Indoor Traditional Sauna

User Manual



Available for HF8

Thanks for choosing our saunas. Please take the time to read through this manual carefully. Keep this manual and your proof of purchase for future reference and services.

Table of Content

TABLE OF CONTENT..... 2

INSTALLATION GUIDE 3-4

ELECTRICAL REQUIREMENT.....3
PACKAGES INFORMATION.....3
WHERE TO START.....4
CAUTIONS TO INSTALLATIONL.....4

INSTALLATION PROCEDURE.....4-9

TIPS BEFORE INSTALLATION.....4-5
INSTALLATION PROCEDURE.....5-8
ACCESSORIES.....9

OPERATION INSTRUCTIONS OF CONTROL PANEL 10

USAGE GUIDE.....11-13

CONDITIONS TO USE.....11
PRECAUTIONS TO USE.....11-12
CLEANING AND MAINTENANCE.....13

TROUBLESHOOTING..... 14

Installation Guide

Please read the following directions carefully. The sauna installation requires at least 2 people, and more people if the sauna cabin is big and heavy. You should not try to install the sauna on your own as damage will easily occur.

Electrical Requirements

Each sauna will require a exclusive circuit when plugged in an outlet. An exclusive circuit requires that no other appliance to share the outlet/circuit with the sauna. Failure to comply with this requirement may cause electrical interruption and diminished performance.

Please make sure the sauna is properly grounded. Serious injury may result if proper electrical requirements are not met.

It is recommended that a qualified electrician install your dedicated electrical wiring for proper sauna functionality and to avoid any potential electrical hazards.

Package Information

All included in a plywood box, please make sure that you open the boxes face up.

Please put on gloves and be very careful when opening boxes, take out each part carefully due to fragile parts and glass, be patient of no missing any small accessories.

Where to Start

Before the start of installation, please remove the dust-proof cover from the top panel to take out the accessories and screws etc.



Cautions to Installation

1- No plumbing or plumbing fixtures should be placed in the sauna.
2- Keep all liquids away from the heating panels
3- Install the sauna on a completely level surface.
4- Install the sauna in an area that is dry and protected from the weather.
5- Flammable objects and corrosive chemical substances should be kept far away from the sauna.

Installation Procedure

Tips before installation

1. To fasten rear wall with side walls by buckle locking system.



2. Screws & screws driver.(Continued in next page)





1. 35mm x 16pcs, 8pcs to fix the ceiling,4pcs to fix stove guard,4pcs to install stove guard to wall.
2 . 25mm x 6pcs,2pcs to install sand timer, 4pcs to install cup holders.
3. 16mm x 11pcs, 10pcs to install dust-proof cover, 1pc to install thermo-hygrometer.

Installation procedure



Step 1. Floor panel



Step 2. Rear panel



Step 3. Right panel



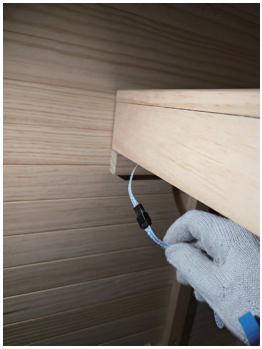
Step 4. Left panel



Step 5. Front Panel



Step 6. Seat panel

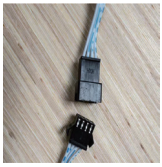


Step 7. seat board connecting cable

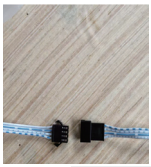




Control panel wires

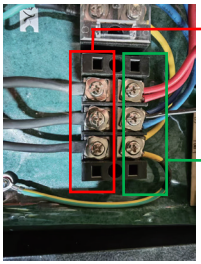


Backrest colored light wiring





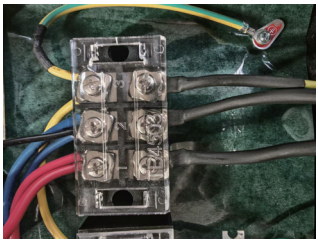
Colored light wiring under seat



Stove wires

These wires are connected by the manufacturer

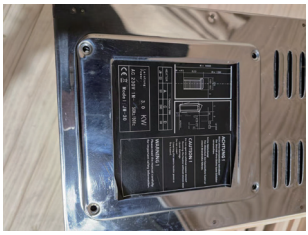
These wires are connected by users

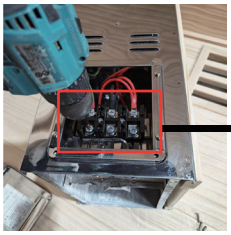


Put a cover on the wires bar

Tips: Match the wire color one by one
Connect the wires tightly enough

Step 8. Top panel & Wires connection

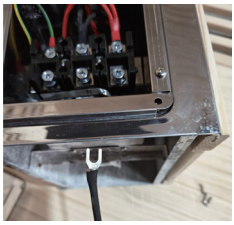
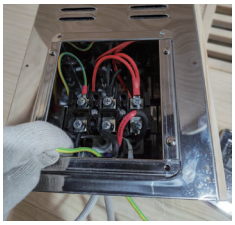
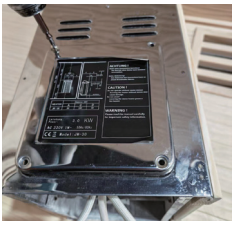




9-1 Take the stove out of packing box, lay it down on sauna's floor.

