

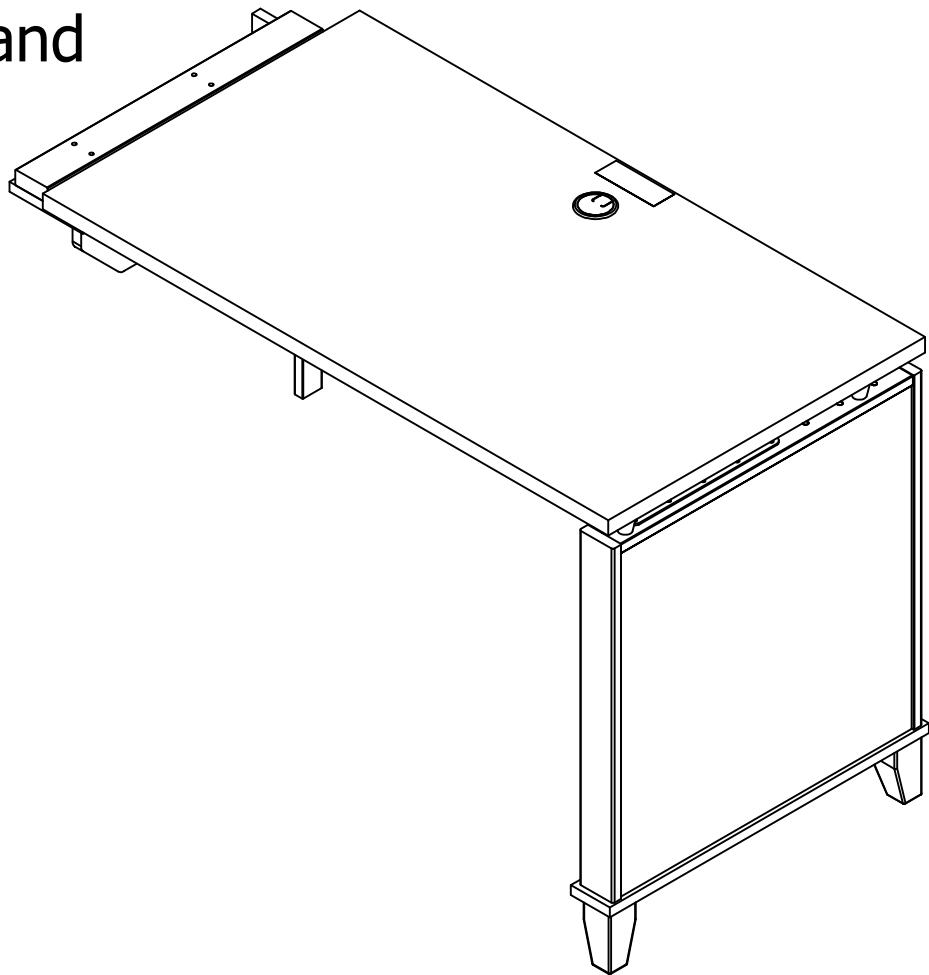
# Assembly Guide



**If you're having any difficulty during assembly of this product, don't hesitate to call us**

Our customer service experts are trained to provide step-by-step instruction and can easily replace any missing or damaged parts.

Sit To Stand



# Get Ready to Assemble

## For best results, keep these tips in mind:

- ① We know you want to finish this assembly as quickly as possible, but trust us: you'll have a better experience if you take it one step at a time.
- ② Give yourself some room to work near where you want the fully assembled product.
- ③ If your floor isn't carpeted, assemble this product on the empty carton to avoid scratching.
- ④ Do you have a friend who owes you a favor? Some steps may go a little easier with a second set of hands.

### DOs

- ✔ Use a #2 Phillips head screwdriver (or other handheld tools as indicated)
- ✔ Wear safety glasses at all times during assembly
- ✔ Carefully follow the instructions in this guide and complete all steps in order
- ✔ Give us a call if you're having trouble with a particularly tricky step

### DON'Ts

- ✘ We know power tools are quick and easy, but you shouldn't use them when assembling this product (unless otherwise specified)
- ✘ Never move your furniture with items inside or resting on the surface
- ✘ Do not attempt to use this product before all steps have been completed

# IMPORTANT SAFETY INFORMATION



## PLEASE READ WARNINGS

Improper use can cause safety hazards, or damage to your furniture and household items.

Warning	Do	Don't	Why it's important
<b>Serious injury may occur.</b>	<ul style="list-style-type: none"><li>Assemble following all instructions using all indicated parts and hardware provided.</li></ul>	<ul style="list-style-type: none"><li>Do not move unit when loaded.</li><li>Do not load with a television or other heavy equipment.</li><li>Do not exceed the maximum load limits stated in the instructions.</li><li>Do not sit or stand on adjustable height work surface.</li></ul>	Improper assembly, use or loading can lead to product instability, tip-over or collapse.
<b>Serious injury may occur.</b>	<ul style="list-style-type: none"><li>Maintain 1 inch (25mm) clearance between desk and all other furniture at all times.</li></ul>	<ul style="list-style-type: none"><li>Do not place hands close to the mechanism when lifting or lowering the work surface.</li></ul>	Pinch points exist in the mechanism and may be created by placing the desk too close to other furniture and objects.

Advertencia	Hacer	No	Por qué es importante
<b>Se pueden producir lesiones graves.</b>	<ul style="list-style-type: none"><li>Ensamble siguiendo todas las instrucciones utilizando todas las piezas y ferretería indicados provistos.</li></ul>	<ul style="list-style-type: none"><li>No mueva la unidad cuando esté cargada.</li><li>No cargue con un televisor u otro equipo pesado.</li><li>No exceda los límites máximos de carga establecidos en las instrucciones.</li><li>No se siente ni se pare sobre una superficie de trabajo de altura ajustable.</li></ul>	El ensamblaje, uso o carga inadecuados pueden provocar inestabilidad del producto, vuelco o colapso.
<b>Se pueden producir lesiones graves.</b>	<ul style="list-style-type: none"><li>Mantenga un espacio de 1 pulgada (25 mm) entre el escritorio y todos los demás muebles en todo momento.</li></ul>	<ul style="list-style-type: none"><li>No coloque las manos cerca del mecanismo cuando levante o baje la superficie de trabajo.</li></ul>	Existen puntos de pellizco en el mecanismo y pueden crearse colocando el escritorio demasiado cerca de otros muebles y objetos.

# IMPORTANT SAFETY INFORMATION

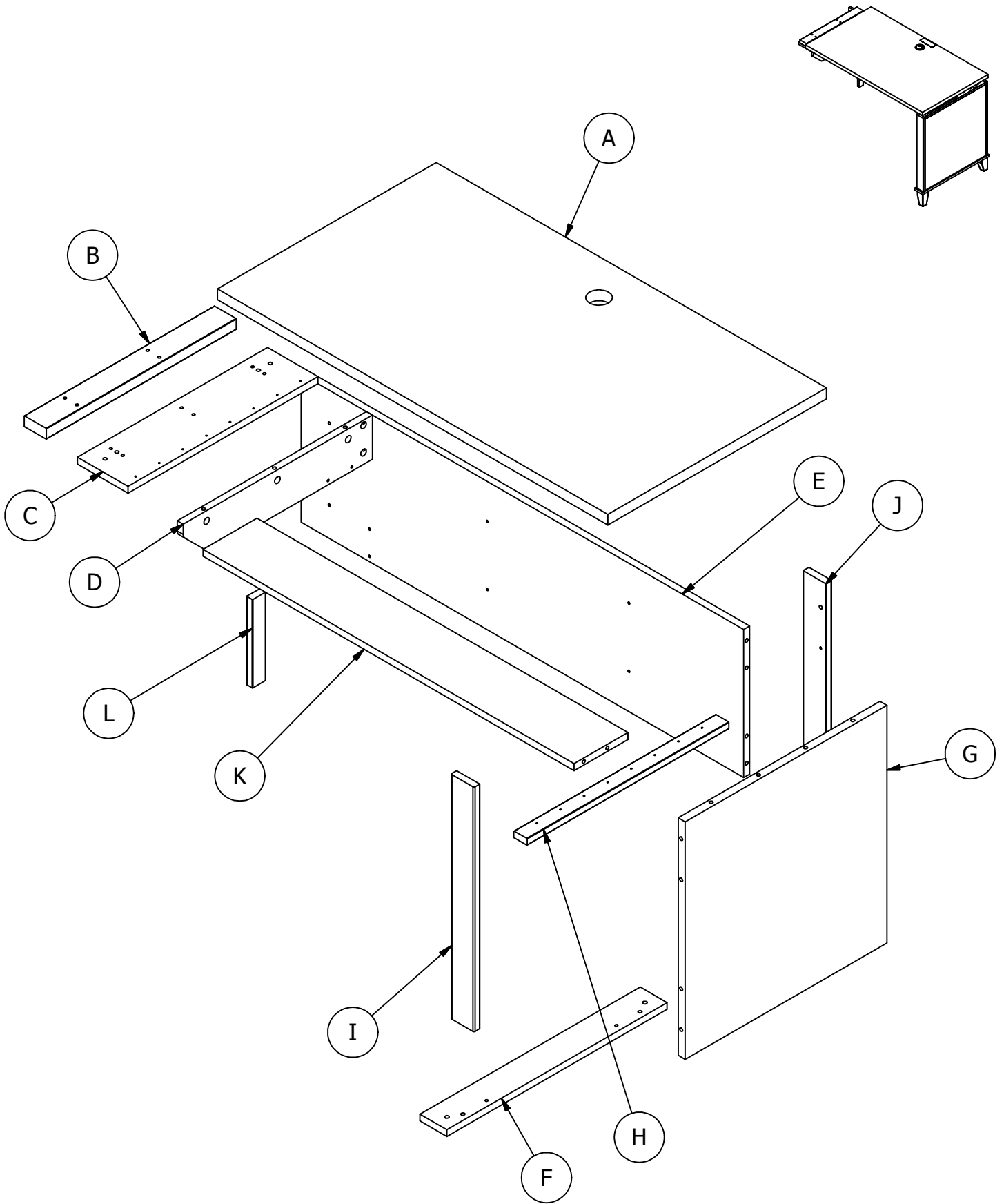


## PLEASE READ WARNINGS

Improper use can cause safety hazards, or damage to your furniture and household items.

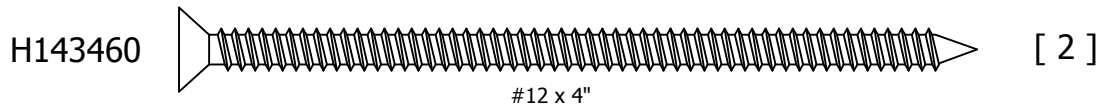
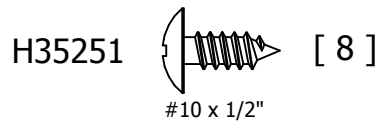
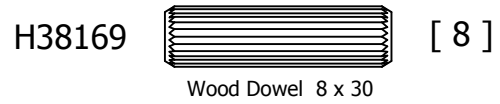
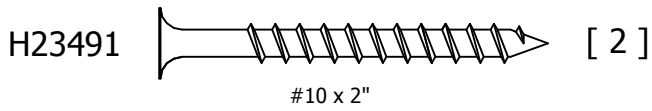
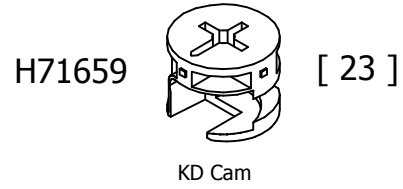
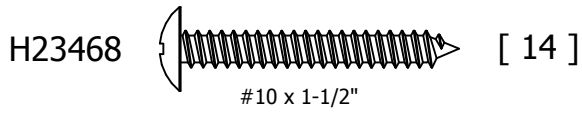
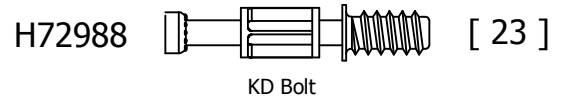
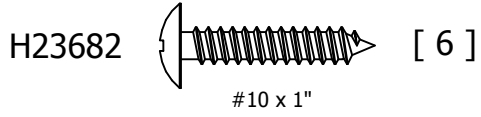
Avertissement	Faire	Ne le fais pas	Pourquoi c'est important
<b>Des blessures graves peuvent survenir.</b>	<ul style="list-style-type: none"><li>Assemblez en suivant toutes les instructions en utilisant toutes les pièces et le matériel indiqués fournis.</li></ul>	<ul style="list-style-type: none"><li>Ne déplacez pas l'unité lorsqu'elle est chargée.</li><li>Ne chargez pas avec un téléviseur ou un autre équipement lourd.</li><li>Ne dépassez pas les limites de charge maximale indiquées dans les instructions.</li><li>Ne vous asseyez pas ou ne vous tenez pas debout sur une surface de travail à hauteur réglable.</li></ul>	Un assemblage, une utilisation ou un chargement incorrects peuvent entraîner une instabilité du produit, un renversement ou un effondrement.
<b>Des blessures graves peuvent survenir.</b>	<ul style="list-style-type: none"><li>Maintenez un espace de 1 pouce (25 mm) entre le bureau et tous les autres meubles en tout temps.</li></ul>	<ul style="list-style-type: none"><li>Ne placez pas les mains près du mécanisme lorsque vous soulevez ou abaissez la surface de travail.</li></ul>	Des points de pincement existent dans le mécanisme et peuvent être créés en plaçant le bureau trop près d'autres meubles et objets.

# Get to know your Boards



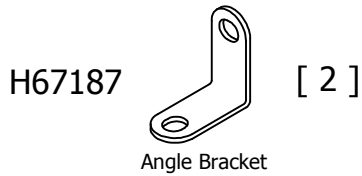
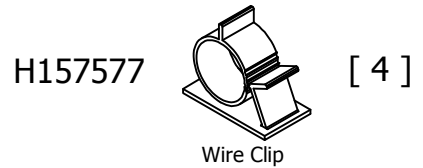
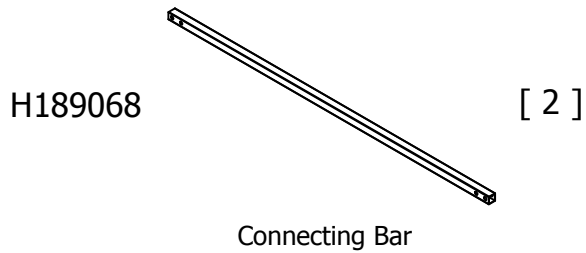
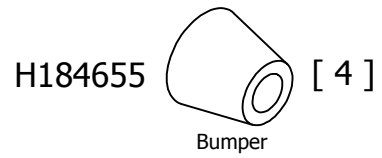
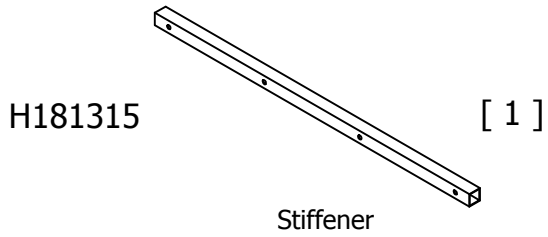
# Get to know your Fasteners

Fasteners are shown actual size.

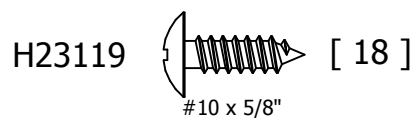
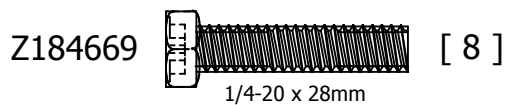
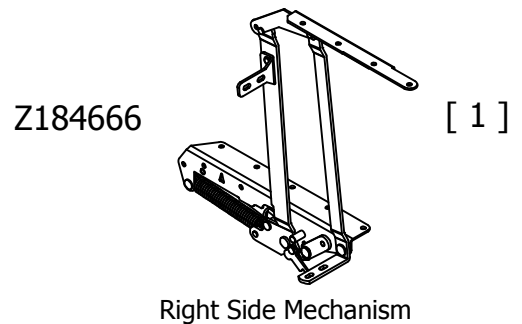
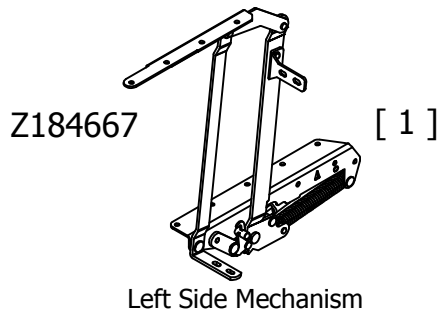


# Get to know your Hardware

Hardware not to scale.

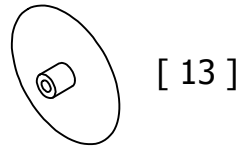


## Q184665 Sit to Stand Mechanism



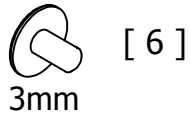
# Get to know your Hardware

Hardware not to scale.



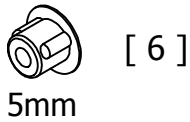
[ 13 ]

Cover Cap



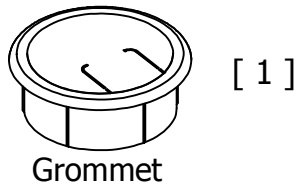
[ 6 ]

3mm



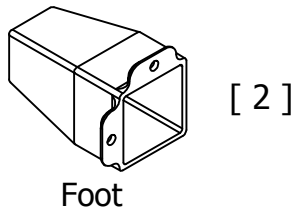
[ 6 ]

5mm



[ 1 ]

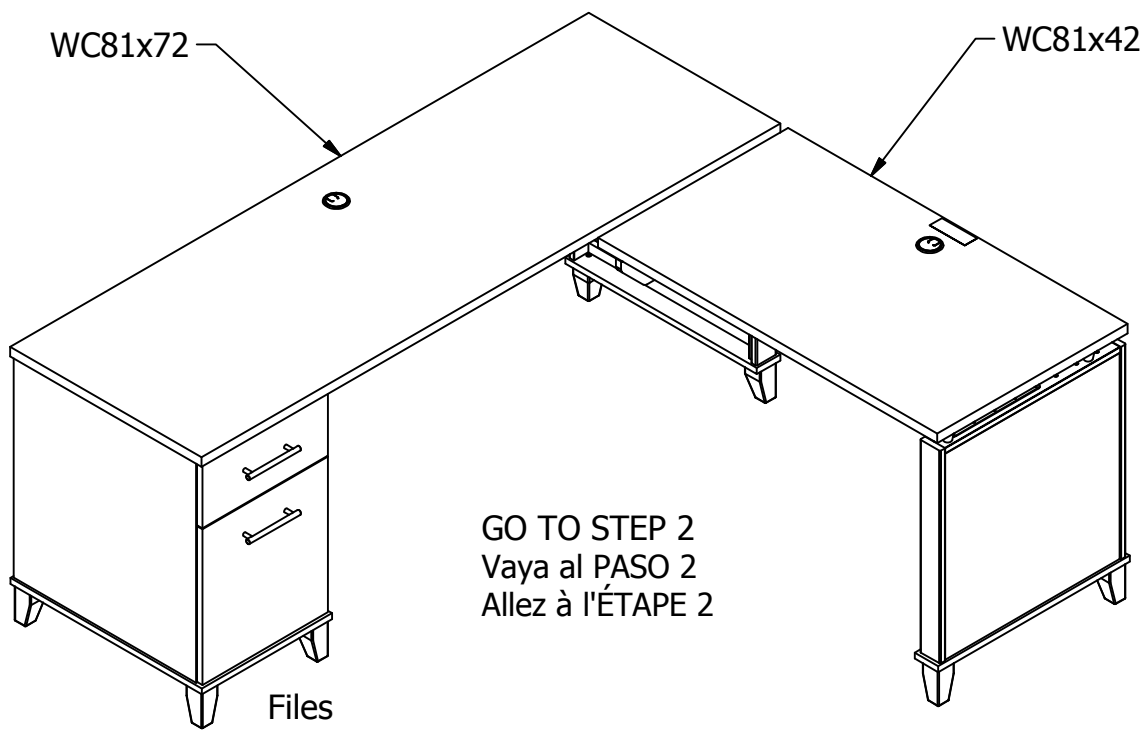
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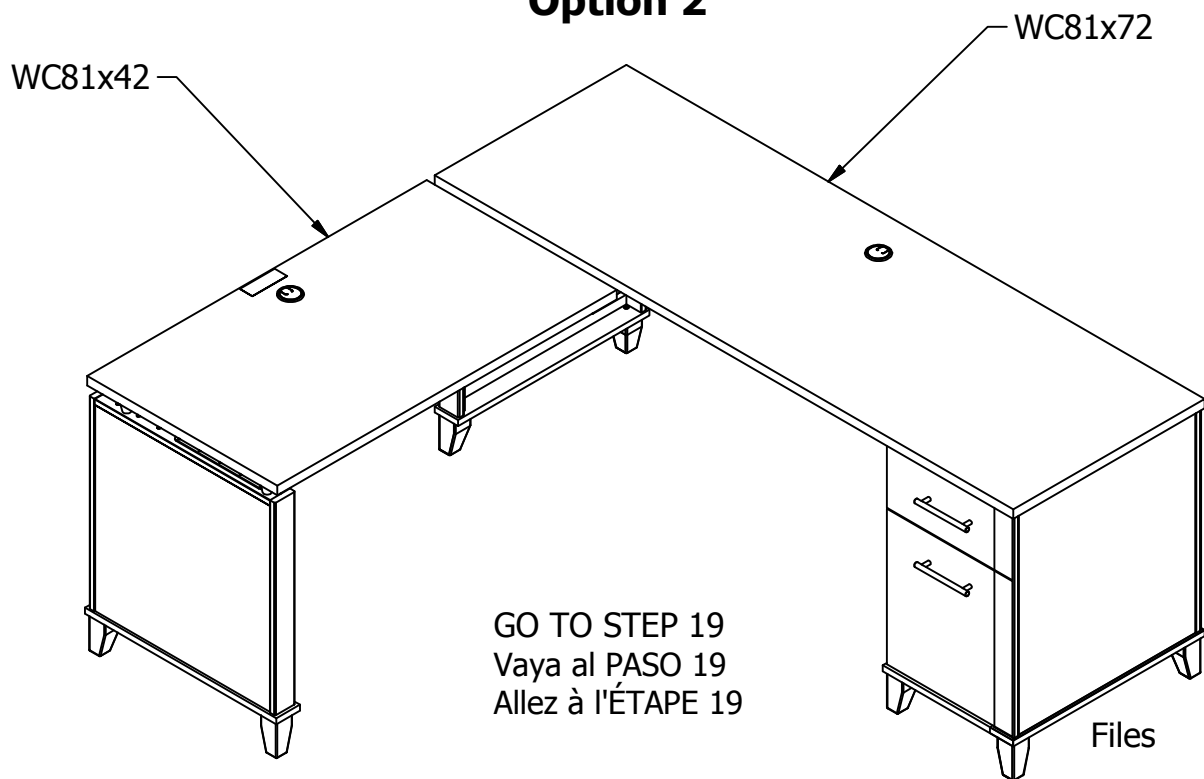
[ 2 ]

Foot

**Option 1**



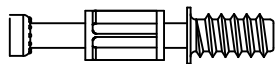
**Option 2**



# STEP 2

# Prepare Rails

H72988



[ 2 ]

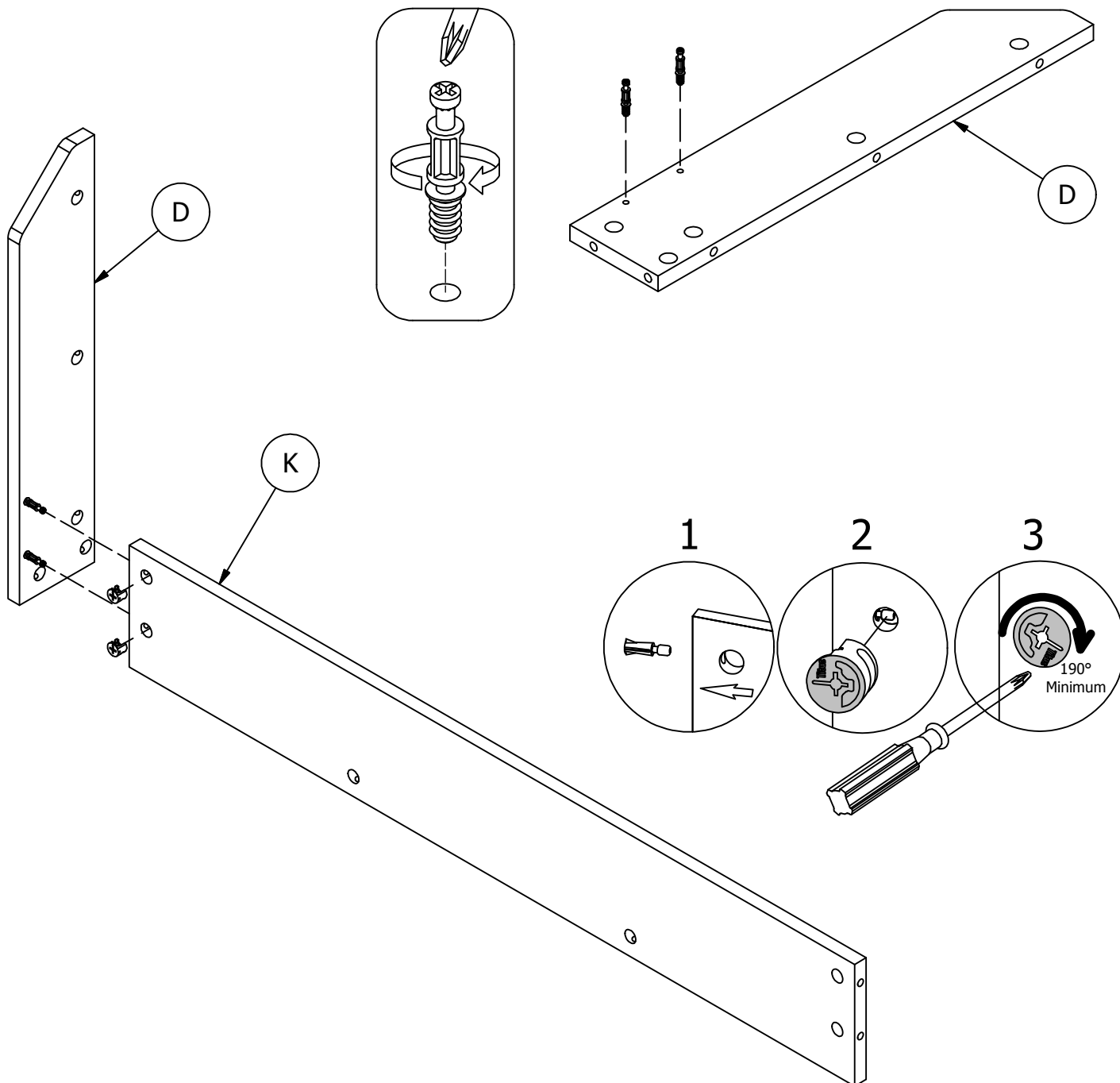
KD Bolt

H71659



[ 2 ]

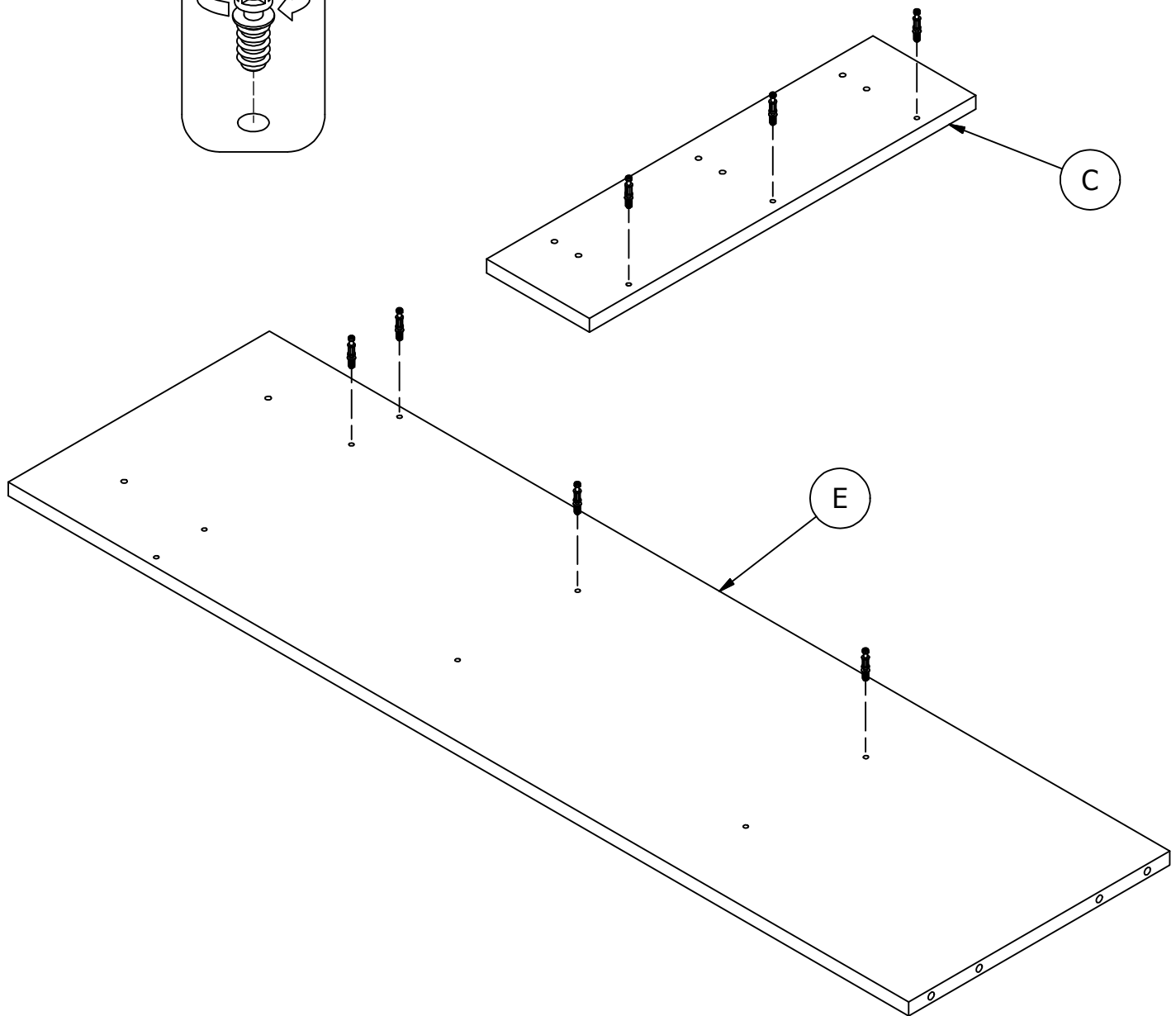
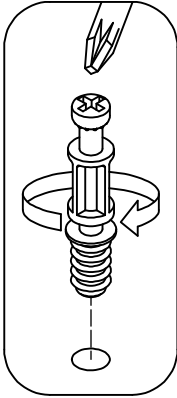
KD Cam

