

Avalla

Pressure Cooker



K-45



K-90

Read this manual carefully before use and keep it for future reference. Failure to do so may result in injury, property damage and may void the warranty.



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Setting up (K-45 and K-90)

Remove the cooker lid by turning it clockwise. Remove the cooking pot and the heat shield from the underside of the cooker lid by pulling the silicone grab point. Then remove the silicone ring from the heat shield.

Clean the cooker lid, silicone ring and heat shield in warm soapy water and then dry thoroughly.

Warning – never clean the cooker base or cooker lid in the dishwasher. Keep liquids away from the cooker base. Always wear heat protection such as oven mitts when removing the cooking pot if the unit has been used and may still be hot. Avoid touching any other parts of the unit if it may be hot, allow it to cool first.

Add the silicone ring around the outer edge of the heat shield. It can be placed either way around, ensure it is fully attached and lies flat under the silicone ring rack. A silicone ring with cracks, cuts, or other damage should be replaced immediately.

Remove the anti-clog cap from the underside of the cooker lid. Ensure it's clean and there are no obstructions or debris. Position it back on the float valve and press to re-install. Reattach the heat shield to the underside of the cooker lid.

Add your food and liquids to the cooking pot, ensuring that it's between 1/5 and 4/5 full, or 3/5 full for expandable foods such as vegetables. Place the cooking pot back into the cooker base, being careful not to spill any contents.

Replace the cooker lid, make sure you turn it anti-clockwise until it locks in place. Make sure it's correctly fitted.

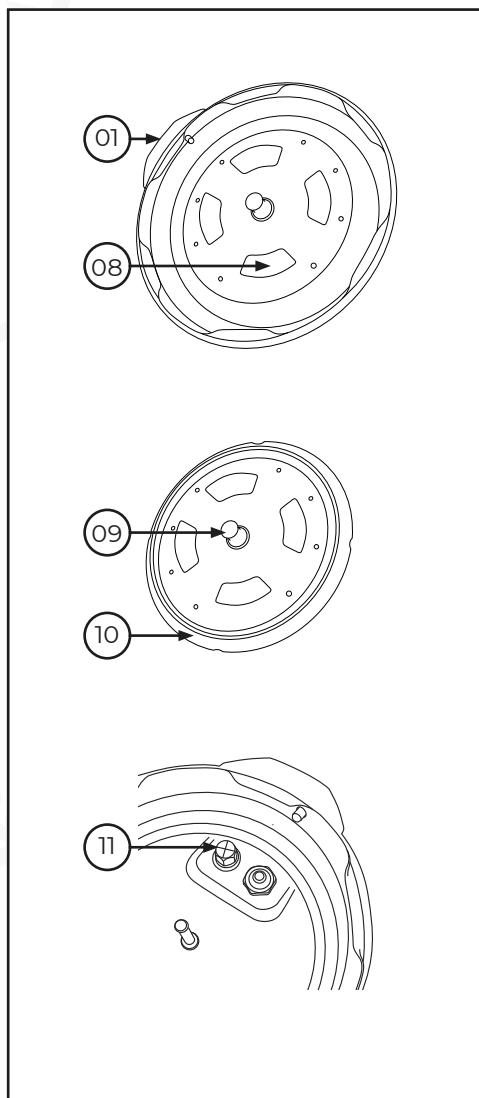
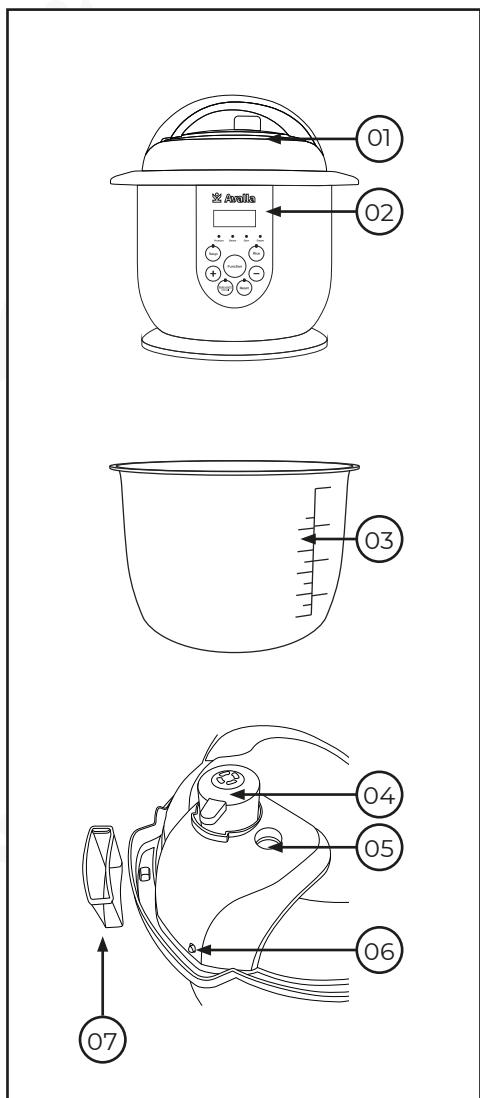
Move the pressure release valve to the “seal” position if you would like to use high pressure cooking or “vent” if you would like to use low pressure cooking.



