To Install your lamp, simply take the dimmer cord and your free bulb which is included in a small bubble wrap inside the bottom hole under the lamp. Then screw the bulb in the dimmer cord and take the 2 steel springs and gently place in the hole. So both steel springs and the bulb will go inside the hole as up as possible and then leave them in their and the springs will hold the bulb and the dimmer cord in place. Then simply plug your lamp and use the dimmer cord to adjust the lighting. It's that simple! Enjoy your Salt Lamp!