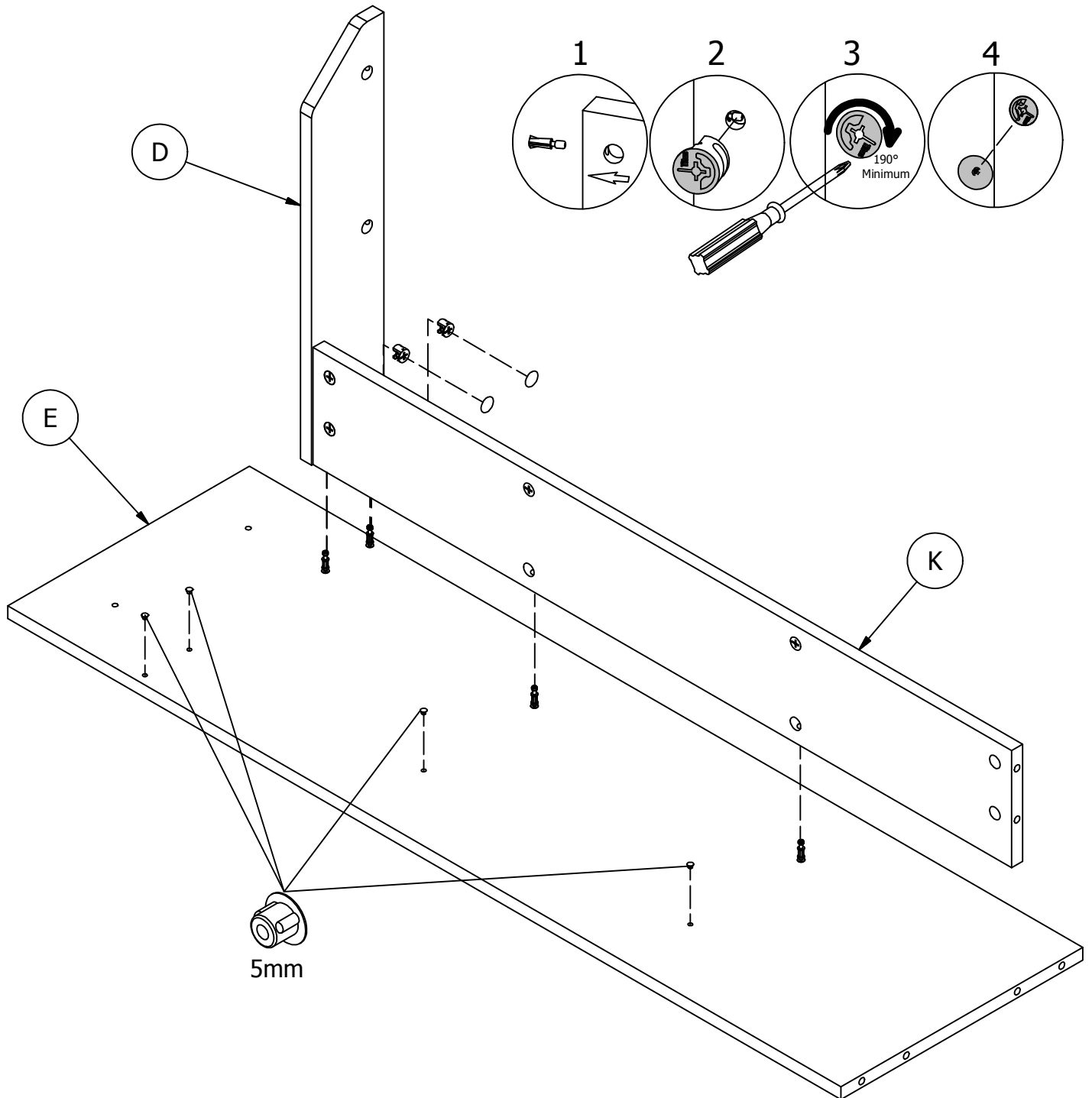
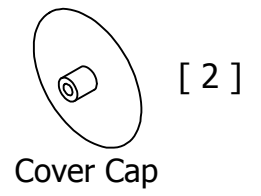
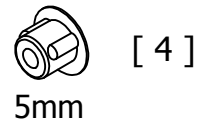
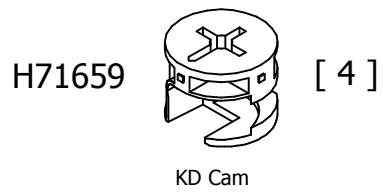


# STEP 3

# Prepare Panels

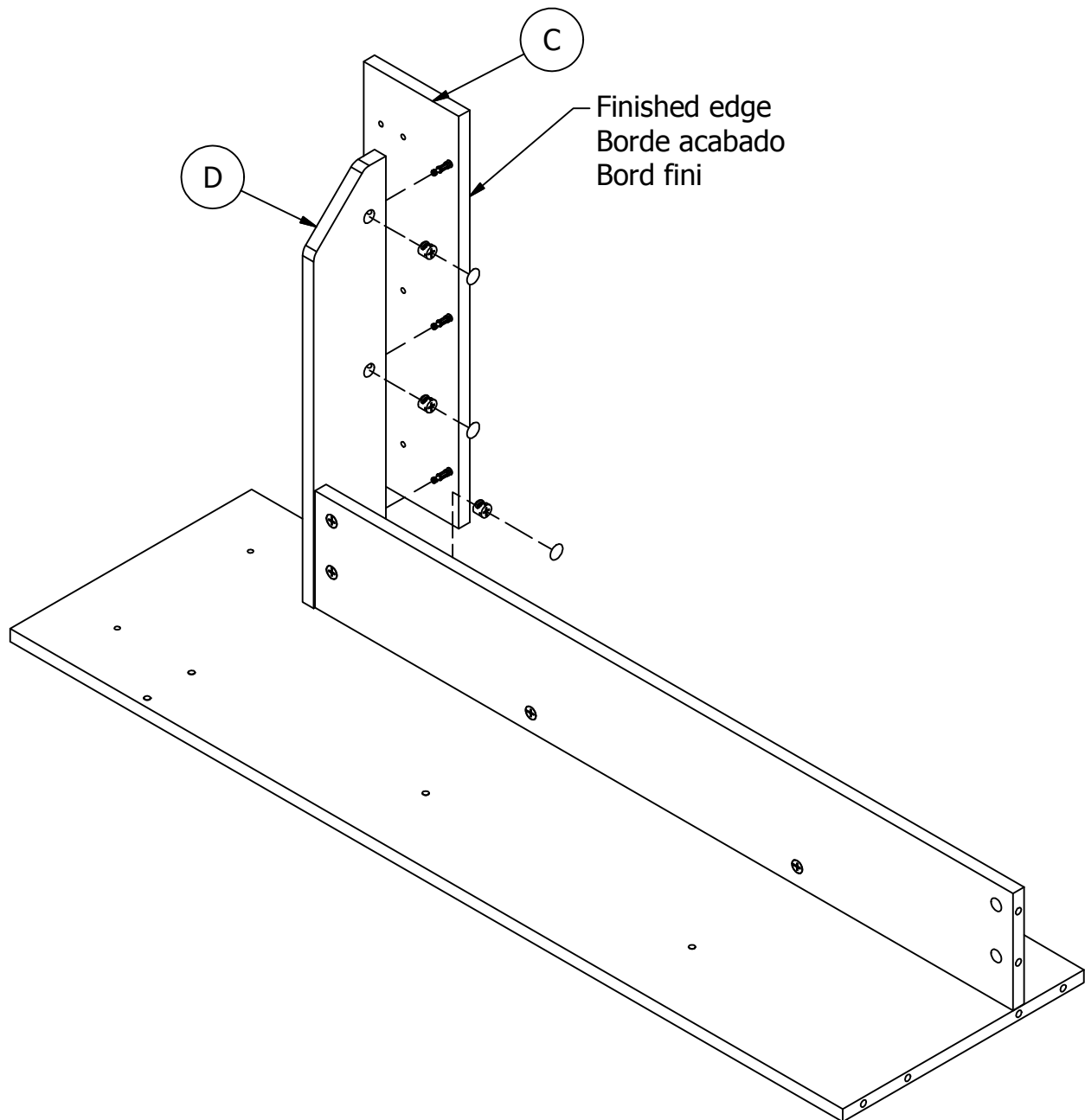
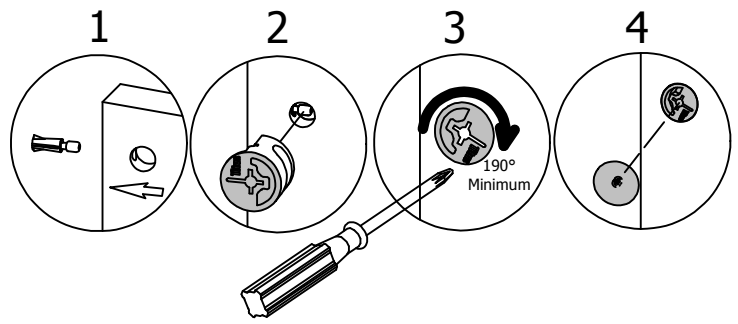
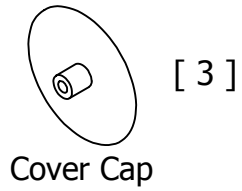
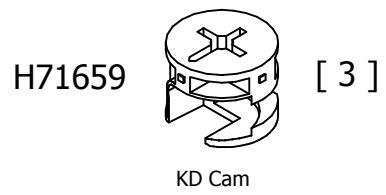
H72988 [ 7 ]  
KD Bolt





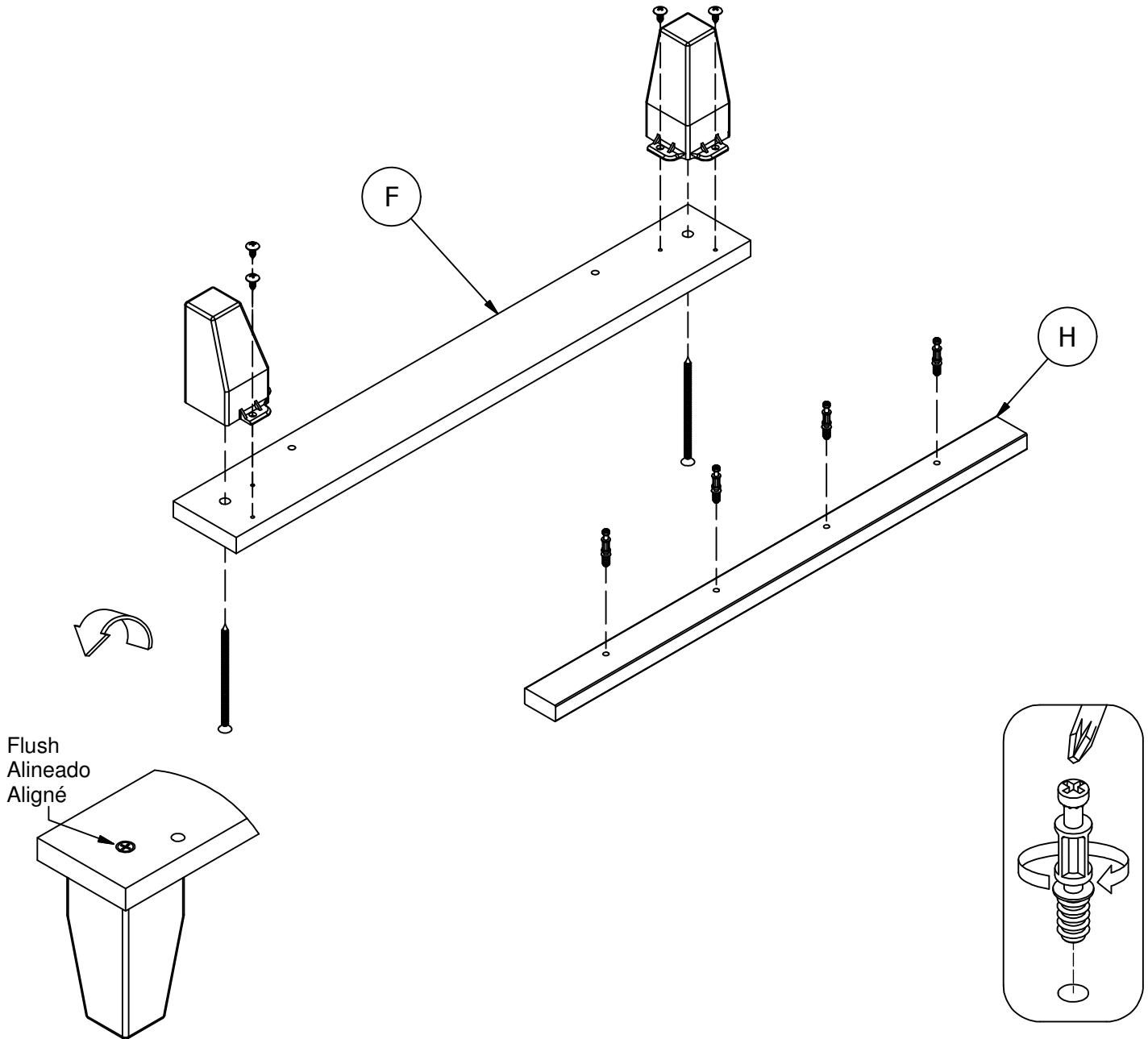
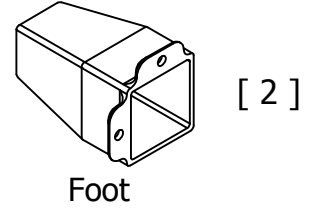
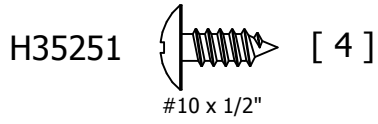
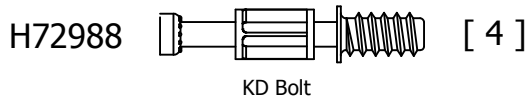
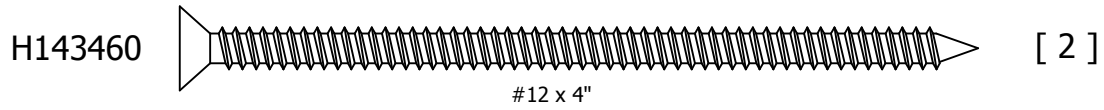
# STEP 5

# Assemble Side



# STEP 6

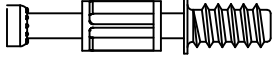
# Assembly Base




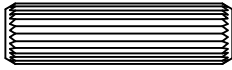
# STEP 7

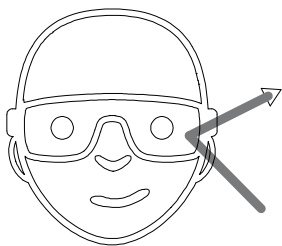
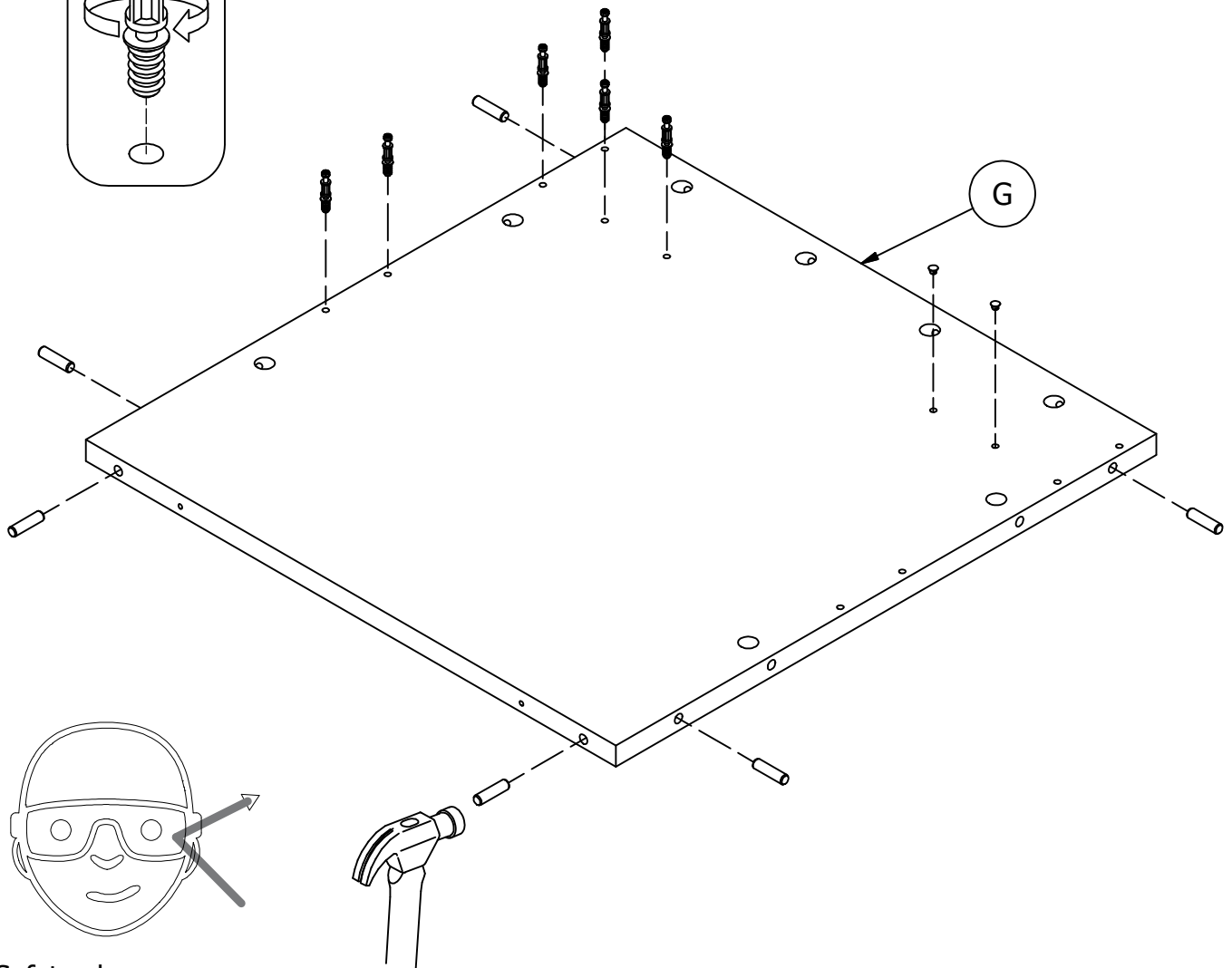
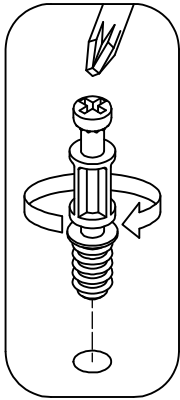
## Prepare Side

A189257D

H72988  [ 6 ]  
KD Bolt

 [ 2 ]  
5mm

H38169  [ 6 ]  
Wood Dowel 8 x 30

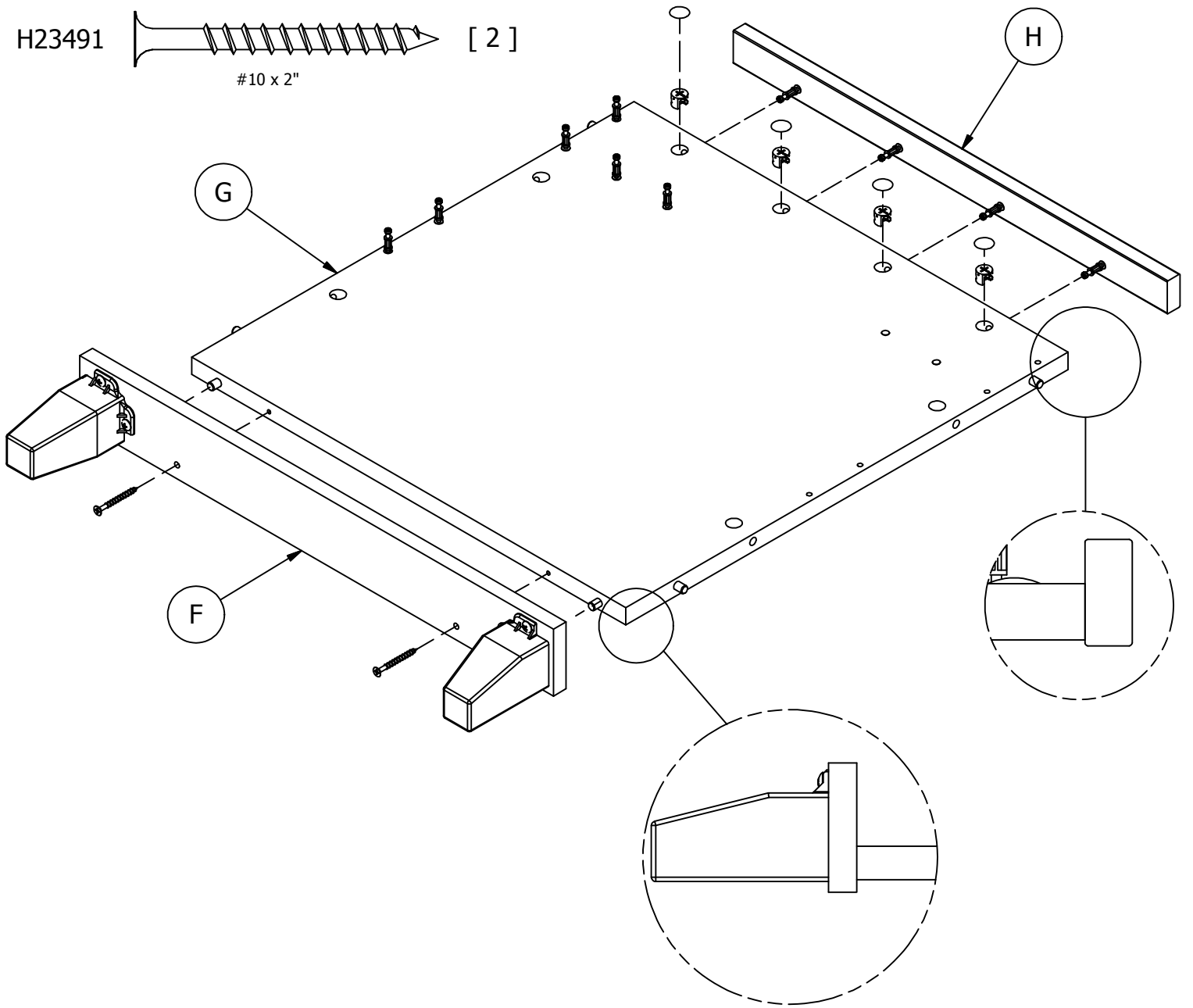
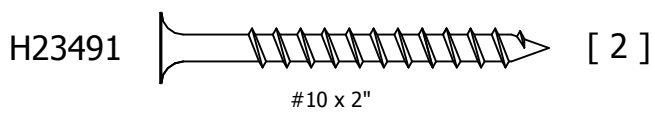
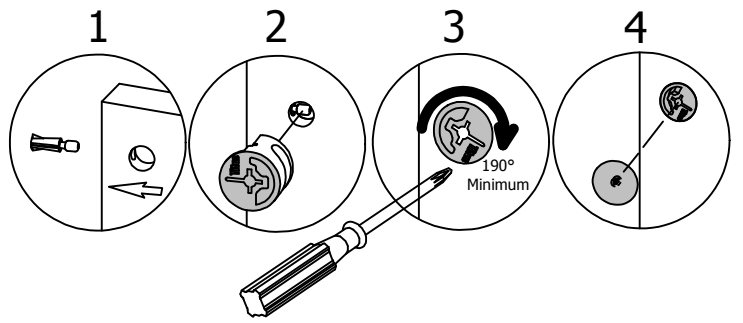
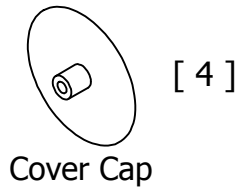
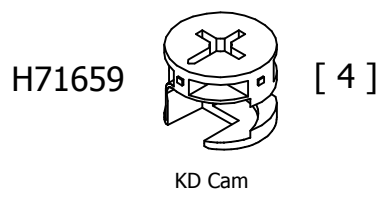


Safety glasses  
Gafas de seguridad  
Lunettes de protection

# STEP 8

# Assemble Leg

A189257D

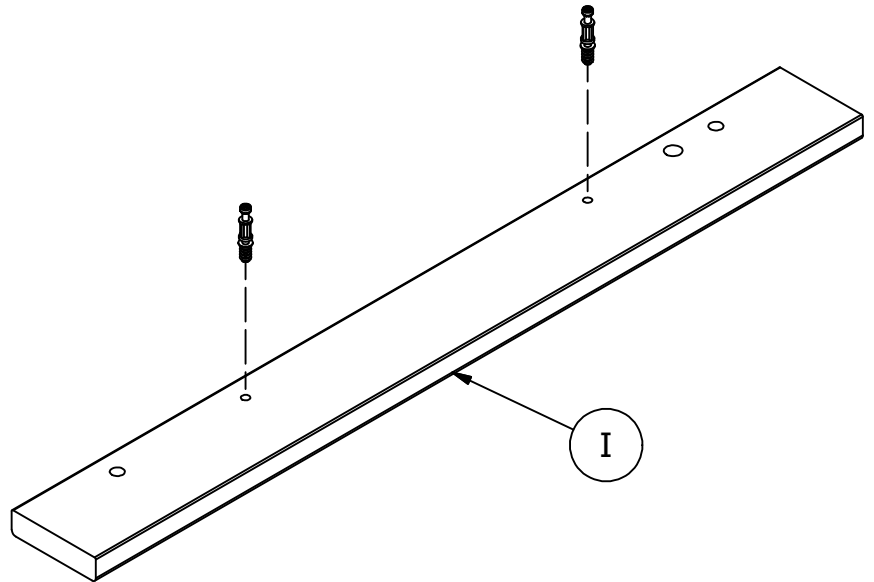
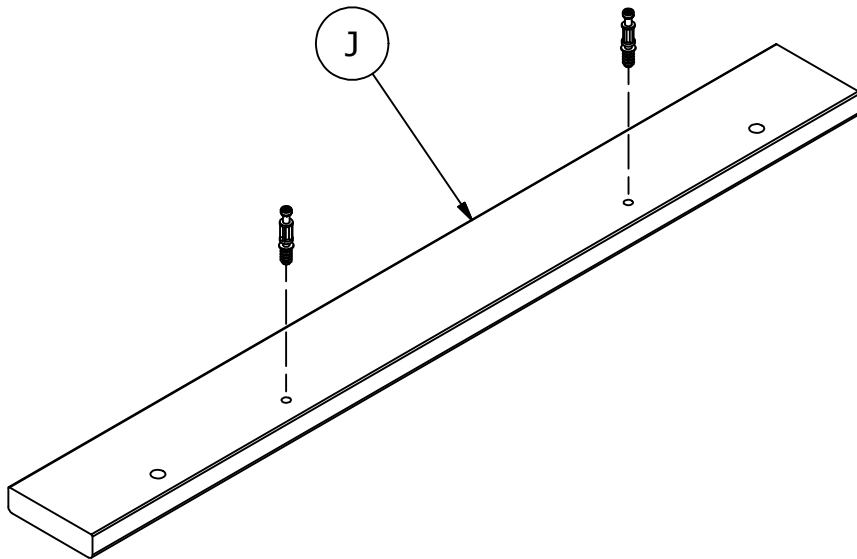
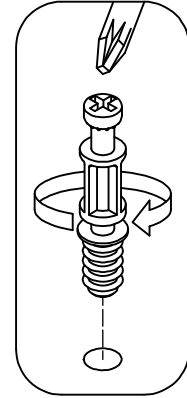


