Sauna

Instruction Mannual- Please keep properly for future reference.

If you find any missing boxes, damaged parts, or accessory shortages, please contact the customer service team of your purchasing channel immediately. We will resolve the issue as quickly as possible.



CONTACT US

- **Email: service@grandtunnel.com**
  In order to receive assistance more quickly, please provide

THE FOLLOWING INFORMATION:

- Order number
- Purchase platform
- Purchase date
- Detailed description of the issue along with photos (if applicable)

Important – Please read these instructions carefully before starting the installation.

Sauna

SKU:
BF10Q2-1E1A0

V1.0

EN Pages 01-14
ES Páginas 15-30

Before Assembly

Thank you for choosing this product!
To ensure safe use and long-term maintenance, please read this manual carefully and keep it properly for future reference.

Packaging Notice

If you find any missing boxes, damaged parts, or accessory shortages, please contact the customer service team of your purchasing channel immediately. We will resolve the issue as quickly as possible.

Important Notice

- Please read this guide carefully to familiarize yourself with the required tools, materials, and procedures. Follow the applicable sections to ensure proper assembly.
- Make sure you have received all the parts. If any parts are missing, please let us know the letter of the parts you need.
- If there is any damage, please send clear photos to us, and we will check and offer you the best solution soon.
- Please be very careful when opening boxes, due to fragile parts and glass.
- No plumbing or plumbing fixtures should be placed in the sauna.
- Keep all liquids away from the heating panels.
- Install the sauna on a completely level surface.
- Install the sauna in an area that is dry and protected from the weather.
- Flammable objects and corrosive chemical substances should be kept far away from the sauna.
- The sauna installation requires at least 2 people. Electric drill or hand screwdriver needed.
- Allow your sauna to warm up for 15-20 minutes or until it reaches 43°C (110 F degrees). You may close the vent on the ceiling to speed up the preheating process.
- Drink plenty of water to avoid dehydration during or after the sauna using. It is better not to exceed 40 minutes one time.
- Start using the sauna within 10 °C before it reaches the set temperature in order to receive the most benefits of the infrared heaters. For example, if you set the sauna to 52 °C (125 F degrees), you'd better start using the sauna when it reaches 46°C (115 F degrees) or 2-3 °C less.
- Customers reported an average use temperature of 52 °C (125 F degrees).

Email : **service@grandtunnel.com**

Safety Warnings

EN

- Please follow the warning information displayed on this product and its packaging. Do not remove the warning labels.
- Each sauna will require a exclusive circuit when plugged in an outlet. A exclusive circuit requires that no other appliance to share the outlet/circuit with the sauna. Failure to comply with this requirement may cause electrical interruption and diminished performance.
- Please make sure the sauna is properly grounded. Serious injury may result if proper electrical requirements are not met.
- It is recommended that a qualified electrician install your dedicated electrical wiring for proper sauna functionality and to avoid any potential electrical hazards.
- Your sauna plugs directly into a120V, 15 Amp dedicated outlet.
- If the temperature becomes unbearable, decrease the temperature or shut off the sauna immediately.
- Do not use if pregnant or have serious inflammation, a fever, a communicable disease, acute bleeding, or intoxicated.
- Concern the temperature if using the sauna with the elderly or children. Children need adult to accompany when using the sauna.
- Do not consume alcohol or drugs when using the sauna.
- If using prescription drugs, please seek advice of a personal physician or a pharmacist.
- Individuals with cardiovascular conditions or problems (hypertension / hypo tension), congestive heart failure, impaired coronary circulation, which might affect blood pressure, should exercise extreme caution when exposed to prolonged heat.
- Chronic diseases such as Parkinson's, Multiple Sclerosis, Central Nervous System Tumors and Diabetes with Neuropathy are conditions that are associated with impaired sweating.
- The use of Infrared saunas should be avoided by anyone who is predisposed to bleeding.
- An individual that has insensitivity to heat should not use any type of sauna.
- Heating of the low back area of women during the menstrual period may temporarily increase their menstrual flow.
- If have a recent acute joint injury, it should not be heated for the first 48 hours after an injury or until the hot and swollen symptoms subside.

Email : **service@grandtunnel.com**

- Metal pins, rods, artificial joints or any other surgical implants should consult a surgeon prior to using an Infrared Sauna.
- Do not splash water on the heaters or any electrical component inside the sauna.
- Do not bring wet towels into your sauna or any substances that could harm the interior of your sauna.
- Do not install a lock on your sauna.
- All repairs need to be authorized by the supplier's representative; otherwise product warranty may be voided.
- In the rare event, you feel painful and/or uncomfortable, immediately discontinue sauna use.

