

8 IN 1 MULTI COOKER WITH TIMER



INSTRUCTION MANUAL

SAFETETY WARNINGS & ADVICE

General

- Keep out of the reach of children.
- This appliance can be used by children aged 8 years and above and persons with reduced physical, sensory or mental capabilities or a lack of experience and knowledge if they have been given supervision or instruction concerning the use of this appliance in a safe way and understand the hazards involved. Children shall not play with the appliance. Cleaning and user maintenance shall not be made by children without supervision.
- For indoor use only.
- This appliance is intended for domestic use and within similar environments, such as:
 - Staff kitchen areas in shops, offices and other working environments.
 - Farm houses.
 - In hotels, bed and breakfasts, and other residential type environments.
- Only use the Cooker for its intended purpose as described in this manual. DO NOT use attachments that are not specifically recommended to be used with the Cooker.
- DO NOT disassemble or modify the Cooker in any way.

- 请置于儿童无法触及的地方。
- 这个设备可以使用 8 岁儿童及以上人员和减少身体、感觉或精神能力,或缺乏经验和知识,如果他们得到监督或指导关于这个设备的使用在一个安全的方式和理解所涉及的危险。儿童不得使用本器具。儿童不得在无人监督的情况下进行清洁和保养。
- 仅供室内使用。
- 本设备适用于家庭使用和类似环境,如:
 - 员工厨房区域在商店,办公室和其他工作环境。
 - 农场的房子。
 - 在酒店、床和早餐等住宿类型环境。
- 按照本手册的说明,只用于预定用途。不要使用不特别推荐与炊具一起使用的附件。•请勿以任何方式拆卸或改装灶具。

Environment

- Only use on a safe, stable, heat-proof work surface, away from water or water splashes. Ensure the area immediately around the Cooker is free from clutter.
- DO NOT allow the Power Cord or plug to fall in water or any other liquid; to hang over the edge of surfaces; or to touch any hot surfaces.
- DO NOT place the Cooker on or near a hot gas or electric hob, or in a heated oven.
- DO NOT use or store the Cooker in damp or humid conditions.
- 只能在安全、稳定、耐热的工作表面使用,远离水或水溅。确保厨房周围没有杂物。
- 不要让电源线或插头落入水中或任何其他液体;悬挂在表面边缘;或触摸任何热表面。
- 不要将灶具放在热煤气或电滚刀上或附近,或放在加热的烤箱中。
- 请勿在潮湿或潮湿的环境下使用或存放。

Correct Use

- Always unplug the Cooker immediately after use.
- The Cooker is not intended to be operated by a separate remote-control system or connected to an external timer.

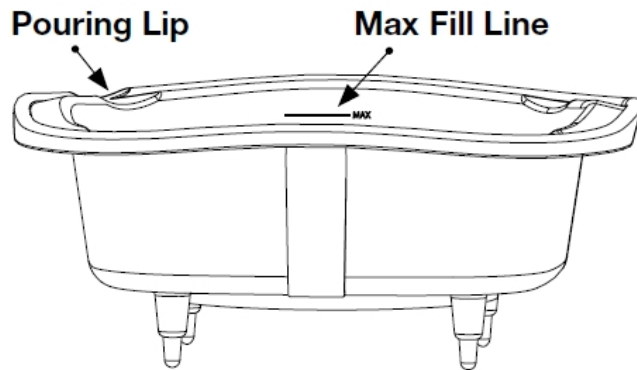
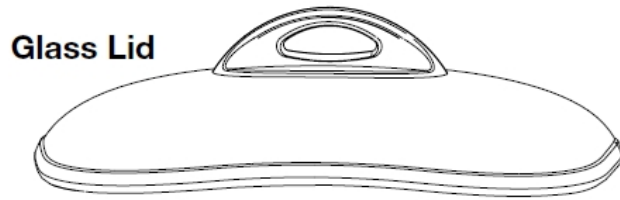
- DO NOT use if the Power Cord or electric plug are damaged.
- Take great care when lifting the Glass Lid during or after cooking as steam or hot air will be released.
- DO NOT leave the Cooker unattended whilst frying.
- Never over-fill the Non-Stick Bowl. The maximum liquid capacity is 2.8 litres.
- DO NOT move the Cooker when the power is on.
- DO NOT touch hot surfaces (the Bowl and Lid) during or after use. Surfaces can remain hot even after the Cooker is switched off. Remove the Glass Lid carefully after cooking; do not touch the glass, only the handle.
- DO NOT place paper, cardboard, plastic or other flammable materials in the Non-Stick Bowl.
- DO NOT add water to hot oil.