# STEP 9

# Prepare Rails

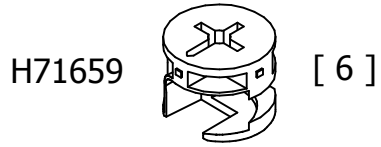
A189257D

H72988 [ 4 ]  
KD Bolt

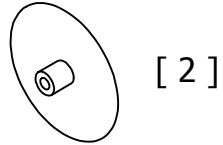


# STEP 10

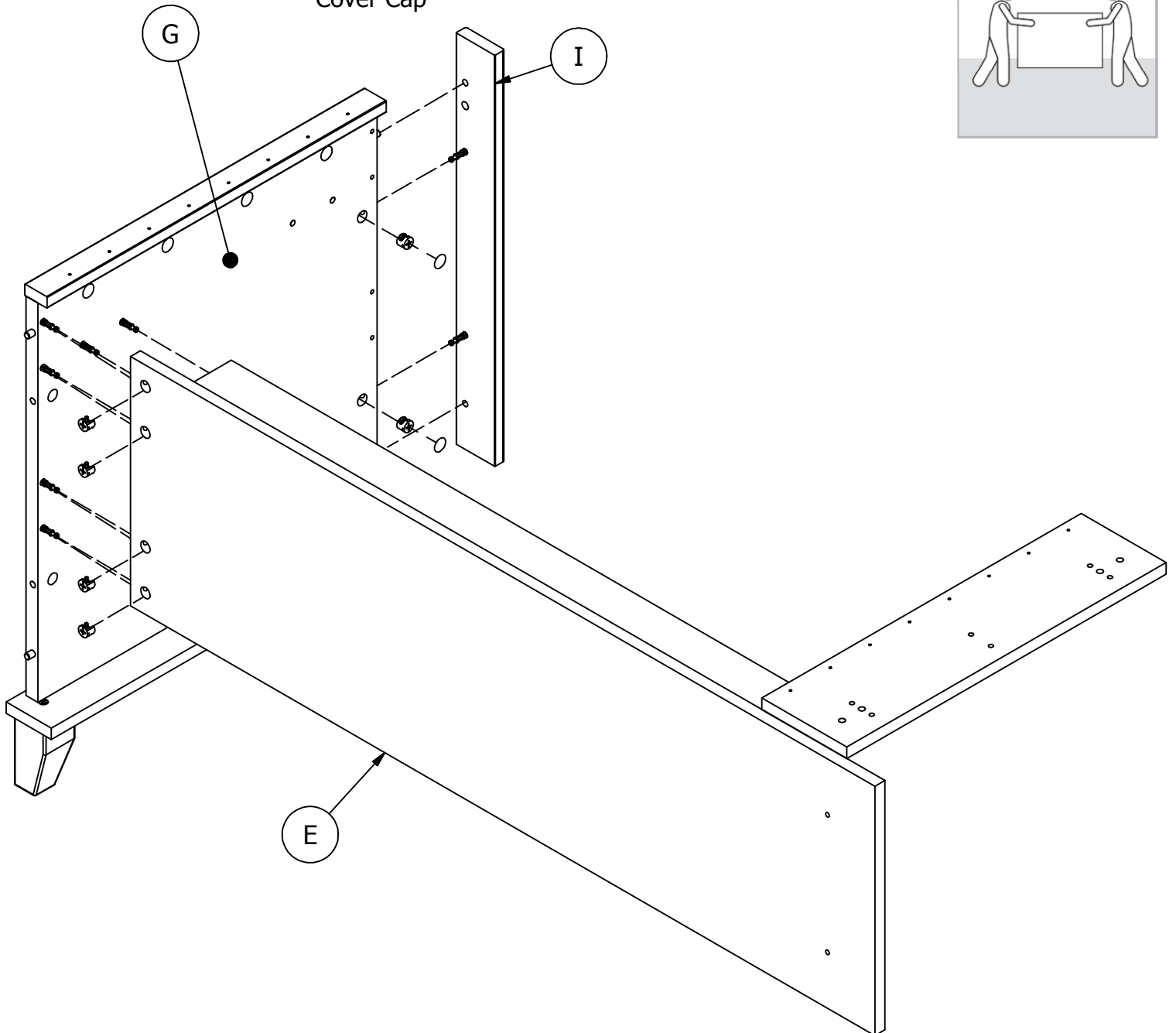
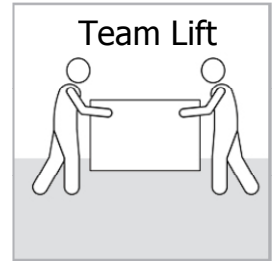
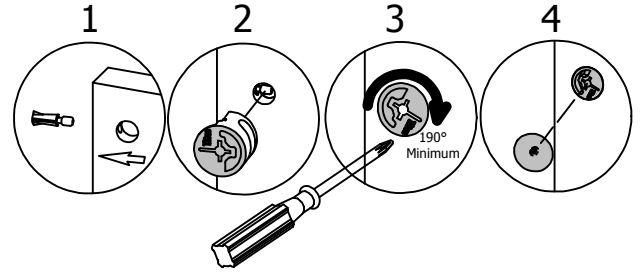
# Assemble Modesty Panel



KD Cam



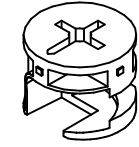
Cover Cap



# STEP 11

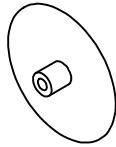
# Assemble Modesty Panel

H71659 [ 4 ]  
KD Cam

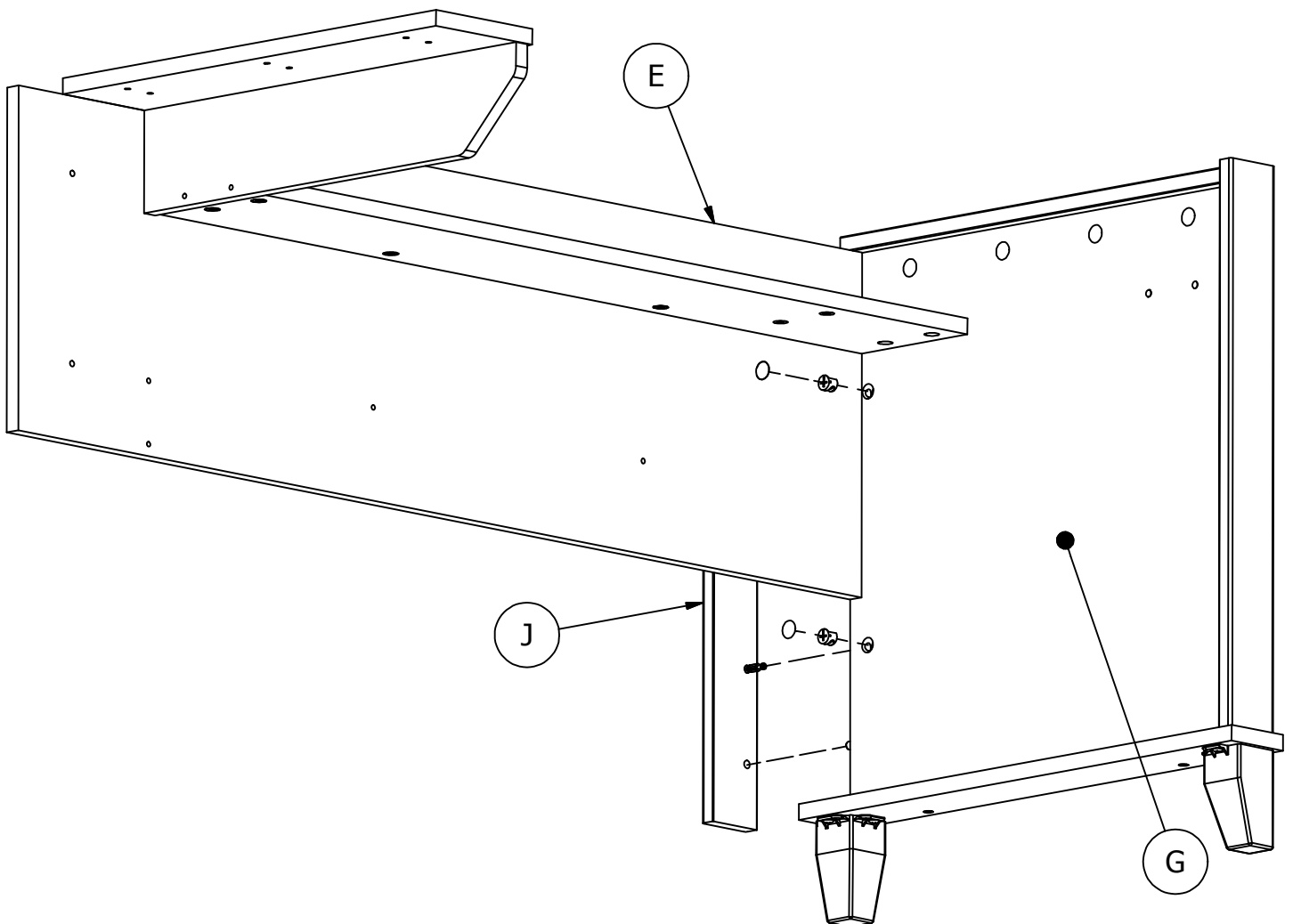
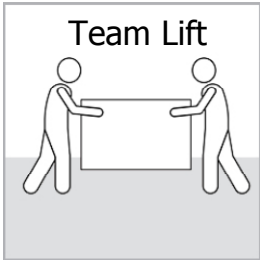
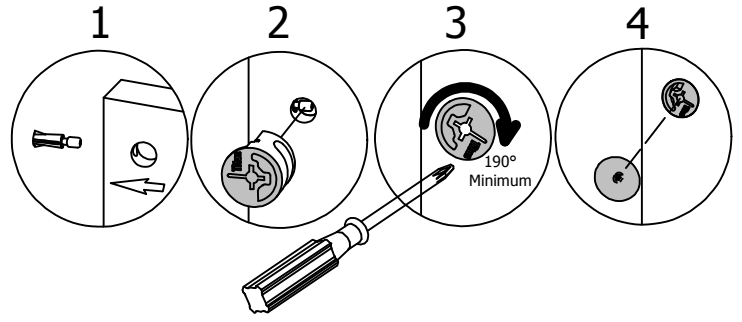


KD Cam

[ 2 ]  
Cover Cap

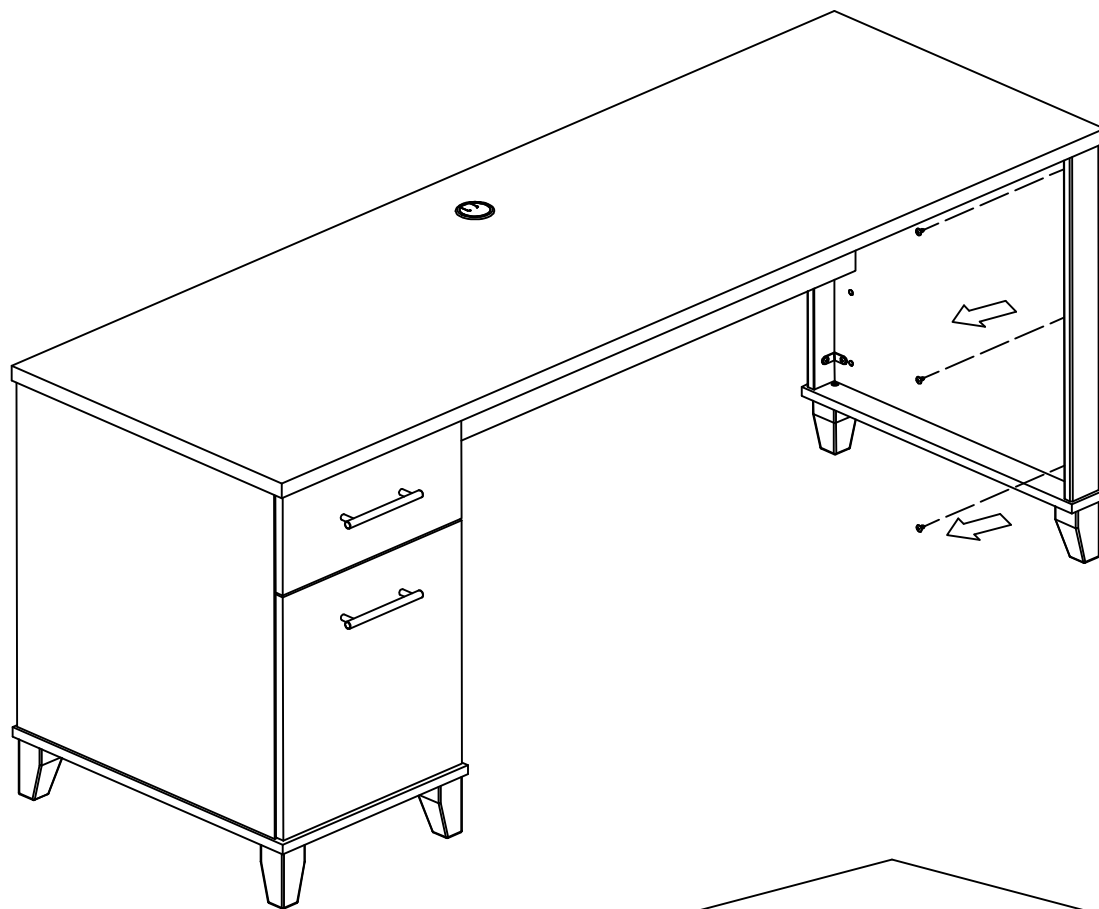


Cover Cap

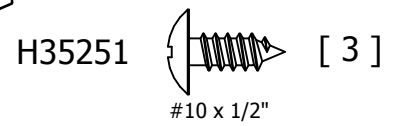


# STEP 12

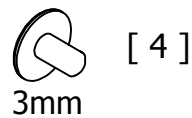
# Remove Rail



Remove & Discard  
Eliminar y desechar  
Supprimer et rejeter



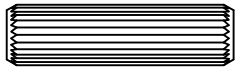
Remove & Discard  
Eliminar y desechar  
Supprimer et rejeter



# STEP 13

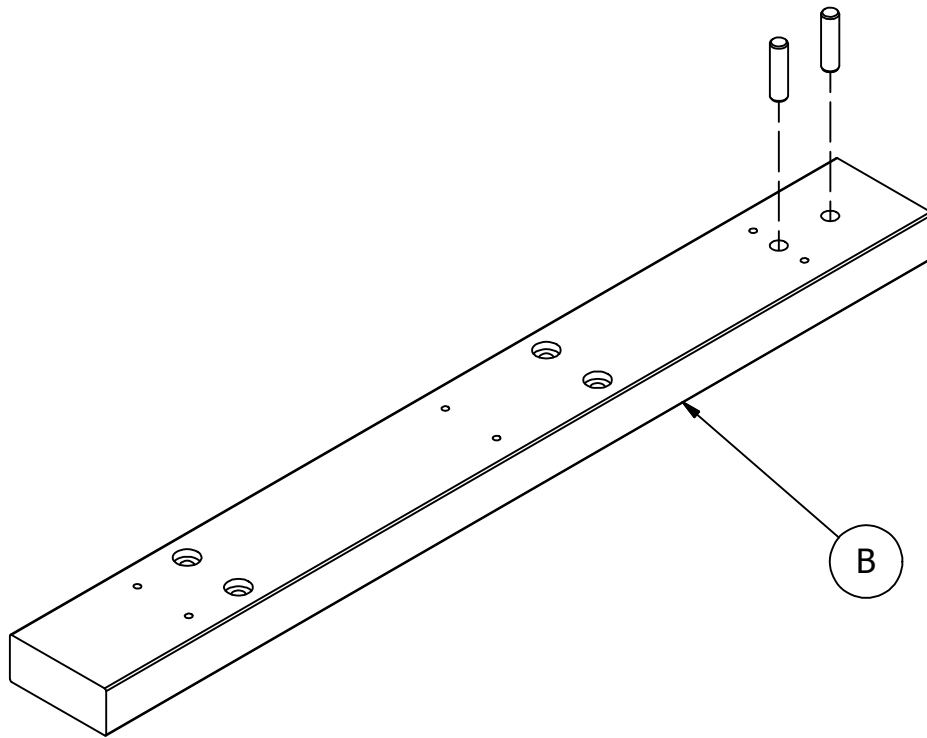
# Prepare Rail

H38169



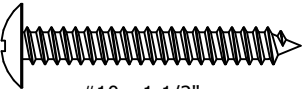
[ 2 ]

Wood Dowel 8 x 30

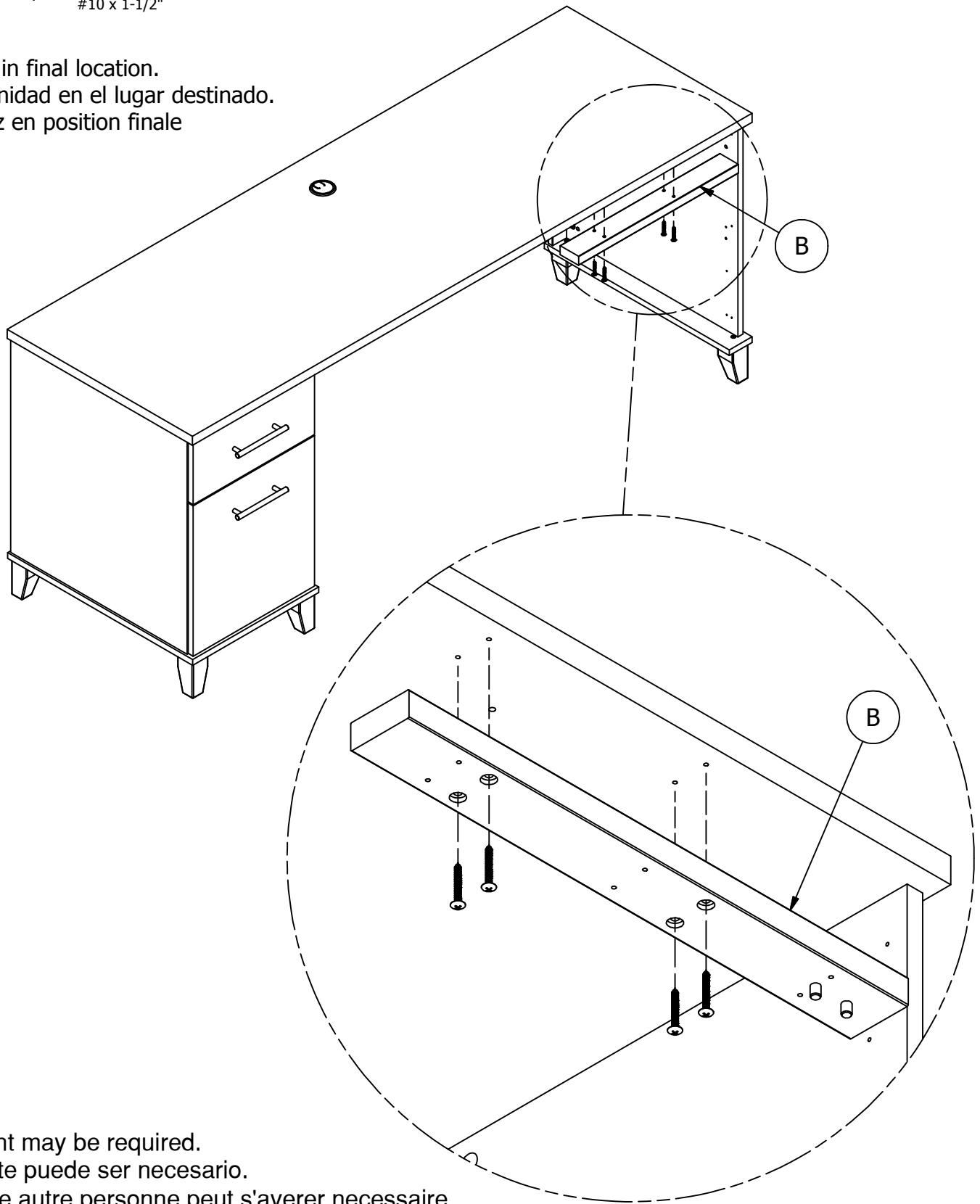


# STEP 14

# Attach Rail

H23468  [ 4 ]  
#10 x 1-1/2"

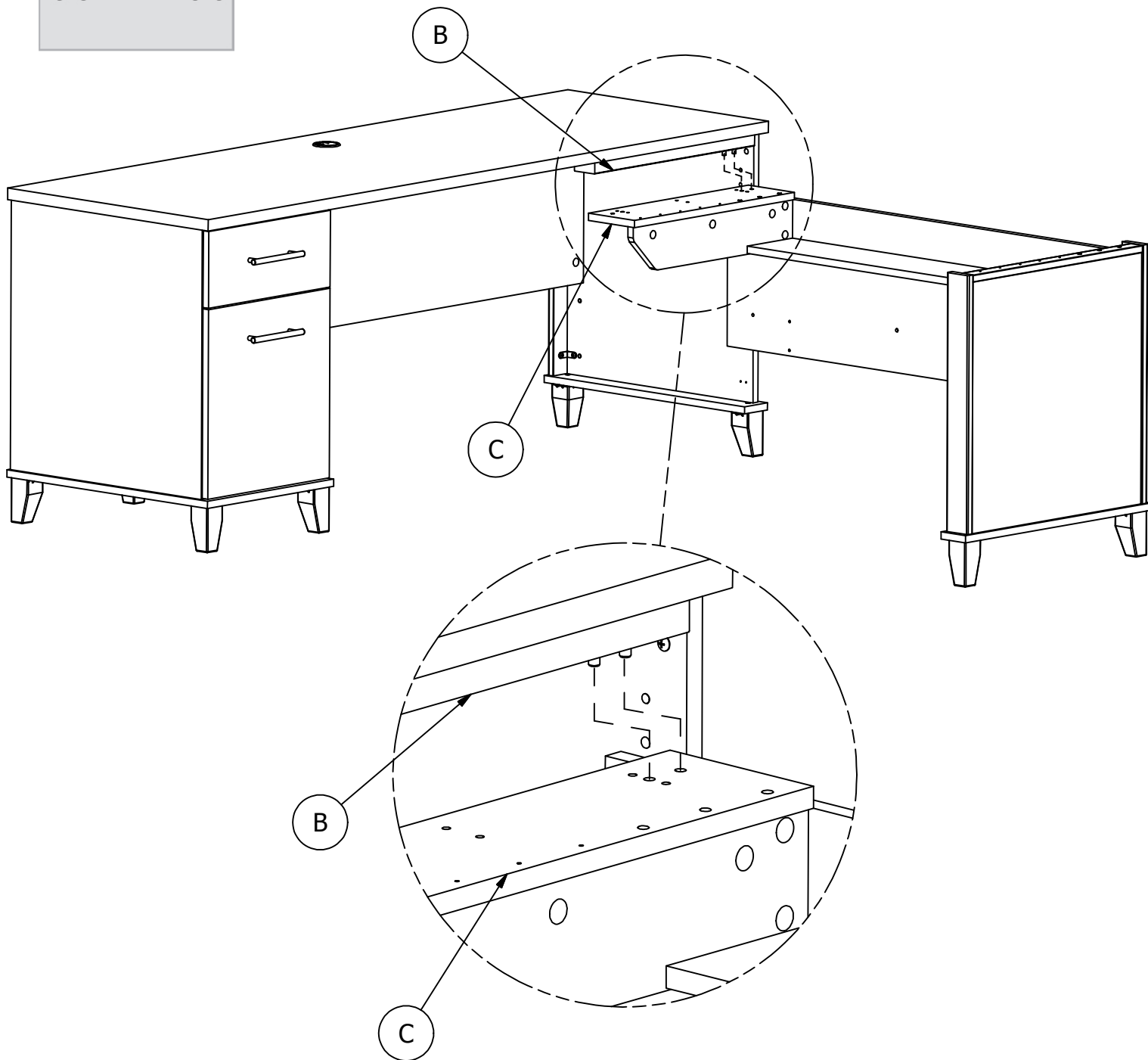
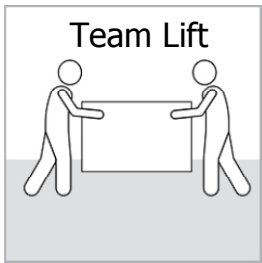
Assemble in final location.  
Arme la unidad en el lugar destinado.  
Assemblez en position finale

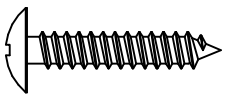


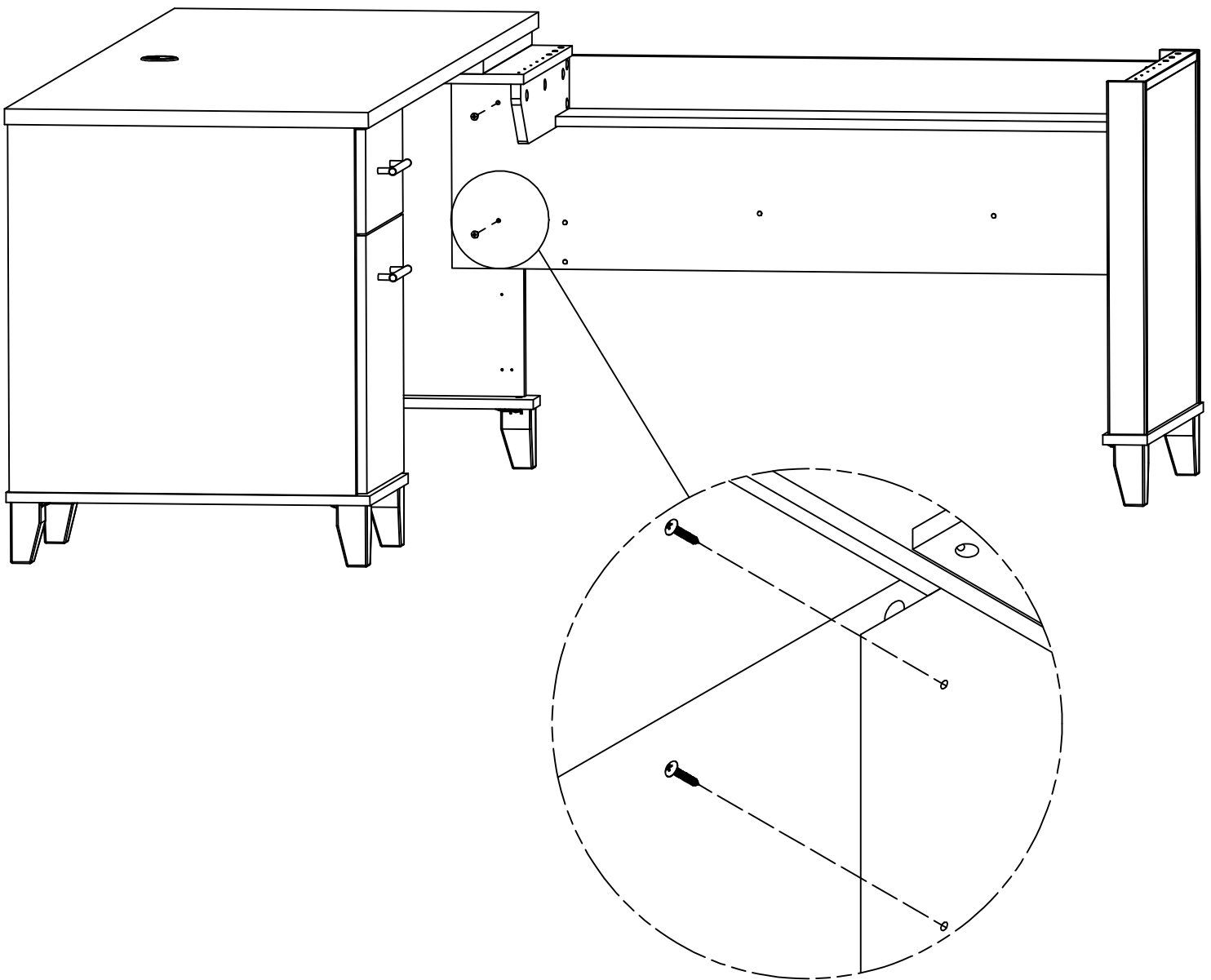
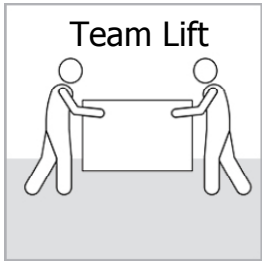
An assistant may be required.  
Un asistente puede ser necesario.  
L'aide d'une autre personne peut s'avérer nécessaire.