Tip – activate the keep warm function by pressing “Keep Warm” when no program is running.

Warning – If the cooker lid will not unlock, this indicates that it is still under pressure, do not force it. Always use heat protection and keep hands, face, and other body parts away from the pressure release valve when venting and when removing the cooker lid.

Parts guide: K-45



- 01. Cooker lid
- 02. Control panel
- 03. Cooking pot
- 04. Pressure release valve
- 05. Float valve
- 06. Lid pin

- 07. Condensation cup
- 08. Heat shield
- 09. Heat shield handle
- 10. Silicone ring
- 11. Anti-clog cap

Using your K-45

Position the condensation cup in the allocated slot at the back of the unit.

If you would like to delay the start of cooking, press the “Timer” button, and then press the + / - arrows to select how long you would like before the cooking starts, between 30 minutes and 24 hours.

Press either “Function” to cycle through the four cooking programs or you can select “soup” or “rice”. Which ever pre-set you choose, you can also adjust the time manually be pressing the + / - arrows.

 Tip – You can press and hold down the + / - arrows.

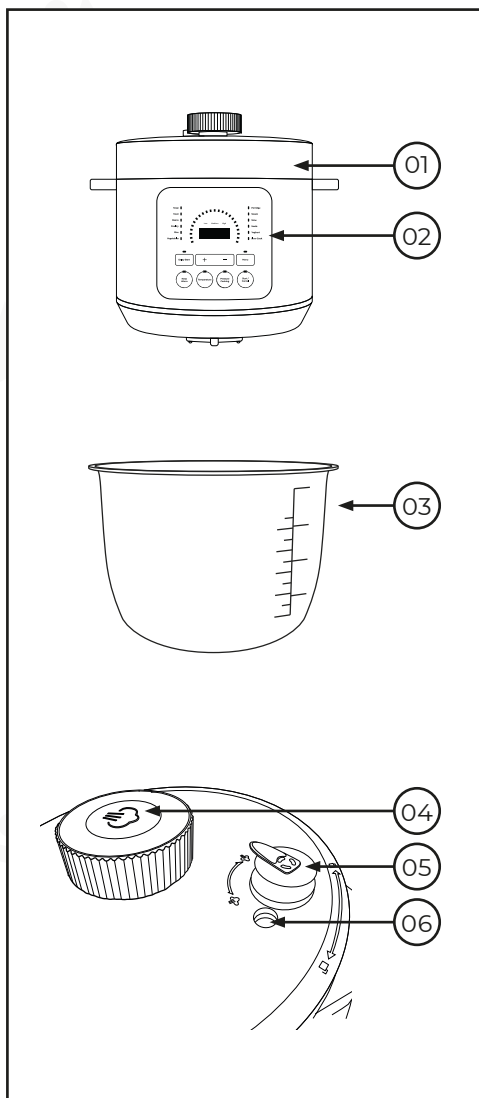
After five seconds the first two zeros will begin to circle on the display, this shows that cooking has commenced. You can cancel any time by pressing the “Keep Warm / Cancel” button.

If the pressure release valve was set to “seal”, the float valve will move to the locked position after several minutes, this means the unit is pressurising and the lid will be locked in place. The program timer will start once the pressure has reached operating level. At any time, you can move the pressure release valve to “vent” and once the pressure has been released, the lid will be unlocked and able to open.