Maintenance and Care Recommendations



- Keep dry and well-ventilated to prevent swelling from moisture.
- Use a clean damp towel to wipe off the bench, floor and around the back panel.
- Do not use a towel that is too wet and can drip water inside the sauna and do not use cleaning agents inside the sauna.
- Make sure to keep the sauna dry and clean. Do not leave towels or water glasses or bottles inside the sauna after use.
- If the sauna exterior body was scratched or scuffed, it can be concealed by using a small amount of furniture polish, oil or other furniture treatment.
- The interior blemishes, scratches, or scuffs can be either left alone, sanded or combination of gluing plus sanding.
- Please avoid any treatment containing benzene or a high concentration of alcohol.

Customer Service Guide



Thank you for choosing our product! We are committed to providing you with excellent service. If you find any missing parts, damaged packaging, or product damage after receiving all packages, please follow the steps below to quickly contact our customer service team. We will do our best to resolve your issue.

1. Missing Parts

Verify Parts:

1. Refer to the "Parts List" in the manual to verify the name, specifications, and quantity of the missing parts.
2. Take a clear photo of the parts list and mark the missing parts with detailed information, e.g., "Missing 5 pieces of M6×30mm screws."

Contact Us:

By Email:

Send an email to **service@grandtunnel.com**, with the subject line "Missing Parts Issue." Include the following in the email:

- A description of the missing parts and a photo of the parts list.
- Order details (order number, purchase platform, purchase date).

2. Product or Packaging Damage

If it affects normal use:

Steps:

1. Take clear photos or videos showing the damaged parts and the extent of the damage (multi-angle shots are recommended).
2. Email the photos/videos along with order details to **service@grandtunnel.com**, with the subject line "Product Damage Issue."

Resolution:

After verification, we will arrange for a replacement part, product exchange, or refund as quickly as possible.

If it does not affect normal use:

Steps:

1. Contact our customer service team (by email: **service@grandtunnel.com**).
2. Provide a description of the damage and include relevant photos or videos.

Resolution:

We will provide repair guidance or an appropriate compensation plan based on the specific situation.

Contact Us:

Customer Service Email: **service@grandtunnel.com**

Helpful Tips

To process your issue efficiently, please prepare the following information:

- Order details (order number, purchase platform, purchase date).
- Clear photos or videos.
- We are committed to providing quick and professional solutions, no matter the size of the issue, to ensure your satisfaction.

Thank you for your trust and support!
We hope you enjoy using our product!

Parts List



P1 x1



P2 x1



P3 x1



P4 x1



P5 x1



P6 x1



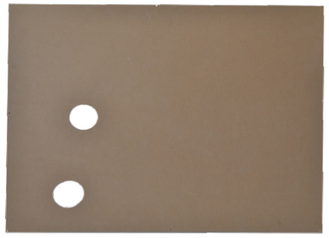
P7 x1



P8 x1

Email : **service@grandtunnel.com**

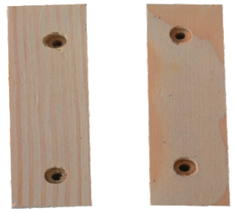
EN



P9 x1



P10 x1



P11 x2



F1 M3.5*16mm/0.63 inch x8



F2 M3.5*35mm/1.38 inch x10



F3 M3.5*50mm/1.97 inch x8

Email : **service@grandtunnel.com**

Installation Instruction

Step 1 P1 Back Panel



Firstly place the (P1) back panel upright. To avoid damaging your floor, do not move the sauna after assembly; prior to assembly, select a location within reach of a power outlet and pay attention to the orientation of the door to make sure nothing will block it.

Step 2 P2 Left Panel

F3



M3.5*50mm x2





Install left panel (P2) to the back panel (P1) using screws (F3) M3.5*50mm/1.97inch (x2). Need one person hold the Back Panel in place while you position the Left Panel, and tighten them.

Email : **service@grandtunnel.com**

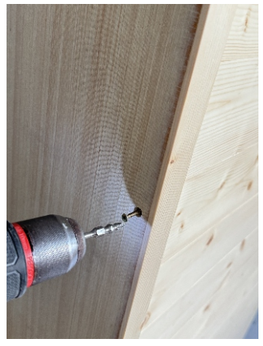
EN

Step 3 P3 Right Panel



M3.5*50mm **x2**





Install right panel (P3) to the back panel (P1) using screws (F3) M3.5*50mm/1.97inch (x2). Need one person hold the Back Panel in place while you position the right Panel, and tightening them.

Step 4 P4 Floor Panel





- Place the Floor Panel (P4) on a level surface. And ensure a good connection with the side panel and back panel.
- After installation, please connect the wiring of the heater. There are no specific requirements for the connection sequence, so you can connect it freely.

Email : **service@grandtunnel.com**

Step 5 P5 Bench Support Panel





- Attach parts (P5) BENCH SUPPORT PANEL,install it between (P2) and (P3).
- Be sure to pay attention to the direction and position of the installation. The opening on the bench support panel should be placed at the position indicated by the arrow.
- During the installation process, you can slightly open the left or right panel outward to create some space for the installation. After the installation is completed, please return the side panel to its original position.