# STEP 15

# Assemble Panel



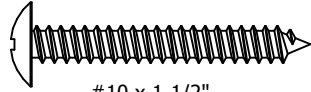
H23682  [ 2 ]  
#10 x 1"



# STEP 17

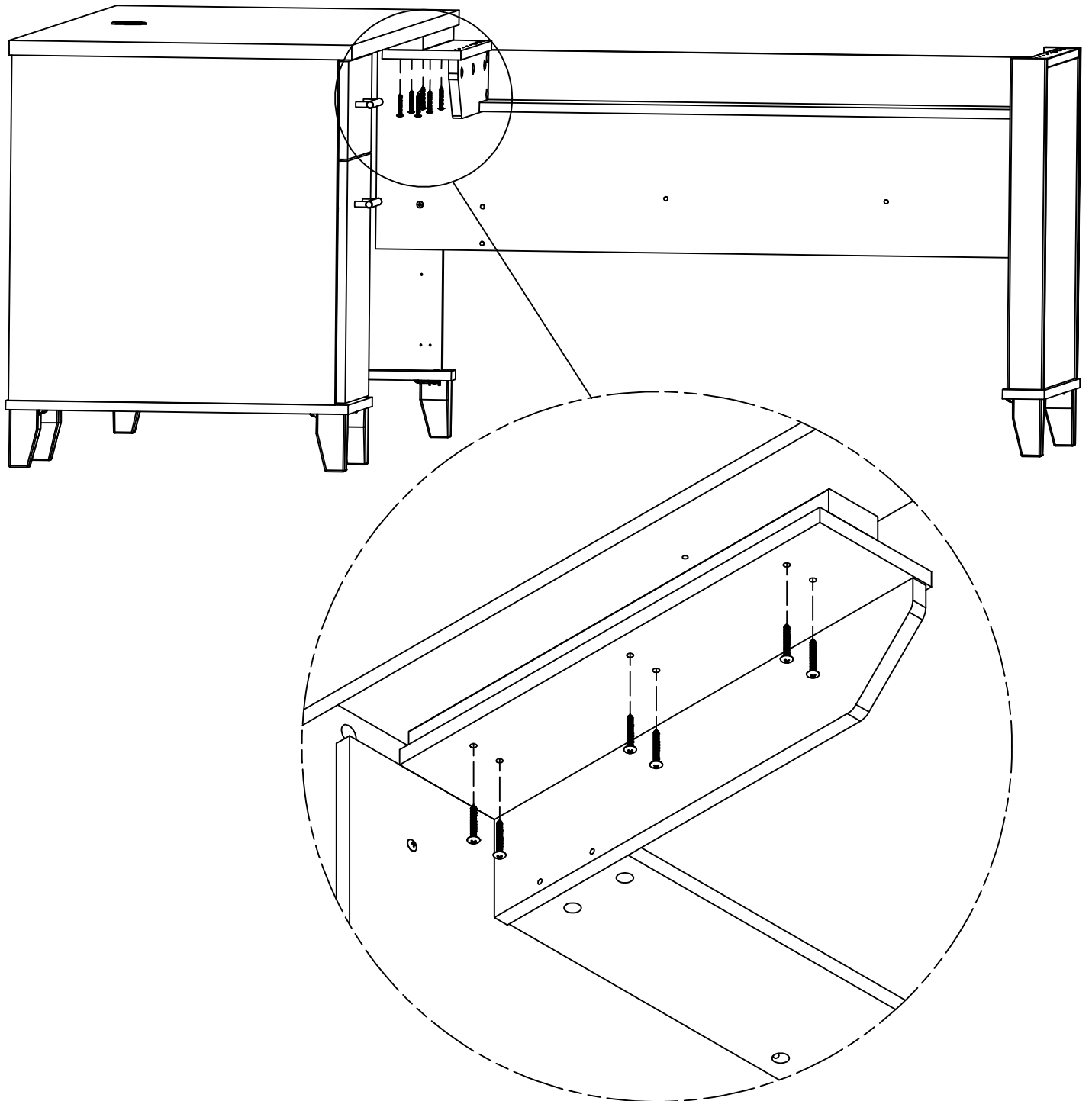
# Assemble Panel

H23468



[ 6 ]

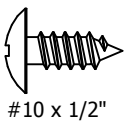
#10 x 1-1/2"



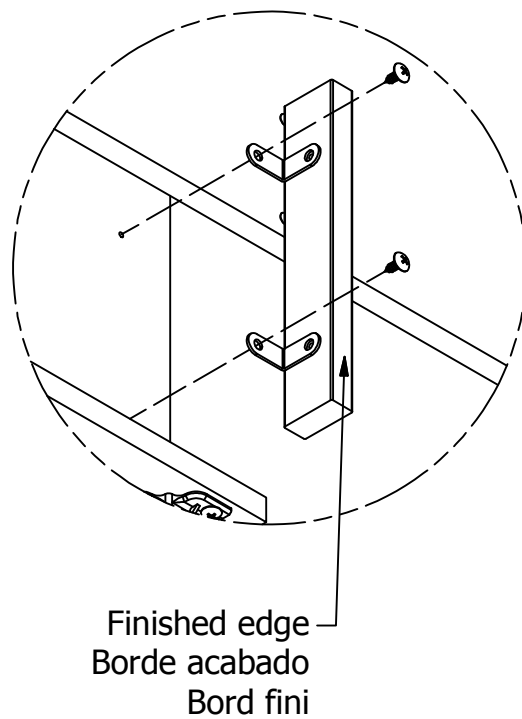
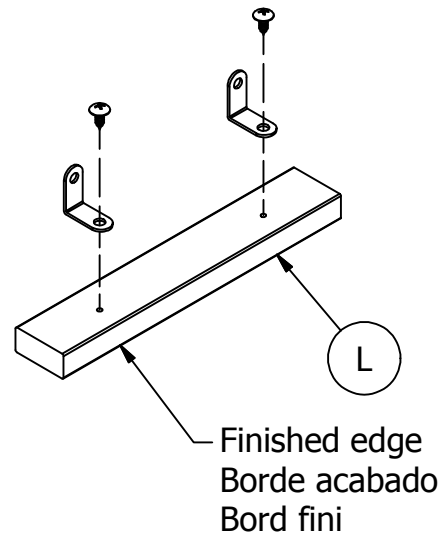
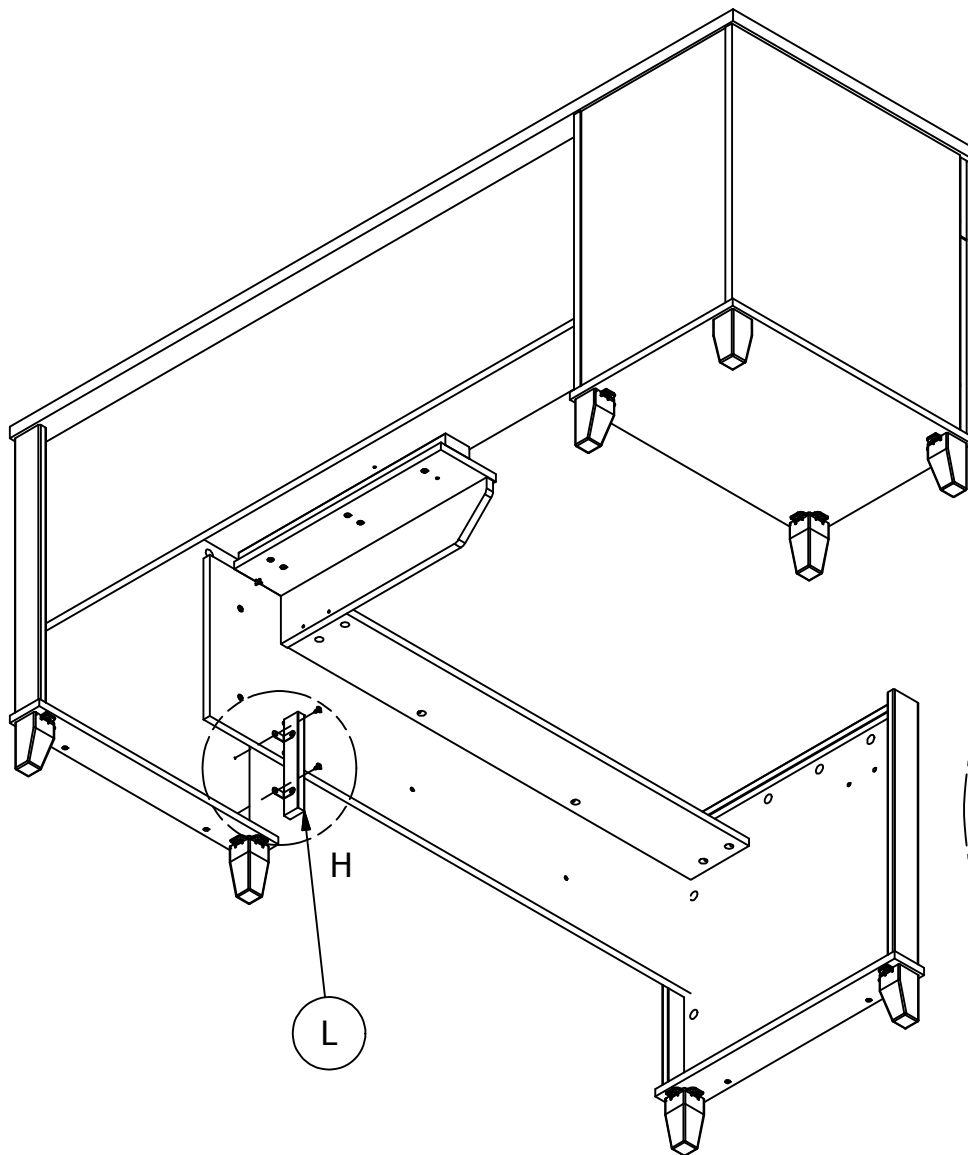
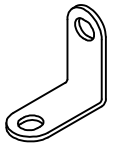
# STEP 18

# Assemble Rail

H35251 [ 4 ]  
#10 x 1/2"



H67187 [ 2 ]  
Angle Bracket

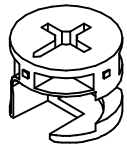


Go to Step 36.  
Proceda al paso 36.  
Allez à l'étape 36.

# STEP 19

# Assemble Rail

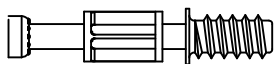
H71659



[ 2 ]

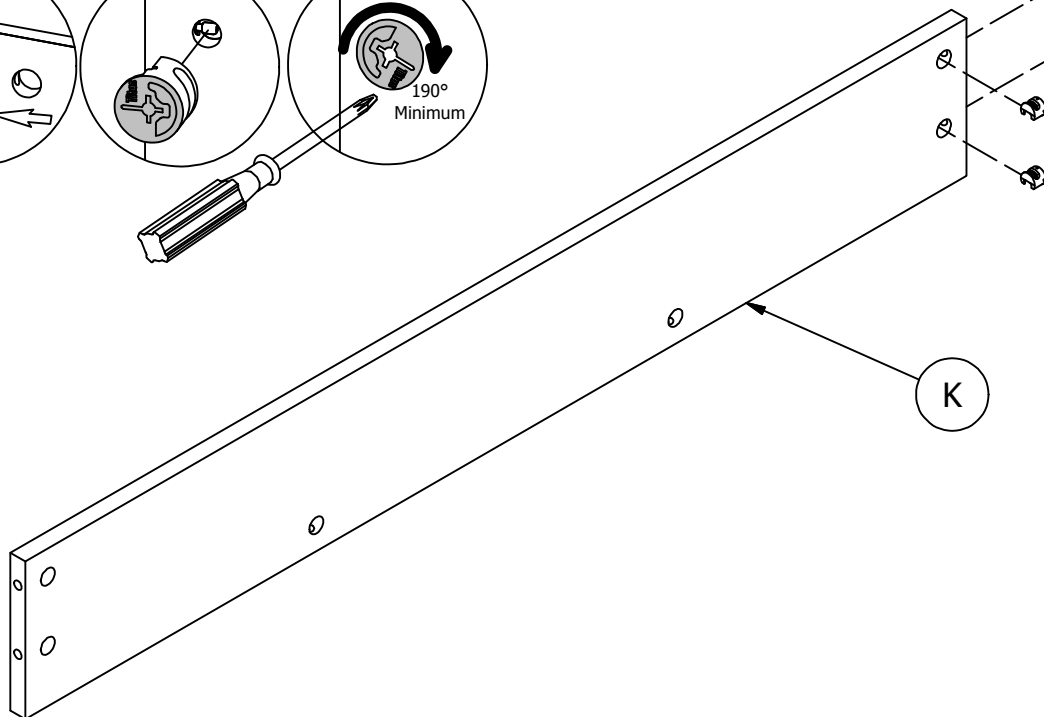
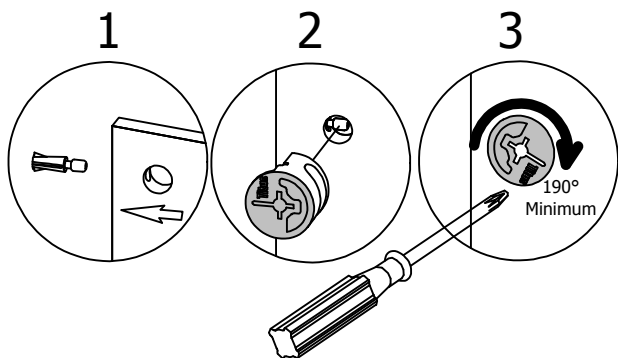
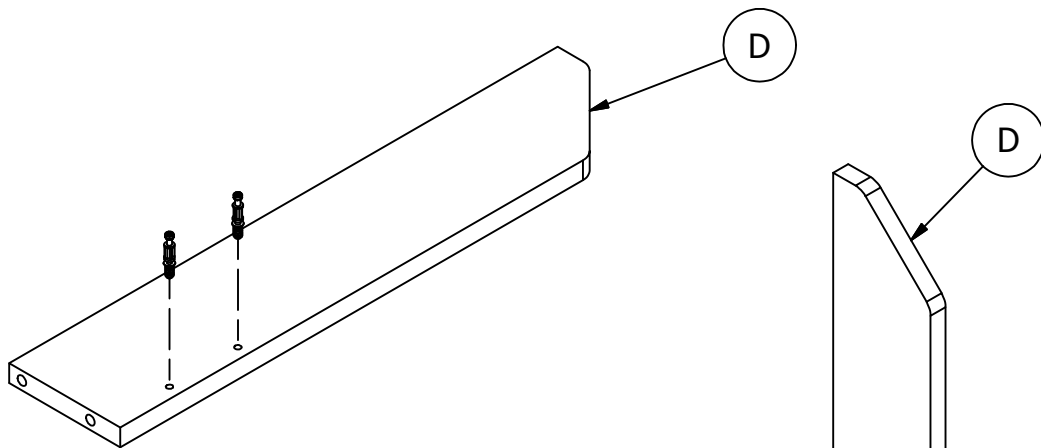
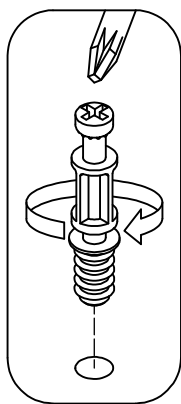
KD Cam

H72988



[ 2 ]

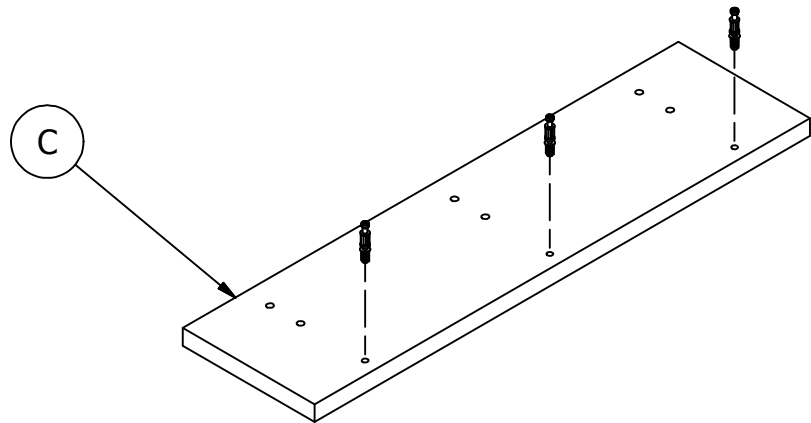
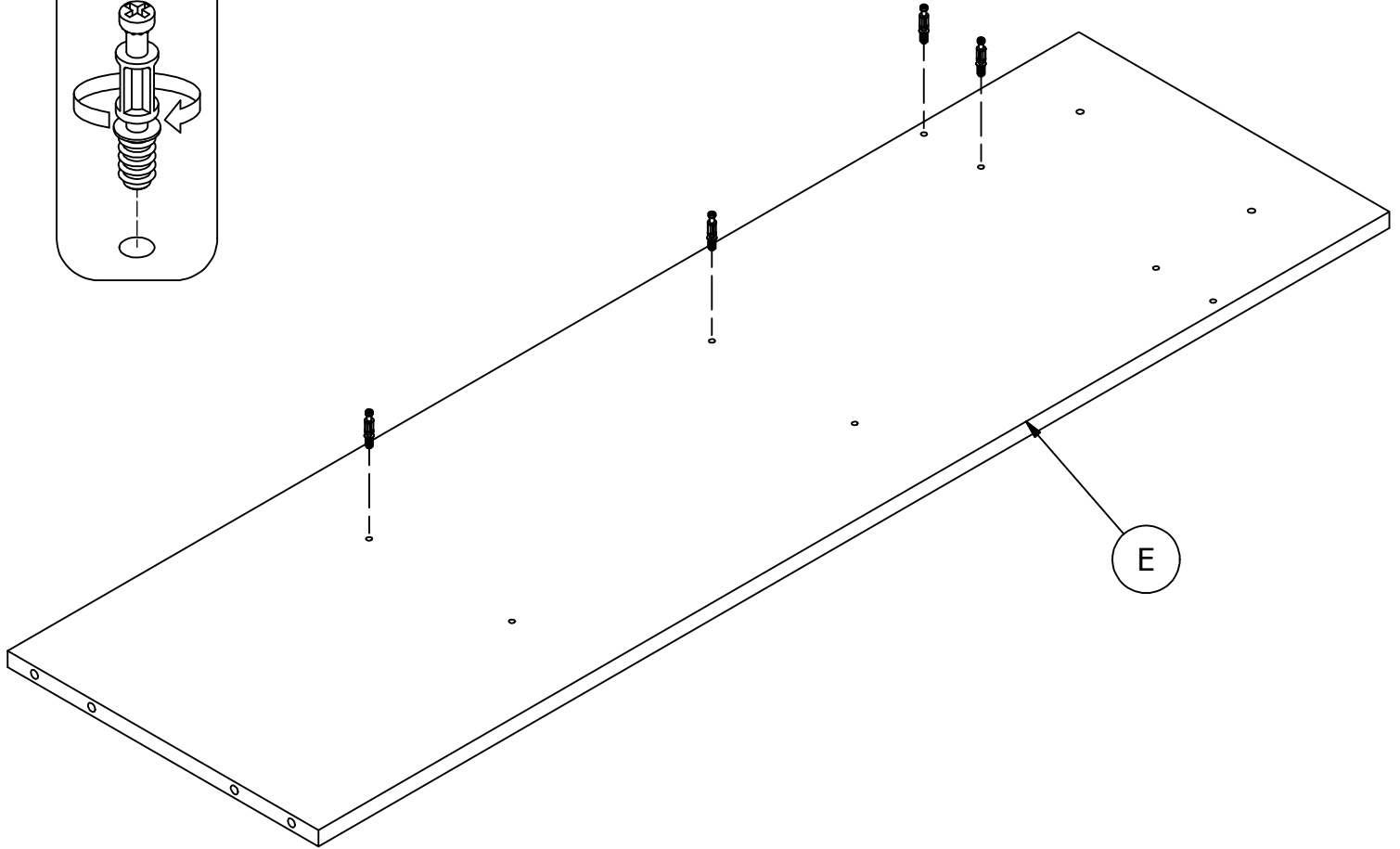
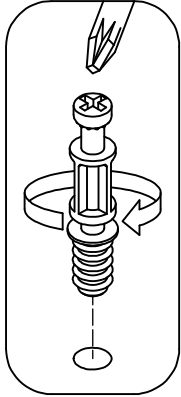
KD Bolt



# STEP 20

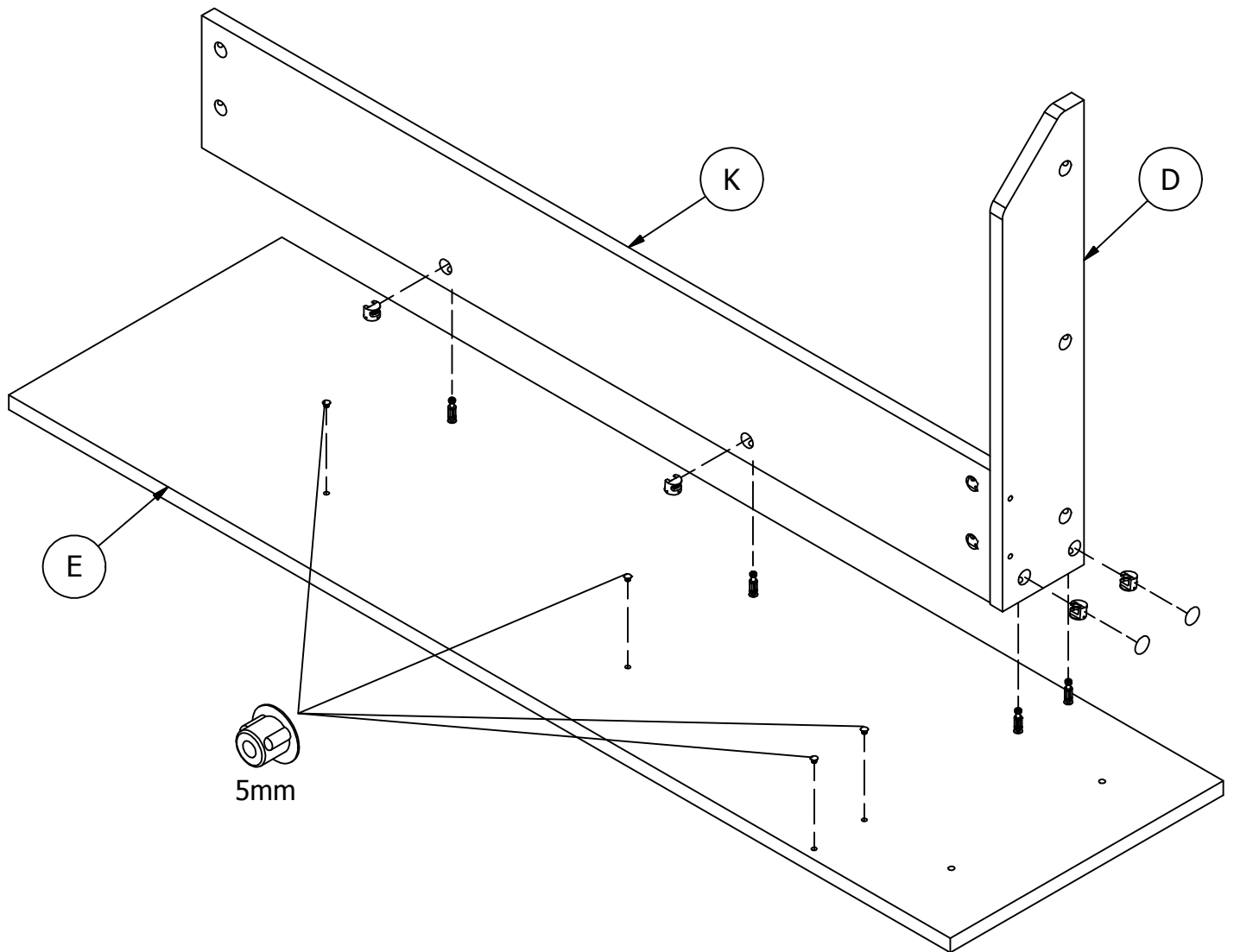
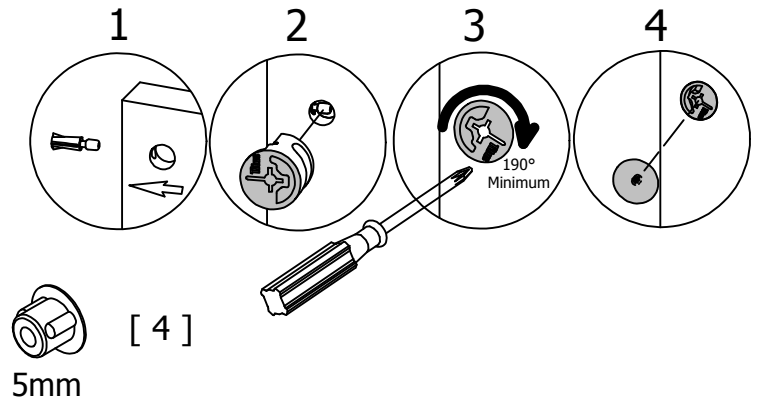
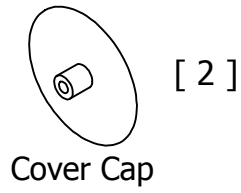
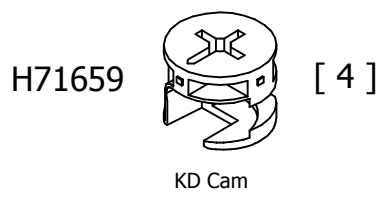
# Prepare Panel

H72988 [ 7 ]  
KD Bolt



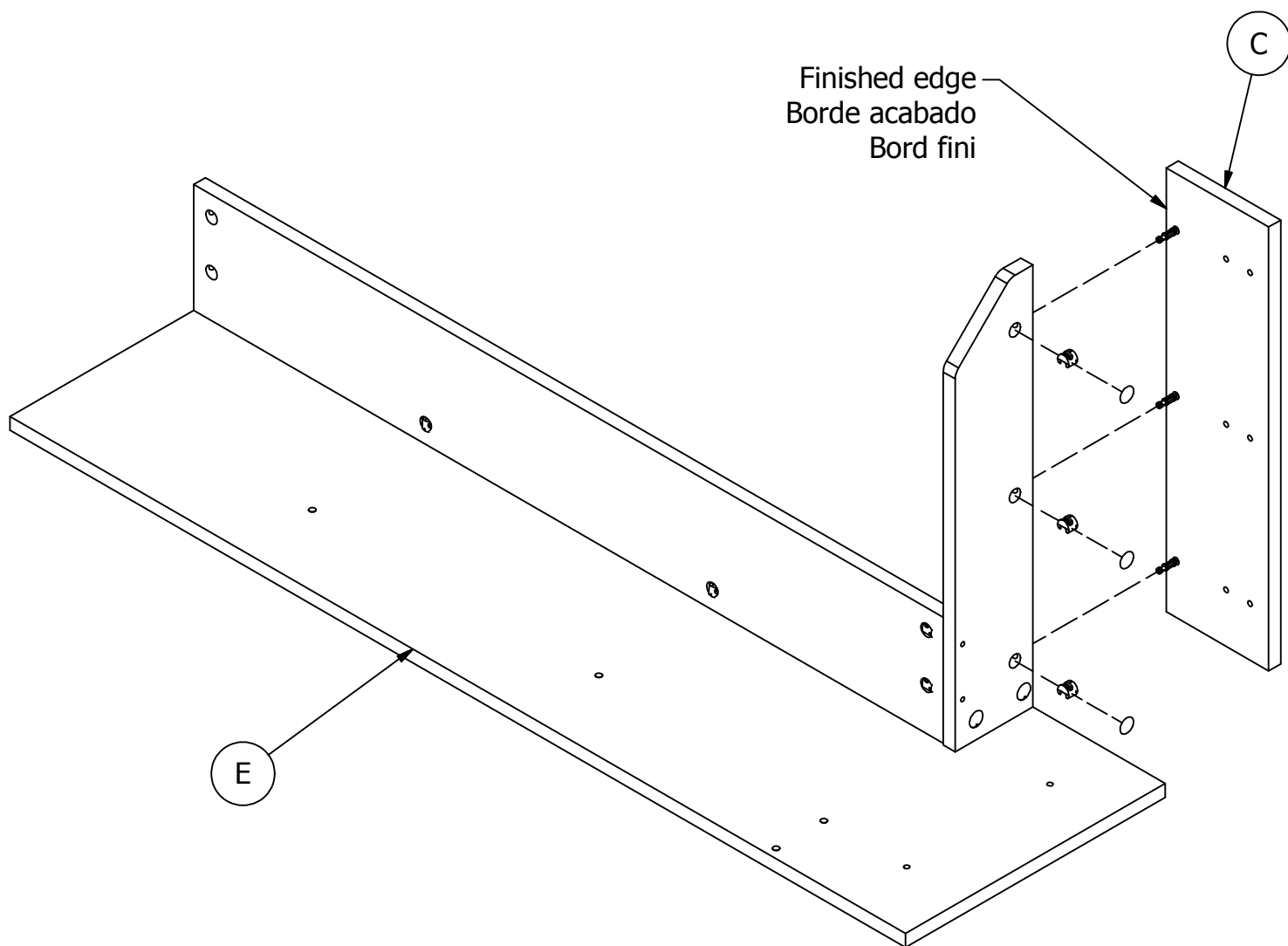
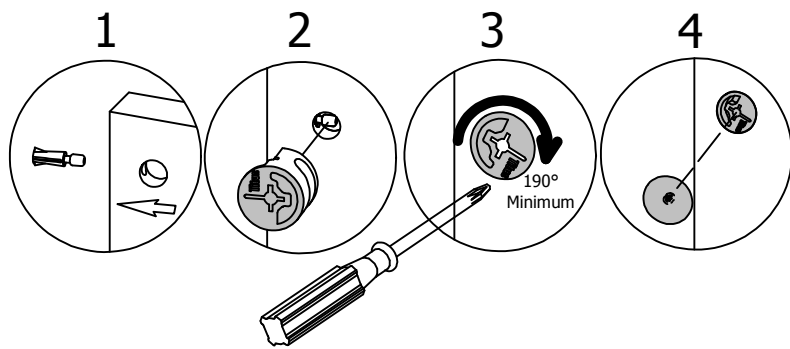
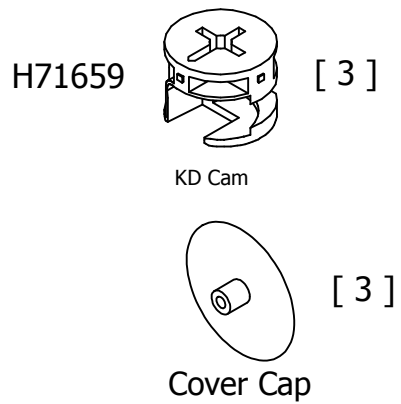
# STEP 21