- 使用后应立即拔掉电灶的插头。
- 炊具不打算由单独的远程控制系统操作或与外部计时器连接。
- 如果电源线或插头损坏，请勿使用。
- 烹饪过程中或烹饪后打开玻璃盖时要小心，因为会释放蒸汽或热空气。
- 炒菜时不要让炉子无人看管。
- 不要在不粘锅里放太多。最大液体容量为 2.8 升。
- 通电时不要移动电灶。
- 在使用过程中或使用后不要触摸热表面(碗和盖子)。即使在煮具关掉后，表面仍可保持高温。煮熟后小心拆卸玻璃盖;不要碰玻璃，只碰把手。
- 请勿将纸张、纸板、塑料或其他易燃物品放入不粘锅中。
- 不要在热油中加水。

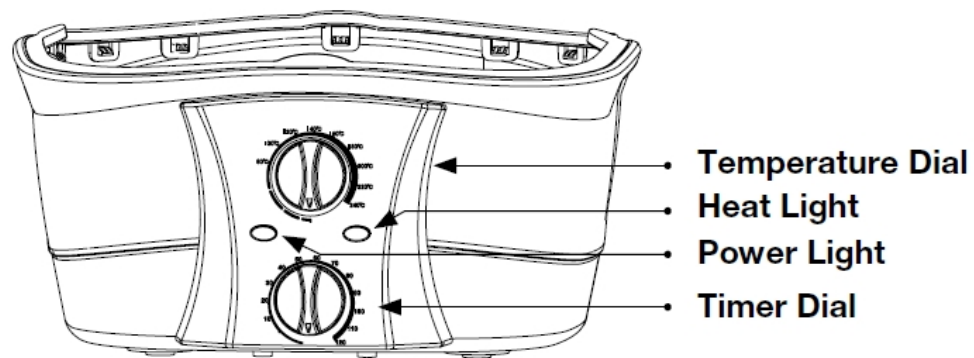
Care & Maintenance

- Wait for the Non-Stick Bowl to cool down completely after operation, before cleaning or removing parts.
- DO NOT attempt to repair the Cooker, Power Cord or plug if they become damaged. Repairs must only be made by a qualified service engineer.
- DO NOT handle or dispose of hot oils or other liquids. Allow to cool first before disposal.
- DO NOT pour cold liquid into the Non-Stick Bowl whilst it is hot or warm as this may cause damage.
- DO NOT use the Non-Stick Bowl on any source of direct heat other than the Cooker Power Base.
- DO NOT touch the Cooker or the Power Cord with wet hands.
- DO NOT immerse the Power Base in water or place in a dishwasher. Handle with care during cleaning.

- 操作后，待不粘锅完全冷却后，再清洗或拆卸部件。
- 如果电炉、电源线或插头损坏，不要试图修理。修理必须由合格的维修工程师进行。
- 不要处理或处理热油或其他液体。待冷却后再处理。
- 当不粘锅热或热时，不要将冷的液体倒入不粘锅中，因为这可能会造成损坏。
- 不要将不粘锅放在除炊具电源底座外的任何直接热源上。
- 请勿用湿手触摸电炉或电源线。
- 不要将电源基座浸入水中或放入洗碗机中。清洗时请小心轻放。



Non-Stick 5-Litre Bowl



Power Base



Steam rack



Frying basket



Skewers

MULTI COOKER FUNCTIONS

Before assembly

1. Remove all packaging, including the foam sheet under the Non-Stick Bowl. Dispose of all packaging responsibly using local recycling schemes.
2. Wash the Non-Stick Bowl, Glass Lid and accessories in warm, soapy water. Dry fully before use.

1. 拆卸所有包装，包括不粘锅下的泡沫板。使用本地回收计划，负责任地处理所有包装。
2. 用温肥皂水清洗不粘锅、玻璃盖及配件。使用前请彻底干燥。

Turning on and setting the timer 打开并设置计时器

To turn on

-Turn the Timer Dial anti-clockwise to the 'On' setting. - The Power Light will turn on. - The Cooker will stay on until you turn the Timer Dial to 'Off'. The Power Light will then turn off.