9-2 Unscrew the 4 screws and remove the external cover.

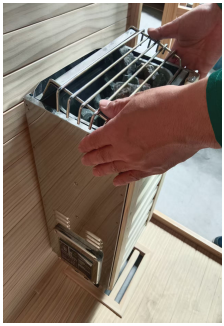
9-3 Unscrew the 3 screws in the area highlighted.

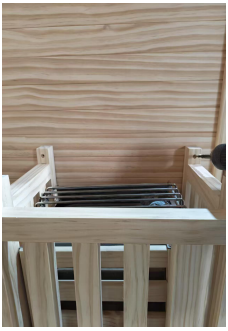




9-4 Put the stove wires out of left side wall into the stove via the hole on bottom.

9-5 Install the stove wires Ground, N, L wire one by one with the unscrewed original 3 screws tightly enough.

9-6 Install the external cover back with unscrewed original 4 screws.

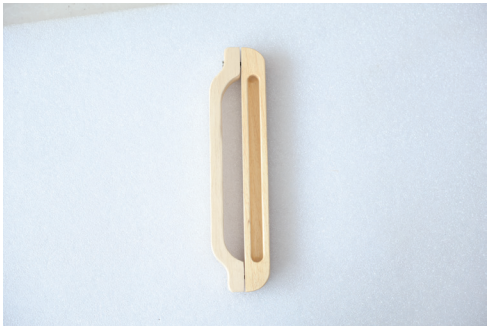


9-7 Hang the stove carefully to the metal panel installed on right side wall.

9-8 Assemble the 3 pieces of stove guard with screws 35mm x 4pcs.

9-9 Install the stove guard to the wall with screws 35mm x 4pcs via the wood strips on top and bottom.

Step 9. Stove and stove guard

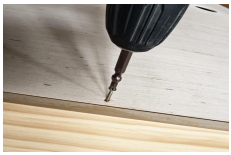






Step 10. Door handle







After every function works well, put screws 35mm x 6-8pcs to fix the top panel with rear and side walls. Finally fix the dust-proof cover with screws 16mm x 8-10pcs.

Step 11. Dust-proof cover

Thermo-hygrometer & Sand timer

Please fix these 2 accessories on the walls as per the punched holes or on your desired locations.






Screws 16mm x 1pc to install on wall and hang the Thermo-hygrometer.
Screws 25mm x 2pcs to install the sand timer.

Stones for stove



Stones are packed in the stove box. Please wash the volcanic rocks and make them dry before using at the 1st time and place stones on the stove evenly. Don't leave stones in dry heating for long time.
(Suggest to wash the rocks again after long while using, and replace new rocks at demand)

Bucket & Ladle



Place the bucket with water on bench, put one ladle of water to the hot enough stones on stove to make steam.
Tips: Don't put too much water one time, and make sure the stones are hot enough.

Cup holder (optional)



Install the cup holders at your desired location with screws 25mm x 4pcs. Make sure not to install on or in front of the stove. If you don't like, just ignore it.

Towel rack



If you want, please make the internal half of door handle as a towel rack.

Operation Instructions of Control Panel



Power button (on/off)

This button is used to turn the sauna on or off.

Time button

Press this time button when the sauna is on.Press again“ ” or“ ”key,You can increase or decrease the sauna duration. The time stops and the sauna room closes. The time adjustment range is (1-90 minutes). After adjustment, it will be automatically saved.

Temperature button

When the sauna is on, press this temperature button, then press the“ ” or“ ”key， You can increase or decrease the sauna setting temperature. When the sauna reaches the set temperature, the heater will automatically turn off. The temperature adjustment range (65-195°F) .After adjustment, it will be automatically saved.

Fahrenheit/Celsius toggle button

Press this button to switch between Fahrenheit and Celsius.

