when you remove the drawer and basket from the appliance.
- If you see dark smoke coming out of the appliance, immediately unplug the appliance, wait for the smoke emission to stop before you remove the drawer from the appliance.
- Ensure the appliance is placed on a horizontal, even and stable surface.
- The use of accessories is not recommended by the appliance manufacturer as it may cause injuries.
- This appliance is designed for household use only. It is not suitable to be safely used in non-residential environments.

SAFETY INSTRUCTIONS

READ CAREFULLY BEFORE USE AND KEEP FOR FUTURE REFERENCE

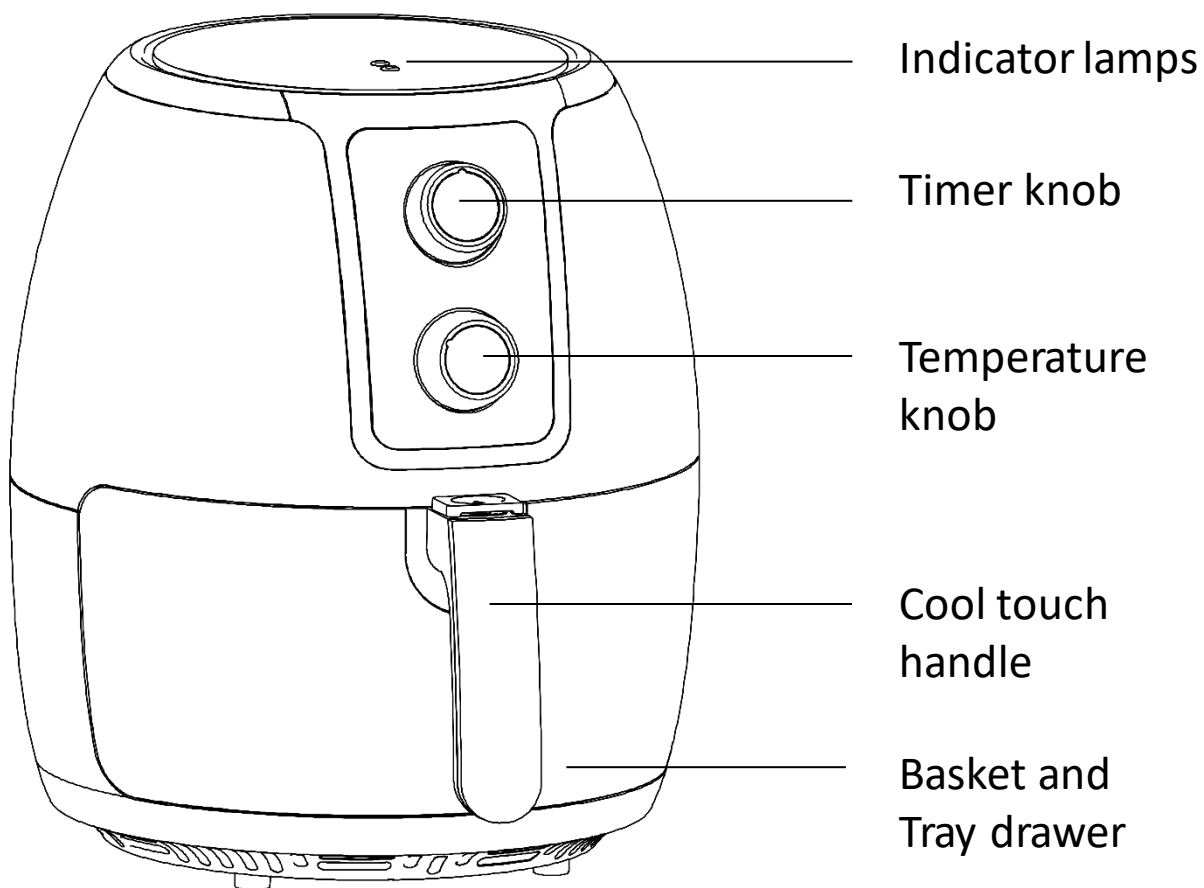
- Always unplug the appliance when not in use. The appliance needs approximately 30 minutes to cool before handling or cleaning safety.
- This appliance is not intended for use by persons (including children) with reduced physical, sensory or mental capabilities, or lack of experience and knowledge, unless they have been given supervision or instruction concerning use of the appliance by a person responsible for their safety.
- If the supply cord is damaged, it must be replaced by the manufacturer, its service agent or a similarly qualified person in order to avoid a hazard.
- Young children should be supervised to ensure that they do not play with the appliance.
- Appliance not intended to be operated by means of an external timer or separate remote-control system.

