

Outdoor Infrared Sauna

User Manual



Available for HY-2

Thanks for choosing our saunas. Please take the time to read through this manual carefully. Keep this manual and your proof of purchase for future reference and services.

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Installation Guide

Please read the following directions carefully. The sauna installation requires at least 2 people, and more people if the sauna cabin is big and heavy. You should not try to install the sauna on your own as damage will easily occur.

Electrical Requirements

Each sauna will require a exclusive circuit when plugged in an outlet. A exclusive circuit requires that no other appliance to share the outlet/circuit with the sauna. Failure to comply with this requirement may cause electrical interruption and diminished performance.

Please make sure the sauna is properly grounded. Serious injury may result if proper electrical requirements are not met.

It is recommended that a qualified electrician install your dedicated electrical wiring for proper sauna functionality and to avoid any potential electrical hazards.

Package Information

There are 3 (A, B, C) or 4 packages (A, B, C, D).

Each sauna has one serial number which is shown on each carton of one sauna, please make sure the cartons you get are with a same serial number, so that you can assemble the unit well.

Please make sure that you open the boxes face up. Please be very careful when opening boxes, due to fragile parts and glass.

Where to Start

Lay the cartons flat on the ground and open them carefully.

Open all the cartons, take the floor (bottom panel) from carton A firstly, start to install your sauna pleasantly.

Tips: Before the start of installation, please take out the accessories and screws etc. from carton A.

Cautions to Installation

- 1- No plumbing or plumbing fixtures should be placed in the sauna.
- 2- Keep all liquids away from the heating panels
- 3- Install the sauna on a completely level surface.
- 4- Install the sauna in an area that is dry and protected from the weather.
- 5- Flammable objects and corrosive chemical substances should be kept far away from the sauna.

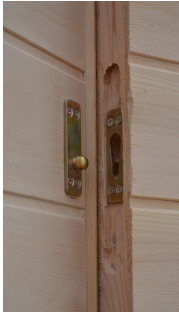
Part List

			
P1: Floor panel	P2: Rear panel		
			
P5: Bench support	P6: Seat panel	P3: Left panel	P4: Right panel
			
P7: Front panel	P8: Interior ceiling	P9: Triangle wood panel x2	P10: Left exterior roof panel
			
P11: Right exterior roof panel	P12: Ridge cover shingles	P13: Door handle	P14: Oxygen ionizer
			
P15: Cup hold x 2	P16: Towel Rack	P17: Screws & Screwdriver	

Installation Procedure

Tips before starting the installation:

1, Panels (walls) are fastened by latch locking system.



2, Once it needs screws, please refer to screws description in Page 13.

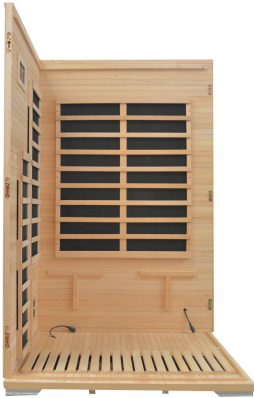
Installation procedure



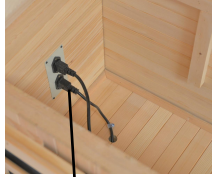
Step 1, P1: Floor panel



Step 2, P2: Rear panel



Step 3, P3: left panel



Connect the heater wires to the sockets before putting seat panel



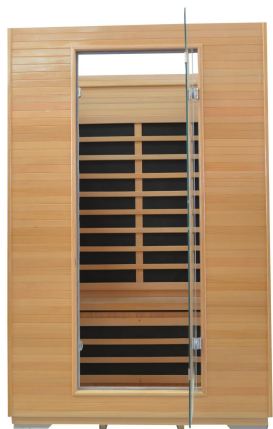
Step 4, P5: Bench Support & P6: Seat Panel



Connect the wire from rear panel with wire from right panel while assembling the right panel



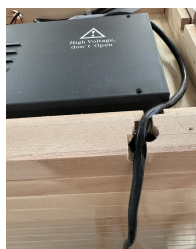
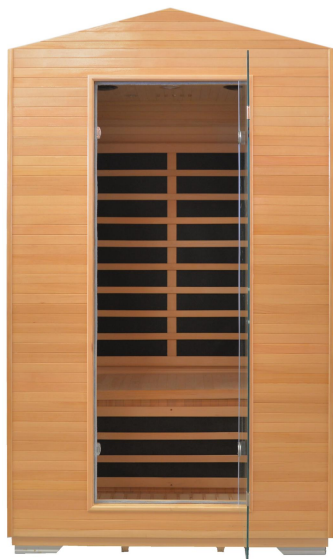
Step 5, P4: Right Panel