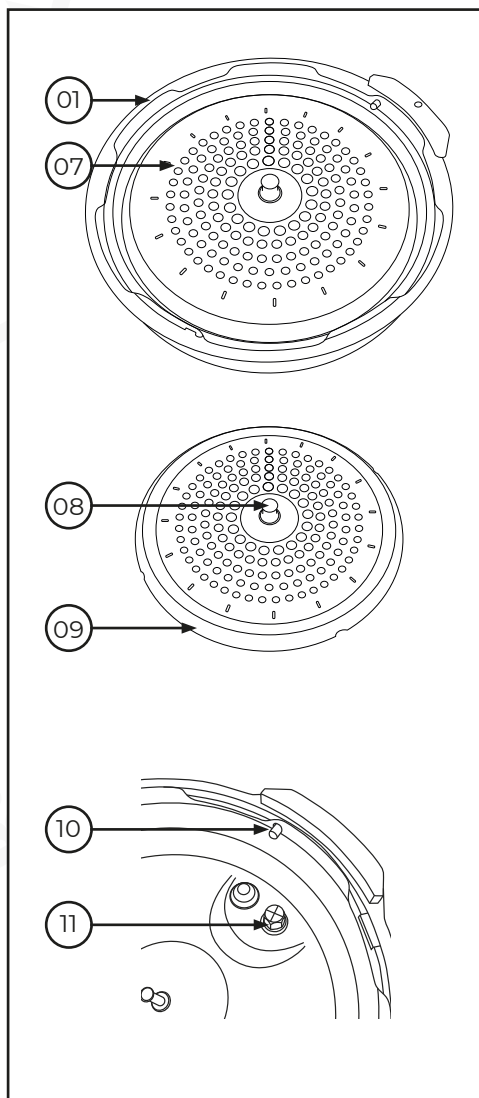
Once the program has finished, the unit will change to keep warm mode for up to two hours. You must vent the pressure cooker using the pressure release valve prior to removing the cooker lid. When removing the cooker lid, use heat protection and lift and tilt it away from you.

Function	Vent?	Default time (mins)
Potatoes	Seal	10
Beans	Seal	40
Stew	Seal	25
Steam	Vent	18
Soup	Seal	30
Rice	Seal	12

Parts guide: K-90



- 01. Cooker lid
- 02. Control panel
- 03. Cooking pot
- 04. Quick vent button
- 05. Pressure release valve
- 06. Float valve



- 07. Heat shield
- 08. Heat shield handle
- 09. Silicone ring
- 10. Lid pin
- 11. Anti-clog cap

Using your K-90

If you would like to delay the start of cooking, press the “Timer” button, and then press the + / - arrows to select how long you would like before the cooking starts, between 30 minutes and 24 hours.

Press either “Menu” to cycle through the cooking programs or you can select “Manual Program”. When using manual program, press the + / - arrows to set the cooking time and then press “Temperature” to cycle through the three temperature settings.

 Tip – You can press and hold down the + / - arrows.

Press the “Start / Cancel” button and the semi-circle around the display will illuminate left to right repeatedly, this shows that cooking has commenced. You can cancel any time by pressing the “Start / Cancel” button again.

If the pressure release valve was set to “seal”, the float valve will move to the locked position after several minutes, this means the unit is pressurising and the lid will be locked in place. The program timer will start once the pressure has reached operating level. At any time, you can move the pressure release valve to “vent” or use the quick vent button on the cooker lid, once the pressure has been released, the lid will be unlocked and able to open.

Once the program has finished, the unit will change to keep warm mode for up to two hours. You must vent the pressure cooker using the pressure release valve prior to removing the cooker lid. When removing the cooker lid, use heat protection and lift and tilt it away from you.

Function	Vent?	Default time (mins)
Soup	Seal	30
Meat	Seal	20
Beans	Seal	40
Poultry	Seal	20
Rice	Seal	12
Vegetables	Seal	12
Porridge	Seal	20

Function	Vent?	Default time (mins)
Steam	Seal	15
Stew	Seal	40
Sauté	Vent	30
Yoghurt	Seal	480 (8h)
Slow cook	Seal	45
Pressure cooking	Seal	20

Cleaning and storage

The unit should be cleaned thoroughly after every use.