FOR HOUSEHOLD USE ONLY

INSTRUCTIONS SHOULD BE KEPT

ABOUT YOUR AIR FRYER

Parts



GETTING STARTED

Before first use

1. Remove all packaging materials and stickers or labels.
2. Clean the basket and tray in warm, soapy water, then rinse and dry thoroughly. Do not immerse the main unit in water or any other liquid.
3. Never use harsh or abrasive cleaning detergents or scourers to clean the air fryer or its accessories, as this could cause damage.
4. Wipe inside and outside of the appliance with a soft, damp cloth and dry thoroughly.
5. Place the appliance on a stable, horizontal and even surface.

Warning: Do not place the appliance on a non heat-resistant surface.

Note: When using the air fryer for the first time, a slight smoke or odour may be emitted. This is normal and will soon subside.

USING YOUR AIR FRYER

Operating Instructions

- Plug in and switch on the air fryer at the mains power supply.
- Preheat the air fryer for 3-5 minutes by using the timer control and temperature control dials.
- Turn the temperature control knob to the desired temperature.
- The power indicator light and the heating-up light will switch on. Once the required temperature has been reached, the heat indicator light will switch off.
- Carefully pull the drawer out of the air fryer. Place the drawer on a flat, stable, heat-resistant surface.
- Place the ingredients into the non-stick coated cooking basket, then slide the drawer back into the air fryer.

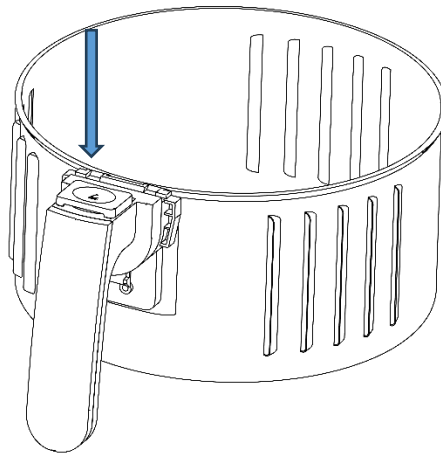
CAUTION: Never use the drawer without the basket in it. Do not touch the drawer during or immediately after use, as it gets very hot. Only hold the drawer by the handle.

- Determine the required cooking time for the ingredients and turn the timer knob to the required setting (up to 30 minutes).
- The power-on light and the heating-up light will light up.
- The timer starts counting down the set cooking time.
- During the air frying process, the heating-up light comes on and goes out from time to time. This indicates that the heating element is switching on and off to maintain the set temperature.

USING YOUR AIR FRYER

- Some ingredients require shaking halfway through the cooking time, pull the drawer out of the appliance by the handle and shake it. Then, slide the drawer back into the main unit.

Caution: Do not press the button on the handle during shaking.



- When you hear the timer bell, the set cooking time has finished. Pull the drawer out of the appliance and place it on the heat-resistant holder.

Note: You can also switch off the appliance manually. This can be done by turning the temperature control knob to 0.

- Check if the food is ready.
- If the food is not ready yet, simply slide the drawer back into the appliance and set the timer accordingly.
- To remove small items of food (e.g. fries), press the basket release button and lift the basket out of the drawer.

Note: Don't turn over the drawer, otherwise, the oil collected on the bottom of the drawer will leak onto the ingredients.

USING YOUR AIR FRYER

- The drawer and the food are hot after air frying. Depending on the type of the food in the air fryer, steam may escape from the drawer.
- Empty the basket into a bowl or onto a plate.
- Once your food is ready, the air fryer can be used again as desired.

Tip: To remove large or fragile items of food, lift the ingredients out of the basket using a pair of tongs.

MAINTAINING YOUR AIR FRYER

Cleaning

- Clean the appliance after every use.
- Before cleaning, remove the mains plug from the mains supply.
- Make sure your appliance has cooled down completely before cleaning.
- Wipe the outside of the appliance with a moist cloth.
- Clean the basket and drawer with warm, soapy water, then rinse and dry thoroughly.