To set the timer

-Turn the Timer Dial clockwise to the time you require. - The Power Light will turn on. - A bell will ring when the time has run out. - The Power Light will then turn off.

打开

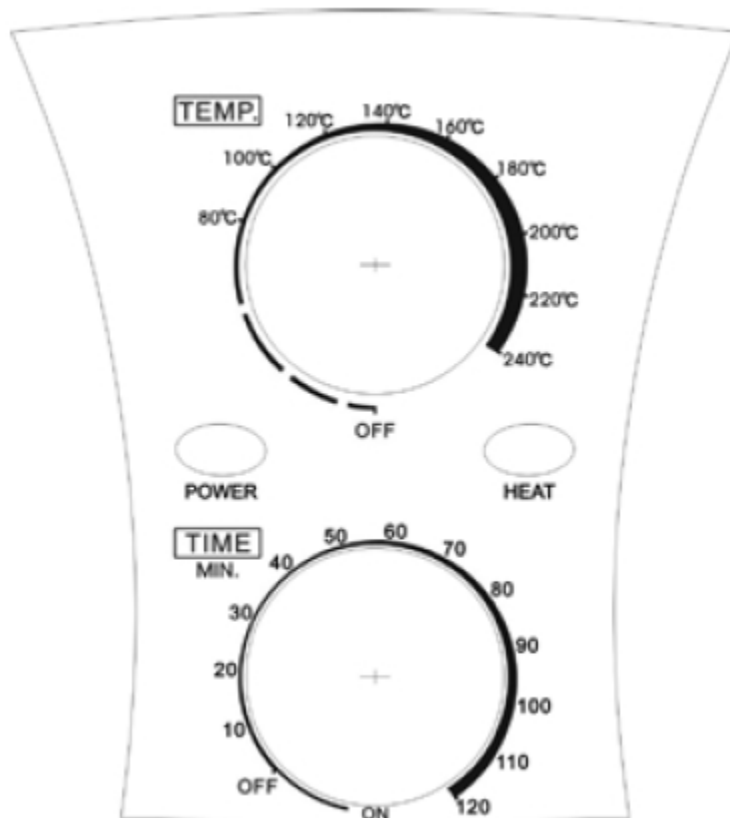
-逆时针旋转计时器拨盘到“On”设置。电源灯会亮的。-炊具会一直开着，直到你把计时器拨到“关”为止。然后电源灯就会关闭。

要设置计时器

-顺时针旋转计时器拨盘至所需时间。电源灯会亮的。时间一到铃就会响。-电源指示灯会自动关闭。

PLEASE NOTE: Only turn the Timer Dial clockwise to set the cooking time. Turning anti-clockwise from the 'On' position may break or damage the timer.

请注意:只有顺时针旋转计时器才能设置烹饪时间。从“开启”位置逆时针旋转可能会损坏或损坏计时器。



Before using for the first time 在第一次使用前

Before adding any ingredients, heat the Non-Stick Bowl for a few minutes on a low temperature. This allows any residues from the manufacturing process to burn off. You may notice a small amount of smoke and a faint odour, but this is normal. Once this has cleared, the Cooker is ready to use.

在加入任何原料之前，用低温加热不粘锅几分钟。这使得生产过程中的任何残留物都可以燃烧掉。你可能会注意到少量的烟雾和微弱的气味，但这是正常的。一旦清理干净，炊具就可以使用了。

NOTE All temperatures and timings listed are for guidance purposes only. They may need adjusting according to food types, quantities and taste requirements. Always check food packaging/labels for food preparation instructions.

注:所有列出的温度和时间仅供参考。它们可能需要根据食物种类、数量和口味要求进行调整。经常检查食品包装/标签上的食品制备说明。

IMPORTANT Never fill the Non-Stick Bowl higher than the Max Fill Line marked on the inside of the Bowl. 重要的是, 不要把不粘锅里的水加到高于碗内最大注水量的地方。

DO NOT use sharp or metal utensils when stirring or serving food to avoid damaging the non-stick surface. 搅拌或上菜时, 切勿使用锋利或金属器皿, 以免损坏不粘面。

Steam 140°C 蒸 140°C

1. Pour two cups of water into the Non-Stick Bowl. Ensure you do not exceed the Max Fill Line.
2. Place the High Rack over the Non-Stick Bowl. Place your food on the Rack and put on the Glass Lid.
3. Set the temperature to 140° C and turn the Cooker on. Avoid opening the Lid until your food is cooked.
4. When finished, carefully remove your food. Wait for the Non-Stick Bowl to fully cool down. Use the Pouring Lip side of the Non-Stick Bowl to empty out the water from the Bowl.