- Unplug the unit from the wall outlet before cleaning.
- Never put the cooker base or cooker lid in the dishwasher or immerse it in water or any other liquid.
- Do not take the pressure release or float valves apart.
- To clean the cooker base and the control panel, wipe them clean with a damp cloth.
- The cooking pot and silicone ring can be washed in the dishwasher.
- The pressure lid, including the pressure release valve and anti-clog cap, can be washed with water and a mild soap.
- If food residue is stuck on the cooking pot, fill the pot with water and allow to soak before cleaning.
- Air-dry all parts after each use.

Warning - Do not use any abrasive materials or cleaning products on any part of the pressure cooker. Only use genuine Avalla silicone rings designed for this specific model.

Health and safety

Symbols from the unit and packaging



WEEE - Waste Electrical & Electronic Equipment. Do not dispose of Waste Electrical & Electronic Equipment in with domestic rubbish.



Read the instruction manual



UK Conformity Assessed



Class I Construction (Earthed)



European Conformity



Caution, hot surface

IPX4

Ingress protection rating. Resistant to water splashing against the enclosure from any direction shall have no harmful effect.

The following must always be observed for safety

- Extreme care must be taken when this unit is under pressure. It cooks under pressure. Make sure the unit is properly sealed prior to operation. Do not attempt to open the cooker lid until all pressure has been released from the unit, and the contents have been allowed to cool slightly.
- Always use heat protection and keep hands, face, and other body parts away from the pressure release valve when venting. Ensure it's not directed towards the power cord, power outlet, other appliances, walls, or cabinets. Always keep adequate space around the unit during operation.
- If the cooker lid will not unlock, this indicates that it is still under pressure, and you must not attempt to force it to unlock. Doing so can be extremely hazardous. Turn the pressure release valve to the "vent" position, using heat protection and avoiding contact with the released high temperature steam. When the steam is completely released, the float valve will move to the lower position, allowing the cooker lid to be removed safely.
- When you remove the cooker lid, additional high temperature steam may escape. Always use heat protection and keep your hands, face and other body parts away from the unit. Always lift and tilt the cooker lid away from you.
- Spilled food can cause serious burns. Keep the unit and power cord away from children. This unit is not intended to be used by children and close adult supervision is required if using in the vicinity of children. Never drape the power cord over the edge of a counter, plug into a low-lying power outlet or use an extension lead. Doing so could cause a tripping hazard or allow the unit or its power source to come into reach of children or animals, all posing a spillage hazard.
- This appliance can be used by children aged from 8 years and above if they have been given supervision or instruction concerning use of the appliance in a safe way and if they understand the hazards involved. Cleaning and user maintenance shall not be made by children unless they are older than 8 and supervised. Keep the appliance and its cord out of reach of children aged less than 8 years.
- Persons with lack of experience or knowledge, reduced physical, sensory, or mental capabilities, can use this appliance if they have been given supervision or instruction concerning use of the appliance in a safe way.
- This appliance is intended to be used in household and similar applications such as:
 - Staff kitchen areas in shops, offices and other working environments;
 - Farm houses;
 - By clients in hotels, motels and other residential type environments;
 - Bed and breakfast type environments.
- Component parts must only be replaced with identical repair parts.
- If the power cord is damaged, it must be replaced by the manufacturer, its service agent, or similarly qualified persons.
- The appliance must be disconnected from its power source during servicing, cleaning or when not in use. Do not use chemicals or abrasive cleaners to clean the appliance unless otherwise specified in this manual.
- Always operate the unit from a grounded power outlet of equal voltage, frequency and rating as indicated on the product identification plate.
- Do not operate with wet hands. Keep the main unit away from sources or water, moisture, or any other liquids. Do not rinse the cooker base, power cord, power connection, or the cooker lid under running water.
- Do not leave the unit running unattended.
- Do not immerse the pressure cooker or any of its electrical components.
- Do not unplug, move, or tilt the unit while it is in operation. When moving the unit, ensure it's cool and it does not contain any hot contents and use the two side handles, not the top cooker lid handle to carry it.
- Do not unplug by pulling on the power cord.
- Do not operate the unit if it is dropped, damaged or showing signs of product malfunction.