Fix the ceiling panel with rear, side, front panels via drilled holes by screws

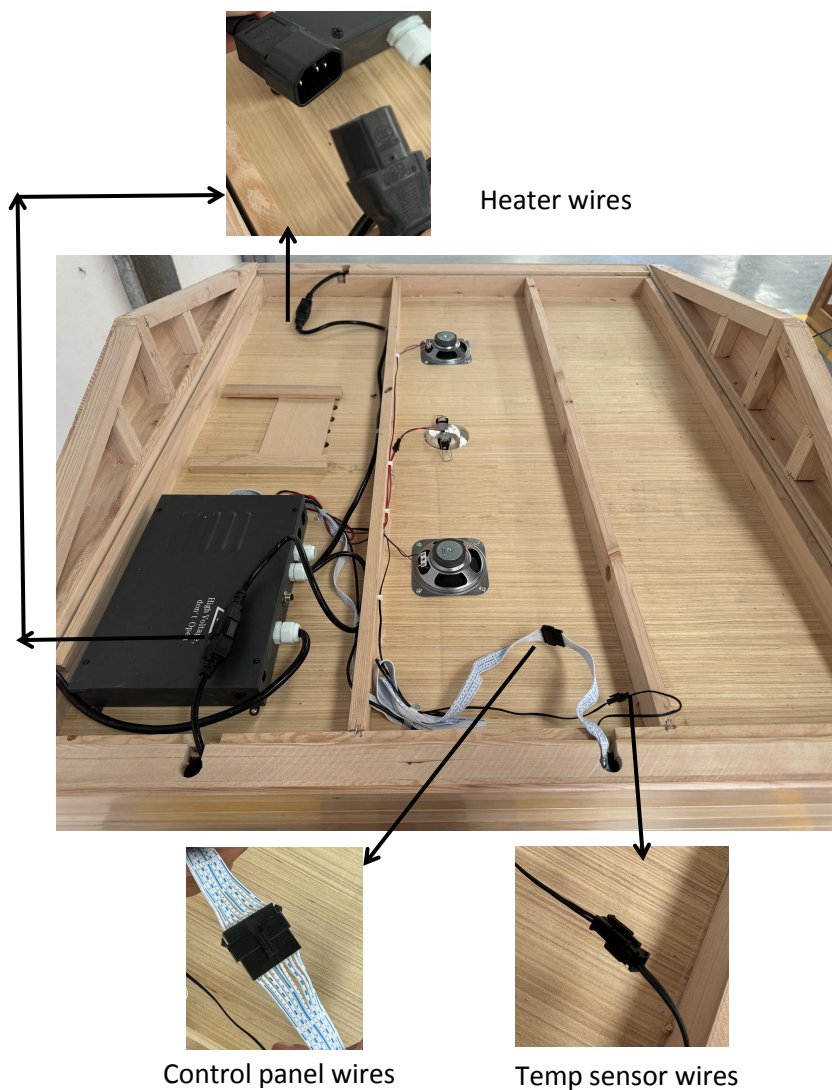
Step 6, P7: Front panel

Step 7, P8: Interior ceiling

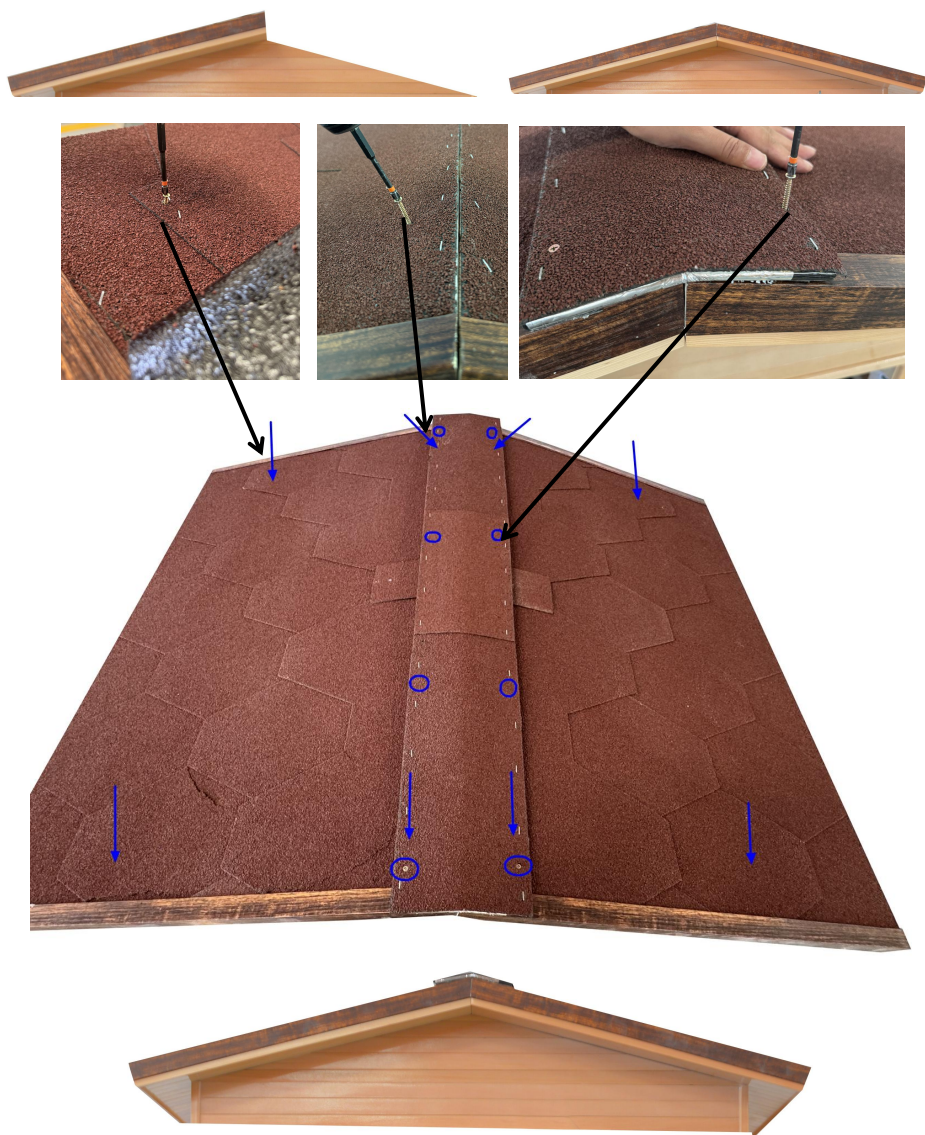


Step 8, P9: Triangle wood panel x 2 on top of front and rear panels

Tips: Before installation of triangle panel on rear top, put the power cord down through the groove.



Step 9, Connect all the wires on P8: Interior ceiling



Step 10, P10: Left exterior roof panel & **P11:** Right exterior roof panel & **P12:** Ridge cover shingles

Tips:

1, Lift the asphalt shingles and put screws at the area marked by blue arrows, which is about 13cm away from front or rear edge, to fix the exterior roof panels with triangle wood panels.

2, Put screws (6-8pcs) on the ridge cover shingles.

3, If there is no shingles to lift closed to the ridge, please put screws from the surface, and make sure the screws can be covered by ridge cover shingles.



Step 11, P13: Door handle

Accessories



P14: Oxygen ionizer

Tips:

Hang the oxygen ionizer to the screws on wall.

When preheating, press “O3” to release O3 to kill bacterium.

When heating, press “ion” to release negative ion.

Install the cup holders at your desired location. Make sure not to install on or in front of the heaters. If you don't like or there is no anywhere suitable to install it, just ignore it.



P15: Cup holder

The towel rack can be installed on either of side walls or front windows, but DO NOT install the towel rack in front of the heaters. If you don't like or there is no anywhere suitable to install it, just ignore it.