1. 在不粘锅里倒两杯水。确保不超过最大填充线。
2. 将高架置于不粘锅上。把你的食物放在架子上, 放在玻璃盖子上。
3. 设置温度为 140°C 和打开炊具。食物未煮熟前不要打开盖子。
4. 吃完后, 小心地把食物拿出来。等待不粘锅完全冷却。用不粘锅的倒唇边倒出碗里的水。

Warning Hot steam will be released when removing the Glass Lid. Be careful when removing the Glass Lid and the Rack as they will both be hot.

警告:取下玻璃盖时, 会放出热蒸汽。拆卸玻璃盖和机架时要小心, 因为它们都是热的。

Slow cook 110 - 140° C 慢煮 110 - 140°C

1. Place your food in the Non-Stick Bowl and cover it with liquid (water, stock, wine etc.) Make sure you don't exceed the Max Fill Line.
2. Place on the Glass Lid and turn the temperature to 110 - 140° C. Avoid opening the Glass Lid until your food is cooked.
3. When finished, carefully remove your food. Wait for the Non-Stick Bowl to fully cool down. Use the Pouring Lip side of the Non-Stick Bowl to empty out the water from the Bowl.

1. 将食物放入不粘锅中, 用液体(水、高汤、酒等)覆盖, 确保不超过最大灌装线。
2. 在玻璃盖,把温度 110 - 140°C。食物未煮熟前, 不要打开杯盖。
3. 吃完后, 小心地把食物拿出来。等待不粘锅完全冷却。用不粘锅的倒唇边倒出碗里的水。

Warning Hot steam will be released when removing the Glass Lid. Be careful when removing the Lid and the Rack as they will both be hot.

警告:取下玻璃盖时, 会放出热蒸汽。拆卸盖子和机架时要小心, 因为盖子和机架都是热的。

Boil 220 - 240° C 煮 220 - 240°C

1. Fill the bowl with water without going over the Max Fill Line.
2. Turn the temperature up to 220 - 240° C and turn on the Cooker. Once the water is boiling add the food and then lower the temperature to 120° C to simmer.
3. When finished, carefully remove your food. Wait for the Non-Stick Bowl to fully cool down. Use the Pouring Lip side of the Non-Stick Bowl to empty out the water from the Bowl.

1. 把碗装满水，但不要超过最大灌装线。
2. 把温度高达 220 - 240°C 和打开炊具。水开后加入食物,然后降低温度到 120°C。
3. 吃完后，小心地把食物拿出来。等待不粘锅完全冷却。用不粘锅的倒唇边倒出碗里的水。

Warning Do not leave the Cooker unattended while boiling to ensure there is no risk of boiling over. Be careful if using the Glass Lid, as hot steam will escape when removed

警告:煮食时，切勿离开煮具，以免煮过头。使用玻璃盖时要小心，因为热蒸汽会从玻璃盖中逸出

Bake 180 - 200° C 烤 180 - 200°C

1. Place the Low Rack into the Non-Stick Bowl and turn the temperature to 180 - 200° C.
2. Place your ingredients on the rack. Oven safe pans and dishes can be used on the Low Rack.
3. Place on the Lid and turn the power on.

1. 把低架到不粘碗,把温度 180 - 200°C。
2. 把你的配料放在架子上。烤箱安全的锅和盘子可以使用在低架。
3. 盖上盖子，打开电源

Warning Be careful removing the Low Rack after cooking as it will be very hot.

警告:烹饪后，要小心移动低矮的架子，因为它会很热。

Fondue 100 - 120° C 芝士火锅 100 - 120°C

Place your ingredients into the Non-Stick Bowl and set the temperature to 100 - 120° C, then turn on. Stir your ingredients as they cook to ensure consistency.