- The unit must be installed in accordance with national wiring regulations.
- The appliance must be stored in a manner to prevent damage.
- Do not place in direct sunlight or near objects that may cause mechanical vibration or shock.
- Do not use the appliance where combustible / flammable gases or vapours are present, or in areas of high humidity.
- The cooking pot has a non-stick coating, to avoid scratches use wooden or plastic ladles only.
- You must only use the provided original cooking pot and accessories / parts and the cooking pot must be installed whilst the unit is on.
- Carefully remove and discard all packaging including the protective plug cover. Some parts may pose a choking hazard for children.
- Always ensure the appliance is properly assembled before use.
- This is intended to be used on a counter top only and it must be level, clean and dry.
- Clean up any spilled food or residue on appliances, utensils and surfaces in a manner which prevents a health risk to you and others. Be extra careful with raw foods, especially meats.
- Do not place any part of the unit or it's accessories on or next to any heat source such as an oven electric burner, radiator etc.
- Do not cover, block, tamper with, disassemble or alter the pressure valves.
- Always allow the unit to fully cool down before putting on or taking off any parts or accessories, handling, cleaning, or storing.
- Do not place food or liquid into the cooker base, it must be put into the cooking pot only.
- Use only original Avalla silicone rings, do not use this product if the silicone ring is torn or damaged. Never use this product without the silicone ring in place and always ensure the silicone ring is clean and free of debris.
- Do not operate the unit without food or liquids in the removable cooking pot for more than 5 minutes.
- Do not use this appliance for deep frying.
- Do not exceed the food or liquid filling levels detail in this manual.
- Pressure cooking can cause some foods to expand considerably and should therefore be treated with caution. Examples of such foods are oatmeal, cereals, pearl barley, apple sauce, cranberries, split peas, noodles, dried vegetables, beans, grains, rice, pasta, and rhubarb. Do not use this unit to cook instant rice.
- Before placing the cooking pot into the cooker base, ensure both are dry by wiping with a dry soft cloth, only do this when the unit is cool and disconnected from the mains supply.
- Do not sauté or fry with oil using this unit.
- Always check the pressure release valve and float valve for any obstructions prior to use. Clean them thoroughly if necessary and ensure they both work correctly / move freely prior to use.
- When using the unit to pressure cook, always keep the cooker lid locked and the pressure release valve set to the closed "lock" position.
- When using the unit for any non-pressurised function, always keep the pressure release valve in the "vent" position.
- Never connect this unit to an external timer or separate remote-control system.
- Do not touch hot surfaces, the surfaces of the unit will become hot during operation and will retain residual heat after use. Always wear heat protection such as oven mitts and use the handles and knobs on the unit.
- The cooking pot can become very heavy when it contains food or liquids, be very careful not to drop it, especially when it contains hot contents.
- Always place the cooking pot on a heat resistant surface when it's hot.
- Do not let the power cord touch hot surfaces or allow it to get wet.

Failure to abide by any of these warnings could result in a fire, explosion, electric shock, injury, death, and property damage.

Disposal



Do not dispose of electrical appliances in general waste. Contact your local government for information regarding the disposal options available. If electrical appliances are disposed of in landfills or dumps, hazardous substances can leak into the groundwater and cause a hazard for wildlife and human health.

Troubleshooting

Issue	Cause identification	Solution
Difficult to Attach Cooker Lid	The silicone ring is not correctly fitted	Place the silicone ring in the correct position
	Floating valve stuck on the bar	Push the bar slightly
Steam Leaking	Silicone ring either not in place, dirty, damaged, or not correctly fitted	Correct the silicone ring, it must be fitted correctly, clean and free from any damage / defects
Float Valve Leaking	Dirt in the anti-clog cap or float valve	Clean the anti-clog cap or float valve
	Damaged anti-clog cap	Replace the anti-clog cap
Float Valve Does Not Rise	Insufficient food in the pressure cooker	Add food and water in-line with directions

Specifications

	K-45	K-90
Power	701-800W	1000-1200W
Bowl Capacity	2.5L	6L
Dimensions	275*247*270mm	345*290*290mm
Weight	2.80Kg	4.56Kg

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