P16: Towel rack

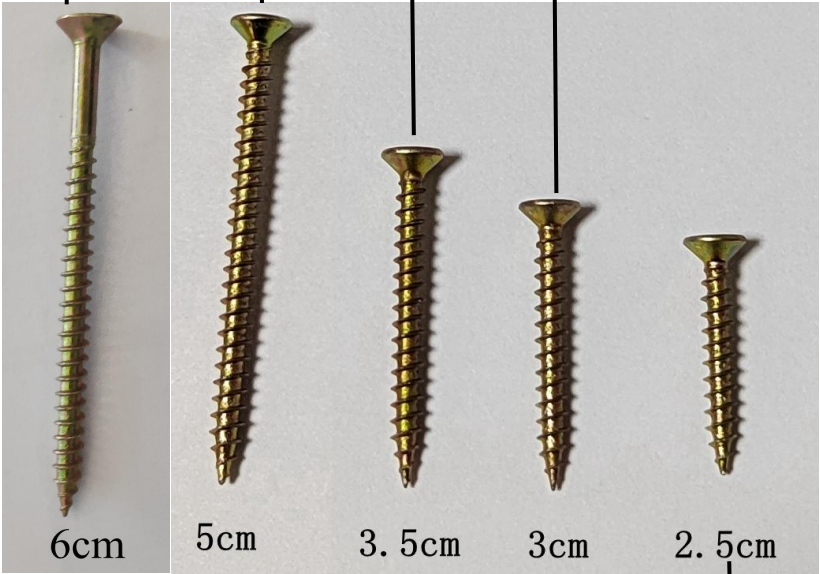
Description of Screws

Install the ridge covering shingles

Install the triangle wood panels to front and rear walls

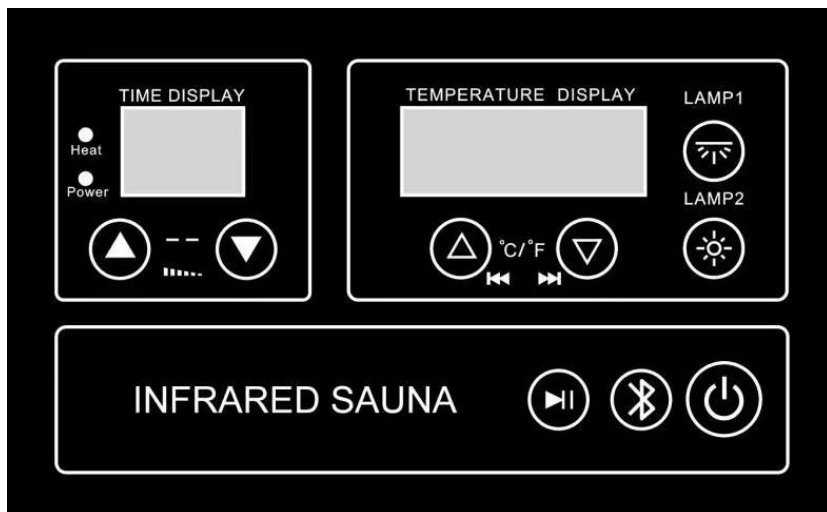
Install ceiling with walls, install towel rack

Install the exterior roof panels with triangle wood panels



Install cup holder

Operation Instructions of Control Panel



Power Button (On/Off)

This button turns the sauna on or off.



Bluetooth Button

Press this button to enter bluetooth mode, source "Sauna BT" on your mobile phone and connect.

Tips: 1, Music playing can be controlled on control panel or mobile phone.

2, If no operation of bluetooth mode within 5 seconds, please press this button again then adjust volume or change previous or next songs.



Music Control (Play/Pause)

Press this button to pause or play songs under either music mode.



Time Button (Increase/Decrease)

Press  or  button to increase or decrease the

sauna timer.

Tips:

- 1, Time setting ranges from 1 to 99 minutes.
- 2, The heaters will turn off when the timer counts down until 00.
- 3, Press and hold both  and  buttons to switch off the timer (no time limit, it displays two dashes --, utmost 4 hours). Press either  or  button to start the timer again.
- 4, Press  /  buttons to increase / decrease volume in bluetooth mode.



Temperature Button (Increase/Decrease)

Press the (+) or (-) button to increase or decrease the sauna temperature.

Tips:

- 1, Temperature setting ranges from 64 to 149°F.
- 2, The heaters will turn off when the sauna reaches its desired temperature.
- 3, Press and hold both  and  buttons to switch the temperature display between Fahrenheit and Celsius.
- 4, Press  /  buttons to choose next or previous song in bluetooth mode.



Exterior / Therapy Light Button (If without, neglect this part)

Press this button to switch on/off therapy light and change colors.
Press this button over 3 seconds to switch on/off exterior light.

Tips:

- 1, The exterior light is on status when the control panel turns on.
- 2, It changes 7 colors, the 8th mode is color changing automatically.



Interior (Reading) Light Button

Press this button to switch on/off interior (reading) lights.

Tips: The interior lights are on status when it turns on.