Step 6 P6 Bench Panel







- Install bench panel (P6) upper the panel (P5).
- Make sure the bench panel is placed horizontally and the position is properly fixed.
- If you find the seat is a little loose, you can install (P11) two small wooden blocks to secure it. This is not a mandatory installation item and can be done according to the customer's own requirements. You can fix the nut block either on the rear panel or the side panel with screw M3.5*35MM/1.38inchx4.

Email : **service@grandtunnel.com**

Step 7 P7 Front Panel

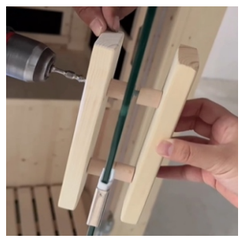
F3



M3.5*50mm x2







- Install FRONT PANEL (P7) to the left (P2) and right panel (P3) using screws (F3) M3.5*50MM / 1.97inch(x4).
- Need one person hold the glass door while tightening them.
- The door handle can be installed in this step to make it easier to open the door when install the ceiling panel in step 8.

Step 8 P8 Ceiling Panel

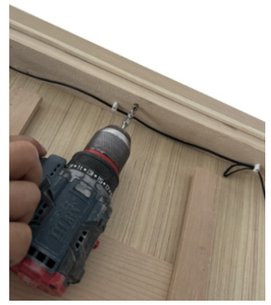


When installing (P8) the ceiling panel, first move the wires on the left panel to the outside before installing it, to prevent the ceiling panel from pressing on the wiring.

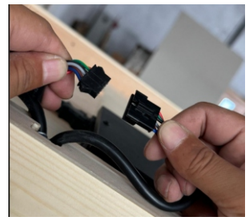
Email : **service@grandtunnel.com**

EN

Step 9 P8 Ceiling Panel



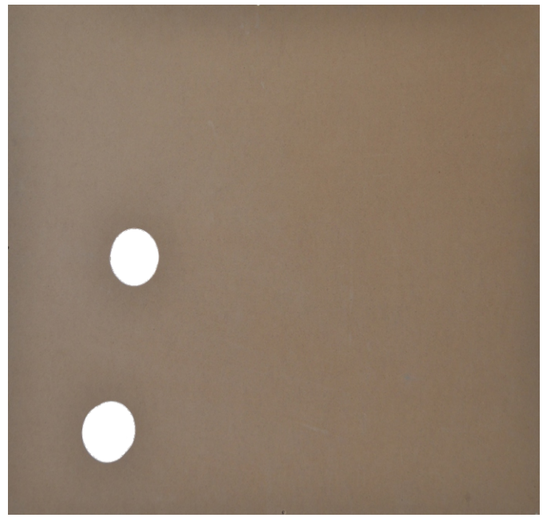






1. Connect the wires for heater.
2. Connect the wires for control panel.
3. The four sides of the ceiling panel should be fixed to the four wall panels using screws M3.5*35MM/1.38inch(x6).

Step 10 Ceiling panel installation details





- After assure all the functions work well, install (P9) Dust-proof cover with screws (F1) M3.5*16mm/0.63inch (x8).
- Don't forget to draw the power cord out of the proper hole.

Email : **service@grandtunnel.com**

Step 11



Assembly completed.

Operation Instructions of Control Panel

Power Button (On/Off)

1. After the power is connected, the controller enters the normal standby state.
2. In the standby state, press the power button to turn on the sauna. The display shows that it has entered the working state. The display shows the current timing value and the temperature setting value. After the temperature setting flashes three times, it displays the current detected temperature.
3. In the on-state, press the power button to turn off the machine. The system enters the shutdown state. After the machine is turned on, the temperature setting and the time setting remember the last shutdown settings.



Email : **service@grandtunnel.com**

EN

Press this button to power the interior light or off

Turn on the device, the light is set to be on by default; the light can be controlled by the light button to turn on or off. After pressing the button to shut down the device, the light will also turn off.

Time Button (Increase/Decrease)

1. Press the timing increase/decrease button to set the timed shutdown time. The setting range is from 1 to 99 minutes.
2. After the time setting is completed, the entire machine starts to enter the timed countdown. When the countdown is over, the heating is cut off, but the panel and the lights remain on. The panel and the lights are only controlled by the buttons. When the power button is turned off, the lights also turn off.

Temperature Control (Increase/Decrease)

1. Press the temperature increase/decrease buttons to adjust the temperature setting value. When the device is powered on, the default display is Fahrenheit. The range for Fahrenheit is 64°F to 149°F (corresponding to 18°C to 65°C). Press the light button for about 3 seconds to switch between Celsius and Fahrenheit display.
2. After the temperature setting is completed, if the current temperature is ≥ the set temperature, the heater stops heating. If the current temperature is < the set temperature, the heater starts heating.
3. After the temperature setting is completed, the set temperature flashes 3 times, and then the current temperature is displayed.

Email : **service@grandtunnel.com**