CAUTION: Do not immerse the main unit in water or any other liquid.

CAUTION: Never use harsh or abrasive cleaning detergents or scourers to clean the air fryer or its accessories, as this could cause damage.

TIP: If cooked food is stuck to the basket or the bottom of the drawer, fill the drawer with warm water and washing-up liquid. Put the basket in the drawer and let the drawer and the basket soak for about 10 minutes.

WARNING: Always unplug the appliance from the electrical outlet before assembling, disassembling, relocating, servicing or cleaning it

MAINTAINING YOUR AIR FRYER

Storage

- Ensure all parts are dry before storage.
- Store the appliance in a dry box or in a clean, dry place.
- Never store the appliance while it is still wet or dirty.
- Never wrap the power cord around the appliance.

COOKING GUIDE

	Food Amount (g)	Time (min)	Temperature (°C)	Shake; yes or no?	Extra Information
Potatoes & Fries					
Thin frozen fries	300-700	9-16	200	Yes	
Thick frozen fries	300-700	11-20	200	Yes	
Home-made fries (8x8mm)	300-800	16-10	200	Yes	Add 1/2 tbsp oil
Home-made potato wedges	300-800	18-22	180	Yes	Add 1/2 tbsp oil
Home-made potato cubes	300-750	12-18	180	Yes	Add 1/2 tbsp oil
Roti	250	15-18	180	Yes	
Potato gratin	500	15-18	200	Yes	
Meat & Poultry					
Steak	100-500	8-12	180	No	
Pork chops	100-500	10-14	180	No	
Hamburger	100-500	7-14	180	No	
Sausage roll	100-500	13-15	180	No	
Drumsticks	100-500	18-22	180	No	
Chicken breast	100-500	10-15	180	No	
Snacks					
Spring rolls	100-400	8-10	200	Shake	Use oven-ready
Frozen chicken nuggets	100-500	6-10	200	Shake	Use oven-ready
Frozen fish fingers	100-400	6-10	200	No	Use oven-ready
Frozen bread crumbed cheese snacks	100-400	8-10	180	No	Use oven-ready
Stuffed vegetables	100-400	10	160	No	
Baking					
Cake	300	20-25	160	No	Use baking tin/oven dish
Quiche	400	20-22	180	No	Use baking tin
Muffins	300	15-18	200	No	Use baking tin/oven dish
Sweet snacks	400	20	160	No	

PRODUCT INFORMATION

Technical Specification

Model number	AAF3700
Rated Voltage	220-240V/50Hz
Net capacity (litres)	3.7 litres
Wattage (W)	1300 – 1500W
Dimensions (CMs):	(H)32.1 x (W)27.4 x (D)32.5



This symbol
means:
CAUTION:
Hot Surfaces

PROBLEM SOLVING



WARNING: To reduce the risk of personal injury, always unplug the Air Fryer before performing maintenance or trouble shooting checks.

Problem	Possible cause	Solution
The Air Fryer does not work.	The appliance is not plugged in.	Put the mains plug in an earthed wall socket.
	You have not set the timer.	Turn the timer knob to the required cooking time to switch on the appliance.
The food is not cooked.	The quantity of food in the basket is too much.	Put smaller batches of food into the basket. Smaller batches cook more evenly.
	The set temperature is too low.	Turn the temperature control knob to the required setting.
The food is cooked unevenly.	Certain food types need to be shaken halfway through the cooking time.	Food that lies on top of or across each other (e.g. fries) need to be shaken halfway through the cooking time.
Fried snacks are not crispy when they come out of the AIR FRYER.	Incorrect food type used.	Refer to food manufactures cooking instructions.
I cannot slide the pan / basket into the appliance	Basket over-loaded.	Do not fill the basket beyond the MAX indication.
	The basket is not placed in the pan correctly.	Push the basket down into the pan until you hear a click.
White smoke coming out of the appliance.	Food with high oil content has been used. Oil has been added to the food.	Do not use food groups with high oil content or add extra oil that is not required. An air fryer uses technology where low or no oil is required.
	The pan still contains grease residues from previous use.	White smoke is caused by grease heating up in the pan. Make sure you clean the pan correctly after each use.

GUARANTEE & CUSTOMER SERVICES

At Abode, we take all our customer feedback seriously.

Feel free to contact our Customer Service Team on

0345 209 7461

who will be more than happy to assist you.