Usage Guide

Conditions to use the sauna:

- 1, Temperature range: +5~+40 °C (41-104 F degrees).
- 2, Relative humidity: ≤85%
- 3, Depression: 700-1060 hPa
- 4, Main supply: AC 110V or 220V-240V Frequency 50Hz ±1 or 60Hz ±1

Allow your sauna to warm up for 15-20 minutes or until it reaches 43°C (110 F degrees). You may close the vent on the ceiling to speed up the preheating process.

Drink plenty of water to avoid dehydration during or after the sauna using. It is better not to exceed 40 minutes one time.

When you use the sauna, please switch on the oxygen ionizer. If you still feel stuffy, open the vent in the ceiling to allow fresh air into the sauna.

Tips:

- Start using the sauna within 10 °C before it reaches the set temperature in order to receive the most benefits of the infrared heaters. For example, if you set the sauna to 52°C (125 F degrees) , you'd better start using the sauna when it reaches 46°C (115 F degrees) or 2-3 °C less.
- Customers reported an average use temperature of 52 °C (125 F degrees) .

Precautions to Use the Sauna

- If the temperature becomes unbearable, decrease the temperature or shut off the sauna immediately.
- Do not use if pregnant or have serious inflammation, a fever, a communicable disease, acute bleeding, or intoxicated.
- Concern the temperature if using the sauna with the elderly or children. Children need adult to accompany when using the sauna.
- Do not consume alcohol or drugs when using the sauna.
- If using prescription drugs, please seek advice of a personal physician or a pharmacist.
- Individuals with cardiovascular conditions or problems (hypertension / hypo tension), congestive heart failure, impaired coronary circulation, which might affect blood pressure, should exercise extreme caution when exposed to prolonged heat.
- Chronic diseases such as Parkinson's, Multiple Sclerosis, Central Nervous System Tumors and Diabetes with Neuropathy are conditions that are associated with impaired sweating.
- The use of Infrared saunas should be avoided by anyone who is predisposed to bleeding.
- An individual that has insensitivity to heat should not use any type of sauna.
- Heating of the low back area of women during the menstrual period may temporarily increase their menstrual flow.
- If have a recent acute joint injury, it should not be heated for the first 48 hours after an injury or until the hot and swollen symptoms subside.
- Metal pins, rods, artificial joints or any other surgical implants should consult a surgeon prior to using an Infrared Sauna.
- Do not splash water on the heaters or any electrical component inside the sauna.
- Do not bring wet towels into your sauna or any substances that could harm the interior of your sauna.
- Do not install a lock on your sauna.
- All repairs need to be authorized by the supplier's representative; otherwise product warranty may be voided.

In the rare event, you feel painful and/or uncomfortable, immediately discontinue sauna use.

Cleaning and Maintenance

Use a clean damp towel to wipe off the bench, floor and around the back panel.

Do not use a towel that is too wet and can drip water inside the sauna and do not use cleaning agents inside the sauna.

Make sure to keep the sauna dry and clean. Do not leave towels or water glasses or bottles inside the sauna after use.

Wipe the exterior surface of the sauna with a towel and clean the glass at least once a month.

Wood Care

If the sauna exterior body was scratched or scuffed, it can be concealed by using a small amount of furniture polish, oil or other furniture treatment.

The interior blemishes, scratches, or scuffs can be either left alone, sanded or combination of gluing plus sanding.

Please avoid any treatment containing benzene or a high concentration of alcohol.

Troubleshooting

The sauna does not power on

- Make sure the power cord of sauna is connected to the socket at your home.
- Make sure the power cord of sauna is connected well to the electric box on the top of sauna.
- Make sure the overload protector did not turn off.
- Make sure the control panel wire is connected.
- Make sure the power socket at your home is working by trying a different device on the same socket.

Control panel displays abnormal or has malfunction

- Error code E0: the temperature sensor doesn't connect well, connect it again.
- Error code E1: there is a short circuit, replace a new temperature sensor or circuit board.
- To make sure whether all the connections of wires for control panel connected well. There are 3 connections of the wires: to the control panel, to the circuit board, middle connection on roof.
- Replace a new wire for control panel.
- Replace a new control panel.

One or a few heaters do not work

- Make sure the heaters' plugs are connected on top of the sauna.
- Make sure the heaters' plugs under the bench are connected.
- Floor heater is not as hot as other heaters (by design).
- Make sure the plug behind the heater is connected (you would need to unscrew the heater).
- Replace a new heater.

LED Reading Light does not work

- Make sure the wires connected well.
- Replace a new light.

For more troubleshooting advice or to report a problem, please contact with your supplier.