# Assemble Panel



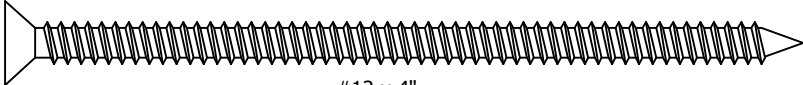
# STEP 22

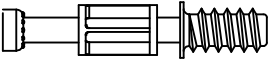
# Assemble Panel

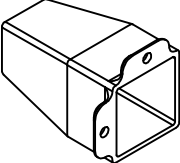


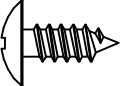
# STEP 23

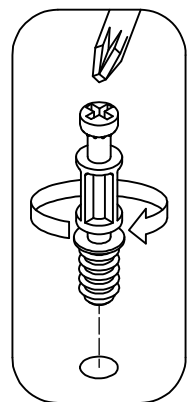
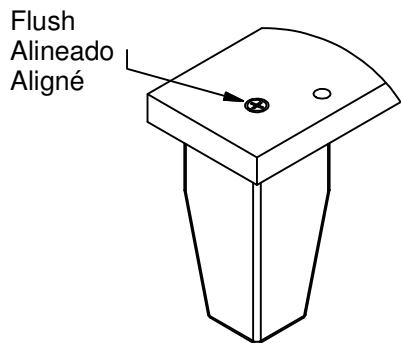
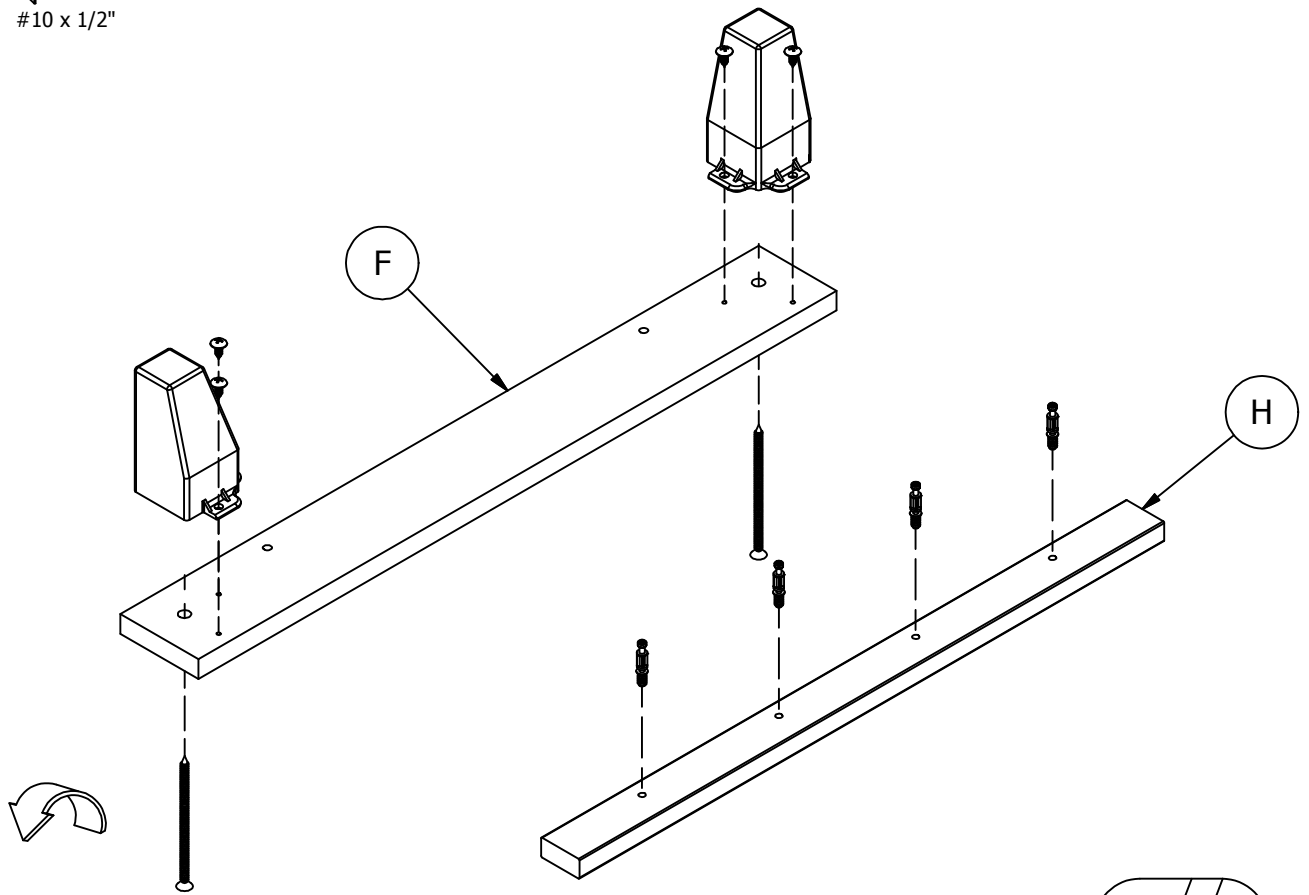
# Assemble Base

H143460  [ 2 ]  
#12 x 4"

H72988  [ 4 ]  
KD Bolt

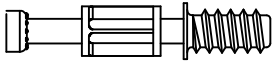
 [ 2 ]  
Foot


H35251  [ 4 ]  
#10 x 1/2"

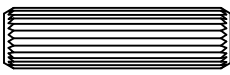


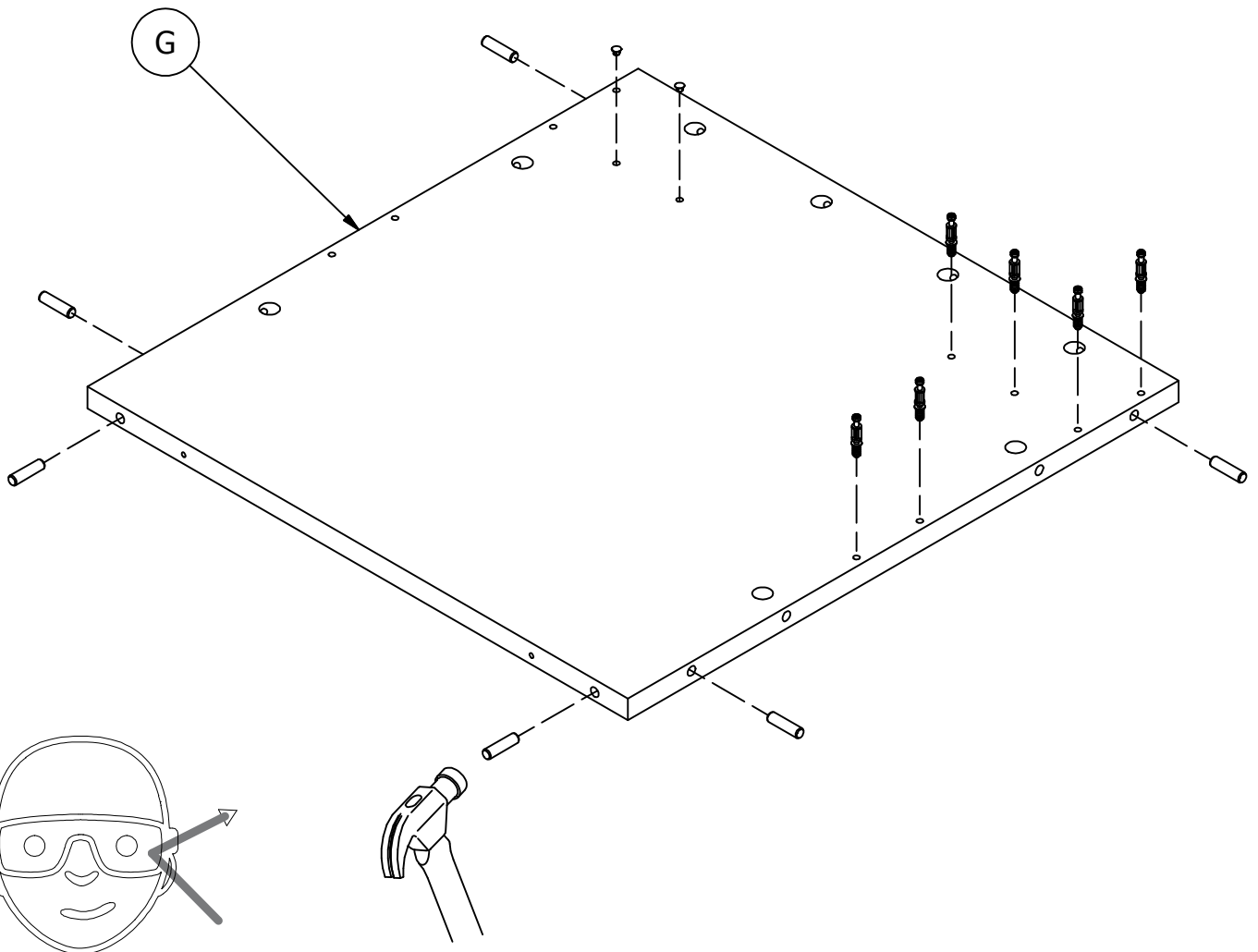
# STEP 24

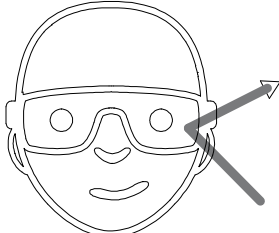
# Prepare Panel

H72988  [ 6 ]  
KD Bolt

 [ 2 ]  
5mm

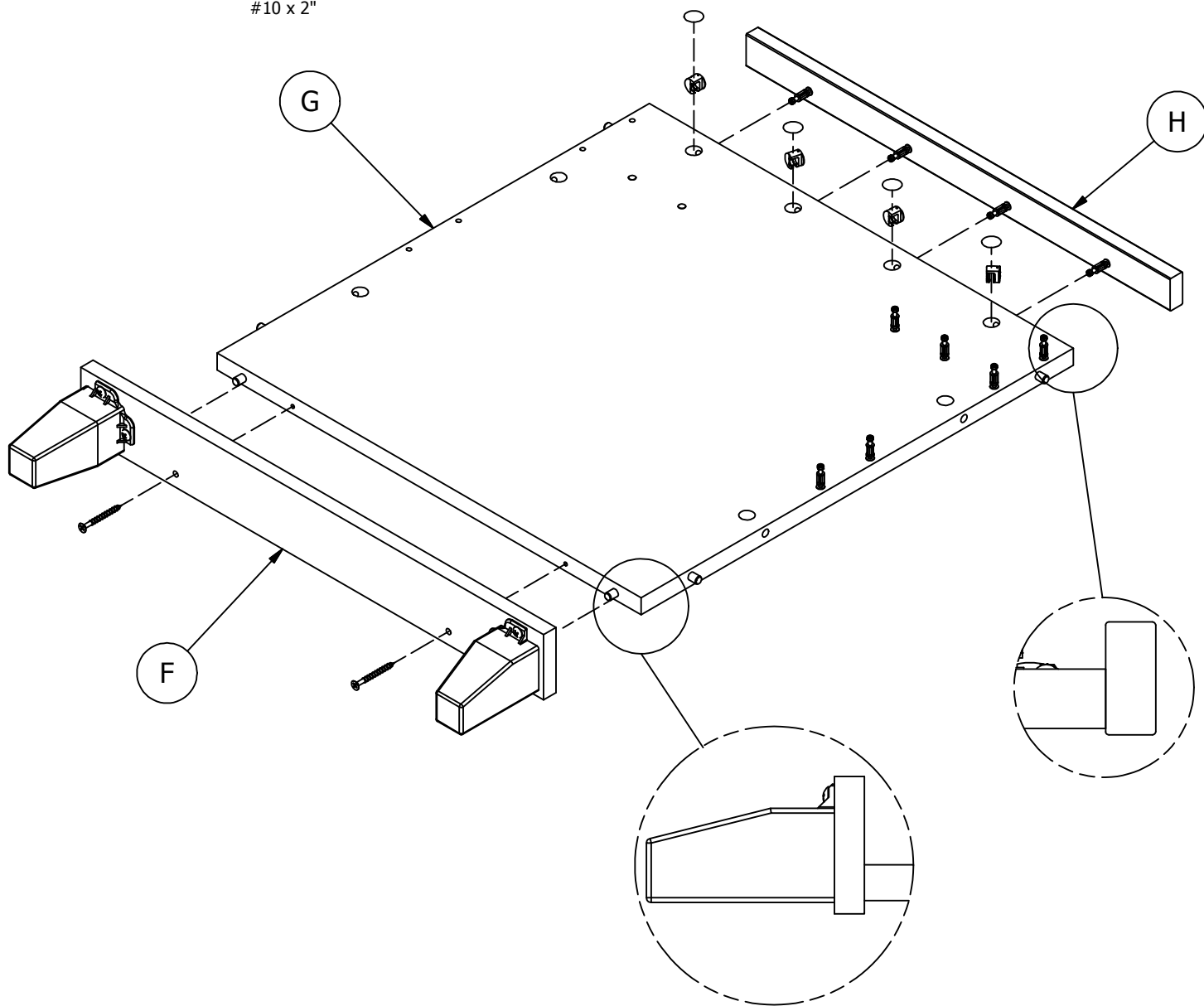
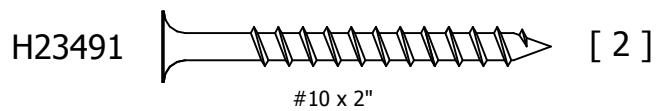
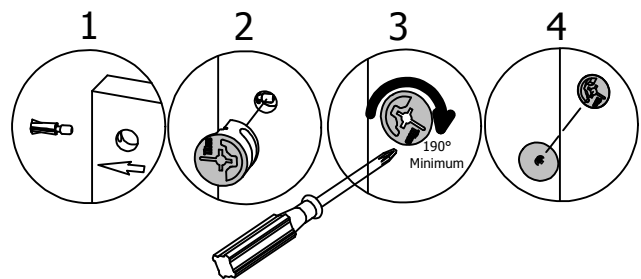
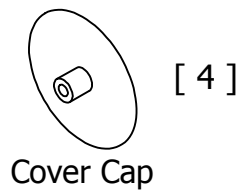
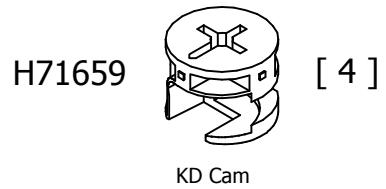
H38169  [ 6 ]  
Wood Dowel 8 x 30



  
Safety glasses  
Gafas de seguridad  
Lunettes de protection

# STEP 25

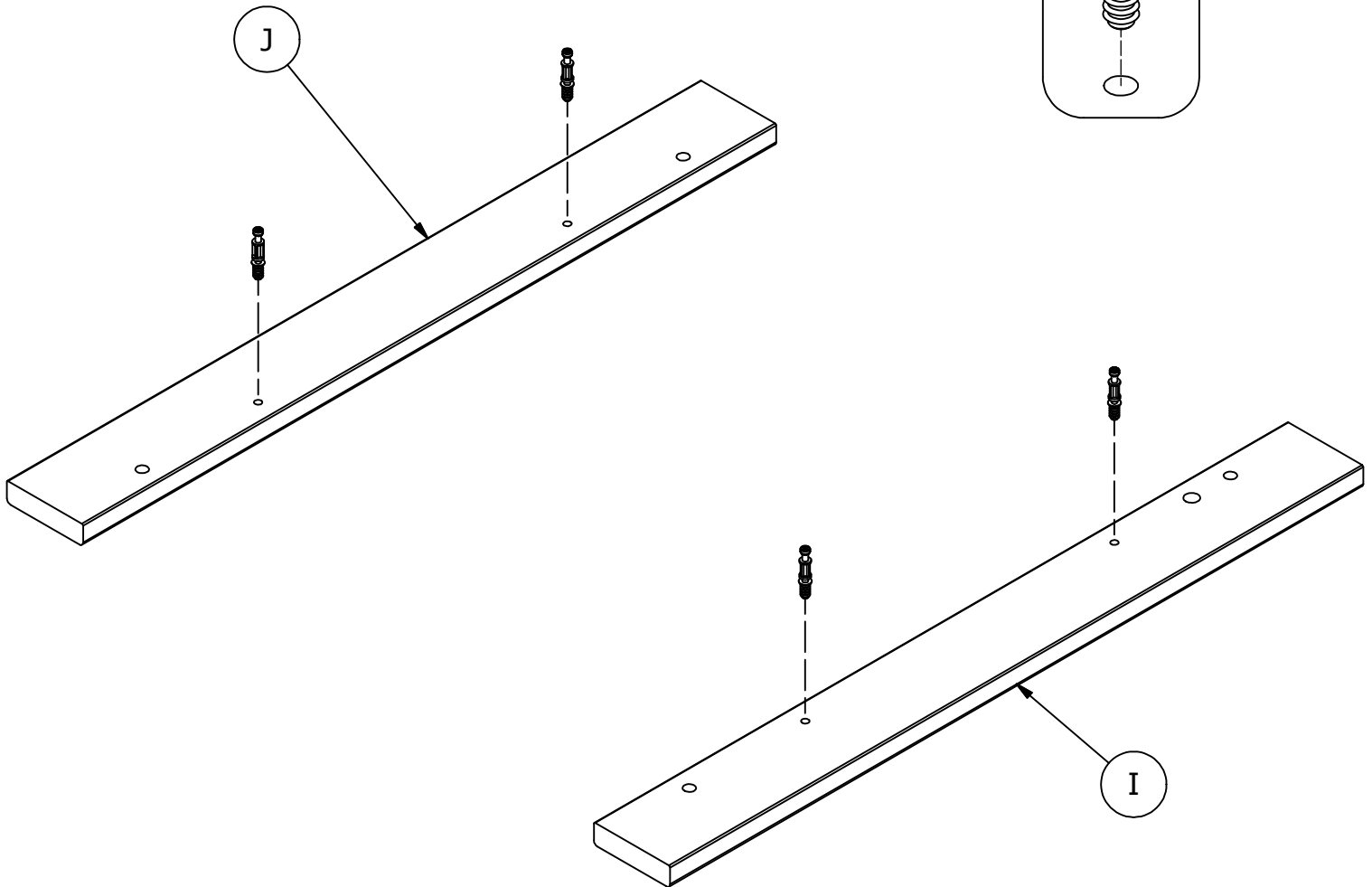
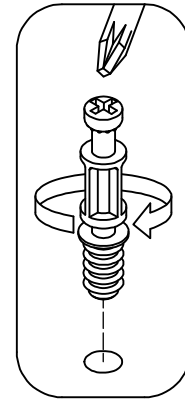
# Assemble Panel



# STEP 26

# Prepare Rails

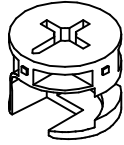
H72988 [ 4 ]  
KD Bolt



# STEP 27

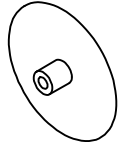
# Assemble Modesty Panel

H71659 [ 6 ]  
KD Cam

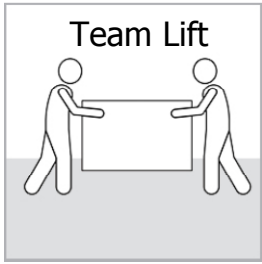
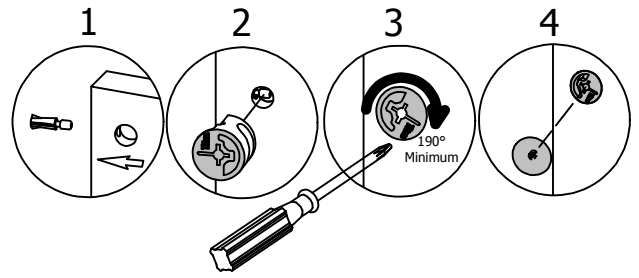


KD Cam

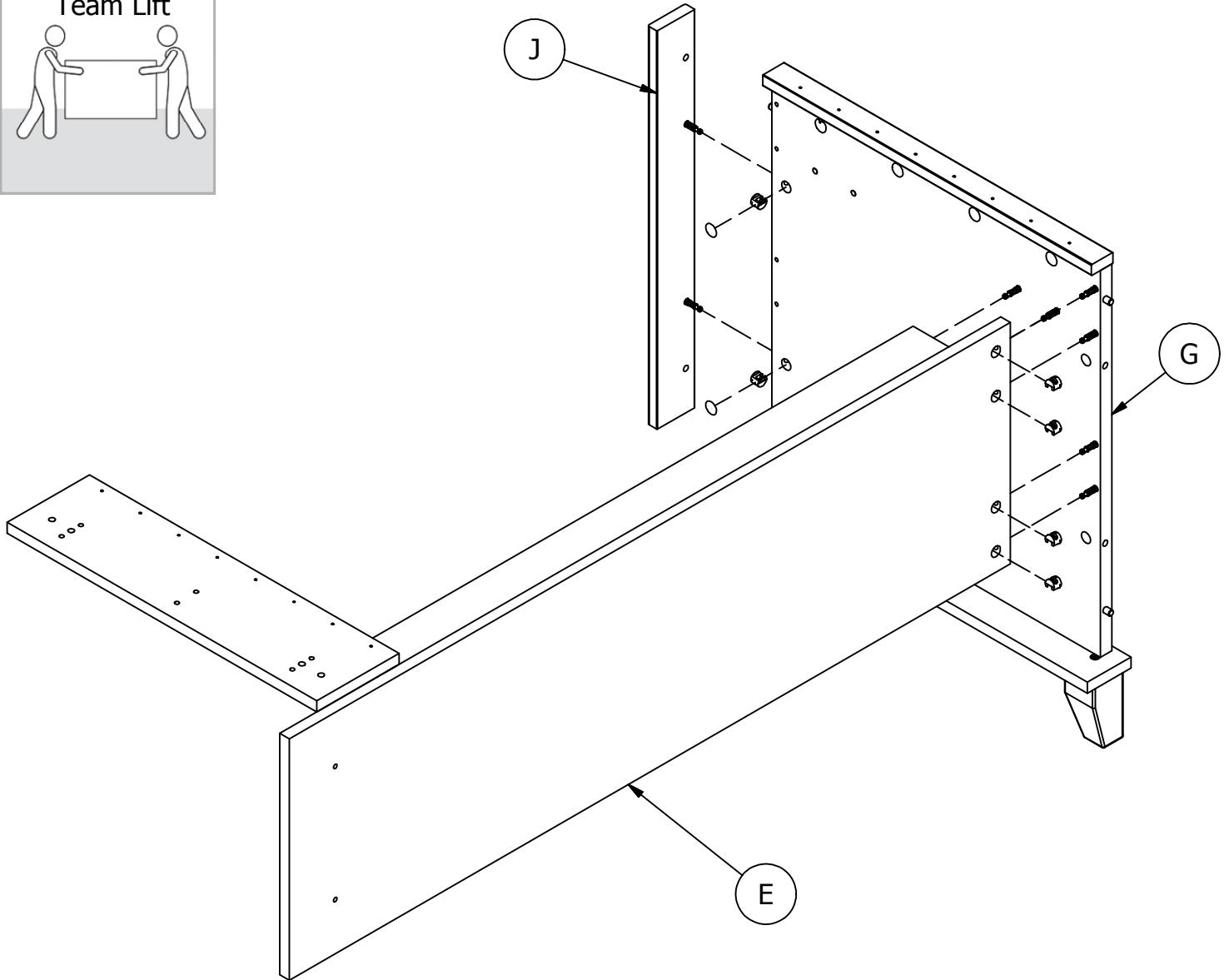
[ 2 ]  
Cover Cap



Cover Cap



Team Lift

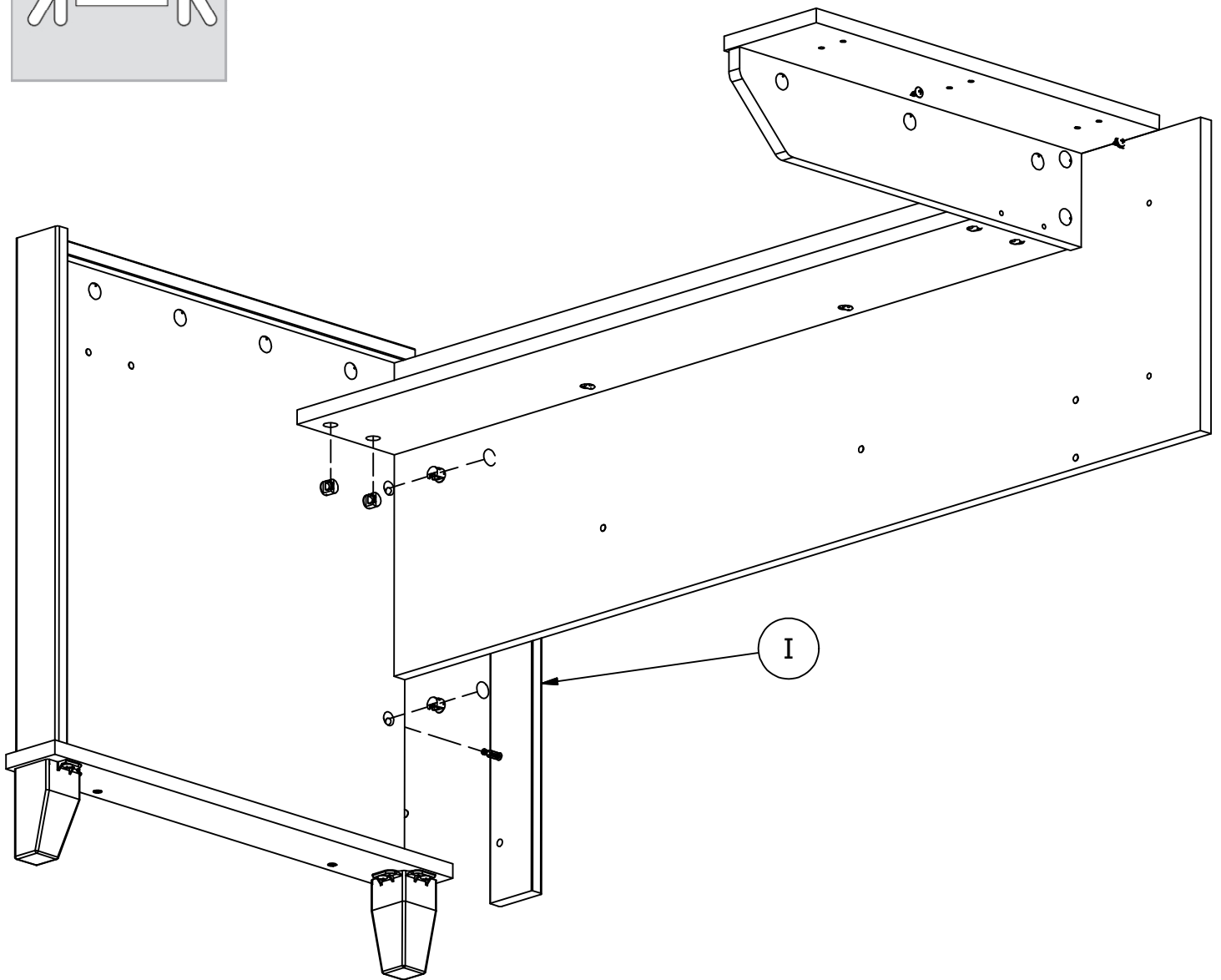
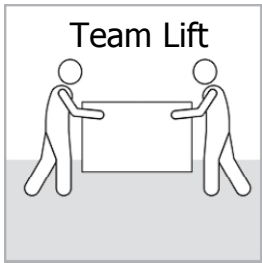
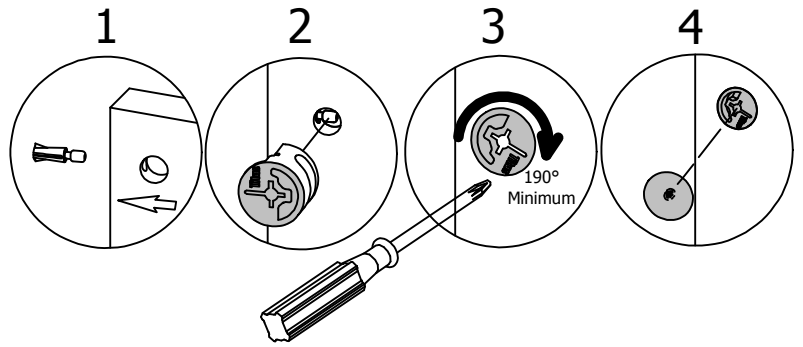