This product is guaranteed for **12 months** from the date of the original purchase. If any defect arises due to faulty materials or workmanship, the faulty product must be returned to the place of purchase.

Refund or replacement is at the discretion of the retailer.

The following conditions apply:

- The product must be returned to the retailer with the original proof of purchase.
- The product must be installed and used in accordance with the instructions contained in this instruction guide and any other instructions for use which are supplied.
- It must be used for domestic purposes only and for its intended use.
- This warranty does not cover wear and tear, damage, misuse or consumable parts.

CONNECTION TO THE MAINS SUPPLY

WARNING- THIS APPLIANCE MUST BE EARTHED

This appliance is designed to operate from a mains supply of
220-240V~ 50Hz.

Check that the voltage marked on the product corresponds with
your supply voltage.

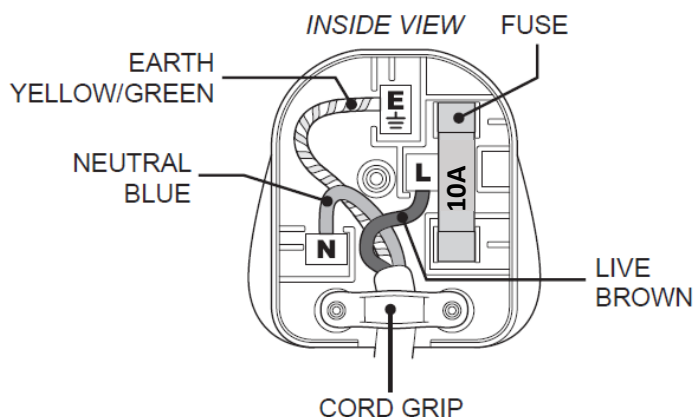
This product is fitted with a 10A plug complying with BS1363.
If this plug is unsuitable or needs to be replaced, refer to customer
services.

Important: The wires in the mains lead are coloured in
accordance with the following code:

GREEN/YELLOW – EARTH

BLUE - NEUTRAL

BROWN – LIVE



NOTES

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NOTES

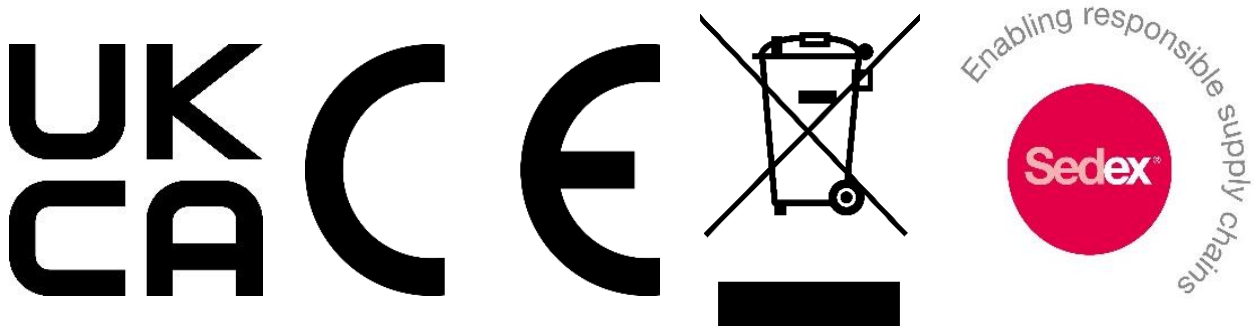
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Product Care Trading Limited, Wigan, WN2 4AY/ PCT (NI) Ltd, Belfast, BT5
5AD

Abode Support: call **0345 209 7461**



The 'whee bin' symbol is known as the 'Crossed-out whee bin Symbol'.

When this symbol is marked on a product/batteries, it means that the product/batteries should not be disposed of with your general household waste. Only discard electrical/electronic/battery items in separate collection schemes, which cater for the recovery and recycling of materials contained within. Your co-operation is vital to ensure the success of these schemes and for the protection of the environment. For your nearest disposal facility, visit www.recycle-more.co.uk or ask in store for details.

SEDEX – Connecting businesses and their global suppliers to share ethical data and enabling improvement in ethical performance. Visit www.sedex.org.uk for further information.

We reserve the right, due to possible changes to design, to alter the instruction manual without prior notice.

Revision 1.7