把你的材料到不粘碗和设置温度为 100 - 120°C,然后打开。在烹饪的时候搅拌原料以确保其一致性。

Roast 180 - 200° C 烤 180 - 200°C

1. Place the Low Rack into the Non-Stick Bowl and turn the temperature up to 180 - 200° C.
2. Place on the Lid and wait for the Heat Light to turn off.
3. Open the Glass Lid, place your food inside, then replace the Lid

1. 把低架放入不粘碗,把温度高达 180 - 200°C。
2. 盖上盖子，等待热灯熄灭。
3. 打开玻璃盖子，把食物放进去，然后盖上盖子

Warning Be careful when adding food to the Bowl and when removing the Rack after cooking as they will be very hot.

警告:在碗中加入食物时要小心，在烹饪后取下架子时也要小心，因为它们会很烫。

Reheat 140° C 加热 140°C

Set the temperature at 140° C. For liquid foods (soup, sauces, stews etc.) place directly in the Non-Stick Bowl. For solid foods (meat joints, sausages, puddings etc.) use the Low Rack.

设置温度为 140°C。液体食物(汤、酱料、炖菜等)直接放入不粘锅中。对于固体食物(肉类接头, 香肠, 布丁等)使用低架。

Defrost 80° C 解冻 80°C

Set the temperature at 80° C. For liquid foods (soup, sauces, stews etc.) place directly in the Non-Stick Bowl. For solid foods (meat joints, sausages, puddings etc.) use the Low Rack.

设置温度为 80°C。液体食物(汤、酱料、炖菜等)直接放入不粘锅中。对于固体食物(肉类接头, 香肠, 布丁等)使用低架。

Sauté 160 - 180° C 炒 160 - 180°C

1. Pour a small amount of oil into the Non-Stick Bowl and turn the temperature to 160 - 180° C. For larger quantities of food, the temperature may need to be increased.
2. Once the oil starts to sizzle, place your ingredients inside.
3. Sauté until the edges start to colour and brown. DO NOT use metal utensils to stir ingredients in the Non-Stick Bowl. Only use plastic or wooden utensils.

1. 倒入少量的油不粘碗,把温度 160 - 180°C。对于大量的食物, 温度可能需要提高。2. 一旦油开始嘶嘶作响, 就把配料放进去。

3.炒至边缘开始变色和褐色。不要用金属器皿在不粘锅中搅拌原料。只使用塑料或木制器皿。

Pan frying 220 - 240° C 平底锅煎 220 - 240°C

1. Pour a small amount of oil into the Non-Stick Bowl. Turn the temperature to 220 - 240° C.
2. Once the oil starts to sizzle, place your ingredients inside.
3. Fry until crisp, brown and cooked on both sides. Use a plastic utensil to turn during cooking.

1. 向不粘锅中倒入少量油。把温度 220 - 240°C。

2. 一旦油开始嘶嘶作响, 就把配料放进去。

3.煎至酥脆、焦黄, 两面煎熟。做饭时使用塑料器皿。

Shallow frying 140 - 160° C 浅煎 140 - 160°C。

1. Pour in just enough oil to cover the bottom of the Non-Stick Bowl. Turn the temperature to 140 - 160° C and turn on.
2. Once the Bowl has heated up and the Heat Light has turned off, carefully add your ingredients

1. 倒入刚好够盖住不粘锅底部的油。把温度 140 - 160°C 和打开。

2. 一旦碗里的水热了, 热灯亮了, 小心地加入你的配料

Flash Frying 200 - 210° C 快煎 200 - 210°C

1. Pour oil into the Non-Stick Bowl, filling about half way to the Max Fill Line. Turn the temperature to 200 - 210° C and turn on.

2. Place your ingredients inside the assembled Frying Basket and rest on the side of the NonStick Bowl, using the hook under the handle.
3. When the Heat Light turns off, unhook and carefully lower the Basket into the oil to cook for 30 - 60 seconds. When you have finished, rest the basket on the side of the Non-Stick Bowl to allow oil to drip back into the Bowl.
4. When finished, wait for the Non-Stick Bowl and the oil in it to fully cool down. Use the Pouring Lip side of the Non-Stick Bowl to empty out the oil from the Bowl.