Light button (on/off)

This button controls the activation/deactivation of colored lights and white tube lights. Long-press to enter color light adjustment mode until the "LX 2n" display appears, then press again to adjust the color. The letters L01-L07 represent seven distinct colors, while L08 indicates color-changing mode. In this adjustment mode, press“ ”Turn on/off the white downlight

Play/Stop button

Turning on the sauna activates Bluetooth. Go to Phone Settings> Bluetooth> Search Devices, select "BT-AUDIO" to pair and connect. Once paired, you can play songs. Press this button to stop playback, and press it again to switch to “bL” mode.Press in this mode“ ”or“ ”key， You can switch to play the previous or next track. Hold this button for 2 seconds to display "UL xx" (where xx indicates volume level 0-30).At this point,Press the “ ”or“ ” key to adjust the volume level at this time.

(Scan and watch the installation video)

Usage Guide

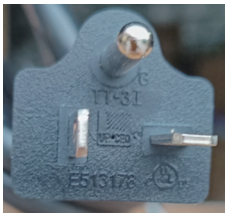
Conditions to use the sauna:

1, Temperature range: +5~+40 ℃(41-104 F degrees).

2, Relative humidity: ≤85%

3, Depression: 700-1060 hPa

4, Main supply: Frequency 50-60Hz ±1, AC 220V-240V, plug 20A



Drink plenty of water to avoid dehydration during or after the sauna using. It is better not to exceed 40 minutes one time.

When you use the sauna, if you feel stuffy, open the vent in the ceiling to allow fresh air into the sauna.

Precautions to Use the Sauna

- If the temperature becomes unbearable, decrease the temperature or shut off the sauna immediately.
- Do not use if pregnant or have serious inflammation, a fever, a communicable disease, acute bleeding, or intoxicated.
- Concern the temperature if using the sauna with the elderly or children. Children need adult to accompany when using the sauna.
- Do not consume alcohol or drugs when using the sauna.
- If using prescription drugs, please seek advice of a personal physician or a pharmacist.
- Individuals with cardiovascular conditions or problems (hypertension / hypo tension), congestive heart failure, impaired coronary circulation,

which might affect blood pressure, should exercise extreme caution when exposed to prolonged heat.

- Chronic diseases such as Parkinson's, Multiple Sclerosis, Central Nervous System Tumors and Diabetes with Neuropathy are conditions that are associated with impaired sweating.
- The use of Infrared saunas should be avoided by anyone who is predisposed to bleeding.
- An individual that has insensitivity to heat should not use any type of sauna.
- Heating of the low back area of women during the menstrual period may temporarily increase their menstrual flow.
- If have a recent acute joint injury, it should not be heated for the first 48 hours after an injury or until the hot and swollen symptoms subside.
- Metal pins, rods, artificial joints or any other surgical implants should consult a surgeon prior to using an Infrared Sauna.
- Do not splash water on the heaters or any electrical component inside the sauna.
- Do not bring wet towels into your sauna or any substances that could harm the interior of your sauna.
- Do not install a lock on your sauna.
- All repairs need to be authorized by the supplier‘s representative; otherwise product warranty may be voided.

In the rare event, you feel painful and/or discomfortable, immediately discontinue sauna use.

Cleaning and Maintenance

Use a clean damp towel to wipe off the bench, floor and around the back panel.

Do not use a towel that is too wet and can drip water inside the sauna and do not use cleaning agents inside the sauna.

Make sure to keep the sauna dry and clean. Do not leave towels or water glasses or bottles inside the sauna after use.

Wipe the exterior surface of the sauna with a towel and clean the glass at least once a month.

Wood Care

If the sauna exterior body was scratched or scuffed, it can be concealed by using a small amount of furniture polish, oil or other furniture treatment.

The interior blemishes, scratches, or scuffs can be either left alone, sanded or combination of gluing plus sanding.

Please avoid any treatment containing benzene or a high concentration of alcohol.

Troubleshooting

The sauna does not power on

- Make sure the power cord of sauna is connected to the right socket at your home.
- Make sure the power cord of sauna is connected well to the electric box on the top of sauna.
- Make sure the overload protector (breaker) did not turn off.
- Make sure the control panel wire is connected.

Control panel displays abnormal or has malfunction

- Error code E0: The temperature sensor doesn't connect well, connect it again.
- Error code E1: There is a short circuit, replace a new temperature sensor or circuit board
- To make sure the 3 wires for control panel connected well: to the control panel, to the circuit board, middle connection on roof.
- Replace a new wire for control panel.
- Replace a new control panel.

Stove does not work

- Make sure the wires are connected well on roof and on stove itself.
- Make sure the wires are in fine condition.
- Replace a wire or components of stove or power box.

Lamp chip **not work**

- Ensure good wiring connection at the top light board.
- Make sure the wires are in fine condition.
- Replace the light board or bulb.

For more troubleshooting advice or to report a problem, please contact with your supplier.