# STEP 28

# Assemble Panel

H71659 [ 4 ]  
KD Cam

[ 2 ]  
Cover Cap

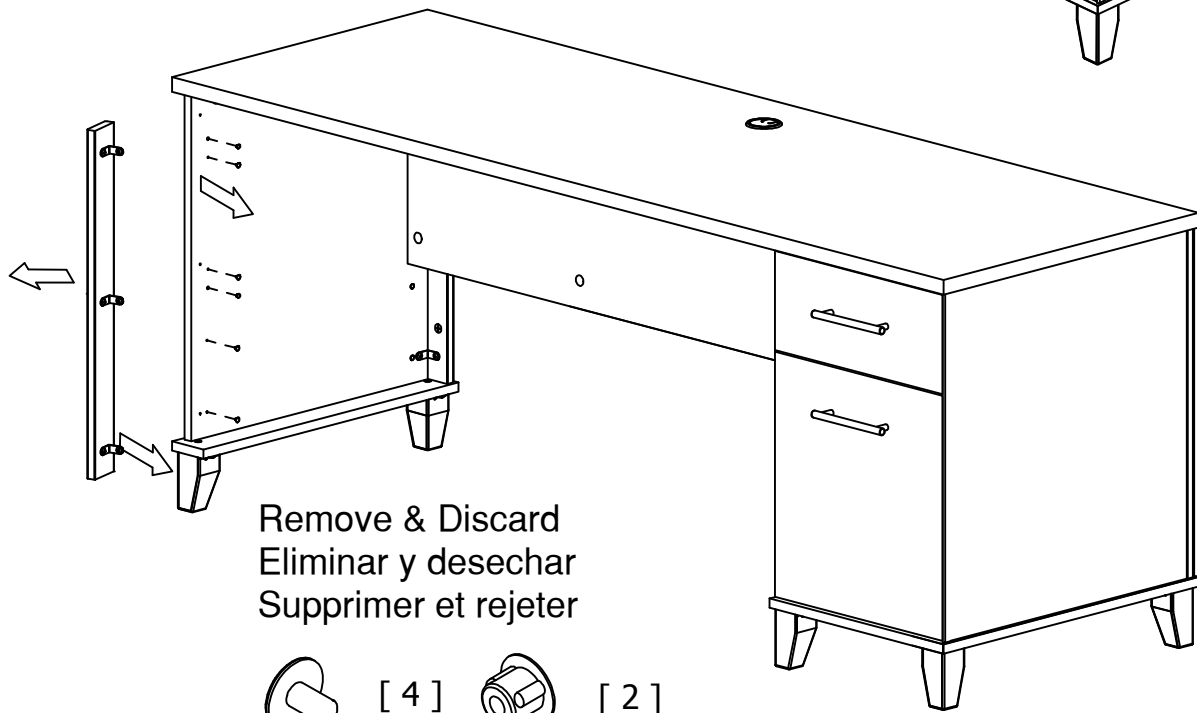
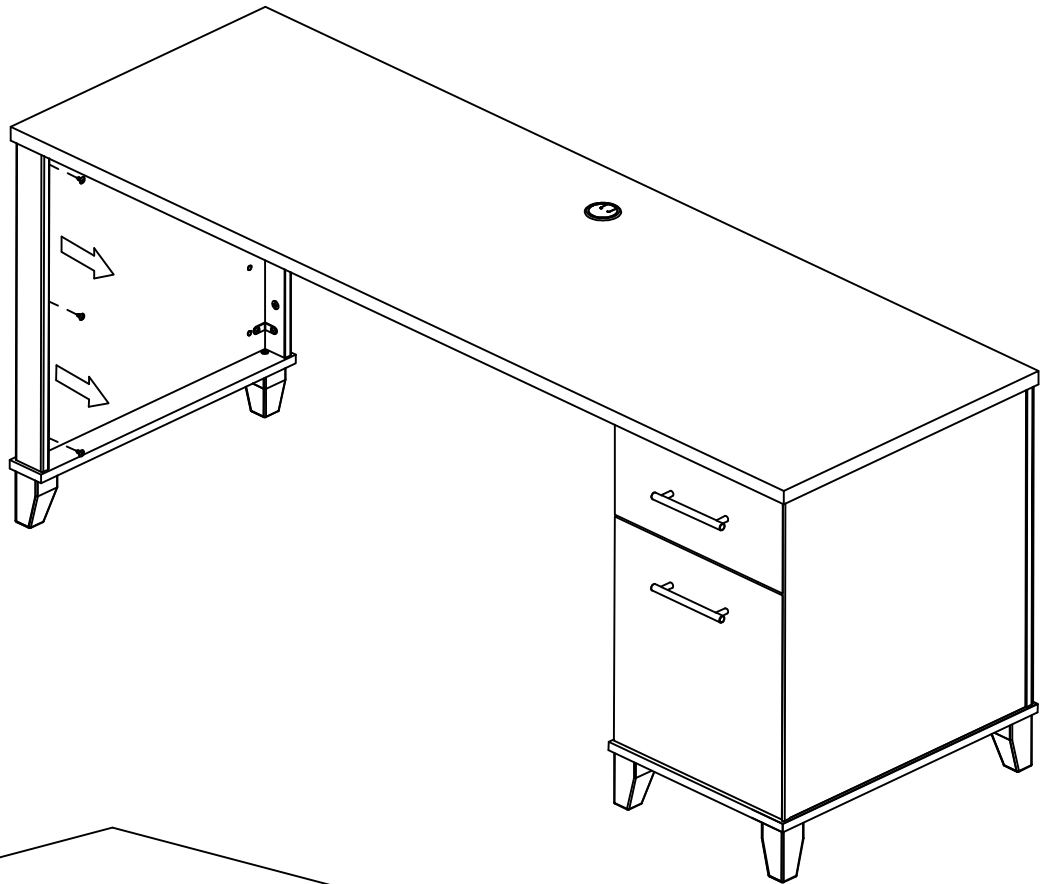


# STEP 29

# Remove Rail

Remove & Discard  
Eliminar y desechar  
Supprimer et rejeter

H35251 [ 3 ]  
#10 x 1/2"



Remove & Discard  
Eliminar y desechar  
Supprimer et rejeter



[ 4 ]



[ 2 ]

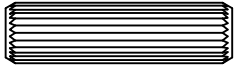
3mm

5mm

# STEP 30

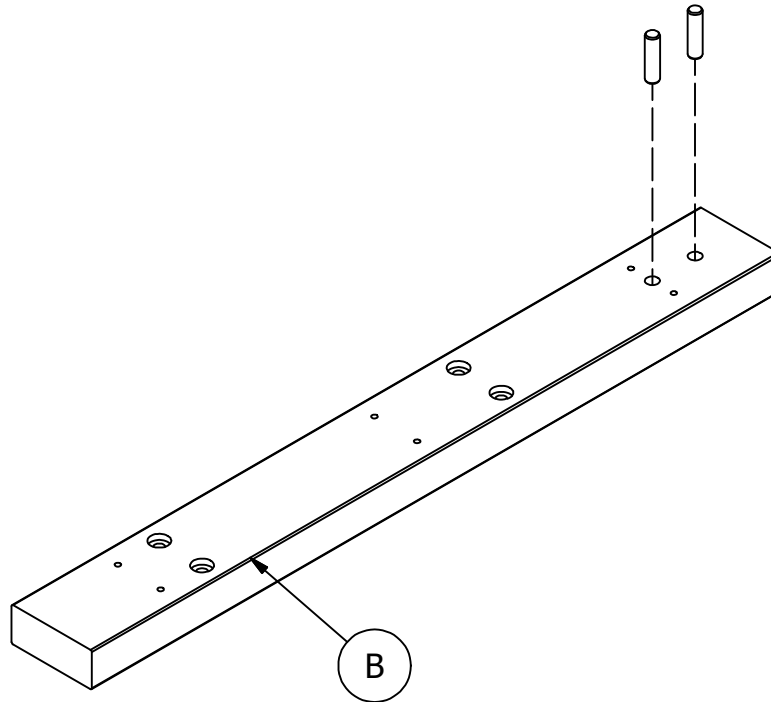
# Prepare Rail

H38169



Wood Dowel 8 x 30

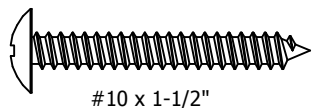
[ 2 ]



# STEP 31

# Assemble Rail

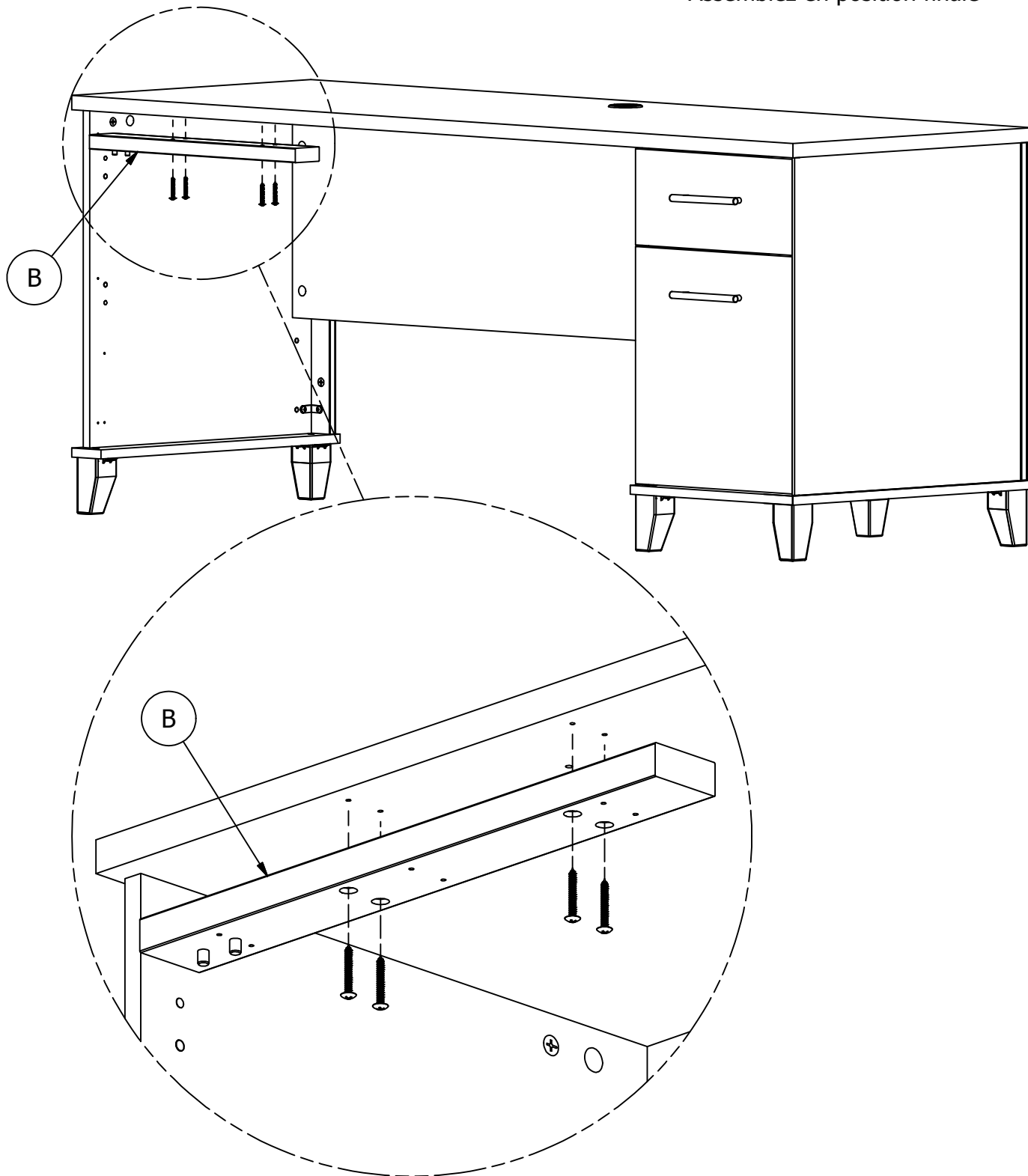
H23468



[ 4 ]

#10 x 1-1/2"

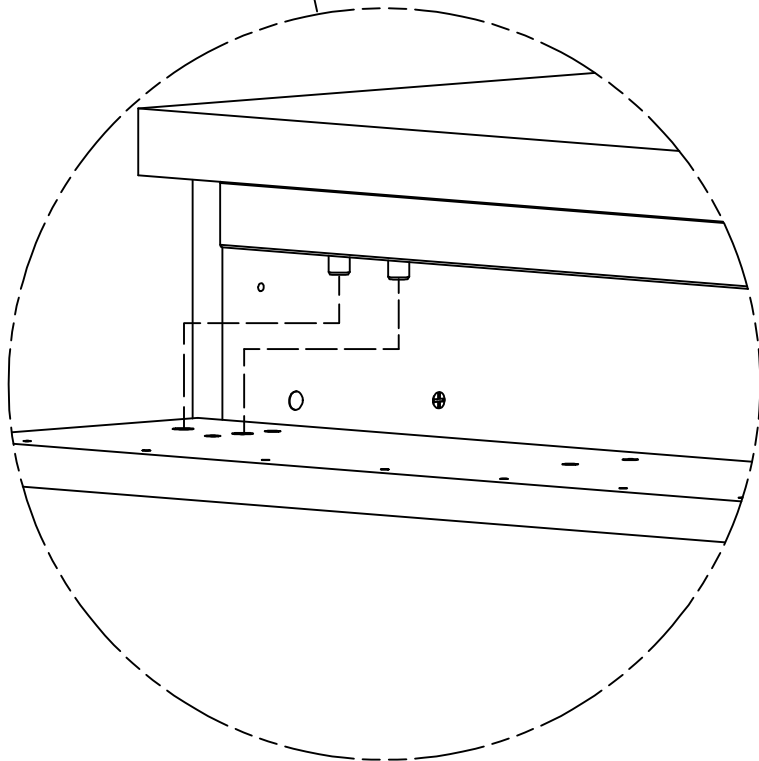
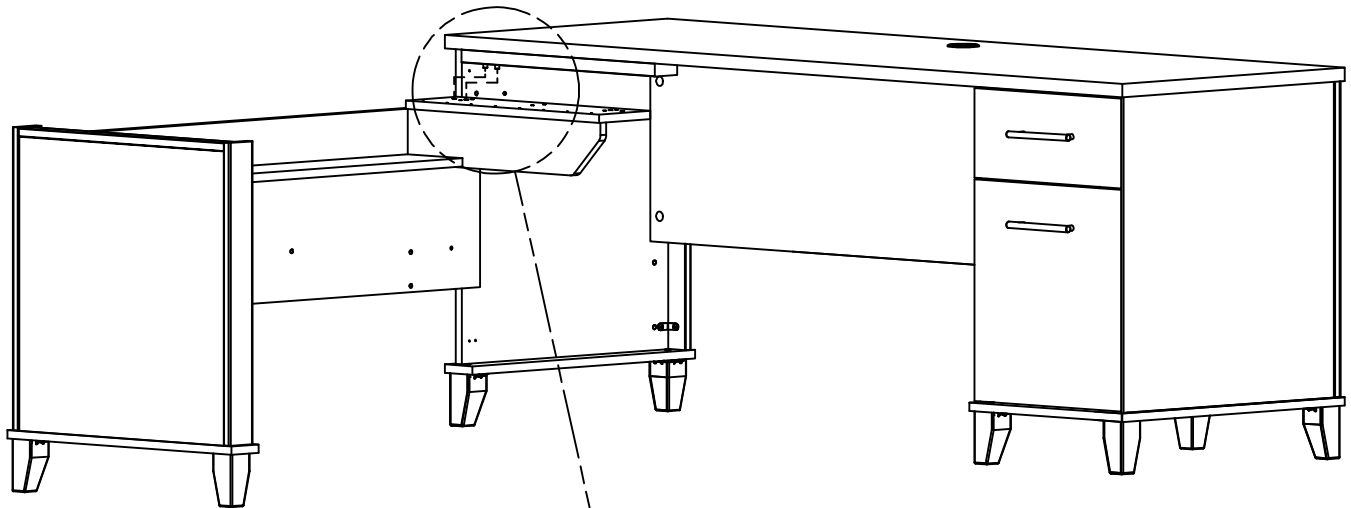
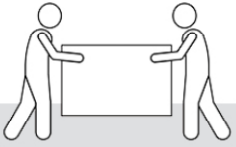
Assemble in final location.  
Arme la unidad en el lugar destinado.  
Assemblez en position finale



# STEP 32

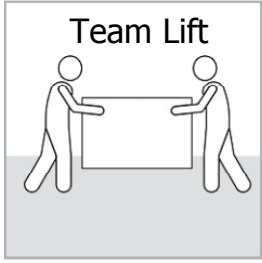
# Attach Modesty Panel

Team Lift

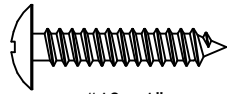


# STEP 33

# Attach Modesty Panel

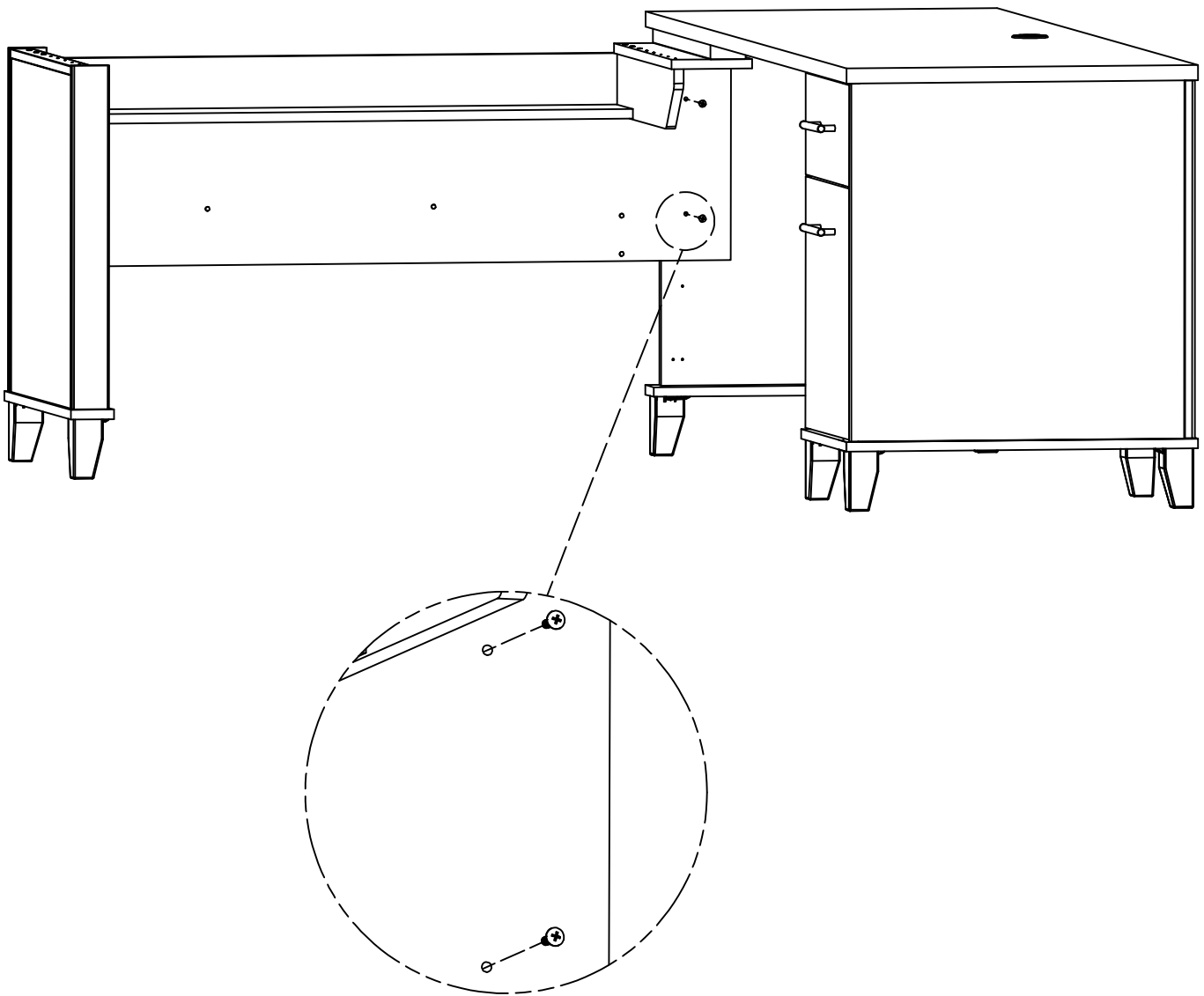


H23682



[ 2 ]

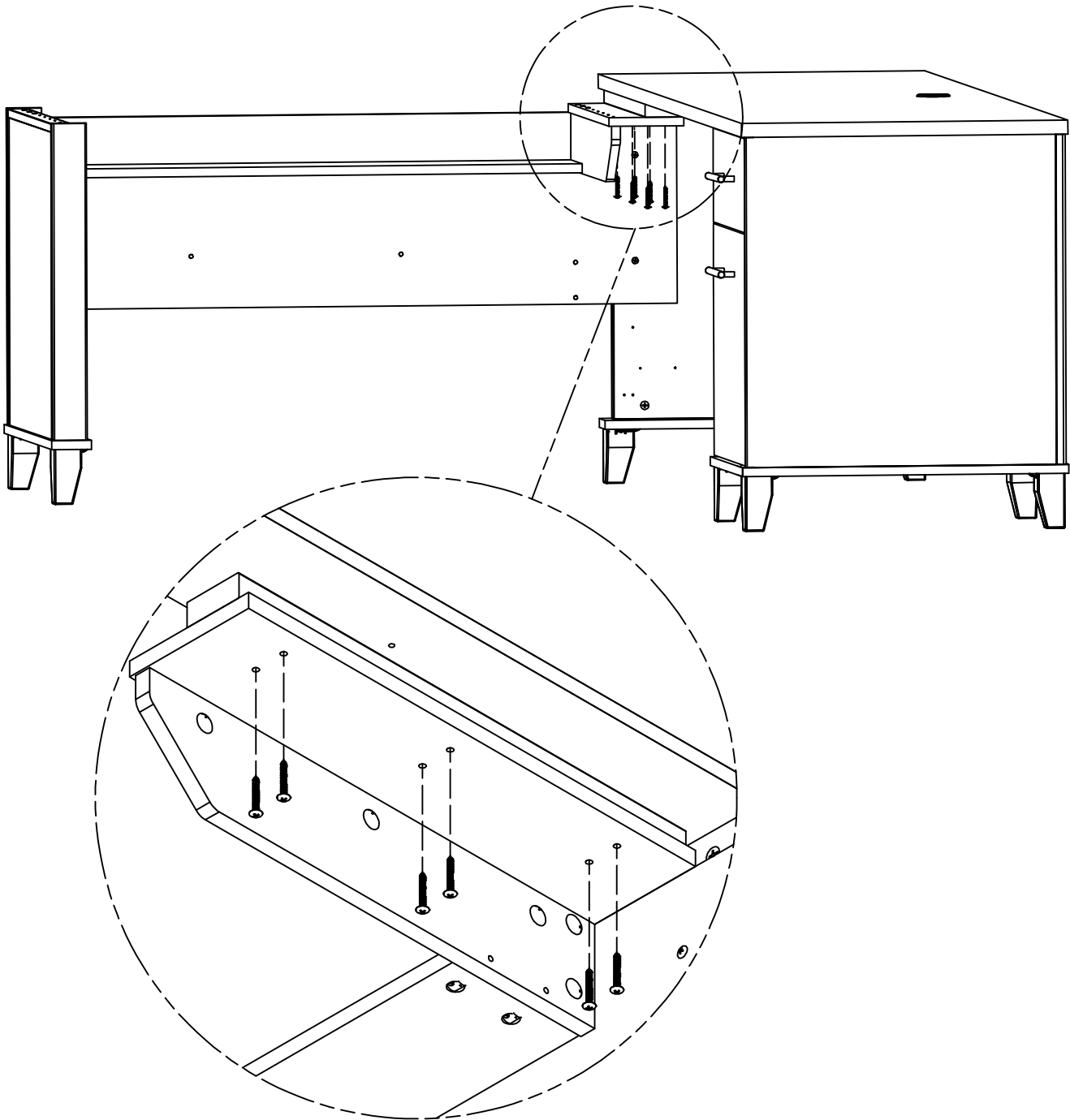
#10 x 1"



# STEP 34

# Attach Modesty Panel

H23468 [ 6 ]  
#10 x 1-1/2"

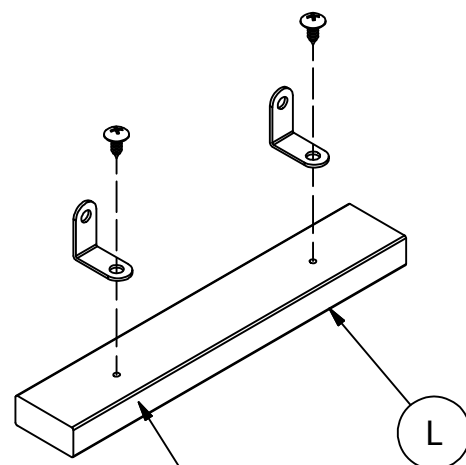


# STEP 35

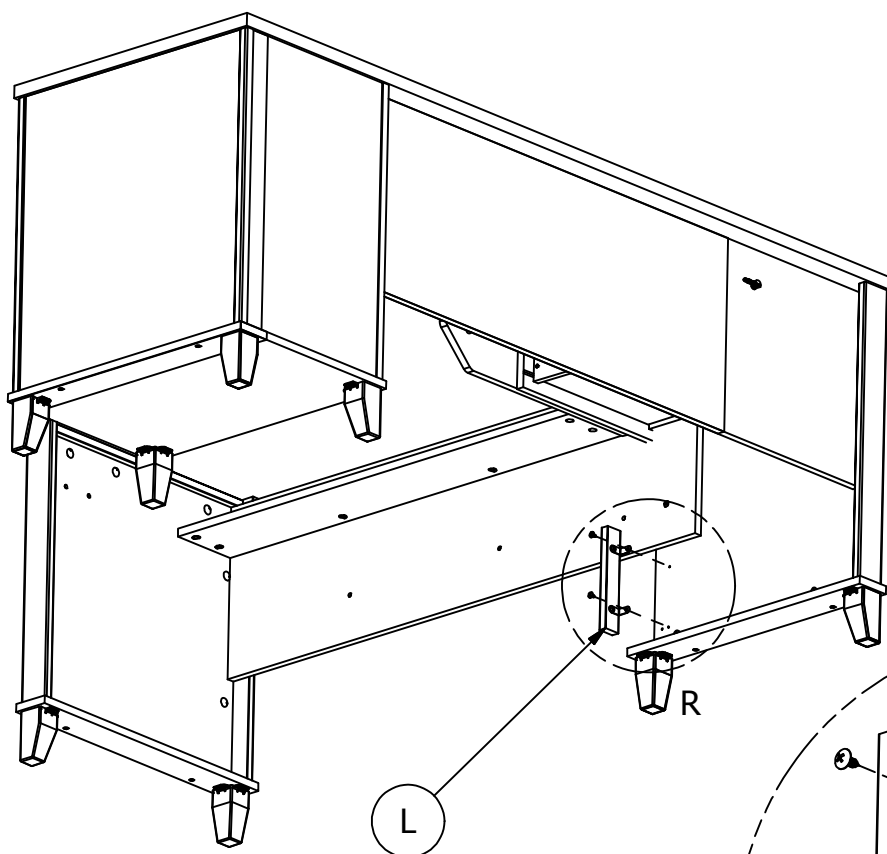
# Attach Rail

H35251 [ 4 ]  
#10 x 1/2"

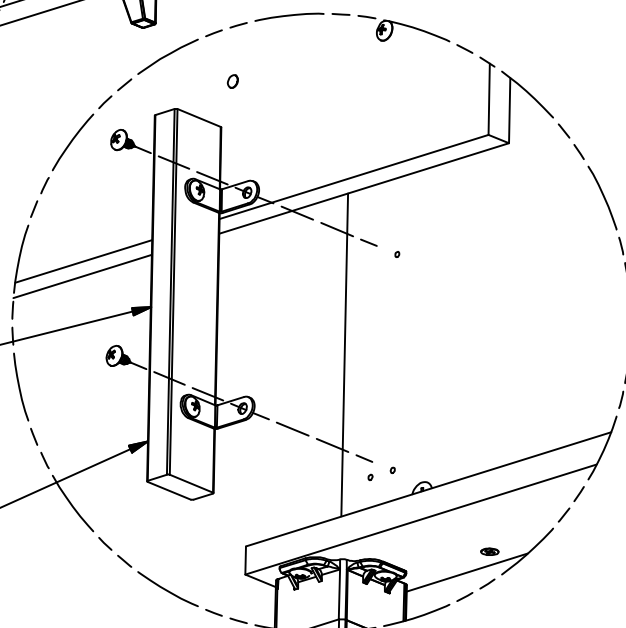
H67187 [ 2 ]  
Angle Bracket



Finished edge  
Borde acabado  
Bord fini

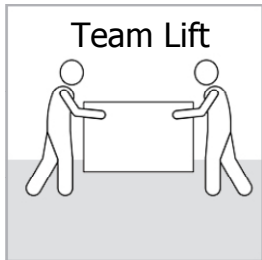


Finished edge  
Borde acabado  
Bord fini

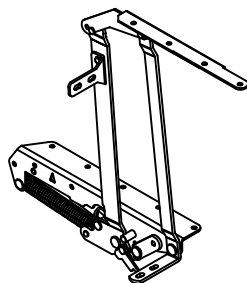


# STEP 36

# Attach Stand

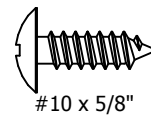


Z184666



[ 1 ]