1. 将油倒入不粘锅中，填满大约一半到最大填充线。把温度 200 - 210°C 和打开。
 2. 把你的材料放在组合好的煎锅里，用把手下的钩子放在不粘锅的一边。
 3. 当热灯熄灭后，将篮子取下，小心地放入油中煮 30 - 60 秒。当你完成后，把篮子放在不粘锅的一边，让油滴回碗里。
 4. 完成后，等待不粘锅和油充分冷却。
- 使用不粘锅倒油唇侧倒油。

Warning Do not leave the Cooker unattended while flash frying. Do not touch any part of the Frying Basket except for the handle. Be careful when removing the Basket from the Cooker as hot oil will drip from the Basket.

警告:闪光油炸时，请不要让炉子无人看管。除了手柄外，不要碰任何部位。当把篮子从锅里拿出来的时候要小心，因为热油会从篮子里滴下来。

Deep fry 180° C 油炸 180°C

1. Pour oil into the Non-Stick Bowl, filling it until it reaches the Max Fill Line. Turn the Temperature Dial to 180° C and turn on.
2. Place your ingredients inside the assembled Frying Basket and rest on the side of Non-Stick Bowl, using the hook under the handle.
3. When the Heat Light turns off, unhook and carefully lower the Basket into the oil to cook. When you have finished, rest the basket on the side of the Non-Stick Bowl to allow oil to drip back into the Bowl.
4. When finished, wait for the Non-Stick Bowl and the oil in it to fully cool down. Use the Pouring Lip side of the Non-Stick Bowl to empty out the oil from the Bowl.

1. 将油倒入不粘锅中，加注至最大灌装线。把温度拨到 180°C 和打开。
2. 把你的材料放在组合好的煎锅里，放在不粘锅的旁边，用手柄下的钩子。
3. 当热灯熄灭后，解开挂钩，小心地将篮子放入油中烹饪。当你完成后，把篮子放在不粘锅的一边，让油滴回碗里。
4. 完成后，等待不粘锅和油充分冷却。使用不粘锅倒油唇侧倒油。

Warning Do not exceed the Max Fill Line when adding oil to the Bowl. Do not leave the Cooker unattended while deep frying. Do not touch any part of the Frying Basket except for the handle. Be careful when removing the Basket from the Cooker as hot oil will drip from the Basket.

注油时注意不要超过最大注油线。油炸时，不要让炉子无人看管。除了手柄外，不要碰任何部位。当把篮子从锅里拿出来的时候要小心，因为热油会从篮子里滴下来。

CLEANING & CARE

Emptying oil and liquids from the Non-Stick Bowl

- Allow the Non-Stick Bowl to cool completely before emptying.

- When safe to remove, lift the Bowl from the Power Base. Pour oil and liquid from the Pouring Lip of the Non-Stick Bowl.

- 从不粘锅中倒出油和液体

- 待不粘锅完全冷却后再倒空。

- 安全拆卸时，将碗从电源底座上提起。从不粘锅的倒口里倒油和液体。

Cleaning the Non-Stick Bowl & accessories

- Always allow the Bowl and its attachments to completely cool down before cleaning.

- Wash all parts in warm, soapy water and allow to dry fully before reusing or storing.

- The Non-Stick Bowl and accessories are NOT dishwasher safe.

- The Glass Lid is dishwasher safe.

- Do not use abrasive detergents or scourers.

清洗不粘锅及附件

- 在清洗前，一定要让碗及其附件完全冷却。•在温肥皂水中清洗所有部件，待其完全干燥后再使用或储存。-不粘碗和附件不安全洗碗机。

- 玻璃盖子是洗碗机安全的。

- 不要使用研磨性洗涤剂或洗涤剂。

Cleaning the Power Base

- Wipe down with a dry, clean cloth.

- Do not use abrasive detergents or scourers.

- The Power Base must not be submerged in water.

清洗电源底座

- 用干燥、干净的布擦拭。

- 不要使用研磨性洗涤剂或洗涤剂。

- 电源底座不能浸在水中。

Cleaning precautions

- Unplug from the mains before cleaning.

- Never pour cold water into the Non-Stick Bowl if it is warm.

- Do not use abrasive scourers or steel wool on any part of the Cooker.

清洁措施

- 清洗前先从电源上拔下插头。

- 如果不粘碗是热的，千万不要往里面倒冷水。

- 不要在灶具的任何部分使用磨料擦洗器或钢丝棉。

TECHNICAL SPECIFICATIONS

Non-stick bowl volume 5 litres

Power consumption 1500W

Power supply AC 220-240 V ~ 50-60Hz