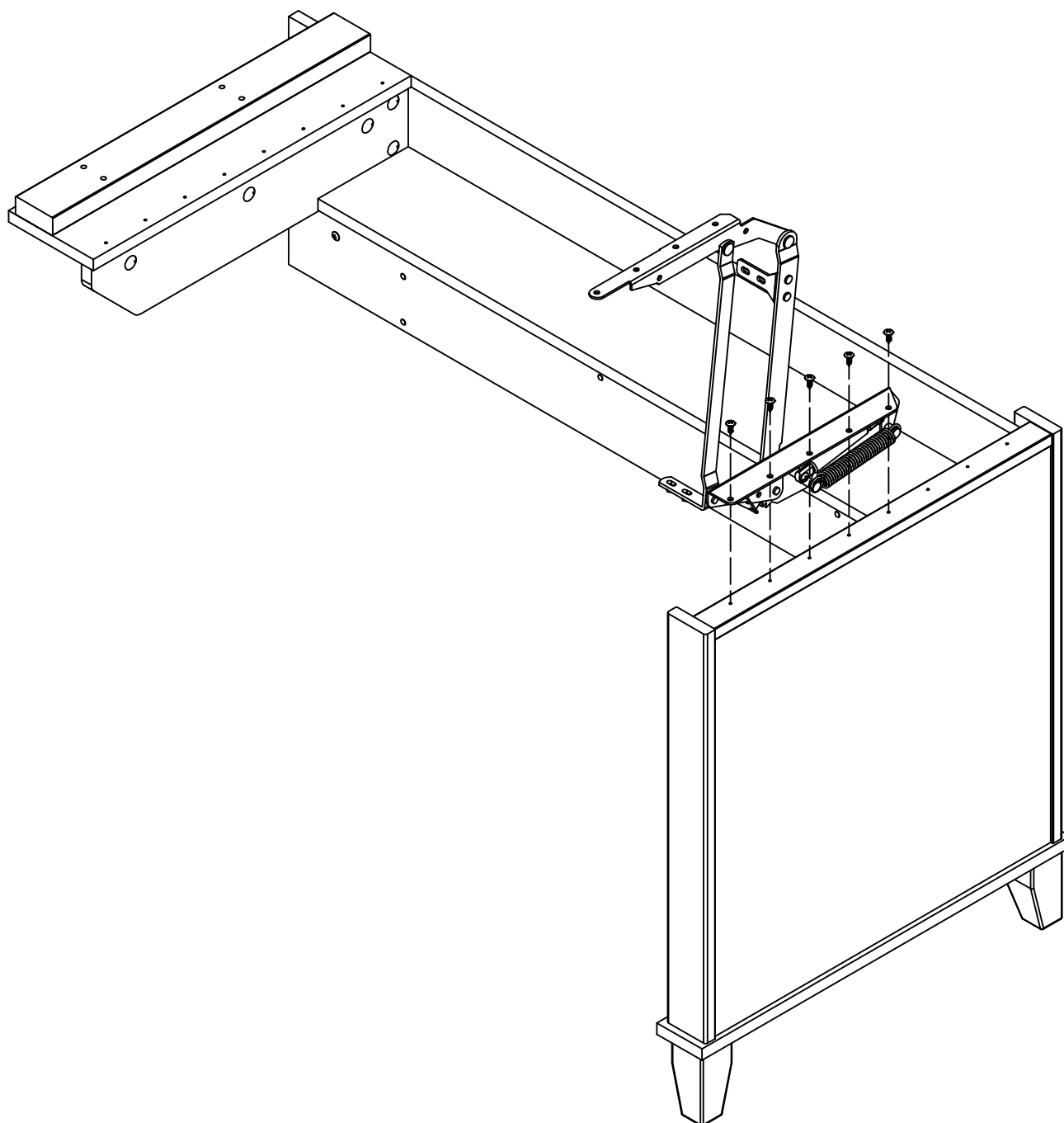
H23119



[ 5 ]

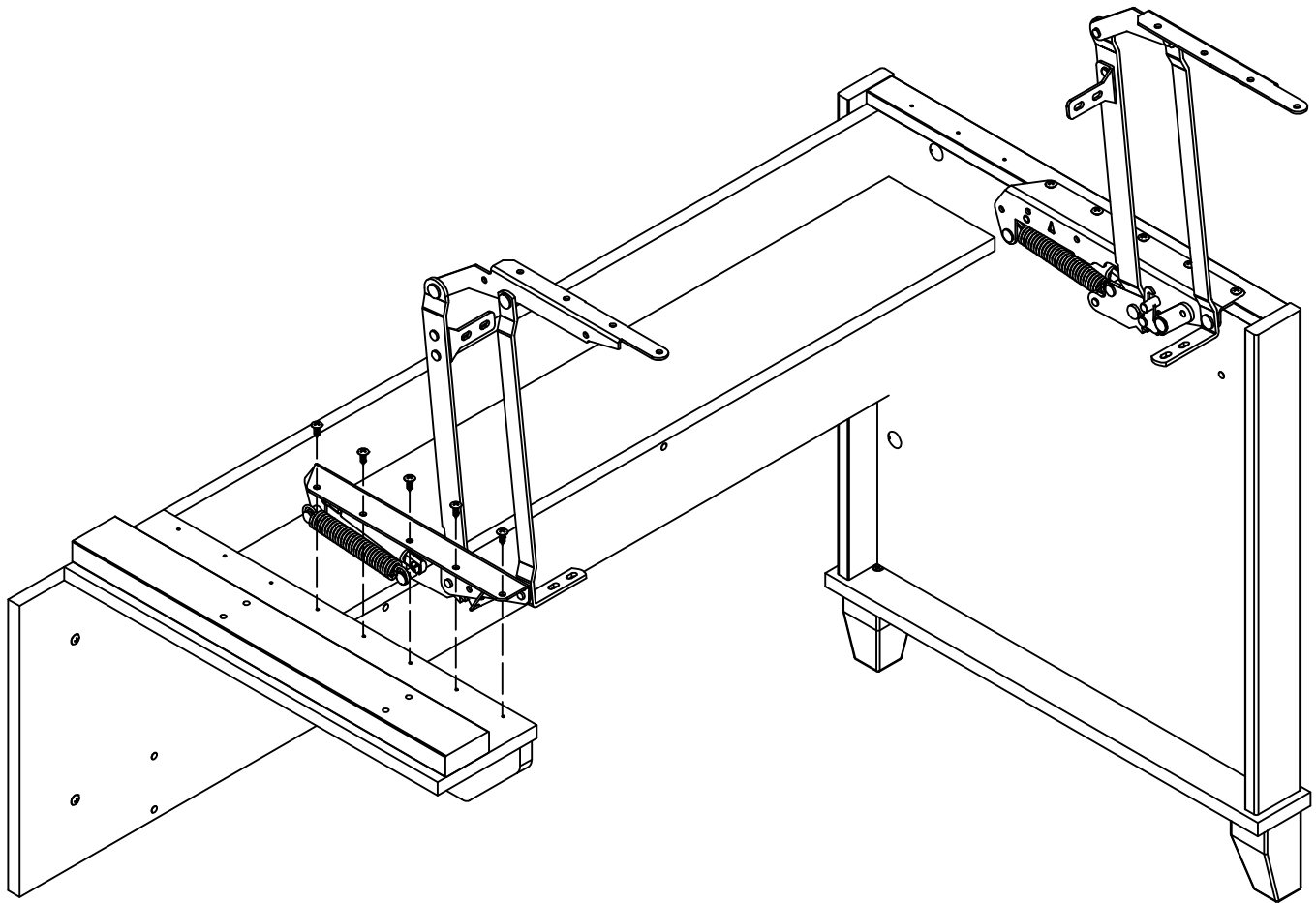
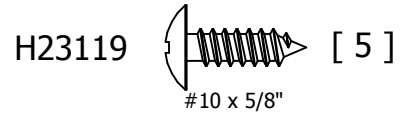
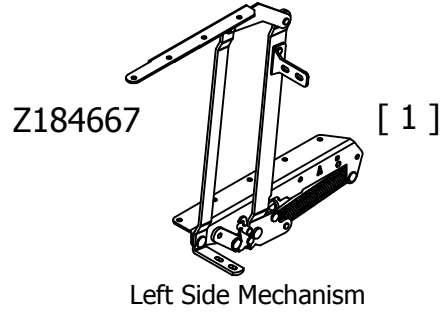
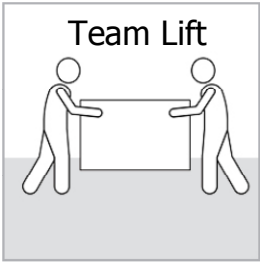
#10 x 5/8"

Right Side Mechanism



# STEP 37

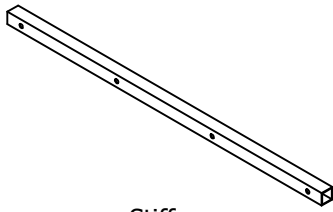
# Attach Stand



# STEP 38

# Prepare Top

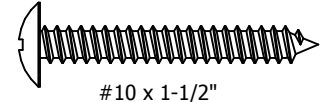
H181315



[ 1 ]

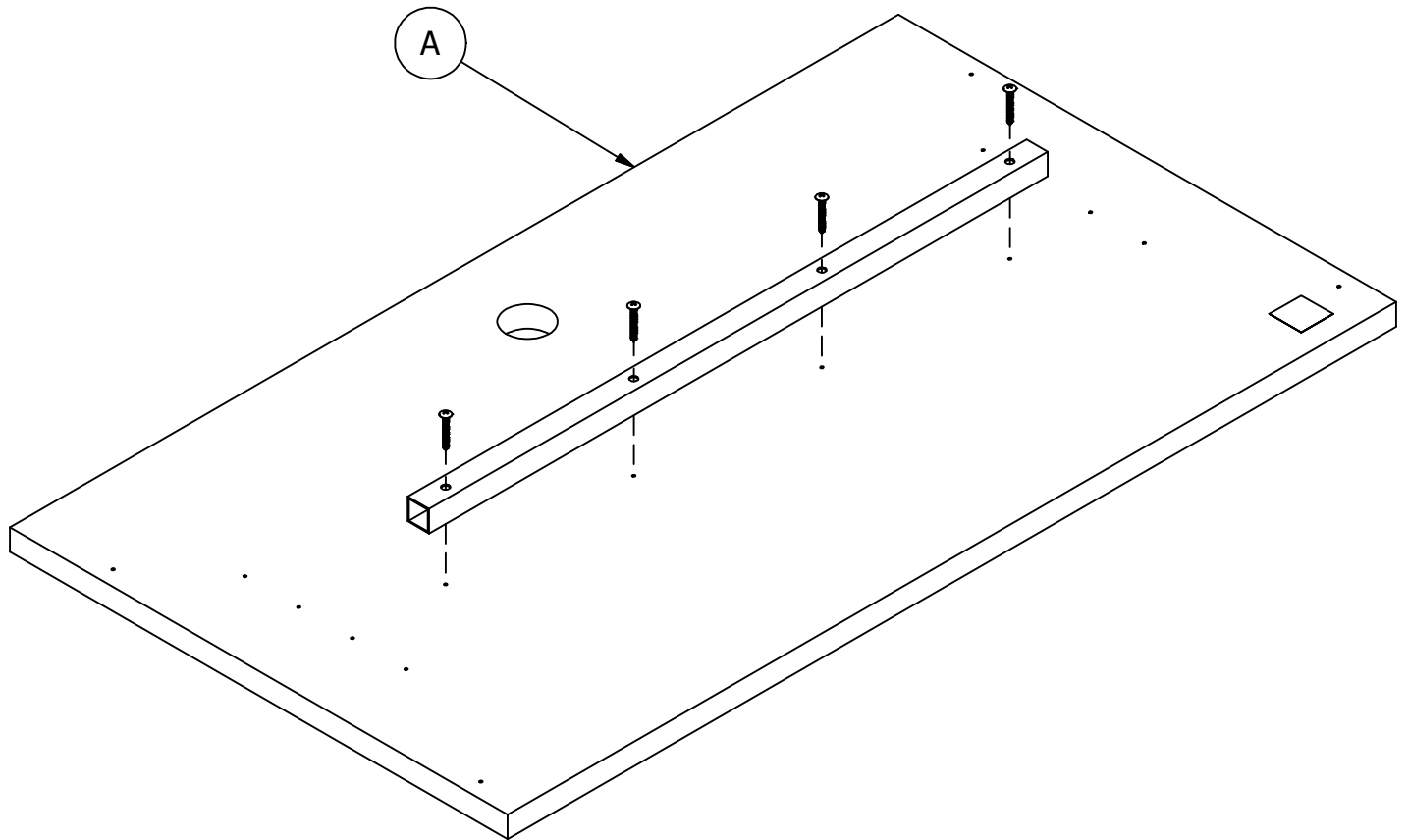
Stiffener

H23468



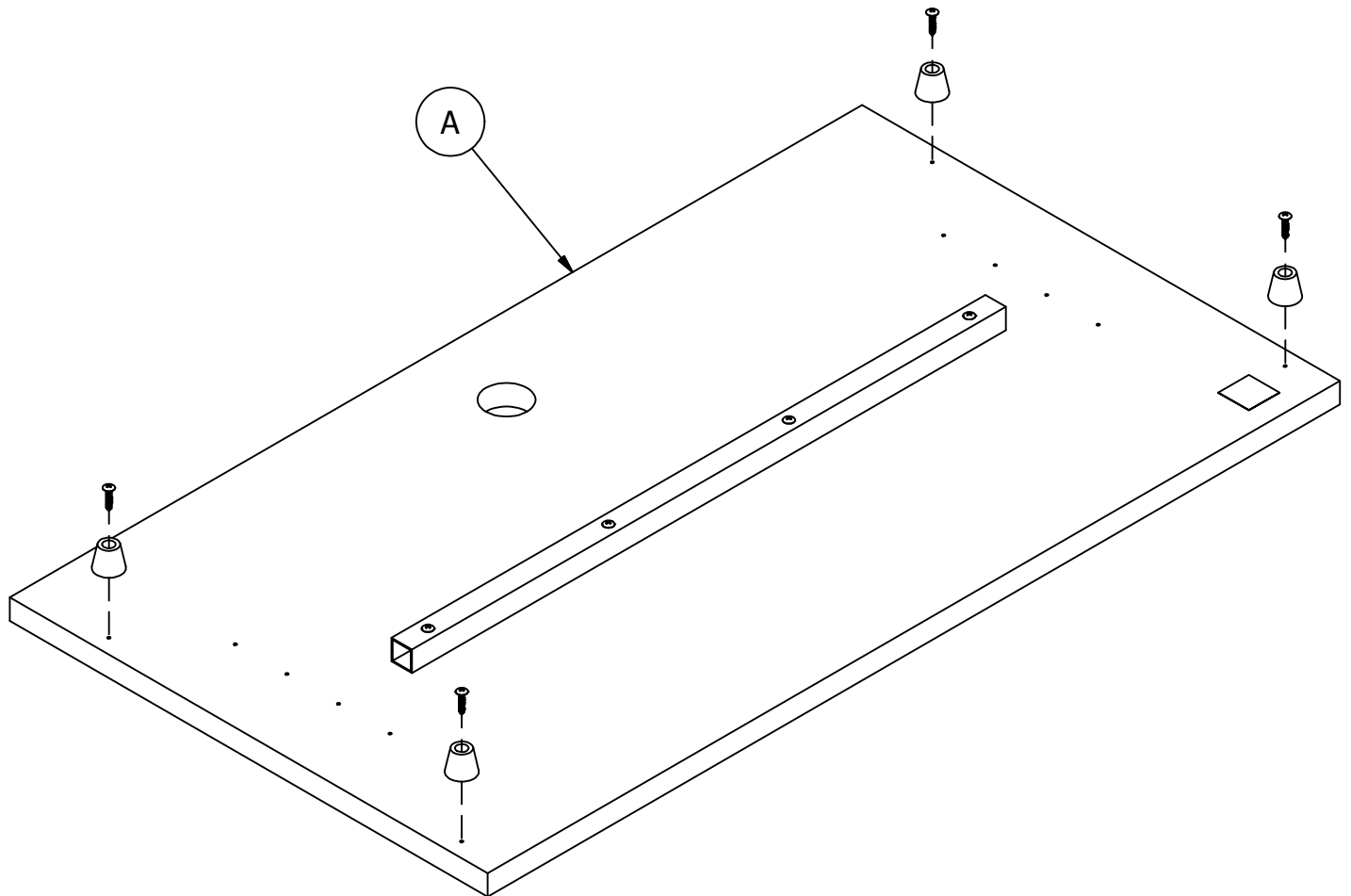
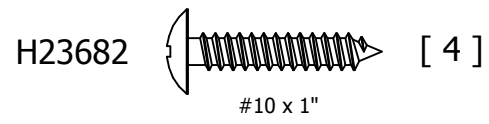
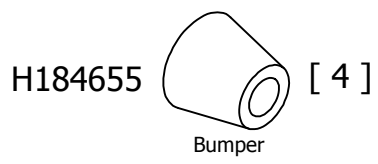
[ 4 ]

#10 x 1-1/2"



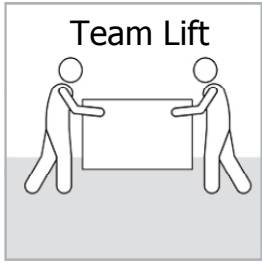
# STEP 39

# Attached Bumpers

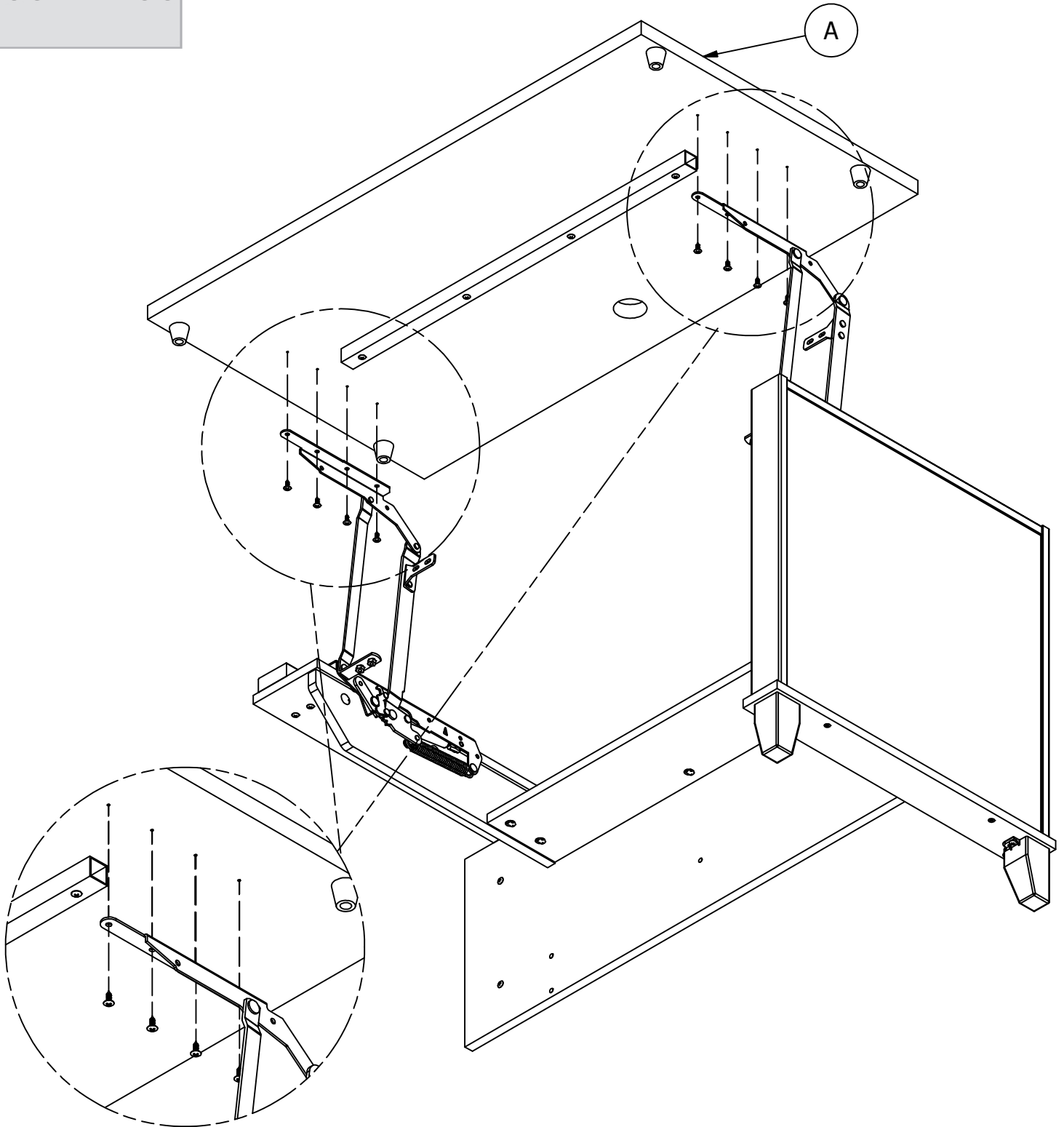
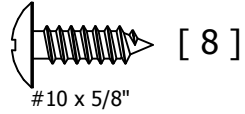


# STEP 40

# Assemble Work Surface

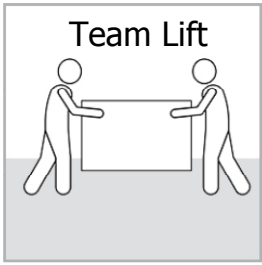


H23119

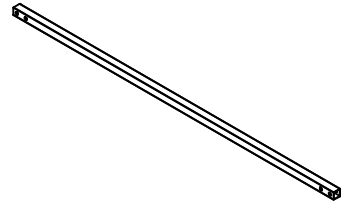


# STEP 41

# Attach Supports



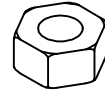
H189068



[ 2 ]

Connecting Bar

Z184671



[ 8 ]

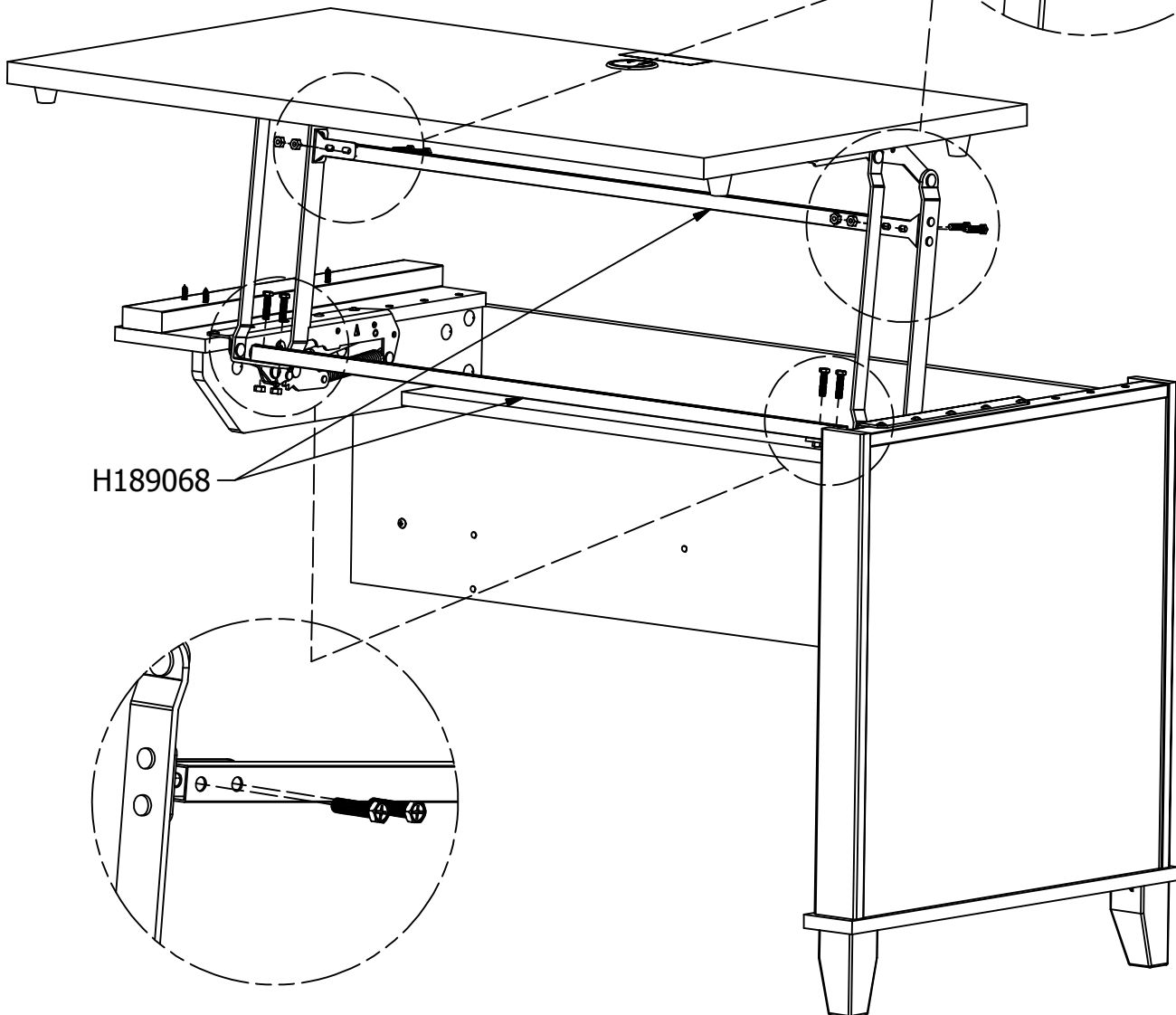
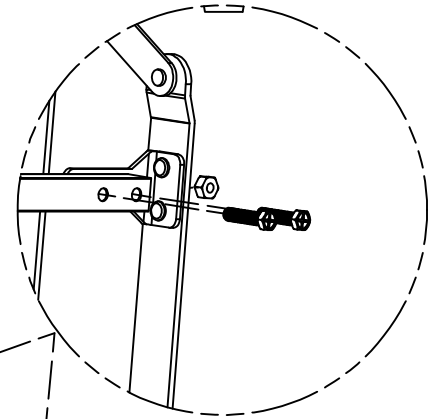
Nut 1/4-20

Z184669

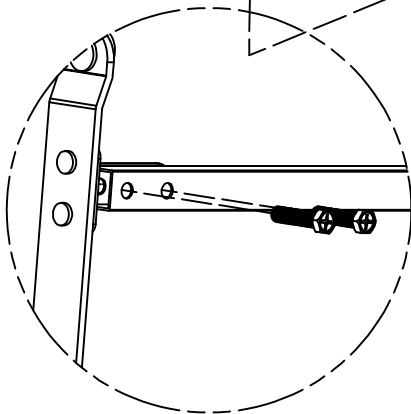


[ 8 ]

1/4-20 x 28mm



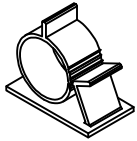
H189068



# STEP 42

# Attach Supports

H157577



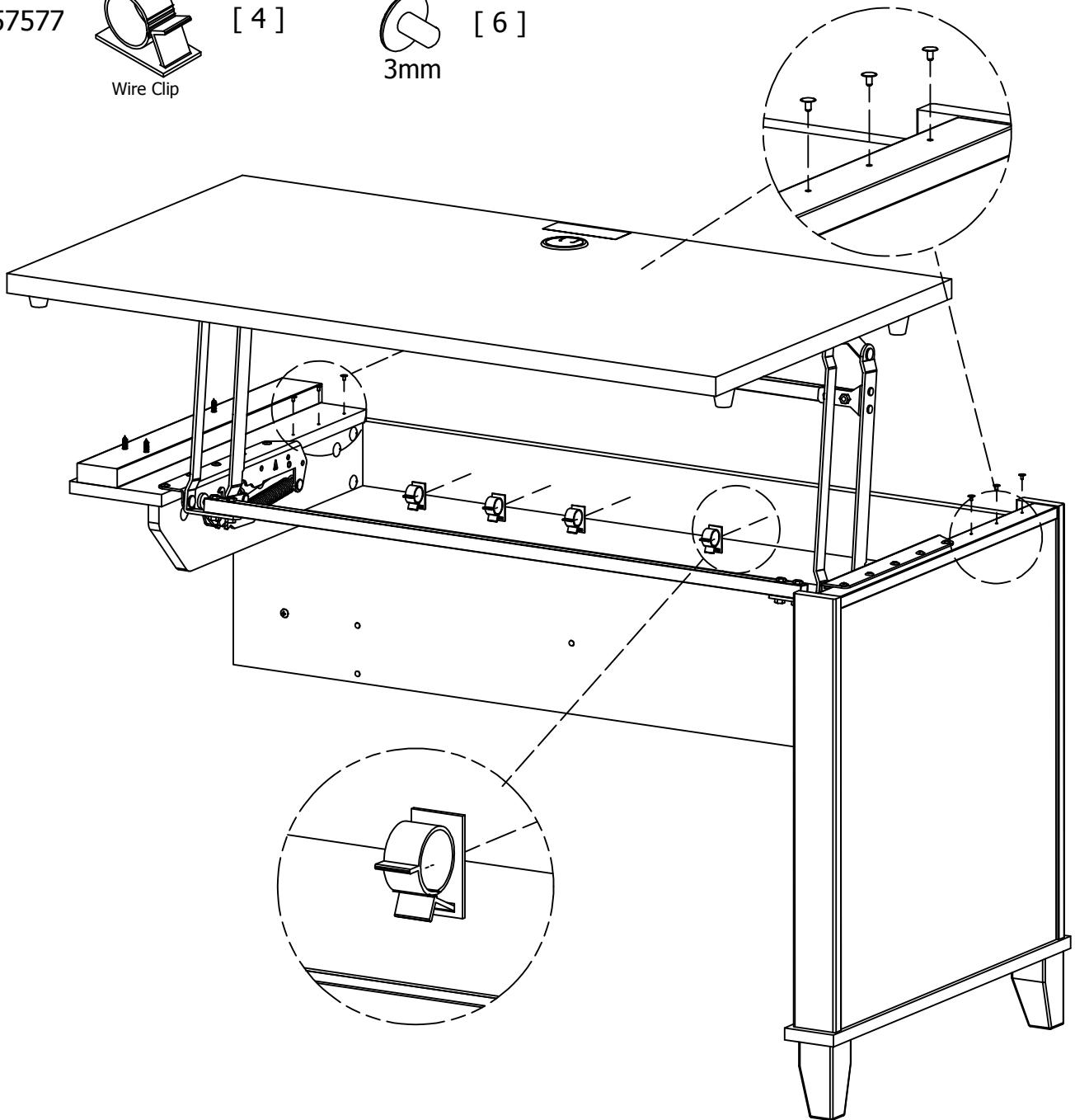
Wire Clip

[ 4 ]



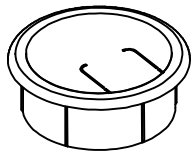
3mm

[ 6 ]



# STEP 43

# Insert Grommet and Loading

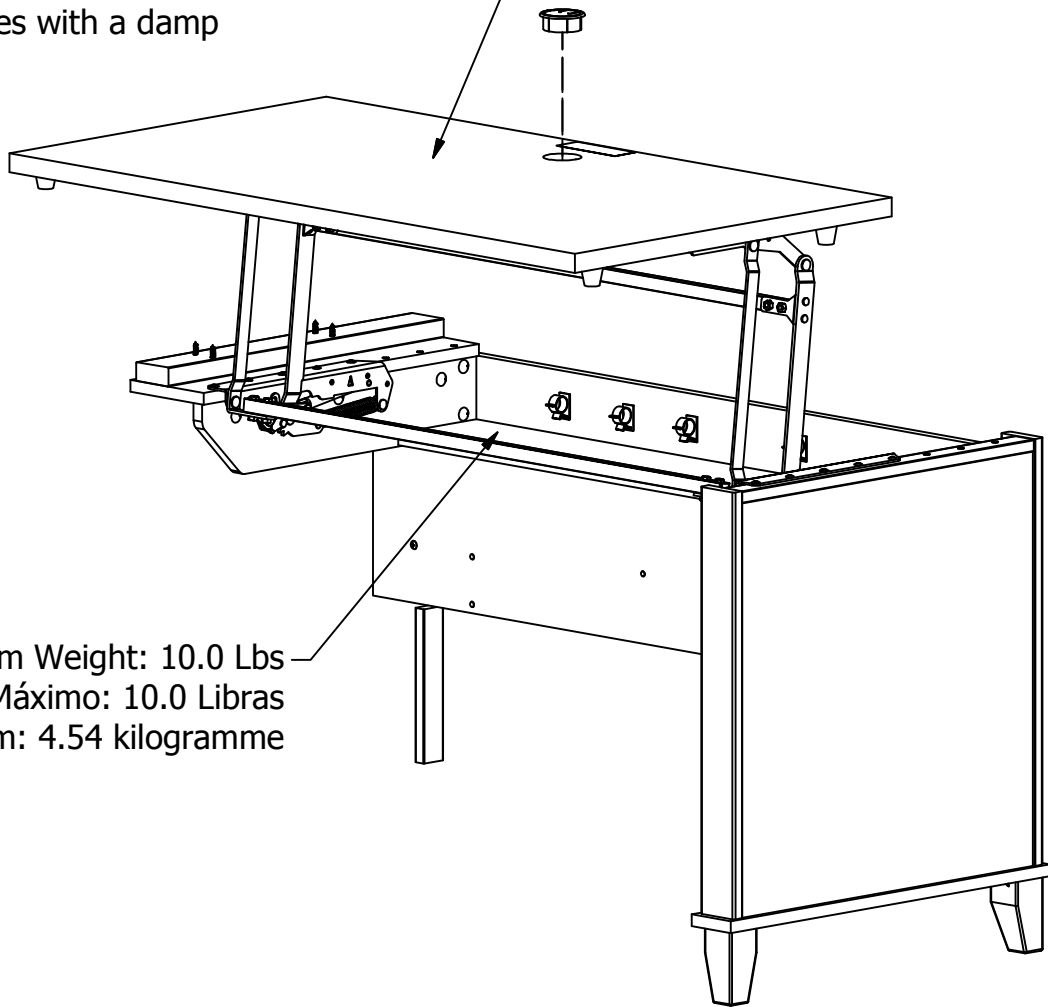


[ 1 ]

Grommet

Gently clean surfaces with a damp sponge eraser.

Maximum Weight: 20.0 Lbs  
Peso Máximo: 20.0 Libras  
Poid Maximum: 9.07 kilogramme



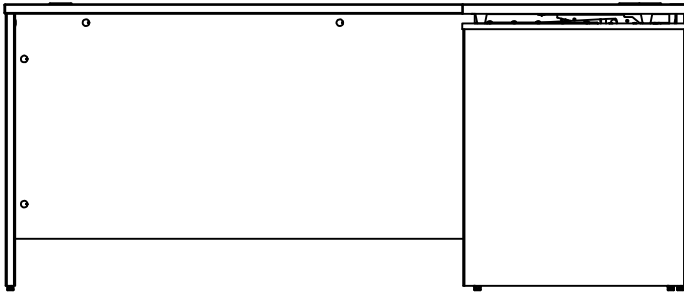
Maximum Weight: 10.0 Lbs  
Peso Máximo: 10.0 Libras  
Poids Maximum: 4.54 kilogramme

Congratulations! You are all done. If you have any questions or concerns, please call.

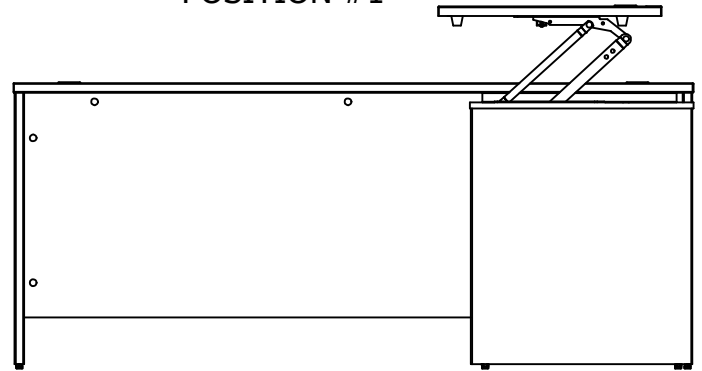
# STEP 44

# Sit To Stand

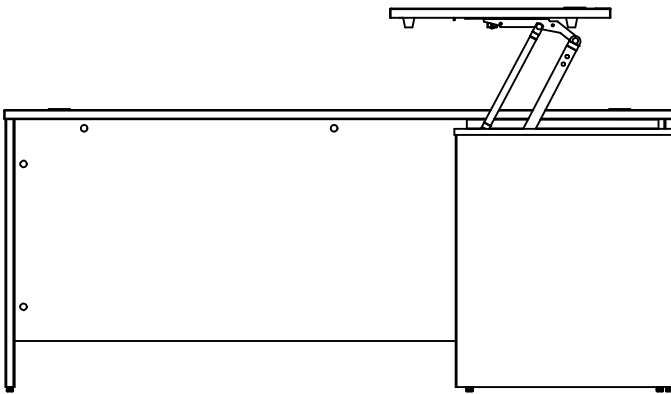
SEATED POSITION



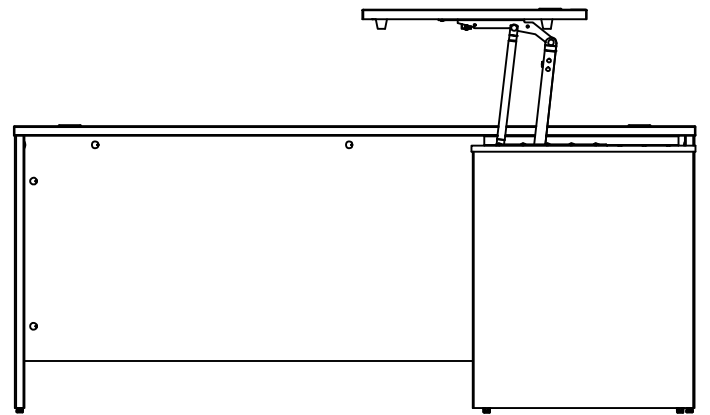
POSITION #1



POSITION #2

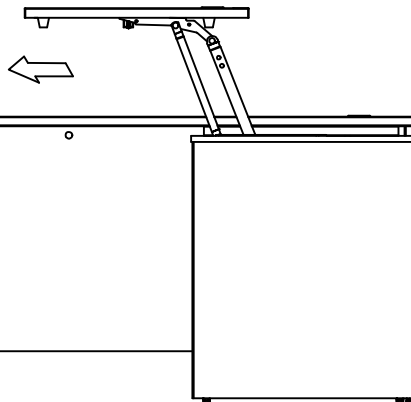


POSITION #3

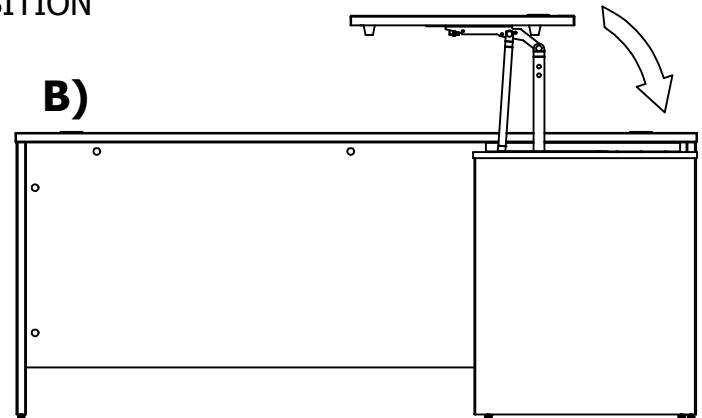


UNLOCK POSITION

**A)**



**B)**



DO NOT use desk top in UNLOCK position  
NO use el escritorio en la posición de DESBLOQUEO  
NE PAS utiliser le bureau en position UNLOCK

To return desk to seated position:

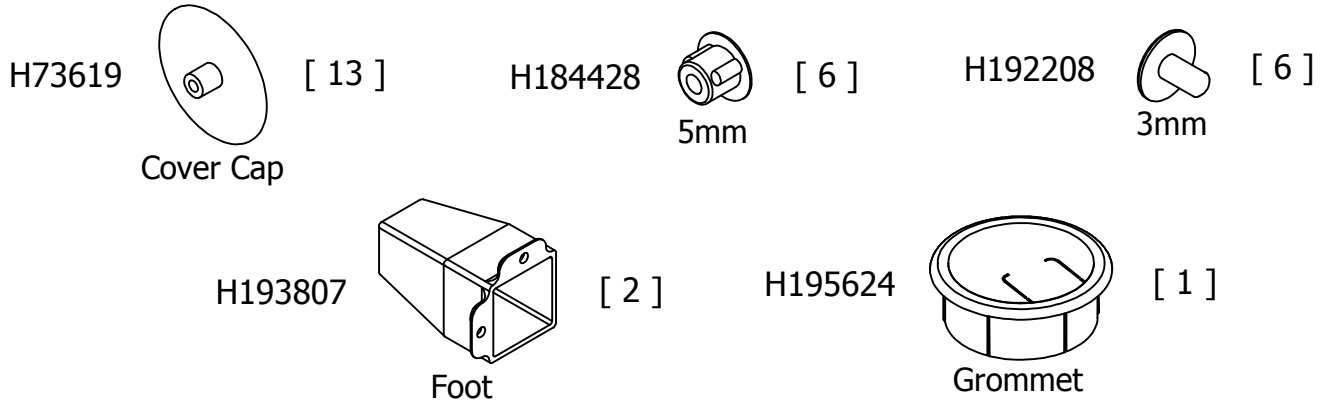
- (A) Pull desk top slowly forward until stop
- (A) Tire del escritorio lentamente hacia adelante hasta que se detenga
- (A) Tirez le bureau lentement vers l'avant jusqu'à la butée

- (B) Slowly push desk top down to seated position
- (B) Empuje lentamente la parte superior del escritorio hacia abajo hasta la posición sentada
- (B) Poussez lentement le bureau en position assise

# PARTS LIST

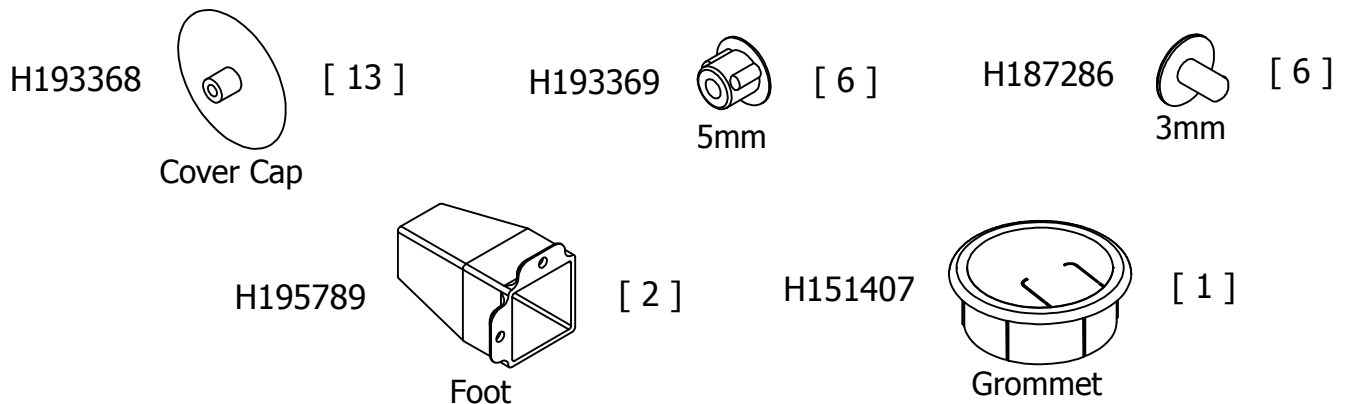
## WC81042

A	1	S200554	G	1	W196102
B	1	W196096	H	1	W196101
C	1	W096097	I	1	W196103
D	1	W196098	J	1	W196104
E	1	W196100	K	1	W196099
F	1	W196105	L	1	W196106



## WC81142

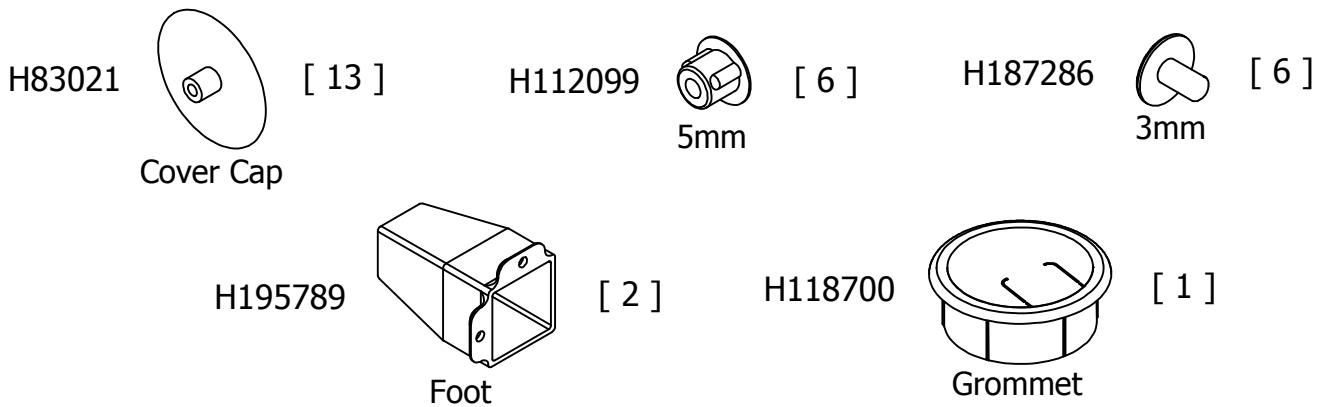
A	1	S200519	G	1	W200514
B	1	W200508	H	1	W200513
C	1	W200509	I	1	W200515
D	1	W200510	J	1	W200516
E	1	W200512	K	1	W200511
F	1	W200517	L	1	W200518



# PARTS LIST

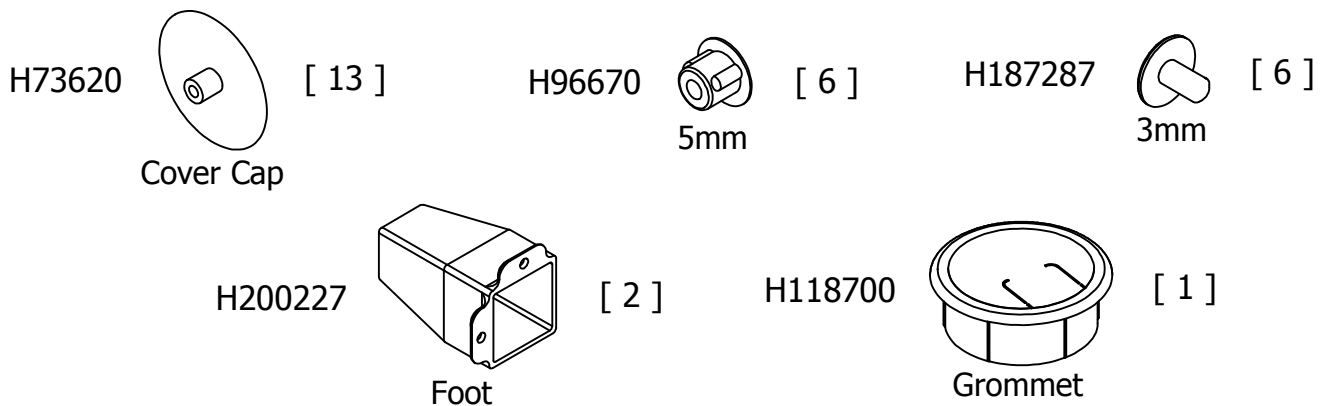
## WC81242

A	1	S195900	G	1	W195895
B	1	W195889	H	1	W195894
C	1	W195890	I	1	W195896
D	1	W195891	J	1	W195897
E	1	W195893	K	1	W195892
F	1	W195898	L	1	W195899



## WC81342

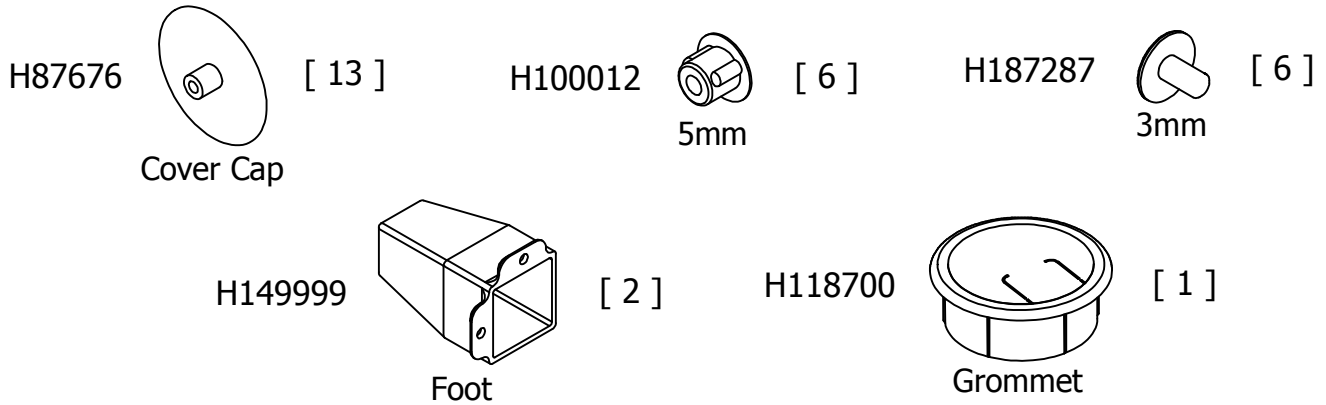
A	1	S200425	G	1	W200420
B	1	W200414	H	1	W200419
C	1	W200415	I	1	W200421
D	1	W200416	J	1	W200422
E	1	W200418	K	1	W200417
F	1	W200423	L	1	W200424



# PARTS LIST

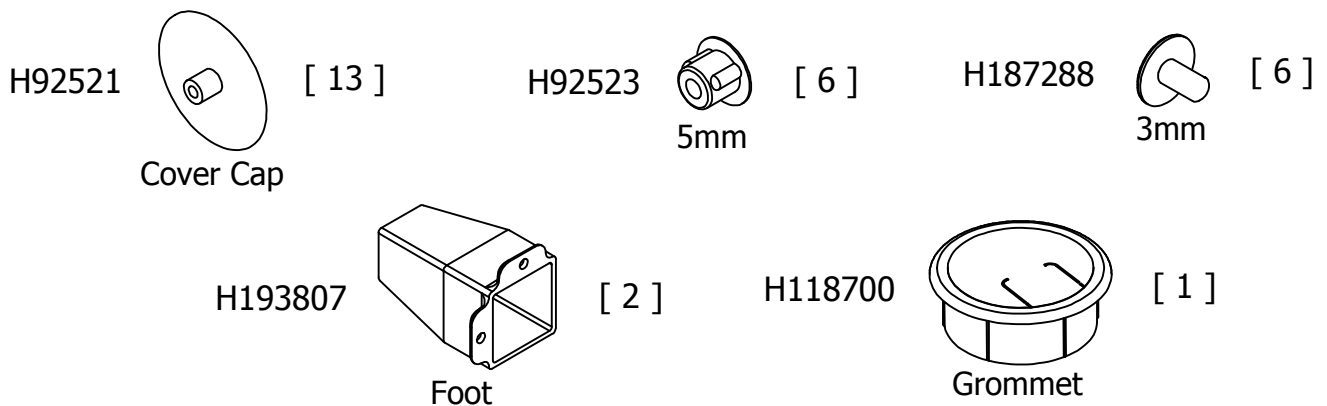
## WC81442

A	1	S189689	G	1	W189441
B	1	W189435	H	1	W189440
C	1	W189436	I	1	W189442
D	1	W189437	J	1	W189443
E	1	W189439	K	1	W189438
F	1	W189444	L	1	W189445



## WC81542

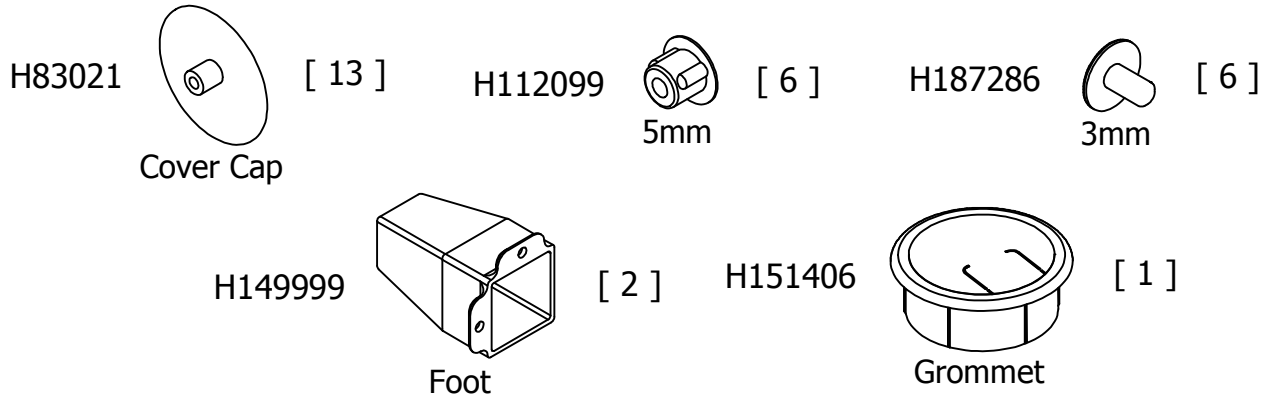
A	1	S193970	G	1	W193965
B	1	W193959	H	1	W193964
C	1	W193960	I	1	W193966
D	1	W193961	J	1	W193967
E	1	W193963	K	1	W193962
F	1	W193883	L	1	W193969



# PARTS LIST

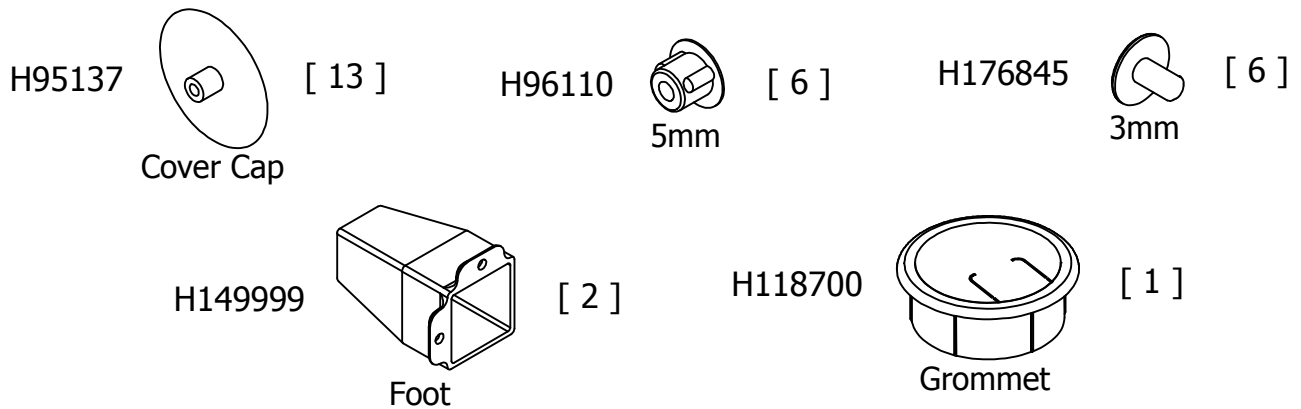
## WC81642

A	1	S189258	G	1	W189266
B	1	W189260	H	1	W189265
C	1	W189261	I	1	W189267
D	1	W189262	J	1	W189268
E	1	W189264	K	1	W189263
F	1	W189269	L	1	W189270



## WC81742

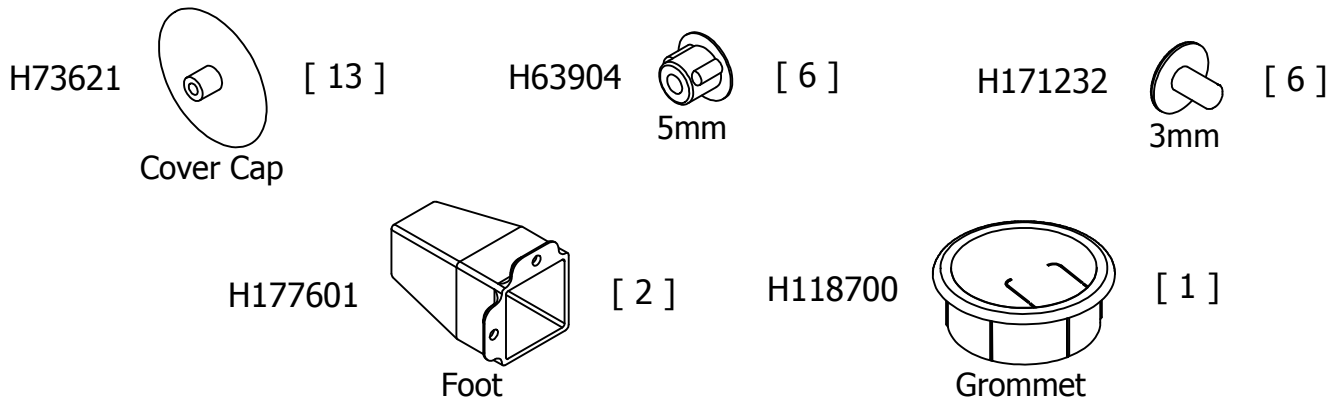
A	1	S189687	G	1	W189429
B	1	W189688	H	1	W189428
C	1	W189424	I	1	W189430
D	1	W189425	J	1	W189431
E	1	W189427	K	1	W189426
F	1	W189432	L	1	W189433



# PARTS LIST

## WC81842

A	1	S189685	G	1	W189418
B	1	W189686	H	1	W189417
C	1	W189413	I	1	W189419
D	1	W189414	J	1	W189420
E	1	W189416	K	1	W189415
F	1	W189421	L	1	W189422



## WC81942

A	1	S196107	G	1	W196102
B	1	W196096	H	1	W196101
C	1	W196097	I	1	W196103
D	1	W196098	J	1	W196104
E	1	W196100	K	1	W196099
F	1	W196105	L	1	W196106

